



# BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Bieg Pamięci Żołnierzy Wyklętych Tropem Wilczym w Kutnie  
**Organizator:** OFICJALNY FAN CLUB WIDZEWA ŁÓDŹ OFC KUTNO  
**Data:** 2022-03-06  
**Miejsce:** Kutno  
**Dystans:** 8 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	TRZCINKA Michał	89	KS ULTRA TEAM ŁÓDŹ	M1 do 49 lat	1	00:33:31.00	00:33:31.00		4:11	14.3 (100%)
2	SZEWCZYK Jarosław	84		M1 do 49 lat	2	00:33:44.00	00:33:44.00	+00:00:13 (0.6%)	4:13	14.2 (99.3%)
3	WŁODARCZYK Dawid	94	KUTNO BIEGA	M1 do 49 lat	3	00:34:07.00	00:34:07.00	+00:00:36 (1.8%)	4:15	14.1 (98.6%)
4	PRZYBYLSKI Rafał	77	PRZYBYL-KUTNO	M1 do 49 lat	4	00:34:38.00	00:34:38.00	+00:01:07 (3.2%)	4:19	13.9 (97.2%)
5	BEDNAREK Tomasz	25		M1 do 49 lat	5	00:34:47.00	00:34:47.00	+00:01:16 (3.6%)	4:20	13.8 (96.5%)
6	FRYDRYSIAK Igor	42	KUTNO BIEGA	M1 do 49 lat	6	00:35:45.00	00:35:45.00	+00:02:14 (6.2%)	4:28	13.4 (93.7%)
7	DYSZKIEWICZ Tomasz	36	ULTRA KUTNO	M1 do 49 lat	7	00:37:18.00	00:37:18.00	+00:03:47 (10.1%)	4:39	12.9 (90.2%)
8	GUNTHER Dawid	50	RAZEM TRENUJEMY SPORT	M1 do 49 lat	8	00:39:00.00	00:39:00.00	+00:05:29 (14.1%)	4:52	12.3 (86.0%)
9	BŁASZCZYK Czesław	27	EXPOM KROŚNIEWICE	M2 50 lat +	1	00:39:09.00	00:39:09.00	+00:05:38 (14.4%)	4:53	12.3 (86.0%)
10	FIRADZA Michał	39		M1 do 49 lat	9	00:39:15.00	00:39:15.00	+00:05:44 (14.6%)	4:54	12.2 (85.3%)
11	BŁASZKOWSKI Andrzej	28		M1 do 49 lat	10	00:39:17.00	00:39:17.00	+00:05:46 (14.7%)	4:54	12.2 (85.3%)
12	RYKOWSKI Arkadiusz	78	KUTNO BIEGA	M1 do 49 lat	11	00:39:24.00	00:39:24.00	+00:05:53 (14.9%)	4:55	12.2 (85.3%)
13	MATUSIAK Artur	61		M1 do 49 lat	12	00:39:35.00	00:39:35.00	+00:06:04 (15.3%)	4:56	12.1 (84.6%)
14	WILKOŃSKI Adam	93		M1 do 49 lat	13	00:39:36.00	00:39:36.00	+00:06:05 (15.4%)	4:57	12.1 (84.6%)
15	STRZECHOWSKI Dariusz	81	RAJSPOK ACTIVE	M1 do 49 lat	14	00:39:41.00	00:39:41.00	+00:06:10 (15.5%)	4:57	12.1 (84.6%)
16	TRACZYKOWSKI Marcin	88		M1 do 49 lat	15	00:39:46.00	00:39:46.00	+00:06:15 (15.7%)	4:58	12.1 (84.6%)
17	GÓRALSKI Jarek	44	KUTNO BIEGA	M2 50 lat +	2	00:40:54.00	00:40:54.00	+00:07:23 (18.1%)	5:06	11.7 (81.8%)
18	DYSZKIEWICZ Grzegorz	37		M1 do 49 lat	16	00:41:11.00	00:41:11.00	+00:07:40 (18.6%)	5:08	11.7 (81.8%)
19	BRYL Krzysztof	30	RAZEM TRENUJEMY SPORT/KUTNO BIEGA	M1 do 49 lat	17	00:41:18.00	00:41:18.00	+00:07:47 (18.8%)	5:09	11.6 (81.1%)
20	FLISZEWSKI Kacper	40		M1 do 49 lat	18	00:41:27.00	00:41:27.00	+00:07:56 (19.1%)	5:10	11.6 (81.1%)
