

BIEG POLITECHNIKI KOSZALIŃSKIEJ - 4 KM

B4SPORT

Wydarzenie: Bieg Politechniki Koszalińskiej
Organizator: Politechnika Koszalińska
Data: 2017-06-10
Miejsce: Koszalin
Dystans: 4 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2km	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
1	SZAMREJ Wojciech	678		M-50	1	00:01:39	00:07:40	00:15:42.30	00:17:21.80		3:55	15.3 (100%)
2	WÓJCIK Damian	694	RUNNERSWALDE DARŁOWO	M-40	1	00:02:21	00:07:59	00:15:59.95	00:18:21.20	+00:00:17 (1.8%)	4:00	15 (98.0%)
3	SIWIK Stanisław	668		M-30	1	00:01:46	00:08:09	00:16:02.80	00:17:49.00	+00:00:20 (2.1%)	4:00	15 (98.0%)
4	BARANOWSKI Piotr	504	ROZBIEGANY KOSZALIN	M-40	2	00:01:39	00:07:54	00:16:03.40	00:17:43.20	+00:00:21 (2.2%)	4:01	14.9 (97.4%)
5	ŚNIEŻKO Marcin	712	TKKF KOSZALIN	M-30	2	00:01:40	00:07:58	00:16:26.65	00:18:07.10	+00:00:44 (4.5%)	4:06	14.6 (95.4%)
6	MICKIEWICZ Adam	624	JW 3937 MRZEŻYNO	M-30	3	00:01:56	00:08:00	00:16:32.40	00:18:28.55	+00:00:50 (5.0%)	4:08	14.5 (94.8%)
7	RUKOWSKI Ryszard	662	RUTKOWSKI TEAM	M-50	2	00:01:48	00:08:08	00:16:32.75	00:18:21.10	+00:00:50 (5.1%)	4:08	14.5 (94.8%)
8	KAMELSKI Piotr	704	OLSZEWSKI I SYNOWIE	M-40	3	00:01:41	00:08:08	00:16:33.15	00:18:14.55	+00:00:50 (5.1%)	4:08	14.5 (94.8%)
9	ŁABEJSZA Łukasz	606	WOJOWNICY WÓDY	M-30	4	00:02:01	00:08:31	00:16:59.15	00:19:00.85	+00:01:16 (7.5%)	4:14	14.1 (92.2%)
10	ŚWIETLIK Tomasz	684		M-50	3	00:01:48	00:08:32	00:17:11.40	00:18:59.40	+00:01:29 (8.6%)	4:17	14 (91.5%)
11	HAMALA Marcin	549		M-30	5	00:02:03	00:08:37	00:17:20.65	00:19:23.65	+00:01:38 (9.5%)	4:20	13.8 (90.2%)
12	RÓG Michał	661		M-30	6	00:01:48	00:08:45	00:17:22.55	00:19:11.40	+00:01:40 (9.6%)	4:20	13.8 (90.2%)
13	MUCHA Krzysztof	636	KOSZALIN	M-30	7	00:01:48	00:08:44	00:17:22.70	00:19:11.40	+00:01:40 (9.6%)	4:20	13.8 (90.2%)
14	MOSIOŁEK Piotr	631		M-40	4	00:01:43	00:08:44	00:17:25.25	00:19:09.10	+00:01:42 (9.8%)	4:21	13.8 (90.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2km	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
15	WIECZORKOWSKI Władysław	692		M-60	1	00:01:38	00:08:34	00:17:26.30	00:19:05.20	+00:01:44 (9.9%)	4:21	13.8 (90.2%)
16	PICK Tomasz	645	MK KOSZALIN	M-40	5	00:01:47	00:08:52	00:17:27.45	00:19:15.40	+00:01:45 (10.0%)	4:22	13.7 (89.5%)
17	GOŃKA Krzysztof	726	DECATHLON KOSZALIN	M-18	1	00:01:43	00:08:43	00:17:32.45	00:19:15.50	+00:01:50 (10.5%)	4:23	13.7 (89.5%)
18	ZDROWIECKI Artur	701		M-30	8	00:01:50	00:08:32	00:17:35.10	00:19:25.90	+00:01:52 (10.7%)	4:23	13.6 (88.9%)
