



# BIEG POLITECHNIKI KOSZALIŃSKIEJ - 10KM

B4SPORT  
WIELKOPOLSKIE STOWOZYSTWO

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Bieg Politechniki Koszalińskiej  
Politechnika Koszalińska  
2017-06-10  
Koszalin  
10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2km	Start_All 4km	Start_All 6km	Start_All 8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>GAWRON Piotr</b>	<b>775</b>	ULKS TALEX BORZYTUCHOM	M-18	1	00:01:38	00:07:31	00:15:07	00:22:29	00:29:55	<b>00:36:59.95</b>	<b>00:38:38.40</b>		3:42	16.2 (100%)
2	<b>BUŻNIAK Arkadiusz</b>	<b>905</b>	BRYGADA BESKIDÓW	M-30	1	00:01:39	00:07:34	00:15:10	00:22:51	00:30:38	<b>00:38:13.65</b>	<b>00:39:53.00</b>	+00:01:13 (3.2%)	3:49	15.7 (96.9%)
3	<b>KĘPKA Adrian</b>	<b>802</b>		M-18	2	00:01:39	00:07:34	00:15:09	00:22:51	00:30:38	<b>00:38:28.75</b>	<b>00:40:08.50</b>	+00:01:28 (3.8%)	3:50	15.6 (96.3%)
4	<b>MORAWSKI Janusz</b>	<b>834</b>		M-40	1	00:01:38	00:07:44	00:15:29	00:23:17	00:31:05	<b>00:38:49.45</b>	<b>00:40:28.25</b>	+00:01:49 (4.7%)	3:53	15.5 (95.7%)
5	<b>STACHOWIAK Adrian</b>	<b>869</b>	JW 3775	M-30	2	00:01:38	00:07:45	00:15:37	00:23:43	00:31:50	<b>00:39:45.70</b>	<b>00:41:24.60</b>	+00:02:45 (6.9%)	3:58	15.1 (93.2%)
6	<b>SITOWSKI Marcin</b>	<b>864</b>	FC RYSIEK	M-18	3	00:01:40	00:07:39	00:15:44	00:24:08	00:32:33	<b>00:40:46.75</b>	<b>00:42:27.05</b>	+00:03:46 (9.3%)	4:04	14.7 (90.7%)
7	<b>GRZESIK Eugeniusz</b>	<b>781</b>	TKKF KOSZALIN	M-50	1	00:01:39	00:07:55	00:16:11	00:24:31	00:32:54	<b>00:40:52.15</b>	<b>00:42:31.25</b>	+00:03:52 (9.5%)	4:05	14.7 (90.7%)
8	<b>ZELEK Jan</b>	<b>899</b>	TKKF KOSZALIN	M-50	2	00:01:39	00:07:58	00:16:12	00:24:33	00:32:55	<b>00:41:01.15</b>	<b>00:42:40.50</b>	+00:04:01 (9.8%)	4:06	14.6 (90.1%)
9	<b>SOBSTEŁ Krystian</b>	<b>867</b>		M-30	3	00:01:41	00:08:17	00:16:51	00:25:12	00:33:42	<b>00:41:33.10</b>	<b>00:43:14.30</b>	+00:04:33 (11.0%)	4:09	14.4 (88.9%)
10	<b>BONISŁAWSKI Jarosław</b>	<b>757</b>	WWW.FADOMODA.PL TEAM	M-30	4	00:01:41	00:07:40	00:15:35	00:23:56	00:33:18	<b>00:42:28.20</b>	<b>00:44:09.70</b>	+00:05:28 (12.9%)	4:14	14.1 (87.0%)
11	<b>SZYMAŃSKI Łukasz</b>	<b>876</b>		M-18	4	00:01:38	00:07:57	00:16:12	00:24:49	00:33:44	<b>00:42:39.60</b>	<b>00:44:17.90</b>	+00:05:39 (13.3%)	4:15	14.1 (87.0%)
