



BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

Organizator: Fundacja Wolność i Demokracja, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-02-26
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 9,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km	Start_All 9.8km
1	KASZEWSKI Zbigniew	119	TALEX BORYSŁAW BORZYTUCHOM	M18-29	00:00:01	00:08:33	00:17:05	00:25:28	00:33:43
2	BEDNARZ Paweł	9	13-TY FUN CLUB ASI CHMIEL :*	M30-39	00:00:01	00:08:33	00:17:18	00:26:24	00:35:31
3	HERING Mateusz	82	TALEX BORZYTUCHOM	M18-29	00:00:02	00:09:05	00:18:16	00:27:20	00:36:07
4	KRAUS Damian	142	CHROBRY GRYFICE	M18-29	00:00:01	00:08:55	00:18:01	00:27:13	00:36:29
5	KACZMAREK Tomasz	235		M30-39	00:00:03	00:09:21	00:18:34	00:27:48	00:36:37
6	ORZECZOWSKI Kamil	201		M18-29	00:00:01	00:08:53	00:17:56	00:27:24	00:36:40
7	POLAK Szymon	219	ROZBIEGANY KOSZALIN	M40-49	00:00:02	00:09:05	00:18:17	00:27:31	00:36:40
8	GOLECKI Mirosław	65	CSSP KOSZALIN	M40-49	00:00:03	00:09:20	00:18:33	00:27:47	00:36:55
9	RYBACZEK Sebastian	249	JW 1223/3DPLOT - FORMA ROSNOWO	M30-39	00:00:02	00:09:21	00:18:34	00:27:55	00:37:18
10	EMILIT Grzegorz	56	DZIESIĄTKA BIAŁOGARD	M30-39	00:00:03	00:09:20	00:18:33	00:28:00	00:37:46
11	JAROSZ Wiesław	98	JW. 1223/BLOG	M40-49	00:00:02	00:09:14	00:18:38	00:28:19	00:38:01
12	WOJDASIEWICZ Tadeusz	316		M30-39	00:00:02	00:09:14	00:18:51	00:28:31	00:38:07
13	BRAUN Grzegorz	21	GRYFICE	M18-29	00:00:01	00:08:53	00:18:28	00:28:28	00:38:38
14	WILCZEWSKI Krzysztof	405	MKS ŚWIĘC	M30-39	00:00:03	00:09:46	00:19:38	00:29:17	00:38:39
15	GOLIŃSKI Łukasz	66	K.B. SPRINT ŚWIDWIN	M30-39	00:00:02	00:09:30	00:19:19	00:29:08	00:38:54
16	SZKOŁUDA Miłosz	279	DECATHLON KOSZALIN	M18-29	00:00:04	00:09:32	00:19:10	00:29:01	00:39:01
17	BUCZKO Krystian	26		M30-39	00:00:03	00:09:33	00:19:23	00:29:18	00:39:06
18	BURDA Robert	28	KOSPEL	M40-49	00:00:02	00:09:36	00:19:32	00:29:32	00:39:10
19	DURMAN Dawid	52		M18-29	00:00:03	00:09:27	00:19:22	00:29:20	00:39:13
20	KRUKOWSKI Błażej	147		M30-39	00:00:03	00:09:48	00:19:43	00:29:36	00:39:20
21	BIEDRZYCKI Adam	11	CW FANZA KOŁOBRZEG	M30-39	00:00:03	00:09:34	00:19:30	00:29:31	00:39:22
22	RUDNIKOWSKI Maciej	244	BIEGUZDROWISKOWY.PL	M40-49	00:00:02	00:09:22	00:19:18	00:29:28	00:39:32
23	WEGNER Przemysław	304		M30-39	00:00:06	00:09:42	00:19:39	00:29:39	00:39:39
24	PAKULSKI Marcin	207		M40-49	00:00:05	00:09:37	00:19:40	00:29:55	00:40:10
25	BIEDRZYCKI Krzysztof	12	CW FANZA KOŁOBRZEG	M40-49	00:00:02	00:10:00	00:20:19	00:30:21	00:40:12
26	GRZESIK Eugeniusz	75	TKKF KOSZALIN	M50-59	00:00:02	00:09:48	00:20:08	00:30:29	00:40:39
27	KOŚCIELNIAK Robert	135	TKKF KOSZALIN	M50-59	00:00:02	00:09:59	00:20:11	00:30:30	00:40:40
28	DZIEMIANKO Karol	53	ZAWISZA BORZYTUCHOM	M18-29	00:00:02	00:10:03	00:20:22	00:30:34	00:40:46

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km	Start_All 9.8km
29	ROSZKOWSKI Damian	240	BAGNA IZBICKIE	M30-39	00:00:03	00:09:47	00:19:59	00:30:20	00:40:48
30	MŁYNARCZYK Zbigniew	418		M30-39	00:00:03	00:09:47	00:19:59	00:30:20	00:40:49
31	GIERLACH Jacek	63	STOPA SŁUPSK	M18-29	00:00:04	00:09:55	00:20:13	00:30:41	00:40:58
32	UZNAŃSKI Ryszard	299	KOŁOBRZEG BIEGA	M40-49	00:00:01	00:10:00	00:20:19	00:30:45	00:41:01
33	USTIANOWSKI Wojciech	297	JW1223 (ROZBIEGANY KOSZALIN)	M18-29	00:00:03	00:09:36	00:19:55	00:30:20	00:41:01
34	MOKSA Dariusz	184		M18-29	00:00:03	00:09:36	00:19:56	00:30:20	00:41:14
35	KROCZYŃSKI Sławomir	145		M50-59	00:00:10	00:10:05	00:20:26	00:31:02	00:41:23