19	JABŁOŃSKI Tomasz	554	SPOKO SŁAWNO	M-30	9	00:01:41	00:08:33	00:17:39.60	00:19:21.10	+00:01:57 (11.1%)	4:25	13.6 (88.9%)
20	SKOWROŃSKI Tomasz	669		M-30	10	00:01:57	00:09:11	00:17:41.35	00:19:38.75	+00:01:59 (11.2%)	4:25	13.6 (88.9%)
21	MAZUR Bartosz	615		M-18	2	00:02:02	00:09:10	00:17:43.95	00:19:46.05	+00:02:01 (11.4%)	4:26	13.5 (88.2%)
22	JÓZEFKO Bartek	719	GIMNAZJUM OBJAZDA	M-14	1	00:01:56	00:08:48	00:17:45.05	00:19:41.30	+00:02:02 (11.5%)	4:26	13.5 (88.2%)
23	ŻMIJOWSKI Piotr	703		M-40	6	00:01:40	00:08:40	00:17:45.85	00:19:26.20	+00:02:03 (11.6%)	4:26	13.5 (88.2%)
24	PRZYBYSZ Szymon	652		M-18	3	00:01:42	00:08:45	00:17:51.30	00:19:33.90	+00:02:09 (12.0%)	4:27	13.4 (87.6%)
25	ZAWADA Andrzej	699	WYBRZEŻE	M-50	4	00:01:58	00:08:51	00:17:53.10	00:19:51.90	+00:02:10 (12.2%)	4:28	13.4 (87.6%)
26	LAMPKOWSKI Krzysztof	600		M-50	5	00:01:43	00:08:34	00:17:54.20	00:19:37.65	+00:02:11 (12.3%)	4:28	13.4 (87.6%)
27	MOŻUCH Michał	633		M-18	4	00:02:01	00:08:59	00:17:55.75	00:19:56.95	+00:02:13 (12.4%)	4:28	13.4 (87.6%)
28	MICERSKI Tomasz	727	TKKF KOSZALIN	M-40	7	00:01:44	00:09:12	00:18:06.40	00:19:50.95	+00:02:24 (13.3%)	4:31	13.3 (86.9%)
29	MINSCHINSKI Daniel	629	WWW.STRONANOWOCZESNA.PL	M-18	5	00:01:42	00:08:50	00:18:06.75	00:19:49.50	+00:02:24 (13.3%)	4:31	13.2 (86.3%)
30	KAMYK Piotr	711	MH IT SERWIS KOSZALIN	M-30	11	00:02:19	00:08:53	00:18:08.55	00:20:28.40	+00:02:26 (13.4%)	4:32	13.2 (86.3%)
31	SAMOŁ-KOWALSKA Irena	665	TKKF KOSZALIN/BOBOLICE	K-40	1	00:01:40	00:08:53	00:18:12.00	00:19:52.80	+00:02:29 (13.7%)	4:33	13.2 (86.3%)
32	GOŁASZEWSKI Mateusz	542	B-RUN-EK	M-14	2	00:01:46	00:08:41	00:18:15.85	00:20:02.35	+00:02:33 (14.0%)	4:34	13.1 (85.6%)
33	GAWEŁ Zbigniew	535	MIASTO SŁUPSK	M-60	2	00:01:47	00:09:04	00:18:17.90	00:20:05.20	+00:02:35 (14.2%)	4:34	13.1 (85.6%)
34	KACZMAREK Łukasz	566	WOJOWNICY WÓDY	M-30	12	00:02:02	00:08:52	00:18:23.20	00:20:25.20	+00:02:40 (14.6%)	4:35	13.1 (85.6%)
35	KILAR Tomasz	577		M-40	8	00:01:46	00:09:06	00:18:23.65	00:20:10.40	+00:02:41 (14.6%)	4:36	13 (85.0%)
36	JASIENIECKI Piotr	561		M-40	9	00:01:55	00:09:23	00:18:23.70	00:20:18.85	+00:02:41 (14.6%)	4:35	13.1 (85.6%)
37	SZCZYTKOWSKI Jakub	680		M-14	3	00:01:48	00:09:09	00:18:25.20	00:20:13.90	+00:02:42 (14.7%)	4:36	13 (85.0%)

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38	MĘDEL Cezary	722		M-40	10	00:01:49	00:09:14	00:18:40.95	00:20:30.00	+00:02:58 (15.9%)	4:40	12.8 (83.7%)