12	<b>RUSZCZYŃSKI Łukasz</b>	<b>859</b>	WĘZEL ŁĄCZNOŚCI SŁUPSK	M-30	5	00:01:39	00:08:18	00:16:57	00:25:42	00:34:24	<b>00:42:47.80</b>	<b>00:44:27.55</b>	+00:05:47 (13.5%)	4:16	14 (86.4%)
13	<b>KONKEL Agnieszka</b>	<b>806</b>		K-30	1	00:01:40	00:08:09	00:16:38	00:25:24	00:34:29	<b>00:43:05.05</b>	<b>00:44:45.15</b>	+00:06:05 (14.1%)	4:18	13.9 (85.8%)
14	<b>CZAPLIŃSKI Jacek</b>	<b>766</b>		M-30	6	00:01:42	00:08:07	00:16:44	00:25:30	00:34:22	<b>00:43:05.85</b>	<b>00:44:48.75</b>	+00:06:05 (14.2%)	4:18	13.9 (85.8%)
15	<b>CHOŁUJ Jarek</b>	<b>764</b>	ROZBIEGANY KOSZALIN	M-40	2	00:01:42	00:08:29	00:17:03	00:25:57	00:34:53	<b>00:43:39.65</b>	<b>00:45:21.85</b>	+00:06:39 (15.3%)	4:21	13.7 (84.6%)
16	<b>TCHÓRZEWSKI Marek</b>	<b>880</b>		M-40	3	00:01:42	00:08:25	00:16:59	00:25:50	00:34:52	<b>00:43:46.40</b>	<b>00:45:29.10</b>	+00:06:46 (15.5%)	4:22	13.7 (84.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2km	Start_All 4km	Start_All 6km	Start_All 8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	<b>LIZAKOWSKI Patryk</b>	<b>912</b>		M-18	5	00:01:41	00:08:50	00:18:07	00:27:33	00:37:04	<b>00:45:52.80</b>	<b>00:47:34.05</b>	+00:08:52 (19.4%)	4:35	13.1 (80.9%)
18	<b>KOWALCZYK Mariusz</b>	<b>810</b>	ROZBIEGANY KOSZALIN	M-40	4	00:01:44	00:08:31	00:17:44	00:27:10	00:36:47	<b>00:45:57.05</b>	<b>00:47:41.20</b>	+00:08:57 (19.5%)	4:35	13.1 (80.9%)
19	<b>ŁOPIŃSKI Piotr</b>	<b>823</b>	FSD	M-30	7	00:01:42	00:08:46	00:17:48	00:27:09	00:36:37	<b>00:45:58.20</b>	<b>00:47:40.95</b>	+00:08:58 (19.5%)	4:35	13.1 (80.9%)
20	<b>KSZCZANOWICZ Jacek</b>	<b>816</b>		M-40	5	00:01:49	00:08:58	00:18:00	00:27:16	00:36:47	<b>00:46:03.30</b>	<b>00:47:52.80</b>	+00:09:03 (19.7%)	4:36	13 (80.2%)
21	<b>BURKIET Marek</b>	<b>762</b>	JW 1223	M-40	6	00:01:40	00:08:49	00:17:53	00:27:14	00:36:44	<b>00:46:18.95</b>	<b>00:47:59.75</b>	+00:09:19 (20.1%)	4:37	13 (80.2%)
22	<b>SIENIAWSKI Jarosław</b>	<b>863</b>		M-40	7	00:01:41	00:08:37	00:17:55	00:27:31	00:37:05	<b>00:46:20.20</b>	<b>00:48:01.70</b>	+00:09:20 (20.2%)	4:38	12.9 (79.6%)
23	<b>DUDZIAK Piotr</b>	<b>774</b>	ROZBIEGANY KOSZALIN	M-40	8	00:01:41	00:08:34	00:17:53	00:27:34	00:37:08	<b>00:46:20.55</b>	<b>00:48:02.35</b>	+00:09:20 (20.2%)	4:38	12.9 (79.6%)
24	<b>JĘDRASZCZYK Marek</b>	<b>789</b>	WŁ SŁUPSK	M-40	9	00:01:45	00:09:00	00:18:27	00:28:00	00:37:28	<b>00:46:38.75</b>	<b>00:48:24.30</b>	+00:09:38 (20.7%)	4:39	12.9 (79.6%)
