



BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

Organizator: Fundacja Wolność i Demokracja, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-02-26
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 7,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
1	KASZEWSKI Zbigniew	119	TALEX BORYSŁAW BORZYTUCHOM	M18-29	00:00:01	00:08:33	00:17:05	00:25:28
2	BEDNARZ Paweł	9	13-TY FUN CLUB ASI CHMIEL :*	M30-39	00:00:01	00:08:33	00:17:18	00:26:24
3	KRAUS Damian	142	CHROBRY GRYFICE	M18-29	00:00:01	00:08:55	00:18:01	00:27:13
4	HERING Mateusz	82	TALEX BORZYTUCHOM	M18-29	00:00:02	00:09:05	00:18:16	00:27:20
5	ORZECHOWSKI Kamil	201		M18-29	00:00:01	00:08:53	00:17:56	00:27:24
6	POLAK Szymon	219	ROZBIEGANY KOSZALIN	M40-49	00:00:02	00:09:05	00:18:17	00:27:31
7	GOLECKI Mirosław	65	CSSP KOSZALIN	M40-49	00:00:03	00:09:20	00:18:33	00:27:47
8	KACZMAREK Tomasz	235		M30-39	00:00:03	00:09:21	00:18:34	00:27:48
9	RYBACZEK Sebastian	249	JW 1223/3DPLOT - FORMA ROSNOWO	M30-39	00:00:02	00:09:21	00:18:34	00:27:55
10	EMILIT Grzegorz	56	DZIESIĄTKA BIAŁOGARD	M30-39	00:00:03	00:09:20	00:18:33	00:28:00
11	JAROSZ Wiesław	98	JW. 1223/BLOG	M40-49	00:00:02	00:09:14	00:18:38	00:28:19
12	BRAUN Grzegorz	21	GRYFICE	M18-29	00:00:01	00:08:53	00:18:28	00:28:28
13	WOJDASIEWICZ Tadeusz	316		M30-39	00:00:02	00:09:14	00:18:51	00:28:31
14	SZKOŁUDA Miłosz	279	DECATHLON KOSZALIN	M18-29	00:00:04	00:09:32	00:19:10	00:29:01
15	GOLIŃSKI Łukasz	66	K.B. SPRINT ŚWIDWIN	M30-39	00:00:02	00:09:30	00:19:19	00:29:08
16	WILCZEWSKI Krzysztof	405	MKS ŚWIĘC	M30-39	00:00:03	00:09:46	00:19:38	00:29:17
17	BUCZKO Krystian	26		M30-39	00:00:03	00:09:33	00:19:23	00:29:18
18	DURMAN Dawid	52		M18-29	00:00:03	00:09:27	00:19:22	00:29:20
19	RUDNIKOWSKI Maciej	244	BIEGUZDROWISKOWY.PL	M40-49	00:00:02	00:09:22	00:19:18	00:29:28
20	BIEDRZYCKI Adam	11	CW FANZA KOŁOBRZEG	M30-39	00:00:03	00:09:34	00:19:30	00:29:31
21	BURDA Robert	28	KOSPEL	M40-49	00:00:02	00:09:36	00:19:32	00:29:32
22	KRUKOWSKI Błażej	147		M30-39	00:00:03	00:09:48	00:19:43	00:29:36
23	WEGNER Przemysław	304		M30-39	00:00:06	00:09:42	00:19:39	00:29:39
24	PAKULSKI Marcin	207		M40-49	00:00:05	00:09:37	00:19:40	00:29:55
25	MOKSA Dariusz	184		M18-29	00:00:03	00:09:36	00:19:56	00:30:20
26	ROSZKOWSKI Damian	240	BAGNA IZBICKIE	M30-39	00:00:03	00:09:47	00:19:59	00:30:20
27	MŁYNARCZYK Zbigniew	418		M30-39	00:00:03	00:09:47	00:19:59	00:30:20
28	USTIANOWSKI Wojciech	297	JW1223 (ROZBIEGANY KOSZALIN)	M18-29	00:00:03	00:09:36	00:19:55	00:30:20

