



BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - STARGARD - 5KM

B4SPORT

Wydarzenie: Bieg Pamięci Żołnierzy Wyklętych
Organizator: Ośrodek Sportu i Rekreacji OSiR Stargard Sp. z o.o.
Data: 2022-03-06
Miejsce: Stargard
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	1km	2km	3km	4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PRZEKUPOWICZ Bartosz	182	WOJSKO POLSKIE		00:03:17	00:06:46	00:10:25	00:14:03	00:17:42.90	00:17:45.55		3:32	16.9 (100%)
2	PANASIUK Krzysztof	117			00:03:54	00:07:51	00:11:50	00:15:56	00:20:00.45	00:20:03.40	+00:02:17 (11.5%)	4:00	15 (88.8%)
3	TARNAWSKI Marcin	153	MUSTANGI KOBYLANKA		00:04:01	00:08:27	00:12:47	00:17:10	00:21:19.35	00:21:22.85	+00:03:37 (16.9%)	4:15	14.1 (83.4%)
4	PUCHAŁA Michał	125			00:04:12	00:08:38	00:13:00	00:17:20	00:21:22.70	00:21:26.50	+00:03:40 (17.2%)	4:16	14 (82.8%)
5	SIATKOWSKI Karol	133			00:04:09	00:08:31	00:12:53	00:17:19	00:21:40.30	00:21:44.85	+00:03:59 (18.3%)	4:20	13.8 (81.7%)
6	HOFFA Krzysztof	32			00:04:12	00:08:33	00:12:58	00:17:25	00:21:47.75	00:21:52.20	+00:04:06 (18.8%)	4:21	13.8 (81.7%)
7	KOCZKODAJ Kamil	56	ŻANDARMERIA WOJSKOWA		00:04:16	00:08:45	00:13:11	00:17:41	00:22:05.20	00:22:10.25	+00:04:24 (19.9%)	4:25	13.6 (80.5%)
8	LUBASIŃSKI Tomasz	83			00:04:16	00:08:46	00:13:31	00:18:22	00:23:04.50	00:23:08.20	+00:05:22 (23.2%)	4:36	13 (76.9%)
9	WIŚNIEWSKI Paweł	168			00:04:34	00:09:26	00:14:06	00:18:53	00:23:12.85	00:23:21.00	+00:05:35 (23.9%)	4:38	12.9 (76.3%)
10	ŁENTEK Wiesław	86			00:04:26	00:09:09	00:13:53	00:18:43	00:23:18.20	00:23:22.35	+00:05:36 (24.0%)	4:39	12.9 (76.3%)
11	PODOLAK Borys	188			00:04:59	00:09:16	00:14:12	00:18:50	00:23:56.55	00:23:59.05	+00:06:13 (26.0%)	4:47	12.5 (74.0%)
12	STRZYGA Mariusz	144			00:04:42	00:09:31	00:14:25	00:19:15	00:23:53.45	00:24:00.25	+00:06:14 (26.0%)	4:46	12.6 (74.6%)
13	JANCZARA Sebastian	33	STARGARD.JA SIĘ NA NIE ŚCIGAM		00:04:25	00:09:14	00:14:13	00:19:08	00:23:52.80	00:24:04.25	+00:06:18 (26.2%)	4:46	12.6 (74.6%)
14	DYWELSKI Marcin	23			00:04:39	00:09:40	00:14:37	00:19:37	00:24:32.60	00:24:37.85	+00:06:52 (27.9%)	4:54	12.2 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	1km	2km	3km	4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	RĘBISZ Grzegorz	130			00:04:50	00:09:43	00:14:44	00:19:49	00:24:40.70	00:24:45.70	+00:07:00 (28.3%)	4:56	12.2 (72.2%)
16	TAŻBIERSKI Paweł	154			00:04:50	00:09:44	00:14:44	00:19:49	00:24:41.35	00:24:46.90	+00:07:01 (28.3%)	4:56	12.2 (72.2%)
17	RĘBISZ Jan	129			00:04:51	00:09:50	00:14:49	00:19:55	00:24:46.15	00:24:50.70	+00:07:05 (28.5%)	4:57	12.1 (71.6%)
18	LITWIN Grzegorz	82			00:04:50	00:09:48	00:14:49	00:19:58	00:24:45.35	00:24:51.60	+00:07:06 (28.6%)	4:57	12.1 (71.6%)
19	RYBICKI Marcin	186			00:04:29	00:09:30	00:14:46	00:20:00	00:24:54.95	00:24:57.80	+00:07:12 (28.9%)	4:58	12 (71.0%)
20	TROJANOWSKA-BARAN Aleksandra	156			00:04:37	00:09:42	00:14:46	00:19:58	00:24:54.40	00:24:59.65	+00:07:14 (28.9%)	4:58	12 (71.0%)
21	CZAPSKI Łukasz	16			00:05:00	00:10:01	00:15:02	00:19:56	00:24:58.10	00:25:05.65	+00:07:20 (29.2%)	4:59	12 (71.0%)
22	GURAK Wojciech	30			00:04:55	00:09:56	00:15:00	00:20:05	00:25:01.30	00:25:07.80	+00:07:22 (29.3%)	5:00	12 (71.0%)
