



BIEG POLITECHNIKI KOSZALIŃSKIEJ - 5 KM

B4SPORT

Organizator: Politechnika Koszalińska
Data: 2016-06-18
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	FRONTCZAK Izabela	40	TKKF KOSZALIN	K-18	1	00:00:27	00:10:04	00:20:29.25	00:20:56.60		4:05	14.6 (100%)
2	SZABLA Ewelina	161	MTS HAMER MIASTKO	K-30	1	00:00:29	00:10:31	00:21:13.75	00:21:43.50	+00:00:44 (3.5%)	4:14	14.1 (96.6%)
3	BARGAŃSKA Justyna	4		K-30	2	00:00:28	00:10:42	00:21:57.85	00:22:26.40	+00:01:28 (6.7%)	4:23	13.7 (93.8%)
4	BOGACKA Lucyna	11	TKKF KOSZALIN	K-50	1	00:00:28	00:11:41	00:23:19.05	00:23:47.90	+00:02:49 (12.1%)	4:39	12.9 (88.4%)
5	BRĘK Anna	429	OGIEŃ W SZOPIE	K-18	2	00:00:36	00:11:37	00:23:41.60	00:24:17.65	+00:03:12 (13.5%)	4:44	12.7 (87.0%)
6	KRZEWIŃSKA Monika	94		K-18	3	00:00:39	00:11:52	00:23:43.50	00:24:22.50	+00:03:14 (13.6%)	4:44	12.6 (86.3%)
7	GRAJ Joanna	48		K-18	4	00:00:37	00:11:54	00:23:47.55	00:24:25.40	+00:03:18 (13.9%)	4:45	12.6 (86.3%)
8	KUBIŃSKA Beata	97		K-40	1	00:00:37	00:11:55	00:23:51.95	00:24:29.80	+00:03:22 (14.2%)	4:46	12.6 (86.3%)
9	BORKOWSKA-KOWALCZYK Daria	15	FIGHT CLUB KOSZALIN	K-30	3	00:00:40	00:11:54	00:24:02.10	00:24:42.95	+00:03:32 (14.8%)	4:48	12.5 (85.6%)
10	TOŁYŻ Maja	130		K-18	5	00:00:42	00:12:21	00:24:09.90	00:24:51.95	+00:03:40 (15.2%)	4:49	12.4 (84.9%)
11	PLATH-KOPERSKA Krystyna	137		K-50	2	00:00:46	00:12:14	00:24:25.40	00:25:11.40	+00:03:56 (16.1%)	4:53	12.3 (84.2%)
12	DĄBROWSKA Alicja	29	TKKF KOSZALIN	K-50	3	00:00:32	00:12:30	00:24:36.80	00:25:09.35	+00:04:07 (16.8%)	4:55	12.2 (83.6%)
13	KACAŁA Olga	66		K-30	4	00:00:36	00:12:02	00:25:13.55	00:25:50.35	+00:04:44 (18.8%)	5:02	11.9 (81.5%)
14	PACAN Mirosława	132	ŚWIAT PŁYTEK U KRYSPIŃ	K-18	6	00:00:38	00:12:39	00:25:38.70	00:26:17.40	+00:05:09 (20.1%)	5:07	11.7 (80.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	SOWIŃSKA Lidia	154	B-RUN-EK	K-14	1	00:00:31	00:12:59	00:25:43.55	00:26:14.65	+00:05:14 (20.4%)	5:08	11.7 (80.1%)
16	NIEZGODA Agata	127	B-RUN-EK	K-14	2	00:00:31	00:12:59	00:25:44.45	00:26:15.55	+00:05:15 (20.4%)	5:08	11.7 (80.1%)
17	PSTRĄGOWSKA Marlena	141	BIEGNIJMY.PL	K-30	5	00:00:32	00:12:50	00:25:52.50	00:26:24.75	+00:05:23 (20.8%)	5:10	11.6 (79.5%)
18	RADOSZ Katarzyna	142		K-40	2	00:00:33	00:12:39	00:26:13.95	00:26:47.45	+00:05:44 (21.9%)	5:14	11.4 (78.1%)
