



## BIEG PRZYJAŹNI - BIEG - 5 KM

B4SPORT

**Wydarzenie:** Bieg Przyjaźni  
**Organizator:** Gmina Słupsk, Fundacja Wspierania Inicjatyw Niekonwencjonalnych „Sub ventum”  
**Data:** 2019-10-05  
**Miejsce:** Redzikowo  
**Dystans:** 5 km



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>BARGAŃSKA Justyna</b>	<b>10</b>	RUNTASTYCZNI TEAM BYTÓW	K-Open	1	<b>00:22:07.32</b>		4:25	13.6 (100%)
2	<b>GLINKA Agnieszka</b>	<b>50</b>	KREATIV SPORT LĘBORK	K-Open	2	<b>00:22:24.33</b>	+00:00:17 (1.3%)	4:29	13.4 (98.5%)
3	<b>WĘSIERSKA-MUTYK Marzena</b>	<b>215</b>	NIGHT RUNNERS SŁUPSK	K-Open	3	<b>00:22:57.82</b>	+00:00:50 (3.7%)	4:35	13.1 (96.3%)
4	<b>BRZEZIŃSKA Agnieszka</b>	<b>18</b>		K-Open	4	<b>00:23:53.36</b>	+00:01:46 (7.4%)	4:46	12.6 (92.6%)
5	<b>PARDEJ Liliana</b>	<b>216</b>	BATALION OCHRONY BAZY	K-Open	5	<b>00:23:55.95</b>	+00:01:48 (7.6%)	4:47	12.5 (91.9%)
6	<b>KAMIŃSKA Justyna</b>	<b>68</b>	STOPA SŁUPSK	K-Open	6	<b>00:24:08.96</b>	+00:02:01 (8.4%)	4:49	12.4 (91.2%)
7	<b>TRUSIAK Agnieszka</b>	<b>179</b>	NIGHT RUNNERS SŁUPSK	K-Open	7	<b>00:24:29.45</b>	+00:02:22 (9.7%)	4:54	12.2 (89.7%)
8	<b>WAWRZYŃIAK Anna</b>	<b>188</b>		K-Open	8	<b>00:24:58.14</b>	+00:02:50 (11.4%)	4:59	12 (88.2%)
9	<b>KOŚLA Justyna</b>	<b>84</b>	SVT	K-Open	9	<b>00:25:38.23</b>	+00:03:30 (13.7%)	5:07	11.7 (86.0%)
10	<b>LEWICZ Ewa</b>	<b>104</b>	GMINA SŁUPSK	K-Open	10	<b>00:25:42.13</b>	+00:03:34 (13.9%)	5:08	11.7 (86.0%)
11	<b>ŁUBKOWSKA Magdalena</b>	<b>109</b>		K-Open	11	<b>00:25:46.26</b>	+00:03:38 (14.2%)	5:09	11.6 (85.3%)
12	<b>ZDUNEK Katarzyna</b>	<b>198</b>	W.P.K SŁOŃ TEAM USTKA	K-Open	12	<b>00:25:49.76</b>	+00:03:42 (14.4%)	5:10	11.6 (85.3%)
