

# BIEG PRZECIWLOTNIKA

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Organizator:** HERKULES  
**Data:** 2023-09-05  
**Miejsce:** USTKA  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>BŁASZCZYK Patryk</b>	<b>4</b>	7 BOW	Open-M	1	00:08:43	<b>00:15:20.90</b>		3:04	19.6 (100%)
2	<b>SZER. KIEŁTYKA Grzegorz</b>	<b>34</b>	BLOG/8PPLOT	Open-M	2	00:10:38	<b>00:18:24.30</b>	+00:03:03 (16.6%)	3:40	16.3 (83.2%)
3	<b>KPR. BAZIAK Szymon</b>	<b>190</b>	6BPD	Open-M	3	00:11:01	<b>00:18:28.40</b>	+00:03:07 (16.9%)	3:41	16.2 (82.7%)
4	<b>SZER. BALCEREK Karol</b>	<b>28</b>	BDOW/8PPLOT	Open-M	4	00:10:47	<b>00:18:52.10</b>	+00:03:31 (18.7%)	3:46	15.9 (81.1%)
5	<b>ST. SZER. SPEC. FLORCZYK Wojciech</b>	<b>101</b>	1DPLOT/8PPLOT	Open-M	5	00:11:00	<b>00:19:00.30</b>	+00:03:39 (19.2%)	3:48	15.8 (80.6%)
6	<b>ST. SZER. SPEC. KUCAL Paweł</b>	<b>31</b>	BLOG/8PPLOT	Open-M	6	00:11:00	<b>00:19:16.25</b>	+00:03:55 (20.4%)	3:51	15.6 (79.6%)
7	<b>ST. SZER. KUKLICZ Kamil</b>	<b>110</b>	1DPLOT/8PPLOT	Open-M	7	00:11:10	<b>00:19:25.80</b>	+00:04:04 (21.0%)	3:53	15.5 (79.1%)
8	<b>KPR. ŚWIĄDER Artur</b>	<b>47</b>	4DPLOT/8PPLOT	Open-M	8	00:11:12	<b>00:19:26.55</b>	+00:04:05 (21.1%)	3:53	15.4 (78.6%)
9	<b>SZER. GAJO Karol</b>	<b>146</b>	12 BZ	Open-M	9	00:11:19	<b>00:19:29.35</b>	+00:04:08 (21.2%)	3:53	15.4 (78.6%)
10	<b>SZER. ŚLEDŹ Łukasz</b>	<b>13</b>	7 BOW	Open-M	10	00:11:25	<b>00:19:32.50</b>	+00:04:11 (21.5%)	3:54	15.4 (78.6%)
11	<b>ST. SIERŻ. DUDEK Dariusz</b>	<b>22</b>	BDOW/8PPLOT	Open-M	11	00:11:24	<b>00:19:37.15</b>	+00:04:16 (21.8%)	3:55	15.3 (78.1%)
12	<b>SZER. MARCINKOWSKI Dawid</b>	<b>192</b>	6BPD	Open-M	12	00:11:30	<b>00:19:51.25</b>	+00:04:30 (22.7%)	3:58	15.1 (77.0%)
13	<b>PPOR. POTOCKI Artur</b>	<b>187</b>	6BPD	Open-M	13	00:11:31	<b>00:19:53.00</b>	+00:04:32 (22.8%)	3:58	15.1 (77.0%)
14	<b>ST. SZER. SITKO Tomasz</b>	<b>191</b>	6BPD	Open-M	14	00:11:37	<b>00:20:15.20</b>	+00:04:54 (24.2%)	4:03	14.8 (75.5%)
15	<b>KPR. WARZUCHOWSKI Janusz</b>	<b>155</b>	12 BZ	Open-M	15	00:12:06	<b>00:20:30.60</b>	+00:05:09 (25.2%)	4:06	14.6 (74.5%)
16	<b>SZER. OSTĘP Damian</b>	<b>160</b>	12 BZ	Open-M	16	00:10:41	<b>00:20:40.00</b>	+00:05:19 (25.7%)	4:08	14.5 (74.0%)
17	<b>ST. SZER. SPEC. STENKA Bartłomiej</b>	<b>5</b>	7 BOW	Open-M	17	00:12:37	<b>00:20:53.30</b>	+00:05:32 (26.5%)	4:10	14.4 (73.5%)
18	<b>SIERŻ. PAWEŁ Łukasz</b>	<b>209</b>	8PPLOT	Open-M	18	00:12:12	<b>00:20:54.65</b>	+00:05:33 (26.6%)	4:10	14.4 (73.5%)
19	<b>ST. SZER. SPEC. MARKIEWICZ Michał</b>	<b>159</b>	12 BZ	Open-M	19	00:12:19	<b>00:21:02.90</b>	+00:05:42 (27.1%)	4:12	14.3 (73.0%)
20	<b>SZER. WIECZOREK Bartosz</b>	<b>161</b>	12 BZ	Open-M	20	00:12:19	<b>00:21:11.85</b>	+00:05:50 (27.6%)	4:14	14.2 (72.4%)
21	<b>PLUT. KRAUS Gabriel</b>	<b>149</b>	12 BZ	Open-M	21	00:12:31	<b>00:21:15.50</b>	+00:05:54 (27.8%)	4:15	14.1 (71.9%)
