



# BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

**Organizator:** Fundacja Wolność i Demokracja, Koszalińskie  
Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2017-02-26  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 4,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km
1	KASZEWSKI Zbigniew	119	TALEX BORYSŁAW BORZYTUCHOM	M18-29	00:00:01	00:08:33	00:17:05
2	BEDNARZ Paweł	9	13-TY FUN CLUB ASI CHMIEL :*	M30-39	00:00:01	00:08:33	00:17:18
3	ORZECOWSKI Kamil	201		M18-29	00:00:01	00:08:53	00:17:56
4	KRAUS Damian	142	CHROBRY GRYFICE	M18-29	00:00:01	00:08:55	00:18:01
5	HERING Mateusz	82	TALEX BORZYTUCHOM	M18-29	00:00:02	00:09:05	00:18:16
6	POLAK Szymon	219	ROZBIEGANY KOSZALIN	M40-49	00:00:02	00:09:05	00:18:17
7	BRAUN Grzegorz	21	GRYFICE	M18-29	00:00:01	00:08:53	00:18:28
8	EMILIT Grzegorz	56	DZIESIĄTKA BIAŁOGARD	M30-39	00:00:03	00:09:20	00:18:33
9	GOLECKI Mirosław	65	CSSP KOSZALIN	M40-49	00:00:03	00:09:20	00:18:33
10	RYBACZEK Sebastian	249	JW 1223/3DPLOT - FORMA ROSNOWO	M30-39	00:00:02	00:09:21	00:18:34
11	KACZMAREK Tomasz	235		M30-39	00:00:03	00:09:21	00:18:34
12	JAROSZ Wiesław	98	JW. 1223/BLOG	M40-49	00:00:02	00:09:14	00:18:38
13	WOJDASIEWICZ Tadeusz	316		M30-39	00:00:02	00:09:14	00:18:51
	KĘPKA Adrian	120		M18-29	DNF	00:09:10 DNF	00:18:52 DNF
15	SZKOŁUDA Miłosz	279	DECATHLON KOSZALIN	M18-29	00:00:04	00:09:32	00:19:10
16	RUDNIKOWSKI Maciej	244	BIEGUZDROWISKOWY.PL	M40-49	00:00:02	00:09:22	00:19:18
17	GOLIŃSKI Łukasz	66	K.B. SPRINT ŚWIDWIN	M30-39	00:00:02	00:09:30	00:19:19
18	DURMAN Dawid	52		M18-29	00:00:03	00:09:27	00:19:22
19	BUCZKO Krystian	26		M30-39	00:00:03	00:09:33	00:19:23
20	BIEDRZYCKI Adam	11	CW FANZA KOŁOBRZEG	M30-39	00:00:03	00:09:34	00:19:30
21	BURDA Robert	28	KOSPEL	M40-49	00:00:02	00:09:36	00:19:32
22	WILCZEWSKI Krzysztof	405	MKS ŚWIĘC	M30-39	00:00:03	00:09:46	00:19:38
23	WEGNER Przemysław	304		M30-39	00:00:06	00:09:42	00:19:39
24	PAKULSKI Marcin	207		M40-49	00:00:05	00:09:37	00:19:40
25	KRUKOWSKI Błażej	147		M30-39	00:00:03	00:09:48	00:19:43
26	USTIANOWSKI Wojciech	297	JW1223 (ROZBIEGANY KOSZALIN)	M18-29	00:00:03	00:09:36	00:19:55
27	MOKSA Dariusz	184		M18-29	00:00:03	00:09:36	00:19:56
28	ROSZKOWSKI Damian	240	BAGNA IZBICKIE	M30-39	00:00:03	00:09:47	00:19:59

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km
29	<b>MŁYNARCZYK Zbigniew</b>	<b>418</b>		M30-39	00:00:03	00:09:47	00:19:59
30	<b>GRZESIK Eugeniusz</b>	<b>75</b>	TKKF KOSZALIN	M50-59	00:00:02	00:09:48	00:20:08
31	<b>KOŚCIELNIAK Robert</b>	<b>135</b>	TKKF KOSZALIN	M50-59	00:00:02	00:09:59	00:20:11
32	<b>JAROSZEWICZ Grzegorz</b>	<b>99</b>	PARKRUN SZCZECIN	M40-49	00:00:03	00:09:47	00:20:12
33	<b>GIERLACH Jacek</b>	<b>63</b>	STOPA SŁUPSK	M18-29	00:00:04	00:09:55	00:20:13
34	<b>KALETA Sebastian</b>	<b>111</b>	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M40-49	00:00:05	00:09:55	00:20:17
35	<b>UZNAŃSKI Ryszard</b>	<b>299</b>	KOŁOBRZEG BIEGA	M40-49	00:00:01	00:10:00	00:20:19
36	<b>BIEDRZYCKI Krzysztof</b>	<b>12</b>	CW FANZA KOŁOBRZEG	M40-49	00:00:02	00:10:00	00:20:19
37	<b>DZIEMIANKO Karol</b>	<b>53</b>	ZAWISZA BORZYTUCHOM	M18-29	00:00:02	00:10:03	00:20:22
