

BIEG RZEŹNICZEK

B4SPORT

Organizator: OTK Rzeźnik
Data: 2015-06-06
Miejsce: Solinka - Cisna
Dystans: 27 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
1	WINIARSKA Katarzyna	777	PRZEMYSKI KLUB BIEGACZA	K30	1	01:25:06	02:45:22.10	02:45:22.10		6:07	9.8 (100%)
2	BARCEWICZ Marta	853	12TRI.PL DRUŻYNA WILKA OLSZTYN	K20	1	01:25:03	02:46:15.60	02:46:15.60	+00:00:53 (0.5%)	6:09	9.7 (99.0%)
3	ZIELIŃSKA Weronika	39	12TRI.PL	K20	2	01:29:31	02:55:52.40	02:55:52.40	+00:10:30 (6.0%)	6:30	9.2 (93.9%)
4	PRZEŹDZIECKA Katarzyna	148	SMASHING PAPKINS	K30	2	01:33:26	02:59:18.00	02:59:18.00	+00:13:55 (7.8%)	6:38	9 (91.8%)
5	MĄDZIK Aleksandra	92	ALBATROSY	K30	3	01:33:36	03:03:56.00	03:03:56.00	+00:18:33 (10.1%)	6:48	8.8 (89.8%)
6	ŻUK Marzena	161	ALBATROSY	K20	3	01:33:20	03:06:44.95	03:06:44.95	+00:21:22 (11.4%)	6:54	8.7 (88.8%)
7	REK Iwona	86	ORTOREH TEAM	K20	4	01:32:53	03:07:07.10	03:07:07.10	+00:21:45 (11.6%)	6:55	8.7 (88.8%)
8	GRZYWACZEWSKA Justyna	774	CITY TRAIL TEAM	K20	5	01:32:43	03:07:58.60	03:07:58.60	+00:22:36 (12.0%)	6:57	8.6 (87.8%)
9	ZWIERZYŃSKA Małgorzata	125	ORTOREH	K30	4	01:37:47	03:09:57.15	03:09:57.15	+00:24:35 (12.9%)	7:02	8.5 (86.7%)
10	BONDARA Sylwia	886	JACEKBIEGA RUNNING TEAM	K20	6	01:40:04	03:10:17.00	03:10:17.00	+00:24:54 (13.1%)	7:02	8.5 (86.7%)
11	PICHETA Magdalena	170	DISNEY VOLUNTEARS	K30	5	01:35:40	03:12:09.45	03:12:09.45	+00:26:47 (13.9%)	7:07	8.4 (85.7%)
12	MOSIOŁEK Monika	126	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ	K30	6	01:38:54	03:12:15.05	03:12:15.05	+00:26:52 (14.0%)	7:07	8.4 (85.7%)
13	GŁODOWSKA Kamila	851	NIGHT RUNNERS KRAKÓW	K20	7	01:41:20	03:12:41.70	03:12:41.70	+00:27:19 (14.2%)	7:08	8.4 (85.7%)
14	MORAWSKA Kinga	146	ORTOREH TEAM	K30	7	01:40:25	03:17:24.50	03:17:24.50	+00:32:02 (16.2%)	7:18	8.2 (83.7%)
15	MIŚKIEWICZ Magdalena	159	RUN EXPERT LEJDIS	K30	8	01:37:14	03:17:29.60	03:17:29.60	+00:32:07 (16.3%)	7:18	8.2 (83.7%)
16	MARCINKOWSKA Eliza	177	SZWLA/TRIRUN	K30	9	01:40:02	03:18:17.30	03:18:17.30	+00:32:55 (16.6%)	7:20	8.2 (83.7%)

							Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km					
17	HYJEK Elżbieta	766	ZABIEGANI MIELEC	K40	1	01:40:31	03:18:25.85	03:18:25.85	+00:33:03 (16.7%)	7:20	8.2 (83.7%)
