



Organizator: Fundacja Wolność i Demokracja, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-02-26
Miejsce: Koszalin
Dystans: 1.963 km

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 1963M

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
1	JAŻWIŃSKI Dawid	384	TKKF KOSZALIN	Ch14-17	1	00:00:01	00:06:54.20	00:06:55.80		3:31	17 (100%)
2	ZBOIŃSKI Wojciech	465		M40+	1	00:00:02	00:07:07.70	00:07:10.30	+00:00:13 (3.2%)	3:38	16.5 (97.1%)
3	CHUDY Henryk	359	K S OLSZEWSKI I SYNOWIE	M40+	2	00:00:03	00:07:34.25	00:07:37.45	+00:00:40 (8.8%)	3:51	15.5 (91.2%)
4	WRÓBLEWSKI Jacek	461		Ch14-17	2	00:00:01	00:08:01.00	00:08:02.95	+00:01:06 (13.9%)	4:05	14.7 (86.5%)
5	FRONTCZAK Izabela	487	TKKF KOSZALIN	K18-39	1	00:00:02	00:08:02.85	00:08:05.70	+00:01:08 (14.2%)	4:06	14.6 (85.9%)
6	SZUBERT Julia	453		Dz14-17	1	00:00:02	00:08:08.35	00:08:11.30	+00:01:14 (15.2%)	4:09	14.4 (84.7%)
7	PATAN Kacper	491		Ch14-17	3	00:00:08	00:08:11.10	00:08:19.25	+00:01:16 (15.7%)	4:10	14.4 (84.7%)
8	SKOWYRSKI Janusz	470	TKKF KOSZALIN	M40+	3	00:00:04	00:08:13.20	00:08:17.25	+00:01:19 (16.0%)	4:11	14.3 (84.1%)
9	BESZTERDA Jakub	352		Ch14-17	4	00:00:06	00:08:17.55	00:08:23.90	+00:01:23 (16.8%)	4:13	14.2 (83.5%)
10	JANUS Grzegorz	472	RAMS TRAINING HOUSE/ RONIN GOLD TEAM	M18-39	1	00:00:02	00:08:23.30	00:08:26.00	+00:01:29 (17.7%)	4:17	14 (82.4%)
11	STACHOWIAK Gracjan	446		Ch1-13	1	00:00:01	00:08:25.90	00:08:27.25	+00:01:31 (18.1%)	4:18	13.9 (81.8%)
12	SIWEK Krzysztof	443	NIECH ŻYJE POLSKA!	M18-39	2	00:00:11	00:08:30.35	00:08:41.55	+00:01:36 (18.8%)	4:20	13.8 (81.2%)
13	KRÓL Jan	406		Ch1-13	2	00:00:01	00:08:30.80	00:08:32.10	+00:01:36 (18.9%)	4:20	13.8 (81.2%)
14	MAŁKOWSKI Marcin	479		M18-39	3	00:00:10	00:08:31.80	00:08:42.35	+00:01:37 (19.1%)	4:21	13.8 (81.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
15	JAROSZ Konrad	381	GIMNAZJUM NR 9 KOSZALIN	Ch14-17	5	00:00:04	00:08:32.30	00:08:36.40	+00:01:38 (19.1%)	4:21	13.8 (81.2%)
16	KRZEMIŃSKI Michał	409	'BÓG DAŁ NAM CIAŁO A MY MUSIMY ZROBIĆ Z NIEGO ORĘŻ'	M18-39	4	00:00:07	00:08:45.25	00:08:52.95	+00:01:51 (21.1%)	4:27	13.4 (78.8%)
17	WASZKOWIAK Jakub	482	SP1	Ch1-13	3	00:00:02	00:08:45.30	00:08:47.40	+00:01:51 (21.1%)	4:27	13.4 (78.8%)
18	JAŻWIŃSKI Dominik	385		Ch14-17	6	00:00:02	00:08:47.35	00:08:49.95	+00:01:53 (21.5%)	4:28	13.4 (78.8%)
19	KORPALSKI Maksymilian	399		Ch1-13	4	00:00:04	00:09:00.60	00:09:04.85	+00:02:06 (23.4%)	4:35	13.1 (77.1%)
20	DYMECKA Joanna	484	PARKRUN SZCZECINEK	K18-39	2	00:00:03	00:09:01.35	00:09:05.10	+00:02:07 (23.5%)	4:36	13 (76.5%)
