



BIEG POLITECHNIKI KOSZALIŃSKIEJ - 10KM

B4SPORT

Organizator: Politechnika Koszalińska
Data: 2016-06-18
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GRZESIK Eugeniusz	251	TKKF KOSZALIN	M-50	1	00:00:22	00:09:18	00:18:48	00:28:23	00:37:44.55	00:38:06.95		3:46	15.9 (100%)
2	KUBIŃSKI Rafał	303	ALLIANZ RUNNING TEAM	M-50	2	00:00:26	00:10:23	00:21:20	00:32:29	00:43:24.90	00:43:51.30	+00:05:40 (13.1%)	4:20	13.8 (86.8%)
3	CHWALEBA Jan	219		M-50	3	00:00:26	00:10:33	00:21:42	00:33:06	00:44:14.60	00:44:41.45	+00:06:30 (14.7%)	4:25	13.6 (85.5%)
4	LAMPKOWSKI Krzysztof	306		M-50	4	00:00:25	00:10:16	00:21:47	00:33:56	00:45:15.15	00:45:41.05	+00:07:30 (16.6%)	4:31	13.3 (83.6%)
5	SCHWARZ Ludwik	365		M-50	5	00:00:23	00:11:36	00:23:24	00:35:19	00:46:40.95	00:47:04.10	+00:08:56 (19.2%)	4:40	12.9 (81.1%)
6	PEŁKA Janusz	348		M-50	6	00:00:31	00:10:54	00:23:02	00:35:10	00:46:53.20	00:47:24.25	+00:09:08 (19.5%)	4:41	12.8 (80.5%)
7	BOGACKI Tomasz	204	TKKF KOSZALIN	M-50	7	00:00:29	00:11:41	00:23:50	00:35:59	00:47:54.40	00:48:23.85	+00:10:09 (21.2%)	4:47	12.5 (78.6%)
8	JANUSZEWSKI Jacek	262	17 WOG KOSZALIN	M-50	8	00:00:36	00:11:46	00:23:51	00:36:15	00:48:47.85	00:49:24.35	+00:11:03 (22.7%)	4:52	12.3 (77.4%)
9	MARCZAK Andrzej	317		M-50	9	00:00:31	00:11:59	00:24:28	00:37:05	00:49:46.50	00:50:17.80	+00:12:01 (24.2%)	4:58	12.1 (76.1%)
10	KORPAL Cezary	292	ROZBIEGANY KOSZALIN	M-50	10	00:00:35	00:12:50	00:25:28	00:38:04	00:50:17.95	00:50:53.20	+00:12:33 (25.0%)	5:01	11.9 (74.8%)
11	WOJANOWSKI Zbigniew	412		M-50	11	00:00:41	00:12:11	00:24:38	00:37:49	00:50:26.40	00:51:07.80	+00:12:41 (25.2%)	5:02	11.9 (74.8%)

Znaleziono 11 wynik(ów)