



**Organizator:** Fundacja Wolność i Demokracja, Koszalińskie  
Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2017-02-26  
**Miejsce:** Koszalin  
**Dystans:** 10 km

## BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT



Klasyfikacja: M30-39

Punkt pomiarowy: 4,9 km

| Msc | Zawodnik                      | Numer      | Klub                           | Kategoria | Czas startu | Start_All<br>2.45km | Start_All<br>4.9km |
|-----|-------------------------------|------------|--------------------------------|-----------|-------------|---------------------|--------------------|
| 1   | <b>BEDNARZ Paweł</b>          | <b>9</b>   | 13-TY FUN CLUB ASI CHMIEL :*   | M30-39    | 00:00:01    | 00:08:33            | 00:17:18           |
| 2   | <b>EMILIT Grzegorz</b>        | <b>56</b>  | DZIESIĄTKA BIAŁOGARD           | M30-39    | 00:00:03    | 00:09:20            | 00:18:33           |
| 3   | <b>RYBACZEK Sebastian</b>     | <b>249</b> | JW 1223/3DPLOT - FORMA ROSNOWO | M30-39    | 00:00:02    | 00:09:21            | 00:18:34           |
| 4   | <b>KACZMAREK Tomasz</b>       | <b>235</b> |                                | M30-39    | 00:00:03    | 00:09:21            | 00:18:34           |
| 5   | <b>WOJDASIEWICZ Tadeusz</b>   | <b>316</b> |                                | M30-39    | 00:00:02    | 00:09:14            | 00:18:51           |
| 6   | <b>GOLIŃSKI Łukasz</b>        | <b>66</b>  | K.B. SPRINT ŚWIDWIN            | M30-39    | 00:00:02    | 00:09:30            | 00:19:19           |
| 7   | <b>BUCZKO Krystian</b>        | <b>26</b>  |                                | M30-39    | 00:00:03    | 00:09:33            | 00:19:23           |
| 8   | <b>BIEDRZYCKI Adam</b>        | <b>11</b>  | CW FANZA KOŁOBRZEG             | M30-39    | 00:00:03    | 00:09:34            | 00:19:30           |
| 9   | <b>WILCZEWSKI Krzysztof</b>   | <b>405</b> | MKS ŚWIĘC                      | M30-39    | 00:00:03    | 00:09:46            | 00:19:38           |
| 10  | <b>WEGNER Przemysław</b>      | <b>304</b> |                                | M30-39    | 00:00:06    | 00:09:42            | 00:19:39           |
| 11  | <b>KRUKOWSKI Błażej</b>       | <b>147</b> |                                | M30-39    | 00:00:03    | 00:09:48            | 00:19:43           |
| 12  | <b>ROSZKOWSKI Damian</b>      | <b>240</b> | BAGNA IZBICKIE                 | M30-39    | 00:00:03    | 00:09:47            | 00:19:59           |
| 13  | <b>MŁYNARCZYK Zbigniew</b>    | <b>418</b> |                                | M30-39    | 00:00:03    | 00:09:47            | 00:19:59           |
| 14  | <b>PRZEWŁOCKI Michał</b>      | <b>220</b> | (L)                            | M30-39    | 00:00:03    | 00:09:45            | 00:20:33           |
| 15  | <b>BRESZKA Tomek</b>          | <b>22</b>  | CAPTAIN AMERICA VS THE FLASH   | M30-39    | 00:00:04    | 00:10:21            | 00:20:59           |
| 16  | <b>SMAGOWSKI Wojciech</b>     | <b>259</b> | K.B. SPRINT ŚWIDWIN            | M30-39    | 00:00:08    | 00:10:19            | 00:21:02           |
| 17  | <b>KALKOWSKI Paweł</b>        | <b>112</b> | JW 1223 KOSZALIN               | M30-39    | 00:00:21    | 00:10:36            | 00:21:17           |
| 18  | <b>KORZYSTKO Bartosz</b>      | <b>133</b> |                                | M30-39    | 00:00:04    | 00:10:27            | 00:21:20           |
| 19  | <b>CZAPLIŃSKI Jacek</b>       | <b>42</b>  |                                | M30-39    | 00:00:21    | 00:10:42            | 00:21:28           |
| 20  | <b>NOWAK Piotr</b>            | <b>194</b> | CZARNE BIEGA                   | M30-39    | 00:00:07    | 00:10:39            | 00:21:45           |
| 21  | <b>WILKOWSKI Krzysztof</b>    | <b>312</b> |                                | M30-39    | 00:00:05    | 00:10:33            | 00:21:47           |
| 22  | <b>WIERZBICKI Jakub</b>       | <b>310</b> | ŚWIDWIN                        | M30-39    | 00:00:04    | 00:10:38            | 00:21:48           |
| 23  | <b>NOWICKI Michał</b>         | <b>343</b> |                                | M30-39    | 00:00:08    | 00:10:29            | 00:21:48           |
| 24  | <b>FADDA Bruno-André</b>      | <b>57</b>  |                                | M30-39    | 00:00:11    | 00:10:35            | 00:21:51           |
| 25  | <b>ROMANOWSKI Piotr</b>       | <b>238</b> | BRAK                           | M30-39    | 00:00:09    | 00:10:52            | 00:21:54           |
| 26  | <b>KUKIEŁA Tomasz</b>         | <b>152</b> |                                | M30-39    | 00:00:06    | 00:11:03            | 00:21:57           |
| 27  | <b>KRACZKOWSKI Przemysław</b> | <b>141</b> |                                | M30-39    | 00:00:12    | 00:11:06            | 00:22:11           |
| 28  | <b>ŁOPIŃSKI Piotr</b>         | <b>162</b> |                                | M30-39    | 00:00:07    | 00:11:03            | 00:22:21           |