22	<b>KPR. JAKUBCZYK Przemysław</b>	<b>3</b>	7 BOW	Open-M	22	00:12:44	<b>00:21:16.75</b>	+00:05:55 (27.9%)	4:15	14.1 (71.9%)
23	<b>KPR. WDOWIAK Paweł</b>	<b>91</b>	1DPLOT/8PPLOT	Open-M	23	00:12:29	<b>00:21:19.95</b>	+00:05:59 (28.1%)	4:15	14.1 (71.9%)
24	<b>PLUT. KORDYŚ Łukasz</b>	<b>77</b>	DPLOT	Open-M	24	00:12:27	<b>00:21:32.45</b>	+00:06:11 (28.7%)	4:18	13.9 (70.9%)
25	<b>SZER. KUZIEL Roman</b>	<b>181</b>	WOT	Open-M	25	00:12:27	<b>00:21:33.25</b>	+00:06:12 (28.8%)	4:18	13.9 (70.9%)
26	<b>PPŁK BARDYGA Mariusz</b>	<b>142</b>	12 BZ	Open-M	26	00:12:20	<b>00:21:36.70</b>	+00:06:15 (29.0%)	4:19	13.9 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	Czas netto		Tempo min/km	Tempo km/h
							5km	Różn		
27	<b>ST. SZER. BAGNIUK Piotr</b>	<b>29</b>	BDOW/8PPLOT	Open-M	27	00:12:24	<b>00:21:46.10</b>	+00:06:25 (29.5%)	4:21	13.8 (70.4%)
28	<b>PLUT. JAWORSKI Tomasz</b>	<b>134</b>	1DPLOT	Open-M	28	00:12:26	<b>00:21:47.40</b>	+00:06:26 (29.6%)	4:21	13.8 (70.4%)
29	<b>SZER. KACA Marcel</b>	<b>79</b>	4DPLOT	Open-M	29	00:12:26	<b>00:21:50.90</b>	+00:06:30 (29.8%)	4:22	13.7 (69.9%)
30	<b>ST. KPR. PCHOR. MICHALSKI Wojciech</b>	<b>193</b>	AWL	Open-M	30	00:12:14	<b>00:21:55.00</b>	+00:06:34 (30.0%)	4:23	13.7 (69.9%)
31	<b>KPR. ZIELIŃSKI Mariusz</b>	<b>105</b>	1DPLOT/8PPLOT	Open-M	31	00:13:05	<b>00:21:57.15</b>	+00:06:36 (30.1%)	4:23	13.7 (69.9%)
32	<b>SZER. STRZELCZYK Bartosz</b>	<b>189</b>	6BPD	Open-M	32	00:13:03	<b>00:22:04.35</b>	+00:06:43 (30.5%)	4:24	13.6 (69.4%)
33	<b>SZER. BOŻKO Mateusz</b>	<b>205</b>	PWDWDPW	Open-M	33	00:12:52	<b>00:22:07.75</b>	+00:06:46 (30.6%)	4:25	13.6 (69.4%)
34	<b>SZER. CHROBOT Piotr</b>	<b>89</b>	1DPLOT/8PPLOT	Open-M	34	00:12:42	<b>00:22:13.45</b>	+00:06:52 (30.9%)	4:26	13.5 (68.9%)
35	<b>SZER. GRYGUŁA Filip</b>	<b>36</b>	BLOG/8PPLOT	Open-M	35	00:13:48	<b>00:22:22.75</b>	+00:07:01 (31.4%)	4:28	13.4 (68.4%)
36	<b>AST. KPR. DAMCZYK Karol</b>	<b>107</b>	1DPLOT/8PPLOT	Open-M	36	00:13:05	<b>00:22:25.70</b>	+00:07:04 (31.6%)	4:29	13.4 (68.4%)
37	<b>PPOR. RADZIKOWSKI Robert</b>	<b>145</b>	12 BZ	Open-M	37	00:13:18	<b>00:22:27.65</b>	+00:07:06 (31.7%)	4:29	13.4 (68.4%)
38	<b>KPR. WICENS Jacek</b>	<b>136</b>	1DPLOT	Open-M	38	00:12:52	<b>00:22:34.30</b>	+00:07:13 (32.0%)	4:30	13.3 (67.9%)
39	<b>ST. SZER. SPEC. JARZĘBSKI Łukasz</b>	<b>138</b>	3DPLOT	Open-M	39	00:13:42	<b>00:22:39.55</b>	+00:07:18 (32.3%)	4:31	13.2 (67.3%)
40	<b>SZER. DĄBROWSKI Dominik</b>	<b>188</b>	6BPD	Open-M	40	00:13:03	<b>00:22:46.75</b>	+00:07:25 (32.6%)	4:33	13.2 (67.3%)
41	<b>ST.SZER.SPEC. MRUGALSKA Magdalena</b>	<b>137</b>	1DPLOT	Open-K	1	00:13:07	<b>00:22:52.00</b>	+00:07:31 (32.9%)	4:34	13.1 (66.8%)
42	<b>ST. CHOR. SZTAB. STANKIEWICZ Wiesław</b>	<b>19</b>	BDOW/8PPLOT	Open-M	41	00:13:22	<b>00:23:00.35</b>	+00:07:39 (33.3%)	4:36	13 (66.3%)