38	<b>KROCZYŃSKI Sławomir</b>	<b>145</b>		M50-59	00:00:10	00:10:05	00:20:26
39	<b>PRZEWŁOCKI Michał</b>	<b>220</b>	(L)	M30-39	00:00:03	00:09:45	00:20:33
40	<b>GLAZER Piotr</b>	<b>64</b>	TECHNIKUM LEŚNE W WARCINIE	M18-29	00:00:03	00:09:26	00:20:34
41	<b>TROŚNIAK Piotr</b>	<b>291</b>	10 BIAŁOGARD	M40-49	00:00:03	00:10:08	00:20:34
42	<b>MAZUR Emilusz</b>	<b>174</b>		M40-49	00:00:03	00:09:59	00:20:35
43	<b>CHUDY Henryk</b>	<b>36</b>	K SOLSZEWSKI I SYNOWIE	M60-69	00:00:04	00:10:08	00:20:35
44	<b>MURAWSKA Wioletta</b>	<b>190</b>	PARKRUN SZCZECIN	K40-49	00:00:02	00:10:09	00:20:36
45	<b>GRACHEL Darek</b>	<b>73</b>	#BIEGOHOLIZM	M18-29	00:00:03	00:09:55	00:20:36
46	<b>CENIUCH Sylwester</b>	<b>30</b>	BIKE TEAM ROLETKI.HOME.PL	M40-49	00:00:02	00:10:09	00:20:40
47	<b>BRESZKA Tomek</b>	<b>22</b>	CAPTAIN AMERICA VS THE FLASH	M30-39	00:00:04	00:10:21	00:20:59
48	<b>MATYJASEK Zbigniew</b>	<b>173</b>	TKKF KOSZALIN	M40-49	00:00:05	00:10:01	00:21:00
49	<b>KULIŚ Przemysław</b>	<b>153</b>		M18-29	00:00:06	00:10:03	00:21:02
50	<b>SMAGOWSKI Wojciech</b>	<b>259</b>	K.B. SPRINT ŚWIDWIN	M30-39	00:00:08	00:10:19	00:21:02
51	<b>SURDAKCI Piotr</b>	<b>272</b>	MONIA TEAM	M40-49	00:00:08	00:10:07	00:21:04
52	<b>KONKEL Agnieszka</b>	<b>130</b>		K30-39	00:00:05	00:10:10	00:21:05
53	<b>BŁASZCZYK Tadeusz</b>	<b>15</b>		M50-59	00:00:05	00:10:31	00:21:17
54	<b>KALKOWSKI Paweł</b>	<b>112</b>	JW 1223 KOSZALIN	M30-39	00:00:21	00:10:36	00:21:17
55	<b>KORZYSTKO Bartosz</b>	<b>133</b>		M30-39	00:00:04	00:10:27	00:21:20
56	<b>RACZYŃSKI Kazimierz</b>	<b>225</b>	ZESPÓŁ SZKÓŁ NR 1 IM. MIKOŁAJA KOPERNIKA W KOSZALINIE	M40-49	00:00:07	00:10:30	00:21:21
57	<b>BARANOWSKI Piotr</b>	<b>3</b>		M40-49	00:00:03	00:10:45	00:21:28
58	<b>CZAPLIŃSKI Jacek</b>	<b>42</b>		M30-39	00:00:21	00:10:42	00:21:28
59	<b>SZULC Arek</b>	<b>281</b>	ROZBIEGANY KOSZALIN	M40-49	00:00:06	00:10:50	00:21:31
60	<b>CHOŁUJ Jarek</b>	<b>34</b>	ROZBIEGANY KOSZALIN	M40-49	00:00:06	00:10:50	00:21:31
61	<b>URBAŃSKI Tomasz</b>	<b>295</b>		M40-49	00:00:09	00:10:48	00:21:40
62	<b>GRZYSTEK Adam</b>	<b>77</b>	PARKRUN GDAŃSK POŁUDNIE	M18-29	00:00:09	00:10:47	00:21:41
63	<b>MATEBŁOWSKI Szymon</b>	<b>20</b>	DECATHLON KOSZALIN	M18-29	00:00:04	00:10:34	00:21:42
64	<b>NOWAK Piotr</b>	<b>194</b>	CZARNE BIEGA	M30-39	00:00:07	00:10:39	00:21:45
65	<b>WILKOWSKI Krzysztof</b>	<b>312</b>		M30-39	00:00:05	00:10:33	00:21:47
66	<b>WIERZBICKI Jakub</b>	<b>310</b>	ŚWIDWIN	M30-39	00:00:04	00:10:38	00:21:48
67	<b>NOWICKI Michał</b>	<b>343</b>		M30-39	00:00:08	00:10:29	00:21:48
68	<b>FADDA Bruno-André</b>	<b>57</b>		M30-39	00:00:11	00:10:35	00:21:51
69	<b>ROMANOWSKI Piotr</b>	<b>238</b>	BRAK	M30-39	00:00:09	00:10:52	00:21:54
70	<b>KUKIEŁA Tomasz</b>	<b>152</b>		M30-39	00:00:06	00:11:03	00:21:57
71	<b>JĘDRASZCZYK Marek</b>	<b>103</b>	WŁ SŁUPSK	M40-49	00:00:11	00:10:39	00:22:00
72	<b>CIUPA Marcin</b>	<b>188</b>	H2 DESIGN	M40-49	00:00:11	00:10:52	00:22:03
73	<b>PERCZYŃSKI Jarosław</b>	<b>215</b>	BEZ FORMY	M40-49	00:00:12	00:10:53	00:22:03

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km
74	<b>PEKAŁA Piotr</b>	<b>216</b>	ROZBIEGANY KOSZALIN	M40-49	00:00:16	00:11:00	00:22:04