25	<b>KAŃDUŁA Mariusz</b>	<b>796</b>	WŁ SŁUPSK	M-40	10	00:01:46	00:08:59	00:18:25	00:28:01	00:37:37	<b>00:46:56.50</b>	<b>00:48:42.50</b>	+00:09:56 (21.2%)	4:41	12.8 (79.0%)
26	<b>MARCINIAK Michał</b>	<b>825</b>		M-18	6	00:01:42	00:08:39	00:18:00	00:27:52	00:37:37	<b>00:47:04.40</b>	<b>00:48:46.65</b>	+00:10:04 (21.4%)	4:42	12.7 (78.4%)
27	<b>MICHALCZYK Mariusz</b>	<b>832</b>	JW1223	M-40	11	00:01:40	00:08:52	00:18:06	00:27:44	00:37:36	<b>00:47:27.45</b>	<b>00:49:08.10</b>	+00:10:27 (22.0%)	4:44	12.6 (77.8%)
28	<b>CIUPA Marcin</b>	<b>765</b>	H2DESIGN	M-40	12	00:01:48	00:08:58	00:18:26	00:28:07	00:37:50	<b>00:47:29.55</b>	<b>00:49:17.85</b>	+00:10:29 (22.1%)	4:44	12.6 (77.8%)
29	<b>MISZCZYK Jan</b>	<b>833</b>	ROZBIEGANY KOSZALIN	M-18	7	00:01:46	00:09:14	00:18:45	00:28:42	00:38:55	<b>00:47:49.65</b>	<b>00:49:36.05</b>	+00:10:49 (22.6%)	4:47	12.5 (77.2%)
30	<b>RUTKOWSKI Artur</b>	<b>861</b>	RUTKOWSKI TEAM	M-18	8	00:01:38	00:08:21	00:17:48	00:27:49	00:38:05	<b>00:47:55.50</b>	<b>00:49:34.45</b>	+00:10:55 (22.8%)	4:47	12.5 (77.2%)
31	<b>PIETKO Joanna</b>	<b>846</b>	ROZBIEGANY KOSZALIN	K-40	1	00:01:43	00:09:12	00:18:36	00:28:28	00:38:15	<b>00:47:58.65</b>	<b>00:49:42.60</b>	+00:10:58 (22.9%)	4:47	12.5 (77.2%)
32	<b>JAROSZEWSKI Daniel</b>	<b>907</b>	ROZBIEGANY KOSZALIN	M-30	8	00:01:43	00:09:01	00:18:28	00:28:09	00:38:22	<b>00:48:23.50</b>	<b>00:50:06.85</b>	+00:11:23 (23.5%)	4:50	12.4 (76.5%)
33	<b>DATA Dariusz</b>	<b>770</b>		M-40	13	00:01:45	00:09:17	00:18:52	00:28:54	00:39:15	<b>00:48:40.40</b>	<b>00:50:26.00</b>	+00:11:40 (24.0%)	4:52	12.3 (75.9%)
34	<b>LUBINIECKI Marcin</b>	<b>911</b>		M-40	14	00:01:43	00:08:55	00:18:46	00:28:50	00:39:14	<b>00:48:46.00</b>	<b>00:50:29.35</b>	+00:11:46 (24.1%)	4:52	12.3 (75.9%)
35	<b>WOŁOWIEC Przemek</b>	<b>895</b>		M-30	9	00:01:41	00:10:03	00:19:57	00:29:45	00:39:30	<b>00:48:49.55</b>	<b>00:50:31.50</b>	+00:11:49 (24.2%)	4:53	12.3 (75.9%)
36	<b>KRUPIŃSKI Krzysztof</b>	<b>815</b>	WWW.E-UROLOG.EU	M-50	3	00:01:39	00:09:19	00:18:55	00:28:47	00:39:02	<b>00:48:49.90</b>	<b>00:50:29.85</b>	+00:11:49 (24.2%)	4:53	12.3 (75.9%)
37	<b>WALCZAK Marcin</b>	<b>888</b>	POLITECHNIKA KOSZALIŃSKA	M-30	10	00:01:39	00:09:00	00:18:39	00:28:32	00:38:46	<b>00:48:51.25</b>	<b>00:50:31.20</b>	+00:11:51 (24.3%)	4:53	12.3 (75.9%)