39	ADAMCZAK Maciej	501		M-18	6	00:01:54	00:09:13	00:18:45.50	00:20:40.00	+00:03:03 (16.3%)	4:41	12.8 (83.7%)
40	DZIADOWIEC Marek	527		M-18	7	00:01:52	00:09:18	00:18:51.50	00:20:44.30	+00:03:09 (16.7%)	4:43	12.7 (83.0%)
41	OLCZAK Krzysztof	639		M-30	13	00:01:54	00:09:13	00:18:52.75	00:20:47.55	+00:03:10 (16.8%)	4:43	12.7 (83.0%)
42	DĄBROWSKI Grzegorz	524		M-40	11	00:01:51	00:09:16	00:18:55.80	00:20:47.40	+00:03:13 (17.0%)	4:44	12.7 (83.0%)
43	KORCZYŃSKI Sławomir	588		M-18	8	00:01:58	00:09:25	00:18:58.05	00:20:56.40	+00:03:15 (17.2%)	4:44	12.7 (83.0%)
44	MĘDEL Marta	721	TKKF KOSZALIN	K-40	2	00:01:48	00:09:19	00:18:59.05	00:20:47.60	+00:03:16 (17.3%)	4:44	12.6 (82.4%)
45	KIELAN Paweł	720	KIBOLE W BIEGU! / PAKIECIARZE TEAM	M-30	14	00:01:52	00:09:13	00:19:09.80	00:21:01.90	+00:03:27 (18.0%)	4:47	12.5 (81.7%)
46	JASZCZUROWSKI Piotr	562		M-30	15	00:02:01	00:09:40	00:19:17.55	00:21:19.15	+00:03:35 (18.6%)	4:49	12.4 (81.0%)
47	WAWRZYN Grzegorz	730		M-40	12	00:02:06	00:09:19	00:19:18.25	00:21:24.85	+00:03:35 (18.6%)	4:49	12.4 (81.0%)
48	KOSECKI Tomasz	591		M-30	16	00:01:58	00:09:37	00:19:19.95	00:21:18.60	+00:03:37 (18.8%)	4:50	12.4 (81.0%)
49	RZEŹNIK Karol	663		M-30	17	00:01:53	00:10:10	00:19:24.65	00:21:17.95	+00:03:42 (19.1%)	4:51	12.4 (81.0%)
50	KOMODA Mariusz	582		M-40	13	00:01:47	00:09:50	00:19:33.85	00:21:20.85	+00:03:51 (19.7%)	4:53	12.3 (80.4%)
51	KOZŁOWIECKI Waldemar	710	TKKF KOSZALIN	M-60	3	00:02:06	00:09:44	00:19:35.05	00:21:41.10	+00:03:52 (19.8%)	4:53	12.3 (80.4%)
52	WYDRA Paweł	696	NIGHT RUNNERS	M-18	9	00:01:48	00:09:15	00:19:36.85	00:21:25.75	+00:03:54 (19.9%)	4:54	12.2 (79.7%)
53	LEJK Wojciech	602		M-18	10	00:02:01	00:09:40	00:19:39.00	00:21:40.25	+00:03:56 (20.1%)	4:54	12.2 (79.7%)
54	ROGALSKI Roberto	717	TKKF KOSZALIN	M-30	18	00:02:02	00:09:30	00:19:43.20	00:21:45.80	+00:04:00 (20.4%)	4:55	12.2 (79.7%)
55	SOBALA Anna	671		K-30	1	00:01:52	00:09:37	00:19:49.60	00:21:41.95	+00:04:07 (20.8%)	4:57	12.1 (79.1%)
56	PIETRZYK Paulina	647		K-18	1	00:02:05	00:09:50	00:19:50.25	00:21:55.60	+00:04:07 (20.8%)	4:57	12.1 (79.1%)
57	BOGACKA Lucyna	511	TKKF KOSZALIN	K-50	1	00:01:50	00:09:56	00:19:56.70	00:21:46.85	+00:04:14 (21.3%)	4:59	12 (78.4%)
58	KOBUS Piotr	580		M-30	19	00:01:45	00:09:35	00:19:58.65	00:21:44.15	+00:04:16 (21.4%)	4:59	12 (78.4%)
59	KLENIEWSKI Piotr	579	ZACHODNIOPOMORSKIE	M-50	6	00:01:48	00:09:28	00:20:00.30	00:21:48.35	+00:04:18 (21.5%)	5:00	12 (78.4%)
