



BIEG POLITECHNIKI KOSZALIŃSKIEJ - 10KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

BIEG POLITECHNIKI KOSZALIŃSKIEJ
Politechnika Koszalińska
2018-06-16
Koszalin
8.4 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.1km	Start_All 4.2km	Start_All 6.3km	Czas netto 8.4km	Różn	Tempo min/km	Tempo km/h
1	KĘPKA Adrian	194	DECATHLON KOSZALIN	M-18	1	00:07:22	00:14:39	00:21:59	00:29:04.40		3:27	17.3 (100%)
2	GAWRON Piotr	164	ULKS TALEX BORZYTUCHOM	M-18	2	00:07:28	00:14:46	00:22:05	00:29:22.50	+00:00:18 (1.0%)	3:29	17.2 (99.4%)
3	ZABORSKI Ryszard	294	TKKF KOSZALIN/ORKIESTRA WOJSKOWA	M-40	1	00:07:23	00:14:40	00:22:02	00:29:34.25	+00:00:29 (1.7%)	3:31	17 (98.3%)
4	JAROSZ Wiesław	182	JW. 1223/BLOG	M-40	2	00:07:22	00:14:41	00:22:12	00:29:43.65	+00:00:39 (2.2%)	3:32	17 (98.3%)
5	STEBELSKI Jasiak	267		M-30	1	00:07:24	00:15:06	00:23:09	00:31:02.30	+00:01:57 (6.3%)	3:41	16.2 (93.6%)
6	NAKONIECZNY Rafał	230	TKKF KOSZALIN	M-30	2	00:08:04	00:16:09	00:24:00	00:31:54.40	+00:02:50 (8.9%)	3:47	15.8 (91.3%)
7	MOSEK Radosław	225		M-30	3	00:07:45	00:15:47	00:24:03	00:32:17.80	+00:03:13 (10.0%)	3:50	15.6 (90.2%)
8	SITOWSKI Marcin	259	FC RYSIEK	M-18	3	00:08:05	00:16:10	00:24:35	00:32:46.35	+00:03:41 (11.3%)	3:54	15.4 (89.0%)
9	ZWOLIŃSKI Jan	298	TKKF KOSZALIN	M-50	1	00:08:05	00:16:22	00:24:40	00:32:47.25	+00:03:42 (11.3%)	3:54	15.4 (89.0%)
10	KOŚCIELNIAK Robert	201	TKKF KOSZALIN	M-50	2	00:08:16	00:16:51	00:25:37	00:34:05.80	+00:05:01 (14.7%)	4:03	14.8 (85.5%)
11	GÓRNY Norbert	171	CSSP KOSZALIN	M-40	3	00:08:33	00:17:00	00:25:48	00:34:16.40	+00:05:12 (15.2%)	4:04	14.7 (85.0%)
12	JAROSZ Przemysław	264	JW1223/BLOG	M-18	4	00:08:28	00:17:12	00:26:01	00:34:19.55	+00:05:15 (15.3%)	4:05	14.7 (85.0%)
13	SIWIK Stanisław	260	283. KRT DARŻEWO	M-30	4	00:08:22	00:16:59	00:25:53	00:34:36.70	+00:05:32 (16.0%)	4:07	14.6 (84.4%)
14	ZIENOWICZ Michał	296		M-18	5	00:09:00	00:18:24	00:27:25	00:35:37.05	+00:06:32 (18.4%)	4:14	14.2 (82.1%)
15	ADAMCZYK Karol	131		M-30	5	00:08:26	00:17:34	00:26:47	00:36:14.05	+00:07:09 (19.8%)	4:18	13.9 (80.3%)
16	SOBOLEWSKI Krzysztof	263		M-40	4	00:08:29	00:17:39	00:26:56	00:36:15.65	+00:07:11 (19.8%)	4:18	13.9 (80.3%)
