

# BIEG RZEŹNICZEK

B4SPORT

**Organizator:** OTK Rzeźnik  
**Data:** 2015-06-06  
**Miejsce:** Solinka - Cisna  
**Dystans:** 27 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
1	<b>BARCEWICZ Marta</b>	<b>853</b>	12TRI.PL DRUŻYNA WILKA OLSZTYN	K20	1	01:25:03	<b>02:46:15.60</b>	<b>02:46:15.60</b>		6:09	9.7 (100%)
2	<b>ZIELIŃSKA Weronika</b>	<b>39</b>	12TRI.PL	K20	2	01:29:31	<b>02:55:52.40</b>	<b>02:55:52.40</b>	+00:09:36 (5.5%)	6:30	9.2 (94.8%)
3	<b>ŻUK Marzena</b>	<b>161</b>	ALBATROSY	K20	3	01:33:20	<b>03:06:44.95</b>	<b>03:06:44.95</b>	+00:20:29 (11.0%)	6:54	8.7 (89.7%)
4	<b>REK Iwona</b>	<b>86</b>	ORTOREH TEAM	K20	4	01:32:53	<b>03:07:07.10</b>	<b>03:07:07.10</b>	+00:20:51 (11.1%)	6:55	8.7 (89.7%)
5	<b>GRZYWACZEWSKA Justyna</b>	<b>774</b>	CITY TRAIL TEAM	K20	5	01:32:43	<b>03:07:58.60</b>	<b>03:07:58.60</b>	+00:21:43 (11.6%)	6:57	8.6 (88.7%)
6	<b>BONDARA Sylwia</b>	<b>886</b>	JACEKBIEGA RUNNING TEAM	K20	6	01:40:04	<b>03:10:17.00</b>	<b>03:10:17.00</b>	+00:24:01 (12.6%)	7:02	8.5 (87.6%)
7	<b>GŁODOWSKA Kamila</b>	<b>851</b>	NIGHT RUNNERS KRAKÓW	K20	7	01:41:20	<b>03:12:41.70</b>	<b>03:12:41.70</b>	+00:26:26 (13.7%)	7:08	8.4 (86.6%)
8	<b>MĘDREK Paulina</b>	<b>882</b>		K20	8	01:39:43	<b>03:22:33.95</b>	<b>03:22:33.95</b>	+00:36:18 (17.9%)	7:30	8 (82.5%)
9	<b>ROMEJ Aleksandra</b>	<b>786</b>	CITY TRAIL TEAM	K20	9	01:40:38	<b>03:24:27.10</b>	<b>03:24:27.10</b>	+00:38:11 (18.7%)	7:34	7.9 (81.4%)
10	<b>STADNIK Justyna</b>	<b>211</b>	ZABIEGANI ROPCZYCE	K20	10	01:40:15	<b>03:24:45.95</b>	<b>03:24:45.95</b>	+00:38:30 (18.8%)	7:35	7.9 (81.4%)
11	<b>KICIŃSKA Zuzanna</b>	<b>173</b>	WARSZAWA	K20	11	01:50:29	<b>03:26:58.70</b>	<b>03:26:58.70</b>	+00:40:43 (19.7%)	7:39	7.8 (80.4%)
12	<b>DOMAGAŁA Grażyna</b>	<b>848</b>	NIGHT RUNNERS	K20	12	01:47:43	<b>03:28:27.55</b>	<b>03:28:27.55</b>	+00:42:11 (20.2%)	7:43	7.8 (80.4%)
13	<b>CZARNOTA Anna</b>	<b>44</b>	CZARNA JEDYNKA	K20	13	01:52:54	<b>03:29:35.65</b>	<b>03:29:35.65</b>	+00:43:20 (20.7%)	7:45	7.7 (79.4%)
14	<b>KĘDZIORA Magdalena</b>	<b>175</b>	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ	K20	14	01:49:40	<b>03:30:06.25</b>	<b>03:30:06.25</b>	+00:43:50 (20.9%)	7:46	7.7 (79.4%)
15	<b>GRUSZCZYŃSKA Sandra</b>	<b>354</b>	WILD FOR THE RUN	K20	15	01:47:45	<b>03:30:11.85</b>	<b>03:30:11.85</b>	+00:43:56 (20.9%)	7:47	7.7 (79.4%)
