

BIEG PRZEŁAJOWY "ZIELONA DYCHA"

B4SPORT
INTELEGENTE ZAWODY SPORTOWE

Organizator:

Kępicki Ośrodek Sportu i Rekreacji

Data:

2021-07-03

Miejsce:

Obłęż k/Kępice

Dystans:

10 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SOKOŁOWSKI Ryszard	45	JW 5718 REDZIKOWO	M26	1	00:35:36.60	00:35:38.55		3:33	16.9 (100%)
2	KUJAWSKI Grzegorz	24	LKS ZIEMI PUCKIEJ	M36	1	00:35:47.20	00:35:49.30	+00:00:10 (0.5%)	3:34	16.8 (99.4%)
3	PYTŁAK Michał	39	7 BRYGADA OBRONY WYBRZEŻA	M26	2	00:37:11.40	00:37:13.20	+00:01:34 (4.2%)	3:43	16.1 (95.3%)
4	WRÓBLEWSKI Leszek	53	ŚWIAT PŁYTEK U KRYSPIŃ	M26	3	00:38:52.35	00:38:54.60	+00:03:16 (8.4%)	3:53	15.4 (91.1%)
5	ZIEMAN Michał	55	RUNTASTYCZNI TEAM BYTÓW	M26	4	00:39:19.15	00:39:21.60	+00:03:43 (9.4%)	3:55	15.3 (90.5%)
6	DUDA Grzegorz	7	BEST BEASTS	M36	2	00:40:10.40	00:40:13.10	+00:04:34 (11.4%)	4:01	14.9 (88.2%)
7	WOJTKIEWICZ Mateusz	58	KB DZIESIĄTKA BIAŁOGARD	M26	5	00:40:53.75	00:40:56.30	+00:05:17 (12.9%)	4:05	14.7 (87.0%)
8	JANISZEWSKI Marek	14	DRUTEX	M36	3	00:40:53.75	00:40:56.60	+00:05:18 (12.9%)	4:05	14.7 (87.0%)
9	WITKIEWICZ Eryk	52		M36	4	00:41:15.80	00:41:18.40	+00:05:39 (13.7%)	4:07	14.5 (85.8%)
10	PIEKARSKI Jacek	35		M36	5	00:41:27.35	00:41:30.20	+00:05:51 (14.1%)	4:08	14.5 (85.8%)
11	JABŁOŃSKI Tomasz	13	KB SPOKO SŁAWNO	M36	6	00:43:01.65	00:43:04.35	+00:07:25 (17.2%)	4:18	13.9 (82.2%)
12	ŻYLICZ Paweł	57	STOPA SŁUPSK/ USB USTKA	M26	6	00:43:49.35	00:43:52.95	+00:08:14 (18.8%)	4:22	13.7 (81.1%)
13	ROGOZA Mateusz	40	NIEZRZESZONY	M26	7	00:44:07.85	00:44:10.60	+00:08:32 (19.3%)	4:24	13.6 (80.5%)
14	CZUPA Oskar	6		M16	1	00:44:08.65	00:44:11.65	+00:08:33 (19.4%)	4:24	13.6 (80.5%)
15	CHOLEWIŃSKI Artur	4	AML SŁUPSK	M36	7	00:44:13.25	00:44:16.10	+00:08:37 (19.5%)	4:25	13.6 (80.5%)
16	JABŁOŃSKI Krzysztof	12	MTS HAMER	M36	8	00:44:16.90	00:44:19.50	+00:08:40 (19.6%)	4:25	13.6 (80.5%)
17	YALTUSHENKA Vitali	54		M26	8	00:44:27.15	00:44:31.20	+00:08:52 (19.9%)	4:26	13.5 (79.9%)
18	WILUSZ Krzysztof	50	STOPA SŁUPSK	M36	9	00:44:45.20	00:44:49.60	+00:09:11 (20.5%)	4:28	13.4 (79.3%)
19	JANKIEWICZ Tomasz	15	MTS HAMER	M46	1	00:45:01.95	00:45:04.50	+00:09:25 (20.9%)	4:30	13.3 (78.7%)
20	MAZUREK Marcin	29		M36	10	00:45:24.00	00:45:31.30	+00:09:52 (21.7%)	4:32	13.2 (78.1%)
21	PIŁCZYŃSKI Paweł	36		M26	9	00:45:43.55	00:45:46.75	+00:10:08 (22.1%)	4:34	13.1 (77.5%)