38	<b>CHODOR Izabela</b>	<b>763</b>	TKKF KOSZALIN	K-30	2	00:01:44	00:09:49	00:19:44	00:29:40	00:39:29	<b>00:48:59.10</b>	<b>00:50:43.20</b>	+00:11:59 (24.5%)	4:53	12.2 (75.3%)
39	<b>HOŁUBASZ Paweł</b>	<b>786</b>	PGF LĘBORK	M-30	11	00:01:46	00:09:09	00:18:54	00:28:58	00:39:13	<b>00:49:02.30</b>	<b>00:50:48.40</b>	+00:12:02 (24.6%)	4:54	12.2 (75.3%)
40	<b>BANCEWICZ Tomasz</b>	<b>751</b>	SALON KOSMETYCZNY DIAMENT SŁUPSK	M-30	12	00:01:46	00:10:00	00:19:55	00:29:48	00:39:30	<b>00:49:02.50</b>	<b>00:50:48.60</b>	+00:12:02 (24.6%)	4:54	12.2 (75.3%)
41	<b>DEMBICKI Daniel</b>	<b>772</b>		M-40	15	00:01:41	00:09:01	00:18:53	00:29:07	00:39:27	<b>00:49:09.05</b>	<b>00:50:50.75</b>	+00:12:09 (24.7%)	4:54	12.2 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
						startu	Start_All 2km	Start_All 4km	Start_All 6km	Start_All 8km					
42	<b>WIATRZYK Krzysztof</b>	<b>890</b>	DARŁOWO	M-40	16	00:01:43	00:09:02	00:18:33	00:28:28	00:38:38	<b>00:49:12.00</b>	<b>00:50:55.50</b>	+00:12:12 (24.8%)	4:55	12.2 (75.3%)
43	<b>SKOWYRSKI Janusz</b>	<b>866</b>	TKKF KOSZALIN	M-50	4	00:01:43	00:09:16	00:18:59	00:29:04	00:39:11	<b>00:49:17.10</b>	<b>00:51:00.90</b>	+00:12:17 (24.9%)	4:55	12.2 (75.3%)
44	<b>PIECZKA Bartosz</b>	<b>845</b>		M-18	9	00:01:42	00:09:18	00:19:00	00:29:11	00:39:37	<b>00:49:18.80</b>	<b>00:51:01.30</b>	+00:12:18 (25.0%)	4:55	12.2 (75.3%)
45	<b>BORKOWSKA-KOWALCZYK Daria</b>	<b>758</b>	WOMENS FIGHT CLUB KOSZALIN ROZBIEGANY KOSZALIN	K-30	3	00:01:43	00:09:24	00:19:09	00:29:20	00:39:33	<b>00:49:38.05</b>	<b>00:51:22.00</b>	+00:12:38 (25.5%)	4:57	12.1 (74.7%)
46	<b>ZIELIŃSKI Tomasz</b>	<b>900</b>		M-40	17	00:01:44	00:09:06	00:19:10	00:29:42	00:40:01	<b>00:49:39.65</b>	<b>00:51:24.60</b>	+00:12:39 (25.5%)	4:58	12.1 (74.7%)
47	<b>ZIÓŁKOWSKA Małgorzata</b>	<b>901</b>		K-30	4	00:01:42	00:09:57	00:20:00	00:30:02	00:40:02	<b>00:49:44.40</b>	<b>00:51:26.50</b>	+00:12:44 (25.6%)	4:58	12.1 (74.7%)
48	<b>BIELIŃSKI Michał</b>	<b>903</b>		M-40	18	00:01:49	00:10:21	00:20:42	00:30:43	00:40:34	<b>00:50:10.50</b>	<b>00:51:59.70</b>	+00:13:10 (26.3%)	5:01	12 (74.1%)
49	<b>KUKIEŁA Tomasz</b>	<b>819</b>		M-30	13	00:01:49	00:09:51	00:20:03	00:30:47	00:41:17	<b>00:50:20.65</b>	<b>00:52:09.65</b>	+00:13:20 (26.5%)	5:02	11.9 (73.5%)
50	<b>METERA Piotr</b>	<b>831</b>	RUNNERSWALDE	M-30	14	00:01:44	00:09:40	00:20:00	00:30:26	00:40:57	<b>00:50:28.95</b>	<b>00:52:13.50</b>	+00:13:29 (26.7%)	5:02	11.9 (73.5%)