13	<b>ZIÓŁKOWSKA Monika</b>	<b>203</b>	SP 8 SŁUPSK	K-Open	13	<b>00:26:25.27</b>	+00:04:17 (16.3%)	5:17	11.3 (83.1%)
14	<b>ZARZYCKA Izabela</b>	<b>196</b>	W.P.K. SŁOŃ TEAM USTKA	K-Open	14	<b>00:26:36.58</b>	+00:04:29 (16.9%)	5:19	11.3 (83.1%)
15	<b>CZARNECKA Barbara</b>	<b>26</b>		K-Open	15	<b>00:26:54.56</b>	+00:04:47 (17.8%)	5:23	11.1 (81.6%)
16	<b>WIELGUS Aleksandra</b>	<b>190</b>	SPONTAN POTĘGOWO	K-Open	16	<b>00:26:58.58</b>	+00:04:51 (18.0%)	5:23	11.1 (81.6%)
17	<b>KMIECIK Joanna</b>	<b>77</b>		K-Open	17	<b>00:27:07.12</b>	+00:04:59 (18.4%)	5:25	11.1 (81.6%)
18	<b>URBAN Ewelina</b>	<b>184</b>	GMINA SŁUPSK	K-Open	18	<b>00:27:40.75</b>	+00:05:33 (20.1%)	5:32	10.8 (79.4%)
19	<b>ANIOŁ Aurelia</b>	<b>208</b>	VACU ACTIV GYM	K-Open	19	<b>00:27:59.10</b>	+00:05:51 (21.0%)	5:35	10.7 (78.7%)
20	<b>FRUBA Karina</b>	<b>43</b>	STOPA SŁUPSK / KORONA SZCZECIN	K-Open	20	<b>00:28:04.76</b>	+00:05:57 (21.2%)	5:37	10.7 (78.7%)
21	<b>LEWANDOWSKA Maria</b>	<b>101</b>	W.P.K SŁOŃ TEAM USTKA	K-Open	21	<b>00:28:33.49</b>	+00:06:26 (22.5%)	5:42	10.5 (77.2%)
22	<b>JARZMICKA Lidia</b>	<b>63</b>		K-Open	22	<b>00:29:08.83</b>	+00:07:01 (24.1%)	5:49	10.3 (75.7%)
23	<b>MARCZAK Małgorzata</b>	<b>111</b>		K-Open	23	<b>00:29:13.74</b>	+00:07:06 (24.3%)	5:50	10.3 (75.7%)
24	<b>MIRON Katarzyna</b>	<b>114</b>	NIGHT RUNNERS SŁUPSK	K-Open	24	<b>00:29:15.88</b>	+00:07:08 (24.4%)	5:51	10.3 (75.7%)
25	<b>FUDRO Agnieszka</b>	<b>45</b>		K-Open	25	<b>00:29:28.68</b>	+00:07:21 (25.0%)	5:53	10.2 (75.0%)
26	<b>KWAŚNIAK Natalia</b>	<b>97</b>		K-Open	26	<b>00:29:35.36</b>	+00:07:28 (25.2%)	5:55	10.1 (74.3%)
27	<b>SOBIERAJSKA Agnieszka</b>	<b>158</b>		K-Open	27	<b>00:29:36.37</b>	+00:07:29 (25.3%)	5:55	10.1 (74.3%)

