

BIEG POLITECHNIKI KOSZALIŃSKIEJ - RAJD NORDIC WALKING - 5 KM

B4SPORT

Organizator: Politechnika Koszalińska
Data: 2016-06-18
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BRZOZOWSKI Piotr	454	AKTYWNI POSTOMINO	M-30	1	00:01:37	00:15:11	00:30:20.00	00:31:57.75		6:04	9.9 (100%)
2	NACZK Leonard	479		M-40	1	00:01:37	00:15:11	00:30:24.15	00:32:01.55	+00:00:04 (0.2%)	6:04	9.9 (100%)
3	KOPCZEWSKI Dariusz	464		M-50	1	00:01:38	00:15:19	00:30:43.80	00:32:22.65	+00:00:23 (1.3%)	6:08	9.8 (99.0%)
4	KĘPA Andrzej	463	SKI FAMILY TEAM	M-60	1	00:01:36	00:15:55	00:33:04.95	00:34:41.75	+00:02:44 (8.3%)	6:37	9.1 (91.9%)
5	KAJKOWSKI Rafał	462		M-40	2	00:01:37	00:15:55	00:33:05.20	00:34:42.65	+00:02:45 (8.3%)	6:37	9.1 (91.9%)
6	NACZK Wiktoria	480	GIMNAZJUM NR 1 LĘBORK	K-14	1	00:01:36	00:16:09	00:33:27.60	00:35:04.15	+00:03:07 (9.3%)	6:41	9 (90.9%)
7	SOBOLEWSKI Marek	488		M-40	3	00:01:36	00:16:49	00:34:23.90	00:36:00.45	+00:04:03 (11.8%)	6:52	8.7 (87.9%)
8	KĘDZIERSKA Edyta	496		K-40	1	00:01:37	00:17:31	00:35:08.15	00:36:45.60	+00:04:48 (13.7%)	7:01	8.5 (85.9%)
9	HAWRYLUK Beata	461		K-40	2	00:01:36	00:17:33	00:35:20.55	00:36:57.15	+00:05:00 (14.2%)	7:04	8.5 (85.9%)
10	GOŁECKA Monika	460		K-30	1	00:01:36	00:17:31	00:35:24.10	00:37:01.00	+00:05:04 (14.3%)	7:05	8.5 (85.9%)
11	KULKA Józefa	467		K-60	1	00:01:37	00:18:09	00:36:45.35	00:38:23.10	+00:06:25 (17.5%)	7:21	8.2 (82.8%)
12	SIKORRA Janina	484	FACE NORDIC WALKING TEAM	K-60	2	00:01:37	00:18:18	00:36:48.10	00:38:25.50	+00:06:28 (17.6%)	7:21	8.2 (82.8%)
13	BUDZELEWSKI Dariusz	456		M-50	2	00:01:39	00:19:09	00:37:53.20	00:39:32.55	+00:07:33 (19.9%)	7:34	7.9 (79.8%)
14	MIKITIUK Tomasz	474	KIJOWA PARA	M-40	4	00:01:38	00:19:02	00:38:21.95	00:40:00.70	+00:08:01 (20.9%)	7:40	7.8 (78.8%)
15	GAŁKA Dominik	458		M-13	1	00:01:41	00:19:22	00:38:36.95	00:40:18.90	+00:08:16 (21.4%)	7:43	7.8 (78.8%)
16	BURZYŃSKA Ewa	457		K-40	3	00:01:39	00:19:46	00:39:01.45	00:40:41.05	+00:08:41 (22.3%)	7:48	7.7 (77.8%)
17	GAŁKA Marcin	459		M-30	2	00:01:42	00:19:22	00:39:48.45	00:41:30.80	+00:09:28 (23.8%)	7:57	7.5 (75.8%)
18	MICHALSKI Antek	472	JUDO GWARDIA KOSZALIN	M-13	2	00:01:41	00:20:03	00:40:12.40	00:41:53.40	+00:09:52 (24.6%)	8:02	7.5 (75.8%)
19	MICHALSKI Jakub	473	TRIATHLON KOSZALIN	M-40	5	00:01:41	00:20:03	00:40:19.75	00:42:00.80	+00:09:59 (24.8%)	8:03	7.4 (74.7%)
20	SOBIERAJ Waldemar	495	WODAZYCIA.EU	M-60	2	00:01:37	00:20:02	00:40:21.30	00:41:59.05	+00:10:01 (24.8%)	8:04	7.4 (74.7%)
21	VON BARDELEBEN Cruise	492	BABECZKI KOSZALIN	K-14	2	00:01:41	00:21:20	00:41:22.95	00:43:03.95	+00:11:02 (26.7%)	8:16	7.3 (73.7%)
22	KROMOLICKA Elżbieta	466		K-70+	1	00:01:38	00:20:15	00:41:32.30	00:43:10.45	+00:11:12 (27.0%)	8:18	7.2 (72.7%)
23	MUSIELAK Elwira	478		K-60	3	00:01:39	00:20:17	00:41:34.80	00:43:13.80	+00:11:14 (27.0%)	8:18	7.2 (72.7%)
24	BRZOZOWSKI Ryszard	455		M-70+	1	00:01:38	00:21:24	00:42:01.60	00:43:39.85	+00:11:41 (27.8%)	8:24	7.1 (71.7%)
25	SMĘTEK Monika	486		K-18	1	00:01:40	00:21:04	00:42:21.75	00:44:01.85	+00:12:01 (28.4%)	8:28	7.1 (71.7%)
26	MARCZYKOWSKA Marlena	471		K-40	4	00:01:40	00:21:04	00:42:22.60	00:44:02.85	+00:12:02 (28.4%)	8:28	7.1 (71.7%)

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27	MOSZYŃSKA Justyna	476	GIMNAZJUM 11 KOSZALIN	K-14	3	00:01:40	00:22:02	00:42:57.60	00:44:37.85	+00:12:37 (29.4%)	8:35	7 (70.7%)
28	BILIŃSKA Anna	451		K-40	5	00:01:38	00:21:23	00:43:29.20	00:45:07.95	+00:13:09 (30.2%)	8:41	6.9 (69.7%)
29	BRZozowska Teresa	453		K-60	4	00:01:37	00:21:24	00:43:30.90	00:45:08.05	+00:13:10 (30.3%)	8:42	6.9 (69.7%)
30	ZMUDA TRZEBIATOWSKI Piotr	494		M-30	3	00:01:42	00:22:23	00:43:38.10	00:45:20.15	+00:13:18 (30.5%)	8:43	6.9 (69.7%)
31	NADOWSKA Dorota	481		K-30	2	00:01:41	00:22:23	00:43:45.05	00:45:26.85	+00:13:25 (30.7%)	8:45	6.9 (69.7%)
32	MIKITUK Beata	475	KIJOWA PARA	K-40	6	00:01:39	00:22:59	00:45:27.10	00:47:06.55	+00:15:07 (33.3%)	9:05	6.6 (66.7%)
33	VON BARDELEBEN Tarryn	491	BABECZKI KOSZALIN	K-13	1	00:01:40	00:24:00	00:49:41.05	00:51:21.45	+00:19:21 (38.9%)	9:56	6 (60.6%)

Znaleziono 33 wynik(ów)