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
29	BIEDRZYCKI Krzysztof	12	CW FANZA KOŁOBRZEG	M40-49	00:00:02	00:10:00	00:20:19	00:30:21
30	GRZESIK Eugeniusz	75	TKKF KOSZALIN	M50-59	00:00:02	00:09:48	00:20:08	00:30:29
31	KOŚCIELNIAK Robert	135	TKKF KOSZALIN	M50-59	00:00:02	00:09:59	00:20:11	00:30:30
32	DZIEMIANKO Karol	53	ZAWISZA BORZYTUCHOM	M18-29	00:00:02	00:10:03	00:20:22	00:30:34
33	GIERLACH Jacek	63	STOPA SŁUPSK	M18-29	00:00:04	00:09:55	00:20:13	00:30:41
34	UZNAŃSKI Ryszard	299	KOŁOBRZEG BIEGA	M40-49	00:00:01	00:10:00	00:20:19	00:30:45
35	KALETA Sebastian	111	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M40-49	00:00:05	00:09:55	00:20:17	00:30:52
36	JAROSZEWICZ Grzegorz	99	PARKRUN SZCZECIN	M40-49	00:00:03	00:09:47	00:20:12	00:31:02
37	KROCZYŃSKI Sławomir	145		M50-59	00:00:10	00:10:05	00:20:26	00:31:02
38	TROŚNIAK Piotr	291	10 BIAŁOGARD	M40-49	00:00:03	00:10:08	00:20:34	00:31:14
39	MAZUR Emilusz	174		M40-49	00:00:03	00:09:59	00:20:35	00:31:16
40	GRACHEL Darek	73	#BIEGOHOLIZM	M18-29	00:00:03	00:09:55	00:20:36	00:31:18
41	CHUDY Henryk	36	K SOLSZEWSKI I SYNOWIE	M60-69	00:00:04	00:10:08	00:20:35	00:31:28
42	PRZEWŁOCKI Michał	220	(L)	M30-39	00:00:03	00:09:45	00:20:33	00:31:45
43	GLAZER Piotr	64	TECHNIKUM LEŚNE W WARCINIE	M18-29	00:00:03	00:09:26	00:20:34	00:31:45
44	BRESZKA Tomek	22	CAPTAIN AMERICA VS THE FLASH	M30-39	00:00:04	00:10:21	00:20:59	00:31:51
45	CENIUCH Sylwester	30	BIKE TEAM ROLETKI.HOME.PL	M40-49	00:00:02	00:10:09	00:20:40	00:31:52
46	SMAGOWSKI Wojciech	259	K.B. SPRINT ŚWIDWIN	M30-39	00:00:08	00:10:19	00:21:02	00:32:04
47	BARANOWSKI Piotr	3		M40-49	00:00:03	00:10:45	00:21:28	00:32:06
48	BŁASZCZYK Tadeusz	15		M50-59	00:00:05	00:10:31	00:21:17	00:32:07
49	KALKOWSKI Paweł	112	JW 1223 KOSZALIN	M30-39	00:00:21	00:10:36	00:21:17	00:32:07
50	SURDAKCI Piotr	272	MONIA TEAM	M40-49	00:00:08	00:10:07	00:21:04	00:32:14
51	MATYJASEK Zbigniew	173	TKKF KOSZALIN	M40-49	00:00:05	00:10:01	00:21:00	00:32:16
52	KULIŚ Przemysław	153		M18-29	00:00:06	00:10:03	00:21:02	00:32:20
53	CZAPLIŃSKI Jacek	42		M30-39	00:00:21	00:10:42	00:21:28	00:32:22
54	SZULC Arek	281	ROZBIEGANY KOSZALIN	M40-49	00:00:06	00:10:50	00:21:31	00:32:23
55	CHOŁUJ Jarek	34	ROZBIEGANY KOSZALIN	M40-49	00:00:06	00:10:50	00:21:31	00:32:23
56	RACZYŃSKI Kazimierz	225	ZESPÓŁ SZKÓŁ NR 1 IM. MIKOŁAJA KOPERNIKA W KOSZALINIE	M40-49	00:00:07	00:10:30	00:21:21	00:32:25
57	URBAŃSKI Tomasz	295		M40-49	00:00:09	00:10:48	00:21:40	00:32:31