| Msc | Zawodnik                    | Numer      | Klub                      | Kategoria | Czas startu | Start_All<br>2.45km | Start_All<br>4.9km |
|-----|-----------------------------|------------|---------------------------|-----------|-------------|---------------------|--------------------|
| 29  | <b>RATAJEWSKI Arkadiusz</b> | <b>231</b> |                           | M30-39    | 00:00:08    | 00:10:52            | 00:22:26           |
| 30  | <b>GOŁDYN Marek</b>         | <b>67</b>  | TKKF KOSZALIN             | M30-39    | 00:00:20    | 00:11:24            | 00:22:49           |
| 31  | <b>ŁABEJSZA Łukasz</b>      | <b>160</b> | WOJOWNICY WÓDY            | M30-39    | 00:00:16    | 00:11:14            | 00:22:50           |
| 32  | <b>OTTO Michał</b>          | <b>206</b> |                           | M30-39    | 00:00:06    | 00:11:11            | 00:22:54           |
| 33  | <b>MUCHA Krzysztof</b>      | <b>189</b> | KOSZALIN                  | M30-39    | 00:00:06    | 00:11:11            | 00:22:54           |
| 34  | <b>MALINOWSKI Mariusz</b>   | <b>170</b> |                           | M30-39    | 00:00:17    | 00:11:17            | 00:22:59           |
| 35  | <b>JABŁOŃSKI Arkadiusz</b>  | <b>90</b>  | KOSZALIN                  | M30-39    | 00:00:26    | 00:11:29            | 00:23:08           |
| 36  | <b>OSTAFI Robert</b>        | <b>202</b> |                           | M30-39    | 00:00:02    | 00:11:14            | 00:23:20           |
| 37  | <b>SOROKA Piotr</b>         | <b>264</b> |                           | M30-39    | 00:00:08    | 00:11:21            | 00:23:22           |
| 38  | <b>NACHYŁA Paweł</b>        | <b>192</b> | DZIKI KOSZALIN            | M30-39    | 00:00:13    | 00:11:25            | 00:23:24           |
| 39  | <b>SIKORSKI Adam</b>        | <b>344</b> |                           | M30-39    | 00:00:10    | 00:11:11            | 00:23:27           |
| 40  | <b>CHOŁUJ Karol</b>         | <b>35</b>  | ZAWSZE DO PRZODU          | M30-39    | 00:00:08    | 00:11:17            | 00:23:29           |
| 41  | <b>METERA Piotr</b>         | <b>177</b> | RUNNERSWALDE              | M30-39    | 00:00:16    | 00:11:44            | 00:23:31           |
| 42  | <b>WICHER Krzysztof</b>     | <b>308</b> | ADWOKATURA                | M30-39    | 00:00:07    | 00:11:32            | 00:23:37           |
| 43  | <b>RÓG Michał</b>           | <b>241</b> | JW 1223                   | M30-39    | 00:00:09    | 00:11:31            | 00:23:37           |
| 44  | <b>GRZYSTEK Marcin</b>      | <b>76</b>  | PARKRUN SZCZECINEK        | M30-39    | 00:00:10    | 00:11:36            | 00:23:38           |
| 45  | <b>JANUSZEK Adam</b>        | <b>335</b> |                           | M30-39    | 00:00:23    | 00:11:31            | 00:23:39           |
| 46  | <b>RUSINEK Artur</b>        | <b>246</b> |                           | M30-39    | 00:00:07    | 00:11:31            | 00:23:47           |
| 47  | <b>SZAREK Paweł</b>         | <b>276</b> | 7 BRYGADA OBRONY WYBRZEŻA | M30-39    | 00:00:04    | 00:11:32            | 00:23:50           |
| 48  | <b>MIKIETYŃSKI Michał</b>   | <b>182</b> | OKONEK                    | M30-39    | 00:00:12    | 00:11:42            | 00:23:50           |
| 49  | <b>KRAWCZUK Szymon</b>      | <b>143</b> | GEPARD GLEŻNOWO           | M30-39    | 00:00:19    | 00:12:17            | 00:23:59           |
| 50  | <b>ZADROŻNY Szymon</b>      | <b>320</b> | RUNNER'S OF WAŁCZ         | M30-39    | 00:00:05    | 00:11:38            | 00:24:02           |