36	KALETA Sebastian	111	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M40-49	00:00:05	00:09:55	00:20:17	00:30:52	00:41:26
37	JAROSZEWICZ Grzegorz	99	PARKRUN SZCZECIN	M40-49	00:00:03	00:09:47	00:20:12	00:31:02	00:41:30
38	MAZUR Emilusz	174		M40-49	00:00:03	00:09:59	00:20:35	00:31:16	00:42:00
39	TROŚNIAK Piotr	291	10 BIAŁOGARD	M40-49	00:00:03	00:10:08	00:20:34	00:31:14	00:42:02
40	MURAWSKA Wioletta	190	PARKRUN SZCZECIN	K40-49	00:00:02	00:10:09	00:20:36	00:31:18	00:42:08
41	GRACHEL Darek	73	#BIEGOHOLIZM	M18-29	00:00:03	00:09:55	00:20:36	00:31:18	00:42:15
42	SZULC Arek	281	ROZBIEGANY KOSZALIN	M40-49	00:00:06	00:10:50	00:21:31	00:32:23	00:42:23
43	CHUDY Henryk	36	K SOLSZEWSKI I SYNOWIE	M60-69	00:00:04	00:10:08	00:20:35	00:31:28	00:42:33
44	BRESZKA Tomek	22	CAPTAIN AMERICA VS THE FLASH	M30-39	00:00:04	00:10:21	00:20:59	00:31:51	00:42:36
45	BARANOWSKI Piotr	3		M40-49	00:00:03	00:10:45	00:21:28	00:32:06	00:42:37
46	KALKOWSKI Paweł	112	JW 1223 KOSZALIN	M30-39	00:00:21	00:10:36	00:21:17	00:32:07	00:42:37
47	BŁASZCZYK Tadeusz	15		M50-59	00:00:05	00:10:31	00:21:17	00:32:07	00:42:49
48	CHOŁUJ Jarek	34	ROZBIEGANY KOSZALIN	M40-49	00:00:06	00:10:50	00:21:31	00:32:23	00:42:50
49	GLAZER Piotr	64	TECHNIKUM LEŚNE W WARCINIE	M18-29	00:00:03	00:09:26	00:20:34	00:31:45	00:42:51
50	KULIŚ Przemysław	153		M18-29	00:00:06	00:10:03	00:21:02	00:32:20	00:42:57
51	CZAPLIŃSKI Jacek	42		M30-39	00:00:21	00:10:42	00:21:28	00:32:22	00:43:07
52	SMAGOWSKI Wojciech	259	K.B. SPRINT ŚWIDWIN	M30-39	00:00:08	00:10:19	00:21:02	00:32:04	00:43:12
53	SURDAKCI Piotr	272	MONIA TEAM	M40-49	00:00:08	00:10:07	00:21:04	00:32:14	00:43:13
54	PRZEWŁOCKI Michał	220	(L)	M30-39	00:00:03	00:09:45	00:20:33	00:31:45	00:43:19
55	MATYJASEK Zbigniew	173	TKKF KOSZALIN	M40-49	00:00:05	00:10:01	00:21:00	00:32:16	00:43:22
56	KONKEL Agnieszka	130		K30-39	00:00:05	00:10:10	00:21:05	00:32:17	00:43:22
57	URBAŃSKI Tomasz	295		M40-49	00:00:09	00:10:48	00:21:40	00:32:31	00:43:22
58	CENIUCH Sylwester	30	BIKE TEAM ROLETKI.HOME.PL	M40-49	00:00:02	00:10:09	00:20:40	00:31:52	00:43:23
59	MATEBLOWSKI Szymon	20	DECATHLON KOSZALIN	M18-29	00:00:04	00:10:34	00:21:42	00:32:53	00:43:27
60	RACZYŃSKI Kazimierz	225	ZESPÓŁ SZKÓŁ NR 1 IM. MIKOŁAJA KOPERNIKA W KOSZALINIE	M40-49	00:00:07	00:10:30	00:21:21	00:32:25	00:43:27
61	GRZYTEK Adam	77	PARKRUN GDAŃSK POŁUDNIE	M18-29	00:00:09	00:10:47	00:21:41	00:32:33	00:43:29
62	KUKIEŁA Tomasz	152		M30-39	00:00:06	00:11:03	00:21:57	00:32:59	00:43:53
63	PĘKAŁA Piotr	216	ROZBIEGANY KOSZALIN	M40-49	00:00:16	00:11:00	00:22:04	00:33:11	00:44:06
64	KRACZKOWSKI Przemysław	141		M30-39	00:00:12	00:11:06	00:22:11	00:33:13	00:44:07
65	ROMANOWSKI Piotr	238	BRAK	M30-39	00:00:09	00:10:52	00:21:54	00:33:11	00:44:14
66	NOWAK Piotr	194	CZARNE BIEGA	M30-39	00:00:07	00:10:39	00:21:45	00:33:07	00:44:21
67	NOWICKI Michał	343		M30-39	00:00:08	00:10:29	00:21:48	00:33:08	00:44:24
68	ZWOLIŃSKI Jan	329	TKKF KOSZALIN	M40-49	00:00:04	00:11:05	00:22:15	00:33:34	00:44:39
69	WILKOWSKI Krzysztof	312		M30-39	00:00:05	00:10:33	00:21:47	00:33:25	00:44:55
70	PERCZYŃSKI Jarosław	215	BEZ FORMY	M40-49	00:00:12	00:10:53	00:22:03	00:33:40	00:44:58
71	KSZCZANOWICZ Jacek	151		M40-49	00:00:17	00:10:57	00:22:18	00:33:38	00:45:00
72	FADDA Bruno-André	57		M30-39	00:00:11	00:10:35	00:21:51	00:33:21	00:45:03
73	CIUPA Marcin	188	H2 DESIGN	M40-49	00:00:11	00:10:52	00:22:03	00:33:35	00:45:04

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74	SZAŁKOWSKI Wojtek	275	TUPOT USTKA	M40-49	00:00:25	00:11:20	00:22:39	00:33:53	00:45:05
75	CHODOR Martyna	334	TKKF KOSZALIN	K30-39	00:00:05	00:11:09	00:22:30	00:33:49	00:45:11
