

BIEG POLITECHNIKI KOSZALIŃSKIEJ

B4SPORT
INTELEGENCE ZAWODY SPORTOWE

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

Bieg Politechniki Koszalińskiej z okazji 55-lecia Uczelni

Politechnika Koszalińska

2023-05-20

KOSZALIN

5.5 km



Klasyfikacja: M OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	1.7km	3.4km	Czas netto 5.1km	Różn	Tempo min/km	Tempo km/h
1	PROWANCKI Patryk	65	WILKI POMORSKIE	M 18-29	1	00:05:44	00:11:45	00:17:41.10		3:28	17.3 (100%)
2	KOZIEŁ Sebastian	35	DZIESIĄTKA BIAŁOGARD	M 18-29	2	00:05:55	00:12:11	00:18:29.85	+00:00:48 (4.4%)	3:37	16.6 (96.0%)
3	FEDORCZAK Łukasz	12	BIEGOLAS KOSZALIN	M 30-39	1	00:06:16	00:12:47	00:19:16.10	+00:01:35 (8.2%)	3:46	15.9 (91.9%)
4	HOŁUB Kamil	24	MLUKS TRZEBIATÓW	M 40-49	1	00:06:17	00:12:58	00:19:24.90	+00:01:43 (8.9%)	3:48	15.8 (91.3%)
5	WITKIEWICZ Eryk	85		M 40-49	2	00:06:25	00:13:04	00:19:38.40	+00:01:57 (10.0%)	3:50	15.6 (90.2%)
6	PICK Tomasz	62	BIEGOLAS KOSZALIN	M 50-59	1	00:06:37	00:13:14	00:19:40.80	+00:01:59 (10.1%)	3:51	15.6 (90.2%)
7	SZULC Arek Arbuz	76	7PROTEAM	M 40-49	3	00:06:48	00:13:39	00:20:16.75	+00:02:35 (12.8%)	3:58	15.1 (87.3%)
8	WALEŃSKI Michał	90		M 40-49	4	00:06:48	00:13:39	00:20:16.80	+00:02:35 (12.8%)	3:58	15.1 (87.3%)
9	MILEWSKI Tomasz	50	PARKRUN KOSZALIN	M 40-49	5	00:06:59	00:13:55	00:20:43.60	+00:03:02 (14.7%)	4:03	14.8 (85.5%)
10	IWANIEC Dariusz	26	POLITECHNIKA KOSZALIŃSKA	M 40-49	6	00:06:58	00:14:08	00:21:08.90	+00:03:27 (16.4%)	4:08	14.5 (83.8%)
11	BARUTOWICZ Grzegorz	3		M 40-49	7	00:06:59	00:14:12	00:21:29.80	+00:03:48 (17.7%)	4:12	14.2 (82.1%)
12	KRUK Marcin	38		M 40-49	8	00:06:58	00:14:17	00:21:44.95	+00:04:03 (18.7%)	4:15	14.1 (81.5%)
13	MARCHLEWSKI Maciej	46		M 14-17	1	00:06:55	00:14:26	00:21:59.15	+00:04:18 (19.6%)	4:18	13.9 (80.3%)
14	SZUTA Karol	77		M 30-39	2	00:07:16	00:14:52	00:22:07.55	+00:04:26 (20.1%)	4:20	13.8 (79.8%)
15	MALINOWSKI Mariusz	45		M 40-49	9	00:07:04	00:14:43	00:22:10.50	+00:04:29 (20.2%)	4:20	13.8 (79.8%)
16	KRUPIŃSKI Krzysztof	39	E-UROLOG.EU	M 50-59	2	00:07:16	00:14:54	00:22:33.85	+00:04:52 (21.6%)	4:25	13.6 (78.6%)
17	OLSZAK Jakub	56		M 14-17	2	00:07:02	00:15:17	00:22:58.30	+00:05:17 (23.0%)	4:30	13.3 (76.9%)
18	PĘKAŁA Piotr	61	SOSW KOSZALIN	M 50-59	3	00:07:41	00:15:26	00:23:02.85	+00:05:21 (23.3%)	4:30	13.3 (76.9%)
19	MARKIEWICZ Zbigniew	47	AZS POLITECHNIKI KOSZALIŃSKIEJ	M 18-29	3	00:07:06	00:15:08	00:23:12.45	+00:05:31 (23.8%)	4:32	13.2 (76.3%)
20	SŁAWIŃSKI Marek	71		M 30-39	3	00:07:17	00:15:08	00:23:16.85	+00:05:35 (24.0%)	4:33	13.2 (76.3%)
21	ADASZYŃSKI Wiesław	1	BIEGOLAS KOSZALIN	M 50-59	4	00:07:17	00:15:25	00:23:23.90	+00:05:42 (24.4%)	4:35	13.1 (75.7%)
22	SAWIŃSKI Jacek	68		M 40-49	10	00:07:46	00:15:43	00:23:26.65	+00:05:45 (24.6%)	4:35	13.1 (75.7%)
23	WOLNY Mariusz	86		M 30-39	4	00:07:40	00:15:35	00:23:39.65	+00:05:58 (25.3%)	4:38	12.9 (74.6%)
24	HOREGLAD Paweł	25	SPEEDY GONZALES	M 18-29	4	00:07:40	00:15:48	00:23:45.75	+00:06:04 (25.6%)	4:39	12.9 (74.6%)
25	POKOJOWY Rafał	64		M 30-39	5	00:07:22	00:15:34	00:23:53.35	+00:06:12 (26.0%)	4:40	12.8 (74.0%)
