



BIEG PRZEZ MOST

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: BIEG PRZEZ MOST
Organizator: Urząd Dzielnicy Warszawa - Białołęka
Data: 2022-09-04
Miejsce: Warszawa
Dystans: 10 km

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkaniec Białołęki

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Białołęki	Samorządowiec	Czas startu	6.6km	9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KUREK Jarosław	577	WOJSKOWA AKADEMIA TECHNICZNA	M 30-39	3	Tak		00:00:02	00:22:13	00:31:41	00:35:43.05	00:35:45.65		3:34	16.8 (100%)
2	HILDEBRAND Marcin	66	BIEGAM NA TARCHOMINIE	M 30-39	5	Tak		00:00:02	00:22:59	00:32:13	00:36:20.85	00:36:23.75	+00:00:37 (1.7%)	3:38	16.5 (98.2%)
3	PYRZAK Paweł	81	BIEGANIEPO40.PL	M 30-39	6	Tak		00:00:02	00:23:00	00:32:26	00:36:34.75	00:36:36.75	+00:00:51 (2.4%)	3:39	16.4 (97.6%)
4	BEDNARZ Cezary	326	BIEGAJĄCY ŚWIDNIK	M 30-39	7	Tak		00:00:03	00:23:24	00:33:02	00:37:02.85	00:37:06.35	+00:01:19 (3.6%)	3:42	16.2 (96.4%)
5	JĘDRZEJEWSKI Marcin	393		M 30-39	10	Tak		00:00:03	00:23:50	00:33:50	00:37:59.50	00:38:02.65	+00:02:16 (6.0%)	3:47	15.8 (94.0%)
6	SKWARCZ Paweł	60		M 30-39	11	Tak		00:00:02	00:24:14	00:34:06	00:38:04.55	00:38:07.50	+00:02:21 (6.2%)	3:48	15.8 (94.0%)
7	TYMOLEWSKI Grzegorz	428		M 1-29	4	Tak		00:00:04	00:23:54	00:34:22	00:38:37.90	00:38:42.20	+00:02:54 (7.5%)	3:51	15.5 (92.3%)
8	MIELCZAREK Krzysztof	208	BIEGAM NA TARCHOMINIE	M 40-49	6	Tak		00:00:07	00:25:20	00:34:50	00:39:19.50	00:39:26.95	+00:03:36 (9.2%)	3:55	15.3 (91.1%)
9	KRZESZEWSKI Rafał	596	BIEGAJ POD OKIEM TRENERA	M 30-39	14	Tak		00:00:06	00:25:21	00:35:32	00:39:57.25	00:40:03.80	+00:04:14 (10.6%)	3:59	15 (89.3%)
10	RAK Adam	734	WODOCIĄGI WARSZAWSKIE	M 30-39	15	Tak		00:00:09	00:25:52	00:37:01	00:41:29.70	00:41:39.00	+00:05:46 (13.9%)	4:08	14.5 (86.3%)
11	BERNER Szymon	739	BUKS WARSZAWA	M 1-29	6	Tak		00:00:03	00:25:51	00:36:57	00:41:32.30	00:41:35.50	+00:05:49 (14.0%)	4:09	14.4 (85.7%)
12	SZYMAŃSKI Andrzej	250		M 40-49	10	Tak		00:00:04	00:26:01	00:37:01	00:41:37.15	00:41:41.45	+00:05:54 (14.2%)	4:09	14.4 (85.7%)
13	GOZDEK Radek	136	BIEGANIEPO40.PL	M 40-49	11	Tak		00:00:07	00:26:17	00:37:16	00:41:45.00	00:41:52.80	+00:06:01 (14.4%)	4:10	14.4 (85.7%)
14	TARAS Marcin	194	BIEGOWE WTORKI NA TARCHOMINIE	M 40-49	15	Tak		00:00:07	00:26:18	00:37:44	00:42:34.80	00:42:42.45	+00:06:51 (16.1%)	4:15	14.1 (83.9%)
15	ŚLIMKO Daniel	32	OLEJ RUNNING TEAM	M 30-39	20	Tak		00:00:14	00:27:26	00:38:25	00:42:51.70	00:43:05.80	+00:07:08 (16.7%)	4:17	14 (83.3%)
16	TOMASZEK Robert	349		M 40-49	17	Tak		00:00:04	00:26:37	00:38:04	00:42:53.40	00:42:57.50	+00:07:10 (16.7%)	4:17	14 (83.3%)
17	JAWORSKI Piotr	2	MARKOWI BIEGACZE	M 40-49	18	Tak	Tak	00:00:06	00:26:57	00:38:12	00:43:00.55	00:43:07.10	+00:07:17 (17.0%)	4:18	14 (83.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h	
						Białołęki	Samorządowiec	startu	6.6km	9km	10km	10km				
18	ANDRZEJEWSKI Mariusz	686	T-MOBILE RUNNING TEAM	M 40-49	19	Tak			00:00:07	00:27:51	00:38:33	00:43:06.35	00:43:14.25	+00:07:23 (17.1%)	4:18	13.9 (82.7%)
19	KRUPIŃSKI Marek	761	RUNNING TEAM	M 1-29	7	Tak	Tak		00:00:07	00:27:19	00:38:10	00:43:15.50	00:43:22.95	+00:07:32 (17.4%)	4:19	13.9 (82.7%)
20	CZAPSKI Michał	207	BIEGAM NA TARCHOMINIE	M 40-49	23	Tak			00:00:09	00:27:28	00:38:48	00:43:35.20	00:43:44.30	+00:07:52 (18.1%)	4:21	13.8 (82.1%)
21	KLUPŚ Damian	799		M 30-39	22	Tak			00:00:10	00:27:50	00:39:04	00:43:47.30	00:43:57.70	+00:08:04 (18.4%)	4:22	13.7 (81.5%)
22	MOŁODKIEWICZ Zbigniew	638	BIEGAM NA TARCHOMINIE	M 40-49	24	Tak			00:00:17	00:28:23	00:39:13	00:43:50.80	00:44:07.90	+00:08:07 (18.5%)	4:23	13.7 (81.5%)
23	KALINOWSKI Kamil	299		M 30-39	24	Tak			00:00:11	00:27:46	00:39:03	00:43:51.00	00:44:02.75	+00:08:07 (18.5%)	4:23	13.7 (81.5%)