58	GRZYSTEK Adam	77	PARKRUN GDAŃSK POŁUDNIE	M18-29	00:00:09	00:10:47	00:21:41	00:32:33
59	KORZYSTKO Bartosz	133		M30-39	00:00:04	00:10:27	00:21:20	00:32:51
60	MATEBŁOWSKI Szymon	20	DECATHLON KOSZALIN	M18-29	00:00:04	00:10:34	00:21:42	00:32:53
61	KUKIEŁA Tomasz	152		M30-39	00:00:06	00:11:03	00:21:57	00:32:59
62	NOWAK Piotr	194	CZARNE BIEGA	M30-39	00:00:07	00:10:39	00:21:45	00:33:07
63	NOWICKI Michał	343		M30-39	00:00:08	00:10:29	00:21:48	00:33:08
64	ROMANOWSKI Piotr	238	BRAK	M30-39	00:00:09	00:10:52	00:21:54	00:33:11
65	PĘKAŁA Piotr	216	ROZBIEGANY KOSZALIN	M40-49	00:00:16	00:11:00	00:22:04	00:33:11
66	KRACZKOWSKI Przemysław	141		M30-39	00:00:12	00:11:06	00:22:11	00:33:13
67	FADDA Bruno-André	57		M30-39	00:00:11	00:10:35	00:21:51	00:33:21
67	WILKOWSKI Krzysztof	312		M30-39	00:00:05	00:10:33	00:21:47	00:33:25
69	WIERZBICKI Jakub	310	ŚWIDWIN	M30-39	00:00:04	00:10:38	00:21:48	00:33:26
70	ZWOLIŃSKI Jan	329	TKKF KOSZALIN	M40-49	00:00:04	00:11:05	00:22:15	00:33:34
71	CIUPA Marcin	188	H2 DESIGN	M40-49	00:00:11	00:10:52	00:22:03	00:33:35
72	KSZCZANOWICZ Jacek	151		M40-49	00:00:17	00:10:57	00:22:18	00:33:38
73	PERCZYŃSKI Jarosław	215	BEZ FORMY	M40-49	00:00:12	00:10:53	00:22:03	00:33:40

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74	ŁOPIŃSKI Piotr	162		M30-39	00:00:07	00:11:03	00:22:21	00:33:47
75	JĘDRASZCZYK Marek	103	WŁ SŁUPSK	M40-49	00:00:11	00:10:39	00:22:00	00:33:52
76	SZAŁKOWSKI Wojtek	275	TUPOT USTKA	M40-49	00:00:25	00:11:20	00:22:39	00:33:53
77	TESKA Bartosz	290	TKKF KOSZALIN	M40-49	00:00:07	00:11:06	00:22:24	00:33:54
78	JAKUBOWSKI Karol	92	2BZ	M18-29	00:00:09	00:10:50	00:22:23	00:33:57
79	SAŁABON Grzegorz	251	RWT BYDGOSZCZ-WŁ LĘBORK	M50-59	00:00:01	00:10:48	00:22:21	00:34:04
80	WILIŃSKI Marek	311	K.B. SPRINT ŚWIDWIN	M50-59	00:00:09	00:11:17	00:22:42	00:34:05
81	GOŁDYN Marek	67	TKKF KOSZALIN	M30-39	00:00:20	00:11:24	00:22:49	00:34:08
82	IWANIEC Dariusz	89	TKKF KOSZALIN	M40-49	00:00:06	00:11:17	00:22:47	00:34:11
83	MAJCHRZAK Dariusz	165		M50-59	00:00:32	00:10:56	00:22:21	00:34:11
84	SZYMAŃSKI Piotr	287		M40-49	00:00:12	00:11:05	00:22:27	00:34:15
85	JASICZEK Darek	101	CSSP KOSZALIN	M40-49	00:00:13	00:11:06	00:22:37	00:34:18
86	RATAJEWSKI Arkadiusz	231		M30-39	00:00:08	00:10:52	00:22:26	00:34:22
87	ŁABEJSZA Łukasz	160	WOJOWNICY WÓDY	M30-39	00:00:16	00:11:14	00:22:50	00:34:25
88	MISZCZYK Jan	183	ROZBIEGANY KOSZALIN	M18-29	00:00:19	00:11:02	00:22:35	00:34:27
89	JANKOWSKI Piotr	94		M40-49	00:00:10	00:11:39	00:23:07	00:34:30
90	DUDA Andrzej	50		M50-59	00:00:10	00:11:13	00:22:47	00:34:37