75	<b>KRACZKOWSKI Przemysław</b>	<b>141</b>		M30-39	00:00:12	00:11:06	00:22:11
76	<b>ZWOLIŃSKI Jan</b>	<b>329</b>	TKKF KOSZALIN	M40-49	00:00:04	00:11:05	00:22:15
77	<b>KSZCZANOWICZ Jacek</b>	<b>151</b>		M40-49	00:00:17	00:10:57	00:22:18
78	<b>SAŁABON Grzegorz</b>	<b>251</b>	RWT BYDGOSZCZ-WŁ LĘBORK	M50-59	00:00:01	00:10:48	00:22:21
79	<b>ŁOPIŃSKI Piotr</b>	<b>162</b>		M30-39	00:00:07	00:11:03	00:22:21
80	<b>MAJCHRZAK Dariusz</b>	<b>165</b>		M50-59	00:00:32	00:10:56	00:22:21
81	<b>JAKUBOWSKI Karol</b>	<b>92</b>	2BZ	M18-29	00:00:09	00:10:50	00:22:23
82	<b>TESKA Bartosz</b>	<b>290</b>	TKKF KOSZALIN	M40-49	00:00:07	00:11:06	00:22:24
83	<b>RATAJEWSKI Arkadiusz</b>	<b>231</b>		M30-39	00:00:08	00:10:52	00:22:26
84	<b>SZYMAŃSKI Piotr</b>	<b>287</b>		M40-49	00:00:12	00:11:05	00:22:27
85	<b>SKONECZNY Kacper</b>	<b>257</b>	KONTRA DARŁOWO	M18-29	00:00:12	00:10:48	00:22:28
86	<b>CHODOR Martyna</b>	<b>334</b>	TKKF KOSZALIN	K30-39	00:00:05	00:11:09	00:22:30
87	<b>MISZCZYK Jan</b>	<b>183</b>	ROZBIEGANY KOSZALIN	M18-29	00:00:19	00:11:02	00:22:35
88	<b>JASICZEK Darek</b>	<b>101</b>	CSSP KOSZALIN	M40-49	00:00:13	00:11:06	00:22:37
89	<b>SZABLA Ewelina</b>	<b>273</b>		K30-39	00:00:05	00:11:05	00:22:38
90	<b>SZAŁKOWSKI Wojtek</b>	<b>275</b>	TUPOT USTKA	M40-49	00:00:25	00:11:20	00:22:39
91	<b>MISZEWSKA Aleksandra</b>	<b>500</b>		K18-29	00:00:06	00:11:08	00:22:41
92	<b>WILIŃSKI Marek</b>	<b>311</b>	K.B. SPRINT ŚWIDWIN	M50-59	00:00:09	00:11:17	00:22:42
93	<b>IWANIEC Dariusz</b>	<b>89</b>	TKKF KOSZALIN	M40-49	00:00:06	00:11:17	00:22:47
94	<b>DUDA Andrzej</b>	<b>50</b>		M50-59	00:00:10	00:11:13	00:22:47
95	<b>GOŁDYN Marek</b>	<b>67</b>	TKKF KOSZALIN	M30-39	00:00:20	00:11:24	00:22:49
96	<b>JARZYNA Roman</b>	<b>100</b>	SZWLA STARGARD	M40-49	00:00:06	00:11:14	00:22:50
97	<b>KUŁAKOWSKI Dawid</b>	<b>154</b>	TKKF KOSZALIN	M40-49	00:00:07	00:11:15	00:22:50
98	<b>ŁABEJSZA Łukasz</b>	<b>160</b>	WOJOWNICY WÓDY	M30-39	00:00:16	00:11:14	00:22:50
99	<b>NIEMCZUK Darek</b>	<b>348</b>		M50-59	00:00:22	00:11:07	00:22:50
100	<b>MICERSKI Tomasz</b>	<b>178</b>	TKKF KOSZALIN	M40-49	00:00:07	00:11:16	00:22:51
101	<b>OTTO Michał</b>	<b>206</b>		M30-39	00:00:06	00:11:11	00:22:54
102	<b>MUCHA Krzysztof</b>	<b>189</b>	KOSZALIN	M30-39	00:00:06	00:11:11	00:22:54
103	<b>CYBULSKI Robert</b>	<b>39</b>	MTS HAMER	M40-49	00:00:08	00:11:20	00:22:58
104	<b>MALINOWSKI Mariusz</b>	<b>170</b>		M30-39	00:00:17	00:11:17	00:22:59
105	<b>SZAREK Arkadiusz</b>	<b>277</b>		M18-29	00:00:04	00:11:16	00:23:07
106	<b>MELLER Paweł</b>	<b>331</b>	17 WOG	M50-59	00:00:05	00:11:24	00:23:07
107	<b>JANKOWSKI Piotr</b>	<b>94</b>		M40-49	00:00:10	00:11:39	00:23:07
108	<b>NOWAK Piotr</b>	<b>196</b>		M18-29	00:00:04	00:11:19	00:23:08
109	<b>JABŁOŃSKI Arkadiusz</b>	<b>90</b>	KOSZALIN	M30-39	00:00:26	00:11:29	00:23:08
110	<b>GUDANIEC Radosław</b>	<b>337</b>	TKKF TRIATHLON KOSZALIN	M50-59	00:00:05	00:11:11	00:23:13
111	<b>CHUDZINSKI Dariusz</b>	<b>37</b>		M50-59	00:00:22	00:11:48	00:23:13
112	<b>WOJCIECHOWSKI Marcin</b>	<b>315</b>		M18-29	00:00:20	00:11:22	00:23:15
113	<b>KASPROWICZ Małgorzata</b>	<b>118</b>	STOPA SŁUPSK	K30-39	00:00:10	00:11:27	00:23:19