24	KAMIŃSKI Kamil	252	@KODEKSSPORTOWCA	M 30-39	25	Tak			00:00:18	00:28:25	00:39:33	00:44:02.05	00:44:20.05	+00:08:19 (18.9%)	4:24	13.6 (81.0%)
25	JASKÓŁOWSKI Waldemar	237		M 50-59	3	Tak			00:00:18	00:28:24	00:39:40	00:44:29.25	00:44:47.50	+00:08:46 (19.7%)	4:26	13.5 (80.4%)
26	MICHNOWSKI Sebastian	378	BIEGAM NA TARCHOMINIE	M 40-49	29	Tak			00:00:16	00:28:26	00:39:49	00:44:35.00	00:44:51.35	+00:08:51 (19.9%)	4:27	13.5 (80.4%)
27	CHOJNACKI Mikołaj	117	WARSAW RUN CLUB	M 40-49	31	Tak			00:00:40	00:28:41	00:40:13	00:44:55.10	00:45:35.50	+00:09:12 (20.5%)	4:29	13.4 (79.8%)
28	ZGODA Mateusz	109		M 1-29	10	Tak			00:00:16	00:28:24	00:39:42	00:44:58.25	00:45:15.00	+00:09:15 (20.6%)	4:29	13.3 (79.2%)
29	ŚMIETAŁO Dawid	215		M 30-39	27	Tak			00:00:17	00:28:27	00:40:07	00:44:59.45	00:45:17.00	+00:09:16 (20.6%)	4:29	13.3 (79.2%)
30	KARPIŃSKI Marcin	122		M 30-39	33	Tak			00:00:34	00:29:03	00:40:55	00:45:51.55	00:46:25.60	+00:10:08 (22.1%)	4:35	13.1 (78.0%)
31	ZYGMUNT Szymon	609		M 1-29	12	Tak			00:00:10	00:29:00	00:41:18	00:45:59.75	00:46:09.85	+00:10:16 (22.3%)	4:35	13 (77.4%)
32	JASTRZEMBSKI Piotr	193		M 30-39	35	Tak			00:00:08	00:27:56	00:40:45	00:46:00.50	00:46:08.60	+00:10:17 (22.4%)	4:36	13 (77.4%)
33	KANIA Paweł	723	BIEGAM NA TARCHOMINIE	M 50-59	4	Tak			00:00:18	00:28:52	00:41:01	00:46:07.80	00:46:26.10	+00:10:24 (22.6%)	4:36	13 (77.4%)
34	MAMLA Zbigniew	606	BIEGIEM NA KAWĘ	M 50-59	6	Tak			00:00:14	00:29:04	00:41:32	00:46:38.60	00:46:53.00	+00:10:55 (23.4%)	4:39	12.9 (76.8%)
35	SOBOCIŃSKI Michał	175	PLAY	M 40-49	42	Tak			00:01:10	00:29:48	00:41:42	00:46:45.65	00:47:56.60	+00:11:02 (23.6%)	4:40	12.8 (76.2%)
36	PONIATOWSKI Aleksander	258	AXON MEDIA GROUP	M 40-49	43	Tak			00:00:19	00:29:18	00:41:43	00:46:48.65	00:47:08.45	+00:11:05 (23.7%)	4:40	12.8 (76.2%)
37	ADAO Miguel	728		M 40-49	44	Tak			00:00:14	00:29:15	00:41:39	00:46:49.10	00:47:04.00	+00:11:06 (23.7%)	4:40	12.8 (76.2%)
38	MACIEJAK Robert	680		M 40-49	45	Tak			00:00:19	00:28:52	00:41:49	00:46:49.55	00:47:09.15	+00:11:06 (23.7%)	4:40	12.8 (76.2%)
39	KAKOLECKI Michał	438		M 50-59	7	Tak			00:00:36	00:29:38	00:41:38	00:46:50.55	00:47:26.75	+00:11:07 (23.7%)	4:41	12.8 (76.2%)
40	GRYSZPANOWICZ Piotr	546		M 40-49	48	Tak			00:00:11	00:29:32	00:41:50	00:47:02.00	00:47:13.00	+00:11:18 (24.1%)	4:42	12.8 (76.2%)
41	STRAWSKI Marcin	528	OBIEGUWKA	M 40-49	49	Tak			00:01:06	00:31:19	00:42:13	00:47:05.90	00:48:12.40	+00:11:22 (24.2%)	4:42	12.7 (75.6%)
42	MATHEA Jacek	452		M 30-39	38	Tak			00:01:14	00:29:46	00:42:05	00:47:14.35	00:48:28.80	+00:11:31 (24.4%)	4:43	12.7 (75.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h	
						Białołęki	Samorządowiec	startu	6.6km	9km	10km	10km				
43	WIAZOWSKI Jarosław	537	INCLUDO JAROSLAW WIAZOWSKI	M 50-59	8	Tak			00:00:18	00:29:16	00:42:22	00:47:32.40	00:47:50.60	+00:11:49 (24.9%)	4:45	12.6 (75.0%)
44	CHODNIEWICZ Michał	174		M 40-49	53	Tak			00:00:26	00:29:56	00:42:19	00:47:42.15	00:48:08.95	+00:11:59 (25.1%)	4:46	12.6 (75.0%)
45	HAUDEK Paweł	204		M 30-39	40	Tak			00:00:15	00:30:03	00:42:42	00:47:43.45	00:47:59.15	+00:12:00 (25.2%)	4:46	12.6 (75.0%)
46	ZDUNEK Michał	616		M 40-49	54	Tak			00:00:54	00:30:37	00:42:54	00:47:57.05	00:48:51.30	+00:12:14 (25.5%)	4:47	12.5 (74.4%)
47	KRAWCZYK Wojciech	295	BIEGAM NA TARCHOMINIE	M 50-59	10	Tak			00:00:21	00:30:22	00:42:45	00:47:58.90	00:48:20.60	+00:12:15 (25.6%)	4:47	12.5 (74.4%)
48	DEREWICZ Mariusz	188		M 30-39	41	Tak			00:00:53	00:30:08	00:42:40	00:47:59.75	00:48:53.15	+00:12:16 (25.6%)	4:47	12.5 (74.4%)
49	LACHOWSKI Maciej	355		M 30-39	42	Tak			00:02:05	00:30:24	00:42:53	00:48:01.80	00:50:07.40	+00:12:18 (25.6%)	4:48	12.5 (74.4%)
50	WŁODKOWSKI Robert	690	TRUCHT TARCHOMIN TEAM	M 40-49	56	Tak			00:00:26	00:30:52	00:43:05	00:48:04.95	00:48:31.70	+00:12:21 (25.7%)	4:48	12.5 (74.4%)