76	ŁOPIŃSKI Piotr	162		M30-39	00:00:07	00:11:03	00:22:21	00:33:47	00:45:14
77	WIERZBICKI Jakub	310	ŚWIDWIN	M30-39	00:00:04	00:10:38	00:21:48	00:33:26	00:45:18
78	KORZYSTKO Bartosz	133		M30-39	00:00:04	00:10:27	00:21:20	00:32:51	00:45:23
79	TESKA Bartosz	290	TKKF KOSZALIN	M40-49	00:00:07	00:11:06	00:22:24	00:33:54	00:45:23
80	GOŁDYN Marek	67	TKKF KOSZALIN	M30-39	00:00:20	00:11:24	00:22:49	00:34:08	00:45:29
81	JAKUBOWSKI Karol	92	2BZ	M18-29	00:00:09	00:10:50	00:22:23	00:33:57	00:45:32
82	WILIŃSKI Marek	311	K.B. SPRINT ŚWIDWIN	M50-59	00:00:09	00:11:17	00:22:42	00:34:05	00:45:33
83	JĘDRASZCZYK Marek	103	WŁ SŁUPSK	M40-49	00:00:11	00:10:39	00:22:00	00:33:52	00:45:36
84	IWANIEC Dariusz	89	TKKF KOSZALIN	M40-49	00:00:06	00:11:17	00:22:47	00:34:11	00:45:39
85	JASICZEK Darek	101	CSSP KOSZALIN	M40-49	00:00:13	00:11:06	00:22:37	00:34:18	00:45:45
86	JANKOWSKI Piotr	94		M40-49	00:00:10	00:11:39	00:23:07	00:34:30	00:45:49
87	ŁABEJSZA Łukasz	160	WOJOWNICY WÓDY	M30-39	00:00:16	00:11:14	00:22:50	00:34:25	00:45:56
88	MALINOWSKI Mariusz	170		M30-39	00:00:17	00:11:17	00:22:59	00:34:38	00:45:57
89	RATAJEWSKI Arkadiusz	231		M30-39	00:00:08	00:10:52	00:22:26	00:34:22	00:45:58
90	SZABLA Ewelina	273		K30-39	00:00:05	00:11:05	00:22:38	00:34:20	00:46:03
91	SAŁABON Grzegorz	251	RWT BYDGOSZCZ-WŁ LĘBORK	M50-59	00:00:01	00:10:48	00:22:21	00:34:04	00:46:07
92	MAJCHRZAK Dariusz	165		M50-59	00:00:32	00:10:56	00:22:21	00:34:11	00:46:11
93	CYBULSKI Robert	39	MTS HAMER	M40-49	00:00:08	00:11:20	00:22:58	00:34:49	00:46:15
94	SZYMAŃSKI Piotr	287		M40-49	00:00:12	00:11:05	00:22:27	00:34:15	00:46:18
95	MISZCZYK Jan	183	ROZBIEGANY KOSZALIN	M18-29	00:00:19	00:11:02	00:22:35	00:34:27	00:46:21
96	CHUDZINSKI Dariusz	37		M50-59	00:00:22	00:11:48	00:23:13	00:34:54	00:46:21
97	NIEMCZUK Darek	348		M50-59	00:00:22	00:11:07	00:22:50	00:34:54	00:46:21
98	MELLER Paweł	331	17 WOG	M50-59	00:00:05	00:11:24	00:23:07	00:34:52	00:46:25
99	DUDA Andrzej	50		M50-59	00:00:10	00:11:13	00:22:47	00:34:37	00:46:25
100	KRAWCZUK Szymon	143	GEPARD GLEŻNOWO	M30-39	00:00:19	00:12:17	00:23:59	00:35:27	00:46:31
101	MICERSKI Tomasz	178	TKKF KOSZALIN	M40-49	00:00:07	00:11:16	00:22:51	00:34:50	00:46:45
102	KUŁAKOWSKI Dawid	154	TKKF KOSZALIN	M40-49	00:00:07	00:11:15	00:22:50	00:34:53	00:46:45
103	MISZEWSKA Aleksandra	500		K18-29	00:00:06	00:11:08	00:22:41	00:34:35	00:46:48
104	OTTO Michał	206		M30-39	00:00:06	00:11:11	00:22:54	00:35:03	00:46:52
105	ALABA Jerzy	497		M50-59	00:00:16	00:11:43	00:23:22	00:35:09	00:46:54
106	BURKIET Marek	29	JW 1223	M40-49	00:00:10	00:11:32	00:23:20	00:35:17	00:47:00
107	JARZYNA Roman	100	SZWLA STARGARD	M40-49	00:00:06	00:11:14	00:22:50	00:34:53	00:47:04
108	PIETRZYCKI Adrian	217		M40-49	00:00:32	00:11:53	00:23:51	00:35:45	00:47:06
109	WOJCIECHOWSKI Marcin	315		M18-29	00:00:20	00:11:22	00:23:15	00:35:20	00:47:07
110	GUDANIEC Radosław	337	TKKF TRIATHLON KOSZALIN	M50-59	00:00:05	00:11:11	00:23:13	00:35:23	00:47:10
111	MUCHA Krzysztof	189	KOSZALIN	M30-39	00:00:06	00:11:11	00:22:54	00:35:03	00:47:10
112	WYGANOWSKI Andrzej	342		M70+	00:00:09	00:11:42	00:23:37	00:35:29	00:47:10
113	KASPROWICZ Małgorzata	118	STOPA SŁUPSK	K30-39	00:00:10	00:11:27	00:23:19	00:35:23	00:47:19
114	JABŁOŃSKI Arkadiusz	90	KOSZALIN	M30-39	00:00:26	00:11:29	00:23:08	00:35:11	00:47:29
115	WALERIAŃCZYK Roman	301	GMINA KOŁOBRZEG	M40-49	00:00:11	00:11:35	00:23:34	00:35:36	00:47:32
116	ŚWIETLIK Tomasz	289		M50-59	00:00:23	00:11:48	00:23:40	00:35:28	00:47:32
