



BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 1963M

B4SPORT

Organizator: Fundacja Wolność i Demokracja, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-02-26
Miejsce: Koszalin
Dystans: 1.963 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
1	FRONTCZAK Izabela	487	TKKF KOSZALIN	K18-39	1	00:00:02	00:08:02.85	00:08:05.70		4:06	14.6 (100%)
2	SZUBERT Julia	453		Dz14-17	1	00:00:02	00:08:08.35	00:08:11.30	+00:00:05 (1.1%)	4:09	14.4 (98.6%)
3	DYMECKA Joanna	484	PARKRUN SZCZECINEK	K18-39	2	00:00:03	00:09:01.35	00:09:05.10	+00:00:58 (10.8%)	4:36	13 (89.0%)
4	SZUBERT Alicja	454		Dz1-13	1	00:00:01	00:09:07.30	00:09:09.20	+00:01:04 (11.8%)	4:39	12.9 (88.4%)
5	BRĘK Anna	488	OGIEŃ W SZOPIE	K18-39	3	00:00:05	00:09:12.45	00:09:17.70	+00:01:09 (12.6%)	4:41	12.8 (87.7%)
6	KLUPŚ Agata	395		Dz14-17	2	00:00:03	00:09:24.40	00:09:27.70	+00:01:21 (14.4%)	4:47	12.5 (85.6%)
7	KLUPŚ Marta	394		Dz1-13	2	00:00:03	00:09:29.80	00:09:33.55	+00:01:26 (15.3%)	4:50	12.4 (84.9%)
8	KURZYŃSKA Natalia	468	17 WOG	K18-39	4	00:00:05	00:09:35.30	00:09:40.75	+00:01:32 (16.1%)	4:53	12.3 (84.2%)
9	ZŁOTOWICZ Izabela	467	PREPS	Dz1-13	3	00:00:12	00:09:51.00	00:10:03.20	+00:01:48 (18.3%)	5:01	11.9 (81.5%)
10	SAGAN Karolina	442		Dz1-13	4	00:00:02	00:09:51.45	00:09:54.30	+00:01:48 (18.4%)	5:02	11.9 (81.5%)
11	WANIUGA Sylwia	456	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	Dz14-17	3	00:00:03	00:09:58.90	00:10:02.30	+00:01:56 (19.4%)	5:05	11.8 (80.8%)
12	SAGAN Edyta	477		Dz14-17	4	00:00:06	00:10:07.45	00:10:13.65	+00:02:04 (20.5%)	5:09	11.6 (79.5%)
13	SAGAN Jadwiga	478		K40+	1	00:00:06	00:10:12.15	00:10:18.85	+00:02:09 (21.1%)	5:12	11.5 (78.8%)
14	STACHOWIAK Pamela	447		Dz1-13	5	00:00:02	00:10:15.35	00:10:17.55	+00:02:12 (21.5%)	5:13	11.5 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.963km	brutto 1.963km			
15	KOWALSKA Natalia	474	GIMNAZJUM NR 11 KOSZALIN	Dz14-17	5	00:00:06	00:10:15.85	00:10:22.25	+00:02:13 (21.6%)	5:14	11.5 (78.8%)
16	BOROWSKA Karolina	481	ONR	K18-39	5	00:00:08	00:10:23.90	00:10:32.85	+00:02:21 (22.6%)	5:18	11.3 (77.4%)
17	KAMECKA Kornelia	390		Dz1-13	6	00:00:02	00:10:24.45	00:10:27.05	+00:02:21 (22.7%)	5:18	11.3 (77.4%)
18	MICHALAK Daria	417	ZSP1 SŁUPSK	K18-39	6	00:00:02	00:10:24.95	00:10:27.15	+00:02:22 (22.7%)	5:18	11.3 (77.4%)