91	MALINOWSKI Mariusz	170		M30-39	00:00:17	00:11:17	00:22:59	00:34:38
92	CYBULSKI Robert	39	MTS HAMER	M40-49	00:00:08	00:11:20	00:22:58	00:34:49
93	MICERSKI Tomasz	178	TKKF KOSZALIN	M40-49	00:00:07	00:11:16	00:22:51	00:34:50
94	MELLER Paweł	331	17 WOG	M50-59	00:00:05	00:11:24	00:23:07	00:34:52
95	JARZYNA Roman	100	SZWLA STARGARD	M40-49	00:00:06	00:11:14	00:22:50	00:34:53
96	KUŁAKOWSKI Dawid	154	TKKF KOSZALIN	M40-49	00:00:07	00:11:15	00:22:50	00:34:53
97	CHUDZINSKI Dariusz	37		M50-59	00:00:22	00:11:48	00:23:13	00:34:54
98	NIEMCZUK Darek	348		M50-59	00:00:22	00:11:07	00:22:50	00:34:54
99	SKONECZNY Kacper	257	KONTRA DARŁOWO	M18-29	00:00:12	00:10:48	00:22:28	00:35:02
100	OTTO Michał	206		M30-39	00:00:06	00:11:11	00:22:54	00:35:03
101	MUCHA Krzysztof	189	KOSZALIN	M30-39	00:00:06	00:11:11	00:22:54	00:35:03
102	ALABA Jerzy	497		M50-59	00:00:16	00:11:43	00:23:22	00:35:09
103	JABŁOŃSKI Arkadiusz	90	KOSZALIN	M30-39	00:00:26	00:11:29	00:23:08	00:35:11
104	BURKIET Marek	29	JW 1223	M40-49	00:00:10	00:11:32	00:23:20	00:35:17
105	WOJCIECHOWSKI Marcin	315		M18-29	00:00:20	00:11:22	00:23:15	00:35:20
106	GUDANIEC Radosław	337	TKKF TRIATHLON KOSZALIN	M50-59	00:00:05	00:11:11	00:23:13	00:35:23
107	KRAWCZUK Szymon	143	GEPARD GLEŻNOWO	M30-39	00:00:19	00:12:17	00:23:59	00:35:27
108	ŚWIETLIK Tomasz	289		M50-59	00:00:23	00:11:48	00:23:40	00:35:28
109	WYGANOWSKI Andrzej	342		M70+	00:00:09	00:11:42	00:23:37	00:35:29
110	UTTKE Kamil	298	DZIADOSTWOOOOO	M18-29	00:00:08	00:11:32	00:23:26	00:35:32
111	SZAREK Arkadiusz	277		M18-29	00:00:04	00:11:16	00:23:07	00:35:33
112	NOWAK Piotr	196		M18-29	00:00:04	00:11:19	00:23:08	00:35:34
113	STRUŚ Artur	271	KB BRYZA POSTOMINO	M50-59	00:00:10	00:11:36	00:23:37	00:35:36
114	WALERIAŃCZYK Roman	301	GMINA KOŁOBRZEG	M40-49	00:00:11	00:11:35	00:23:34	00:35:36
115	NACHYŁA Paweł	192	DZIKI KOSZALIN	M30-39	00:00:13	00:11:25	00:23:24	00:35:37
116	OSTAFI Robert	202		M30-39	00:00:02	00:11:14	00:23:20	00:35:44
117	WICHER Krzysztof	308	ADWOKATURA	M30-39	00:00:07	00:11:32	00:23:37	00:35:45
118	ZAWADA Andrzej	321	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	M50-59	00:00:28	00:11:38	00:23:29	00:35:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
119	PIETRZYCKI Adrian	217		M40-49	00:00:32	00:11:53	00:23:51	00:35:45
120	MICHALCZYK Mariusz	180	JW 1223	M40-49	00:00:11	00:11:32	00:23:23	00:35:48
121	METERA Piotr	177	RUNNERSWALDE	M30-39	00:00:16	00:11:44	00:23:31	00:35:53