43	<b>ST. SZER. WÓJCIK Janusz</b>	<b>174</b>	WOT	Open-M	42	00:13:13	<b>00:23:01.30</b>	+00:07:40 (33.3%)	4:36	13 (66.3%)
44	<b>PPŁK. PANEK Tomasz</b>	<b>2</b>	8PPLOT	Open-M	43	00:13:16	<b>00:23:04.10</b>	+00:07:43 (33.5%)	4:36	13 (66.3%)
45	<b>SZER. ZAJĄC Adrian</b>	<b>141</b>	3DPLOT	Open-M	44	00:13:37	<b>00:23:05.80</b>	+00:07:44 (33.5%)	4:37	13 (66.3%)
46	<b>SZER. LETKOMILLER Mariusz</b>	<b>201</b>		Open-M	45	00:13:23	<b>00:23:08.50</b>	+00:07:47 (33.7%)	4:37	13 (66.3%)
47	<b>KPR. DRĄG Anna</b>	<b>144</b>	12 BZ	Open-K	2	00:13:42	<b>00:23:09.15</b>	+00:07:48 (33.7%)	4:37	13 (66.3%)
48	<b>ST. KPR. SUDYK Łukasz</b>	<b>23</b>	BDOW/8PPLOT	Open-M	46	00:13:28	<b>00:23:10.65</b>	+00:07:49 (33.8%)	4:38	12.9 (65.8%)
49	<b>ST. SZER. RUDNIK Arkadiusz</b>	<b>27</b>	BDOW/8PPLOT	Open-M	47	00:13:27	<b>00:23:11.25</b>	+00:07:50 (33.8%)	4:38	12.9 (65.8%)
50	<b>SZER. WESOŁOWSKI Krystian</b>	<b>164</b>	12 BZ	Open-M	48	00:13:41	<b>00:23:11.40</b>	+00:07:50 (33.8%)	4:38	12.9 (65.8%)
51	<b>KPR. PODOLAK Anna</b>	<b>90</b>	1DPLOT/8PPLOT	Open-K	3	00:13:45	<b>00:23:11.65</b>	+00:07:50 (33.8%)	4:38	12.9 (65.8%)
52	<b>KPR. GEISHEIMER Przemysław</b>	<b>82</b>	15PPLOT	Open-M	49	00:13:52	<b>00:23:26.55</b>	+00:08:05 (34.5%)	4:41	12.8 (65.3%)
53	<b>ST. SZER. KOLANKO Bartosz</b>	<b>194</b>	6BPD	Open-M	50	00:12:47	<b>00:23:27.50</b>	+00:08:06 (34.6%)	4:41	12.8 (65.3%)
54	<b>POR. OLCHOWSKI Grzegorz</b>	<b>88</b>	1DPLOT/8PPLOT	Open-M	51	00:13:49	<b>00:23:27.80</b>	+00:08:06 (34.6%)	4:41	12.8 (65.3%)
55	<b>ST.SZER.SPEC. OSMULSKI Marcin</b>	<b>139</b>	3DPLOT	Open-M	52	00:13:47	<b>00:23:34.05</b>	+00:08:13 (34.9%)	4:42	12.7 (64.8%)
56	<b>SZER. RYPIŃSKI Dawid</b>	<b>11</b>	7 BOW	Open-M	53	00:13:38	<b>00:23:34.55</b>	+00:08:13 (34.9%)	4:42	12.7 (64.8%)
57	<b>SZER.SAMSONOWICZ Łukasz</b>	<b>132</b>	1DPLOT	Open-M	54	00:14:08	<b>00:23:42.65</b>	+00:08:21 (35.3%)	4:44	12.7 (64.8%)
58	<b>ST.SZER.SPEC. MATYSIAK Witold</b>	<b>140</b>	3DPLOT	Open-M	55	00:13:46	<b>00:23:42.90</b>	+00:08:22 (35.3%)	4:44	12.7 (64.8%)
59	<b>SZER. JANKOWSKI Michał</b>	<b>202</b>	7 BOW	Open-M	56	00:14:18	<b>00:23:45.30</b>	+00:08:24 (35.4%)	4:45	12.6 (64.3%)
60	<b>SZER. PIECZYŃSKI Piotr</b>	<b>203</b>	7 BOW	Open-M	57	00:14:02	<b>00:23:47.40</b>	+00:08:26 (35.5%)	4:45	12.6 (64.3%)
61	<b>SZER. ŚLEDŹ Kacper</b>	<b>14</b>	7 BOW	Open-M	58	00:14:24	<b>00:23:51.05</b>	+00:08:30 (35.6%)	4:46	12.6 (64.3%)
62	<b>SZER. SAMP Agnieszka</b>	<b>6</b>	7 BOW	Open-K	4	00:13:39	<b>00:23:52.40</b>	+00:08:31 (35.7%)	4:46	12.6 (64.3%)
63	<b>SZER. SZCZUCZKO Mikołaj</b>	<b>171</b>	WOT	Open-M	59	00:13:00	<b>00:23:58.40</b>	+00:08:37 (36.0%)	4:47	12.5 (63.8%)
64	<b>KPR. ZDANOWICZ Robert</b>	<b>71</b>	4DPLOT/8PPLOT	Open-M	60	00:13:54	<b>00:24:07.20</b>	+00:08:46 (36.4%)	4:49	12.4 (63.3%)
65	<b>PPOR. KOMUDA Hubert</b>	<b>98</b>	1DPLOT/8PPLOT	Open-M	61	00:14:12	<b>00:24:10.05</b>	+00:08:49 (36.5%)	4:50	12.4 (63.3%)
