



BIEG PO ZDROWIE DLA ANGELIKI SAGANOWSKIEJ

B4SPORT

Organizator: Gminno Ludowy Klub Sportowy
Data: 2018-05-26
Miejsce: Borówno
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BIAŁEK Dawid	274		M-Open	1	00:00:00	00:18:02.60	00:18:02.60		3:36	16.6 (100%)
2	MAŁAS Marcin	263		M-Open	2	00:00:00	00:18:19.95	00:18:20.45	+00:00:17 (1.6%)	3:40	16.4 (98.8%)
3	GROSKOP Grzegorz	30		M-Open	3	00:00:00	00:18:22.75	00:18:23.05	+00:00:20 (1.8%)	3:40	16.3 (98.2%)
4	BARTCZAK Łukasz	18	TEAMOCHAL	M-Open	4	00:00:00	00:18:24.95	00:18:25.55	+00:00:22 (2.0%)	3:41	16.3 (98.2%)
5	STERNAL Adam	65		M-Open	5	00:00:00	00:18:45.70	00:18:45.70	+00:00:43 (3.8%)	3:45	16 (96.4%)
6	BEJGIER Edmund	139	BIEGAM Z DĘBAMI OSIELSKO	M-Open	6	00:00:01	00:19:01.35	00:19:03.10	+00:00:58 (5.1%)	3:48	15.8 (95.2%)
7	PALIGA Antoni	92	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-Open	7	00:00:00	00:20:12.35	00:20:12.35	+00:02:09 (10.7%)	4:02	14.9 (89.8%)
8	FELINIAK Daniel	109		M-Open	8	00:00:00	00:20:37.60	00:20:37.60	+00:02:35 (12.5%)	4:07	14.6 (88.0%)
9	RÓG Tomasz	298		M-Open	9	00:00:00	00:20:40.90	00:20:40.90	+00:02:38 (12.8%)	4:08	14.5 (87.3%)
10	KOŻUCHOWSKA Natalia	193	LASER FIGHT	K-Open	1	00:00:00	00:20:42.35	00:20:43.15	+00:02:39 (12.9%)	4:08	14.5 (87.3%)
11	KORPAL Emil	122	PRO NATURA BYDGOSZCZ	M-Open	10	00:00:00	00:21:05.35	00:21:05.35	+00:03:02 (14.4%)	4:13	14.2 (85.5%)
12	ŻEGLICZ Marek	87	SPÓJNIA BIAŁE BŁOTA	M-Open	11	00:00:00	00:21:07.05	00:21:07.05	+00:03:04 (14.6%)	4:13	14.2 (85.5%)
13	PALIGA Mateusz	91	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-Open	12	00:00:00	00:21:13.30	00:21:13.30	+00:03:10 (15.0%)	4:14	14.1 (84.9%)
14	KILAN Kacper	57	SPOGLO	M-Open	13	00:00:00	00:21:18.80	00:21:18.80	+00:03:16 (15.3%)	4:15	14.1 (84.9%)
15	STOBIERSKI Adrian	148	MVM LOGISTICS	M-Open	14	00:00:07	00:21:33.85	00:21:40.85	+00:03:31 (16.3%)	4:18	13.9 (83.7%)
16	RUDOL Sebastian	190	RUN PASJA	M-Open	15	00:00:04	00:21:55.90	00:22:00.70	+00:03:53 (17.7%)	4:23	13.7 (82.5%)
17	KAWCZYŃSKI Daniel	205		M-Open	16	00:00:05	00:21:56.85	00:22:02.40	+00:03:54 (17.8%)	4:23	13.7 (82.5%)
18	MAZUR Jakub	247	BIEGAJ Z DĘBAMI	M-Open	17	00:00:00	00:22:03.10	00:22:03.10	+00:04:00 (18.2%)	4:24	13.6 (81.9%)
19	KARCZEWSKI Mateusz	166	MVM LOGISTICS	M-Open	18	00:00:04	00:22:06.00	00:22:10.65	+00:04:03 (18.4%)	4:25	13.6 (81.9%)
19	? ?	9		M-Open	19	00:00:06	00:22:06.00	00:22:12.05	+00:04:03 (18.4%)	4:25	13.6 (81.9%)
21	NOWICKI Marcin	253	LASERFIGHT	M-Open	20	00:00:01	00:22:06.50	00:22:08.45	+00:04:03 (18.4%)	4:25	13.6 (81.9%)
22	WIŚNIEWSKI Piotr	23		M-Open	21	00:00:05	00:22:17.90	00:22:23.15	+00:04:15 (19.1%)	4:27	13.5 (81.3%)
23	TOMASZEWSKI Dawid	83		M-Open	22	00:00:00	00:22:21.75	00:22:21.75	+00:04:19 (19.3%)	4:28	13.4 (80.7%)
24	KUCIŃSKI Artur	55		M-Open	23	00:00:00	00:22:23.05	00:22:23.05	+00:04:20 (19.4%)	4:28	13.4 (80.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
25	PTASZNIK Michał	289		M-Open	24	00:00:00	00:22:26.15	00:22:26.15	+00:04:23 (19.6%)	4:29	13.4 (80.7%)
26	BAUMGART Jacek	90	BIEGAJ Z DĘBAMI	M-Open	25	00:00:14	00:22:35.55	00:22:49.60	+00:04:32 (20.1%)	4:31	13.3 (80.1%)
27	FANDREJEWSKI Łukasz	163		M-Open	26	00:00:14	00:22:36.65	00:22:51.25	+00:04:34 (20.2%)	4:31	13.3 (80.1%)