117	UTTKE Kamil	298	DZIADOSTWOOOOO	M18-29	00:00:08	00:11:32	00:23:26	00:35:32	00:47:34
118	WICHER Krzysztof	308	ADWOKATURA	M30-39	00:00:07	00:11:32	00:23:37	00:35:45	00:47:38

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km	Start_All 9.8km
119	NACHYŁA Paweł	192	DZIKI KOSZALIN	M30-39	00:00:13	00:11:25	00:23:24	00:35:37	00:47:38
119	KANDUŁA Mariusz	114	WŁ SŁUPSK	M40-49	00:00:12	00:11:43	00:23:47	00:36:03	00:47:39
121	STRUŚ Artur	271	KB BRYZA POSTOMINO	M50-59	00:00:10	00:11:36	00:23:37	00:35:36	00:47:43
122	SKONECZNY Kacper	257	KONTRA DARŁOWO	M18-29	00:00:12	00:10:48	00:22:28	00:35:02	00:47:49
123	KRZEWIŃSKA Małgorzata	150	TKKF KOSZALIN	K50-59	00:00:05	00:11:40	00:23:42	00:35:46	00:47:50
124	OSTAFI Robert	202		M30-39	00:00:02	00:11:14	00:23:20	00:35:44	00:47:52
125	OTOKA Kasia	205	MONIA TEAM	K40-49	00:00:15	00:11:21	00:23:30	00:35:48	00:47:54
126	GRZYSTEK Marcin	76	PARKRUN SZCZECINEK	M30-39	00:00:10	00:11:36	00:23:38	00:35:58	00:47:58
127	ZAWADA Andrzej	321	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	M50-59	00:00:28	00:11:38	00:23:29	00:35:45	00:48:06
128	LITWINOWICZ Renata	159	KB WYGAN	K40-49	00:00:15	00:11:52	00:23:52	00:35:59	00:48:13
129	SZAREK Arkadiusz	277		M18-29	00:00:04	00:11:16	00:23:07	00:35:33	00:48:16
130	MIKIETYŃSKI Michał	182	OKONEK	M30-39	00:00:12	00:11:42	00:23:50	00:36:07	00:48:17
131	NOWAK Piotr	196		M18-29	00:00:04	00:11:19	00:23:08	00:35:34	00:48:19
132	DIDŁUCH Jacek	48	KOŁOBRZEG BIEGA MARATON TEAM	M40-49	00:00:24	00:11:46	00:23:45	00:35:53	00:48:27
133	BOBER Jakub	16	AKADEMIA POMORSKA	M18-29	00:00:04	00:11:08	00:23:22	00:36:02	00:48:29
134	METERA Piotr	177	RUNNERSWALDE	M30-39	00:00:16	00:11:44	00:23:31	00:35:53	00:48:30
135	SIKORSKI Adam	344		M30-39	00:00:10	00:11:11	00:23:27	00:36:05	00:48:33
136	CZEPUKOJĆ Wojciech	43		M18-29	00:00:25	00:12:21	00:24:28	00:36:33	00:48:34
137	DZIESZUK Dariusz	54	TKKF KOSZALIN	M40-49	00:00:20	00:12:24	00:24:38	00:36:45	00:48:36
138	CHOŁUJ Karol	35	ZAWSZE DO PRZODU	M30-39	00:00:08	00:11:17	00:23:29	00:36:05	00:48:40
139	MICHALCZYK Mariusz	180	JW 1223	M40-49	00:00:11	00:11:32	00:23:23	00:35:48	00:48:42
140	CHODOR Izabela	33	TKKF KOSZALIN	K30-39	00:00:20	00:12:24	00:24:38	00:36:46	00:48:42
141	SZAREK Paweł	276	7 BRYGADA OBRONY WYBRZEŻA	M30-39	00:00:04	00:11:32	00:23:50	00:36:18	00:48:46
142	JANUSZEK Adam	335		M30-39	00:00:23	00:11:31	00:23:39	00:36:26	00:48:48
143	PUŚCIAN Krzysztof	224	GIMNAZJUM W MANOWIE	M40-49	00:00:05	00:11:40	00:24:34	00:36:51	00:48:51
144	SOROKA Piotr	264		M30-39	00:00:08	00:11:21	00:23:22	00:36:06	00:48:52
145	RUTKOWSKA Anna	247		K40-49	00:00:10	00:11:33	00:23:57	00:36:42	00:48:54
146	ZADROŻNY Szymon	320	RUNNER'S OF WAŁCZ	M30-39	00:00:05	00:11:38	00:24:02	00:36:47	00:48:59
147	BUCZYŃSKI Eugeniusz	27	JW 1696	M40-49	00:00:08	00:11:22	00:23:48	00:36:37	00:49:09
148	GWIAZDA Jarosław	78		M40-49	00:00:12	00:12:09	00:24:38	00:36:59	00:49:09
149	RUSINEK Artur	246		M30-39	00:00:07	00:11:31	00:23:47	00:36:37	00:49:24
150	ZDROWIECKI Artur	322		M30-39	00:00:05	00:11:31	00:24:03	00:36:48	00:49:27
151	CZYŻ Izabella	44	STOPA SŁUPSK	K40-49	00:00:11	00:12:09	00:24:35	00:37:00	00:49:27
152	NAPIERAŁA Bogumił	193	KORA KOSZALIN	M50-59	00:00:19	00:12:12	00:24:37	00:37:04	00:49:30
153	ROGANOWSKA Danuta	237	ROZBIEGANY KOSZALIN	K30-39	00:00:18	00:13:02	00:25:27	00:37:40	00:49:33
154	HOC Dariusz	84		M40-49	00:00:25	00:12:30	00:25:03	00:37:45	00:49:35
155	RUDZIEWICZ Urszula	245	FIZJOBIEGACZE SZCZECIN	K30-39	00:00:11	00:12:03	00:24:25	00:36:57	00:49:37
156	URBAŃSKI Arkadiusz	296		M40-49	00:00:09	00:12:04	00:24:33	00:37:03	00:49:41