19	BATYŃSKA Magda	7		K-18	7	00:00:29	00:12:36	00:26:24.75	00:26:53.80	+00:05:55 (22.4%)	5:16	11.4 (78.1%)
20	GAWIECKA Mariola	41	ROZBIEGANY KOSZALIN	K-40	3	00:00:33	00:13:24	00:27:00.55	00:27:33.65	+00:06:31 (24.1%)	5:24	11.1 (76.0%)
21	KOMOROWSKA Beata	84	ROZBIEGANY KOSZALIN	K-30	6	00:00:34	00:12:51	00:27:22.45	00:27:56.80	+00:06:53 (25.2%)	5:28	11 (75.3%)
22	MICHALAK Anna	116		K-30	7	00:00:34	00:13:23	00:27:23.05	00:27:57.50	+00:06:53 (25.2%)	5:28	11 (75.3%)
23	MICHALCZYK Małgosia	117	WOJOWNICY WÓDY	K-18	8	00:00:34	00:13:23	00:27:23.95	00:27:58.60	+00:06:54 (25.2%)	5:28	10.9 (74.7%)
24	KOBUS Emila	82		K-30	8	00:00:43	00:13:18	00:27:27.70	00:28:11.50	+00:06:58 (25.4%)	5:29	10.9 (74.7%)
25	BŁOŃSKA Agnieszka	10	BABECZKI KOSZALIN	K-40	4	00:00:39	00:13:58	00:27:28.10	00:28:07.95	+00:06:58 (25.4%)	5:29	10.9 (74.7%)
26	MERKIEL Anna	194		K-18	9	00:00:41	00:13:57	00:27:43.25	00:28:24.75	+00:07:14 (26.1%)	5:32	10.8 (74.0%)
27	FELKOWSKA Karolina	38		K-30	9	00:00:45	00:13:46	00:27:50.85	00:28:36.50	+00:07:21 (26.4%)	5:34	10.8 (74.0%)
28	MURAWSKA Katarzyna	200		K-40	5	00:00:28	00:13:05	00:28:02.05	00:28:31.00	+00:07:32 (26.9%)	5:36	10.7 (73.3%)
29	DĄBROWSKA Katarzyna	28	TKKF KOSZALIN	K-18	10	00:00:41	00:13:47	00:28:07.35	00:28:48.75	+00:07:38 (27.1%)	5:37	10.7 (73.3%)
30	TOMICKA Małgorzata	173		K-30	10	00:00:43	00:13:32	00:28:08.85	00:28:52.40	+00:07:39 (27.2%)	5:37	10.7 (73.3%)
31	GZELA Olga	172		K-30	11	00:00:38	00:13:41	00:28:09.10	00:28:47.60	+00:07:39 (27.2%)	5:37	10.7 (73.3%)
32	URBAŃSKA Anetta	177		K-30	12	00:00:30	00:13:55	00:28:12.25	00:28:42.30	+00:07:43 (27.4%)	5:38	10.6 (72.6%)
33	KOROL Elżbieta	86	BABECZKI KOSZALIN	K-40	6	00:00:39	00:13:58	00:28:16.50	00:28:55.75	+00:07:47 (27.5%)	5:39	10.6 (72.6%)
34	BOGUSZEWSKA Agnieszka	14		K-30	13	00:00:37	00:13:39	00:28:35.45	00:29:12.85	+00:08:06 (28.3%)	5:43	10.5 (71.9%)
35	KASPRUŚ-DZWONEK Dorota	76		K-40	7	00:00:28	00:13:34	00:28:41.85	00:29:10.10	+00:08:12 (28.6%)	5:44	10.5 (71.9%)
36	MARSCZAŁKOWSKA Dorota	112	TKKF KOSZALIN	K-50	4	00:00:40	00:13:59	00:28:57.60	00:29:38.05	+00:08:28 (29.3%)	5:47	10.4 (71.2%)
37	SZYMAŃSKA Agnieszka	168		K-30	14	00:00:30	00:13:55	00:29:23.45	00:29:53.50	+00:08:54 (30.3%)	5:52	10.2 (69.9%)