28	LAMPARSKI Mirek	53		M-Open	27	00:00:27	00:22:45.05	00:23:12.50	+00:04:42 (20.7%)	4:33	13.2 (79.5%)
29	TUREK Józef	40		M-Open	28	00:00:02	00:22:53.20	00:22:55.45	+00:04:50 (21.2%)	4:34	13.1 (78.9%)
30	HARKOT Jakub	175		M-Open	29	00:00:00	00:23:04.70	00:23:04.70	+00:05:02 (21.8%)	4:36	13 (78.3%)
31	OSZUBSKI Kazimierz	236		M-Open	30	00:00:10	00:23:09.45	00:23:19.75	+00:05:06 (22.1%)	4:37	13 (78.3%)
32	SIUDA Sebastian	121	SOLECCY BIEGACZE	M-Open	31	00:00:00	00:23:23.40	00:23:23.40	+00:05:20 (22.9%)	4:40	12.8 (77.1%)
33	RUDOL Dominik	49		M-Open	32	00:00:06	00:23:29.35	00:23:35.75	+00:05:26 (23.2%)	4:41	12.8 (77.1%)
34	KOWALSKI Jacek	32		M-Open	33	00:00:00	00:23:29.40	00:23:29.40	+00:05:26 (23.2%)	4:41	12.8 (77.1%)
35	TOBOLEWSKI Jan	202		M-Open	34	00:00:01	00:23:33.60	00:23:35.10	+00:05:31 (23.4%)	4:42	12.7 (76.5%)
36	DRZEWIECKI Radosław	27		M-Open	35	00:00:00	00:23:48.70	00:23:48.70	+00:05:46 (24.2%)	4:45	12.6 (75.9%)
37	OCHIMOWSKI Tomasz	86		M-Open	36	00:00:02	00:24:03.55	00:24:05.80	+00:06:00 (25.0%)	4:48	12.5 (75.3%)
38	RUDOL Magdalena	189	RUN PASJA	K-Open	2	00:00:01	00:24:13.25	00:24:14.60	+00:06:10 (25.5%)	4:50	12.4 (74.7%)
39	MIERZWA Damian	185	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-Open	37	00:00:00	00:24:14.55	00:24:14.55	+00:06:11 (25.6%)	4:50	12.4 (74.7%)
40	RYMER Adam	252		M-Open	38	00:00:00	00:24:15.60	00:24:15.60	+00:06:13 (25.6%)	4:51	12.4 (74.7%)
41	OSAK Maciej	63		M-Open	39	00:00:00	00:24:19.50	00:24:19.50	+00:06:16 (25.8%)	4:51	12.3 (74.1%)
42	LAMPARSKA Kasia	54		K-Open	3	00:00:27	00:24:23.45	00:24:50.45	+00:06:20 (26.0%)	4:52	12.3 (74.1%)
43	POTRZEBOWSKA Agata	78	DEAF	K-Open	4	00:00:04	00:24:25.00	00:24:29.20	+00:06:22 (26.1%)	4:53	12.3 (74.1%)
44	LEWANDOWSKI Sebastian	5		M-Open	40	00:00:00	00:24:25.95	00:24:25.95	+00:06:23 (26.2%)	4:53	12.3 (74.1%)
45	KIEŁCZYŃSKI Marek	182		M-Open	41	00:00:00	00:24:32.30	00:24:32.30	+00:06:29 (26.5%)	4:54	12.2 (73.5%)
46	JASZCZAK Bartek	153	MVM LOGISTICS	M-Open	42	00:00:08	00:24:36.95	00:24:45.10	+00:06:34 (26.7%)	4:55	12.2 (73.5%)
47	REPCZYŃSKI Tomek	249		M-Open	43	00:00:18	00:24:39.10	00:24:57.45	+00:06:36 (26.8%)	4:55	12.2 (73.5%)
48	GROBELNA Angelika	25	BYDGOSZCZ NA START	K-Open	5	00:00:06	00:24:45.85	00:24:51.90	+00:06:43 (27.1%)	4:57	12.1 (72.9%)
49	ULOWSKA Katarzyna	82		K-Open	6	00:00:00	00:24:51.20	00:24:51.20	+00:06:48 (27.4%)	4:58	12.1 (72.9%)
50	KUZIA Radosław	147	MVM LOGISTICS	M-Open	44	00:00:07	00:24:52.60	00:25:00.25	+00:06:50 (27.5%)	4:58	12.1 (72.9%)
51	MIKOŁAJCZYK Marcin	157	MVM LOGISTICS	M-Open	45	00:00:08	00:24:53.45	00:25:02.35	+00:06:50 (27.5%)	4:58	12 (72.3%)
52	SKUCIŃSKA Karolina	164		K-Open	7	00:00:04	00:24:56.25	00:25:01.20	+00:06:53 (27.6%)	4:59	12 (72.3%)
53	AFELT Jarosław	97		M-Open	46	00:00:25	00:24:59.45	00:25:25.05	+00:06:56 (27.8%)	5:00	12 (72.3%)
54	SPRAWKA Paweł	149		M-Open	47	00:00:19	00:25:00.75	00:25:19.95	+00:06:58 (27.9%)	5:00	12 (72.3%)
55	WOLLMANN Maciej	144	MVM LOGISTICS	M-Open	48	00:00:08	00:25:10.85	00:25:19.35	+00:07:08 (28.3%)	5:02	11.9 (71.7%)
56	BATKA Paweł	123		M-Open	49	00:00:00	00:25:14.85	00:25:14.85	+00:07:12 (28.5%)	5:02	11.9 (71.7%)