17	JAMNIAK Bartosz	180	TKKF KOSZALIN	M-30	6	00:08:30	00:17:42	00:27:06	00:36:27.55	+00:07:23 (20.3%)	4:20	13.8 (79.8%)
18	PEKAŁA Piotr	243	ROZBIEGANY KOSZALIN	M-40	5	00:09:23	00:18:53	00:28:17	00:36:59.00	+00:07:54 (21.4%)	4:24	13.6 (78.6%)
19	PUŚCIAN Krzysztof	249	SZKOŁA PODSTAWOWA W MANOWIE	M-40	6	00:09:21	00:18:45	00:28:11	00:37:16.85	+00:08:12 (22.0%)	4:26	13.5 (78.0%)
20	ROGOŻA Ireneusz	253		M-40	7	00:09:22	00:18:49	00:28:15	00:37:20.95	+00:08:16 (22.2%)	4:26	13.5 (78.0%)
21	KRUPIŃSKI Krzysztof	206	E-UROLOG.EU	M-50	3	00:09:11	00:18:30	00:27:54	00:37:22.90	+00:08:18 (22.2%)	4:27	13.5 (78.0%)
22	NOWAK Jacek	234		M-40	8	00:08:52	00:18:24	00:28:17	00:37:46.00	+00:08:41 (23.0%)	4:29	13.3 (76.9%)
23	BASSEL Marcin	136		M-30	7	00:09:21	00:18:48	00:28:35	00:38:09.65	+00:09:05 (23.8%)	4:32	13.2 (76.3%)
24	WOJCIECHOWSKI Andrzej	289		M-30	8	00:09:30	00:19:02	00:28:42	00:38:15.10	+00:09:10 (24.0%)	4:33	13.2 (76.3%)
25	KWIETNIEWSKI Daniel	209		M-30	9	00:09:15	00:18:50	00:28:46	00:38:27.40	+00:09:23 (24.4%)	4:34	13.1 (75.7%)
26	KILAR Tomasz	195	KILAR SPORT TEAM	M-40	9	00:09:03	00:18:47	00:28:38	00:38:33.40	+00:09:29 (24.6%)	4:35	13.1 (75.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All			Czas netto	Różn	Tempo min/km	Tempo km/h
						2.1km	4.2km	6.3km	8.4km			
27	MALINOWSKI Mariusz	214		M-30	10	00:09:15	00:18:59	00:28:54	00:38:47.45	+00:09:43 (25.1%)	4:37	13 (75.1%)
28	WIATRZYK Krzysztof	281		M-40	10	00:09:23	00:19:03	00:29:08	00:38:48.85	+00:09:44 (25.1%)	4:37	13 (75.1%)
29	PRZYBYSZ Szymon	302	WAT	M-18	6	00:09:34	00:19:32	00:29:44	00:39:01.65	+00:09:57 (25.5%)	4:38	12.9 (74.6%)
30	STASIOROWSKI Sebastian	265		M-30	11	00:09:01	00:18:52	00:29:09	00:39:12.60	+00:10:08 (25.9%)	4:40	12.9 (74.6%)
31	SZYMAŃSKI Piotr	272	SZYMKIRUN	M-40	11	00:09:58	00:20:02	00:29:57	00:39:20.35	+00:10:15 (26.1%)	4:40	12.8 (74.0%)
32	KONKEL Łukasz	199		M-30	12	00:09:42	00:19:34	00:29:46	00:39:20.70	+00:10:16 (26.1%)	4:41	12.8 (74.0%)
33	BURKIET Marek	146	JW 1223	M-40	12	00:09:29	00:19:25	00:29:20	00:39:21.70	+00:10:17 (26.1%)	4:41	12.8 (74.0%)
34	KORCZYŃSKI Sławomir	200		M-18	7	00:09:10	00:19:24	00:29:43	00:39:22.30	+00:10:17 (26.2%)	4:41	12.8 (74.0%)