18	DEMSKA Żaneta	814	KAPAP GDAŃSK	K30	10	01:47:04	03:18:26.70	03:18:26.70	+00:33:04 (16.7%)	7:20	8.2 (83.7%)
19	TUSIŃSKA Aleksandra	769	RADOM	K30	11	01:47:11	03:21:09.30	03:21:09.30	+00:35:47 (17.8%)	7:27	8.1 (82.7%)
20	MĘDREK Paulina	882		K20	8	01:39:43	03:22:33.95	03:22:33.95	+00:37:11 (18.4%)	7:30	8 (81.6%)
21	MASALSKA-PAWLAK Agata	794		K30	12	01:48:36	03:23:51.30	03:23:51.30	+00:38:29 (18.9%)	7:33	7.9 (80.6%)
22	ROMEJ Aleksandra	786	CITY TRAIL TEAM	K20	9	01:40:38	03:24:27.10	03:24:27.10	+00:39:05 (19.1%)	7:34	7.9 (80.6%)
23	STADNIK Justyna	211	ZABIEGANI ROPCZYCE	K20	10	01:40:15	03:24:45.95	03:24:45.95	+00:39:23 (19.2%)	7:35	7.9 (80.6%)
24	GIMZICKA Ewa	206	POZNAŃ	K30	13	01:43:46	03:26:24.10	03:26:24.10	+00:41:02 (19.9%)	7:38	7.8 (79.6%)
25	KICIŃSKA Zuzanna	173	WARSZAWA	K20	11	01:50:29	03:26:58.70	03:26:58.70	+00:41:36 (20.1%)	7:39	7.8 (79.6%)
26	SZUMIGAJ Alicja	257	SĘPÓLNO KRAJEŃSKIE	K30	14	01:48:50	03:27:53.00	03:27:53.00	+00:42:30 (20.5%)	7:41	7.8 (79.6%)
27	KURZEJA Ewelina	842	NORAFSPORT	K30	15	01:48:42	03:27:55.80	03:27:55.80	+00:42:33 (20.5%)	7:42	7.8 (79.6%)
28	PASECKA Sylwia	286	NIGHT RUNNERS GLIWICE	K40	2	01:48:36	03:28:21.25	03:28:21.25	+00:42:59 (20.6%)	7:43	7.8 (79.6%)
29	DOMAGAŁA Grażyna	848	NIGHT RUNNERS	K20	12	01:47:43	03:28:27.55	03:28:27.55	+00:43:05 (20.7%)	7:43	7.8 (79.6%)
30	GÓRECKA Katarzyna	823	PKO BANK POLSKI	K30	16	01:49:24	03:28:37.90	03:28:37.90	+00:43:15 (20.7%)	7:43	7.8 (79.6%)
31	CIEŚLAK Dominika	862		K30	17	01:51:49	03:29:31.05	03:29:31.05	+00:44:08 (21.1%)	7:45	7.7 (78.6%)
32	CZARNOTA Anna	44	CZARNA JEDYNKA	K20	13	01:52:54	03:29:35.65	03:29:35.65	+00:44:13 (21.1%)	7:45	7.7 (78.6%)
33	KĘDZIORA Magdalena	175	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ	K20	14	01:49:40	03:30:06.25	03:30:06.25	+00:44:44 (21.3%)	7:46	7.7 (78.6%)
34	WŁODARSKA Marta	127	MAJATEAM	K30	18	01:46:18	03:30:10.90	03:30:10.90	+00:44:48 (21.3%)	7:47	7.7 (78.6%)
35	GRUSZCZYŃSKA Sandra	354	WILD FOR THE RUN	K20	15	01:47:45	03:30:11.85	03:30:11.85	+00:44:49 (21.3%)	7:47	7.7 (78.6%)
36	KONARZEWSKA Marta	503	OLSZTYŃSKIE I STAWKI BIEGOWE	K30	19	01:50:27	03:32:08.00	03:32:08.00	+00:46:45 (22.0%)	7:51	7.6 (77.6%)
37	GŁADYSZ Jadwiga	757	ZABIEGANI MIELEC	K50	1	01:49:26	03:32:29.65	03:32:29.65	+00:47:07 (22.2%)	7:52	7.6 (77.6%)