16	<b>CHLEBIŃSKA Paulina</b>	<b>833</b>	RZESZOWSKIE GAZELE I GEPARDY	K20	16	01:51:25	<b>03:33:54.40</b>	<b>03:33:54.40</b>	+00:47:38 (22.3%)	7:55	7.6 (78.4%)
17	<b>JĘCZMIEŃ Marlena</b>	<b>181</b>	ŚWIDNICA	K20	17	01:51:28	<b>03:35:56.90</b>	<b>03:35:56.90</b>	+00:49:41 (23.0%)	7:59	7.5 (77.3%)
18	<b>KUBATEK Jolanta</b>	<b>303</b>	IRONICZNE BESTIE	K20	18	01:46:47	<b>03:36:47.40</b>	<b>03:36:47.40</b>	+00:50:31 (23.3%)	8:01	7.5 (77.3%)
19	<b>GÓRKA Emilia</b>	<b>787</b>		K20	19	01:52:50	<b>03:38:17.55</b>	<b>03:38:17.55</b>	+00:52:01 (23.8%)	8:05	7.4 (76.3%)
20	<b>STENCEL Wiktoria</b>	<b>896</b>		K20	20	01:52:13	<b>03:44:59.70</b>	<b>03:44:59.70</b>	+00:58:44 (26.1%)	8:19	7.2 (74.2%)
21	<b>KOT Izabela</b>	<b>879</b>		K20	21	01:52:15	<b>03:45:54.35</b>	<b>03:45:54.35</b>	+00:59:38 (26.4%)	8:22	7.2 (74.2%)
22	<b>KIEL Katarzyna</b>	<b>157</b>	GDAŃSK	K20	22	01:55:27	<b>03:49:36.85</b>	<b>03:49:36.85</b>	+01:03:21 (27.6%)	8:30	7.1 (73.2%)
23	<b>KORPAK Marta</b>	<b>401</b>	MOTIVATO	K20	23	02:00:52	<b>03:50:11.05</b>	<b>03:50:11.05</b>	+01:03:55 (27.8%)	8:31	7 (72.2%)
24	<b>KUMOR Dagmara</b>	<b>327</b>	WARSZAWA	K20	24	01:59:56	<b>03:50:11.20</b>	<b>03:50:11.20</b>	+01:03:55 (27.8%)	8:31	7 (72.2%)
25	<b>WIŚNIEWSKA Bogumiła</b>	<b>845</b>		K20	25	01:56:16	<b>03:52:06.35</b>	<b>03:52:06.35</b>	+01:05:50 (28.4%)	8:35	7 (72.2%)
26	<b>MATUSZEWSKA Nina</b>	<b>798</b>	ALBATROSY	K20	26	01:58:41	<b>03:52:08.05</b>	<b>03:52:08.05</b>	+01:05:52 (28.4%)	8:35	7 (72.2%)
27	<b>WOJTKOWIAK Magda</b>	<b>392</b>		K20	27	02:03:51	<b>03:55:07.65</b>	<b>03:55:07.65</b>	+01:08:52 (29.3%)	8:42	6.9 (71.1%)
28	<b>NOBIS Anna</b>	<b>437</b>	VRC VIRTUAL RUNNER CLUB	K20	28	01:57:38	<b>03:56:03.40</b>	<b>03:56:03.40</b>	+01:09:47 (29.6%)	8:44	6.9 (71.1%)
29	<b>TUCZAPSKA Anna</b>	<b>268</b>	MYSZ & DZAKO	K20	29	02:05:26	<b>03:59:20.10</b>	<b>03:59:20.10</b>	+01:13:04 (30.5%)	8:51	6.8 (70.1%)
30	<b>KRAMKOWSKA Agnieszka</b>	<b>871</b>	ROCHE	K20	30	02:07:34	<b>04:00:44.15</b>	<b>04:00:44.15</b>	+01:14:28 (30.9%)	8:54	6.7 (69.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
31	<b>CHAŁUPCZYŃSKA Małgorzata</b>	<b>7</b>	RUN VEGAN	K20	31	02:13:26	<b>04:01:57.95</b>	<b>04:01:57.95</b>	+01:15:42 (31.3%)	8:57	6.7 (69.1%)
32	<b>MISZEWSKA-URBAŃSKA Emilia</b>	<b>815</b>	SMARUJ NA TRENING	K20	32	02:01:25	<b>04:03:08.15</b>	<b>04:03:08.15</b>	+01:16:52 (31.6%)	9:00	6.7 (69.1%)