22	SPŁAWSKI Piotr	137	OJ SPŁAWSCY		00:04:28	00:09:24	00:14:33	00:19:57	00:25:01.00	00:25:07.80	+00:07:22 (29.3%)	5:00	12 (71.0%)
24	BODER Malwina	7			00:04:41	00:09:46	00:14:57	00:20:06	00:25:08.80	00:25:11.30	+00:07:25 (29.5%)	5:01	11.9 (70.4%)
25	WARTKE Eryk	162	MOS STARGARD		00:04:50	00:09:58	00:15:02	00:20:18	00:25:38.40	00:25:41.40	+00:07:55 (30.9%)	5:07	11.7 (69.2%)
26	MUSZALIK Szymon	103	MOS STARGARD		00:04:10	00:09:10	00:15:03	00:21:10	00:26:24.60	00:26:26.95	+00:08:41 (32.9%)	5:16	11.4 (67.5%)
27	RAMOTOWSKI Daniel	128			00:04:34	00:09:26	00:15:47	00:21:28	00:26:20.05	00:26:28.05	+00:08:42 (32.9%)	5:16	11.4 (67.5%)
28	URBAŃSKA-IZYDORCZYK Kinga	161	STARGARD JA SIĘ NIE ŚCIGAM		00:05:22	00:10:56	00:16:34	00:22:16	00:27:47.25	00:27:52.90	+00:10:07 (36.3%)	5:33	10.8 (63.9%)
29	NADOBNA Kamila	104	STARGARD JA SIĘ NIE SCIGAM		00:05:21	00:10:55	00:16:34	00:22:16	00:27:46.95	00:27:52.95	+00:10:07 (36.3%)	5:33	10.8 (63.9%)
30	KACZYŃSKA Patrycja	46			00:05:11	00:10:46	00:16:30	00:22:13	00:27:53.75	00:27:57.00	+00:10:11 (36.5%)	5:34	10.8 (63.9%)
31	OSTROWSKI Sylwester	114			00:04:48	00:09:42	00:14:33	00:19:10	00:23:26.60	00:28:16.00	+00:10:30 (37.2%)	4:41	12.8 (75.7%)
32	KRÓL Janusz	61	WT STARGARD		00:05:20	00:10:57	00:16:48	00:22:41	00:28:13.65	00:28:18.50	+00:10:32 (37.3%)	5:38	10.6 (62.7%)
33	OLEJNIK Klaudia	110			00:05:53	00:11:48	00:17:35	00:23:16	00:28:29.00	00:28:37.80	+00:10:52 (38.0%)	5:41	10.5 (62.1%)
34	GURAK Tomadz	29	STARGARD		00:05:16	00:10:47	00:16:30	00:22:32	00:28:35.05	00:28:41.85	+00:10:56 (38.1%)	5:43	10.5 (62.1%)
35	CHMARA Magdalena	14			00:05:53	00:11:45	00:17:28	00:23:09	00:28:38.35	00:28:44.20	+00:10:58 (38.2%)	5:43	10.5 (62.1%)
36	SZCZYGIEŁ Paweł	148			00:05:53	00:11:46	00:17:28	00:23:09	00:28:38.90	00:28:44.55	+00:10:59 (38.2%)	5:43	10.5 (62.1%)
37	OCHNIO Marta	109			00:05:30	00:11:17	00:17:03	00:22:57	00:28:41.75	00:28:46.40	+00:11:00 (38.3%)	5:44	10.5 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	1km	2km	3km	4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
38	SPŁAWSKI Szymon	138	OJSPŁAWSCY			00:05:26	00:11:01	00:16:48	00:22:51	00:28:40.60	00:28:48.05	+00:11:02 (38.3%)	5:44	10.5 (62.1%)
39	BRUDŁO Artur	10	MORS			00:04:51	00:10:25	00:16:35	00:22:47	00:28:50.30	00:28:53.85	+00:11:08 (38.5%)	5:46	10.4 (61.5%)
40	STELMACH Konrad	142				00:05:22	00:11:13	00:17:08	00:23:05	00:28:55.00	00:29:01.95	+00:11:16 (38.8%)	5:47	10.4 (61.5%)
41	GUTOWSKI Paweł	31	EMKA			00:05:22	00:11:14	00:17:08	00:23:06	00:28:56.45	00:29:03.25	+00:11:17 (38.9%)	5:47	10.4 (61.5%)
42	GRZESZCZYK Andrzej	28				00:05:32	00:11:14	00:17:09	00:23:09	00:29:04.50	00:29:13.15	+00:11:27 (39.2%)	5:48	10.3 (60.9%)
43	MEDYŃSKI Maciej	94				00:05:48	00:11:16	00:17:08	00:23:11	00:29:30.60	00:29:42.10	+00:11:56 (40.2%)	5:54	10.2 (60.4%)
44	PUCHAŁA Katarzyna	126				00:05:43	00:11:59	00:18:20	00:24:40	00:30:42.70	00:30:47.05	+00:13:01 (42.3%)	6:08	9.8 (58.0%)
45	ZJADEWICZ Joanna	177				00:05:55	00:12:07	00:18:36	00:25:10	00:31:30.75	00:31:36.75	+00:13:51 (43.8%)	6:18	9.5 (56.2%)
46	SZOT-SOSNOWSKA Marta	150				00:06:00	00:12:37	00:19:31	00:28:08	00:34:42.30	00:34:52.55	+00:17:07 (49.1%)	6:56	8.6 (50.9%)

Znaleziono 46 wynik(ów)