38	PAPIEWSKA Marzena	388		K30	20	01:51:50	03:32:59.20	03:32:59.20	+00:47:37 (22.4%)	7:53	7.6 (77.6%)
39	CHLEBIŃSKA Paulina	833	RZESZOWSKIE GAZELE I GEPARDY	K20	16	01:51:25	03:33:54.40	03:33:54.40	+00:48:32 (22.7%)	7:55	7.6 (77.6%)

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40	WĘGRZYN Małgorzata	40	RZESZOWSKIE GAZELE I GEPARDY	K40	3	01:51:24	03:33:54.45	03:33:54.45	+00:48:32 (22.7%)	7:55	7.6 (77.6%)
41	GAŁACKA Joanna	239		K30	21	01:53:01	03:34:35.00	03:34:35.00	+00:49:12 (22.9%)	7:56	7.5 (76.5%)
42	KAZANECKA Joanna	878	WARSZAWA	K30	22	01:49:22	03:34:41.45	03:34:41.45	+00:49:19 (23.0%)	7:57	7.5 (76.5%)
43	JĘCZMIEŃ Marlena	181	ŚWIDNICA	K20	17	01:51:28	03:35:56.90	03:35:56.90	+00:50:34 (23.4%)	7:59	7.5 (76.5%)
44	KWIATKOWSKA-SITEK Ewa	791	OPTIMTRAVEL	K30	23	01:52:14	03:36:07.75	03:36:07.75	+00:50:45 (23.5%)	8:00	7.5 (76.5%)
45	KUBATEK Jolanta	303	IRONICZNE BESTIE	K20	18	01:46:47	03:36:47.40	03:36:47.40	+00:51:25 (23.7%)	8:01	7.5 (76.5%)
46	SZAROWAR Alicja	825	RUNPLANET TEAM	K30	24	01:52:24	03:37:58.75	03:37:58.75	+00:52:36 (24.1%)	8:04	7.4 (75.5%)
47	DOBIES Agnieszka	789	LUBLIN	K30	25	01:50:28	03:38:00.50	03:38:00.50	+00:52:38 (24.1%)	8:04	7.4 (75.5%)
48	SOBIESKA Aleksandra	361		K30	26	01:52:10	03:38:04.65	03:38:04.65	+00:52:42 (24.2%)	8:04	7.4 (75.5%)
49	KOKOSZKA Magdalena	755	ZABIEGANI MIELEC	K30	27	01:50:49	03:38:14.45	03:38:14.45	+00:52:52 (24.2%)	8:04	7.4 (75.5%)
50	GÓRKA Emilia	787		K20	19	01:52:50	03:38:17.55	03:38:17.55	+00:52:55 (24.2%)	8:05	7.4 (75.5%)
51	DOMISZEWSKA Maria	865	USTRZYKI DOLNE	K40	4	01:52:35	03:39:19.35	03:39:19.35	+00:53:57 (24.6%)	8:07	7.4 (75.5%)
52	MAŃKOWSKA Anna	752	12 TRI.PL DRUŻYNA WILKA OLSZTYN	K30	28	01:57:06	03:39:30.65	03:39:30.65	+00:54:08 (24.7%)	8:07	7.4 (75.5%)
53	RÓŻYCKA Małgorzata	249	WARSZAWA	K30	29	01:50:52	03:39:34.55	03:39:34.55	+00:54:12 (24.7%)	8:07	7.4 (75.5%)
54	KARMOLIŃSKA-PETA Iwona	754		K30	30	01:50:53	03:40:38.85	03:40:38.85	+00:55:16 (25.1%)	8:10	7.3 (74.5%)
55	PLAZE Olga	289	NIGHT RUNNERS	K30	31	01:53:03	03:41:03.95	03:41:03.95	+00:55:41 (25.2%)	8:11	7.3 (74.5%)
56	BRZEZOWSKA Beata	216	ALBATROSY	K40	5	01:55:21	03:41:04.40	03:41:04.40	+00:55:42 (25.2%)	8:11	7.3 (74.5%)