57	MAJORKOWSKI Patryk	114		M-Open	50	00:00:06	00:25:22.30	00:25:28.95	+00:07:19 (28.9%)	5:04	11.8 (71.1%)
58	WALENCIAK Jarosław	158	CZARNE STOPY.SM	M-Open	51	00:00:17	00:25:28.25	00:25:45.95	+00:07:25 (29.2%)	5:05	11.8 (71.1%)
59	POTRZEBOWSKI Marek	79	DEAF	M-Open	52	00:00:03	00:25:30.25	00:25:34.15	+00:07:27 (29.3%)	5:06	11.8 (71.1%)
60	BLEJA Krystian	85	PGB SPORTOWA PACZKA	M-Open	53	00:00:10	00:25:36.85	00:25:47.15	+00:07:34 (29.6%)	5:07	11.7 (70.5%)
61	OLSZEWSKI Michał	81		M-Open	54	00:00:00	00:25:41.35	00:25:41.35	+00:07:38 (29.8%)	5:08	11.7 (70.5%)
62	NIEMCZEWSKA Ewa	257		K-Open	8	00:00:04	00:25:48.05	00:25:52.05	+00:07:45 (30.1%)	5:09	11.6 (69.9%)
63	MATUSIAK Aneta	171		K-Open	9	00:00:00	00:25:52.65	00:25:52.65	+00:07:50 (30.3%)	5:10	11.6 (69.9%)
64	AFELT Luiza	96		K-Open	10	00:00:04	00:25:56.85	00:26:01.35	+00:07:54 (30.5%)	5:11	11.6 (69.9%)
65	ROBACZEWSKA Kinga	41		K-Open	11	00:00:03	00:26:01.10	00:26:04.40	+00:07:58 (30.7%)	5:12	11.5 (69.3%)
66	PAWLIKOWSKI Szymon	104		M-Open	55	00:00:21	00:26:01.70	00:26:23.60	+00:07:59 (30.7%)	5:12	11.5 (69.3%)
67	PANUŚ Sylwester	281		M-Open	56	00:00:00	00:26:04.60	00:26:04.60	+00:08:02 (30.8%)	5:12	11.5 (69.3%)
68	ZAJĄC Tomasz	140	BIEGAJ Z DĘBAMI	M-Open	57	00:00:13	00:26:04.75	00:26:18.45	+00:08:02 (30.8%)	5:13	11.5 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
69	ARACH Przemysław	33		M-Open	58	00:00:00	00:26:04.90	00:26:04.90	+00:08:02 (30.8%)	5:12	11.5 (69.3%)
70	SMIETANA Mirosław	42		M-Open	59	00:00:00	00:26:07.55	00:26:07.55	+00:08:04 (30.9%)	5:13	11.5 (69.3%)
71	DUSZYŃSKI Denis	111		M-Open	60	00:00:00	00:26:08.55	00:26:08.55	+00:08:05 (31.0%)	5:13	11.5 (69.3%)
72	BIELARZ Michał	17		M-Open	61	00:00:17	00:26:17.90	00:26:35.55	+00:08:15 (31.4%)	5:15	11.4 (68.7%)
73	ZAJĄC Michał	141	BIEGAJ Z DĘBAMI	M-Open	62	00:00:00	00:26:18.45	00:26:18.45	+00:08:15 (31.4%)	5:15	11.4 (68.7%)
74	ALZANOWSKI Krzysztof	116		M-Open	63	00:00:03	00:26:22.40	00:26:25.70	+00:08:19 (31.6%)	5:16	11.4 (68.7%)
75	PALUCH Mateusz	181	KATALOG MARZEŃ	M-Open	64	00:00:13	00:26:25.80	00:26:39.55	+00:08:23 (31.7%)	5:17	11.3 (68.1%)
76	MENDYK Tomasz	154	MVM LOGISTICS	M-Open	65	00:00:06	00:26:39.25	00:26:46.20	+00:08:36 (32.3%)	5:20	11.3 (68.1%)
77	REJOWSKA Karolina	207		K-Open	12	00:00:00	00:26:47.85	00:26:47.85	+00:08:45 (32.7%)	5:21	11.2 (67.5%)
78	KONCZAL Krzysztof	260		M-Open	66	00:00:00	00:26:52.90	00:26:52.90	+00:08:50 (32.9%)	5:22	11.2 (67.5%)
79	ŁUCZKA Bartek	272		M-Open	67	00:00:00	00:26:54.60	00:26:54.60	+00:08:52 (32.9%)	5:22	11.2 (67.5%)
80	GRACZ Adam	271		M-Open	68	00:00:00	00:26:55.00	00:26:55.00	+00:08:52 (33.0%)	5:23	11.1 (66.9%)
81	SZYNWELSKA Marlena	159	SKIRUN	K-Open	13	00:00:00	00:26:56.55	00:26:56.55	+00:08:53 (33.0%)	5:23	11.1 (66.9%)
82	KURDYNOWSKA Marlena	29		K-Open	14	00:00:00	00:27:10.15	00:27:10.15	+00:09:07 (33.6%)	5:26	11 (66.3%)
83	BŁAŻEJCZYK Paweł	102	INTER SOLUTIONS	M-Open	69	00:00:13	00:27:11.60	00:27:25.15	+00:09:09 (33.6%)	5:26	11 (66.3%)
84	SIEKIERSKI Tomasz	300		M-Open	70	00:00:00	00:27:15.80	00:27:15.80	+00:09:13 (33.8%)	5:27	11 (66.3%)
84	SZEWS Agnieszka	297		K-Open	15	00:00:24	00:27:15.80	00:27:40.25	+00:09:13 (33.8%)	5:27	11 (66.3%)
86	GLAZIK Krzysztof	127		M-Open	71	00:00:14	00:27:23.25	00:27:37.65	+00:09:20 (34.1%)	5:28	11 (66.3%)
