

BIEG PRZEŁAJOWY ŁĄDUJ NA OSOWEJ - 5 KM

B4SPORT

Wydarzenie: Łąduj na Osowej
Organizator: Klub Sportowy Olimpia Osowa
Data: 2018-09-30
Miejsce: Gdańsk
Dystans: 5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|--|-----------|------|--------------------|----------------------|-------------------|-----------------|---------------|
| 1 | MAZUR Paweł | 253 | KREATIVSPORT | M-Open | 1 | 00:10:10 | 00:21:08.20 | | 4:13 | 14.2 (100%) |
| 2 | WALDOWSKI Roman | 260 | | M-Open | 2 | 00:10:35 | 00:21:48.80 | +00:00:40 (3.1%) | 4:21 | 13.8 (97.2%) |
| 3 | DZIEWIATOWSKA Joanna | 243 | DIETETYKA-24.PL | K-Open | 1 | 00:11:43 | 00:23:51.25 | +00:02:43 (11.4%) | 4:46 | 12.6 (88.7%) |
| 4 | PERUCKI Jan | 262 | RADA DZIELNICY OSOWA | M-Open | 3 | 00:11:21 | 00:24:24.40 | +00:03:16 (13.4%) | 4:53 | 12.3 (86.6%) |
| 5 | SZUMSKI Waldemar | 258 | OSOWA BIEGA | M-Open | 4 | 00:12:37 | 00:25:49.15 | +00:04:40 (18.1%) | 5:10 | 11.6 (81.7%) |
| 6 | PAŃKA Adam | 310 | | M-Open | 5 | 00:13:02 | 00:26:24.60 | +00:05:16 (20.0%) | 5:17 | 11.4 (80.3%) |
| 7 | GOŁEMBOWSKI Mariusz | 244 | NIE MARNUJ TLENU- GDAŃSKIE AUTOBUSY I TRAMWAJE | M-Open | 6 | 00:13:24 | 00:27:07.85 | +00:05:59 (22.1%) | 5:25 | 11.1 (78.2%) |
| 8 | ŁUKASZEWICZ Sylwia | 265 | O-SOWA BIEGA | K-Open | 2 | 00:13:36 | 00:27:48.85 | +00:06:40 (24.0%) | 5:33 | 10.8 (76.1%) |
| 9 | ŁUCZYŃSKA Agnieszka | 252 | O-SOWA BIEGA | K-Open | 3 | 00:13:36 | 00:28:06.20 | +00:06:58 (24.8%) | 5:37 | 10.7 (75.4%) |
| 10 | WEILAND Karina | 261 | | K-Open | 4 | 00:13:49 | 00:28:26.20 | +00:07:18 (25.7%) | 5:41 | 10.5 (73.9%) |
| 11 | KOŚCIŃSKI Sebastian | 247 | | M-Open | 7 | 00:13:44 | 00:28:40.05 | +00:07:31 (26.3%) | 5:44 | 10.5 (73.9%) |
| 12 | SZMIDT Oskar | 257 | SKLEP BIEGACZA RUNNING TEAM | M-Open | 8 | 00:13:52 | 00:29:10.90 | +00:08:02 (27.6%) | 5:50 | 10.3 (72.5%) |
| 13 | KLEKOTKO Anna | 246 | | K-Open | 5 | 00:14:04 | 00:29:47.30 | +00:08:39 (29.0%) | 5:57 | 10.1 (71.1%) |
| 14 | RUDEK Małgorzata | 256 | | K-Open | 6 | 00:15:47 | 00:32:12.15 | +00:11:03 (34.4%) | 6:26 | 9.3 (65.5%) |
| 15 | LULIS Zbigniew | 251 | | M-Open | 9 | 00:15:40 | 00:32:16.10 | +00:11:07 (34.5%) | 6:27 | 9.3 (65.5%) |
| 16 | RADOMSKI Wojciech | 255 | | M-Open | 10 | 00:16:05 | 00:33:03.95 | +00:11:55 (36.1%) | 6:36 | 9.1 (64.1%) |
| 17 | GULCZYŃSKA Justyna | 245 | | K-Open | 7 | 00:15:39 | 00:33:06.40 | +00:11:58 (36.2%) | 6:37 | 9.1 (64.1%) |
| 18 | KURCZYŃSKA Aurelia | 248 | | K-Open | 8 | 00:16:26 | 00:34:26.65 | +00:13:18 (38.6%) | 6:53 | 8.7 (61.3%) |
| 19 | DUBROWSKI Jakub | 242 | | M-Open | 11 | 00:19:03 | 00:38:12.40 | +00:17:04 (44.7%) | 7:38 | 7.8 (54.9%) |

Znaleziono 19 wynik(ów)