57	GAJEWSKA Izabella	230	PRUSZKÓW	K30	32	01:53:31	03:42:09.85	03:42:09.85	+00:56:47 (25.6%)	8:13	7.3 (74.5%)
58	OSIŃSKA Dominika	304	VRC	K30	33	01:58:36	03:42:47.00	03:42:47.00	+00:57:24 (25.8%)	8:15	7.3 (74.5%)
59	CAŁKA Agnieszka	247		K30	34	02:01:17	03:42:52.70	03:42:52.70	+00:57:30 (25.8%)	8:15	7.3 (74.5%)
60	SZCZEPANIAK Sylwia	322	MIDNIGHTRUN.PL	K30	35	01:51:53	03:43:47.90	03:43:47.90	+00:58:25 (26.1%)	8:17	7.2 (73.5%)
61	KOSSAKOWSKA Katarzyna	178	WARSZAWA	K40	6	01:50:16	03:44:18.20	03:44:18.20	+00:58:56 (26.3%)	8:18	7.2 (73.5%)
62	FISZER Agnieszka	382	12TRI.PL	K30	36	01:52:38	03:44:41.80	03:44:41.80	+00:59:19 (26.4%)	8:19	7.2 (73.5%)

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63	STENCEL Wiktoria	896		K20	20	01:52:13	03:44:59.70	03:44:59.70	+00:59:37 (26.5%)	8:19	7.2 (73.5%)
64	LASKOWSKA Katarzyna	403		K30	37	01:55:50	03:45:10.90	03:45:10.90	+00:59:48 (26.6%)	8:20	7.2 (73.5%)
65	KOT Izabela	879		K20	21	01:52:15	03:45:54.35	03:45:54.35	+01:00:32 (26.8%)	8:22	7.2 (73.5%)
66	JĘDRZEJCZYK Agnieszka	881	RZESZOWSKIE GAZELE I GEPARDY	K30	38	01:53:57	03:46:00.25	03:46:00.25	+01:00:38 (26.8%)	8:22	7.2 (73.5%)
67	BRZOZOWSKA Aneta	811	TRIABLOS	K30	39	01:52:57	03:46:54.85	03:46:54.85	+01:01:32 (27.1%)	8:24	7.1 (72.4%)
68	ZARZYCKA Ewa	362	ZABIEGANI PO USZY	K30	40	01:55:24	03:47:01.10	03:47:01.10	+01:01:39 (27.2%)	8:24	7.1 (72.4%)
69	STARZYŃSKA Katarzyna	855	CALYPSO PIŁA	K30	41	02:03:34	03:47:31.85	03:47:31.85	+01:02:09 (27.3%)	8:25	7.1 (72.4%)
70	BEDNARCZYK Paulina	207	JOZEFOSLAW	K30	42	01:53:11	03:47:34.60	03:47:34.60	+01:02:12 (27.3%)	8:25	7.1 (72.4%)
71	JANOWSKA Anna	296		K30	43	02:02:57	03:48:25.30	03:48:25.30	+01:03:03 (27.6%)	8:27	7.1 (72.4%)
72	KOZŁOWSKA Joanna	252	AKM OLIMP OLSZTYN/12TRI DRUŻYNA WILKA	K30	44	02:02:59	03:48:25.60	03:48:25.60	+01:03:03 (27.6%)	8:27	7.1 (72.4%)
73	SZYBIAK Joanna	491	AGONA WM	K40	7	01:56:11	03:49:32.35	03:49:32.35	+01:04:10 (28.0%)	8:30	7.1 (72.4%)
74	KIEL Katarzyna	157	GDAŃSK	K20	22	01:55:27	03:49:36.85	03:49:36.85	+01:04:14 (28.0%)	8:30	7.1 (72.4%)
75	GURAK-STENCEL Izabela	901		K40	8	01:59:05	03:49:54.85	03:49:54.85	+01:04:32 (28.1%)	8:30	7 (71.4%)
76	WĘCŁAWSKA Aneta	293	BRACTWO BIEGOWE BGK / RUNPLANET TEAM	K40	9	01:58:47	03:49:55.55	03:49:55.55	+01:04:33 (28.1%)	8:30	7 (71.4%)