157	WACHOLC Michał	300		M18-29	00:00:09	00:12:08	00:24:46	00:37:19	00:49:45
158	RAWSKI Jarosław	232		M50-59	00:00:11	00:12:47	00:25:33	00:37:55	00:49:48
159	TUCHORSKA Julita	293		K30-39	00:00:09	00:11:52	00:24:22	00:37:06	00:49:53
160	ZIÓŁKOWSKA Małgorzata	327		K30-39	00:00:06	00:12:18	00:24:56	00:37:29	00:49:56
161	ROGALSKI Roberto	236	TKKF KOSZALIN	M30-39	00:00:16	00:11:43	00:24:17	00:37:22	00:49:58
162	RÓG Michał	241	JW 1223	M30-39	00:00:09	00:11:31	00:23:37	00:36:35	00:50:00
163	MORDACZ Tomasz	185	PORZECZE BIEGA :)	M30-39	00:00:13	00:12:24	00:25:07	00:37:50	00:50:03

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km	Start_All 9.8km
164	GIL Remigiusz	498	LYCONET TRIATHLON TEAM	M40-49	00:00:13	00:12:11	00:24:47	00:37:26	00:50:05
165	DĄBROWSKI Grzegorz	47		M40-49	00:00:13	00:11:54	00:24:29	00:37:20	00:50:08
166	KOSECKA Katarzyna	134	KB WYGAN	K30-39	00:00:09	00:11:35	00:24:30	00:37:27	00:50:09
167	ORŁOWSKA Beata	199	KAPIELE NA SPONTANIE	K40-49	00:00:11	00:11:53	00:24:32	00:37:22	00:50:09
168	GONTARZ Wojciech	69	HONEY STINGER RUNNERS	M18-29	00:00:09	00:12:04	00:24:43	00:37:46	00:50:13
169	DUDZIAK Piotr	51	KOSZALIN	M40-49	00:00:06	00:11:39	00:24:36	00:37:46	00:50:14
170	JUSZCZAK Krzysztof	107		M60-69	00:00:34	00:12:02	00:24:38	00:37:40	00:50:29
171	MAZURKIEWICZ Jolanta	176		K30-39	00:00:14	00:12:25	00:25:00	00:37:50	00:50:32
172	RATAJCZYK Monika	229		K30-39	00:00:18	00:12:28	00:24:59	00:37:46	00:50:40
173	KARCZEWSKI Krzysztof	115	AT - AKTYWNY TRZEBIATÓW	M50-59	00:00:14	00:12:10	00:24:50	00:38:05	00:50:43
174	NACHYŁA Piotr	191	STOPA SŁUPSK	M40-49	00:00:15	00:12:43	00:25:29	00:38:17	00:50:46
175	KRZANOWSKI Marcin	149	MARCINBIEGA	M30-39	00:00:11	00:11:46	00:24:46	00:37:55	00:50:47
176	MODRZEJEWSKI Mateusz	339	KOCHAM ASIE	M30-39	00:00:16	00:12:29	00:25:19	00:38:18	00:50:50
177	JANUSZEWSKI Jacek	96	17 WOK KOSZALIN	M50-59	00:00:15	00:12:11	00:24:54	00:37:49	00:50:51
178	MRÓZ Dawid	187		M40-49	00:00:03	00:11:45	00:24:39	00:37:53	00:50:53
179	HUDASZEK Grzegorz	88		M30-39	00:00:20	00:12:20	00:25:00	00:37:49	00:50:53
180	BĄCZYK Monika	5	MONIA TEAM	K30-39	00:00:22	00:12:19	00:24:57	00:38:04	00:50:55
181	KOZŁOWIECKI Waldemar	140	TKKF KOSZALIN	M60-69	00:00:01	00:12:34	00:25:13	00:38:14	00:50:58
182	KOWALCZYK Mariusz	138	WZAJEMNEJ ADORACJI:-)	M40-49	00:00:13	00:12:05	00:25:03	00:38:18	00:50:58
183	BORKOWSKA-KOWALCZYK Daria	17	WOMENS FIGHT CLUB KOSZALIN	K30-39	00:00:12	00:12:12	00:25:04	00:38:19	00:50:59
184	LICA Krzysztof	346		M30-39	00:00:16	00:12:29	00:25:19	00:38:16	00:51:02
185	FAJGIER Tomasz	58		M40-49	00:00:11	00:12:07	00:25:00	00:38:14	00:51:05
186	RUDNIK Tomasz	243	LUB WYBIERZ Z LISTY	M30-39	00:00:22	00:12:18	00:24:37	00:37:41	00:51:06
187	STOKROCKI Wojciech	270		M30-39	00:00:29	00:12:47	00:25:28	00:38:13	00:51:07
188	WOJTALIK Jacek	317		M30-39	00:00:17	00:12:28	00:25:18	00:38:18	00:51:17
189	WICENS Jacek	95	JACEK - BIEGAM BO LUBIE	M30-39	00:00:17	00:12:29	00:25:19	00:38:18	00:51:23
190	ZIENCINA Marcin	324		M30-39	00:00:18	00:11:53	00:24:44	00:38:03	00:51:28
191	RASZPLA Radosław	227		M40-49	00:00:07	00:11:51	00:24:41	00:38:05	00:51:35
192	KONKEL Łukasz	131		M30-39	00:00:08	00:11:43	00:24:33	00:38:06	00:51:49
193	HRYCIÓW Paweł	87	BIĄŁOGARD	M30-39	00:00:26	00:12:50	00:25:40	00:38:51	00:51:52
194	KISIELIŃSKI Igor	122	TKKF KOSZALIN	M50-59	00:00:11	00:12:08	00:24:30	00:38:04	00:51:53
195	WOJTANOWSKI Michał	350		M30-39	00:00:18	00:14:34	00:26:49	00:39:33	00:51:54
196	BRYGAŁA Tomasz	25		M30-39	00:00:19	00:12:50	00:25:49	00:38:45	00:51:54