122	DIDŁUCH Jacek	48	KOŁOBRZEG BIEGA MARATON TEAM	M40-49	00:00:24	00:11:46	00:23:45	00:35:53
123	GRZYSTEK Marcin	76	PARKRUN SZCZECINEK	M30-39	00:00:10	00:11:36	00:23:38	00:35:58
124	BOBER Jakub	16	AKADEMIA POMORSKA	M18-29	00:00:04	00:11:08	00:23:22	00:36:02
125	KAŃDUŁA Mariusz	114	WŁ SŁUPSK	M40-49	00:00:12	00:11:43	00:23:47	00:36:03
126	CHOŁUJ Karol	35	ZAWSZE DO PRZODU	M30-39	00:00:08	00:11:17	00:23:29	00:36:05
127	SIKORSKI Adam	344		M30-39	00:00:10	00:11:11	00:23:27	00:36:05
128	SOROKA Piotr	264		M30-39	00:00:08	00:11:21	00:23:22	00:36:06
129	MIKIETYŃSKI Michał	182	OKONEK	M30-39	00:00:12	00:11:42	00:23:50	00:36:07
130	SZAREK Paweł	276	7 BRYGADA OBRONY WYBRZEŻA	M30-39	00:00:04	00:11:32	00:23:50	00:36:18
131	JANUSZEK Adam	335		M30-39	00:00:23	00:11:31	00:23:39	00:36:26
132	CZEPUKOJĆ Wojciech	43		M18-29	00:00:25	00:12:21	00:24:28	00:36:33
133	RÓG Michał	241	JW 1223	M30-39	00:00:09	00:11:31	00:23:37	00:36:35
134	RUSINEK Artur	246		M30-39	00:00:07	00:11:31	00:23:47	00:36:37
135	BUCZYŃSKI Eugeniusz	27	JW 1696	M40-49	00:00:08	00:11:22	00:23:48	00:36:37
136	DZIESZUK Dariusz	54	TKKF KOSZALIN	M40-49	00:00:20	00:12:24	00:24:38	00:36:45
137	ZADROŻNY Szymon	320	RUNNER'S OF WAŁCZ	M30-39	00:00:05	00:11:38	00:24:02	00:36:47
138	ZDROWIECKI Artur	322		M30-39	00:00:05	00:11:31	00:24:03	00:36:48
139	PUŚCIAN Krzysztof	224	GIMNAZJUM W MANOWIE	M40-49	00:00:05	00:11:40	00:24:34	00:36:51
140	GWIAZDA Jarosław	78		M40-49	00:00:12	00:12:09	00:24:38	00:36:59
141	URBAŃSKI Arkadiusz	296		M40-49	00:00:09	00:12:04	00:24:33	00:37:03
142	NAPIERAŁA Bogumił	193	KORA KOSZALIN	M50-59	00:00:19	00:12:12	00:24:37	00:37:04
143	WACHOLC Michał	300		M18-29	00:00:09	00:12:08	00:24:46	00:37:19
144	DĄBROWSKI Grzegorz	47		M40-49	00:00:13	00:11:54	00:24:29	00:37:20
145	ROGALSKI Roberto	236	TKKF KOSZALIN	M30-39	00:00:16	00:11:43	00:24:17	00:37:22
146	GIL Remigiusz	498	LYCONET TRIATHLON TEAM	M40-49	00:00:13	00:12:11	00:24:47	00:37:26
147	JUSZCZAK Krzysztof	107		M60-69	00:00:34	00:12:02	00:24:38	00:37:40
148	RUDNIK Tomasz	243	LUB WYBIERZ Z LISTY	M30-39	00:00:22	00:12:18	00:24:37	00:37:41
149	HOC Dariusz	84		M40-49	00:00:25	00:12:30	00:25:03	00:37:45
150	DUDZIAK Piotr	51	KOSZALIN	M40-49	00:00:06	00:11:39	00:24:36	00:37:46
151	GONTARZ Wojciech	69	HONEY STINGER RUNNERS	M18-29	00:00:09	00:12:04	00:24:43	00:37:46
152	JANUSZEWSKI Jacek	96	17 WOK KOSZALIN	M50-59	00:00:15	00:12:11	00:24:54	00:37:49
153	HUDASZEK Grzegorz	88		M30-39	00:00:20	00:12:20	00:25:00	00:37:49
154	MORDACZ Tomasz	185	PORZECZE BIEGA :)	M30-39	00:00:13	00:12:24	00:25:07	00:37:50