77	PALEWICZ Renata	773		K30	45	01:56:58	03:50:02.80	03:50:02.80	+01:04:40 (28.1%)	8:31	7 (71.4%)
78	KORPAK Marta	401	MOTIVATO	K20	23	02:00:52	03:50:11.05	03:50:11.05	+01:04:48 (28.2%)	8:31	7 (71.4%)
79	KUMOR Dagmara	327	WARSZAWA	K20	24	01:59:56	03:50:11.20	03:50:11.20	+01:04:49 (28.2%)	8:31	7 (71.4%)
80	JAZ Małgorzata	806		K40	10	02:00:13	03:50:12.15	03:50:12.15	+01:04:50 (28.2%)	8:31	7 (71.4%)
81	MASZEWSKA Agata	241		K30	46	01:58:30	03:50:16.90	03:50:16.90	+01:04:54 (28.2%)	8:31	7 (71.4%)
82	ŚMIETANA Katarzyna	864	GÓRSKIEGIRY	K30	47	02:00:48	03:51:06.35	03:51:06.35	+01:05:44 (28.4%)	8:33	7 (71.4%)
83	JAGIELSKA Magdalena	292	NGB KŁOBUCK	K30	48	02:01:08	03:51:10.70	03:51:10.70	+01:05:48 (28.5%)	8:33	7 (71.4%)
84	SPYCHAŁA Agnieszka	436	POZNAN	K40	11	02:01:21	03:51:14.00	03:51:14.00	+01:05:51 (28.5%)	8:33	7 (71.4%)
85	BICKA Anna	340	WARSZAWA	K30	49	01:57:20	03:51:44.65	03:51:44.65	+01:06:22 (28.6%)	8:34	7 (71.4%)

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86	WIŚNIEWSKA Bogumiła	845		K20	25	01:56:16	03:52:06.35	03:52:06.35	+01:06:44 (28.8%)	8:35	7 (71.4%)
87	MATUSZEWSKA Nina	798	ALBATROSY	K20	26	01:58:41	03:52:08.05	03:52:08.05	+01:06:45 (28.8%)	8:35	7 (71.4%)
88	BYLICA Paulina	768	KRAKÓW	K30	50	01:59:24	03:52:15.40	03:52:15.40	+01:06:53 (28.8%)	8:36	7 (71.4%)
89	DĘBICKA Brygida	790	KRAKÓW	K30	51	01:59:29	03:52:15.60	03:52:15.60	+01:06:53 (28.8%)	8:36	7 (71.4%)
90	PLISZCZYŃSKA Justyna	457		K40	12	01:59:52	03:52:23.70	03:52:23.70	+01:07:01 (28.8%)	8:36	7 (71.4%)
91	ŁUŻYŃSKA Katarzyna	338	BBL TEAM POLICE	K30	52	01:58:47	03:52:45.40	03:52:45.40	+01:07:23 (29.0%)	8:37	7 (71.4%)
92	DEMKÓW Katarzyna	466	KB SOBÓTKA	K40	13	01:57:09	03:52:50.10	03:52:50.10	+01:07:28 (29.0%)	8:37	7 (71.4%)
93	DUDEK Małgorzata	813	PORANNY PATROL	K30	53	02:03:08	03:53:27.25	03:53:27.25	+01:08:05 (29.2%)	8:38	6.9 (70.4%)
94	BURAKOWSKA Patrycja	396		K30	54	01:52:01	03:53:54.95	03:53:54.95	+01:08:32 (29.3%)	8:39	6.9 (70.4%)
95	PIETYRA Karolina	339	ŁOŻA SZYDERCÓW	K30	55	02:00:37	03:54:15.55	03:54:15.55	+01:08:53 (29.4%)	8:40	6.9 (70.4%)
96	ŻAK - ŁEBEK Ewa	302	OLKUSZBIEGA.PL	K40	14	01:59:00	03:54:39.30	03:54:39.30	+01:09:17 (29.5%)	8:41	6.9 (70.4%)
97	BAZIUK Aneta	854	CALYPSO PIŁA	K30	56	02:03:34	03:54:41.00	03:54:41.00	+01:09:18 (29.5%)	8:41	6.9 (70.4%)