114	<b>OSTAFI Robert</b>	<b>202</b>		M30-39	00:00:02	00:11:14	00:23:20
115	<b>BURKIET Marek</b>	<b>29</b>	JW 1223	M40-49	00:00:10	00:11:32	00:23:20
116	<b>BOBER Jakub</b>	<b>16</b>	AKADEMIA POMORSKA	M18-29	00:00:04	00:11:08	00:23:22
117	<b>SOROKA Piotr</b>	<b>264</b>		M30-39	00:00:08	00:11:21	00:23:22
118	<b>ALABA Jerzy</b>	<b>497</b>		M50-59	00:00:16	00:11:43	00:23:22

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119	MICHALCZYK Mariusz	180	JW 1223	M40-49	00:00:11	00:11:32	00:23:23
120	NACHYŁA Paweł	192	DZIKI KOSZALIN	M30-39	00:00:13	00:11:25	00:23:24
121	UTTKE Kamil	298	DZIADOSTWOOOOO	M18-29	00:00:08	00:11:32	00:23:26
122	SIKORSKI Adam	344		M30-39	00:00:10	00:11:11	00:23:27
123	CHOŁUJ Karol	35	ZAWSZE DO PRZODU	M30-39	00:00:08	00:11:17	00:23:29
124	ZAWADA Andrzej	321	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	M50-59	00:00:28	00:11:38	00:23:29
125	OTOKA Kasia	205	MONIA TEAM	K40-49	00:00:15	00:11:21	00:23:30
126	METERA Piotr	177	RUNNERSWALDE	M30-39	00:00:16	00:11:44	00:23:31
127	WALERIAŃCZYK Roman	301	GMINA KOŁOBRZEG	M40-49	00:00:11	00:11:35	00:23:34
128	WICHER Krzysztof	308	ADWOKATURA	M30-39	00:00:07	00:11:32	00:23:37
129	RÓG Michał	241	JW 1223	M30-39	00:00:09	00:11:31	00:23:37
130	WYGANOWSKI Andrzej	342		M70+	00:00:09	00:11:42	00:23:37
131	STRUŚ Artur	271	KB BRYZA POSTOMINO	M50-59	00:00:10	00:11:36	00:23:37
132	GRZYSTEK Marcin	76	PARKRUN SZCZECINEK	M30-39	00:00:10	00:11:36	00:23:38
133	JANUSZEK Adam	335		M30-39	00:00:23	00:11:31	00:23:39
134	ŚWIETLIK Tomasz	289		M50-59	00:00:23	00:11:48	00:23:40
135	KRZEWIŃSKA Małgorzata	150	TKKF KOSZALIN	K50-59	00:00:05	00:11:40	00:23:42
136	DIDŁUCH Jacek	48	KOŁOBRZEG BIEGA MARATON TEAM	M40-49	00:00:24	00:11:46	00:23:45
137	RUSINEK Artur	246		M30-39	00:00:07	00:11:31	00:23:47
138	KAŃDUŁA Mariusz	114	WŁ SŁUPSK	M40-49	00:00:12	00:11:43	00:23:47
139	BUCZYŃSKI Eugeniusz	27	JW 1696	M40-49	00:00:08	00:11:22	00:23:48
140	SZAREK Paweł	276	7 BRYGADA OBRONY WYBRZEŻA	M30-39	00:00:04	00:11:32	00:23:50
141	MIKIETYŃSKI Michał	182	OKONEK	M30-39	00:00:12	00:11:42	00:23:50
142	PIETRZYCKI Adrian	217		M40-49	00:00:32	00:11:53	00:23:51
143	LITWINOWICZ Renata	159	KB WYGAN	K40-49	00:00:15	00:11:52	00:23:52
144	RUTKOWSKA Anna	247		K40-49	00:00:10	00:11:33	00:23:57
145	KRAWCZUK Szymon	143	GEPARD GLEŻNOWO	M30-39	00:00:19	00:12:17	00:23:59
146	ZADROŻNY Szymon	320	RUNNER'S OF WAŁCZ	M30-39	00:00:05	00:11:38	00:24:02
147	ZDROWIECKI Artur	322		M30-39	00:00:05	00:11:31	00:24:03
148	ROGALSKI Roberto	236	TKKF KOSZALIN	M30-39	00:00:16	00:11:43	00:24:17
149	MAJCHRZAK Paweł	166	SUNDAYBIKERS KARLINO TEAM	M40-49	00:00:04	00:11:38	00:24:22
150	TUCHORSKA Julita	293		K30-39	00:00:09	00:11:52	00:24:22
151	RUDZIEWICZ Urszula	245	FIZJOBIEGACZE SZCZECIN	K30-39	00:00:11	00:12:03	00:24:25
152	PUSZ Kuba	223	JS1373	M18-29	00:00:10	00:11:41	00:24:26
153	CZEPUKOJĆ Wojciech	43		M18-29	00:00:25	00:12:21	00:24:28
154	DĄBROWSKI Grzegorz	47		M40-49	00:00:13	00:11:54	00:24:29
155	KOSECKA Katarzyna	134	KB WYGAN	K30-39	00:00:09	00:11:35	00:24:30
156	KISIELIŃSKI Igor	122	TKKF KOSZALIN	M50-59	00:00:11	00:12:08	00:24:30
157	ORŁOWSKA Beata	199	KĄPIELE NA SPONTANIE	K40-49	00:00:11	00:11:53	00:24:32