51	<b>GOSTOMCZYK Krzysztof</b>	<b>777</b>		M-30	15	00:01:39	00:09:15	00:19:21	00:29:41	00:40:38	<b>00:50:30.85</b>	<b>00:52:09.95</b>	+00:13:30 (26.8%)	5:03	11.9 (73.5%)
52	<b>NOREK Tomek</b>	<b>836</b>		M-40	19	00:01:45	00:09:24	00:19:23	00:29:52	00:40:33	<b>00:51:04.05</b>	<b>00:52:49.40</b>	+00:14:04 (27.5%)	5:06	11.7 (72.2%)
53	<b>SZAŁACHA Norbert</b>	<b>873</b>		M-30	16	00:01:44	00:09:40	00:20:00	00:30:26	00:40:57	<b>00:51:18.35</b>	<b>00:53:02.60</b>	+00:14:18 (27.9%)	5:07	11.7 (72.2%)
54	<b>SIDEŁKO Robert</b>	<b>862</b>	POLITECHNIKA KOSZALIŃSKA	M-50	5	00:01:50	00:10:39	00:21:01	00:31:28	00:41:42	<b>00:51:36.35</b>	<b>00:53:27.05</b>	+00:14:36 (28.3%)	5:09	11.6 (71.6%)
55	<b>PRUS Mikołaj</b>	<b>913</b>		M-OPEN	1	00:01:40	00:09:08	00:20:11	00:30:31	00:41:56	<b>00:51:46.00</b>	<b>00:53:26.70</b>	+00:14:46 (28.5%)	5:10	11.6 (71.6%)
56	<b>KAZIMIEROWICZ Radosław</b>	<b>801</b>	VTT KOSZALIN	M-30	17	00:01:46	00:09:29	00:19:41	00:30:28	00:41:14	<b>00:51:46.45</b>	<b>00:53:32.60</b>	+00:14:46 (28.5%)	5:10	11.6 (71.6%)
57	<b>KONKEL Łukasz</b>	<b>807</b>		M-30	18	00:01:49	00:09:51	00:20:03	00:30:47	00:41:17	<b>00:51:54.05</b>	<b>00:53:43.20</b>	+00:14:54 (28.7%)	5:11	11.6 (71.6%)
58	<b>DĄBROWSKA Alicja</b>	<b>771</b>	TKKF KOSZALIN	K-50	1	00:01:50	00:10:22	00:20:49	00:31:28	00:41:53	<b>00:51:56.60</b>	<b>00:53:47.35</b>	+00:14:56 (28.8%)	5:11	11.5 (71.0%)
59	<b>BUŻNIAK Beata</b>	<b>904</b>	BRYGADA BESKIDÓW	K-18	1	00:01:40	00:09:57	00:20:18	00:31:14	00:42:05	<b>00:52:16.00</b>	<b>00:53:56.35</b>	+00:15:16 (29.2%)	5:13	11.5 (71.0%)
60	<b>KAMIŃSKI Tomasz</b>	<b>794</b>	JW1223/STUDENT POLITECHNIKI	M-30	19	00:01:40	00:09:54	00:20:25	00:31:17	00:42:25	<b>00:52:35.95</b>	<b>00:54:16.60</b>	+00:15:36 (29.7%)	5:15	11.4 (70.4%)
61	<b>BERNACKI Adam</b>	<b>902</b>		M-40	20	00:01:46	00:10:19	00:20:59	00:31:51	00:42:39	<b>00:53:10.90</b>	<b>00:54:57.80</b>	+00:16:10 (30.4%)	5:19	11.3 (69.8%)
62	<b>KOWALSKI Maciej</b>	<b>811</b>		M-30	20	00:01:43	00:09:49	00:20:21	00:31:25	00:42:27	<b>00:53:41.35</b>	<b>00:55:24.70</b>	+00:16:41 (31.1%)	5:22	11.2 (69.1%)
63	<b>MALESZA-HOUSIN Joanna</b>	<b>824</b>		K-40	2	00:01:51	00:10:13	00:20:45	00:31:27	00:42:30	<b>00:53:46.55</b>	<b>00:55:37.85</b>	+00:16:46 (31.2%)	5:22	11.2 (69.1%)