51	ROGUSKI Michał	337		M 30-39	43	Tak			00:00:51	00:30:24	00:42:49	00:48:07.70	00:48:59.35	+00:12:24 (25.8%)	4:48	12.5 (74.4%)
52	SZEWCZYK Tomasz	627		M 40-49	57	Tak			00:00:20	00:29:37	00:42:26	00:48:08.45	00:48:28.95	+00:12:25 (25.8%)	4:48	12.5 (74.4%)
53	KUCHAREK Paweł	588		M 30-39	44	Tak			00:00:54	00:30:37	00:42:59	00:48:08.50	00:49:03.05	+00:12:25 (25.8%)	4:48	12.5 (74.4%)
54	KOBYLEC Artur	216		M 40-49	58	Tak			00:00:53	00:30:22	00:42:53	00:48:10.30	00:49:04.00	+00:12:27 (25.9%)	4:49	12.5 (74.4%)
55	STAŃKOWSKI Hubert	462	TEAM WARIAT	M 1-29	14	Tak			00:00:04	00:30:28	00:43:08	00:48:13.30	00:48:17.70	+00:12:30 (25.9%)	4:49	12.4 (73.8%)
56	CHRZĘSZCZYK Tomasz	86		M 1-29	15	Tak			00:00:28	00:29:59	00:42:50	00:48:14.30	00:48:42.30	+00:12:31 (26.0%)	4:49	12.4 (73.8%)
57	PODKAŃSKI Paweł	116		M 30-39	46	Tak			00:00:09	00:30:12	00:43:05	00:48:24.30	00:48:34.00	+00:12:41 (26.2%)	4:50	12.4 (73.8%)
58	SZEWCZYK Jacek	97		M 40-49	59	Tak			00:00:04	00:29:54	00:42:58	00:48:27.05	00:48:31.55	+00:12:44 (26.3%)	4:50	12.4 (73.8%)
59	OBIDZIŃSKI Bartosz	347		M 40-49	63	Tak			00:01:23	00:31:25	00:43:44	00:48:46.75	00:50:09.85	+00:13:03 (26.8%)	4:52	12.3 (73.2%)
60	BEBELSKI Jakub	227		M 1-29	17	Tak			00:01:00	00:29:44	00:43:24	00:48:59.30	00:49:59.70	+00:13:16 (27.1%)	4:53	12.2 (72.6%)
61	GERWATOWSKI Artur	249		M 30-39	48	Tak			00:00:08	00:30:46	00:43:54	00:49:11.25	00:49:20.15	+00:13:28 (27.4%)	4:55	12.2 (72.6%)
62	GRZYMAŁA Andrzej	466		M 50-59	12	Tak			00:01:27	00:31:18	00:44:02	00:49:28.05	00:50:55.05	+00:13:45 (27.8%)	4:56	12.1 (72.0%)
63	BEBELSKI Rafał	226	PZU SPORT TEAM	M 40-49	69	Tak			00:01:01	00:31:17	00:44:05	00:49:36.55	00:50:37.60	+00:13:53 (28.0%)	4:57	12.1 (72.0%)
64	TEODORCZYK Michał	251		M 30-39	51	Tak			00:00:28	00:31:15	00:44:30	00:49:43.65	00:50:11.95	+00:14:00 (28.2%)	4:58	12.1 (72.0%)
65	ARAŻNY Zbigniew	142		M 50-59	13	Tak			00:01:20	00:31:24	00:43:58	00:49:45.65	00:51:05.90	+00:14:02 (28.2%)	4:58	12.1 (72.0%)
66	ADAMKIEWICZ Marcin	353		M 40-49	72	Tak	Tak		00:01:01	00:31:24	00:44:19	00:49:55.75	00:50:56.75	+00:14:12 (28.5%)	4:59	12 (71.4%)
67	FRĄCKOWSKI Sławomir	340		M 50-59	15	Tak			00:00:39	00:31:35	00:44:29	00:49:56.20	00:50:35.55	+00:14:13 (28.5%)	4:59	12 (71.4%)

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								startu	6.6km	9km	10km	10km			
68	KONIECZKA Kamil	669		M 1-29	21	Tak		00:00:18	00:32:26	00:44:40	00:49:56.20	00:50:14.75	+00:14:13 (28.5%)	4:59	12 (71.4%)
69	ŚCIBIOR Grzegorz	179		M 30-39	52	Tak		00:02:15	00:31:51	00:44:58	00:50:08.75	00:52:24.45	+00:14:25 (28.8%)	5:00	12 (71.4%)
70	MASŁOWSKI Michał	614		M 40-49	74	Tak		00:01:06	00:31:41	00:44:41	00:50:13.85	00:51:20.35	+00:14:30 (28.9%)	5:01	11.9 (70.8%)
71	FRĄCKIEWICZ Dariusz	153	BIEGAM NA TARCHOMINIE	M 40-49	75	Tak		00:01:40	00:31:30	00:44:42	00:50:14.35	00:51:54.35	+00:14:31 (28.9%)	5:01	11.9 (70.8%)
72	NOWAKOWSKI Tomek	435		M 40-49	76	Tak		00:01:17	00:31:28	00:44:34	00:50:17.75	00:51:35.15	+00:14:34 (29.0%)	5:01	11.9 (70.8%)
73	OLEKSIAK Piotr	507		M 40-49	77	Tak		00:00:58	00:32:13	00:44:57	00:50:21.75	00:51:19.75	+00:14:38 (29.1%)	5:02	11.9 (70.8%)
74	KOŁODZIEJCZYK Aleksander	356		M 1-29	22	Tak		00:00:51	00:31:36	00:45:11	00:50:48.25	00:51:40.05	+00:15:05 (29.7%)	5:04	11.8 (70.2%)
75	DOBOSZ Piotr	601	WŚCIEKŁE PIĘŚCI WĘŻA	M 30-39	57	Tak		00:01:42	00:32:01	00:45:20	00:50:50.35	00:52:32.45	+00:15:07 (29.7%)	5:05	11.8 (70.2%)
76	PROKOPIUK Grzegorz	253	SZWAGRY DWA	M 40-49	80	Tak		00:01:36	00:32:25	00:45:20	00:50:50.45	00:52:27.40	+00:15:07 (29.7%)	5:05	11.8 (70.2%)
77	WOLAŃCZYK Adam	486		M 1-29	23	Tak		00:01:34	00:31:44	00:45:34	00:50:54.45	00:52:29.40	+00:15:11 (29.8%)	5:05	11.8 (70.2%)