87	JAKUBOSZ Iza	128		K-Open	16	00:00:12	00:27:26.40	00:27:38.85	+00:09:23 (34.2%)	5:29	10.9 (65.7%)
88	EISERT Edyta	58		K-Open	17	00:00:03	00:27:27.25	00:27:30.95	+00:09:24 (34.3%)	5:29	10.9 (65.7%)
89	GUŹDZIOŁ Jarek	72	SOLECCY BIEGACZE	M-Open	72	00:00:00	00:27:27.40	00:27:27.40	+00:09:24 (34.3%)	5:29	10.9 (65.7%)
90	LORENC-KRUSZYŃSKA Sylwia	19		K-Open	18	00:00:00	00:27:27.60	00:27:27.60	+00:09:25 (34.3%)	5:29	10.9 (65.7%)
91	KURDYNOWSKI Arkadiusz	71		M-Open	73	00:00:00	00:27:32.45	00:27:32.45	+00:09:29 (34.5%)	5:30	10.9 (65.7%)
92	KACZOROWSKA Agnieszka	67	TASTY & HEALTHY	K-Open	19	00:00:14	00:27:46.20	00:28:00.30	+00:09:43 (35.0%)	5:33	10.8 (65.1%)
93	KLETT Patrycja	188		K-Open	20	00:00:06	00:27:46.55	00:27:53.20	+00:09:43 (35.0%)	5:33	10.8 (65.1%)
94	MONDRA Marlena	179		K-Open	21	00:00:04	00:27:49.40	00:27:54.35	+00:09:46 (35.2%)	5:34	10.8 (65.1%)
95	KUJAWA Karolina	101	INTER SOLUTIONS	K-Open	22	00:00:00	00:27:49.80	00:27:49.80	+00:09:47 (35.2%)	5:33	10.8 (65.1%)
96	SIERADZKI Miłosz	129		M-Open	74	00:00:20	00:27:51.25	00:28:11.50	+00:09:48 (35.2%)	5:34	10.8 (65.1%)
97	STAWICKI Łukasz	145		M-Open	75	00:00:09	00:27:53.25	00:28:02.70	+00:09:50 (35.3%)	5:34	10.8 (65.1%)
98	KRAZIŃSKI Rafał	251		M-Open	76	00:00:00	00:27:56.25	00:27:56.25	+00:09:53 (35.4%)	5:35	10.7 (64.5%)
99	STĘPIEŃ Monika	103	CZARNE STOPY	K-Open	23	00:00:11	00:27:56.50	00:28:08.35	+00:09:53 (35.4%)	5:35	10.7 (64.5%)
100		296				00:00:24	00:28:06.60	00:28:31.00	+00:10:04 (35.8%)	5:37	10.7 (64.5%)
101	ŚLIWA Rafał	255		M-Open	77	00:00:00	00:28:10.05	00:28:10.05	+00:10:07 (35.9%)	5:38	10.7 (64.5%)
102	TOBOLEWSKI Paweł	194		M-Open	78	00:00:00	00:28:29.75	00:28:29.75	+00:10:27 (36.7%)	5:41	10.5 (63.3%)
103	DRZEWIECKA Maria	69		K-Open	24	00:00:10	00:28:33.30	00:28:43.30	+00:10:30 (36.8%)	5:42	10.5 (63.3%)
104	FIDURA Aleksandra	160		K-Open	25	00:00:09	00:28:34.15	00:28:43.30	+00:10:31 (36.8%)	5:42	10.5 (63.3%)
105	ZIELIŃSKI Radosław	88		M-Open	79	00:00:00	00:28:43.90	00:28:43.90	+00:10:41 (37.2%)	5:44	10.4 (62.7%)
106	MANDRA Marcin	126		M-Open	80	00:00:19	00:28:45.95	00:29:05.20	+00:10:43 (37.3%)	5:45	10.4 (62.7%)
107	SZULC Miłosz	51		M-Open	81	00:00:00	00:28:49.95	00:28:49.95	+00:10:47 (37.4%)	5:45	10.4 (62.7%)
108	WAŁDOCH Michał	259		M-Open	82	00:00:17	00:28:53.75	00:29:10.80	+00:10:51 (37.6%)	5:46	10.4 (62.7%)
109	KOZŁOWSKA Magdalena	204		K-Open	26	00:00:06	00:28:56.70	00:29:03.40	+00:10:54 (37.7%)	5:47	10.4 (62.7%)
110	CHILLA Marcin	94		M-Open	83	00:00:24	00:28:59.85	00:29:24.55	+00:10:57 (37.8%)	5:48	10.3 (62.0%)
111	MOSKAL Aleksander	77		M-Open	84	00:00:01	00:28:59.90	00:29:00.95	+00:10:57 (37.8%)	5:47	10.4 (62.7%)
112	GIELEWSKI Kamil	76		M-Open	85	00:00:11	00:29:04.70	00:29:16.55	+00:11:02 (37.9%)	5:49	10.3 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
113	SCHMIDT Małgorzata	132		K-Open	27	00:00:21	00:29:05.05	00:29:26.80	+00:11:02 (38.0%)	5:49	10.3 (62.0%)
114	MAZUR Krzysztof	248	BIEGAJ Z DĘBAMI	M-Open	86	00:00:15	00:29:10.00	00:29:25.10	+00:11:07 (38.1%)	5:50	10.3 (62.0%)
115	FOLARZYŃSKI Łukasz	150		M-Open	87	00:00:21	00:29:21.50	00:29:43.30	+00:11:18 (38.5%)	5:52	10.2 (61.4%)