60	ZARZĘBA Tomasz	706		M-30	20	00:01:51	00:09:33	00:20:14.85	00:22:06.75	+00:04:32 (22.4%)	5:03	11.9 (77.8%)

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61	MASTALERZ Konrad	613	DECATHLON KOSZALIN	M-18	11	00:01:51	00:10:03	00:20:18.20	00:22:10.00	+00:04:35 (22.6%)	5:04	11.8 (77.1%)
62	KAZIMIERCZAK Leszek	724	CSSP KOSZALIN	M-30	21	00:01:54	00:10:03	00:20:20.45	00:22:15.40	+00:04:38 (22.8%)	5:05	11.8 (77.1%)
63	KONKEL Bonita	584		K-18	2	00:01:53	00:10:23	00:20:21.60	00:22:14.85	+00:04:39 (22.9%)	5:05	11.8 (77.1%)
64	KONKEL Joanna	583	MKS 'ŚWIĘC' SŁAWNO	K-50	2	00:01:53	00:10:23	00:20:23.95	00:22:17.20	+00:04:41 (23.0%)	5:06	11.8 (77.1%)
65	BOGACKI Tomasz	512	TKKF KOSZLAIN	M-50	7	00:01:50	00:10:03	00:20:24.95	00:22:15.30	+00:04:42 (23.1%)	5:06	11.8 (77.1%)
66	MŁYŃSKI Bartłomiej	630		M-18	12	00:02:03	00:09:51	00:20:25.95	00:22:29.05	+00:04:43 (23.1%)	5:06	11.7 (76.5%)
67	SKRZYPCZAK Bogusław	670		M-40	14	00:01:42	00:10:05	00:20:28.30	00:22:10.40	+00:04:46 (23.3%)	5:07	11.7 (76.5%)
68	PLATH-KOPERSKA Krystyna	649		K-50	3	00:01:54	00:10:24	00:20:34.75	00:22:29.70	+00:04:52 (23.7%)	5:08	11.7 (76.5%)
69	MALINOWSKA-BURDA Aleksandra	611		K-18	3	00:02:08	00:10:31	00:20:41.90	00:22:50.00	+00:04:59 (24.1%)	5:10	11.6 (75.8%)
70	BURDA Bartosz	518		M-30	22	00:02:07	00:10:33	00:20:42.45	00:22:50.25	+00:05:00 (24.2%)	5:10	11.6 (75.8%)
71	PIETRZYK Mateusz	648		M-18	13	00:02:06	00:10:32	00:20:43.05	00:22:49.05	+00:05:00 (24.2%)	5:10	11.6 (75.8%)
72	DĘBOWSKA-SZCZYTKOWSKA Izabella	525	K.B.SPRINT ŚWIDWIN	K-40	3	00:01:49	00:10:19	00:20:44.90	00:22:34.70	+00:05:02 (24.3%)	5:11	11.6 (75.8%)
73	SZCZYTKOWSKI Marek	679	K.B.SPRINT SWIDWIN	M-40	15	00:01:48	00:10:21	00:20:46.60	00:22:35.20	+00:05:04 (24.4%)	5:11	11.5 (75.2%)
74	DACZKOWSKA Ewelina	728		K-18	4	00:01:59	00:10:24	00:20:54.25	00:22:53.50	+00:05:11 (24.9%)	5:13	11.5 (75.2%)
75	MICHALAK Anna	620		K-30	2	00:01:57	00:10:17	00:20:56.45	00:22:53.95	+00:05:14 (25.0%)	5:14	11.5 (75.2%)
76	MIKOŁAJCZAK Luiza	626		K-30	3	00:01:53	00:10:14	00:20:57.00	00:22:50.80	+00:05:14 (25.0%)	5:14	11.5 (75.2%)
77	LAS Mateusz	601		M-18	14	00:02:00	00:10:06	00:20:57.85	00:22:57.85	+00:05:15 (25.1%)	5:14	11.5 (75.2%)
78	PSTRĄGOWSKA Marlena	653	BABECZKI KOSZALIN	K-30	4	00:01:59	00:10:22	00:21:01.00	00:23:00.10	+00:05:18 (25.3%)	5:15	11.4 (74.5%)
79	MIŁOSZEWICZ Aleksandra	628		K-18	5	00:01:54	00:10:15	00:21:04.65	00:22:59.15	+00:05:22 (25.5%)	5:16	11.4 (74.5%)