78	BRALSKI Piotr	542		M 30-39	58	Tak		00:01:27	00:32:12	00:45:27	00:51:00.50	00:52:28.00	+00:15:17 (30.0%)	5:06	11.8 (70.2%)
79	RAK Michał	733		M 30-39	59	Tak		00:01:22	00:31:24	00:44:56	00:51:04.00	00:52:26.40	+00:15:20 (30.1%)	5:06	11.7 (69.6%)
80	GAWLIK Arkadiusz	386	BIEGAM NA TARCHOMINIE	M 40-49	83	Tak		00:01:39	00:31:58	00:45:27	00:51:11.55	00:52:51.50	+00:15:28 (30.2%)	5:07	11.7 (69.6%)
81	PAZIEWSKI Andrzej	487	BIEGAM NA TARCHOMINIE	M 40-49	85	Tak		00:00:30	00:32:16	00:45:37	00:51:17.25	00:51:47.70	+00:15:34 (30.4%)	5:07	11.7 (69.6%)
82	GWIZDAŁA Cezary	727		M 50-59	19	Tak		00:01:01	00:32:25	00:45:44	00:51:17.65	00:52:19.25	+00:15:34 (30.4%)	5:07	11.7 (69.6%)
83	SZYMKOWIAK Sebastian	202		M 40-49	87	Tak		00:01:27	00:32:08	00:45:54	00:51:37.85	00:53:05.20	+00:15:54 (30.8%)	5:09	11.6 (69.0%)
84	WIECZOREK Jacek	516	UKS NISKA	M 40-49	88	Tak		00:01:32	00:32:12	00:45:53	00:51:43.50	00:53:16.25	+00:16:00 (30.9%)	5:10	11.6 (69.0%)
85	GODLEWSKI Artur	45	BIEGAM NA TARCHOMINIE	M 30-39	64	Tak		00:00:36	00:32:06	00:46:14	00:51:44.75	00:52:20.80	+00:16:01 (31.0%)	5:10	11.6 (69.0%)
86	BLASZCZYŃSKI Witold	159		M 40-49	90	Tak		00:00:50	00:32:44	00:46:13	00:51:58.85	00:52:48.95	+00:16:15 (31.3%)	5:11	11.5 (68.5%)
87	KEMPA Piotr	362		M 30-39	66	Tak		00:00:38	00:32:40	00:46:17	00:51:58.95	00:52:37.30	+00:16:15 (31.3%)	5:11	11.5 (68.5%)
88	DUDEK Bartłomiej	668	BIEGAM NA TARCHOMINIE	M 40-49	92	Tak		00:01:54	00:32:48	00:46:06	00:52:02.20	00:53:56.80	+00:16:19 (31.4%)	5:12	11.5 (68.5%)
89	RZECZKOWSKI Zygmunt	397	METRO WARSZAWSKIE	M 60+	10	Tak		00:00:36	00:32:32	00:46:21	00:52:06.90	00:52:43.75	+00:16:23 (31.5%)	5:12	11.5 (68.5%)
90	ZAWROTNY Mariusz	217	ERAZM BIEGA	M 30-39	67	Tak		00:00:10	00:32:41	00:46:41	00:52:06.90	00:52:16.90	+00:16:23 (31.5%)	5:12	11.5 (68.5%)
91	GOŹDZIKIEWICZ Błażej	189	BIEGAM NA TARCHOMINIE	M 40-49	93	Tak		00:01:34	00:32:52	00:46:21	00:52:10.70	00:53:45.60	+00:16:27 (31.5%)	5:13	11.5 (68.5%)
92	LEWANDOWSKI Piotr	710	TRUCHT TARCHOMIN TEAM	M 40-49	94	Tak		00:01:28	00:32:31	00:46:10	00:52:14.10	00:53:43.05	+00:16:31 (31.6%)	5:13	11.5 (68.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Białołęki Samorządowiec	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							startu	6.6km	9km	10km	10km			
93	CZAJKOWSKI Rafał	110	EKOBIEGI	M 40-49	95	Tak	00:01:25	00:32:09	00:46:15	00:52:25.75	00:53:51.40	+00:16:42 (31.9%)	5:14	11.4 (67.9%)
94	SAWICKI Miłosz	567		M 1-29	25	Tak	00:00:31	00:31:42	00:46:28	00:52:31.10	00:53:02.80	+00:16:48 (32.0%)	5:15	11.4 (67.9%)
95	KLIPO Mateusz	527	DELOITTE ADVENTURE TEAM	M 1-29	26	Tak	00:01:26	00:32:10	00:46:33	00:52:33.00	00:53:59.10	+00:16:49 (32.0%)	5:15	11.4 (67.9%)
96	PNIEWSKI Rafał	363	BIEGAM NA TARCHOMINIE	M 40-49	98	Tak	00:00:33	00:32:55	00:46:51	00:52:47.10	00:53:20.90	+00:17:04 (32.3%)	5:16	11.4 (67.9%)
97	BAK Łukasz	224	BIEGIEM DO AGD SEROCK	M 40-49	99	Tak	00:01:06	00:33:36	00:47:10	00:52:53.55	00:54:00.05	+00:17:10 (32.5%)	5:17	11.3 (67.3%)
98	PRUCNAL Paweł	12	ATLETAS FELICES	M 40-49	100	Tak	00:01:35	00:34:06	00:47:23	00:52:59.75	00:54:35.00	+00:17:16 (32.6%)	5:17	11.3 (67.3%)
99	KUSY Jacek	377		M 30-39	71	Tak	00:01:47	00:34:04	00:47:44	00:53:01.05	00:54:48.85	+00:17:18 (32.6%)	5:18	11.3 (67.3%)
100	ŚLEPOWROŃSKI Jakub	296	PZU SPORT TEAM	M 30-39	72	Tak	00:01:25	00:32:37	00:47:27	00:53:14.15	00:54:39.30	+00:17:31 (32.9%)	5:19	11.3 (67.3%)
101	FLORYSIAK Artur	342		M 40-49	104	Tak	00:01:36	00:34:01	00:47:39	00:53:19.70	00:54:56.20	+00:17:36 (33.0%)	5:19	11.3 (67.3%)
102	GRUBKAJTUS Henryk	795		M 1-29	28	Tak	00:01:27	00:32:55	00:47:29	00:53:20.35	00:54:47.60	+00:17:37 (33.0%)	5:20	11.3 (67.3%)
103	DOMINIAK Zbigniew	673	ORANGE POLSKA	M 40-49	105	Tak	00:01:38	00:33:26	00:47:21	00:53:21.20	00:55:00.15	+00:17:38 (33.1%)	5:20	11.2 (66.7%)