158	KONKEL Łukasz	131		M30-39	00:00:08	00:11:43	00:24:33
159	URBAŃSKI Arkadiusz	296		M40-49	00:00:09	00:12:04	00:24:33
160	PUŚCIAN Krzysztof	224	GIMNAZJUM W MANOWIE	M40-49	00:00:05	00:11:40	00:24:34
161	CZYŻ Izabella	44	STOPA SŁUPSK	K40-49	00:00:11	00:12:09	00:24:35
162	DUDZIAK Piotr	51	KOSZALIN	M40-49	00:00:06	00:11:39	00:24:36
163	CZOS Łukasz	336		M30-39	00:00:08	00:11:20	00:24:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km
164	<b>NAPIERAŁA Bogumił</b>	<b>193</b>	KORA KOSZALIN	M50-59	00:00:19	00:12:12	00:24:37
165	<b>RUDNIK Tomasz</b>	<b>243</b>	LUB WYBIERZ Z LISTY	M30-39	00:00:22	00:12:18	00:24:37
166	<b>GWIAZDA Jarosław</b>	<b>78</b>		M40-49	00:00:12	00:12:09	00:24:38
167	<b>CHODOR Izabela</b>	<b>33</b>	TKKF KOSZALIN	K30-39	00:00:20	00:12:24	00:24:38
168	<b>DZIESZUK Dariusz</b>	<b>54</b>	TKKF KOSZALIN	M40-49	00:00:20	00:12:24	00:24:38
169	<b>JUSZCZAK Krzysztof</b>	<b>107</b>		M60-69	00:00:34	00:12:02	00:24:38
170	<b>MRÓZ Dawid</b>	<b>187</b>		M40-49	00:00:03	00:11:45	00:24:39
171	<b>RASZPLA Radosław</b>	<b>227</b>		M40-49	00:00:07	00:11:51	00:24:41
172	<b>GONTARZ Wojciech</b>	<b>69</b>	HONEY STINGER RUNNERS	M18-29	00:00:09	00:12:04	00:24:43
173	<b>ZIENCINA Marcin</b>	<b>324</b>		M30-39	00:00:18	00:11:53	00:24:44
174	<b>WACHOLC Michał</b>	<b>300</b>		M18-29	00:00:09	00:12:08	00:24:46
175	<b>KRZANOWSKI Marcin</b>	<b>149</b>	MARCINBIEGA	M30-39	00:00:11	00:11:46	00:24:46
176	<b>GIL Remigiusz</b>	<b>498</b>	LYCONET TRIATHLON TEAM	M40-49	00:00:13	00:12:11	00:24:47
177	<b>KARCZEWSKI Krzysztof</b>	<b>115</b>	AT - AKTYWNY TRZEBIATÓW	M50-59	00:00:14	00:12:10	00:24:50
178	<b>JANUSZEWSKI Jacek</b>	<b>96</b>	17 WOK KOSZALIN	M50-59	00:00:15	00:12:11	00:24:54
179	<b>ZIÓŁKOWSKA Małgorzata</b>	<b>327</b>		K30-39	00:00:06	00:12:18	00:24:56
180	<b>BĄCZYK Monika</b>	<b>5</b>	MONIA TEAM	K30-39	00:00:22	00:12:19	00:24:57
181	<b>PRZYMORSKI Waldemar</b>	<b>221</b>	W.P.K. SŁOŃ TEAM USTKA	M40-49	00:00:15	00:12:08	00:24:58
182	<b>RATAJCZYK Monika</b>	<b>229</b>		K30-39	00:00:18	00:12:28	00:24:59
183	<b>FAJGIER Tomasz</b>	<b>58</b>		M40-49	00:00:11	00:12:07	00:25:00
184	<b>MAZURKIEWICZ Jolanta</b>	<b>176</b>		K30-39	00:00:14	00:12:25	00:25:00
185	<b>HUDASZEK Grzegorz</b>	<b>88</b>		M30-39	00:00:20	00:12:20	00:25:00
186	<b>KOWALCZYK Mariusz</b>	<b>138</b>	WZAJEMNEJ ADORACJI:-)	M40-49	00:00:13	00:12:05	00:25:03
187	<b>HOC Dariusz</b>	<b>84</b>		M40-49	00:00:25	00:12:30	00:25:03
188	<b>BORKOWSKA-KOWALCZYK Daria</b>	<b>17</b>	WOMENS FIGHT CLUB KOSZALIN	K30-39	00:00:12	00:12:12	00:25:04
189	<b>SOBOLEWSKI Marcin</b>	<b>262</b>		M30-39	00:00:14	00:11:54	00:25:05
190	<b>MORDACZ Tomasz</b>	<b>185</b>	PORZECZE BIEGA :)	M30-39	00:00:13	00:12:24	00:25:07
191	<b>KOZŁOWIECKI Waldemar</b>	<b>140</b>	TKKF KOSZALIN	M60-69	00:00:01	00:12:34	00:25:13
192	<b>ZWIRDOWSKI Andrzej</b>	<b>328</b>		M30-39	00:00:20	00:12:20	00:25:14
193	<b>WOJTALIK Jacek</b>	<b>317</b>		M30-39	00:00:17	00:12:28	00:25:18
194	<b>MODRZEJEWSKI Mateusz</b>	<b>339</b>	KOCHAM ASIE	M30-39	00:00:16	00:12:29	00:25:19
195	<b>LICA Krzysztof</b>	<b>346</b>		M30-39	00:00:16	00:12:29	00:25:19
196	<b>WICENS Jacek</b>	<b>95</b>	JACEK - BIEGAM BO LUBIE	M30-39	00:00:17	00:12:29	00:25:19