155	MRÓZ Dawid	187		M40-49	00:00:03	00:11:45	00:24:39	00:37:53
156	KRZANOWSKI Marcin	149	MARCINBIEGA	M30-39	00:00:11	00:11:46	00:24:46	00:37:55
157	RAWSKI Jarosław	232		M50-59	00:00:11	00:12:47	00:25:33	00:37:55
158	ZIENCINA Marcin	324		M30-39	00:00:18	00:11:53	00:24:44	00:38:03
159	KISIELIŃSKI Igor	122	TKKF KOSZALIN	M50-59	00:00:11	00:12:08	00:24:30	00:38:04
160	RASZPLA Radosław	227		M40-49	00:00:07	00:11:51	00:24:41	00:38:05
161	KARCZEWSKI Krzysztof	115	AT - AKTYWNY TRZEBIATÓW	M50-59	00:00:14	00:12:10	00:24:50	00:38:05
162	KONKEL Łukasz	131		M30-39	00:00:08	00:11:43	00:24:33	00:38:06
163	MAJCHRZAK Paweł	166	SUNDAYBIKERS KARLINO TEAM	M40-49	00:00:04	00:11:38	00:24:22	00:38:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
164	STOKROCKI Wojciech	270		M30-39	00:00:29	00:12:47	00:25:28	00:38:13
165	KOZŁOWIECKI Waldemar	140	TKKF KOSZALIN	M60-69	00:00:01	00:12:34	00:25:13	00:38:14
166	CZOS Łukasz	336		M30-39	00:00:08	00:11:20	00:24:36	00:38:14
167	FAJGIER Tomasz	58		M40-49	00:00:11	00:12:07	00:25:00	00:38:14
168	LICA Krzysztof	346		M30-39	00:00:16	00:12:29	00:25:19	00:38:16
169	NACHYŁA Piotr	191	STOPA SŁUPSK	M40-49	00:00:15	00:12:43	00:25:29	00:38:17
170	KOWALCZYK Mariusz	138	WZAJEMNEJ ADORACJI:-)	M40-49	00:00:13	00:12:05	00:25:03	00:38:18
171	MODRZEJEWSKI Mateusz	339	KOCHAM ASIE	M30-39	00:00:16	00:12:29	00:25:19	00:38:18
172	WICENS Jacek	95	JACEK - BIEGAM BO LUBIE	M30-39	00:00:17	00:12:29	00:25:19	00:38:18
173	WOJTALIK Jacek	317		M30-39	00:00:17	00:12:28	00:25:18	00:38:18
174	FELSKI Łukasz	60		M30-39	00:00:32	00:12:42	00:25:27	00:38:29
175	PRZYMORSKI Waldemar	221	W.P.K. SŁOŃ TEAM USTKA	M40-49	00:00:15	00:12:08	00:24:58	00:38:32
176	PUSZ Kuba	223	JS1373	M18-29	00:00:10	00:11:41	00:24:26	00:38:43
177	BRYGAŁA Tomasz	25		M30-39	00:00:19	00:12:50	00:25:49	00:38:45
178	ZWIRDOWSKI Andrzej	328		M30-39	00:00:20	00:12:20	00:25:14	00:38:50
179	HRYCIÓW Paweł	87	BIAŁOGARD	M30-39	00:00:26	00:12:50	00:25:40	00:38:51
180	RYBARCZYK Ireneusz	492		M30-39	00:00:20	00:13:15	00:26:10	00:39:00
181	PEŁKA Janusz	214	TKKF KOSZALIN	M50-59	00:00:23	00:12:11	00:25:50	00:39:06
182	BORYS Przemysław	19	BIEGNIJMY.PL	M30-39	00:00:28	00:12:49	00:25:34	00:39:06
DQ	KRÓL Marcin	146		M40-49	DQ	00:12:13 DQ	00:25:26 DQ	00:39:13 DQ
184	KOTULSKI Piotr	136	KLUB BIEGACZY JYSK	M40-49	00:00:09	00:12:19	00:25:41	00:39:14
185	BĄCZYK Adam	6	MONIA TEAM	M40-49	00:00:22	00:12:37	00:25:47	00:39:14
186	SOBOLEWSKI Marcin	262		M30-39	00:00:14	00:11:54	00:25:05	00:39:19