33	<b>BARCZEWSKA Agnieszka</b>	<b>831</b>	KOPANICA	K20	33	02:10:03	<b>04:06:01.55</b>	<b>04:06:01.55</b>	+01:19:45 (32.4%)	9:06	6.6 (68.0%)
34	<b>RÓŻNIAKOWSKA Marta</b>	<b>818</b>	SMASHING PĄPKINS	K20	34	02:07:18	<b>04:07:23.50</b>	<b>04:07:23.50</b>	+01:21:07 (32.8%)	9:09	6.5 (67.0%)
35	<b>CZYŻEWSKA Mariola</b>	<b>353</b>	12TRI. DRUŻYNA WILKA.OLSZTYN	K20	35	02:03:00	<b>04:08:22.75</b>	<b>04:08:22.75</b>	+01:22:07 (33.1%)	9:11	6.5 (67.0%)
36	<b>BRONOWSKA Katarzyna</b>	<b>812</b>		K20	36	02:06:36	<b>04:08:27.25</b>	<b>04:08:27.25</b>	+01:22:11 (33.1%)	9:12	6.5 (67.0%)
37	<b>KRASOWSKA Matylda</b>	<b>433</b>		K20	37	02:04:53	<b>04:08:35.55</b>	<b>04:08:35.55</b>	+01:22:19 (33.1%)	9:12	6.5 (67.0%)
38	<b>KUJAWSKA Kaja</b>	<b>778</b>	SUCHE KNEDLE	K20	38	01:59:03	<b>04:13:00.15</b>	<b>04:13:00.15</b>	+01:26:44 (34.3%)	9:22	6.4 (66.0%)
39	<b>KOŁOSIONEK Dorota</b>	<b>852</b>	WARSZAWA	K20	39	02:09:35	<b>04:13:06.65</b>	<b>04:13:06.65</b>	+01:26:51 (34.3%)	9:22	6.4 (66.0%)
40	<b>STACHOWICZ Aleksandra</b>	<b>761</b>	USTRZYKI D.	K20	40	02:06:08	<b>04:13:57.10</b>	<b>04:13:57.10</b>	+01:27:41 (34.5%)	9:24	6.4 (66.0%)
41	<b>BRUDNICKA Kamila</b>	<b>830</b>		K20	41	02:06:58	<b>04:15:20.10</b>	<b>04:15:20.10</b>	+01:29:04 (34.9%)	9:27	6.3 (64.9%)
42	<b>JARMUŻEK Marta</b>	<b>877</b>	BYDGOSZCZ	K20	42	02:12:15	<b>04:17:12.80</b>	<b>04:17:12.80</b>	+01:30:57 (35.4%)	9:31	6.3 (64.9%)
43	<b>SAKOWSKA Agnieszka</b>	<b>775</b>	WARSZAWA	K20	43	02:03:36	<b>04:18:37.55</b>	<b>04:18:37.55</b>	+01:32:21 (35.7%)	9:34	6.3 (64.9%)
44	<b>STASZKIEWICZ Joanna</b>	<b>893</b>	SPORT GURU	K20	44	02:07:48	<b>04:19:10.50</b>	<b>04:19:10.50</b>	+01:32:54 (35.9%)	9:35	6.3 (64.9%)
45	<b>PACANOWSKA Paula</b>	<b>471</b>	WEŁNICA BIEGA	K20	45	02:09:38	<b>04:21:12.45</b>	<b>04:21:12.45</b>	+01:34:56 (36.3%)	9:40	6.2 (63.9%)
46	<b>TOMCZYK Monika</b>	<b>393</b>	SŁUPIA POD KĘPNEM	K20	46	02:14:19	<b>04:21:18.30</b>	<b>04:21:18.30</b>	+01:35:02 (36.4%)	9:40	6.2 (63.9%)
47	<b>BAUR Żaneta</b>	<b>425</b>		K20	47	02:12:54	<b>04:21:21.25</b>	<b>04:21:21.25</b>	+01:35:05 (36.4%)	9:40	6.2 (63.9%)
48	<b>WAGNER Ewa</b>	<b>837</b>		K20	48	02:13:34	<b>04:25:24.15</b>	<b>04:25:24.15</b>	+01:39:08 (37.4%)	9:49	6.1 (62.9%)
49	<b>BEZKOROWAJNY Joanna</b>	<b>866</b>		K20	49	02:11:52	<b>04:25:56.60</b>	<b>04:25:56.60</b>	+01:39:41 (37.5%)	9:50	6.1 (62.9%)
50	<b>GŁADYSZ Agnieszka</b>	<b>400</b>	SANOK	K20	50	02:07:06	<b>04:27:14.95</b>	<b>04:27:14.95</b>	+01:40:59 (37.8%)	9:53	6.1 (62.9%)