21	KAJKOWSKI Rafał	389	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M40+	4	00:00:05	00:09:05.00	00:09:10.90	+00:02:10 (24.0%)	4:38	12.9 (75.9%)
22	STĘPNIEWSKI Karol	449		Ch1-13	5	00:00:02	00:09:05.05	00:09:07.45	+00:02:10 (24.0%)	4:38	12.9 (75.9%)
23	SZUBERT Alicja	454		Dz1-13	1	00:00:01	00:09:07.30	00:09:09.20	+00:02:13 (24.3%)	4:39	12.9 (75.9%)
24	WRÓBLEWSKI Krzysztof	462	PIS	M18-39	5	00:00:04	00:09:09.20	00:09:13.35	+00:02:15 (24.6%)	4:40	12.9 (75.9%)
25	KOSECKI Tomasz	401		M18-39	6	00:00:08	00:09:10.25	00:09:18.65	+00:02:16 (24.7%)	4:40	12.8 (75.3%)
26	ZATORSKI Aleksander	463	KOŁOBRZEG BIEGA	Ch1-13	6	00:00:03	00:09:12.30	00:09:15.80	+00:02:18 (25.0%)	4:41	12.8 (75.3%)
27	BRĘK Anna	488	OGIEŃ W SZOPIE	K18-39	3	00:00:05	00:09:12.45	00:09:17.70	+00:02:18 (25.0%)	4:41	12.8 (75.3%)
28	WORONOWICZ Grzegorz	460		M18-39	7	00:00:10	00:09:17.75	00:09:28.35	+00:02:23 (25.7%)	4:44	12.6 (74.1%)
29	GRZYSTEK Michał	374		Ch1-13	7	00:00:01	00:09:19.45	00:09:21.05	+00:02:25 (26.0%)	4:45	12.6 (74.1%)
30	KLUPŚ Agata	395		Dz14-17	2	00:00:03	00:09:24.40	00:09:27.70	+00:02:30 (26.6%)	4:47	12.5 (73.5%)
31	KLUPŚ Marta	394		Dz1-13	2	00:00:03	00:09:29.80	00:09:33.55	+00:02:35 (27.3%)	4:50	12.4 (72.9%)
32	KURZYŃSKA Natalia	468	17 WOG	K18-39	4	00:00:05	00:09:35.30	00:09:40.75	+00:02:41 (28.0%)	4:53	12.3 (72.4%)
33	KLENIEWSKI Piotr	393	ZACHODNIOPOMORSKIE	M40+	5	00:00:06	00:09:37.15	00:09:43.95	+00:02:42 (28.2%)	4:54	12.2 (71.8%)
34	JUNAK Jakub	386	STOPA SŁUPSK	Ch14-17	7	00:00:03	00:09:37.70	00:09:41.65	+00:02:43 (28.3%)	4:54	12.2 (71.8%)
35	KAMECKI Marcel	391		Ch1-13	8	00:00:02	00:09:39.20	00:09:42.10	+00:02:45 (28.5%)	4:55	12.2 (71.8%)
36	GŁOWACKI Włodzimierz	486		M40+	6	00:00:06	00:09:39.55	00:09:45.75	+00:02:45 (28.5%)	4:55	12.2 (71.8%)
37	RYBACZEK Tymoteusz	436	FORMA ROSNOWO	Ch1-13	9	00:00:05	00:09:42.90	00:09:48.35	+00:02:48 (28.9%)	4:57	12.1 (71.2%)

Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
								netto 1.963km	brutto 1.963km			
38	JANCZEWSKI Miłosz	378	PIS		M18-39	8	00:00:05	00:09:46.90	00:09:52.05	+00:02:52 (29.4%)	4:59	12 (70.6%)
39	FRANKOWSKI Karol	364			M18-39	9	00:00:10	00:09:48.00	00:09:58.45	+00:02:53 (29.6%)	5:00	12 (70.6%)
40	GRZYSTEK Sławomir	372			M40+	7	00:00:08	00:09:48.80	00:09:57.20	+00:02:54 (29.7%)	5:00	12 (70.6%)
41	OSTROWSKI Jacek	428	STARY KOSZALIN		M18-39	10	00:00:12	00:09:49.05	00:10:01.05	+00:02:54 (29.7%)	5:00	12 (70.6%)
42	ZŁOTOWICZ Izabela	467	PREPS		Dz1-13	3	00:00:12	00:09:51.00	00:10:03.20	+00:02:56 (29.9%)	5:01	11.9 (70.0%)