197	CZOS Łukasz	336		M30-39	00:00:08	00:11:20	00:24:36	00:38:14	00:51:56
198	FELSKI Łukasz	60		M30-39	00:00:32	00:12:42	00:25:27	00:38:29	00:52:05
199	KLUPŚ Monika	124		K40-49	00:00:32	00:12:55	00:25:54	00:38:59	00:52:06
200	MAJCHRZAK Paweł	166	SUNDAYBIKERS KARLINO TEAM	M40-49	00:00:04	00:11:38	00:24:22	00:38:11	00:52:08
201	PRZYMORSKI Waldemar	221	W.P.K. SŁOŃ TEAM USTKA	M40-49	00:00:15	00:12:08	00:24:58	00:38:32	00:52:13
202	SZUBERT Agnieszka	280		K30-39	00:00:16	00:12:54	00:26:04	00:39:13	00:52:13
203	RYBARCZYK Ireneusz	492		M30-39	00:00:20	00:13:15	00:26:10	00:39:00	00:52:26
204	BORYS Przemysław	19	BIEGNIJMY.PL	M30-39	00:00:28	00:12:49	00:25:34	00:39:06	00:52:33
205	PEŁKA Janusz	214	TKKF KOSZALIN	M50-59	00:00:23	00:12:11	00:25:50	00:39:06	00:52:34
206	GRABOWSKA-LESISZ Aneta	72		K30-39	00:00:07	00:12:13	00:25:24	00:38:58	00:52:39
207	ZWIRDOWSKI Andrzej	328		M30-39	00:00:20	00:12:20	00:25:14	00:38:50	00:52:40
208	BĄCZYK Adam	6	MONIA TEAM	M40-49	00:00:22	00:12:37	00:25:47	00:39:14	00:52:42

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km	Start_All 9.8km
209	CZAPLICKI Paweł	41	TKKF KOSZALIN	M40-49	00:00:21	00:12:56	00:26:15	00:39:41	00:52:52
210	PUSZ Kuba	223	JS1373	M18-29	00:00:10	00:11:41	00:24:26	00:38:43	00:52:55
211	KOTULSKI Piotr	136	KLUB BIEGACZY JYSK	M40-49	00:00:09	00:12:19	00:25:41	00:39:14	00:52:59
212	PODAWCA Łukasz	218	JW 1223	M30-39	00:00:22	00:12:50	00:25:58	00:39:29	00:53:06
213	DANOWSKI Maciej	45	FITNESS CLUB FORMA	M40-49	00:00:10	00:13:00	00:26:28	00:40:03	00:53:12
214	ORYSZCZYN Arkadiusz	200		M30-39	00:00:25	00:13:04	00:26:05	00:39:45	00:53:12
215	SPICA Łukasz	265		M18-29	00:00:25	00:13:04	00:26:05	00:39:44	00:53:12
216	KUROWSKA Izabela	157	FITOSKA	K30-39	00:00:12	00:13:18	00:26:44	00:39:56	00:53:14
217	ZIELIŃSKI Grzegorz	323	BRIDGESTONE	M40-49	00:00:15	00:13:14	00:26:49	00:40:16	00:53:15
218	BOROWIEC Mariusz	18		M40-49	00:00:26	00:13:26	00:26:57	00:40:14	00:53:15
219	SZULTKA Mariusz	283		M30-39	00:00:18	00:12:54	00:26:20	00:39:56	00:53:16
220	MARKOWSKI Andrzej	172	TKKF KOSZALIN	M60-69	00:00:01	00:12:34	00:25:52	00:39:38	00:53:23
221	BERNACKI Adam	10	EB BERNACKI	M40-49	00:00:07	00:12:32	00:25:59	00:39:42	00:53:26
222	GUDANIEC Dorota	338	TKKF TRIATHLON KOSZALIN	K50-59	00:00:06	00:12:57	00:26:17	00:39:41	00:53:28
223	SOBOLEWSKI Marcin	262		M30-39	00:00:14	00:11:54	00:25:05	00:39:19	00:53:29
224	KACZMAREK Łukasz	109	WOJOWNICY WÓDY	M30-39	00:00:16	00:12:22	00:25:38	00:39:39	00:53:29
225	ATALSKI Damian	1		M30-39	00:00:22	00:13:04	00:26:18	00:39:47	00:53:29
226	HRYCAJ Tomasz	86		M30-39	00:00:26	00:12:47	00:26:11	00:39:55	00:53:37
227	DĄBROWSKA Alicja	46	TKKF KOSZALIN	K50-59	00:00:19	00:13:04	00:26:42	00:40:14	00:53:38
228	KOWALCZYK Piotr	137		M30-39	00:00:15	00:12:20	00:25:35	00:39:35	00:53:39
229	ŁUCZEJKO Sławomir	163	TEAM BIEGOWY SZCZECINEK	M50-59	00:00:26	00:12:57	00:26:15	00:39:45	00:53:41
229	OSTROWSKI Artur	204		M30-39	00:00:13	00:12:10	00:25:25	00:39:45	00:53:45
231	KRYGIER Ireneusz	148	W.P.K. SŁOŃ TEAM USTKA	M30-39	00:00:14	00:12:29	00:26:01	00:39:51	00:53:46
232	KARNICKI Zygmunt	116	TKKF KOSZALIN	M60-69	00:00:07	00:12:29	00:26:00	00:39:53	00:53:48
233	HAŁKA Ola	80		K18-29	00:00:24	00:13:06	00:26:19	00:39:55	00:53:48
234	LASKOWSKI Grzegorz	158		M30-39	00:00:21	00:12:53	00:26:01	00:39:30	00:53:54
235	JURA Kazimierz	106	MTS HAMER	M60-69	00:00:20	00:12:57	00:26:35	00:40:13	00:53:55
236	MACHŁAJ Sonia	164		K18-29	00:00:16	00:12:59	00:26:28	00:40:14	00:54:02
237	RUTKOWSKI Lucjan	248	ARCAN TEAM	M50-59	00:00:07	00:13:30	00:27:23	00:41:14	00:54:17