197	<b>GRABOWSKA-LESISZ Aneta</b>	<b>72</b>		K30-39	00:00:07	00:12:13	00:25:24
198	<b>OSTROWSKI Artur</b>	<b>204</b>		M30-39	00:00:13	00:12:10	00:25:25
DQ	<b>KRÓL Marcin</b>	<b>146</b>		M40-49	DQ	00:12:13 DQ	00:25:26 DQ
200	<b>ROGANOWSKA Danuta</b>	<b>237</b>	ROZBIEGANY KOSZALIN	K30-39	00:00:18	00:13:02	00:25:27
201	<b>FELSKI Łukasz</b>	<b>60</b>		M30-39	00:00:32	00:12:42	00:25:27
202	<b>STOKROCKI Wojciech</b>	<b>270</b>		M30-39	00:00:29	00:12:47	00:25:28
203	<b>NACHYŁA Piotr</b>	<b>191</b>	STOPA SŁUPSK	M40-49	00:00:15	00:12:43	00:25:29
204	<b>RAWSKI Jarosław</b>	<b>232</b>		M50-59	00:00:11	00:12:47	00:25:33
205	<b>BORYS Przemysław</b>	<b>19</b>	BIEGNIJMY.PL	M30-39	00:00:28	00:12:49	00:25:34
206	<b>KOWALCZYK Piotr</b>	<b>137</b>		M30-39	00:00:15	00:12:20	00:25:35
207	<b>KACZMAREK Łukasz</b>	<b>109</b>	WOJOWNICY WÓDY	M30-39	00:00:16	00:12:22	00:25:38
208	<b>HRYCIÓW Paweł</b>	<b>87</b>	BIAŁOGARD	M30-39	00:00:26	00:12:50	00:25:40

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km
209	<b>KOTULSKI Piotr</b>	<b>136</b>	KLUB BIEGACZY JYSK	M40-49	00:00:09	00:12:19	00:25:41
210	<b>BĄCZYK Adam</b>	<b>6</b>	MONIA TEAM	M40-49	00:00:22	00:12:37	00:25:47
211	<b>ZIĘBA Paweł</b>	<b>325</b>	TKKF KOSZALIN	M40-49	00:00:07	00:12:10	00:25:49
212	<b>BRYGAŁA Tomasz</b>	<b>25</b>		M30-39	00:00:19	00:12:50	00:25:49
213	<b>PEŁKA Janusz</b>	<b>214</b>	TKKF KOSZALIN	M50-59	00:00:23	00:12:11	00:25:50
214	<b>KRASIŃSKI Witold</b>	<b>341</b>		M40-49	00:00:09	00:12:14	00:25:51
215	<b>KOBUS Maciej</b>	<b>126</b>		M30-39	00:00:09	00:12:13	00:25:51
216	<b>SEKUŁA Mariusz</b>	<b>252</b>		M40-49	00:00:15	00:12:25	00:25:51
217	<b>MARKOWSKI Andrzej</b>	<b>172</b>	TKKF KOSZALIN	M60-69	00:00:01	00:12:34	00:25:52
218	<b>KLUPŚ Monika</b>	<b>124</b>		K40-49	00:00:32	00:12:55	00:25:54
219	<b>PODAWCA Łukasz</b>	<b>218</b>	JW 1223	M30-39	00:00:22	00:12:50	00:25:58
220	<b>BERNACKI Adam</b>	<b>10</b>	EB BERNACKI	M40-49	00:00:07	00:12:32	00:25:59
221	<b>KARNICKI Zygmunt</b>	<b>116</b>	TKKF KOSZALIN	M60-69	00:00:07	00:12:29	00:26:00
222	<b>KRYGIER Ireneusz</b>	<b>148</b>	W.P.K. SŁOŃ TEAM USTKA	M30-39	00:00:14	00:12:29	00:26:01
223	<b>LASKOWSKI Grzegorz</b>	<b>158</b>		M30-39	00:00:21	00:12:53	00:26:01
224	<b>SZUBERT Agnieszka</b>	<b>280</b>		K30-39	00:00:16	00:12:54	00:26:04
225	<b>ORYSZCZYN Arkadiusz</b>	<b>200</b>		M30-39	00:00:25	00:13:04	00:26:05
226	<b>SPICA Łukasz</b>	<b>265</b>		M18-29	00:00:25	00:13:04	00:26:05
227	<b>RYBARCZYK Ireneusz</b>	<b>492</b>		M30-39	00:00:20	00:13:15	00:26:10
228	<b>HRYCAJ Tomasz</b>	<b>86</b>		M30-39	00:00:26	00:12:47	00:26:11
229	<b>CZAPLICKI Paweł</b>	<b>41</b>	TKKF KOSZALIN	M40-49	00:00:21	00:12:56	00:26:15
230	<b>ŁUCZEJKO Sławomir</b>	<b>163</b>	TEAM BIEGOWY SZCZECINEK	M50-59	00:00:26	00:12:57	00:26:15
231	<b>MICHALAK Kamila</b>	<b>179</b>	KLUB BIEGACZY JYSK	K30-39	00:00:08	00:12:22	00:26:16
232	<b>GUDANIEC Dorota</b>	<b>338</b>	TKKF TRIATHLON KOSZALIN	K50-59	00:00:06	00:12:57	00:26:17
233	<b>ATALSKI Damian</b>	<b>1</b>		M30-39	00:00:22	00:13:04	00:26:18
234	<b>HAŁKA Ola</b>	<b>80</b>		K18-29	00:00:24	00:13:06	00:26:19