116	NIZIOŁ Marcin	151		M-Open	88	00:00:22	00:29:22.70	00:29:45.25	+00:11:20 (38.6%)	5:52	10.2 (61.4%)
117	OŻGA Agnieszka	106	NOKIA BYDGOSZCZ	K-Open	28	00:00:11	00:29:39.95	00:29:50.95	+00:11:37 (39.2%)	5:55	10.1 (60.8%)
118	LAMPARSKI Radosław	119		M-Open	89	00:00:02	00:29:43.60	00:29:45.75	+00:11:41 (39.3%)	5:56	10.1 (60.8%)
119	BRZOZOWSKA Iwona	93		K-Open	29	00:00:12	00:29:51.00	00:30:03.50	+00:11:48 (39.6%)	5:58	10.1 (60.8%)
120	WIŚNIEWSKA Dominika	66	BIEGAJ Z DĘBAMI	K-Open	30	00:00:18	00:29:57.50	00:30:15.65	+00:11:54 (39.8%)	5:59	10 (60.2%)
121	SZABO-MOSKAL Jadwiga	75		K-Open	31	00:00:00	00:29:59.90	00:30:00.55	+00:11:57 (39.9%)	6:00	10 (60.2%)
122	JAWORSKA Grażyna	284		K-Open	32	00:00:05	00:30:00.45	00:30:05.45	+00:11:57 (39.9%)	6:00	10 (60.2%)
123	STOSIK Maciej	197		M-Open	90	00:00:00	00:30:02.40	00:30:02.40	+00:11:59 (39.9%)	6:00	10 (60.2%)
124	STOSIK Karolina	196		K-Open	33	00:00:00	00:30:02.70	00:30:02.70	+00:12:00 (39.9%)	6:00	10 (60.2%)
125	ŻUBKA Rafał	250		M-Open	91	00:00:19	00:30:05.05	00:30:24.70	+00:12:02 (40.0%)	6:01	10 (60.2%)
126	GRODZKA Ewelina	2		K-Open	34	00:00:12	00:30:20.95	00:30:33.70	+00:12:18 (40.5%)	6:04	9.9 (59.6%)
127	GRONKIEWICZ Aleksander	176		M-Open	92	00:00:00	00:30:25.15	00:30:25.15	+00:12:22 (40.7%)	6:05	9.9 (59.6%)
128	SZCZYGIELSKA-GRZYBOWSKA Violetta	38		K-Open	35	00:00:03	00:30:27.25	00:30:30.40	+00:12:24 (40.8%)	6:05	9.9 (59.6%)
129	GRZYBOWSKI Rafał	39		M-Open	93	00:00:03	00:30:27.50	00:30:31.10	+00:12:24 (40.8%)	6:05	9.8 (59.0%)
130	KALINOWSKA Patrycja	223	SOLECCY BIEGACZE	K-Open	36	00:00:20	00:30:31.65	00:30:52.55	+00:12:29 (40.9%)	6:06	9.8 (59.0%)
131	NAKIELSKI Robert	230		M-Open	94	00:00:05	00:30:49.45	00:30:54.55	+00:12:46 (41.5%)	6:09	9.7 (58.4%)
132	POCZWARDOWSKA Wioletta	13		K-Open	37	00:00:00	00:30:55.25	00:30:55.25	+00:12:52 (41.6%)	6:11	9.7 (58.4%)
133	GLAZIK Anna	161		K-Open	38	00:00:13	00:30:58.75	00:31:11.95	+00:12:56 (41.8%)	6:11	9.7 (58.4%)
134	GIELEWSKI Adam	192		M-Open	95	00:00:11	00:31:00.20	00:31:11.45	+00:12:57 (41.8%)	6:12	9.7 (58.4%)
135	KUCIŃSKI Aleks	61		M-Open	96	00:00:00	00:31:09.70	00:31:09.70	+00:13:07 (42.1%)	6:13	9.6 (57.8%)
136	STARZEC Krzysztof	299		M-Open	97	00:00:01	00:31:11.30	00:31:12.35	+00:13:08 (42.1%)	6:14	9.6 (57.8%)
137	LEWANDOWSKA Patrycja	80		K-Open	39	00:00:00	00:31:24.50	00:31:24.50	+00:13:21 (42.6%)	6:16	9.6 (57.8%)
138	ZIELIŃSKA Dorota	110		K-Open	40	00:00:00	00:31:26.85	00:31:27.45	+00:13:24 (42.6%)	6:17	9.5 (57.2%)
139	DROŻNIEWSKA Ada	21		K-Open	41	00:00:10	00:31:34.30	00:31:44.45	+00:13:31 (42.8%)	6:18	9.5 (57.2%)
140	MAJORKOWSKA Anna	113		K-Open	42	00:00:06	00:31:34.45	00:31:40.80	+00:13:31 (42.9%)	6:18	9.5 (57.2%)
141	JENDRUSZEWSKA Joanna	266		K-Open	43	00:00:00	00:31:45.10	00:31:45.10	+00:13:42 (43.2%)	6:21	9.4 (56.6%)
142	MALCHERCZYK Estera	44		K-Open	44	00:00:00	00:31:53.70	00:31:53.70	+00:13:51 (43.4%)	6:22	9.4 (56.6%)
143	MŁYNARCZYK Monika	152		K-Open	45	00:00:16	00:32:03.90	00:32:20.85	+00:14:01 (43.7%)	6:24	9.4 (56.6%)
144	RATAJCZAK Michał	99	INTER SOLUTIONS	M-Open	98	00:00:13	00:32:22.00	00:32:35.05	+00:14:19 (44.3%)	6:28	9.3 (56.0%)
145	TOBOLEWSKA Anna	254	ULKS ZRYW DOBRCZ	K-Open	46	00:00:07	00:32:28.45	00:32:35.80	+00:14:25 (44.4%)	6:29	9.2 (55.4%)