238	MICHALAK Kamila	179	KLUB BIEGACZY JYSK	K30-39	00:00:08	00:12:22	00:26:16	00:40:18	00:54:18
239	SEKUŁA Mariusz	252		M40-49	00:00:15	00:12:25	00:25:51	00:39:51	00:54:18
240	PANEK Urszula	208		K30-39	00:00:22	00:13:19	00:26:59	00:40:53	00:54:31
241	BRYGAŁA Magdalena	24		K30-39	00:00:18	00:12:53	00:26:37	00:40:37	00:54:33
242	PSTRAŁOWSKA Marlena	222	BABECZKI KOSZALIN	K30-39	00:00:15	00:13:21	00:27:04	00:40:53	00:54:37
243	CUDZICH Piotr	38		M30-39	00:00:28	00:13:06	00:26:49	00:40:49	00:54:39
244	GRAJ Joanna	74		K18-29	00:00:24	00:13:18	00:27:11	00:41:02	00:54:41
245	WASZEK Marzena	302		K30-39	00:00:11	00:13:19	00:27:10	00:40:49	00:54:46
246	SIKORA Tomasz	254		M50-59	00:00:08	00:13:05	00:26:33	00:40:33	00:54:56
247	MALINOWSKA Małgorzata	167		K50-59	00:00:08	00:13:05	00:26:33	00:40:33	00:54:57
248	SKIBA Artur	255		M40-49	00:00:08	00:13:06	00:26:33	00:40:33	00:54:57
249	ZIĘBA Paweł	325	TKKF KOSZALIN	M40-49	00:00:07	00:12:10	00:25:49	00:40:34	00:55:02
250	MAZUREK Barbara	175	BABECZKI KOSZALIN	K30-39	00:00:21	00:13:11	00:26:54	00:40:53	00:55:07
251	BĄK Halszka	7		K30-39	00:00:14	00:13:19	00:27:15	00:41:02	00:55:16
252	TRZEŚNIEWSKI Zbigniew	292		M50-59	00:00:07	00:13:12	00:26:59	00:41:03	00:55:19
253	NOWAK Sylwia	195	CZARNE BIEGA	K30-39	00:00:07	00:13:18	00:27:17	00:41:19	00:55:26

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km	Start_All 9.8km
254	ŚLEDŹ Andrzej	288	WŁ SŁUPSK	M40-49	00:00:12	00:12:56	00:27:07	00:41:20	00:55:34
255	KĘPKA Karolina	121	STOPA SŁUPSK	K40-49	00:00:15	00:13:18	00:27:21	00:41:41	00:55:45
256	GZELA Olga	79	BABECZKI KOSZALIN, ROZBIEGANY KOSZALIN	K30-39	00:00:18	00:13:08	00:26:58	00:41:40	00:55:48
257	KRASIŃSKI Witold	341		M40-49	00:00:09	00:12:14	00:25:51	00:40:38	00:56:02
258	KOBUS Maciej	126		M30-39	00:00:09	00:12:13	00:25:51	00:40:37	00:56:02
259	PIÓRO Ewa	345		K40-49	00:00:15	00:13:13	00:27:06	00:41:51	00:56:08
260	GÓRNIAK Stanisław	71	WŁ SŁUPSK	M50-59	00:00:11	00:13:28	00:27:34	00:42:18	00:56:09
261	SZAFIRSKI Marek	274	CAMINO SŁUPSK	M50-59	00:00:24	00:13:27	00:27:38	00:42:04	00:56:13
262	MALINOWSKA-BURDA Aleksandra	169		K18-29	00:00:15	00:13:41	00:28:04	00:42:17	00:56:21
263	SOBALA Anna	261		K30-39	00:00:11	00:13:09	00:27:08	00:42:35	00:56:32
264	KLUPŚ Janusz	123		M40-49	00:00:30	00:13:23	00:27:40	00:42:08	00:56:36
265	KACZMAREK Agnieszka	108		K40-49	00:00:21	00:13:36	00:27:48	00:42:17	00:56:44
266	WOCH Małgorzata	313		K50-59	00:00:21	00:13:36	00:27:48	00:42:16	00:56:44
267	KUPREWICZ Grzegorz	155	JW 1223	M30-39	00:00:13	00:13:35	00:28:34	00:42:44	00:57:03
268	SZYMAŃSKA Agnieszka	284		K40-49	00:00:24	00:14:19	00:28:36	00:42:53	00:57:04
269	REPLAKOWSKA Małgorzata	233	WE RUN	K30-39	00:00:18	00:13:49	00:28:01	00:42:39	00:57:05
270	REPLAKOWSKI Krzysztof	234	WE RUN	M40-49	00:00:19	00:13:44	00:27:59	00:42:37	00:57:05
271	JAROSZ Marzena	97		K50-59	00:00:24	00:14:19	00:28:36	00:42:53	00:57:05
272	HELLER Zdzisław	81	NIEZRZESZONY	M60-69	00:00:23	00:13:42	00:28:14	00:42:48	00:57:06
273	RADECKI Jacek	226	CSSP KOSZALIN	M40-49	00:00:13	00:13:12	00:27:29	00:42:16	00:57:09
274	KOWALSKI Kamil	347		M30-39	00:00:23	00:13:06	00:26:53	00:41:51	00:57:09
275	WOLF Beata	333	TKKF KOSZALIN	K30-39	00:00:19	00:13:36	00:28:04	00:42:38	00:57:15
276	ZAREMBA Tomasz	340		M30-39	00:00:22	00:13:00	00:28:21	00:43:22	00:57:35
277	HNATOWSKI Artur	83	SZYBKIE STOPY	M40-49	00:00:19	00:12:54	00:26:54	00:42:08	00:57:47
278	KARPIŃSKI Mateusz	117		M18-29	00:00:23	00:13:11	00:27:27	00:42:20	00:57:49