104	FRYCZ Michał	794		M 40-49	108	Tak	00:01:23	00:33:58	00:47:56	00:53:30.20	00:54:54.10	+00:17:47 (33.2%)	5:21	11.2 (66.7%)
105	KRZACZYŃSKI Maciej	749		M 40-49	109	Tak	00:01:49	00:35:36	00:48:25	00:53:31.85	00:55:21.15	+00:17:48 (33.3%)	5:21	11.2 (66.7%)
106	SOJAK Marcin	125		M 40-49	111	Tak	00:01:39	00:32:58	00:47:31	00:53:36.15	00:55:15.75	+00:17:53 (33.4%)	5:21	11.2 (66.7%)
107	NOWAK Jerzy	292	PWPW	M 40-49	112	Tak	00:01:32	00:34:41	00:48:13	00:53:42.35	00:55:15.10	+00:17:59 (33.5%)	5:22	11.2 (66.7%)
108	NIKOLENKO Illia	714		M 30-39	77	Tak	00:00:02			00:53:59.20	00:54:01.20	+00:18:16 (33.8%)	5:23	11.1 (66.1%)
109	KOZIOŁ Kamil	776		M 1-29	29	Tak	00:01:17	00:35:04	00:48:28	00:53:59.85	00:55:16.95	+00:18:16 (33.9%)	5:23	11.1 (66.1%)
110	MIKOŁAJEWICZ Paweł	752		M 30-39	79	Tak	00:00:41	00:32:51	00:47:55	00:54:02.50	00:54:43.75	+00:18:19 (33.9%)	5:24	11.1 (66.1%)
111	LIS Marcin	440		M 40-49	114	Tak	00:00:32	00:33:39	00:48:11	00:54:16.55	00:54:49.25	+00:18:33 (34.2%)	5:25	11.1 (66.1%)
112	KOT Mikołaj	62		M 1-29	31	Tak	00:01:00	00:34:52	00:48:44	00:54:21.15	00:55:21.25	+00:18:38 (34.3%)	5:26	11 (65.5%)
113	ORŁOWSKI Marek	376		M 40-49	117	Tak	00:00:29	00:34:32	00:48:52	00:54:31.55	00:55:00.75	+00:18:48 (34.5%)	5:27	11 (65.5%)
114	CZARTORYSKI Krystian	522		M 40-49	118	Tak	00:01:41	00:35:22	00:49:17	00:54:35.80	00:56:17.30	+00:18:52 (34.6%)	5:27	11 (65.5%)
115	GIERAK Kris	124	#TEAMBUNIO	M 40-49	120	Tak	00:01:31	00:34:48	00:48:32	00:54:39.40	00:56:11.00	+00:18:56 (34.7%)	5:27	11 (65.5%)
116	WACH Michał	53	BIEGAM NA TARCHOMINIE	M 40-49	122	Tak	00:00:30	00:33:35	00:48:40	00:54:49.30	00:55:19.40	+00:19:06 (34.8%)	5:28	10.9 (64.9%)
117	SZCZEPANIAK Mariusz	360		M 40-49	124	Tak	00:01:14	00:35:39	00:49:15	00:54:57.70	00:56:12.00	+00:19:14 (35.0%)	5:29	10.9 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h	
						Białołęki	Samorządowiec	startu	6.6km	9km	10km	10km				
118	SZYMAŃSKI Jacek	370		M 40-49	125	Tak			00:01:50	00:34:00	00:48:55	00:54:58.15	00:56:49.00	+00:19:15 (35.0%)	5:29	10.9 (64.9%)
119	WOJNARSKI Janusz	166		M 60+	11	Tak			00:01:36	00:34:12	00:48:44	00:55:21.50	00:56:58.25	+00:19:38 (35.5%)	5:32	10.8 (64.3%)
120	GRYGUCIS Waldemar	630		M 40-49	128	Tak			00:00:45	00:34:40	00:49:19	00:55:35.20	00:56:20.90	+00:19:52 (35.7%)	5:33	10.8 (64.3%)
121	SENKO Mateusz	141	STOWARZYSZENIE RAZEM DLA BIAŁOŁĘKI	M 30-39	86	Tak			00:01:38	00:35:20	00:49:42	00:55:36.85	00:57:15.80	+00:19:53 (35.8%)	5:33	10.8 (64.3%)
122	HADYS Lukasz	762		M 40-49	129	Tak			00:00:38	00:34:42	00:49:28	00:55:40.75	00:56:19.10	+00:19:57 (35.9%)	5:34	10.8 (64.3%)
123	LEŚWIECKI Paweł	787		M 40-49	130	Tak			00:02:04	00:35:33	00:49:42	00:55:41.35	00:57:45.45	+00:19:58 (35.9%)	5:34	10.8 (64.3%)
124	KARBOWNIK Kuba	623		M 30-39	89	Tak			00:01:42	00:35:24	00:49:38	00:55:45.35	00:57:28.00	+00:20:02 (35.9%)	5:34	10.8 (64.3%)
125	FILIPPOWICZ Marek	279		M 40-49	132	Tak			00:00:47	00:35:32	00:49:52	00:55:55.80	00:56:43.40	+00:20:12 (36.1%)	5:35	10.7 (63.7%)
126	KOT Tomasz	63		M 40-49	133	Tak			00:00:59	00:35:12	00:49:48	00:55:57.75	00:56:57.50	+00:20:14 (36.2%)	5:35	10.7 (63.7%)
127	GASKIEWICZ Marek	595		M 40-49	134	Tak			00:01:05	00:35:32	00:50:06	00:56:08.65	00:57:13.80	+00:20:25 (36.4%)	5:36	10.7 (63.7%)
128	OSKWAREK Paweł	119		M 30-39	93	Tak			00:02:20	00:36:05	00:50:19	00:56:11.30	00:58:31.30	+00:20:28 (36.4%)	5:37	10.7 (63.7%)
129	ŁOZIŃSKI Piotr	548	BRACTWO BIEGOWE BGK	M 40-49	135	Tak			00:01:35	00:35:52	00:50:14	00:56:26.00	00:58:01.70	+00:20:42 (36.7%)	5:38	10.6 (63.1%)
130	PYTKA Andrzej	325	ZAMOŚĆ BIEGA	M 50-59	31	Tak			00:02:05	00:35:45	00:50:20	00:56:31.90	00:58:37.50	+00:20:48 (36.8%)	5:39	10.6 (63.1%)
131	SKOROPADYK Yulian	387	SKOLIAN	M 1-29	36	Tak			00:01:47	00:36:21	00:50:41	00:56:32.35	00:58:19.40	+00:20:49 (36.8%)	5:39	10.6 (63.1%)