235	<b>SZULTKA Mariusz</b>	<b>283</b>		M30-39	00:00:18	00:12:54	00:26:20
236	<b>DANOWSKI Maciej</b>	<b>45</b>	FITNESS CLUB FORMA	M40-49	00:00:10	00:13:00	00:26:28
237	<b>MACHŁAJ Sonia</b>	<b>164</b>		K18-29	00:00:16	00:12:59	00:26:28
238	<b>MALINOWSKA Małgorzata</b>	<b>167</b>		K50-59	00:00:08	00:13:05	00:26:33
239	<b>SIKORA Tomasz</b>	<b>254</b>		M50-59	00:00:08	00:13:05	00:26:33
240	<b>SKIBA Artur</b>	<b>255</b>		M40-49	00:00:08	00:13:06	00:26:33
241	<b>JURA Kazimierz</b>	<b>106</b>	MTS HAMER	M60-69	00:00:20	00:12:57	00:26:35
242	<b>BRYGAŁA Magdalena</b>	<b>24</b>		K30-39	00:00:18	00:12:53	00:26:37
243	<b>DĄBROWSKA Alicja</b>	<b>46</b>	TKKF KOSZALIN	K50-59	00:00:19	00:13:04	00:26:42
244	<b>KUROWSKA Izabela</b>	<b>157</b>	FITOSKA	K30-39	00:00:12	00:13:18	00:26:44
245	<b>ZIELIŃSKI Grzegorz</b>	<b>323</b>	BRIDGESTONE	M40-49	00:00:15	00:13:14	00:26:49
246	<b>WOJTANOWSKI Michał</b>	<b>350</b>		M30-39	00:00:18	00:14:34	00:26:49
247	<b>CUDZICH Piotr</b>	<b>38</b>		M30-39	00:00:28	00:13:06	00:26:49
248	<b>JASIENIECKI Piotr</b>	<b>102</b>		M40-49	00:00:16	00:12:55	00:26:52
249	<b>KOWALSKI Kamil</b>	<b>347</b>		M30-39	00:00:23	00:13:06	00:26:53
250	<b>HNATOWSKI Artur</b>	<b>83</b>	SZYBKIE STOPY	M40-49	00:00:19	00:12:54	00:26:54
251	<b>MAZUREK Barbara</b>	<b>175</b>	BABECZKI KOSZALIN	K30-39	00:00:21	00:13:11	00:26:54
252	<b>BOROWIEC Mariusz</b>	<b>18</b>		M40-49	00:00:26	00:13:26	00:26:57
253	<b>GZELA Olga</b>	<b>79</b>	BABECZKI KOSZALIN, ROZBIEGANY KOSZALIN	K30-39	00:00:18	00:13:08	00:26:58

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km
254	TRZEŚNIEWSKI Zbigniew	292		M50-59	00:00:07	00:13:12	00:26:59
255	PANEK Urszula	208		K30-39	00:00:22	00:13:19	00:26:59
256	PSTRĄGOWSKA Marlena	222	BABECZKI KOSZALIN	K30-39	00:00:15	00:13:21	00:27:04
257	PIÓRO Ewa	345		K40-49	00:00:15	00:13:13	00:27:06
258	ŚLEDŹ Andrzej	288	WŁ SŁUPSK	M40-49	00:00:12	00:12:56	00:27:07
259	SOBALA Anna	261		K30-39	00:00:11	00:13:09	00:27:08
260	WASZEK Marzena	302		K30-39	00:00:11	00:13:19	00:27:10
261	GRAJ Joanna	74		K18-29	00:00:24	00:13:18	00:27:11
262	BASIAK Krystian	4	KOSZALIN	M30-39	00:00:25	00:12:58	00:27:13
263	BAK Halszka	7		K30-39	00:00:14	00:13:19	00:27:15
264	NOWAK Sylwia	195	CZARNE BIEGA	K30-39	00:00:07	00:13:18	00:27:17
265	KĘPKA Karolina	121	STOPA SŁUPSK	K40-49	00:00:15	00:13:18	00:27:21
266	RUTKOWSKI Lucjan	248	ARCAN TEAM	M50-59	00:00:07	00:13:30	00:27:23
267	OGRODOWCZYK Jagoda	197		K30-39	00:00:23	00:13:11	00:27:27
268	KARPIŃSKI Mateusz	117		M18-29	00:00:23	00:13:11	00:27:27
269	SMARSZCZ Wiesław	260	TEAM RWT BYDGOSZCZ-WŁ LĘBORK	M50-59	00:00:04	00:13:04	00:27:28
270	RADECKI Jacek	226	CSSP KOSZALIN	M40-49	00:00:13	00:13:12	00:27:29
271	GÓRNIAK Stanisław	71	WŁ SŁUPSK	M50-59	00:00:11	00:13:28	00:27:34
272	SZKATULSKI Tomasz	278	DARŁOWO	M18-29	00:00:18	00:12:53	00:27:37
273	SZAFIRSKI Marek	274	CAMINO SŁUPSK	M50-59	00:00:24	00:13:27	00:27:38
274	KLUPŚ Janusz	123		M40-49	00:00:30	00:13:23	00:27:40
275	WIERZBICKI Kacper	309		M18-29	00:00:04	00:13:24	00:27:42
276	FRASZKIEWICZ Jarosław	62		M40-49	00:00:06	00:13:13	00:27:48
277	KACZMAREK Agnieszka	108		K40-49	00:00:21	00:13:36	00:27:48