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28	<b>SORBIAN Emilia</b>	<b>212</b>		K-Open	28	<b>00:29:55.98</b>	+00:07:48 (26.1%)	5:59	10 (73.5%)
29	<b>ZAWADZKA-RUDNIK Justyna</b>	<b>197</b>		K-Open	29	<b>00:29:57.99</b>	+00:07:50 (26.2%)	5:59	10 (73.5%)
30	<b>CHODNICKA Aneta</b>	<b>24</b>	NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU	K-Open	30	<b>00:29:59.94</b>	+00:07:52 (26.3%)	6:00	10 (73.5%)
31	<b>GLINIECKA-WOŚ Anna</b>	<b>49</b>		K-Open	31	<b>00:30:11.89</b>	+00:08:04 (26.7%)	6:02	9.9 (72.8%)
32	<b>MROZIK Joanna</b>	<b>117</b>		K-Open	32	<b>00:30:14.88</b>	+00:08:07 (26.9%)	6:03	9.9 (72.8%)
33	<b>RUMINKIEWICZ Monika</b>	<b>141</b>		K-Open	33	<b>00:30:15.44</b>	+00:08:08 (26.9%)	6:03	9.9 (72.8%)
34	<b>SKWAREK Monika</b>	<b>154</b>		K-Open	34	<b>00:30:23.23</b>	+00:08:15 (27.2%)	6:04	9.9 (72.8%)
35	<b>NIEZGODA Małgorzata</b>	<b>121</b>		K-Open	35	<b>00:30:37.16</b>	+00:08:29 (27.8%)	6:07	9.8 (72.1%)
36	<b>DAMPS Julita</b>	<b>32</b>	NIGHT RUNNERS SŁUPSK	K-Open	36	<b>00:30:56.34</b>	+00:08:49 (28.5%)	6:11	9.7 (71.3%)
37	<b>BERNAT Dominika</b>	<b>13</b>	AML	K-Open	37	<b>00:31:15.13</b>	+00:09:07 (29.2%)	6:15	9.6 (70.6%)
38	<b>MOTOWIDŁO-ZAWADZKA Izabella</b>	<b>115</b>	DECATHLON POWER SŁUPSK	K-Open	38	<b>00:31:39.88</b>	+00:09:32 (30.1%)	6:20	9.5 (69.9%)
39	<b>KUBASZEWSKA Edyta</b>	<b>210</b>		K-Open	39	<b>00:31:40.75</b>	+00:09:33 (30.2%)	6:20	9.5 (69.9%)
40	<b>SETNIK Monika</b>	<b>147</b>	DECATHLON POWER	K-Open	40	<b>00:31:41.11</b>	+00:09:33 (30.2%)	6:20	9.5 (69.9%)
41	<b>BURZYMOWICZ Justyna</b>	<b>20</b>		K-Open	41	<b>00:32:17.16</b>	+00:10:09 (31.5%)	6:27	9.3 (68.4%)
42	<b>KSIĄŻEK Małgorzata</b>	<b>92</b>		K-Open	42	<b>00:32:33.86</b>	+00:10:26 (32.1%)	6:30	9.2 (67.6%)
43	<b>CHOLEWIŃSKA Katarzyna</b>	<b>25</b>		K-Open	43	<b>00:32:52.91</b>	+00:10:45 (32.7%)	6:34	9.1 (66.9%)
44	<b>GUBERNAT Aleksandra</b>	<b>56</b>	NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU	K-Open	44	<b>00:32:56.67</b>	+00:10:49 (32.9%)	6:35	9.1 (66.9%)
45	<b>FIGIEL Dominika</b>	<b>39</b>		K-Open	45	<b>00:33:07.23</b>	+00:10:59 (33.2%)	6:37	9.1 (66.9%)
46	<b>JANKOWSKA Magdalena</b>	<b>61</b>	NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU	K-Open	46	<b>00:33:42.30</b>	+00:11:34 (34.4%)	6:44	8.9 (65.4%)
47	<b>PUPKO Kamila</b>	<b>133</b>	NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU	K-Open	47	<b>00:33:42.96</b>	+00:11:35 (34.4%)	6:44	8.9 (65.4%)
48	<b>MROCZEK Anna</b>	<b>116</b>		K-Open	48	<b>00:33:46.22</b>	+00:11:38 (34.5%)	6:45	8.9 (65.4%)
49	<b>SMOLIŃSKA Edyta</b>	<b>155</b>	SMOLIŃSCY TEAM	K-Open	49	<b>00:33:57.86</b>	+00:11:50 (34.9%)	6:47	8.8 (64.7%)
50	<b>NALEWAJEK Sara</b>	<b>120</b>	WATAHA	K-Open	50	<b>00:35:21.13</b>	+00:13:13 (37.4%)	7:04	8.5 (62.5%)
51	<b>SYCHLA Monika</b>	<b>163</b>	VACU ACTIV GYM	K-Open	51	<b>00:36:36.96</b>	+00:14:29 (39.6%)	7:19	8.2 (60.3%)
52	<b>ANDZEJEWSKA Paulina</b>	<b>4</b>	VACU ACTIV GYM	K-Open	52	<b>00:36:37.86</b>	+00:14:30 (39.6%)	7:19	8.2 (60.3%)
53	<b>KOT Iwona</b>	<b>85</b>	KOT TEAM	K-Open	53	<b>00:36:39.48</b>	+00:14:32 (39.7%)	7:20	8.2 (60.3%)

Znaleziono 53 wynik(ów)