43	SAGAN Karolina	442			Dz1-13	4	00:00:02	00:09:51.45	00:09:54.30	+00:02:57 (30.0%)	5:02	11.9 (70.0%)
44	ZŁOTOWICZ Tomasz	466	PREPS		M18-39	11	00:00:11	00:09:51.80	00:10:03.40	+00:02:57 (30.0%)	5:02	11.9 (70.0%)
45	WANIUGA Sylwia	456	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE		Dz14-17	3	00:00:03	00:09:58.90	00:10:02.30	+00:03:04 (30.8%)	5:05	11.8 (69.4%)
46	SAGAN Edyta	477			Dz14-17	4	00:00:06	00:10:07.45	00:10:13.65	+00:03:13 (31.8%)	5:09	11.6 (68.2%)
47	SAGAN Jadwiga	478			K40+	1	00:00:06	00:10:12.15	00:10:18.85	+00:03:17 (32.3%)	5:12	11.5 (67.6%)
48	STACHOWIAK Pamela	447			Dz1-13	5	00:00:02	00:10:15.35	00:10:17.55	+00:03:21 (32.7%)	5:13	11.5 (67.6%)
49	WIŚNIEWSKI Artur	458	PIS		M40+	8	00:00:03	00:10:15.50	00:10:19.45	+00:03:21 (32.7%)	5:14	11.5 (67.6%)
50	KOWALSKA Natalia	474	GIMNAZJUM NR 11 KOSZALIN		Dz14-17	5	00:00:06	00:10:15.85	00:10:22.25	+00:03:21 (32.7%)	5:14	11.5 (67.6%)
51	JARZYNA Jacek	382	ORIENTEERINGTEAM ASZWOJ		M40+	9	00:00:11	00:10:22.00	00:10:33.75	+00:03:27 (33.4%)	5:17	11.3 (66.5%)
52	BOROWSKA Karolina	481	ONR		K18-39	5	00:00:08	00:10:23.90	00:10:32.85	+00:03:29 (33.6%)	5:18	11.3 (66.5%)
53	KAMECKA Kornelia	390			Dz1-13	6	00:00:02	00:10:24.45	00:10:27.05	+00:03:30 (33.7%)	5:18	11.3 (66.5%)
54	MICHALAK Daria	417	ZSP1 SŁUPSK		K18-39	6	00:00:02	00:10:24.95	00:10:27.15	+00:03:30 (33.7%)	5:18	11.3 (66.5%)
55	ZAWADA Andrzej	464	ZSP1 SŁUPSK		M40+	10	00:00:03	00:10:26.05	00:10:29.20	+00:03:31 (33.8%)	5:19	11.3 (66.5%)
56	ORŁOWSKI Mateusz	427			Dz14-17	6	00:00:07	00:10:27.80	00:10:35.30	+00:03:33 (34.0%)	5:20	11.2 (65.9%)
57	KOWALSKI Sławomir	475	CSSP KOSZALIN		M40+	11	00:00:06	00:10:30.45	00:10:37.15	+00:03:36 (34.3%)	5:21	11.2 (65.9%)
57	KRYGIER Małgorzata	407	WPK SŁOŃ TEAM USTKA		Dz14-17	7	00:00:07	00:10:30.45	00:10:37.75	+00:03:36 (34.3%)	5:21	11.2 (65.9%)
59	GRZYSTEK Katarzyna	373	PARKRUN SZCZECINEK		K40+	2	00:00:08	00:10:31.05	00:10:39.40	+00:03:36 (34.4%)	5:21	11.2 (65.9%)
60	MYSZYŃSKA Natalka	420			Dz1-13	7	00:00:02	00:10:33.80	00:10:36.60	+00:03:39 (34.6%)	5:23	11.1 (65.3%)

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								1.963km	1.963km			
61	WASZKOWIAK Damian	483	SP1		Ch1-13	10	00:00:01	00:10:36.05	00:10:37.55	+00:03:41 (34.9%)	5:24	11.1 (65.3%)
62	GĘBICKI Kuba	365	KONTRA DARŁOWO		Ch1-13	11	00:00:07	00:10:38.20	00:10:46.05	+00:03:44 (35.1%)	5:26	11 (64.7%)
63	WIELGUS Paulina	457	KONTRA DARŁOWO		K18-39	7	00:00:07	00:10:38.50	00:10:46.30	+00:03:44 (35.1%)	5:26	11 (64.7%)