80	MRUGALSKI Stanisław	635		M-50	8	00:02:10	00:10:47	00:21:10.35	00:23:20.50	+00:05:28 (25.8%)	5:17	11.3 (73.9%)
81	SZNYTER Sabina	681	DECATHLON KOSZALIN	K-18	6	00:01:49	00:10:34	00:21:13.10	00:23:02.55	+00:05:30 (26.0%)	5:18	11.3 (73.9%)
82	MAZUREK Barbara	616	BABECZKI KOSZALIN	K-30	5	00:02:03	00:10:16	00:21:18.75	00:23:22.25	+00:05:36 (26.3%)	5:19	11.3 (73.9%)
83	BAREJA Dawid	505		M-18	15	00:01:58	00:11:01	00:21:19.95	00:23:18.30	+00:05:37 (26.4%)	5:20	11.3 (73.9%)

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84	GRĄBCZEWSKI Rafał	547	KŁOS	M-30	23	00:01:55	00:10:37	00:21:20.95	00:23:16.30	+00:05:38 (26.4%)	5:20	11.2 (73.2%)
85	ROBAKOWSKA Żaneta	659		K-30	6	00:01:56	00:10:37	00:21:30.60	00:23:27.50	+00:05:48 (27.0%)	5:22	11.2 (73.2%)
86	SAMOŁ-KOWALSKA Gerda	666	TKKF KOSZALIN/BOBOLICE	K-18	7	00:01:40	00:10:23	00:21:33.85	00:23:14.50	+00:05:51 (27.2%)	5:23	11.1 (72.5%)
87	PAULIŃSKI Jan	716	JAMNO	M-60	4	00:02:00	00:10:46	00:21:37.05	00:23:37.20	+00:05:54 (27.4%)	5:24	11.1 (72.5%)
88	ANTKOWIAK Sebastian	502		M-40	16	00:01:55	00:10:59	00:21:38.15	00:23:33.90	+00:05:55 (27.4%)	5:24	11.1 (72.5%)
89	FILIPOWICZ Marian	715	NIEZRZESZONY	M-70+	1	00:01:53	00:10:43	00:21:38.30	00:23:31.40	+00:05:56 (27.4%)	5:24	11.1 (72.5%)
90	KONOWALSKI Piotr	585	KOSZALIN	M-18	16	00:01:53	00:10:47	00:21:40.75	00:23:33.85	+00:05:58 (27.6%)	5:25	11.1 (72.5%)
91	MICHALCZYK Małgorzata	621	WOJOWNICY WÓDY	K-18	8	00:01:56	00:10:20	00:21:41.95	00:23:38.75	+00:05:59 (27.6%)	5:25	11.1 (72.5%)
92	PIETRZAK Mariola	646	BABECZKI KOSZALIN	K-50	4	00:02:03	00:10:34	00:21:43.90	00:23:47.20	+00:06:01 (27.7%)	5:26	11 (71.9%)
93	GŁOWACKI Włodzimierz	541		M-70+	2	00:02:00	00:10:46	00:21:46.10	00:23:46.15	+00:06:03 (27.9%)	5:26	11 (71.9%)
94	ŻELAZOWSKA Ewa	702	KOSZALIN	K-18	9	00:01:54	00:11:05	00:21:55.40	00:23:50.05	+00:06:13 (28.4%)	5:29	10.9 (71.2%)
95	KOWALSKI Marek	594	BOBOLICE	M-40	17	00:01:41	00:10:48	00:21:58.65	00:23:40.45	+00:06:16 (28.5%)	5:29	10.9 (71.2%)
96	OZGA Urszula	641		K-18	10	00:01:54	00:10:45	00:22:01.60	00:23:55.70	+00:06:19 (28.7%)	5:30	10.9 (71.2%)
97	POKRZYWKA Szymon	650		M-18	17	00:01:53	00:10:46	00:22:02.00	00:23:55.75	+00:06:19 (28.7%)	5:30	10.9 (71.2%)
98	KOZŁOWSKI Marek	707		M-30	24	00:01:46	00:10:32	00:22:03.20	00:23:49.65	+00:06:20 (28.8%)	5:30	10.9 (71.2%)
99	KOPERSKI Jan	587		M-50	9	00:01:54	00:11:23	00:22:12.85	00:24:07.80	+00:06:30 (29.3%)	5:33	10.8 (70.6%)
