

BIEG PO KOZAKA - 9 KM

B4SPORT

Wydarzenie: BIEG PO KOZAKA
Organizator: MGOSiR Kępice, Fundacja Valetudinaria,
 Nadleśnictwo Warcino, Fundacja Herkules All
 Sports, Burmistrz Miasta i Gminy Kępice
Data: 2020-09-19
Miejsce: Korzybie
Dystans: 9 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap_3km 3km	Lap_6km 6km	Czas netto 9km	Różn	Tempo min/km	Tempo km/h
1	GUZOWSKI Dariusz	11	TALEX BORZYTUCHOM	M50-59	1	00:10:47	00:22:08	00:33:23.30		3:42	16.2 (100%)
2	KRYZEL Tomasz	30	UKS WIKING RYCHNOWY	M16-39	1	00:10:53	00:22:10	00:33:35.50	+00:00:12 (0.6%)	3:44	16.1 (99.4%)
3	WALCZAK Paweł	52		M16-39	2	00:10:53	00:22:25	00:34:06.85	+00:00:42 (2.1%)	3:47	15.8 (97.5%)
4	WOJDASIEWICZ Tadeusz	55		M16-39	3	00:11:20	00:23:08	00:34:57.95	+00:01:34 (4.5%)	3:53	15.4 (95.1%)
5	CZUPA Oskar	8		M16-39	4	00:11:43	00:23:46	00:35:37.85	+00:02:15 (6.3%)	3:57	15.2 (93.8%)
6	HERMAN Arkadiusz	13		M40-49	1	00:11:41	00:23:49	00:35:48.75	+00:02:25 (6.7%)	3:58	15.1 (93.2%)
7	WALEŃSKI Michał	53	TKKF KOSZALIN	M40-49	2	00:11:45	00:23:54	00:36:14.85	+00:02:51 (7.9%)	4:01	14.9 (92.0%)
8	IWANIEC Dariusz	14	BIEGOLAS KOSZALIN	M40-49	3	00:12:38	00:25:28	00:38:05.40	+00:04:42 (12.3%)	4:14	14.2 (87.7%)
9	JANKOWSKI Grzegorz	16	POZYTYWNIENIE NAKRECONY	M40-49	4	00:12:19	00:25:32	00:39:05.45	+00:05:42 (14.6%)	4:20	13.8 (85.2%)
10	JAKUBEK Patryk	15	RUNTASTYCZNI TEAM BYTÓW	M16-39	5	00:10:59	00:26:02	00:39:06.25	+00:05:42 (14.6%)	4:20	13.8 (85.2%)
11	OLESZEK Jerzy	38	SZKOŁA PODOFICERSKA MW	M40-49	5	00:12:50	00:26:12	00:39:35.65	+00:06:12 (15.7%)	4:24	13.6 (84.0%)
12	CZYŻYKOWSKI Krzysztof	9	3FALE TEAM	M16-39	6	00:13:01	00:26:36	00:39:56.35	+00:06:35 (16.4%)	4:26	13.5 (83.3%)
13	SIDOR Mariusz	41	3FALE TEAM	M16-39	7	00:12:37	00:26:24	00:40:03.20	+00:06:40 (16.6%)	4:27	13.5 (83.3%)
14	BARGAŃSKA Justyna	3	RUNTASTYCZNI TEAM BYTÓW	K40-49	1	00:13:24	00:27:09	00:41:06.35	+00:07:43 (18.8%)	4:34	13.1 (80.9%)
15	TREDER Marian	50	TEAM TREDER	M50-59	2	00:13:42	00:27:19	00:41:10.75	+00:07:50 (19.0%)	4:34	13.1 (80.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap_3km	Lap_6km	Czas netto	Różn	Tempo min/km	Tempo km/h
						3km	6km	9km			
16	TURCZYN Tomasz	60		M40-49	6	00:13:02	00:26:55	00:41:27.70	+00:08:05 (19.5%)	4:36	13 (80.2%)
17	STRZELECKI Zbigniew	47	KORZYBSKIE REKINY	M60+	1	00:13:00	00:28:22	00:42:51.90	+00:09:23 (21.9%)	4:45	12.6 (77.8%)
18	SZPITER Tomasz	49	OLAWS ZŁOTORYJA	M50-59	3	00:14:26	00:28:55	00:43:33.00	+00:10:11 (23.3%)	4:50	12.4 (76.5%)
19	JUNGLING Mirosław	19		M40-49	7	00:14:22	00:29:31	00:44:04.95	+00:10:47 (24.4%)	4:53	12.2 (75.3%)
20	SADZIŃSKI Karol	40	3FALE TEAM	M16-39	8	00:13:53	00:29:16	00:44:15.90	+00:10:53 (24.6%)	4:55	12.2 (75.3%)
21	HERMAN Karina	12		K40-49	2	00:14:25	00:29:35	00:44:18.95	+00:10:57 (24.7%)	4:55	12.2 (75.3%)
22	MASŁOWSKI Roman	62		M16-39	9	00:14:21	00:30:25	00:45:31.05	+00:12:14 (26.8%)	5:03	11.9 (73.5%)
22	LACZKOWSKI Grzegorz	64		M16-39	9	00:14:21	00:30:28	00:45:30.70	+00:12:14 (26.8%)	5:03	11.9 (73.5%)
24	KĘSIK Agnieszka	63		K16-39	1	00:17:26	00:30:20	00:45:48.80	+00:12:26 (27.1%)	5:05	11.8 (72.8%)
25	PACAK Katarzyna	59		K16-39	2	00:14:26	00:30:25	00:45:58.85	+00:12:37 (27.4%)	5:06	11.7 (72.2%)
26	PACAK Łukasz	58		M16-39	11	00:14:24	00:30:23	00:45:58.65	+00:12:38 (27.4%)	5:06	11.7 (72.2%)
27	KRUMPLEWSKI Mariusz	29		M40-49	8	00:14:23	00:30:35	00:47:07.55	+00:13:48 (29.2%)	5:14	11.5 (71.0%)
28	STANIUK Bartosz	42	TOYOTA KAWISBIKE TEAM SŁUPSK	M16-39	12	00:15:24	00:31:40	00:48:39.40	+00:15:19 (31.4%)	5:24	11.1 (68.5%)
29	KANIA Brajan	20	-/ROZBIEGANA AKADEMIA, AKADEMIA POMORSKA W SŁUPSKU	M16-39	13	00:15:26	00:31:54	00:49:02.30	+00:15:40 (31.9%)	5:26	11 (67.9%)
30	ŁUBKOWSKA Magdalena	33		K40-49	3	00:16:25	00:33:25	00:51:21.80	+00:18:01 (35.0%)	5:42	10.5 (64.8%)
31	PAGÓREK Beata	39		K16-39	3	00:16:22	00:33:51	00:51:21.20	+00:18:03 (35.1%)	5:42	10.5 (64.8%)
32	KONKEL Joanna	28	MKS 'ŚWIĘC' SŁAWNO	K50-59	1	00:17:24	00:33:44	00:51:26.60	+00:18:06 (35.1%)	5:42	10.5 (64.8%)
33	BURMAN Tomasz	5	3FALETEAM	M16-39	14	00:16:25	00:34:48	00:52:14.55	+00:18:53 (36.1%)	5:48	10.3 (63.6%)
33	STAWIARZ Anna	45	3 FALE TEAM	K40-49	4	00:16:25	00:34:48	00:52:14.65	+00:18:53 (36.1%)	5:48	10.3 (63.6%)
35	STAWIARZ Bartłomiej	44	3 FALE TEAM	M40-49	9	00:16:25	00:34:48	00:52:14.70	+00:18:53 (36.1%)	5:48	10.3 (63.6%)
36	JUNGLING Piotr	18		M50-59	4	00:17:53	00:35:24	00:52:42.90	+00:19:24 (36.7%)	5:51	10.2 (63.0%)
37	KOWALEWSKI Jacek	56		M40-49	10	00:16:52	00:34:35	00:53:26.30	+00:20:08 (37.6%)	5:56	10.1 (62.3%)
38	MARCZAK Małgorzata	36	NIGHT RUNNERS SŁUPSK	K60+	1	00:17:24	00:35:29	00:54:54.50	+00:21:34 (39.2%)	6:06	9.8 (60.5%)