64	KRAJCZYŃSKI Mariusz	404	LEPSZY KOSZALIN		M40+	12	00:00:02	00:10:42.20	00:10:45.05	+00:03:48 (35.5%)	5:28	11 (64.7%)
65	IMIOŁEK Marcel	376			Ch1-13	12	00:00:08	00:10:42.25	00:10:50.25	+00:03:48 (35.5%)	5:27	11 (64.7%)
66	WALCZAK Agnieszka	455	TKKF KOSZALIN		K40+	3	00:00:08	00:10:42.85	00:10:50.90	+00:03:48 (35.6%)	5:27	11 (64.7%)
67	KOWALCZYK Maciej	402			M18-39	12	00:00:06	00:10:46.80	00:10:53.50	+00:03:52 (36.0%)	5:30	10.9 (64.1%)
68	BORYS Justyna	355			K18-39	8	00:00:04	00:10:48.15	00:10:52.70	+00:03:53 (36.1%)	5:30	10.9 (64.1%)
69	RYBACZEK Łucja	435	FORMA ROSNOWO		Dz1-13	8	00:00:05	00:10:48.90	00:10:53.95	+00:03:54 (36.2%)	5:30	10.9 (64.1%)
70	NACHYŁA Hania	422			Dz14-17	8	00:00:03	00:10:49.25	00:10:52.80	+00:03:55 (36.2%)	5:31	10.9 (64.1%)
71	JUNAK Ola	387	STOPA SŁUPSK		Dz1-13	9	00:00:03	00:10:50.20	00:10:53.95	+00:03:56 (36.3%)	5:31	10.9 (64.1%)
72	KĘPKA Wioletta	392			K40+	4	00:00:04	00:10:59.35	00:11:03.90	+00:04:05 (37.2%)	5:36	10.7 (62.9%)
73	GOLIŃSKI Jacek	368			M18-39	13	00:00:05	00:10:59.60	00:11:04.65	+00:04:05 (37.2%)	5:36	10.7 (62.9%)
74	NOWAK Dominik	426	CZARNE BIEGA		Ch1-13	13	00:00:06	00:11:00.25	00:11:06.45	+00:04:06 (37.3%)	5:36	10.7 (62.9%)
75	ANDRUSZKIEWICZ Barbara	485	PARKRUN SZCZECINEK		Dz14-17	9	00:00:08	00:11:04.20	00:11:13.05	+00:04:10 (37.6%)	5:39	10.6 (62.4%)
76	KOROL Elżbieta	398	BABECZKI KOSZALIN		K40+	5	00:00:05	00:11:05.55	00:11:11.25	+00:04:11 (37.8%)	5:39	10.6 (62.4%)
77	BUCHHOLZ Weronika	480	ONR		Dz14-17	10	00:00:09	00:11:06.05	00:11:15.35	+00:04:11 (37.8%)	5:39	10.6 (62.4%)
78	SKRZYPEK Marcin	445			M18-39	14	00:00:07	00:11:11.15	00:11:18.70	+00:04:16 (38.3%)	5:42	10.5 (61.8%)
79	KONSEK Ola	396			Dz1-13	10	00:00:01	00:11:20.85	00:11:22.65	+00:04:26 (39.2%)	5:47	10.4 (61.2%)
80	BOGUSŁAWSKI Filip	354			Ch1-13	14	00:00:01	00:11:24.45	00:11:26.35	+00:04:30 (39.5%)	5:49	10.3 (60.6%)
81	FRANCZAK Maciej	496			M40+	13	00:00:09	00:11:29.75	00:11:39.05	+00:04:35 (39.9%)	5:52	10.2 (60.0%)
82	DOMITRZ Mariusz	361			M40+	14	00:00:04	00:11:30.40	00:11:34.90	+00:04:36 (40.0%)	5:52	10.2 (60.0%)
83	DOMITRZ Agata	360			Dz14-17	11	00:00:04	00:11:30.55	00:11:34.60	+00:04:36 (40.0%)	5:52	10.2 (60.0%)

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84	PAULIŃSKI Jan	489		M40+	15	00:00:04	00:11:33.60	00:11:38.15	+00:04:39 (40.3%)	5:54	10.2 (60.0%)
84	KACZMAREK Miłosz	388		Ch1-13	15	00:00:04	00:11:33.60	00:11:38.05	+00:04:39 (40.3%)	5:54	10.2 (60.0%)
86	CZAJA Amelia	430	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	Dz1-13	11	00:00:03	00:11:37.90	00:11:40.90	+00:04:43 (40.7%)	5:55	10.1 (59.4%)
