



BIEG POLITECHNIKI KOSZALIŃSKIEJ - RAJD NORDIC WALKING - 5 KM

B4SPORT

Organizator: Politechnika Koszalińska
Data: 2016-06-18
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BRZOWSKI Piotr	454	AKTYWNI POSTOMINO	M-30	1	00:01:37	00:15:11	00:30:20.00	00:31:57.75		6:04	9.9 (100%)
2	NACZK Leonard	479		M-40	1	00:01:37	00:15:11	00:30:24.15	00:32:01.55	+00:00:04 (0.2%)	6:04	9.9 (100%)
3	KOPCZEWSKI Dariusz	464		M-50	1	00:01:38	00:15:19	00:30:43.80	00:32:22.65	+00:00:23 (1.3%)	6:08	9.8 (99.0%)
4	KĘPA Andrzej	463	SKI FAMILY TEAM	M-60	1	00:01:36	00:15:55	00:33:04.95	00:34:41.75	+00:02:44 (8.3%)	6:37	9.1 (91.9%)
5	KAJKOWSKI Rafał	462		M-40	2	00:01:37	00:15:55	00:33:05.20	00:34:42.65	+00:02:45 (8.3%)	6:37	9.1 (91.9%)
6	SOBOLEWSKI Marek	488		M-40	3	00:01:36	00:16:49	00:34:23.90	00:36:00.45	+00:04:03 (11.8%)	6:52	8.7 (87.9%)
7	BUDZELEWSKI Dariusz	456		M-50	2	00:01:39	00:19:09	00:37:53.20	00:39:32.55	+00:07:33 (19.9%)	7:34	7.9 (79.8%)
8	MIKITIUK Tomasz	474	KIJOWA PARA	M-40	4	00:01:38	00:19:02	00:38:21.95	00:40:00.70	+00:08:01 (20.9%)	7:40	7.8 (78.8%)
9	GAŁKA Dominik	458		M-13	1	00:01:41	00:19:22	00:38:36.95	00:40:18.90	+00:08:16 (21.4%)	7:43	7.8 (78.8%)
10	GAŁKA Marcin	459		M-30	2	00:01:42	00:19:22	00:39:48.45	00:41:30.80	+00:09:28 (23.8%)	7:57	7.5 (75.8%)
11	MICHALSKI Antek	472	JUDO GWARDIA KOSZALIN	M-13	2	00:01:41	00:20:03	00:40:12.40	00:41:53.40	+00:09:52 (24.6%)	8:02	7.5 (75.8%)
12	MICHALSKI Jakub	473	TRIATHLON KOSZALIN	M-40	5	00:01:41	00:20:03	00:40:19.75	00:42:00.80	+00:09:59 (24.8%)	8:03	7.4 (74.7%)
13	SOBIERAJ Waldemar	495	WODAZYCIA.EU	M-60	2	00:01:37	00:20:02	00:40:21.30	00:41:59.05	+00:10:01 (24.8%)	8:04	7.4 (74.7%)
14	BRZOWSKI Ryszard	455		M-70+	1	00:01:38	00:21:24	00:42:01.60	00:43:39.85	+00:11:41 (27.8%)	8:24	7.1 (71.7%)
15	ZMUDA TRZEBIATOWSKI Piotr	494		M-30	3	00:01:42	00:22:23	00:43:38.10	00:45:20.15	+00:13:18 (30.5%)	8:43	6.9 (69.7%)

Znaleziono 15 wynik(ów)