100	BORYSIEWICZ Joanna	514		K-30	7	00:01:59	00:10:46	00:22:15.90	00:24:15.45	+00:06:33 (29.5%)	5:34	10.8 (70.6%)
101	KOSECKA Sylwia	590		K-18	11	00:01:57	00:11:41	00:22:23.45	00:24:21.25	+00:06:41 (29.9%)	5:36	10.7 (69.9%)
102	SEEWALD Agnieszka	667		K-30	8	00:01:57	00:11:41	00:22:23.65	00:24:21.35	+00:06:41 (29.9%)	5:36	10.7 (69.9%)
103	PRADUŃ Michał	651		M-30	25	00:01:47	00:10:21	00:22:32.80	00:24:20.75	+00:06:50 (30.3%)	5:38	10.6 (69.3%)
104	HELLER Zdzisław	552	NIEZRZESZONY	M-60	5	00:02:01	00:11:04	00:22:34.80	00:24:36.20	+00:06:52 (30.4%)	5:38	10.6 (69.3%)
105	KACZMAREK Agnieszka	705		K-40	4	00:01:59	00:11:06	00:22:36.25	00:24:36.00	+00:06:53 (30.5%)	5:39	10.6 (69.3%)
106	ZAKRZEWSKA Elżbieta	698		K-50	5	00:02:09	00:11:25	00:22:42.15	00:24:52.10	+00:06:59 (30.8%)	5:40	10.6 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2km	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
107	STEC Edyta	673	BABECZKI KOSZALIN	K-30	9	00:02:03	00:11:12	00:22:48.65	00:24:52.30	+00:07:06 (31.2%)	5:42	10.5 (68.6%)
108	KOMAR Agnieszka	581	SPOKO SŁAWNO	K-30	10	00:02:04	00:11:31	00:22:52.50	00:24:56.75	+00:07:10 (31.3%)	5:43	10.5 (68.6%)
109	WOŹNIAK Darian	693	KOSZALIN	M-30	26	00:01:55	00:11:07	00:22:54.15	00:24:49.80	+00:07:11 (31.4%)	5:43	10.5 (68.6%)
110	VON BARDELEBEN Agnieszka	718	BABECZKI KOSZALIN	K-40	5	00:02:03	00:11:13	00:22:54.95	00:24:58.90	+00:07:12 (31.5%)	5:43	10.5 (68.6%)
111	BONISŁAWSKA Małgosia	513	ZUZA&ZOSIĄ TEAM	K-30	11	00:02:04	00:11:10	00:22:56.65	00:25:00.65	+00:07:14 (31.6%)	5:44	10.5 (68.6%)
112	GÓRECKI Patryk	545		M-18	18	00:02:06	00:11:36	00:22:58.25	00:25:05.15	+00:07:15 (31.6%)	5:44	10.4 (68.0%)
113	TUREK Marcin	687		M-30	27	00:01:52	00:11:32	00:23:02.55	00:24:54.55	+00:07:20 (31.8%)	5:45	10.4 (68.0%)
114	SUSKA Joanna	676	DUBOIS	K-18	12	00:01:53	00:11:06	00:23:05.90	00:24:59.50	+00:07:23 (32.0%)	5:46	10.4 (68.0%)
115	URBAŃSKA Anetta	725		K-40	6	00:01:59	00:11:26	00:23:08.60	00:25:08.00	+00:07:26 (32.1%)	5:47	10.4 (68.0%)
116	KURCZ Barbara	598	BABECZKI KOSZALIN	K-40	7	00:02:04	00:11:12	00:23:09.25	00:25:13.50	+00:07:26 (32.2%)	5:47	10.4 (68.0%)
117	PYRZYŃSKA Kasia	654		K-18	13	00:02:00	00:11:34	00:23:10.90	00:25:11.35	+00:07:28 (32.3%)	5:47	10.4 (68.0%)
118	SZPAK Robert	682		M-18	19	00:01:54	00:11:09	00:23:11.95	00:25:06.45	+00:07:29 (32.3%)	5:48	10.3 (67.3%)
119	JARUGA Iwona	560		K-30	12	00:01:55	00:11:43	00:23:12.95	00:25:08.80	+00:07:30 (32.4%)	5:48	10.3 (67.3%)