66	<b>ST. CHOR. ZASIMOWSKI Rafał</b>	<b>99</b>	1DPLOT/8PPLOT	Open-M	62	00:14:12	<b>00:24:10.35</b>	+00:08:49 (36.5%)	4:50	12.4 (63.3%)
67	<b>PPŁK. DEMBICKI Daniel</b>	<b>32</b>	BLOG/8PPLOT	Open-M	63	00:13:53	<b>00:24:23.15</b>	+00:09:02 (37.1%)	4:52	12.3 (62.8%)
68	<b>ST. SZER. MARTON Mariusz</b>	<b>95</b>	1DPLOT/8PPLOT	Open-M	64	00:14:09	<b>00:24:30.75</b>	+00:09:09 (37.4%)	4:54	12.2 (62.2%)
69	<b>SZER.JAKUBOWSKI Mateusz</b>	<b>133</b>	1DPLOT	Open-M	65	00:15:25	<b>00:24:32.10</b>	+00:09:11 (37.4%)	4:54	12.2 (62.2%)
70	<b>KPR. WINDORPSKI Dawid</b>	<b>37</b>	BLOG/8PPLOT	Open-M	66	00:14:51	<b>00:24:33.75</b>	+00:09:12 (37.5%)	4:54	12.2 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	Czas netto		Tempo min/km	Tempo km/h
							5km	Różn		
71	ST. SZER. SPEC. SURUDA Tomasz	97	1DPLOT/8PPLOT	Open-M	67	00:14:15	00:24:35.70	+00:09:14 (37.6%)	4:55	12.2 (62.2%)
72	SZER.KARASIŃSKI Dominik	129	1DPLOT	Open-M	68	00:14:07	00:24:37.05	+00:09:16 (37.7%)	4:55	12.2 (62.2%)
73	SZER. PIECHOTA Mateusz	12	7 BOW	Open-M	69	00:14:25	00:24:38.05	+00:09:17 (37.7%)	4:55	12.2 (62.2%)
74	SZER. GUDAN Ewelina	24	BDOW/8PPLOT	Open-K	5	00:14:12	00:24:39.00	+00:09:18 (37.7%)	4:55	12.2 (62.2%)
75	PPOR. DASZKIEWICZ Michał	103	1DPLOT/8PPLOT	Open-M	70	00:15:39	00:24:39.85	+00:09:18 (37.8%)	4:55	12.2 (62.2%)
76	SZER. DZIECINNY Jakub	7	7 BOW	Open-M	71	00:14:01	00:24:40.00	+00:09:19 (37.8%)	4:56	12.2 (62.2%)
77	ST.SZER.SPEC. HAWRYLUK Paweł	153	12 BZ	Open-M	72	00:14:53	00:24:41.20	+00:09:20 (37.8%)	4:56	12.2 (62.2%)
78	KPR. ANTKOWIAK Łukasz	152	12 BZ	Open-M	73	00:14:53	00:24:41.55	+00:09:20 (37.8%)	4:56	12.2 (62.2%)
79	ST. SZER. SPEC. BURAKÓW Rafał	206	12 BZ	Open-M	74	00:14:15	00:24:41.95	+00:09:21 (37.9%)	4:56	12.2 (62.2%)
80	KPR. WUCKI Daniel	122	1DPLOT/8PPLOT	Open-M	75	00:14:12	00:24:42.60	+00:09:21 (37.9%)	4:56	12.1 (61.7%)
81	ST. SZER. GAWIN Szymon	57	4DPLOT/8PPLOT	Open-M	76	00:14:42	00:24:43.65	+00:09:22 (37.9%)	4:56	12.1 (61.7%)
82	ST. SZER. WIELGA Piotr	58	4DPLOT/8PPLOT	Open-M	77	00:14:41	00:24:44.00	+00:09:23 (37.9%)	4:56	12.1 (61.7%)
83	ST. SZER. KUCHARSKI Bartosz	54	4DPLOT/8PPLOT	Open-M	78	00:14:26	00:24:44.40	+00:09:23 (38.0%)	4:56	12.1 (61.7%)
84	KPR. ROMAŃCZYK Konrad	62	4DPLOT/8PPLOT	Open-M	79	00:14:27	00:24:45.35	+00:09:24 (38.0%)	4:57	12.1 (61.7%)
85	ST. SZER. MACIUKAJĆ Bartłomiej	55	4DPLOT/8PPLOT	Open-M	80	00:14:27	00:24:45.60	+00:09:24 (38.0%)	4:57	12.1 (61.7%)
86	CHOR. RYBACZEK Adam	81	15PPLOT	Open-M	81	00:14:07	00:24:49.10	+00:09:28 (38.2%)	4:57	12.1 (61.7%)
87	KPR. DAWIDOWSKI Konrad	150	12 BZ	Open-M	82	00:14:44	00:24:50.55	+00:09:29 (38.2%)	4:58	12.1 (61.7%)
88	ST. SZER. SPEC. SZCZUCKI Sławomir	63	4DPLOT/8PPLOT	Open-M	83	00:14:34	00:24:52.50	+00:09:31 (38.3%)	4:58	12.1 (61.7%)
89	ST. SZER. SPEC. KACPRZYK Tomasz	207	12 BZ	Open-M	84	00:14:15	00:24:53.55	+00:09:32 (38.3%)	4:58	12.1 (61.7%)