132	MIŁOSZ Marek	495		M 50-59	32	Tak			00:00:49	00:34:53	00:50:01	00:56:36.80	00:57:25.90	+00:20:53 (36.9%)	5:39	10.6 (63.1%)
133	GOŚ Jacek	100		M 50-59	33	Tak			00:01:48	00:35:52	00:50:24	00:56:38.85	00:58:27.35	+00:20:55 (36.9%)	5:39	10.6 (63.1%)
134	LACHOWICZ Tomasz	447	WITC	M 1-29	38	Tak			00:01:01	00:37:11	00:49:39	00:56:49.10	00:57:50.10	+00:21:06 (37.1%)	5:40	10.6 (63.1%)
135	CHOJNOWSKI Andrzej	275	BIEGAM NA TARCHOMINIE	M 40-49	137	Tak			00:01:35	00:36:00	00:50:42	00:56:57.60	00:58:33.20	+00:21:14 (37.3%)	5:41	10.5 (62.5%)
136	GÓRKA Rafał	679	T-MOBILE SPORT TEAM	M 40-49	139	Tak			00:01:39	00:36:00	00:50:57	00:57:17.05	00:58:56.55	+00:21:34 (37.6%)	5:43	10.5 (62.5%)
137	KĘPKA Marcin	543		M 40-49	140	Tak			00:01:45	00:36:17	00:51:14	00:57:20.60	00:59:06.35	+00:21:37 (37.7%)	5:44	10.5 (62.5%)
138	MADEJ Marcin	235		M 40-49	141	Tak			00:01:32	00:35:56	00:51:15	00:57:23.80	00:58:56.70	+00:21:40 (37.8%)	5:44	10.5 (62.5%)
139	STROMECKI Marcin	530	BFM	M 30-39	100	Tak			00:02:41	00:34:14	00:51:12	00:57:25.15	01:00:06.75	+00:21:42 (37.8%)	5:44	10.4 (61.9%)
140	PIASECKI Rafał	108		M 30-39	102	Tak			00:00:16	00:35:52	00:51:02	00:57:27.05	00:57:43.20	+00:21:44 (37.8%)	5:44	10.4 (61.9%)
141	WASIAK Bartosz	144		M 30-39	103	Tak			00:01:37	00:35:52	00:51:39	00:57:31.15	00:59:09.10	+00:21:48 (37.9%)	5:45	10.4 (61.9%)
142	GAWROŃSKI Antoni	512		M 1-29	42	Tak			00:01:19	00:36:14	00:51:34	00:57:50.35	00:59:10.10	+00:22:07 (38.2%)	5:47	10.4 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h	
						Białołęki	Samorządowiec	startu	6.6km	9km	10km	10km				
143	ROGALSKI Tomasz	775		M 40-49	146	Tak			00:00:50	00:36:18	00:51:43	00:57:58.55	00:58:48.80	+00:22:15 (38.4%)	5:47	10.4 (61.9%)
144	LIPOWSKI Maciej	22		M 40-49	147	Tak			00:01:03	00:35:50	00:51:11	00:57:59.10	00:59:02.25	+00:22:16 (38.4%)	5:47	10.3 (61.3%)
145	KOWALCZYK Zdzisław	384	JW 2189	M 40-49	148	Tak			00:01:02	00:35:33	00:51:45	00:58:02.15	00:59:04.20	+00:22:19 (38.5%)	5:48	10.3 (61.3%)
146	LUGE Maksymilian	646		M 1-29	43	Tak			00:01:50	00:35:56	00:52:10	00:58:03.50	00:59:53.50	+00:22:20 (38.5%)	5:48	10.3 (61.3%)
147	BIAŁOKOS Kamil	626	GRUPA BIEGOWA CHTMO	M 40-49	149	Tak			00:01:41	00:35:50	00:51:29	00:58:12.60	00:59:54.15	+00:22:29 (38.6%)	5:49	10.3 (61.3%)
148	GRABOWSKI Marcin	689		M 40-49	150	Tak			00:01:41	00:37:42	00:52:23	00:58:14.25	00:59:55.50	+00:22:31 (38.7%)	5:49	10.3 (61.3%)
149	TRZESIŃSKI Michał	665		M 30-39	105	Tak			00:00:31	00:35:50	00:51:40	00:58:14.60	00:58:45.70	+00:22:31 (38.7%)	5:49	10.3 (61.3%)
150	ZANIEWICZ Andrzej	684		M 30-39	106	Tak			00:01:53	00:37:27	00:52:15	00:58:21.35	01:00:15.05	+00:22:38 (38.8%)	5:50	10.3 (61.3%)
151	PIWOWARSKI Dariusz	608		M 30-39	109	Tak			00:00:59	00:36:28	00:52:03	00:58:31.90	00:59:31.20	+00:22:48 (39.0%)	5:51	10.3 (61.3%)
152	KAZAŁA Piotr	365		M 50-59	36	Tak			00:01:44	00:35:48	00:51:34	00:58:33.85	01:00:18.00	+00:22:50 (39.0%)	5:51	10.2 (60.7%)
153	SUCHODOLSKI Mariusz	114		M 50-59	37	Tak			00:01:44	00:37:34	00:52:23	00:59:04.75	01:00:48.85	+00:23:21 (39.5%)	5:54	10.2 (60.7%)
154	JABŁOŃSKI Piotr	201		M 50-59	38	Tak			00:01:34	00:36:27	00:52:27	00:59:04.85	01:00:39.65	+00:23:21 (39.5%)	5:54	10.2 (60.7%)
155	MACIEJEWSKI Krzysztof	481		M 40-49	167	Tak			00:00:19	00:38:40	00:53:59	00:59:33.15	00:59:52.45	+00:23:50 (40.0%)	5:57	10.1 (60.1%)
156	MEDVETSKYI Illia	617		M 1-29	47	Tak			00:00:11	00:35:40	00:53:50	00:59:56.90	01:00:08.20	+00:24:13 (40.4%)	5:59	10 (59.5%)
157	FURR Joshua	459		M 30-39	114	Yes			00:00:59	00:36:23	00:53:03	01:00:04.55	01:01:04.30	+00:24:21 (40.5%)	6:00	10 (59.5%)
158	TYBURC Paweł	69	ZERWANY ACHILLES	M 40-49	170	Tak	Tak		00:01:36	00:36:40	00:52:49	01:00:04.80	01:01:41.10	+00:24:21 (40.6%)	6:00	10 (59.5%)