87	GODLEWSKI Mateusz	367		Ch1-13	16	00:00:01	00:11:39.85	00:11:41.45	+00:04:45 (40.8%)	5:57	10.1 (59.4%)
88	FOSTACZ Agata	363	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	Dz1-13	12	00:00:02	00:11:41.40	00:11:43.90	+00:04:47 (40.9%)	5:57	10.1 (59.4%)
89	KONSEK Jakub	397		Ch1-13	17	00:00:02	00:11:45.25	00:11:47.80	+00:04:51 (41.3%)	5:59	10 (58.8%)
90	ŁĄTKA Aneta	412		K18-39	9	00:00:02	00:11:45.55	00:11:48.35	+00:04:51 (41.3%)	6:00	10 (58.8%)
91	JAKUBOWSKA Anna	377		K18-39	10	00:00:08	00:11:54.55	00:12:03.50	+00:05:00 (42.0%)	6:04	9.9 (58.2%)
92	POLAN Jarosław	431		M40+	16	00:00:10	00:11:54.85	00:12:04.85	+00:05:00 (42.1%)	6:04	9.9 (58.2%)
93	SKÓRKA Oliwia	444	PIS	K18-39	11	00:00:04	00:11:59.25	00:12:03.75	+00:05:05 (42.4%)	6:06	9.8 (57.6%)
93	PEŁKA Iwona	429		K40+	6	00:00:06	00:11:59.25	00:12:05.45	+00:05:05 (42.4%)	6:06	9.8 (57.6%)
95	JANUSZEWSKI Jakub	379	I LO KOSZALIN	M18-39	15	00:00:09	00:11:59.70	00:12:08.95	+00:05:05 (42.4%)	6:06	9.8 (57.6%)
96	SZEWCZUK Julka	450	PRZEDSZKOLE ROSNOWO TYGRYSKI	Dz1-13	13	00:00:07	00:12:02.15	00:12:09.15	+00:05:07 (42.6%)	6:08	9.8 (57.6%)
97	JANUSZEWSKI Rafał	380	WOLNY PTAK	M18-39	16	00:00:09	00:12:02.95	00:12:11.95	+00:05:08 (42.7%)	6:08	9.8 (57.6%)
98	SZEWCZUK Paweł	451	:-)	M18-39	17	00:00:06	00:12:03.25	00:12:10.05	+00:05:09 (42.7%)	6:09	9.7 (57.1%)
99	ROG Weronika	434	KSKK	Dz1-13	14	00:00:07	00:12:05.45	00:12:12.85	+00:05:11 (42.9%)	6:09	9.7 (57.1%)
100	RYBARCZYK Joanna	440		K18-39	12	00:00:09	00:12:06.35	00:12:16.00	+00:05:12 (43.0%)	6:10	9.7 (57.1%)
101	RYBARCZYK Robert	441		M40+	17	00:00:09	00:12:06.40	00:12:16.15	+00:05:12 (43.0%)	6:10	9.7 (57.1%)
101	RYBARCZYK Miłosz	439		Ch1-13	18	00:00:09	00:12:06.40	00:12:16.05	+00:05:12 (43.0%)	6:10	9.7 (57.1%)
103	GRZYSTEK Madzia	370	PARKRUN SZCZECINEK	K18-39	13	00:00:12	00:12:07.40	00:12:19.60	+00:05:13 (43.1%)	6:10	9.7 (57.1%)
104	MAŚLANY Sławomir	415		M40+	18	00:00:10	00:12:10.45	00:12:21.05	+00:05:16 (43.3%)	6:12	9.7 (57.1%)
105	GRUHN Peter	495		M40+	19	00:00:10	00:12:11.10	00:12:21.65	+00:05:16 (43.3%)	6:12	9.7 (57.1%)
106	LEWICKA Paulina	411		K18-39	14	00:00:09	00:12:14.20	00:12:23.50	+00:05:20 (43.6%)	6:14	9.6 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.963km	brutto 1.963km			
107	MRUGALSKA Magdalena	471	JW 1223	K18-39	15	00:00:09	00:12:14.70	00:12:23.70	+00:05:20 (43.6%)	6:14	9.6 (56.5%)
108	KORZENIOWSKA Aleksandra	400		Dz1-13	15	00:00:01	00:12:17.35	00:12:19.30	+00:05:23 (43.8%)	6:16	9.6 (56.5%)
109	DUŚKO Katarzyna	362		K18-39	16	00:00:06	00:12:19.65	00:12:26.05	+00:05:25 (44.0%)	6:17	9.5 (55.9%)