90	PPOR. KANTOROWSKI Henryk	50	4DPLOT/8PPLOT	Open-M	85	00:14:46	00:24:53.85	+00:09:32 (38.4%)	4:58	12.1 (61.7%)
91	POR. MASZOŃSKI Olaf	49	4DPLOT/8PPLOT	Open-M	86	00:14:47	00:24:54.80	+00:09:33 (38.4%)	4:58	12 (61.2%)
92	KPR. ZAJĄC Hubert	186	WOT	Open-M	87	00:15:05	00:24:56.60	+00:09:35 (38.5%)	4:59	12 (61.2%)
93	PPOR. WOLNY Mariusz	43	4DPLOT/8PPLOT	Open-M	88	00:14:46	00:24:59.60	+00:09:38 (38.6%)	4:59	12 (61.2%)
94	PPOR. WZIĄTEK Kamil	69	4DPLOT/8PPLOT	Open-M	89	00:14:46	00:25:00.20	+00:09:39 (38.6%)	5:00	12 (61.2%)
95	ST. SZER. SPEC.RUDNIK Robert	111	1DPLOT/8PPLOT	Open-M	90	00:14:49	00:25:00.65	+00:09:39 (38.6%)	5:00	12 (61.2%)
96	ST.SZER. GŁOGOWSKI Hubert	127	1DPLOT	Open-M	91	00:14:42	00:25:03.10	+00:09:42 (38.7%)	5:00	12 (61.2%)
97	PLUT ZASIMOWSKI Adam	85	1DPLOT/8PPLOT	Open-M	92	00:15:08	00:25:06.00	+00:09:45 (38.9%)	5:01	12 (61.2%)
98	KPR. ZAWADZKI Konrad	106	1DPLOT/8PPLOT	Open-M	93	00:15:38	00:25:08.75	+00:09:47 (39.0%)	5:01	11.9 (60.7%)
99	ST. SZER. SOLECKA Joanna	158	12 BZ	Open-K	6	00:14:30	00:25:09.75	+00:09:48 (39.0%)	5:01	11.9 (60.7%)
100	ST. CHOR. SZTAB. WADAS Tomasz	21	BDOW/8PPLOT	Open-M	94	00:14:26	00:25:18.75	+00:09:57 (39.4%)	5:03	11.9 (60.7%)
101	ST. SZER. DEMBSKI Dawid	59	4DPLOT/8PPLOT	Open-M	95	00:13:39	00:25:21.10	+00:10:00 (39.5%)	5:04	11.8 (60.2%)
102	ST. SZER. SOBCZAK Eryk	109	1DPLOT/8PPLOT	Open-M	96	00:14:34	00:25:26.20	+00:10:05 (39.7%)	5:05	11.8 (60.2%)
103	SZER. SZELOCH Dawid	25	BDOW/8PPLOT	Open-M	97	00:14:46	00:25:29.60	+00:10:08 (39.8%)	5:05	11.8 (60.2%)
104	SZER. SKORY Marek	166	12 BZ	Open-M	98	00:12:18	00:25:30.75	+00:10:09 (39.8%)	5:06	11.8 (60.2%)
105	ST. SZER. SPEC. MAŁYSZEWICZ Andrzej	33	BLOG/8PPLOT	Open-M	99	00:15:11	00:25:31.60	+00:10:10 (39.9%)	5:06	11.8 (60.2%)
106	ST. SZER. DWORAKOWSKI Arkadiusz	40	BLOG/8PPLOT	Open-M	100	00:14:51	00:25:34.80	+00:10:13 (40.0%)	5:06	11.7 (59.7%)
107	ST. SZER. SPEC. WĘGLAREK Artur	56	4DPLOT/8PPLOT	Open-M	101	00:14:56	00:25:34.90	+00:10:14 (40.0%)	5:06	11.7 (59.7%)
108	ST. SZER. STOSIO Zbigniew	61	4DPLOT/8PPLOT	Open-M	102	00:15:52	00:25:35.50	+00:10:14 (40.0%)	5:07	11.7 (59.7%)
109	SZER.KOWALSKI Tomasz	131	1DPLOT	Open-M	103	00:15:40	00:25:38.75	+00:10:17 (40.2%)	5:07	11.7 (59.7%)
110	KPR. IGNACZAK Magdalena	86	1DPLOT/8PPLOT	Open-K	7	00:15:09	00:25:39.70	+00:10:18 (40.2%)	5:07	11.7 (59.7%)
111	PLUT. MAŁECKI Jacek	52	4DPLOT/8PPLOT	Open-M	104	00:15:32	00:25:40.85	+00:10:19 (40.2%)	5:08	11.7 (59.7%)
112	KPR. KUŚ Jacek	135	1DPLOT	Open-M	105	00:15:09	00:25:41.75	+00:10:20 (40.3%)	5:08	11.7 (59.7%)
113	PLUT. PANTUCHOWICZ Łukasz	53	4DPLOT/8PPLOT	Open-M	106	00:15:33	00:25:42.75	+00:10:21 (40.3%)	5:08	11.7 (59.7%)
114	POR. KOŁODZIEJSKI Wojciech	157	12 BZ	Open-M	107	00:14:57	00:25:44.70	+00:10:23 (40.4%)	5:08	11.7 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	Czas netto		Tempo min/km	Tempo km/h
							5km	Różn		