120	GÓRA Wioletta	544	BABECZKI	K-40	8	00:02:00	00:11:34	00:23:13.00	00:25:13.20	+00:07:30 (32.4%)	5:48	10.3 (67.3%)
120	JARUGA Artur	559		M-30	28	00:01:55	00:11:44	00:23:13.00	00:25:08.70	+00:07:30 (32.4%)	5:48	10.3 (67.3%)
122	SIKORSKI Witold	713	KB RUN42	M-50	10	00:01:49	00:11:21	00:23:15.50	00:25:05.30	+00:07:33 (32.5%)	5:49	10.3 (67.3%)
123	SIKORSKA Grażyna	714		K-50	6	00:01:49	00:11:21	00:23:15.65	00:25:05.40	+00:07:33 (32.5%)	5:49	10.3 (67.3%)
124	RASIŃSKA Alicja	656	88 KWDH CZARNA KOMPANIA IM.SBSP	K-18	14	00:01:49	00:11:09	00:23:17.30	00:25:07.20	+00:07:35 (32.6%)	5:49	10.3 (67.3%)
125	GRZYMALA Angelika	548	BABECZKI	K-40	9	00:02:00	00:11:34	00:23:19.20	00:25:19.35	+00:07:36 (32.7%)	5:49	10.3 (67.3%)
126	MRÓZ Sylwester	634		M-18	20	00:02:02	00:11:17	00:23:43.65	00:25:46.10	+00:08:01 (33.8%)	5:56	10.1 (66.0%)
127	JASIŃSKA Natalia	709	NBC	K-14	1	00:01:58	00:12:20	00:23:44.05	00:25:43.00	+00:08:01 (33.8%)	5:56	10.1 (66.0%)
128	WANIUGA Sylwia	689	GIMNAZJUM OBJAZDA	K-14	2	00:01:58	00:11:29	00:23:45.15	00:25:43.85	+00:08:02 (33.9%)	5:56	10.1 (66.0%)
129	JASIŃSKI Cezary	708	NBC	M-40	18	00:01:58	00:12:20	00:23:47.80	00:25:46.00	+00:08:05 (34.0%)	5:57	10.1 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2km	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
130	WIECZORKOWSKA Ewa	691		K-60	1	00:01:52	00:11:40	00:24:05.70	00:25:58.60	+00:08:23 (34.8%)	6:01	10 (65.4%)
131	PERLIKOWSKA Joanna	723	WŁ SŁUPSK	K-40	10	00:01:52	00:11:45	00:24:10.25	00:26:02.60	+00:08:27 (35.0%)	6:02	9.9 (64.7%)
132	KOROL Elżbieta	589	BABECZKI KOSZALIN	K-40	11	00:01:57	00:11:56	00:24:14.75	00:26:12.65	+00:08:32 (35.2%)	6:03	9.9 (64.7%)
133	STARZYŃSKA Marianna	729	BTC „ORZEŁ”	K-60	2	00:02:02	00:11:54	00:24:21.45	00:26:23.55	+00:08:39 (35.5%)	6:05	9.9 (64.7%)
134	KĘPKA Wioletta	576		K-40	12	00:01:49	00:12:02	00:24:27.45	00:26:16.60	+00:08:45 (35.8%)	6:06	9.8 (64.1%)
135	KASPRUŚ-DZWONEK Dorota	574		K-40	13	00:01:55	00:11:56	00:24:28.90	00:26:24.75	+00:08:46 (35.8%)	6:07	9.8 (64.1%)
136	MIKLASIŃSKA-KAMELSKA Monika	625	OLSZEWSKI I SYNOWIE	K-30	13	00:02:04	00:12:02	00:24:51.30	00:26:55.95	+00:09:09 (36.8%)	6:12	9.7 (63.4%)
137	HAMALA Monika	550		K-30	14	00:02:02	00:12:18	00:25:00.40	00:27:02.45	+00:09:18 (37.2%)	6:15	9.6 (62.7%)
138	RASIŃSKI Krzysztof	658		M-14	4	00:01:50	00:12:21	00:25:09.70	00:27:00.40	+00:09:27 (37.6%)	6:17	9.5 (62.1%)