26	NOREK Tomek	54		M 50-59	5	00:07:50	00:16:00	00:24:03.90	+00:06:22 (26.5%)	4:42	12.7 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	1.7km	3.4km	Czas netto	Różn	Tempo min/km	Tempo km/h
								5.1km			
27	SKOWYRSKI Janusz	70	TKKFBIEGOLASKOSZALIN	M 60-69	1	00:07:45	00:15:56	00:24:17.50	+00:06:36 (27.2%)	4:45	12.6 (72.8%)
28	WAWRZYN Grzegorz	83		M 40-49	11	00:07:29	00:15:29	00:24:19.15	+00:06:38 (27.3%)	4:46	12.6 (72.8%)
29	KISIELIŃSKI Igor	31		M 50-59	6	00:08:00	00:16:09	00:24:20.90	+00:06:39 (27.4%)	4:46	12.6 (72.8%)
30	RUTKOWSKI Ryszard	67	RUNKING / SPORTOWIEC.INFO	M 50-59	7	00:07:40	00:15:58	00:24:32.45	+00:06:51 (27.9%)	4:48	12.5 (72.3%)
31	GARNCAREK Paweł	13		M 40-49	12	00:08:18	00:16:45	00:24:55.95	+00:07:14 (29.1%)	4:53	12.3 (71.1%)
32	GAWROŃSKI Bartosz	15		M 30-39	6	00:07:57	00:16:43	00:25:03.40	+00:07:22 (29.4%)	4:54	12.2 (70.5%)
33	ŚWIDERSKI Marcin	78	POLITECHNIKA KOSZALIŃSKA	M 30-39	7	00:07:55	00:16:23	00:25:03.70	+00:07:22 (29.4%)	4:54	12.2 (70.5%)
34	OLSZAK Grzegorz	55		M 40-49	13	00:08:02	00:16:39	00:25:05.30	+00:07:24 (29.5%)	4:55	12.2 (70.5%)
35	JĘDRZEJCZYK Franciszek	27		M 50-59	8	00:08:24	00:16:55	00:25:27.70	+00:07:46 (30.5%)	4:59	12 (69.4%)
36	GIŻYCKI Łukasz	18	DB-ACTIVE	M 18-29	5	00:07:35	00:16:35	00:25:28.90	+00:07:47 (30.6%)	4:59	12 (69.4%)
37	MONGIAŁO Marcin	52		M 40-49	14	00:08:25	00:16:53	00:25:34.30	+00:07:53 (30.8%)	5:00	12 (69.4%)
38	PEKA Mateusz	59		M 18-29	6	00:07:37	00:16:17	00:25:53.15	+00:08:12 (31.7%)	5:04	11.8 (68.2%)
39	PIECHOTA Robert	63	ZDARTE PODESZWY	M 50-59	9	00:08:32	00:17:20	00:25:55.30	+00:08:14 (31.8%)	5:04	11.8 (68.2%)
40	ANTKOWIAK Sebastian	2		M 40-49	15	00:08:08	00:16:54	00:25:57.20	+00:08:16 (31.9%)	5:05	11.8 (68.2%)
41	KILAR Tomasz	93		M 40-49	16	00:08:25	00:17:15	00:26:12.45	+00:08:31 (32.5%)	5:08	11.7 (67.6%)
42	KĘSIK Michał	30	TKKF KOSZALIN	M 40-49	17	00:08:46	00:17:36	00:26:24.95	+00:08:43 (33.1%)	5:10	11.6 (67.1%)
43	KONKEL Łukasz	33		M 40-49	18	00:08:32	00:17:30	00:26:26.95	+00:08:45 (33.1%)	5:10	11.6 (67.1%)
44	KOZŁOWIECKI Waldemar	36		M OPEN	1	00:09:00	00:18:17	00:27:33.80	+00:09:52 (35.8%)	5:24	11.1 (64.2%)
45	FABJAŃSKI Karol	10	LEPSZY KOSZALIN	M 18-29	7	00:08:15	00:17:51	00:27:37.50	+00:09:56 (36.0%)	5:24	11.1 (64.2%)
46	OSENKOWSKI Artur	58		M 30-39	8	00:08:09	00:17:52	00:28:34.20	+00:10:53 (38.1%)	5:36	10.7 (61.8%)
47	KRAJCZYŃSKI Mariusz	37		M 40-49	19	00:08:47	00:18:44	00:28:58.75	+00:11:17 (39.0%)	5:40	10.6 (61.3%)
48	GRABSKI Michał	20	HERBMARATONOW.PL	M 18-29	8	00:08:45	00:19:03	00:30:12.55	+00:12:31 (41.5%)	5:55	10.1 (58.4%)
49	HELLER Zdzisław	23		M 60-69	2	00:09:42	00:20:06	00:30:21.00	+00:12:39 (41.7%)	5:57	10.1 (58.4%)
50	KOSZOWSKI Krystian	89		M 40-49	20	00:09:47	00:21:21	00:33:21.85	+00:15:40 (47.0%)	6:32	9.2 (53.2%)
51	WALO Zbigniew	82		M 60-69	3	00:10:34	00:22:04	00:33:42.25	+00:16:01 (47.5%)	6:36	9.1 (52.6%)
52	SOBCZYK Kacper	73		M 18-29	9	00:08:47	00:20:31	00:34:14.00	+00:16:32 (48.3%)	6:42	8.9 (51.4%)
53	KAFFKE Krzesimir	29		M 18-29	10	00:09:19	00:24:13	00:39:14.85	+00:21:33 (54.9%)	7:41	7.8 (45.1%)
54	BOLEK Adrian	7		M 18-29	11	00:09:55	00:24:15	00:39:17.45	+00:21:36 (55.0%)	7:42	7.8 (45.1%)

Znaleziono 54 wynik(ów)