| 51  | <b>ZDROWIECKI Artur</b>     | <b>322</b> |                           | M30-39    | 00:00:05    | 00:11:31            | 00:24:03           |
| 52  | <b>ROGALSKI Roberto</b>     | <b>236</b> | TKKF KOSZALIN             | M30-39    | 00:00:16    | 00:11:43            | 00:24:17           |
| 53  | <b>KONKEL Łukasz</b>        | <b>131</b> |                           | M30-39    | 00:00:08    | 00:11:43            | 00:24:33           |
| 54  | <b>CZOS Łukasz</b>          | <b>336</b> |                           | M30-39    | 00:00:08    | 00:11:20            | 00:24:36           |
| 55  | <b>RUDNIK Tomasz</b>        | <b>243</b> | LUB WYBIERZ Z LISTY       | M30-39    | 00:00:22    | 00:12:18            | 00:24:37           |
| 56  | <b>ZIENCINA Marcin</b>      | <b>324</b> |                           | M30-39    | 00:00:18    | 00:11:53            | 00:24:44           |
| 57  | <b>KRZANOWSKI Marcin</b>    | <b>149</b> | MARCINBIEGA               | M30-39    | 00:00:11    | 00:11:46            | 00:24:46           |
| 58  | <b>HUDASZEK Grzegorz</b>    | <b>88</b>  |                           | M30-39    | 00:00:20    | 00:12:20            | 00:25:00           |
| 59  | <b>SOBOLEWSKI Marcin</b>    | <b>262</b> |                           | M30-39    | 00:00:14    | 00:11:54            | 00:25:05           |
| 60  | <b>MORDACZ Tomasz</b>       | <b>185</b> | PORZECZE BIEGA :)         | M30-39    | 00:00:13    | 00:12:24            | 00:25:07           |
| 61  | <b>ZWIRDOWSKI Andrzej</b>   | <b>328</b> |                           | M30-39    | 00:00:20    | 00:12:20            | 00:25:14           |
| 62  | <b>WOJTALIK Jacek</b>       | <b>317</b> |                           | M30-39    | 00:00:17    | 00:12:28            | 00:25:18           |
| 63  | <b>MODRZEJEWSKI Mateusz</b> | <b>339</b> | KOCHAM ASIE               | M30-39    | 00:00:16    | 00:12:29            | 00:25:19           |
| 64  | <b>LICA Krzysztof</b>       | <b>346</b> |                           | M30-39    | 00:00:16    | 00:12:29            | 00:25:19           |
| 65  | <b>WICENS Jacek</b>         | <b>95</b>  | JACEK - BIEGAM BO LUBIE   | M30-39    | 00:00:17    | 00:12:29            | 00:25:19           |
| 66  | <b>OSTROWSKI Artur</b>      | <b>204</b> |                           | M30-39    | 00:00:13    | 00:12:10            | 00:25:25           |
| 67  | <b>FELSKI Łukasz</b>        | <b>60</b>  |                           | M30-39    | 00:00:32    | 00:12:42            | 00:25:27           |
| 68  | <b>STOKROCKI Wojciech</b>   | <b>270</b> |                           | M30-39    | 00:00:29    | 00:12:47            | 00:25:28           |
| 69  | <b>BORYS Przemysław</b>     | <b>19</b>  | BIEGNIJMY.PL              | M30-39    | 00:00:28    | 00:12:49            | 00:25:34           |
| 70  | <b>KOWALCZYK Piotr</b>      | <b>137</b> |                           | M30-39    | 00:00:15    | 00:12:20            | 00:25:35           |
| 71  | <b>KACZMAREK Łukasz</b>     | <b>109</b> | WOJOWNICY WÓDY            | M30-39    | 00:00:16    | 00:12:22            | 00:25:38           |
| 72  | <b>HRYCIÓW Paweł</b>        | <b>87</b>  | BIAŁOGARD                 | M30-39    | 00:00:26    | 00:12:50            | 00:25:40           |
| 73  | <b>BRYGAŁA Tomasz</b>       | <b>25</b>  |                           | M30-39    | 00:00:19    | 00:12:50            | 00:25:49           |