35	BARUTOWICZ Grzegorz	135		M-30	13	00:09:34	00:19:45	00:29:55	00:39:36.20	+00:10:31 (26.6%)	4:42	12.7 (73.4%)
36	NOREK Tomek	233		M-50	4	00:09:41	00:19:39	00:29:51	00:39:54.85	+00:10:50 (27.2%)	4:45	12.6 (72.8%)
37	ZIELIŃSKI Grzegorz	295		M-60	1	00:09:36	00:19:40	00:29:55	00:40:15.75	+00:11:11 (27.8%)	4:47	12.5 (72.3%)
38	LEWANDOWSKI Marek Krzysztof	210		M-30	14	00:09:47	00:20:01	00:30:12	00:40:21.60	+00:11:17 (28.0%)	4:48	12.5 (72.3%)
39	KAZIMIEROWICZ Radosław	193	VTT KOSZALIN	M-30	15	00:09:44	00:19:54	00:30:26	00:40:47.85	+00:11:43 (28.7%)	4:51	12.4 (71.7%)
40	OSOBNIAK Ryszard	236		M-60	2	00:09:53	00:20:08	00:30:38	00:40:52.90	+00:11:48 (28.9%)	4:52	12.3 (71.1%)
41	MARCINIAK Michał	215		M-18	8	00:10:04	00:20:18	00:30:42	00:41:09.00	+00:12:04 (29.3%)	4:53	12.2 (70.5%)
42	NIEDBAŁA Konrad	231		M-40	13	00:10:05	00:20:32	00:30:52	00:41:13.10	+00:12:08 (29.5%)	4:54	12.2 (70.5%)
43	ANTKOWIAK Sebastian	132	DB - ACTIVE	M-40	14	00:10:30	00:21:02	00:31:14	00:41:23.90	+00:12:19 (29.8%)	4:55	12.2 (70.5%)
44	GOSTOMCZYK Krzysztof	168		M-30	16	00:09:31	00:20:11	00:31:15	00:41:43.25	+00:12:38 (30.3%)	4:58	12.1 (69.9%)
45	SZYSZKOWSKI Tomasz	274	ROZBIEGANY KOSZALIN	M-30	17	00:10:14	00:20:40	00:31:16	00:41:49.85	+00:12:45 (30.5%)	4:58	12.1 (69.9%)
46	HOŁUBASZ Paweł	178		M-40	15	00:10:03	00:20:32	00:31:20	00:42:08.00	+00:13:03 (31.0%)	5:00	12 (69.4%)
47	GALICKI Robert	160		M-40	16	00:10:26	00:20:31	00:31:14	00:42:10.95	+00:13:06 (31.1%)	5:01	11.9 (68.8%)
48	SZALKOWSKI Dariusz	268		M-50	5	00:09:34	00:20:06	00:31:07	00:42:14.90	+00:13:10 (31.2%)	5:01	11.9 (68.8%)
49	PANCERZYŃSKI Łukasz	238		M-30	18	00:10:32	00:21:15	00:32:01	00:42:28.65	+00:13:24 (31.6%)	5:03	11.9 (68.8%)
50	TELESIEWICZ Henryk	276		M-70+	1	00:09:09	00:19:59	00:31:34	00:42:39.80	+00:13:35 (31.9%)	5:04	11.8 (68.2%)
51	KOBUS Piotr	197		M-30	19	00:10:07	00:20:36	00:31:50	00:42:42.55	+00:13:38 (31.9%)	5:05	11.8 (68.2%)
52	BEDNARZ Sebastian	137		M-40	17	00:10:32	00:21:05	00:31:45	00:42:50.10	+00:13:45 (32.1%)	5:05	11.8 (68.2%)
53	DUDZIAK Piotr	155	FOR-REST-RUN KOSZALIN	M-40	18	00:09:52	00:20:30	00:31:38	00:42:55.10	+00:13:50 (32.3%)	5:06	11.7 (67.6%)