19	ORŁOWSKI Mateusz	427		Dz14-17	6	00:00:07	00:10:27.80	00:10:35.30	+00:02:24 (23.1%)	5:20	11.2 (76.7%)
20	KRYGIER Małgorzata	407	WPK SŁOŃ TEAM USTKA	Dz14-17	7	00:00:07	00:10:30.45	00:10:37.75	+00:02:27 (23.4%)	5:21	11.2 (76.7%)
21	GRZYSTEK Katarzyna	373	PARKRUN SZCZECINEK	K40+	2	00:00:08	00:10:31.05	00:10:39.40	+00:02:28 (23.5%)	5:21	11.2 (76.7%)
22	MYSZYŃSKA Natalka	420		Dz1-13	7	00:00:02	00:10:33.80	00:10:36.60	+00:02:30 (23.8%)	5:23	11.1 (76.0%)
23	WIELGUS Paulina	457	KONTRA DARŁOWO	K18-39	7	00:00:07	00:10:38.50	00:10:46.30	+00:02:35 (24.4%)	5:26	11 (75.3%)
24	WALCZAK Agnieszka	455	TKKF KOSZALIN	K40+	3	00:00:08	00:10:42.85	00:10:50.90	+00:02:40 (24.9%)	5:27	11 (75.3%)
25	BORYS Justyna	355		K18-39	8	00:00:04	00:10:48.15	00:10:52.70	+00:02:45 (25.5%)	5:30	10.9 (74.7%)
26	RYBACZEK Łucja	435	FORMA ROSNOWO	Dz1-13	8	00:00:05	00:10:48.90	00:10:53.95	+00:02:46 (25.6%)	5:30	10.9 (74.7%)
27	NACHYŁA Hania	422		Dz14-17	8	00:00:03	00:10:49.25	00:10:52.80	+00:02:46 (25.6%)	5:31	10.9 (74.7%)
28	JUNAK Ola	387	STOPA SŁUPSK	Dz1-13	9	00:00:03	00:10:50.20	00:10:53.95	+00:02:47 (25.7%)	5:31	10.9 (74.7%)
29	KĘPKA Wioletta	392		K40+	4	00:00:04	00:10:59.35	00:11:03.90	+00:02:56 (26.8%)	5:36	10.7 (73.3%)
30	ANDRUSZKIEWICZ Barbara	485	PARKRUN SZCZECINEK	Dz14-17	9	00:00:08	00:11:04.20	00:11:13.05	+00:03:01 (27.3%)	5:39	10.6 (72.6%)
31	KOROL Elżbieta	398	BABECZKI KOSZALIN	K40+	5	00:00:05	00:11:05.55	00:11:11.25	+00:03:02 (27.5%)	5:39	10.6 (72.6%)
32	BUCHHOLZ Weronika	480	ONR	Dz14-17	10	00:00:09	00:11:06.05	00:11:15.35	+00:03:03 (27.5%)	5:39	10.6 (72.6%)
33	KONSEK Ola	396		Dz1-13	10	00:00:01	00:11:20.85	00:11:22.65	+00:03:18 (29.1%)	5:47	10.4 (71.2%)
34	DOMITRZ Agata	360		Dz14-17	11	00:00:04	00:11:30.55	00:11:34.60	+00:03:27 (30.1%)	5:52	10.2 (69.9%)
35	CZAJA Amelia	430	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	Dz1-13	11	00:00:03	00:11:37.90	00:11:40.90	+00:03:35 (30.8%)	5:55	10.1 (69.2%)
36	FOSTACZ Agata	363	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	Dz1-13	12	00:00:02	00:11:41.40	00:11:43.90	+00:03:38 (31.2%)	5:57	10.1 (69.2%)
37	ŁĄTKA Aneta	412		K18-39	9	00:00:02	00:11:45.55	00:11:48.35	+00:03:42 (31.6%)	6:00	10 (68.5%)

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38	JAKUBOWSKA Anna	377		K18-39	10	00:00:08	00:11:54.55	00:12:03.50	+00:03:51 (32.4%)	6:04	9.9 (67.8%)