64		<b>910</b>				00:01:47	00:11:05	00:22:12	00:33:12	00:44:10	<b>00:53:49.45</b>	<b>00:55:37.40</b>	+00:16:49 (31.3%)	5:23	11.1 (68.5%)
65	<b>HRYCIÓW Paweł</b>	<b>787</b>	BIAŁOGARD	M-30	21	00:01:57	00:10:29	00:20:39	00:31:46	00:43:14	<b>00:53:54.35</b>	<b>00:55:51.65</b>	+00:16:54 (31.4%)	5:23	11.1 (68.5%)
66	<b>MORDACZ Tomasz</b>	<b>835</b>		M-30	22	00:01:48	00:11:04	00:22:11	00:33:10	00:44:09	<b>00:53:54.75</b>	<b>00:55:43.05</b>	+00:16:54 (31.4%)	5:23	11.1 (68.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2km	Start_All 4km	Start_All 6km	Start_All 8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
67	<b>JUSZCZAK Krzysztof</b>	<b>792</b>		M-60	1	00:02:10	00:10:04	00:20:43	00:31:49	00:43:02	<b>00:54:11.95</b>	<b>00:56:21.95</b>	+00:17:12 (31.7%)	5:25	11.1 (68.5%)
68	<b>GOLEC Anna</b>	<b>776</b>	GOLEC TEAM	K-40	3	00:01:46	00:10:44	00:21:38	00:32:33	00:43:40	<b>00:54:40.80</b>	<b>00:56:27.50</b>	+00:17:40 (32.3%)	5:28	11 (67.9%)
69	<b>BASSEL Marcin</b>	<b>754</b>		M-30	23	00:01:45	00:10:45	00:21:41	00:32:37	00:43:41	<b>00:54:41.85</b>	<b>00:56:27.65</b>	+00:17:41 (32.4%)	5:28	11 (67.9%)
70	<b>REMLAKOWSKI Krzysztof</b>	<b>856</b>	WE RUN	M-40	21	00:01:47	00:11:05	00:22:12	00:33:11	00:44:10	<b>00:54:56.90</b>	<b>00:56:44.00</b>	+00:17:56 (32.7%)	5:29	10.9 (67.3%)
71	<b>SZYMAŃSKI Piotr</b>	<b>877</b>		M-40	22	00:01:47	00:11:04	00:22:12	00:33:11	00:44:09	<b>00:54:58.10</b>	<b>00:56:45.40</b>	+00:17:58 (32.7%)	5:29	10.9 (67.3%)
72	<b>LUBINIECKA Joanna</b>	<b>909</b>		K-40	4	00:01:43	00:10:23	00:21:28	00:32:55	00:44:29	<b>00:55:51.05</b>	<b>00:57:34.10</b>	+00:18:51 (33.8%)	5:35	10.7 (66.0%)
73	<b>HAŁKA Ola</b>	<b>782</b>		K-18	2	00:01:44	00:10:53	00:22:10	00:33:24	00:44:58	<b>00:56:03.25</b>	<b>00:57:47.65</b>	+00:19:03 (34.0%)	5:36	10.7 (66.0%)
74	<b>WENCŁAWSKI Michał</b>	<b>889</b>	ARAGORTEAM	M-18	10	00:01:44	00:10:30	00:21:44	00:33:10	00:44:45	<b>00:56:20.50</b>	<b>00:58:05.20</b>	+00:19:20 (34.3%)	5:38	10.6 (65.4%)
75	<b>ŻUKOWSKI Cezary</b>	<b>906</b>	MIGAWKOWE.PL	M-30	24	00:01:44	00:10:04	00:21:23	00:33:21	00:45:16	<b>00:56:52.65</b>	<b>00:58:37.40</b>	+00:19:52 (34.9%)	5:41	10.5 (64.8%)
76	<b>BUTOWICZ Adam</b>	<b>908</b>		M-50	6	00:01:52	00:10:27	00:21:35	00:33:17	00:44:53	<b>00:57:13.80</b>	<b>00:59:05.90</b>	+00:20:13 (35.4%)	5:43	10.5 (64.8%)