21	ZIELIŃSKI Sebastian	99		M1 do 49 lat	19	00:41:40.00	00:41:40.00	+00:08:09 (19.6%)	5:12	11.5 (80.4%)
22	KUSIAK Wojtek	57		M1 do 49 lat	20	00:43:18.00	00:43:18.00	+00:09:47 (22.6%)	5:24	11.1 (77.6%)
23	CZYŻ Oliwier	33		M1 do 49 lat	21	00:43:41.00	00:43:41.00	+00:10:10 (23.3%)	5:27	11 (76.9%)
24	KRÓLIKOWSKI Roman	56	KUTNO BIEGA	M2 50 lat +	3	00:43:46.00	00:43:46.00	+00:10:15 (23.4%)	5:28	11 (76.9%)
25	GRODOMIŃSKI Hubert	45	TRI FOR ME	M1 do 49 lat	22	00:44:39.00	00:44:39.00	+00:11:08 (24.9%)	5:34	10.8 (75.5%)
26	BORAWSKA Anna	29		K1 do 49 lat	1	00:44:40.00	00:44:40.00	+00:11:09 (25.0%)	5:35	10.7 (74.8%)
27	GUNTHER Marta	49	RAZEM TRENUJEMY SPORT	K1 do 49 lat	2	00:45:18.00	00:45:18.00	+00:11:47 (26.0%)	5:39	10.6 (74.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
28	<b>NIKODEMIAK Paulina</b>	<b>69</b>	KUTNO BIEGA	K1 do 49 lat	3	<b>00:45:22.00</b>	<b>00:45:22.00</b>	+00:11:51 (26.1%)	5:40	10.6 (74.1%)
29	<b>STOLIŃSKI Paweł</b>	<b>80</b>		M1 do 49 lat	23	<b>00:46:12.00</b>	<b>00:46:12.00</b>	+00:12:41 (27.5%)	5:46	10.4 (72.7%)
30	<b>DOMŻAŁ Michał</b>	<b>35</b>		M1 do 49 lat	24	<b>00:46:23.00</b>	<b>00:46:23.00</b>	+00:12:52 (27.7%)	5:47	10.3 (72.0%)
31	<b>MAMCZAREK Krzysztof</b>	<b>60</b>		M1 do 49 lat	25	<b>00:46:24.00</b>	<b>00:46:24.00</b>	+00:12:53 (27.8%)	5:48	10.3 (72.0%)
32	<b>CIECHOMSKI Kazimierz</b>	<b>31</b>	KUTNO BIEGA	M2 50 lat +	4	<b>00:46:34.00</b>	<b>00:46:34.00</b>	+00:13:03 (28.0%)	5:49	10.3 (72.0%)
33	<b>OLCZAK Mariusz</b>	<b>70</b>	RAZEM TRENUJEMY SPORT	M1 do 49 lat	26	<b>00:46:50.00</b>	<b>00:46:50.00</b>	+00:13:19 (28.4%)	5:51	10.2 (71.3%)
33	<b>ZDZIARSKI Marcin</b>	<b>98</b>	KUTNO TYLKO WIDZEW	M1 do 49 lat	26	<b>00:46:50.00</b>	<b>00:46:50.00</b>	+00:13:19 (28.4%)	5:51	10.2 (71.3%)
35	<b>SZCZEPAŃSKA Anna</b>	<b>82</b>	KP PSP KUTNO	K1 do 49 lat	4	<b>00:46:52.00</b>	<b>00:46:52.00</b>	+00:13:21 (28.5%)	5:51	10.2 (71.3%)
36	<b>SZCZEPAŃSKI Jacek</b>	<b>83</b>	KUTNO BIEGA	M1 do 49 lat	28	<b>00:46:56.00</b>	<b>00:46:56.00</b>	+00:13:25 (28.6%)	5:52	10.2 (71.3%)
37	<b>MIKSA Damian</b>	<b>66</b>		M1 do 49 lat	29	<b>00:46:58.00</b>	<b>00:46:58.00</b>	+00:13:27 (28.6%)	5:52	10.2 (71.3%)
38	<b>WOJTCZAK-SZCZĘSNA Ewa</b>	<b>95</b>	PRZEDSZKOLE MIŚ	K1 do 49 lat	5	<b>00:47:17.00</b>	<b>00:47:17.00</b>	+00:13:46 (29.1%)	5:54	10.2 (71.3%)
39	<b>WÓJKOWSKA Magdalena</b>	<b>97</b>		K1 do 49 lat	6	<b>00:47:50.00</b>	<b>00:47:50.00</b>	+00:14:19 (29.9%)	5:58	10 (69.9%)