39	SKÓRKA Oliwia	444	PIS	K18-39	11	00:00:04	00:11:59.25	00:12:03.75	+00:03:56 (32.9%)	6:06	9.8 (67.1%)
39	PEŁKA Iwona	429		K40+	6	00:00:06	00:11:59.25	00:12:05.45	+00:03:56 (32.9%)	6:06	9.8 (67.1%)
41	SZEWCZUK Julka	450	PRZEDSZKOLE ROSNOWO TYGRYSKI	Dz1-13	13	00:00:07	00:12:02.15	00:12:09.15	+00:03:59 (33.1%)	6:08	9.8 (67.1%)
42	ROG Weronika	434	KSKK	Dz1-13	14	00:00:07	00:12:05.45	00:12:12.85	+00:04:02 (33.4%)	6:09	9.7 (66.4%)
43	RYBARCZYK Joanna	440		K18-39	12	00:00:09	00:12:06.35	00:12:16.00	+00:04:03 (33.5%)	6:10	9.7 (66.4%)
44	GRZYSTEK Madzia	370	PARKRUN SZCZECINEK	K18-39	13	00:00:12	00:12:07.40	00:12:19.60	+00:04:04 (33.6%)	6:10	9.7 (66.4%)
45	LEWICKA Paulina	411		K18-39	14	00:00:09	00:12:14.20	00:12:23.50	+00:04:11 (34.2%)	6:14	9.6 (65.8%)
46	MRUGALSKA Magdalena	471	JW 1223	K18-39	15	00:00:09	00:12:14.70	00:12:23.70	+00:04:11 (34.3%)	6:14	9.6 (65.8%)
47	KORZENIOWSKA Aleksandra	400		Dz1-13	15	00:00:01	00:12:17.35	00:12:19.30	+00:04:14 (34.5%)	6:16	9.6 (65.8%)
48	DUŚKO Katarzyna	362		K18-39	16	00:00:06	00:12:19.65	00:12:26.05	+00:04:16 (34.7%)	6:17	9.5 (65.1%)
49	BALMAS Zofia	351		K40+	7	00:00:06	00:12:19.70	00:12:25.95	+00:04:16 (34.7%)	6:17	9.5 (65.1%)
50	MYSZYŃSKA Emilka	421		Dz1-13	16	00:00:02	00:12:38.10	00:12:40.20	+00:04:35 (36.3%)	6:26	9.3 (63.7%)
51	MAZUREK Hanna	416	BABECZKI KOSZALIN	Dz1-13	17	00:00:05	00:12:49.40	00:12:54.40	+00:04:46 (37.2%)	6:32	9.2 (63.0%)
52	JASTRZĘBSKA-MARCINKIEWICZ Magdalena	383		K18-39	17	00:00:09	00:13:09.30	00:13:19.15	+00:05:06 (38.8%)	6:43	8.9 (61.0%)
53	CHORUŻY Julia	357		Dz1-13	18	00:00:11	00:13:11.10	00:13:22.35	+00:05:08 (39.0%)	6:43	8.9 (61.0%)
54	CHORUŻY Karolina	356		K18-39	18	00:00:11	00:13:12.30	00:13:23.50	+00:05:09 (39.1%)	6:44	8.9 (61.0%)
55	RYBACZEK Małgorzata	438	PRZEDSZKOLE ROSNOWO	K18-39	19	00:00:07	00:13:36.45	00:13:43.60	+00:05:33 (40.9%)	6:56	8.6 (58.9%)
56	PRZYMORSKA Alicja	432	W.P.K. SŁOŃ TEAM USTKA	Dz14-17	12	00:00:04	00:13:42.00	00:13:46.00	+00:05:39 (41.3%)	6:59	8.6 (58.9%)
57	LESISZ Aleksandra	410		Dz1-13	19	00:00:04	00:14:04.05	00:14:08.80	+00:06:01 (42.8%)	7:10	8.4 (57.5%)
58	STASZEK Mariola	448	NIEZRZESZONA	K40+	8	00:00:05	00:16:50.75	00:16:56.00	+00:08:47 (52.2%)	8:35	7 (47.9%)
59	SZYMCZAK Magdalena	473		K18-39	20	00:00:08	00:17:37.30	00:17:45.70	+00:09:34 (54.3%)	8:59	6.7 (45.9%)