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39	CYBULSKA Katarzyna	57		K16-39	4	00:17:24	00:36:30	00:55:33.10	+00:22:13 (39.9%)	6:10	9.7 (59.9%)
40	RADOMSKI Michał	61		M40-49	11	00:17:23	00:36:29	00:55:33.15	+00:22:13 (39.9%)	6:10	9.7 (59.9%)
41	STANKIEWICZ Agnieszka	43		K16-39	5	00:18:39	00:38:10	00:57:20.05	+00:24:00 (41.8%)	6:22	9.4 (58.0%)
42	WACHHOLZ Beata	51	KB BRYZA POSTOMINO	K50-59	2	00:18:43	00:38:54	00:59:22.80	+00:26:01 (43.7%)	6:35	9.1 (56.2%)
43	LIS - WRÓBLEWSKA Iwona	31	3 FALE TEAM	K40-49	5	00:19:45	00:40:22	01:00:50.50	+00:27:30 (45.1%)	6:45	8.9 (54.9%)
44	LITWIN Barbara	32	STOPA SŁUPSK	K16-39	6	00:19:45	00:40:22	01:00:51.40	+00:27:31 (45.1%)	6:45	8.9 (54.9%)
45	CIŻMOWSKA Barbara	6	MTS HAMER MIASTKO	K60+	2	00:20:14	00:41:33	01:03:03.15	+00:29:45 (47.1%)	7:00	8.6 (53.1%)

Znaleziono 45 wynik(ów)