22	KIEŁCZYŃSKI Dawid	18	TEAM DAVE BUKÓWKA	M26	10	00:46:50.15	00:46:53.45	+00:11:14 (24.0%)	4:41	12.8 (75.7%)
23	HORBACZ Grzegorz	11		M46	2	00:46:57.90	00:47:02.90	+00:11:24 (24.2%)	4:41	12.8 (75.7%)
24	GRACHEL Darek	10	Z_PERSPEKTYWY_BIEGU	M26	11	00:47:17.75	00:47:20.75	+00:11:42 (24.7%)	4:43	12.7 (75.1%)
25	PIŁCZYŃSKI Zbigniew	37		M56+	1	00:49:10.05	00:49:13.25	+00:13:34 (27.6%)	4:55	12.2 (72.2%)
26	KWAŚNIAK Zdzisław	25	3 FALE TEAM	M56+	2	00:49:52.55	00:49:56.35	+00:14:17 (28.6%)	4:59	12 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
27	TREDER Marian	49	TEAM TREDER	M56+	3	00:51:35.05	00:51:39.15	+00:16:00 (31.0%)	5:09	11.6 (68.6%)
28	JĘCEK Krzysztof	16	MARKOS RUNNING TEAM	M36	11	00:51:35.90	00:51:43.35	+00:16:04 (31.1%)	5:09	11.6 (68.6%)
29	ROKUSZEWSKI Piotr	41	APATOR TELEMETRIA	M26	12	00:51:48.80	00:51:53.90	+00:16:15 (31.3%)	5:10	11.6 (68.6%)
30	KUBAT Krzysztof	23		M36	12	00:52:05.60	00:52:09.50	+00:16:30 (31.7%)	5:12	11.5 (68.0%)
31	SZCZEPANIAK Jacek	48	KEPICE	M46	3	00:52:29.50	00:52:32.70	+00:16:54 (32.2%)	5:14	11.4 (67.5%)
32	MŁOCZYŃSKI Daniel	60	KORZYBSKIE REKINY	M36	13	00:52:49.10	00:52:58.15	+00:17:19 (32.7%)	5:16	11.4 (67.5%)
33	SPISAK Dariusz	46		M46	4	00:53:24.35	00:53:30.35	+00:17:51 (33.4%)	5:20	11.2 (66.3%)
34	SADZIŃSKI Karol	42	3FALETEAM	M36	14	00:53:28.30	00:53:33.40	+00:17:54 (33.4%)	5:20	11.2 (66.3%)
35	BŁENCKI Piotr	2	NIGHTRUNNERS SŁUPSK	M36	15	00:55:09.60	00:55:16.30	+00:19:37 (35.5%)	5:30	10.9 (64.5%)
36	POZORSKI Krzysiek	38	MARKOS RUNNING TEAM	M36	16	00:55:18.65	00:55:26.10	+00:19:47 (35.7%)	5:31	10.8 (63.9%)
37	MAZUREK Sebastian	28		M46	5	00:55:32.25	00:55:39.40	+00:20:00 (36.0%)	5:33	10.8 (63.9%)
38	SOBCZYK Patryk	44	APATOR TELEMERIA	M26	13	00:56:13.05	00:56:18.15	+00:20:39 (36.7%)	5:37	10.7 (63.3%)
39	WINKOWSKI Andrzej	51		M56+	4	00:56:45.30	00:56:51.55	+00:21:13 (37.3%)	5:40	10.6 (62.7%)
40	STRZELECKI Zbigniew	47	KORZYBSKIE REKINY	M56+	5	00:57:10.25	00:57:14.70	+00:21:36 (37.7%)	5:43	10.5 (62.1%)
41	KANIA Brajan	17	—	M16	2	01:00:57.00	01:01:02.60	+00:25:24 (41.6%)	6:05	9.8 (58.0%)
42	FIRLONG Maciej	8		M36	17	01:01:36.35	01:01:43.20	+00:26:04 (42.3%)	6:09	9.7 (57.4%)
43	SKĘPIEC Łukasz	43		M16	3	01:05:47.55	01:05:52.30	+00:30:13 (45.9%)	6:34	9.1 (53.8%)

Znaleziono 43 wynik(ów)