54	CZERWIŃSKI Szczyśny	151		M-40	19	00:09:37	00:20:21	00:31:49	00:42:56.35	+00:13:51 (32.3%)	5:06	11.7 (67.6%)
55	BUTOWICZ Adam	147		M-50	6	00:10:39	00:21:31	00:32:21	00:43:14.25	+00:14:09 (32.8%)	5:08	11.7 (67.6%)
56	MONGIAŁO Marcin	223	FAST FEET K-LIN	M-40	20	00:10:48	00:21:39	00:32:23	00:43:27.65	+00:14:23 (33.1%)	5:10	11.6 (67.1%)
57	JUSZCZAK Krzysztof	187		M-60	3	00:10:18	00:21:05	00:32:19	00:43:30.60	+00:14:26 (33.2%)	5:10	11.6 (67.1%)
58	BILL Łukasz	141		M-30	20	00:10:56	00:22:08	00:33:29	00:44:32.30	+00:15:27 (34.7%)	5:18	11.3 (65.3%)
59	KRASIŃSKI Witold	204	JW 1223	M-40	21	00:10:30	00:21:48	00:33:35	00:45:22.25	+00:16:17 (35.9%)	5:24	11.1 (64.2%)
60	GARNCAREK Paweł	161	WILKI KOSZALIN	M-30	21	00:11:01	00:22:30	00:34:06	00:45:25.35	+00:16:20 (36.0%)	5:24	11.1 (64.2%)
61	WIERZBICKI Kacper	285	ŁUBU DUBU PREZES KLUBU	M-18	9	00:11:09	00:22:53	00:34:26	00:45:47.50	+00:16:43 (36.5%)	5:27	11 (63.6%)
62	SZCZYGŁOWSKI Michał	269		M-18	10	00:11:00	00:22:55	00:34:40	00:46:03.00	+00:16:58 (36.9%)	5:28	10.9 (63.0%)
63	BARANOWSKI Krzysztof	133		M-18	11	00:11:01	00:22:57	00:34:41	00:46:03.30	+00:16:58 (36.9%)	5:29	10.9 (63.0%)
64	WITEK Adrian	287		M-18	12	00:10:01	00:22:10	00:34:39	00:46:58.05	+00:17:53 (38.1%)	5:35	10.7 (61.8%)
65	MELION Paweł	218		M-18	13	00:11:47	00:23:46	00:35:41	00:47:03.70	+00:17:59 (38.2%)	5:36	10.7 (61.8%)
66	ZAREMBA Tomasz	303		M-30	22	00:11:09	00:23:11	00:35:30	00:47:14.75	+00:18:10 (38.5%)	5:37	10.7 (61.8%)
67	WOJANOWSKI Zbigniew	288	BIEGAM BO LUBIĘ	M-60	4	00:10:46	00:22:34	00:35:22	00:48:19.15	+00:19:14 (39.8%)	5:45	10.4 (60.1%)
68	ŁUBNIEWSKI Arkadiusz	211	ANOX TEAM	M-30	23	00:11:15	00:23:10	00:35:31	00:48:20.30	+00:19:15 (39.9%)	5:45	10.4 (60.1%)
69	BIAŁOŻYD Andrzej	139		M-60	5	00:12:23	00:25:29	00:38:46	00:52:22.05	+00:23:17 (44.5%)	6:14	9.6 (55.5%)
70	JĘDRZEJEWSKI Krzysztof	186		M-30	24	00:11:44	00:24:13	00:37:59	00:52:49.90	+00:23:45 (45.0%)	6:17	9.5 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.1km	Start_All 4.2km	Start_All 6.3km	Czas netto 8.4km	Różn	Tempo min/km	Tempo km/h
71	PASEK Jan	240	KLUB BIEGOWY JANTAR ŚWIESZYNO	M-60	6	00:13:01	00:26:53	00:41:32	00:56:20.85	+00:27:16 (48.4%)	6:42	8.9 (51.4%)

Znaleziono 71 wynik(ów)