115	<b>ST. CHOR. SZT. SZYMAŃSKI Mirośław</b>	<b>44</b>	4DPLOT/8PPLOT	Open-M	108	00:15:04	<b>00:25:45.75</b>	+00:10:24 (40.4%)	5:09	11.7 (59.7%)
116	<b>KPR. ZDRZALIK Piotr</b>	<b>210</b>	8PPLOT	Open-M	109	00:15:38	<b>00:25:45.80</b>	+00:10:24 (40.4%)	5:09	11.7 (59.7%)
117	<b>KPR. WILGOCKI Jakub</b>	<b>147</b>	12 BZ	Open-M	110	00:15:07	<b>00:25:46.15</b>	+00:10:25 (40.4%)	5:09	11.6 (59.2%)
118	<b>ST. SZER. SPEC. SZLĘK Kamil</b>	<b>148</b>	12 BZ	Open-M	111	00:15:07	<b>00:25:46.20</b>	+00:10:25 (40.4%)	5:09	11.6 (59.2%)
119	<b>KPR. JAGIELSKI Patryk</b>	<b>93</b>	1DPLOT/8PPLOT	Open-M	112	00:15:12	<b>00:25:46.30</b>	+00:10:25 (40.4%)	5:09	11.6 (59.2%)
120	<b>ST. SZER. PIELA Mateusz</b>	<b>38</b>	BLOG/8PPLOT	Open-M	113	00:15:40	<b>00:25:50.85</b>	+00:10:29 (40.6%)	5:10	11.6 (59.2%)
121	<b>KPT. SZADZIŃSKI Krzysztof</b>	<b>18</b>	BDOW/8PPLOT	Open-M	114	00:14:28	<b>00:25:56.30</b>	+00:10:35 (40.8%)	5:11	11.6 (59.2%)
122	<b>KPR. BIERNACKI Michał</b>	<b>94</b>	1DPLOT/8PPLOT	Open-M	115	00:15:16	<b>00:25:56.50</b>	+00:10:35 (40.8%)	5:11	11.6 (59.2%)
123	<b>ST. SIERŻ. NAKIELSKI Grzegorz</b>	<b>51</b>	4DPLOT/8PPLOT	Open-M	116	00:15:33	<b>00:25:57.20</b>	+00:10:36 (40.9%)	5:11	11.6 (59.2%)
124	<b>SIERŻ. KOWALEWSKI Marcin</b>	<b>20</b>	BDOW/8PPLOT	Open-M	117	00:15:14	<b>00:25:57.45</b>	+00:10:36 (40.9%)	5:11	11.6 (59.2%)
125	<b>PŁK. MALIK Sławomir</b>	<b>1</b>	8PPLOT	Open-M	118	00:14:54	<b>00:25:58.45</b>	+00:10:37 (40.9%)	5:11	11.6 (59.2%)
126	<b>ST. SZER. GURBIEL Karol</b>	<b>39</b>	BLOG/8PPLOT	Open-M	119	00:15:39	<b>00:26:01.35</b>	+00:10:40 (41.0%)	5:12	11.5 (58.7%)
127	<b>KOPREK Kpr. Łukasz</b>	<b>87</b>	1DPLOT/8PPLOT	Open-M	120	00:15:13	<b>00:26:02.95</b>	+00:10:42 (41.1%)	5:12	11.5 (58.7%)
128	<b>KPR. BĄBA Krzysztof</b>	<b>167</b>	WOT	Open-M	121	00:15:49	<b>00:26:03.05</b>	+00:10:42 (41.1%)	5:12	11.5 (58.7%)
129	<b>ST. SZER. GRZECHNIK Wojciech</b>	<b>175</b>	WOT	Open-M	122	00:15:05	<b>00:26:10.25</b>	+00:10:49 (41.4%)	5:14	11.5 (58.7%)
130	<b>SZER. PAWLISZYN Paweł</b>	<b>121</b>	1DPLOT/8PPLOT	Open-M	123	00:14:48	<b>00:26:22.95</b>	+00:11:02 (41.8%)	5:16	11.4 (58.2%)
131	<b>KPR. CZERNIEJEWSKI Paweł</b>	<b>17</b>	7 BOW	Open-M	124	00:15:16	<b>00:26:35.05</b>	+00:11:14 (42.3%)	5:19	11.3 (57.7%)
132	<b>ST. SZER. SPEC. ODRZYWOŁEK Paweł</b>	<b>65</b>	4DPLOT/8PPLOT	Open-M	125	00:15:59	<b>00:26:35.20</b>	+00:11:14 (42.3%)	5:19	11.3 (57.7%)
133	<b>SZER. WIĄCEK Paweł</b>	<b>41</b>	BLOG/8PPLOT	Open-M	126	00:16:10	<b>00:26:38.35</b>	+00:11:17 (42.4%)	5:19	11.3 (57.7%)
134	<b>SIERŻ. GÓRSKI Mariusz</b>	<b>104</b>	1DPLOT/8PPLOT	Open-M	127	00:15:39	<b>00:26:40.75</b>	+00:11:19 (42.5%)	5:20	11.3 (57.7%)
135	<b>SIERŻ. LIBERA Adam</b>	<b>96</b>	1DPLOT/8PPLOT	Open-M	128	00:15:34	<b>00:26:43.90</b>	+00:11:23 (42.6%)	5:20	11.2 (57.1%)