146	ZIELIŃSKA Justyna	3		K-Open	47	00:00:21	00:32:30.85	00:32:52.15	+00:14:28 (44.5%)	6:30	9.2 (55.4%)
147	ZIELIŃSKI Robert	8		M-Open	99	00:00:20	00:32:31.90	00:32:52.45	+00:14:29 (44.5%)	6:30	9.2 (55.4%)
148	NOSKOWIAK-BAJNO Alicja	14		K-Open	48	00:00:19	00:32:32.55	00:32:52.15	+00:14:29 (44.6%)	6:30	9.2 (55.4%)
149	PALUCH Magdalena	180	KATALOG MARZEŃ	K-Open	49	00:00:12	00:32:33.95	00:32:46.90	+00:14:31 (44.6%)	6:30	9.2 (55.4%)
150	LEŚNIEWICZ Justyna	98		K-Open	50	00:00:02	00:32:35.70	00:32:38.45	+00:14:33 (44.6%)	6:31	9.2 (55.4%)
151	BŁASZCZYK Bruno	214		M-Open	100	00:00:00	00:32:39.50	00:32:39.50	+00:14:36 (44.8%)	6:31	9.2 (55.4%)
152	HERMANOWSKI Łukasz	115		M-Open	101	00:00:00	00:32:55.10	00:32:55.10	+00:14:52 (45.2%)	6:35	9.1 (54.8%)
152	JARMOLOWICZ Aleksandra	108		K-Open	51	00:00:00	00:32:55.10	00:32:55.10	+00:14:52 (45.2%)	6:35	9.1 (54.8%)
154	NOWAKOWSKA Sylwia	130		K-Open	52	00:00:25	00:32:59.55	00:33:24.60	+00:14:56 (45.3%)	6:35	9.1 (54.8%)
155	OSAK Anna	62		K-Open	53	00:00:00	00:33:09.20	00:33:09.20	+00:15:06 (45.6%)	6:37	9 (54.2%)
156	SZATKOWSKA Beata	174		K-Open	54	00:00:00	00:33:13.00	00:33:13.00	+00:15:10 (45.7%)	6:38	9 (54.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
157	PIÓRKOWSKA Aga	20	BRB BYDGOSZCZ	K-Open	55	00:00:00	00:33:22.15	00:33:22.15	+00:15:19 (45.9%)	6:40	9 (54.2%)
158	KONCZAL Natalia	172		K-Open	56	00:00:00	00:33:25.40	00:33:25.40	+00:15:22 (46.0%)	6:41	9 (54.2%)
159	KOZŁOWSKA Natalia	100	INTER SOLUTIONS	K-Open	57	00:00:13	00:33:35.65	00:33:49.30	+00:15:33 (46.3%)	6:43	8.9 (53.6%)
160	TREPKA Jakub	155	MVM LOGISTICS	M-Open	102	00:00:09	00:34:01.75	00:34:11.60	+00:15:59 (47.0%)	6:48	8.8 (53.0%)
161	GRACZYK Szymon	143	MVM LOGISTICS	M-Open	103	00:00:08	00:34:02.70	00:34:11.35	+00:16:00 (47.0%)	6:48	8.8 (53.0%)
162	BONIN Aleksandra	279		K-Open	58	00:00:03	00:34:11.55	00:34:14.85	+00:16:08 (47.2%)	6:50	8.8 (53.0%)
163	NOWAKOWSKA Marta	287		K-Open	59	00:00:05	00:34:19.05	00:34:24.05	+00:16:16 (47.4%)	6:51	8.7 (52.4%)
164	BOGDANÓW Karolina	22	BYDGOSZCZ NA START	K-Open	60	00:00:05	00:34:22.00	00:34:27.80	+00:16:19 (47.5%)	6:52	8.7 (52.4%)
165	MATUSZEWSKA Agnieszka	24	BYDGOSZCZ NA START	K-Open	61	00:00:05	00:34:22.90	00:34:28.35	+00:16:20 (47.5%)	6:52	8.7 (52.4%)
166	ŚLAŚKA Angelika	64	HASHTAG TEAM	K-Open	62	00:00:00	00:34:34.85	00:34:34.85	+00:16:32 (47.8%)	6:54	8.7 (52.4%)
167	LAMPARSKI Bartosz	118		M-Open	104	00:00:01	00:34:37.50	00:34:39.30	+00:16:34 (47.9%)	6:55	8.7 (52.4%)
168	MISUN Mariola	12	AMS	K-Open	63	00:00:00	00:35:00.20	00:35:00.20	+00:16:57 (48.5%)	7:00	8.6 (51.8%)
169	LAMPARSKA Beata	31		K-Open	64	00:00:02	00:35:20.25	00:35:22.75	+00:17:17 (48.9%)	7:04	8.5 (51.2%)
170	TOBOLEWSKA Elżbieta	195		K-Open	65	00:00:00	00:35:26.35	00:35:26.35	+00:17:23 (49.1%)	7:05	8.5 (51.2%)
171	SZELIGA Jowita	286		K-Open	66	00:00:06	00:35:26.95	00:35:33.10	+00:17:24 (49.1%)	7:05	8.5 (51.2%)
172	JASIŃSKI Artur	269		M-Open	105	00:00:19	00:35:32.45	00:35:52.05	+00:17:29 (49.2%)	7:06	8.4 (50.6%)
173	JASIŃSKA Dorota	270		K-Open	67	00:00:18	00:35:32.60	00:35:51.45	+00:17:30 (49.2%)	7:06	8.4 (50.6%)
174	BARTCZAK Kazimiera	201	TEAMOCHAL	K-Open	68	00:00:02	00:35:34.35	00:35:36.55	+00:17:31 (49.3%)	7:06	8.4 (50.6%)