139	RASIŃSKA Patrycja	657		K-14	3	00:01:50	00:12:20	00:25:09.80	00:27:00.35	+00:09:27 (37.6%)	6:17	9.5 (62.1%)
140	ZAKONEK Anna	697	DECATHLON KOSZALIN	K-18	15	00:01:50	00:13:09	00:25:46.70	00:27:37.40	+00:10:04 (39.1%)	6:26	9.3 (60.8%)
141	WALO Zbigniew	688	X	M-50	11	00:02:00	00:12:06	00:25:52.50	00:27:52.85	+00:10:10 (39.3%)	6:28	9.3 (60.8%)
142	DATA Daria	521		K-14	4	00:01:56	00:13:03	00:26:00.00	00:27:56.30	+00:10:17 (39.6%)	6:30	9.2 (60.1%)
143	MAZUREK Hanna	617	BABECZKI KOSZALIN	K-14	5	00:01:56	00:13:04	00:26:01.05	00:27:57.60	+00:10:18 (39.6%)	6:30	9.2 (60.1%)
144	MERKIS Małgorzata	618		K-40	14	00:01:59	00:12:20	00:26:02.90	00:28:02.30	+00:10:20 (39.7%)	6:30	9.2 (60.1%)
145	KAMIŃSKA Grażyna	568		K-50	7	00:01:55	00:12:50	00:26:42.55	00:28:38.40	+00:11:00 (41.2%)	6:40	9 (58.8%)
146	MACIEJEWSKA Agnieszka	607		K-14	6	00:01:53	00:12:55	00:26:45.30	00:28:38.40	+00:11:03 (41.3%)	6:41	9 (58.8%)
147	MAŚLACH Julia	614		K-14	7	00:01:52	00:12:56	00:26:47.15	00:28:40.10	+00:11:04 (41.4%)	6:42	9 (58.8%)
148	KASPRZAK Klaudia	575	DECATHLON	K-18	16	00:01:51	00:13:09	00:26:48.40	00:28:40.00	+00:11:06 (41.4%)	6:42	8.9 (58.2%)
148	MICHALISZYN Piotr	622		M-18	21	00:01:51	00:13:10	00:26:48.40	00:28:40.00	+00:11:06 (41.4%)	6:42	8.9 (58.2%)
150	OKRUPSKA Klaudia	578	DECATHLON KOSZALIN	K-18	17	00:01:51	00:13:09	00:26:49.85	00:28:40.85	+00:11:07 (41.5%)	6:42	8.9 (58.2%)
151	JAKUBOWSKA Anna	555		K-18	18	00:02:05	00:12:57	00:26:52.65	00:28:57.70	+00:11:10 (41.6%)	6:43	8.9 (58.2%)
152	HAUSMAN Andrzej	551	KSR ROWERIA	M-60	6	00:02:04	00:12:43	00:27:00.30	00:29:04.80	+00:11:18 (41.8%)	6:45	8.9 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2km	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
153	BŁOŃSKA Agnieszka	509	BABECZKI KOSZALIN	K-40	15	00:01:57	00:13:04	00:27:07.20	00:29:04.70	+00:11:24 (42.1%)	6:46	8.9 (58.2%)
154	KOZŁOWIECKA Małgorzata	595		K-50	8	00:02:04	00:13:07	00:27:09.45	00:29:14.20	+00:11:27 (42.2%)	6:47	8.8 (57.5%)
155	DĄBROWSKA Katarzyna	523	TKKF KOSZALIN	K-18	19	00:01:53	00:12:40	00:27:49.15	00:29:42.90	+00:12:06 (43.5%)	6:57	8.6 (56.2%)
156	RADOMSKA Iwona	655		K-18	20	00:02:00	00:13:14	00:28:27.85	00:30:28.75	+00:12:45 (44.8%)	7:07	8.4 (54.9%)
157	KRAWCZUK-KIEŁB Anna	597	ŻYJ Z ENERGIA	M-40	19	00:01:54	00:13:23	00:28:30.95	00:30:25.00	+00:12:48 (44.9%)	7:07	8.4 (54.9%)
158	BARTNIK Marian	506	TKKF KOSZALIN	M-70+	3	00:02:05	00:16:16	00:33:57.85	00:36:03.05	+00:18:15 (53.8%)	8:29	7.1 (46.4%)

Znaleziono 158 wynik(ów)