98	ŚWIDEREK Kasia	294	JÓZEFOSŁAW	K40	15	01:55:40	03:54:43.70	03:54:43.70	+01:09:21 (29.5%)	8:41	6.9 (70.4%)
99	BUDNY Kinga	243	MTB4FUN	K30	57	02:10:07	03:54:47.65	03:54:47.65	+01:09:25 (29.6%)	8:41	6.9 (70.4%)
100	WOJTKOWIAK Magda	392		K20	27	02:03:51	03:55:07.65	03:55:07.65	+01:09:45 (29.7%)	8:42	6.9 (70.4%)
101	SKARŻEŃSKA Jagoda	807		K30	58	02:01:49	03:55:08.40	03:55:08.40	+01:09:46 (29.7%)	8:42	6.9 (70.4%)
102	SZYMAŃSKA Agnieszka	272	PKO BANK POLSKI	K40	16	02:03:42	03:55:11.75	03:55:11.75	+01:09:49 (29.7%)	8:42	6.9 (70.4%)
103	NOBIS Anna	437	VRC VIRTUAL RUNNER CLUB	K20	28	01:57:38	03:56:03.40	03:56:03.40	+01:10:41 (29.9%)	8:44	6.9 (70.4%)
104	KRAUZA-DERKOWSKA Joanna	295	NOWOMIESZCZANIELUBIĄBIEGANIE	K40	17	01:58:55	03:56:31.50	03:56:31.50	+01:11:09 (30.1%)	8:45	6.8 (69.4%)
104	KOTŁOWSKA Katarzyna	258	NOWOMIESZCZANIE	K30	59	01:58:56	03:56:31.50	03:56:31.50	+01:11:09 (30.1%)	8:45	6.8 (69.4%)
106	KRASNODĘBSKA Agnieszka	416	ORTOREH TEAM	K40	18	01:55:31	03:56:33.65	03:56:33.65	+01:11:11 (30.1%)	8:45	6.8 (69.4%)
107	RUTKA Monika	873	RUN RACE TEAM	K40	19	01:59:54	03:56:42.70	03:56:42.70	+01:11:20 (30.1%)	8:46	6.8 (69.4%)
108	SIWIEC Karolina	737		K30	60	02:04:21	03:56:44.35	03:56:44.35	+01:11:22 (30.1%)	8:46	6.8 (69.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
109	ŁUKAWSKA-MATUSZEWSKA Katarzyna	783	GDYNIA	K30	61	02:05:57	03:58:07.20	03:58:07.20	+01:12:45 (30.6%)	8:49	6.8 (69.4%)
110	TUCZAPSKA Anna	268	MYSZ & DZAKO	K20	29	02:05:26	03:59:20.10	03:59:20.10	+01:13:58 (30.9%)	8:51	6.8 (69.4%)
111	CZERWIŃSKA Magdalena	832	GLIWICE	K40	20	01:58:39	03:59:40.00	03:59:40.00	+01:14:17 (31.0%)	8:52	6.8 (69.4%)
112	KORZENIOWSKA-DĘBOWSKA Magdalena	342	NIEPOŁOMICE BIEGAJĄ	K30	62	01:56:25	04:00:20.05	04:00:20.05	+01:14:57 (31.2%)	8:54	6.7 (68.4%)
113	KRUPIŃSKA Joanna	870	ROCHE	K30	63	02:03:16	04:00:23.20	04:00:23.20	+01:15:01 (31.2%)	8:54	6.7 (68.4%)
114	ŚMIESZEK Małgorzata	780	GLIWICE	K30	64	01:58:13	04:00:29.15	04:00:29.15	+01:15:07 (31.2%)	8:54	6.7 (68.4%)
115	BANASZEK Urszula	229	WROCŁAW	K30	65	02:04:56	04:00:42.65	04:00:42.65	+01:15:20 (31.3%)	8:54	6.7 (68.4%)
116	KRAMKOWSKA Agnieszka	871	ROCHE	K20	30	02:07:34	04:00:44.15	04:00:44.15	+01:15:22 (31.3%)	8:54	6.7 (68.4%)