110	BALMAS Zofia	351		K40+	7	00:00:06	00:12:19.70	00:12:25.95	+00:05:25 (44.0%)	6:17	9.5 (55.9%)
111	NEUBAUER Mikołaj	424		Ch1-13	19	00:00:01	00:12:25.65	00:12:27.55	+00:05:31 (44.5%)	6:20	9.5 (55.9%)
112	KRACZKOWSKI Marcel	403		Ch1-13	20	00:00:05	00:12:27.50	00:12:33.15	+00:05:33 (44.6%)	6:21	9.4 (55.3%)
113	MYSZYŃSKA Emilka	421		Dz1-13	16	00:00:02	00:12:38.10	00:12:40.20	+00:05:43 (45.4%)	6:26	9.3 (54.7%)
114	MAZUREK Hanna	416	BABECZKI KOSZALIN	Dz1-13	17	00:00:05	00:12:49.40	00:12:54.40	+00:05:55 (46.2%)	6:32	9.2 (54.1%)
115	JENSEN Morten	494		M18-39	18	00:00:11	00:13:04.60	00:13:16.00	+00:06:10 (47.2%)	6:40	9 (52.9%)
116	MARCINKIEWICZ Michał	413		M18-39	19	00:00:09	00:13:09.10	00:13:18.95	+00:06:14 (47.5%)	6:42	8.9 (52.4%)
117	JASTRZĘBSKA-MARCINKIEWICZ Magdalena	383		K18-39	17	00:00:09	00:13:09.30	00:13:19.15	+00:06:15 (47.5%)	6:43	8.9 (52.4%)
118	CHORUŻY Julia	357		Dz1-13	18	00:00:11	00:13:11.10	00:13:22.35	+00:06:16 (47.6%)	6:43	8.9 (52.4%)
119	CHORUŻY Zdzisław	358		M40+	20	00:00:11	00:13:11.20	00:13:22.35	+00:06:17 (47.6%)	6:43	8.9 (52.4%)
120	CHORUŻY Karolina	356		K18-39	18	00:00:11	00:13:12.30	00:13:23.50	+00:06:18 (47.7%)	6:44	8.9 (52.4%)
121	POLASIK Jakub	476	SZKOŁA NR 5 KOŁOBRZEG	Ch1-13	21	00:00:02	00:13:19.40	00:13:22.20	+00:06:25 (48.2%)	6:48	8.8 (51.8%)
122	RYBACZEK Franciszek	437	FORMA ROSNOWO	Ch1-13	22	00:00:07	00:13:35.95	00:13:43.35	+00:06:41 (49.2%)	6:56	8.6 (50.6%)
123	RYBACZEK Małgorzata	438	PRZEDSZKOLE ROSNOWO	K18-39	19	00:00:07	00:13:36.45	00:13:43.60	+00:06:42 (49.3%)	6:56	8.6 (50.6%)
124	PRZYMORSKA Alicja	432	W.P.K. SŁOŃ TEAM USTKA	Dz14-17	12	00:00:04	00:13:42.00	00:13:46.00	+00:06:47 (49.6%)	6:59	8.6 (50.6%)
125	NEUBAUER Łukasz	423		M40+	21	00:00:05	00:13:47.65	00:13:53.05	+00:06:53 (50.0%)	7:02	8.5 (50.0%)
126	NEUBAUER Miłosz	425		Ch1-13	23	00:00:02	00:13:50.85	00:13:52.95	+00:06:56 (50.1%)	7:03	8.5 (50.0%)
127	LESISZ Aleksandra	410		Dz1-13	19	00:00:04	00:14:04.05	00:14:08.80	+00:07:09 (50.9%)	7:10	8.4 (49.4%)
128	BARTNIK Marian	469	TKKF KOSZALIN	M40+	22	00:00:03	00:15:38.90	00:15:41.90	+00:08:44 (55.9%)	7:58	7.5 (44.1%)
129	STASZEK Mariola	448	NIEZRZESZONA	K40+	8	00:00:05	00:16:50.75	00:16:56.00	+00:09:56 (59.0%)	8:35	7 (41.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
130	PAGA Stanisław	490		M40+	23	00:00:12	00:17:28.40	00:17:41.00	+00:10:34 (60.5%)	8:55	6.7 (39.4%)
131	SZYMCZAK Magdalena	473		K18-39	20	00:00:08	00:17:37.30	00:17:45.70	+00:10:43 (60.8%)	8:59	6.7 (39.4%)

Znaleziono 131 wynik(ów)