187	PODAWCA Łukasz	218	JW 1223	M30-39	00:00:22	00:12:50	00:25:58	00:39:29
188	LASKOWSKI Grzegorz	158		M30-39	00:00:21	00:12:53	00:26:01	00:39:30
189	WOJTANOWSKI Michał	350		M30-39	00:00:18	00:14:34	00:26:49	00:39:33
190	KOWALCZYK Piotr	137		M30-39	00:00:15	00:12:20	00:25:35	00:39:35
191	MARKOWSKI Andrzej	172	TKKF KOSZALIN	M60-69	00:00:01	00:12:34	00:25:52	00:39:38
192	KACZMAREK Łukasz	109	WOJOWNICY WÓDY	M30-39	00:00:16	00:12:22	00:25:38	00:39:39
193	CZAPLICKI Paweł	41	TKKF KOSZALIN	M40-49	00:00:21	00:12:56	00:26:15	00:39:41
194	BERNACKI Adam	10	EB BERNACKI	M40-49	00:00:07	00:12:32	00:25:59	00:39:42
195	SPICA Łukasz	265		M18-29	00:00:25	00:13:04	00:26:05	00:39:44
196	OSTROWSKI Artur	204		M30-39	00:00:13	00:12:10	00:25:25	00:39:45
197	ORYSZCZYN Arkadiusz	200		M30-39	00:00:25	00:13:04	00:26:05	00:39:45
198	ŁUCZEJKO Sławomir	163	TEAM BIEGOWY SZCZECINEK	M50-59	00:00:26	00:12:57	00:26:15	00:39:45
199	ATALSKI Damian	1		M30-39	00:00:22	00:13:04	00:26:18	00:39:47
200	KRYGIER Ireneusz	148	W.P.K. SŁOŃ TEAM USTKA	M30-39	00:00:14	00:12:29	00:26:01	00:39:51
201	SEKUŁA Mariusz	252		M40-49	00:00:15	00:12:25	00:25:51	00:39:51
202	KARNICKI Zygmunt	116	TKKF KOSZALIN	M60-69	00:00:07	00:12:29	00:26:00	00:39:53
203	HRYCAJ Tomasz	86		M30-39	00:00:26	00:12:47	00:26:11	00:39:55
204	SZULTKA Mariusz	283		M30-39	00:00:18	00:12:54	00:26:20	00:39:56
205	DANOWSKI Maciej	45	FITNESS CLUB FORMA	M40-49	00:00:10	00:13:00	00:26:28	00:40:03
206	JURA Kazimierz	106	MTS HAMER	M60-69	00:00:20	00:12:57	00:26:35	00:40:13
207	BOROWIEC Mariusz	18		M40-49	00:00:26	00:13:26	00:26:57	00:40:14
208	ZIELIŃSKI Grzegorz	323	BRIDGESTONE	M40-49	00:00:15	00:13:14	00:26:49	00:40:16

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
209	SIKORA Tomasz	254		M50-59	00:00:08	00:13:05	00:26:33	00:40:33
210	SKIBA Artur	255		M40-49	00:00:08	00:13:06	00:26:33	00:40:33
211	ZIĘBA Paweł	325	TKKF KOSZALIN	M40-49	00:00:07	00:12:10	00:25:49	00:40:34
212	KOBUS Maciej	126		M30-39	00:00:09	00:12:13	00:25:51	00:40:37
213	KRASIŃSKI Witold	341		M40-49	00:00:09	00:12:14	00:25:51	00:40:38
214	CUDZICH Piotr	38		M30-39	00:00:28	00:13:06	00:26:49	00:40:49
215	TRZEŚNIEWSKI Zbigniew	292		M50-59	00:00:07	00:13:12	00:26:59	00:41:03
216	RUTKOWSKI Lucjan	248	ARCAN TEAM	M50-59	00:00:07	00:13:30	00:27:23	00:41:14
217	ŚLEDŹ Andrzej	288	WŁ SŁUPSK	M40-49	00:00:12	00:12:56	00:27:07	00:41:20
218	KOWALSKI Kamil	347		M30-39	00:00:23	00:13:06	00:26:53	00:41:51
219	JASIENIECKI Piotr	102		M40-49	00:00:16	00:12:55	00:26:52	00:41:59