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38	MATUSZAK Agnieszka	114		K-30	15	00:00:30	00:13:56	00:29:25.40	00:29:55.45	+00:08:56 (30.4%)	5:53	10.2 (69.9%)
39	CZOPIK Jowita	26		K-40	8	00:00:30	00:13:56	00:29:28.15	00:29:58.90	+00:08:58 (30.5%)	5:53	10.2 (69.9%)
40	POLETAJEW Wiktoria	140		K-30	16	00:00:40	00:14:08	00:29:29.70	00:30:10.00	+00:09:00 (30.5%)	5:54	10.2 (69.9%)
41	JAKUBOWSKA Anna	58		K-18	11	00:00:38	00:14:35	00:29:56.00	00:30:34.00	+00:09:26 (31.6%)	5:59	10 (68.5%)
42	KOZŁOWIECKA Małgorzata	87		K-50	5	00:00:24	00:14:52	00:30:01.55	00:30:25.60	+00:09:32 (31.8%)	6:00	10 (68.5%)
43	DATA Daria	27		K-13	1	00:00:46	00:14:46	00:30:05.35	00:30:51.70	+00:09:36 (31.9%)	6:01	10 (68.5%)
44	BURDA Weronika	184		K-13	2	00:00:34	00:14:37	00:30:10.30	00:30:44.55	+00:09:41 (32.1%)	6:02	9.9 (67.8%)
45	DORAWA Patrycja	33		K-18	12	00:00:40	00:14:40	00:30:13.10	00:30:53.85	+00:09:43 (32.2%)	6:02	9.9 (67.8%)
46	MAZUREK Hanna	115	BABECZKI KOSZALIN/ROZBIEGANY KOSZALIN	K-13	3	00:00:34	00:14:58	00:30:40.60	00:31:15.45	+00:10:11 (33.2%)	6:08	9.8 (67.1%)
47	SZYSZKOWSKA Katarzyna	170		K-30	17	00:00:42	00:14:52	00:30:43.20	00:31:26.10	+00:10:13 (33.3%)	6:08	9.8 (67.1%)
48	GUŁA Adriana	49		K-18	13	00:00:42	00:15:18	00:31:01.05	00:31:43.35	+00:10:31 (33.9%)	6:12	9.7 (66.4%)
49	BURKIET Aneta	20		K-30	18	00:00:28	00:15:13	00:31:02.50	00:31:30.60	+00:10:33 (34.0%)	6:12	9.7 (66.4%)
50	PLATA Katarzyna	136		K-40	9	00:00:46	00:15:27	00:31:20.60	00:32:06.75	+00:10:51 (34.6%)	6:16	9.6 (65.8%)
51	MALĄG BAIK Anna	110		K-18	14	00:00:45	00:15:28	00:31:21.40	00:32:06.95	+00:10:52 (34.7%)	6:16	9.6 (65.8%)
52	DĘBOWSKA-SZCZYTKOWSKA Izabella	31	K.B.SPRINT ŚWIDWIN	K-40	10	00:00:45	00:15:20	00:31:32.40	00:32:17.60	+00:11:03 (35.0%)	6:18	9.5 (65.1%)
53	LAMCZYK Agnieszka	100	KO CIAK	K-18	15	00:00:30	00:16:13	00:33:12.95	00:33:43.15	+00:12:43 (38.3%)	6:38	9 (61.6%)
54	BURKIET Monika	19		K-30	19	00:00:28	00:15:35	00:33:17.65	00:33:45.95	+00:12:48 (38.5%)	6:39	9 (61.6%)
55	RÓG Weronika	148		K-13	4	00:00:45	00:16:09	00:33:17.80	00:34:03.05	+00:12:48 (38.5%)	6:39	9 (61.6%)
55	RÓG Krystyna	147		K-30	20	00:00:45	00:16:09	00:33:17.80	00:34:03.30	+00:12:48 (38.5%)	6:39	9 (61.6%)
57	BIERKA Sylwia	8		K-30	21	00:00:38	00:16:46	00:34:34.90	00:35:13.65	+00:14:05 (40.8%)	6:55	8.7 (59.6%)
58	KILAR Oliwia	78	BIEGAM Z MAMĄ TATĄ BRATEM I BABCIA	K-13	5	00:00:43	00:17:18	00:34:48.20	00:35:32.00	+00:14:18 (41.1%)	6:57	8.6 (58.9%)
59	ANTON Alina	1		K-60	1	00:00:40	00:18:34	00:38:10.45	00:38:51.35	+00:17:41 (46.3%)	7:38	7.9 (54.1%)
60	KRZOS Zofia	95		K-13	6	00:00:43	00:23:18	00:39:18.50	00:40:01.50	+00:18:49 (47.9%)	7:51	7.6 (52.1%)

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61	BARTENOWSKA-KRZOS Anna	5		K-30	22	00:00:42	00:23:19	00:39:18.80	00:40:01.55	+00:18:49 (47.9%)	7:51	7.6 (52.1%)

Znaleziono 61 wynik(ów)