159	CHOJNOWSKI Bartłomiej	301		M 1-29	50	Tak			00:01:53	00:39:01	00:54:23	01:00:28.80	01:02:21.85	+00:24:45 (40.9%)	6:02	9.9 (58.9%)
160	GUT Sebastian	219	T-MOBILE SPORT TEAM	M 40-49	173	Tak			00:01:39	00:38:03	00:53:57	01:00:33.00	01:02:12.30	+00:24:49 (41.0%)	6:03	9.9 (58.9%)
161	BOBOWSKI Sebastian	738		M 40-49	175	Tak			00:00:48	00:37:47	00:54:16	01:00:42.60	01:01:31.05	+00:24:59 (41.2%)	6:04	9.9 (58.9%)
162	PAWEŁOSZEK Robert	74	STUDIO ROBERT SPINE	M 40-49	176	Tak			00:00:41	00:38:07	00:54:12	01:01:02.20	01:01:43.60	+00:25:19 (41.5%)	6:06	9.8 (58.3%)
163	MUCHA Grzegorz	156		M 60+	17	Tak			00:01:45	00:38:09	00:54:20	01:01:03.35	01:02:49.00	+00:25:20 (41.5%)	6:06	9.8 (58.3%)
164	TOMASZEWSKI Marek	291		M 40-49	179	Tak			00:01:05	00:38:22	00:54:56	01:01:27.40	01:02:32.50	+00:25:44 (41.9%)	6:08	9.8 (58.3%)
165	KRAWCZYK Michał	371		M 30-39	119	Tak			00:02:05	00:39:39	00:55:35	01:01:30.30	01:03:35.95	+00:25:47 (41.9%)	6:09	9.8 (58.3%)
166	ZARĘBA Tomasz	99		M 1-29	51	Tak			00:00:55	00:39:12	00:54:53	01:01:58.20	01:02:53.55	+00:26:15 (42.4%)	6:11	9.7 (57.7%)
167	MANJA Dariusz	790		M 50-59	40	Tak			00:01:01	00:39:44	00:55:54	01:02:11.65	01:03:13.25	+00:26:28 (42.6%)	6:13	9.6 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h	
						Białołęki	Samorządowiec	startu	6.6km	9km	10km	10km				
168	STANKIEWICZ Maciej	298	AMI & AURI RUNNERS CLUB	M 40-49	182	Tak			00:02:01	00:40:03	00:55:35	01:02:15.40	01:04:17.00	+00:26:32 (42.6%)	6:13	9.6 (57.1%)
169	BARDZIŃSKI Łukasz	82		M 30-39	125	Tak			00:01:21	00:38:01	00:55:52	01:03:11.30	01:04:33.10	+00:27:28 (43.5%)	6:19	9.5 (56.5%)
170	WOŹNIAK Maciej	756		M 1-29	52	Tak			00:01:03	00:39:53	00:56:23	01:03:20.65	01:04:24.10	+00:27:37 (43.6%)	6:20	9.5 (56.5%)
171	KĘSICKI Rafał	701		M 40-49	185	Tak			00:00:56	00:38:49	00:55:52	01:03:22.95	01:04:19.15	+00:27:39 (43.6%)	6:20	9.5 (56.5%)
172	KOWNACKI Marcin	46		M 40-49	186	Tak			00:00:31	00:40:16	00:56:14	01:03:27.55	01:03:58.85	+00:27:44 (43.7%)	6:20	9.5 (56.5%)
173	ŁYSIK Marcin	768	INTERSPORT	M 1-29	53	Tak			00:00:43	00:40:33	00:56:59	01:03:28.10	01:04:11.20	+00:27:45 (43.7%)	6:20	9.5 (56.5%)
174	PŁOCHA Rafał	346		M 30-39	128	Tak			00:01:55	00:40:12	00:56:34	01:03:31.85	01:05:27.15	+00:27:48 (43.8%)	6:21	9.4 (56.0%)
175	KULBACKI Kamil	470		M 30-39	129	Tak			00:01:55	00:40:20	00:56:35	01:03:36.15	01:05:31.90	+00:27:53 (43.8%)	6:21	9.4 (56.0%)
176	JAKUBASEK Dariusz	782		M 40-49	188	Tak			00:00:19	00:38:48	00:56:37	01:03:40.55	01:03:59.95	+00:27:57 (43.9%)	6:22	9.4 (56.0%)
177	JEDYNAK Paweł	24		M 40-49	191	Tak			00:01:57	00:41:24	00:58:06	01:05:01.50	01:06:59.45	+00:29:18 (45.1%)	6:30	9.2 (54.8%)
178	ZAKHARKEVICH Alexander	783		M 40-49	193	Tak			00:01:08	00:40:46	00:57:52	01:05:11.20	01:06:19.20	+00:29:28 (45.2%)	6:31	9.2 (54.8%)
179	GĘBICZ Cezary	643		M 40-49	194	Tak			00:00:08	00:41:11	00:58:23	01:05:17.45	01:05:26.15	+00:29:34 (45.3%)	6:31	9.2 (54.8%)
180	PACHOLAK Przemysław	118		M 50-59	43	Tak			00:01:40	00:41:22	00:58:52	01:06:01.05	01:07:41.80	+00:30:18 (45.9%)	6:36	9.1 (54.2%)
181	SZAREWICZ Paweł	14		M 40-49	197	Tak			00:00:32	00:41:31	00:59:26	01:06:34.60	01:07:07.15	+00:30:51 (46.4%)	6:39	9 (53.6%)
182	KASPRZAK Marcin	589		M 50-59	44	Tak			00:02:07	00:42:20	00:59:47	01:06:55.65	01:09:03.45	+00:31:12 (46.6%)	6:41	9 (53.6%)
183	ROKICKI Aleksander	791		M 40-49	198	Tak			00:01:51	00:41:53	00:59:43	01:07:04.25	01:08:55.50	+00:31:21 (46.7%)	6:42	8.9 (53.0%)
184	JEŻMAŃSKI Sławek	375		M 40-49	201	Tak			00:00:17	00:41:44	01:00:18	01:08:02.85	01:08:20.45	+00:32:19 (47.5%)	6:48	8.8 (52.4%)
185	NIEDZIELA Grzegorz	305		M 40-49	202	Tak			00:02:11	00:42:59	01:01:09	01:08:26.85	01:10:37.95	+00:32:43 (47.8%)	6:50	8.8 (52.4%)