279	OGRODOWCZYK Jagoda	197		K30-39	00:00:23	00:13:11	00:27:27	00:42:20	00:57:50
280	BASIAK Krystian	4	KOSZALIN	M30-39	00:00:25	00:12:58	00:27:13	00:42:26	00:57:52
281	SMARSZCZ Wiesław	260	TEAM RWT BYDGOSZCZ-WŁ LĘBORK	M50-59	00:00:04	00:13:04	00:27:28	00:42:39	00:57:54
282	WOJTANOWSKI Tomasz	318	K.B. SPRINT ŚWIDWIN	M30-39	00:00:17	00:13:20	00:27:56	00:42:51	00:57:56
283	BEDNARZ Katarzyna	8		K40-49	00:00:29	00:13:49	00:28:16	00:43:03	00:57:57
284	JASIENIECKI Piotr	102		M40-49	00:00:16	00:12:55	00:26:52	00:41:59	00:58:10
285	FRASZKIEWICZ Jarosław	62		M40-49	00:00:06	00:13:13	00:27:48	00:43:07	00:58:24
286	SZKATULSKI Tomasz	278	DARŁOWO	M18-29	00:00:18	00:12:53	00:27:37	00:43:13	00:58:26
287	KACZMAREK Zenon	110	MORSY KOŁOBRZEG	M60-69	00:00:02	00:14:01	00:28:43	00:43:27	00:58:32
288	KOMODA Mariusz	128		M40-49	00:00:17	00:13:51	00:28:36	00:43:45	00:58:44
289	PAWLAK Ewelina	212		K30-39	00:00:17	00:13:22	00:28:13	00:43:10	00:58:44
290	STANULA Matylda	267		K18-29	00:00:14	00:13:52	00:28:38	00:43:58	00:58:56
291	BRESZKA Paweł	23	DARŁOWO	M40-49	00:00:17	00:13:58	00:29:16	00:44:40	00:59:43
292	BŁACH Piotr	14		M30-39	00:00:16	00:13:59	00:29:16	00:44:41	00:59:44
293	BARA Monika	2	JW 1223/3DPLOT	K18-29	00:00:15	00:13:51	00:28:37	00:44:02	01:00:05
294	WIERZBICKI Kacper	309		M18-29	00:00:04	00:13:24	00:27:42	00:43:30	01:00:13
295	CYRKLEWICZ Weronika	40		K30-39	00:00:17	00:14:25	00:29:08	00:44:25	01:00:28
296	SZULTKA Sylwia	282		K30-39	00:00:18	00:14:24	00:29:07	00:44:24	01:00:28
297	PAWLAK Marek	213		M30-39	00:00:24	00:13:40	00:28:48	00:44:48	01:01:03
298	JANKOWSKI Remigiusz	93		M30-39	00:00:21	00:14:23	00:29:39	00:45:30	01:01:05

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km	Start_All 9.8km
299	RATAJEWSKA Agnieszka	230	PANI	K30-39	00:00:12	00:14:10	00:29:31	00:45:18	01:01:15
300	ZIELIŃSKI Andrzej	349		M30-39	00:00:18	00:14:35	00:29:44	00:45:31	01:01:29
301	MALINOWSKA Agnieszka	168	CIOTECZKI.PL	K30-39	00:00:15	00:14:35	00:30:04	00:45:53	01:01:31
302	RASZPLA Ilona	228		K40-49	00:00:14	00:14:36	00:30:05	00:45:54	01:01:32
303	KURCZ Barbara	156	BABECZKI KOSZALIN	K40-49	00:00:22	00:14:59	00:30:37	00:46:22	01:01:41
304	FALGOWSKI Paweł	59		M30-39	00:00:13	00:12:49	00:29:07	00:46:05	01:01:56
305	URBAŃSKA Anetta	294		K40-49	00:00:25	00:14:27	00:29:38	00:45:32	01:02:04
306	PASEK Paula	209		K30-39	00:00:20	00:14:11	00:29:42	00:46:07	01:02:06
307	SOBOLEWSKI Marek	332	17 WOG	M40-49	00:00:04	00:14:26	00:30:24	00:46:54	01:02:14
308	SCHMIDT Dariusz	499		M50-59	00:00:22	00:14:35	00:29:58	00:46:04	01:02:40
309	BINKIEWICZ Marcin	13		M30-39	00:00:27	00:13:50	00:29:11	00:45:33	01:02:42
310	FILIPCZYK Mieczysław	61	NIEZRZESZONY	M50-59	00:00:04	00:14:09	00:29:59	00:46:31	01:03:11
311	SZYMAŃSKI Marcin	285	TEAM BIEGOWY SZCZECINEK	M30-39	00:00:27	00:14:40	00:30:28	00:47:29	01:04:33
312	STASZYŃSKA Marianna	268	BTC,,ORZEŁ'	K60+	00:00:24	00:15:52	00:32:23	00:49:18	01:06:15
313	ZIĘTARA Ryszard	326		M60-69	00:00:13	00:14:36	00:30:45	00:48:35	01:07:49
314	KONDRATOWICZ Agnieszka	129		K30-39	00:00:19	00:15:01	00:31:44	00:50:02	01:09:33
314	STACHOWSKI Michał	266		M30-39	00:00:19	00:15:01	00:31:44	00:50:02	01:09:34
316	KRAWCZUK-KIEŁB Anna	144	ŻYJ Z ENERGIA	K40-49	00:00:20	00:16:14	00:33:46	00:51:33	01:10:14
317	PASEK Jan	210		M60-69	00:00:21	00:15:46	00:33:23	00:51:45	01:10:17
	WAWRZYŃIAK Karolina	303		K18-29	DNF	00:14:27 DNF	DNF	DNF	DNF
	KĘPKA Adrian	120		M18-29	DNF	00:09:10 DNF	00:18:52 DNF	DNF	DNF
DQ	KRÓL Marcin	146		M40-49	DQ	00:12:13 DQ	00:25:26 DQ	00:39:13 DQ	DQ

Znaleziono 320 wynik(ów)