220	SZAFIRSKI Marek	274	CAMINO SŁUPSK	M50-59	00:00:24	00:13:27	00:27:38	00:42:04
221	HNATOWSKI Artur	83	SZYBKIE STOPY	M40-49	00:00:19	00:12:54	00:26:54	00:42:08
222	KLUPŚ Janusz	123		M40-49	00:00:30	00:13:23	00:27:40	00:42:08
223	RADECKI Jacek	226	CSSP KOSZALIN	M40-49	00:00:13	00:13:12	00:27:29	00:42:16
224	GÓRNIAK Stanisław	71	WŁ SŁUPSK	M50-59	00:00:11	00:13:28	00:27:34	00:42:18
225	KARPIŃSKI Mateusz	117		M18-29	00:00:23	00:13:11	00:27:27	00:42:20
226	BASIAK Krystian	4	KOSZALIN	M30-39	00:00:25	00:12:58	00:27:13	00:42:26
227	REMLAKOWSKI Krzysztof	234	WE RUN	M40-49	00:00:19	00:13:44	00:27:59	00:42:37
228	SMARSZCZ Wiesław	260	TEAM RWT BYDGOSZCZ-WŁ LĘBORK	M50-59	00:00:04	00:13:04	00:27:28	00:42:39
229	KUPREWICZ Grzegorz	155	JW 1223	M30-39	00:00:13	00:13:35	00:28:34	00:42:44
230	HELLER Zdzisław	81	NIEZRZESZONY	M60-69	00:00:23	00:13:42	00:28:14	00:42:48
231	WOJTANOWSKI Tomasz	318	K.B. SPRINT ŚWIDWIN	M30-39	00:00:17	00:13:20	00:27:56	00:42:51
232	FRASZKIEWICZ Jarosław	62		M40-49	00:00:06	00:13:13	00:27:48	00:43:07
233	SZKATULSKI Tomasz	278	DARŁOWO	M18-29	00:00:18	00:12:53	00:27:37	00:43:13
234	ZAREMBA Tomasz	340		M30-39	00:00:22	00:13:00	00:28:21	00:43:22
235	KACZMAREK Zenon	110	MORSY KOŁOBRZEG	M60-69	00:00:02	00:14:01	00:28:43	00:43:27
236	WIERZBICKI Kacper	309		M18-29	00:00:04	00:13:24	00:27:42	00:43:30
237	KOMODA Mariusz	128		M40-49	00:00:17	00:13:51	00:28:36	00:43:45
238	BRESZKA Paweł	23	DARŁOWO	M40-49	00:00:17	00:13:58	00:29:16	00:44:40
239	BŁACH Piotr	14		M30-39	00:00:16	00:13:59	00:29:16	00:44:41
240	PAWLAK Marek	213		M30-39	00:00:24	00:13:40	00:28:48	00:44:48
241	JANKOWSKI Remigiusz	93		M30-39	00:00:21	00:14:23	00:29:39	00:45:30
242	ZIELIŃSKI Andrzej	349		M30-39	00:00:18	00:14:35	00:29:44	00:45:31
243	BINKIEWICZ Marcin	13		M30-39	00:00:27	00:13:50	00:29:11	00:45:33
244	SCHMIDT Dariusz	499		M50-59	00:00:22	00:14:35	00:29:58	00:46:04
245	FALGOWSKI Paweł	59		M30-39	00:00:13	00:12:49	00:29:07	00:46:05
246	FILIPCZYK Mieczysław	61	NIEZRZESZONY	M50-59	00:00:04	00:14:09	00:29:59	00:46:31
247	SOBOLEWSKI Marek	332	17 WOG	M40-49	00:00:04	00:14:26	00:30:24	00:46:54
248	SZYMAŃSKI Marcin	285	TEAM BIEGOWY SZCZECINEK	M30-39	00:00:27	00:14:40	00:30:28	00:47:29
249	ZIĘTARA Ryszard	326		M60-69	00:00:13	00:14:36	00:30:45	00:48:35
250	STACHOWSKI Michał	266		M30-39	00:00:19	00:15:01	00:31:44	00:50:02
251	PASEK Jan	210		M60-69	00:00:21	00:15:46	00:33:23	00:51:45
	KĘPKA Adrian	120		M18-29	DNF	00:09:10 DNF	00:18:52 DNF	DNF