40	<b>MATUSIAK Kacper</b>	<b>62</b>		M1 do 49 lat	30	<b>00:48:14.00</b>	<b>00:48:14.00</b>	+00:14:43 (30.5%)	6:01	10 (69.9%)
41	<b>BEDNAREK Ilona</b>	<b>24</b>		K1 do 49 lat	7	<b>00:48:38.00</b>	<b>00:48:38.00</b>	+00:15:07 (31.1%)	6:04	9.9 (69.2%)
42	<b>LEWICKI Tomasz</b>	<b>58</b>	KUTNO BIEGA	M1 do 49 lat	31	<b>00:48:55.00</b>	<b>00:48:55.00</b>	+00:15:24 (31.5%)	6:06	9.8 (68.5%)
43	<b>KAZIMIERSKI Maciej</b>	<b>55</b>	KUTNO BIEGA	M1 do 49 lat	32	<b>00:48:56.00</b>	<b>00:48:56.00</b>	+00:15:25 (31.5%)	6:07	9.8 (68.5%)
44	<b>PASIKOWSKI Łukasz</b>	<b>73</b>		M1 do 49 lat	33	<b>00:49:10.00</b>	<b>00:49:10.00</b>	+00:15:39 (31.8%)	6:08	9.8 (68.5%)
45	<b>GUNTHER Krzysztof</b>	<b>51</b>	RAZEM TRENUJEMY SPORT	M1 do 49 lat	34	<b>00:49:33.00</b>	<b>00:49:33.00</b>	+00:16:02 (32.4%)	6:11	9.7 (67.8%)
46	<b>GRZESZKOWIA Bogumiła</b>	<b>47</b>		K2 50 lat +	1	<b>00:50:23.00</b>	<b>00:50:23.00</b>	+00:16:52 (33.5%)	6:17	9.5 (66.4%)
47	<b>MILCZAREK Aneta</b>	<b>67</b>	KUTNO BIEGA	K1 do 49 lat	8	<b>00:50:24.00</b>	<b>00:50:24.00</b>	+00:16:53 (33.5%)	6:18	9.5 (66.4%)
48	<b>WIECZORKOWSKI Tomasz</b>	<b>91</b>		M1 do 49 lat	35	<b>00:50:35.00</b>	<b>00:50:35.00</b>	+00:17:04 (33.7%)	6:19	9.5 (66.4%)
49	<b>MICHALAK Bartłomiej</b>	<b>65</b>		M1 do 49 lat	36	<b>00:51:03.00</b>	<b>00:51:03.00</b>	+00:17:32 (34.3%)	6:22	9.4 (65.7%)
50	<b>TOPULNIAK Natalia</b>	<b>59</b>	AQUAPARK	K1 do 49 lat	9	<b>00:51:14.00</b>	<b>00:51:14.00</b>	+00:17:43 (34.6%)	6:24	9.4 (65.7%)
51	<b>TALAGA Paweł</b>	<b>87</b>	KUTNO BIEGA	M1 do 49 lat	37	<b>00:51:47.00</b>	<b>00:51:47.00</b>	+00:18:16 (35.3%)	6:28	9.3 (65.0%)
52	<b>WIKIŃSKI Daniel</b>	<b>92</b>		M1 do 49 lat	38	<b>00:52:49.00</b>	<b>00:52:49.00</b>	+00:19:18 (36.5%)	6:36	9.1 (63.6%)
53	<b>GAWRYSIAK Marcin</b>	<b>43</b>	ZS CKR MIECZYŚLAWÓW	M1 do 49 lat	39	<b>00:53:19.00</b>	<b>00:53:19.00</b>	+00:19:48 (37.1%)	6:39	9 (62.9%)
54	<b>MATUSIAK Iwona</b>	<b>63</b>		K2 50 lat +	2	<b>00:53:56.00</b>	<b>00:53:56.00</b>	+00:20:25 (37.9%)	6:44	8.9 (62.2%)
55	<b>WOJTOWSKI Damian</b>	<b>96</b>		M1 do 49 lat	40	<b>00:54:20.00</b>	<b>00:54:20.00</b>	+00:20:49 (38.3%)	6:47	8.8 (61.5%)
56	<b>PIASECKI Dominik</b>	<b>74</b>	KUTNO	M1 do 49 lat	41	<b>00:54:44.00</b>	<b>00:54:44.00</b>	+00:21:13 (38.8%)	6:50	8.8 (61.5%)
57	<b>PIASECKI Wojciech</b>	<b>75</b>	KUTNO	M1 do 49 lat	42	<b>00:54:47.00</b>	<b>00:54:47.00</b>	+00:21:16 (38.8%)	6:50	8.8 (61.5%)