77	<b>MARCZAK Małgorzata</b>	<b>827</b>	AMATOR	K-50	2	00:01:43	00:10:35	00:22:08	00:34:08	00:46:37	<b>00:58:15.30</b>	<b>00:59:58.35</b>	+00:21:15 (36.5%)	5:49	10.3 (63.6%)
78	<b>LASKOWSKI Grzegorz</b>	<b>820</b>		M-30	25	00:01:47	00:10:45	00:22:05	00:33:51	00:46:16	<b>00:58:16.40</b>	<b>01:00:04.15</b>	+00:21:16 (36.5%)	5:49	10.3 (63.6%)
79	<b>BRYŁA Katarzyna</b>	<b>760</b>		K-40	5	00:01:44	00:10:35	00:22:17	00:34:03	00:46:04	<b>00:58:19.90</b>	<b>01:00:04.65</b>	+00:21:19 (36.6%)	5:50	10.3 (63.6%)
80	<b>GÓRNIAK Stanisław</b>	<b>778</b>	WŁ SŁUPSK	M-50	7	00:01:45	00:10:57	00:22:43	00:34:48	00:47:01	<b>00:58:53.35</b>	<b>01:00:38.70</b>	+00:21:53 (37.2%)	5:53	10.2 (63.0%)
81	<b>ŚLEDŹ Andrzej</b>	<b>879</b>	WŁ SŁUPSK	M-40	23	00:01:52	00:11:44	00:24:10	00:35:37	00:47:27	<b>00:58:56.15</b>	<b>01:00:48.55</b>	+00:21:56 (37.2%)	5:53	10.2 (63.0%)
82	<b>BASIAK Krystian</b>	<b>753</b>	JW 1223 KOSZALIN	M-30	26	00:01:58	00:10:42	00:22:10	00:34:45	00:47:33	<b>00:59:08.50</b>	<b>01:01:06.50</b>	+00:22:08 (37.4%)	5:54	10.1 (62.3%)
83	<b>WACHHOLZ Beata</b>	<b>886</b>	KB BRYZA POSTOMINO	K-40	6	00:01:51	00:11:36	00:23:25	00:35:37	00:47:41	<b>00:59:38.00</b>	<b>01:01:29.30</b>	+00:22:38 (38.0%)	5:57	10.1 (62.3%)
84	<b>SZYSZKOWSKI Tomasz</b>	<b>878</b>		M-30	27	00:01:44	00:11:05	00:23:19	00:35:21	00:47:44	<b>00:59:57.75</b>	<b>01:01:42.70</b>	+00:22:57 (38.3%)	5:59	10 (61.7%)
85	<b>GRAJ Joanna</b>	<b>780</b>		K-18	3	00:01:51	00:11:18	00:23:12	00:35:30	00:48:07	<b>01:00:37.10</b>	<b>01:02:28.15</b>	+00:23:37 (39.0%)	6:03	9.9 (61.1%)
86	<b>VENTRE Carmelo</b>	<b>884</b>		M-40	24	00:01:51	00:10:43	00:22:43	00:35:29	00:48:28	<b>01:00:57.50</b>	<b>01:02:48.70</b>	+00:23:57 (39.3%)	6:05	9.8 (60.5%)
87	<b>STYCZYŃSKA-KOWALSKA Ewa</b>	<b>871</b>		K-30	5	00:01:44	00:10:58	00:23:57	00:37:13	00:50:36	<b>01:03:40.30</b>	<b>01:05:24.55</b>	+00:26:40 (41.9%)	6:22	9.4 (58.0%)
88	<b>PASEK Paula</b>	<b>840</b>		K-30	6	00:01:47	00:11:42	00:24:35	00:38:01	00:51:41	<b>01:05:11.10</b>	<b>01:06:58.50</b>	+00:28:11 (43.2%)	6:31	9.2 (56.8%)
89	<b>PASEK Jan</b>	<b>841</b>		M-60	2	00:01:47	00:12:51	00:27:28	00:42:49	00:58:27	<b>01:13:41.45</b>	<b>01:15:28.85</b>	+00:36:41 (49.8%)	7:22	8.1 (50.0%)
90	<b>CZERWIŃSKI Daniel</b>	<b>767</b>		M-30	28	00:01:46	00:20:12	00:30:43	00:41:43	00:52:01			+00:22:06	6:30	9.2 (56.8%)