| Msc | Zawodnik                   | Numer      | Klub                    | Kategoria | Czas startu | Start_All<br>2.45km | Start_All<br>4.9km |
|-----|----------------------------|------------|-------------------------|-----------|-------------|---------------------|--------------------|
| 74  | <b>KOBUS Maciej</b>        | <b>126</b> |                         | M30-39    | 00:00:09    | 00:12:13            | 00:25:51           |
| 75  | <b>PODAWCA Łukasz</b>      | <b>218</b> | JW 1223                 | M30-39    | 00:00:22    | 00:12:50            | 00:25:58           |
| 76  | <b>KRYGIER Ireneusz</b>    | <b>148</b> | W.P.K. SŁOŃ TEAM USTKA  | M30-39    | 00:00:14    | 00:12:29            | 00:26:01           |
| 77  | <b>LASKOWSKI Grzegorz</b>  | <b>158</b> |                         | M30-39    | 00:00:21    | 00:12:53            | 00:26:01           |
| 78  | <b>ORYSZCZYN Arkadiusz</b> | <b>200</b> |                         | M30-39    | 00:00:25    | 00:13:04            | 00:26:05           |
| 79  | <b>RYBARCZYK Ireneusz</b>  | <b>492</b> |                         | M30-39    | 00:00:20    | 00:13:15            | 00:26:10           |
| 80  | <b>HRYCAJ Tomasz</b>       | <b>86</b>  |                         | M30-39    | 00:00:26    | 00:12:47            | 00:26:11           |
| 81  | <b>ATALSKI Damian</b>      | <b>1</b>   |                         | M30-39    | 00:00:22    | 00:13:04            | 00:26:18           |
| 82  | <b>SZULTKA Mariusz</b>     | <b>283</b> |                         | M30-39    | 00:00:18    | 00:12:54            | 00:26:20           |
| 83  | <b>WOJTANOWSKI Michał</b>  | <b>350</b> |                         | M30-39    | 00:00:18    | 00:14:34            | 00:26:49           |
| 84  | <b>CUDZICH Piotr</b>       | <b>38</b>  |                         | M30-39    | 00:00:28    | 00:13:06            | 00:26:49           |
| 85  | <b>KOWALSKI Kamil</b>      | <b>347</b> |                         | M30-39    | 00:00:23    | 00:13:06            | 00:26:53           |
| 86  | <b>BASIAK Krystian</b>     | <b>4</b>   | KOSZALIN                | M30-39    | 00:00:25    | 00:12:58            | 00:27:13           |
| 87  | <b>WOJTANOWSKI Tomasz</b>  | <b>318</b> | K.B. SPRINT ŚWIDWIN     | M30-39    | 00:00:17    | 00:13:20            | 00:27:56           |
| 88  | <b>ZAREMBA Tomasz</b>      | <b>340</b> |                         | M30-39    | 00:00:22    | 00:13:00            | 00:28:21           |
| 89  | <b>KUPREWICZ Grzegorz</b>  | <b>155</b> | JW 1223                 | M30-39    | 00:00:13    | 00:13:35            | 00:28:34           |
| 90  | <b>PAWLAK Marek</b>        | <b>213</b> |                         | M30-39    | 00:00:24    | 00:13:40            | 00:28:48           |
| 91  | <b>FALGOWSKI Paweł</b>     | <b>59</b>  |                         | M30-39    | 00:00:13    | 00:12:49            | 00:29:07           |
| 92  | <b>BINKIEWICZ Marcin</b>   | <b>13</b>  |                         | M30-39    | 00:00:27    | 00:13:50            | 00:29:11           |
| 93  | <b>BŁACH Piotr</b>         | <b>14</b>  |                         | M30-39    | 00:00:16    | 00:13:59            | 00:29:16           |
| 94  | <b>JANKOWSKI Remigiusz</b> | <b>93</b>  |                         | M30-39    | 00:00:21    | 00:14:23            | 00:29:39           |
| 95  | <b>ZIELIŃSKI Andrzej</b>   | <b>349</b> |                         | M30-39    | 00:00:18    | 00:14:35            | 00:29:44           |
| 96  | <b>SZYMAŃSKI Marcin</b>    | <b>285</b> | TEAM BIEGOWY SZCZECINEK | M30-39    | 00:00:27    | 00:14:40            | 00:30:28           |
| 97  | <b>STACHOWSKI Michał</b>   | <b>266</b> |                         | M30-39    | 00:00:19    | 00:15:01            | 00:31:44           |

Znaleziono 97 wynik(ów)