175	SAGANOWSKI Michał	120		M-Open	106	00:00:02	00:35:37.90	00:35:40.25	+00:17:35 (49.4%)	7:07	8.4 (50.6%)
176	SZAŁAŃSKA Patrycja	191		K-Open	69	00:00:12	00:35:41.30	00:35:54.20	+00:17:38 (49.4%)	7:08	8.4 (50.6%)
177	KORALEWSKA Milena	208		K-Open	70	00:00:16	00:35:49.05	00:36:05.35	+00:17:46 (49.6%)	7:09	8.4 (50.6%)
178	ASTUKIEWICZ Agnieszka	170		K-Open	71	00:00:16	00:35:55.40	00:36:11.60	+00:17:52 (49.8%)	7:11	8.4 (50.6%)
179	KUCIŃSKI Maksymilian	56		M-Open	107	00:00:00	00:35:57.05	00:35:57.05	+00:17:54 (49.8%)	7:11	8.3 (50.0%)
180	ASTUKIEWICZ Tomasz	169		M-Open	108	00:00:15	00:35:58.80	00:36:14.05	+00:17:56 (49.9%)	7:11	8.3 (50.0%)
181	SLESIŃSKA Angelika	84		K-Open	72	00:00:07	00:36:03.05	00:36:10.10	+00:18:00 (50.0%)	7:12	8.3 (50.0%)
182	BETKA Marta	6		K-Open	73	00:00:00	00:36:05.55	00:36:05.55	+00:18:02 (50.0%)	7:13	8.3 (50.0%)
183	JAGOS Olimpia	7		K-Open	74	00:00:00	00:36:05.65	00:36:05.65	+00:18:03 (50.0%)	7:13	8.3 (50.0%)
184	CZAJKOWSKA Karolina	165	BIEGAJ Z DĘBAMI	K-Open	75	00:00:00	00:36:24.75	00:36:24.75	+00:18:22 (50.4%)	7:16	8.2 (49.4%)
185	GAWLIK Karolina	290		K-Open	76	00:00:00	00:36:29.95	00:36:29.95	+00:18:27 (50.6%)	7:17	8.2 (49.4%)
186	HARKOT Katarzyna	125		K-Open	77	00:00:14	00:36:45.55	00:37:00.25	+00:18:42 (50.9%)	7:21	8.2 (49.4%)
187	WOŹNIAK Alina	183		K-Open	78	00:00:00	00:36:48.30	00:36:48.30	+00:18:45 (51.0%)	7:21	8.2 (49.4%)
188	KUCIŃSKA Edyta	280		K-Open	79	00:00:00	00:36:59.35	00:36:59.35	+00:18:56 (51.2%)	7:23	8.1 (48.8%)
189	JADACH Monika	200		K-Open	80	00:00:03	00:37:15.75	00:37:19.35	+00:19:13 (51.6%)	7:27	8.1 (48.8%)
190	ZGRZEBA Patrycja	4		K-Open	81	00:00:17	00:37:34.65	00:37:51.70	+00:19:32 (52.0%)	7:30	8 (48.2%)
191	MARKOWSKA-BAUMGART Aneta	89	BIEGAJ Z DĘBAMI	K-Open	82	00:00:17	00:37:36.45	00:37:53.70	+00:19:33 (52.0%)	7:31	8 (48.2%)
192	SILKOWSKA Kinga	177		K-Open	83	00:00:20	00:37:46.25	00:38:06.85	+00:19:43 (52.2%)	7:33	7.9 (47.6%)
193	SZMUDANOWSKA Klaudia	131		K-Open	84	00:00:21	00:37:46.80	00:38:07.80	+00:19:44 (52.2%)	7:33	7.9 (47.6%)
194	TOBOLSKA Natalia	47		K-Open	85	00:00:08	00:38:14.85	00:38:23.00	+00:20:12 (52.8%)	7:39	7.8 (47.0%)
195	MAĆKOWIAK Kamila	46		K-Open	86	00:00:07	00:38:15.10	00:38:22.45	+00:20:12 (52.8%)	7:39	7.8 (47.0%)
196	PODSIEDLIK Zbigniew	173	22 ODN	M-Open	109	00:00:00	00:38:17.85	00:38:17.85	+00:20:15 (52.9%)	7:39	7.8 (47.0%)
197	OSIŃSKA Justyna	124	PRZYCHODNIA ROMET	K-Open	87	00:00:00	00:38:19.50	00:38:19.50	+00:20:16 (52.9%)	7:39	7.8 (47.0%)
198	OLSZEWSKI Sławomir	36		M-Open	110	00:00:11	00:38:34.15	00:38:45.40	+00:20:31 (53.2%)	7:42	7.8 (47.0%)
199	SITEK Monika	37		K-Open	88	00:00:10	00:38:34.90	00:38:45.65	+00:20:32 (53.2%)	7:43	7.8 (47.0%)
200	KLÓSKA Patrycja	15		K-Open	89	00:00:17	00:39:22.55	00:39:40.50	+00:21:19 (54.2%)	7:52	7.6 (45.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	TRELLA Aleksandra	60	BIEGAJ Z DĘBAMI	K-Open	90	00:00:00	00:39:29.50	00:39:29.50	+00:21:26 (54.3%)	7:53	7.6 (45.8%)
202	KRUTUL Agnieszka	294		K-Open	91	00:00:23	00:39:30.55	00:39:53.90	+00:21:27 (54.3%)	7:54	7.6 (45.8%)
203	BRĄŻKIEWICZ Kamil	233		M-Open	111	00:00:00	00:39:37.95	00:39:37.95	+00:21:35 (54.5%)	7:55	7.6 (45.8%)