278	WOCH Małgorzata	313		K50-59	00:00:21	00:13:36	00:27:48
279	WOJTANOWSKI Tomasz	318	K.B. SPRINT ŚWIDWIN	M30-39	00:00:17	00:13:20	00:27:56
280	REMLAKOWSKI Krzysztof	234	WE RUN	M40-49	00:00:19	00:13:44	00:27:59
281	REMLAKOWSKA Małgorzata	233	WE RUN	K30-39	00:00:18	00:13:49	00:28:01
282	MALINOWSKA-BURDA Aleksandra	169		K18-29	00:00:15	00:13:41	00:28:04
283	WOLF Beata	333	TKKF KOSZALIN	K30-39	00:00:19	00:13:36	00:28:04
284	PAWLAK Ewelina	212		K30-39	00:00:17	00:13:22	00:28:13
285	HELLER Zdzisław	81	NIEZRZESZONY	M60-69	00:00:23	00:13:42	00:28:14
286	BEDNARZ Katarzyna	8		K40-49	00:00:29	00:13:49	00:28:16
287	ZAREMBA Tomasz	340		M30-39	00:00:22	00:13:00	00:28:21
288	KUPREWICZ Grzegorz	155	JW 1223	M30-39	00:00:13	00:13:35	00:28:34
289	KOMODA Mariusz	128		M40-49	00:00:17	00:13:51	00:28:36
290	SZYMAŃSKA Agnieszka	284		K40-49	00:00:24	00:14:19	00:28:36
291	JAROSZ Marzena	97		K50-59	00:00:24	00:14:19	00:28:36
292	BARA Monika	2	JW 1223/3DPL0T	K18-29	00:00:15	00:13:51	00:28:37
293	STANULA Matylda	267		K18-29	00:00:14	00:13:52	00:28:38
294	KACZMAREK Zenon	110	MORSY KOŁOBRZEG	M60-69	00:00:02	00:14:01	00:28:43
295	PAWLAK Marek	213		M30-39	00:00:24	00:13:40	00:28:48
296	FALGOWSKI Paweł	59		M30-39	00:00:13	00:12:49	00:29:07
297	SZULTKA Sylwia	282		K30-39	00:00:18	00:14:24	00:29:07
298	CYRKLEWICZ Weronika	40		K30-39	00:00:17	00:14:25	00:29:08

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km
299	<b>BINKIEWICZ Marcin</b>	<b>13</b>		M30-39	00:00:27	00:13:50	00:29:11
300	<b>BŁACH Piotr</b>	<b>14</b>		M30-39	00:00:16	00:13:59	00:29:16
301	<b>BRESZKA Paweł</b>	<b>23</b>	DARŁOWO	M40-49	00:00:17	00:13:58	00:29:16
302	<b>RATAJEWSKA Agnieszka</b>	<b>230</b>	PANI	K30-39	00:00:12	00:14:10	00:29:31
303	<b>URBAŃSKA Anetta</b>	<b>294</b>		K40-49	00:00:25	00:14:27	00:29:38
304	<b>JANKOWSKI Remigiusz</b>	<b>93</b>		M30-39	00:00:21	00:14:23	00:29:39
305	<b>PASEK Paula</b>	<b>209</b>		K30-39	00:00:20	00:14:11	00:29:42
306	<b>ZIELIŃSKI Andrzej</b>	<b>349</b>		M30-39	00:00:18	00:14:35	00:29:44
307	<b>SCHMIDT Dariusz</b>	<b>499</b>		M50-59	00:00:22	00:14:35	00:29:58
308	<b>FILIPCZYK Mieczysław</b>	<b>61</b>	NIEZRZESZONY	M50-59	00:00:04	00:14:09	00:29:59
309	<b>MALINOWSKA Agnieszka</b>	<b>168</b>	CIOTECZKI.PL	K30-39	00:00:15	00:14:35	00:30:04
310	<b>RASZPLA Ilona</b>	<b>228</b>		K40-49	00:00:14	00:14:36	00:30:05
311	<b>SOBOLEWSKI Marek</b>	<b>332</b>	17 WOG	M40-49	00:00:04	00:14:26	00:30:24
312	<b>SZYMAŃSKI Marcin</b>	<b>285</b>	TEAM BIEGOWY SZCZECINEK	M30-39	00:00:27	00:14:40	00:30:28
313	<b>KURCZ Barbara</b>	<b>156</b>	BABECZKI KOSZALIN	K40-49	00:00:22	00:14:59	00:30:37
314	<b>ZIĘTARA Ryszard</b>	<b>326</b>		M60-69	00:00:13	00:14:36	00:30:45
315	<b>STACHOWSKI Michał</b>	<b>266</b>		M30-39	00:00:19	00:15:01	00:31:44
315	<b>KONDRATOWICZ Agnieszka</b>	<b>129</b>		K30-39	00:00:19	00:15:01	00:31:44
317	<b>STASZYŃSKA Marianna</b>	<b>268</b>	BTC,,ORZEŁ'	K60+	00:00:24	00:15:52	00:32:23
318	<b>PASEK Jan</b>	<b>210</b>		M60-69	00:00:21	00:15:46	00:33:23
319	<b>KRAWCZUK-KIEŁB Anna</b>	<b>144</b>	ŻYJ Z ENERGIA	K40-49	00:00:20	00:16:14	00:33:46
	<b>WAWRZYNIAK Karolina</b>	<b>303</b>		K18-29	DNF	00:14:27 DNF	DNF

Znaleziono 320 wynik(ów)