58	<b>BANACH Jarosław</b>	<b>23</b>	RAZEM TRENUJEMY SPORT	M1 do 49 lat	43	<b>00:54:49.00</b>	<b>00:54:49.00</b>	+00:21:18 (38.9%)	6:51	8.8 (61.5%)
59	<b>PODLASIN Agnieszka</b>	<b>76</b>	KUTNO BIEGA	K1 do 49 lat	10	<b>00:54:51.00</b>	<b>00:54:51.00</b>	+00:21:20 (38.9%)	6:51	8.8 (61.5%)
60	<b>TRZCINKA Piotr</b>	<b>90</b>		M2 50 lat +	5	<b>00:57:35.00</b>	<b>00:57:35.00</b>	+00:24:04 (41.8%)	7:11	8.3 (58.0%)
61	<b>CZEKAŁSKA Krystiana</b>	<b>32</b>	KUTNO BIEGA	K1 do 49 lat	11	<b>00:59:37.00</b>	<b>00:59:37.00</b>	+00:26:06 (43.8%)	7:27	8.1 (56.6%)
62	<b>PANECKI Filip</b>	<b>72</b>		M1 do 49 lat	44	<b>00:59:42.00</b>	<b>00:59:42.00</b>	+00:26:11 (43.9%)	7:27	8 (55.9%)
63	<b>IWAŃSKI Maciej</b>	<b>52</b>	KUTN BIEGA	M2 50 lat +	6	<b>00:59:45.00</b>	<b>00:59:45.00</b>	+00:26:14 (43.9%)	7:28	8 (55.9%)
64	<b>FIJAŁKOWSKI Tomasz</b>	<b>38</b>		M1 do 49 lat	45	<b>01:00:25.00</b>	<b>01:00:25.00</b>	+00:26:54 (44.5%)	7:33	7.9 (55.2%)
65	<b>JANKOWSKI Łukasz</b>	<b>100</b>	KUTNO BIEGA	M1 do 49 lat	46	<b>01:00:27.00</b>	<b>01:00:27.00</b>	+00:26:56 (44.6%)	7:33	7.9 (55.2%)
66	<b>KALIŃSKI Antoni</b>	<b>54</b>	KUTNO BIEGA	M2 50 lat +	7	<b>01:00:47.00</b>	<b>01:00:47.00</b>	+00:27:16 (44.9%)	7:35	7.9 (55.2%)
67	<b>PAKUŁA Justyna</b>	<b>71</b>	KUTNO BIEGA	K1 do 49 lat	12	<b>01:01:48.00</b>	<b>01:01:48.00</b>	+00:28:17 (45.8%)	7:43	7.8 (54.5%)
68	<b>ADAMCZYK Piotr</b>	<b>21</b>	KUTNO BIEGA	M1 do 49 lat	47	<b>01:01:49.00</b>	<b>01:01:49.00</b>	+00:28:18 (45.8%)	7:43	7.8 (54.5%)
69	<b>BRYL Magdalena</b>	<b>85</b>	92 BLP	K1 do 49 lat	13	<b>01:04:01.00</b>	<b>01:04:01.00</b>	+00:30:30 (47.6%)	8:00	7.5 (52.4%)
70	<b>MILCZAREK Anna</b>	<b>68</b>		K1 do 49 lat	14	<b>01:08:00.00</b>	<b>01:08:00.00</b>	+00:34:29 (50.7%)	8:30	7.1 (49.7%)
71	<b>DOMŻAŁ Bartłomiej</b>	<b>34</b>		M1 do 49 lat	48	<b>01:08:20.00</b>	<b>01:08:20.00</b>	+00:34:49 (51.0%)	8:32	7 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
72	<b>ADAMOWICZ Zygmunt</b>	<b>22</b>	KUTNO BIEGA	M2 50 lat +	8	<b>01:13:09.00</b>	<b>01:13:09.00</b>	+00:39:38 (54.2%)	9:08	6.6 (46.2%)
73	<b>MICHALAK Patryk</b>	<b>64</b>	ZS CKR MIECZYŚLAWÓW	M1 do 49 lat	49	<b>01:13:17.00</b>	<b>01:13:17.00</b>	+00:39:46 (54.3%)	9:09	6.5 (45.5%)
74	<b>BIŃCZAK Kamil</b>	<b>26</b>		M1 do 49 lat	50	<b>01:20:40.00</b>	<b>01:20:40.00</b>	+00:47:09 (58.5%)	10:05	6 (42.0%)

Znaleziono 74 wynik(ów)