204	WOJNA Karol	240		M-Open	112	00:00:00	00:39:38.40	00:39:38.40	+00:21:35 (54.5%)	7:55	7.6 (45.8%)
205	KAWIŃSKA Agnieszka	105		K-Open	92	00:00:00	00:39:41.00	00:39:41.00	+00:21:38 (54.5%)	7:56	7.6 (45.8%)
206	KAŻMIERCZAK Żanetta	226	GOSIR OSIELSKO	K-Open	93	00:00:16	00:39:44.15	00:40:00.45	+00:21:41 (54.6%)	7:56	7.6 (45.8%)
207	KAŻMIERCZAK Sebastian	227	GOSIR OSIELSKO	M-Open	113	00:00:15	00:39:45.05	00:40:00.60	+00:21:42 (54.6%)	7:57	7.5 (45.2%)
208	KRULUT Katarzyna	293		K-Open	94	00:00:00	00:39:53.85	00:39:53.85	+00:21:51 (54.8%)	7:58	7.5 (45.2%)
209	STENCEL Anna	275		K-Open	95	00:00:02	00:40:06.80	00:40:09.55	+00:22:04 (55.0%)	8:01	7.5 (45.2%)
210	NAWROCKA Jowita	288		K-Open	96	00:00:01	00:40:14.95	00:40:16.40	+00:22:12 (55.2%)	8:03	7.5 (45.2%)
211	NAWROCKA Ewa	222		K-Open	97	00:00:01	00:40:24.40	00:40:25.65	+00:22:21 (55.3%)	8:04	7.4 (44.6%)
212	ŚLIWA Kamila	283		K-Open	98	00:00:00	00:43:25.95	00:43:25.95	+00:25:23 (58.5%)	8:41	6.9 (41.6%)
213	DONART Paulina	167	MVM LOGISTICS	K-Open	99	00:00:03	00:44:53.70	00:44:57.65	+00:26:51 (59.8%)	8:58	6.7 (40.4%)
214	CHUDZIŃSKA Magdalena	168	MVM LOGISTICS	K-Open	100	00:00:03	00:45:13.00	00:45:16.60	+00:27:10 (60.1%)	9:02	6.6 (39.8%)
215	GNIOT Jadzia	211		K-Open	101	00:00:24	00:47:17.70	00:47:41.95	+00:29:15 (61.8%)	9:27	6.3 (38.0%)
216	GNIOT Agnieszka	50		K-Open	102	00:00:22	00:47:18.60	00:47:41.15	+00:29:16 (61.9%)	9:27	6.3 (38.0%)
217	SOLIS Patrycja	136		K-Open	103	00:00:22	00:47:18.70	00:47:41.15	+00:29:16 (61.9%)	9:27	6.3 (38.0%)
218	SOLIS Roman	138		M-Open	114	00:00:23	00:47:19.60	00:47:43.15	+00:29:17 (61.9%)	9:28	6.3 (38.0%)
219	SOLIS Sławomir	135		M-Open	115	00:00:21	00:47:22.50	00:47:44.00	+00:29:19 (61.9%)	9:28	6.3 (38.0%)
220	SOLIS Małgorzata	137		K-Open	104	00:00:21	00:47:23.55	00:47:45.20	+00:29:20 (61.9%)	9:28	6.3 (38.0%)
221	GAWLIK Julek	292		M-Open	116	00:00:26	00:47:54.85	00:48:21.10	+00:29:52 (62.3%)	9:35	6.3 (38.0%)
222	GAWLIK Pola	291		K-Open	105	00:00:25	00:47:55.95	00:48:21.85	+00:29:53 (62.4%)	9:35	6.3 (38.0%)
223	HEJNA Kamil	258	OCOCHODZIWBIEGU	M-Open	117	00:00:26	00:47:56.50	00:48:22.60	+00:29:53 (62.4%)	9:35	6.3 (38.0%)
224	ŚLIWA Renata	256		K-Open	106	00:00:00	00:48:20.30	00:48:20.30	+00:30:17 (62.7%)	9:40	6.2 (37.3%)
225	BIZON Ewa	277		K-Open	107	00:00:00	00:48:22.60	00:48:22.60	+00:30:20 (62.7%)	9:40	6.2 (37.3%)
226	MIGOLSKA Barbara	278		K-Open	108	00:00:00	00:48:23.75	00:48:23.75	+00:30:21 (62.7%)	9:40	6.2 (37.3%)
227	ŚLIWA Katarzyna	282		K-Open	109	00:00:00	00:48:23.95	00:48:23.95	+00:30:21 (62.7%)	9:40	6.2 (37.3%)
228	NAKIELSKA Andzelika	229		K-Open	110	00:00:01					(0.0%)
229	ALZANOWSKA Danuta	117		K-Open	111	00:00:03					(0.0%)
230	TOBOLEWSKI Łukasz	142	MVM LOGISTICS	M-Open	118	00:00:07					(0.0%)
231	WOJTYSIAK Dorota	26		K-Open	112	00:00:07					(0.0%)
232	GIERSZEWSKA Grażyna	186		K-Open	113	00:00:08					(0.0%)
233	LISZEWSKA Adrianna	245		K-Open	114	00:00:09					(0.0%)
234	POLACKA Jadwiga	43	BIEGAJ Z DĘBAMI	K-Open	115	00:00:15					(0.0%)
235	KLIMCZAK Michał	73		M-Open	119	00:00:16					(0.0%)
236	BOĆKOWSKI Andrzej	276		M-Open	120	00:00:18					(0.0%)
237	WIŚNIEWSKI Robert	184		M-Open	121	00:00:18					(0.0%)

Znaleziono 237 wynik(ów)