186	KUCICKI Krzysztof	96		M 40-49	203	Tak			00:02:02	00:41:43	01:00:40	01:08:41.95	01:10:44.00	+00:32:58 (48.0%)	6:52	8.7 (51.8%)
187	OLSZEWSKI Łukasz	236		M 30-39	135	Tak			00:00:03	00:42:11	01:01:25	01:08:50.10	01:08:54.00	+00:33:07 (48.1%)	6:53	8.7 (51.8%)
188	CICHOŃ Dominik	95		M 1-29	59	Tak			00:02:08	00:42:14	01:01:17	01:09:01.15	01:11:10.00	+00:33:18 (48.2%)	6:54	8.7 (51.8%)
189	ZATYLNÝ Tomasz	763		M 40-49	205	Tak			00:00:32	00:41:55	01:01:14	01:09:18.65	01:09:50.95	+00:33:35 (48.5%)	6:55	8.7 (51.8%)
190	KOWALSKI Grzegorz	40		M 40-49	206	Tak			00:01:03	00:42:12	01:01:38	01:09:26.15	01:10:29.15	+00:33:43 (48.6%)	6:56	8.6 (51.2%)
191	SMAGIEŁ Tomasz	151		M 40-49	207	Tak			00:00:33	00:41:40	01:01:33	01:09:36.30	01:10:09.60	+00:33:53 (48.7%)	6:57	8.6 (51.2%)
192	FIEDOSIUK Michał	39		M 40-49	208	Tak			00:01:57	00:43:30	01:02:19	01:09:57.40	01:11:54.65	+00:34:14 (48.9%)	6:59	8.6 (51.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Czas startu	6.6km	9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h	
						Białołęki	Samorządowiec									
193	PATOLETA Mirek	49		M 40-49	209	Tak										
								00:00:59	00:43:43	01:02:32	01:10:14.50	01:11:13.65	+00:34:31 (49.2%)	7:01	8.5 (50.6%)	
194	SKRZYPIŃSKI Cezary	672		M 50-59	47	Tak										
								00:00:45	00:46:04	01:03:41	01:10:49.25	01:11:34.65	+00:35:06 (49.6%)	7:04	8.5 (50.6%)	
195	LUGE Remigiusz	641		M 40-49	211	Tak										
								00:01:50	00:43:38	01:03:43	01:11:13.30	01:13:03.85	+00:35:30 (49.9%)	7:07	8.4 (50.0%)	
196	NACHEL Michał	724		M 40-49	212	Tak										
								00:01:46	00:43:53	01:03:41	01:11:34.25	01:13:20.30	+00:35:51 (50.1%)	7:09	8.4 (50.0%)	
197	NOWICKI Dariusz	563		M 40-49	213	Tak										
								00:02:10	00:44:37	01:04:13	01:12:18.30	01:14:28.60	+00:36:35 (50.6%)	7:13	8.3 (49.4%)	
198	KARWECKI Patryk	75		M 30-39	137	Tak										
								00:00:31	00:46:09	01:04:33	01:12:20.75	01:12:52.15	+00:36:37 (50.6%)	7:14	8.3 (49.4%)	
199	LIBERA Paweł	565		M 30-39	138	Tak	Tak									
								00:01:58	00:43:59	01:04:07	01:12:57.40	01:14:55.90	+00:37:14 (51.0%)	7:17	8.2 (48.8%)	
200	KOPER Adam	582	PKP PLK S.A	M 40-49	215	Tak										
								00:00:20	00:46:06	01:05:27	01:13:51.30	01:14:12.20	+00:38:08 (51.6%)	7:23	8.1 (48.2%)	
201	BODYS Sylwester	112		M 30-39	139	Tak										
								00:00:09	00:46:41	01:06:12	01:14:21.60	01:14:31.50	+00:38:38 (52.0%)	7:26	8.1 (48.2%)	
202	JUSTA Piuotr	735		M 50-59	50	Tak	Tak									
								00:00:03	00:47:31	01:07:34	01:16:16.15	01:16:19.20	+00:40:33 (53.2%)	7:37	7.9 (47.0%)	
203	MILIK Tomasz	115		M 30-39	140	Tak										
								00:01:49	00:48:12	01:08:44	01:16:56.70	01:18:46.15	+00:41:13 (53.6%)	7:41	7.8 (46.4%)	
204	HAJNUS Wojciech	240		M 50-59	51	Tak										
								00:02:10	00:47:21	01:09:41	01:19:00.15	01:21:10.65	+00:43:17 (54.8%)	7:54	7.6 (45.2%)	
205	WŁODEK Rafał	403		M 40-49	217	Tak										
								00:02:02	00:48:50	01:09:31	01:19:12.70	01:21:15.55	+00:43:29 (54.9%)	7:55	7.6 (45.2%)	
206	WTOREK Mirosław	496	NIEZALEŻNY	M 60+	22	Tak										
								00:00:24	00:49:48	01:11:48	01:20:41.05	01:21:05.95	+00:44:58 (55.7%)	8:04	7.4 (44.0%)	
207	STAŃKOWSKI Andrzej	520	TEAM WARIAT	M 50-59	52	Tak										
								00:01:04	00:52:13	01:12:28	01:20:59.90	01:22:04.45	+00:45:16 (55.9%)	8:05	7.4 (44.0%)	
208	CZYŻ Michał	36		M 30-39	141	Tak										
								00:00:23	00:51:02	01:12:53	01:22:22.90	01:22:46.10	+00:46:39 (56.6%)	8:14	7.3 (43.5%)	
Przekroczony limit czasu: 01:30:00																
209	MAJKOWSKI Michał	374		M 30-39	142	Tak										
								00:00:19	00:58:59	01:24:33	01:35:04.35	01:35:23.80	+00:59:21 (62.4%)	9:30	6.3 (37.5%)	
210	SIEMIENIAKA Marek	246	BIEGAM NA TARCHOMINIE	M 30-39	143	Tak										
								00:00:32	00:29:04	00:38:41			+00:07:00	4:17	14 (83.3%)	

Znaleziono 210 wynik(ów)