136	<b>CHOR. HOŁUJ Jacek</b>	<b>117</b>	1DPLOT/8PPLOT	Open-M	129	00:15:59	<b>00:26:45.60</b>	+00:11:24 (42.6%)	5:21	11.2 (57.1%)
137	<b>ST. SZER. SPEC. KOZŁOWSKI Tomasz</b>	<b>64</b>	4DPLOT/8PPLOT	Open-M	130	00:14:57	<b>00:26:46.80</b>	+00:11:25 (42.7%)	5:21	11.2 (57.1%)
138	<b>SZER. BRODZIŃSKI Szer. Michał</b>	<b>108</b>	1DPLOT/8PPLOT	Open-M	131	00:15:38	<b>00:26:47.25</b>	+00:11:26 (42.7%)	5:21	11.2 (57.1%)
139	<b>KPR. GUMOWSKA Martyna</b>	<b>16</b>	7 BOW	Open-K	8	00:14:58	<b>00:26:52.90</b>	+00:11:32 (42.9%)	5:22	11.2 (57.1%)
140	<b>KPR. PYREK Piotr</b>	<b>182</b>	WOT	Open-M	132	00:15:54	<b>00:26:54.45</b>	+00:11:33 (43.0%)	5:22	11.2 (57.1%)
141	<b>KPT. RAPA Łukasz</b>	<b>143</b>	12 BZ	Open-M	133	00:15:11	<b>00:26:54.90</b>	+00:11:34 (43.0%)	5:22	11.2 (57.1%)
142	<b>SZER. WALKUSZ Anita</b>	<b>173</b>	WOT	Open-K	9	00:15:55	<b>00:27:04.95</b>	+00:11:44 (43.3%)	5:24	11.1 (56.6%)
143	<b>ST. SZER. WOLAŃSKA Marta</b>	<b>66</b>	4DPLOT/8PPLOT	Open-K	10	00:15:57	<b>00:27:22.80</b>	+00:12:01 (43.9%)	5:28	11 (56.1%)
144	<b>ST. SZER. JARZYŃSKI Marcin</b>	<b>60</b>	4DPLOT/8PPLOT	Open-M	134	00:14:56	<b>00:27:26.65</b>	+00:12:05 (44.1%)	5:29	10.9 (55.6%)
145	<b>ST. SZER. JANUSZ Grzegorz</b>	<b>72</b>	4DPLOT/8PPLOT	Open-M	135	00:15:59	<b>00:27:28.00</b>	+00:12:07 (44.1%)	5:29	10.9 (55.6%)
146	<b>ST.SZER.SPEC. ŚNIEŻKO Tomasz</b>	<b>92</b>	1DPLOT/8PPLOT	Open-M	136	00:16:00	<b>00:27:30.50</b>	+00:12:09 (44.2%)	5:30	10.9 (55.6%)
147	<b>POR. MUSIAŁEK Szymon</b>	<b>83</b>	1DPLOT/8PPLOT	Open-M	137	00:16:03	<b>00:27:39.20</b>	+00:12:18 (44.5%)	5:31	10.8 (55.1%)
148	<b>KPR. ŻERAŃSKA Iwona</b>	<b>119</b>	1DPLOT/8PPLOT	Open-K	11	00:16:03	<b>00:27:52.65</b>	+00:12:31 (44.9%)	5:34	10.8 (55.1%)
149	<b>KPR. JANIK Damian</b>	<b>204</b>	7 BOW	Open-M	138	00:16:24	<b>00:28:13.00</b>	+00:12:52 (45.6%)	5:38	10.6 (54.1%)
150	<b>MJR MIELGUJ Marcin</b>	<b>42</b>	4DPLOT/8PPLOT	Open-M	139	00:16:03	<b>00:28:41.60</b>	+00:13:20 (46.5%)	5:44	10.5 (53.6%)
151	<b>ST. CHOR. SZT. MICHALCZYK Mariusz</b>	<b>45</b>	4DPLOT/8PPLOT	Open-M	140	00:16:05	<b>00:28:42.80</b>	+00:13:21 (46.5%)	5:44	10.5 (53.6%)
152	<b>SZER. SOBISZ Dawid</b>	<b>8</b>	7 BOW	Open-M	141	00:16:27	<b>00:28:55.75</b>	+00:13:34 (46.9%)	5:47	10.4 (53.1%)
153	<b>ST.SZER. HOJDYCZ Paweł</b>	<b>128</b>	1DPLOT	Open-M	142	00:16:07	<b>00:29:14.75</b>	+00:13:53 (47.5%)	5:50	10.3 (52.6%)
154	<b>SZER.MISZKIEWICZ Daniel</b>	<b>130</b>	1DPLOT	Open-M	143	00:16:07	<b>00:29:15.20</b>	+00:13:54 (47.5%)	5:51	10.3 (52.6%)
155	<b>SZER. MARCZYŃSKA Marta</b>	<b>172</b>	WOT	Open-K	12	00:16:40	<b>00:29:25.10</b>	+00:14:04 (47.8%)	5:53	10.2 (52.0%)
156	<b>ST. SZER. SPECOCHEŃKOWSKI .Paweł</b>	<b>112</b>	1DPLOT/8PPLOT	Open-M	144	00:17:51	<b>00:30:13.00</b>	+00:14:52 (49.2%)	6:02	9.9 (50.5%)
157	<b>KPR. RUP Emil</b>	<b>35</b>	BLOG/8PPLOT	Open-M	145	00:17:51	<b>00:30:54.75</b>	+00:15:33 (50.3%)	6:10	9.7 (49.5%)