51	<b>HORLA Roksana</b>	<b>782</b>	PECNA	K20	51	02:09:57	<b>04:30:13.15</b>	<b>04:30:13.15</b>	+01:43:57 (38.5%)	10:00	6 (61.9%)
52	<b>SEWERYN Barbara</b>	<b>430</b>	KRAKÓW	K20	52	02:22:50	<b>04:31:37.30</b>	<b>04:31:37.30</b>	+01:45:21 (38.8%)	10:03	6 (61.9%)
53	<b>KLICH Katarzyna</b>	<b>420</b>	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ	K20	53	02:12:46	<b>04:34:03.40</b>	<b>04:34:03.40</b>	+01:47:47 (39.3%)	10:09	5.9 (60.8%)
54	<b>GŁOWIENKA Katarzyna</b>	<b>351</b>	BIEGUSIEM.PL	K20	54	02:22:50	<b>04:34:03.85</b>	<b>04:34:03.85</b>	+01:47:48 (39.3%)	10:09	5.9 (60.8%)
55	<b>WOŹNIACKA Joanna</b>	<b>5</b>		K20	55	02:12:16	<b>04:38:37.90</b>	<b>04:38:37.90</b>	+01:52:22 (40.3%)	10:19	5.8 (59.8%)
56	<b>BARTNIK Dominika</b>	<b>849</b>		K20	56	02:19:15	<b>04:44:34.45</b>	<b>04:44:34.45</b>	+01:58:18 (41.6%)	10:32	5.7 (58.8%)
57	<b>POŁOJKO Agnieszka</b>	<b>856</b>	CALYPSO PIŁA	K20	57	02:20:10	<b>04:44:36.25</b>	<b>04:44:36.25</b>	+01:58:20 (41.6%)	10:32	5.7 (58.8%)
58	<b>KASJAN Alicja</b>	<b>829</b>	WARSZAWA	K20	58	02:16:36	<b>04:44:56.55</b>	<b>04:44:56.55</b>	+01:58:40 (41.7%)	10:33	5.7 (58.8%)
59	<b>BROŻEK Teresa</b>	<b>681</b>	WF SPORT RUNTEAM	K20	59	02:25:28	<b>04:45:00.35</b>	<b>04:45:00.35</b>	+01:58:44 (41.7%)	10:33	5.7 (58.8%)
60	<b>RATKA-PIOSIK Monika</b>	<b>861</b>	CALYPSO PIŁA	K20	60	02:22:33	<b>04:54:05.05</b>	<b>04:54:05.05</b>	+02:07:49 (43.5%)	10:53	5.5 (56.7%)
61	<b>RATKA Roma</b>	<b>858</b>	CALYPSO PIŁA	K20	61	02:22:34	<b>04:54:05.25</b>	<b>04:54:05.25</b>	+02:07:49 (43.5%)	10:53	5.5 (56.7%)
62	<b>REGULSKA Monika</b>	<b>481</b>	WARSZAWA	K20	62	02:25:21	<b>05:05:51.10</b>	<b>05:05:51.10</b>	+02:19:35 (45.6%)	11:19	5.3 (54.6%)
63	<b>MULTANIAK Aleksandra</b>	<b>753</b>	RACIBÓRZ	K20	63	02:20:28	<b>05:06:49.25</b>	<b>05:06:49.25</b>	+02:20:33 (45.8%)	11:21	5.3 (54.6%)
64	<b>PRÓCHNIAK Joanna</b>	<b>836</b>	WARSZAWA	K20	64	02:30:56	<b>05:09:19.20</b>	<b>05:09:19.20</b>	+02:23:03 (46.2%)	11:27	5.2 (53.6%)
65	<b>WICIAK Katarzyna</b>	<b>828</b>		K20	65	02:34:43	<b>05:21:20.45</b>	<b>05:21:20.45</b>	+02:35:04 (48.3%)	11:54	5 (51.5%)
	<b>RUTKOWSKA Olga</b>	<b>744</b>	GOLUB-DOBRZYŃ	K20		02:38:08 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>KOZIŃSKA Sonia</b>	<b>863</b>		K20		DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 67 wynik(ów)