158	<b>ST. SZER. NIEMCZUK Piotr</b>	<b>114</b>	1DPLOT/8PPLOT	Open-M	146	00:17:50	<b>00:31:05.55</b>	+00:15:44 (50.6%)	6:13	9.7 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
159	<b>ST. SZER. BIELAWSKI Jacek</b>	<b>76</b>	4DPLOT/8PPLOT	Open-M	147	00:18:42	<b>00:31:45.20</b>	+00:16:24 (51.7%)	6:21	9.4 (48.0%)
160	<b>SZER. GERLACH Patryk</b>	<b>120</b>	1DPLOT/8PPLOT	Open-M	148	00:17:36	<b>00:31:59.75</b>	+00:16:38 (52.0%)	6:23	9.4 (48.0%)
161	<b>SZER. KRAUS Sławomir</b>	<b>163</b>	12 BZ	Open-M	149	00:18:09	<b>00:32:01.45</b>	+00:16:40 (52.1%)	6:24	9.4 (48.0%)
162	<b>SZER. ROMAN Grzegorz</b>	<b>162</b>	12 BZ	Open-M	150	00:18:09	<b>00:32:04.55</b>	+00:16:43 (52.1%)	6:24	9.4 (48.0%)
163	<b>SZER. LIRZEWSKA Magdalena</b>	<b>100</b>	1DPLOT/8PPLOT	Open-K	13	00:17:57	<b>00:32:12.15</b>	+00:16:51 (52.3%)	6:26	9.3 (47.4%)
164	<b>KPR. RACHWAŁ Natalia</b>	<b>176</b>	WOT	Open-K	14	00:18:25	<b>00:32:14.95</b>	+00:16:54 (52.4%)	6:26	9.3 (47.4%)
165	<b>SZER. PTASZNIK Mateusz</b>	<b>179</b>	WOT	Open-M	151	00:17:31	<b>00:32:17.85</b>	+00:16:56 (52.5%)	6:27	9.3 (47.4%)
166	<b>KPR. POLITOWICZ Magdalena</b>	<b>118</b>	1DPLOT/8PPLOT	Open-K	15	00:18:56	<b>00:32:22.25</b>	+00:17:01 (52.6%)	6:28	9.3 (47.4%)
167	<b>ST. SZER. GIERSZEWSKA Patrycja</b>	<b>116</b>	1DPLOT/8PPLOT	Open-K	16	00:18:57	<b>00:32:23.35</b>	+00:17:02 (52.6%)	6:28	9.3 (47.4%)
168	<b>KPR. KUŁDO Piotr</b>	<b>168</b>	WOT	Open-M	152	00:18:25	<b>00:32:57.70</b>	+00:17:36 (53.4%)	6:35	9.1 (46.4%)
169	<b>SZER. BARAN Krzysztof</b>	<b>183</b>	WOT	Open-M	153	00:18:48	<b>00:33:07.35</b>	+00:17:46 (53.7%)	6:37	9.1 (46.4%)
170	<b>MŁ. CHOR. FILIPIAK Wojtek</b>	<b>84</b>	1DPLOT/8PPLOT	Open-M	154	00:18:55	<b>00:34:15.85</b>	+00:18:54 (55.2%)	6:51	8.8 (44.9%)
171	<b>SZER. JORDECZKA Ewa</b>	<b>184</b>	WOT	Open-K	17	00:19:29	<b>00:34:18.45</b>	+00:18:57 (55.3%)	6:51	8.7 (44.4%)
172	<b>SZER. KOŁODYŃSKI Tomasz</b>	<b>170</b>	WOT	Open-M	155	00:19:09	<b>00:34:18.70</b>	+00:18:57 (55.3%)	6:51	8.7 (44.4%)
173	<b>SZER. JĄDRZYK Mateusz</b>	<b>178</b>	WOT	Open-M	156	00:19:29	<b>00:34:18.95</b>	+00:18:58 (55.3%)	6:51	8.7 (44.4%)
174	<b>ST. KPR. KOPOWSKI Rafał</b>	<b>177</b>	WOT	Open-M	157	00:19:09	<b>00:34:23.95</b>	+00:19:03 (55.4%)	6:52	8.7 (44.4%)
175	<b>ST. SZER. OLSZOWY Kamil</b>	<b>75</b>	4DPLOT/8PPLOT	Open-M	158	00:19:14	<b>00:34:29.80</b>	+00:19:08 (55.5%)	6:53	8.7 (44.4%)
176	<b>SZER. RACIS-KORSAK Liliana</b>	<b>185</b>	WOT	Open-K	18	00:19:38	<b>00:34:30.10</b>	+00:19:09 (55.5%)	6:54	8.7 (44.4%)
177	<b>ST. SIERŻ. GLISZCZYŃSKI Marcin</b>	<b>46</b>	4DPLOT/8PPLOT	Open-M	159	00:19:15	<b>00:34:30.20</b>	+00:19:09 (55.5%)	6:54	8.7 (44.4%)
178	<b>ST. SZER. BEKIER Mariusz</b>	<b>169</b>	WOT	Open-M	160	00:21:25	<b>00:38:52.10</b>	+00:23:31 (60.5%)	7:46	7.7 (39.3%)
	<b>MADEJ Krzysztof</b>	<b>208</b>	8PPLOT	Open-M		00:10:25 DNF	<b>DNF</b>		-	- (0.0%)

Znaleziono 179 wynik(ów)