117	NIEMCYK Katarzyna	4		K30	66	02:04:22	04:00:44.20	04:00:44.20	+01:15:22 (31.3%)	8:54	6.7 (68.4%)
118	GORCZYCA Aneta	317	JASŁO	K30	67	02:00:47	04:01:39.00	04:01:39.00	+01:16:16 (31.6%)	8:57	6.7 (68.4%)
119	LIĆWINKO Magdalena	468	KRAKÓW	K30	68	02:07:42	04:01:47.75	04:01:47.75	+01:16:25 (31.6%)	8:57	6.7 (68.4%)
120	ŻACZEK Anna	456	BIEGUSIEM.PL	K40	21	02:10:11	04:01:50.25	04:01:50.25	+01:16:28 (31.6%)	8:57	6.7 (68.4%)
121	CHAŁUPCZYŃSKA Małgorzata	7	RUN VEGAN	K20	31	02:13:26	04:01:57.95	04:01:57.95	+01:16:35 (31.7%)	8:57	6.7 (68.4%)
122	WÓJCICKA Dorota	463	GDAŃSK	K30	69	02:02:04	04:02:11.10	04:02:11.10	+01:16:49 (31.7%)	8:58	6.7 (68.4%)
123	DROZD Ola	316		K30	70	02:01:31	04:02:13.35	04:02:13.35	+01:16:51 (31.7%)	8:58	6.7 (68.4%)
124	KAMYK Karolina	765	HI FITNESS NOWY TARG	K30	71	01:57:23	04:02:17.10	04:02:17.10	+01:16:55 (31.7%)	8:58	6.7 (68.4%)
125	SZYMAŃSKA Anna	460	12TRI.PL	K30	72	02:03:43	04:02:39.30	04:02:39.30	+01:17:17 (31.9%)	8:59	6.7 (68.4%)
126	MISZEWSKA-URBAŃSKA Emilia	815	SMARUJ NA TRENING	K20	32	02:01:25	04:03:08.15	04:03:08.15	+01:17:46 (32.0%)	9:00	6.7 (68.4%)
127	LEU Windy	838	WITC	K30	73	02:03:17	04:03:17.10	04:03:17.10	+01:17:55 (32.0%)	9:00	6.7 (68.4%)
128	REDŁOWSKA Bożena	868	LADIES RUN	K30	74	02:04:54	04:03:22.35	04:03:22.35	+01:18:00 (32.1%)	9:00	6.7 (68.4%)
129	BUCZYŃSKA Sylwia	412	KRAKÓW	K40	22	02:02:07	04:03:23.45	04:03:23.45	+01:18:01 (32.1%)	9:00	6.7 (68.4%)
130	LESZCZYŃSKA Iwona	371	CELESTYNÓW	K40	23	02:05:43	04:03:35.60	04:03:35.60	+01:18:13 (32.1%)	9:01	6.7 (68.4%)
131	SŁOBODA Elżbieta	801	USTRZYKI DOLNE	K30	75	01:59:29	04:03:40.50	04:03:40.50	+01:18:18 (32.1%)	9:01	6.6 (67.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
132	STAFIEJ Anna	214	ŚWINOUJSCIE	K30	76	01:55:50	04:04:08.20	04:04:08.20	+01:18:46 (32.3%)	9:02	6.6 (67.3%)
133	KARAPUDA Natalia	321	OLSZTYŃSKIE USTAWKI BIEGOWE	K30	77	02:04:40	04:04:30.70	04:04:30.70	+01:19:08 (32.4%)	9:03	6.6 (67.3%)
134	GWAREK Marzena	788		K30	78	02:06:59	04:04:43.30	04:04:43.30	+01:19:21 (32.4%)	9:03	6.6 (67.3%)
135	ŻOŁĄDEK Anna	784		K30	79	02:07:08	04:04:43.40	04:04:43.40	+01:19:21 (32.4%)	9:03	6.6 (67.3%)
136	JARZĘBOWSKA Marlena	318	W POGONI ZA DUCHEM	K30	80	01:57:52	04:05:08.75	04:05:08.75	+01:19:46 (32.5%)	9:04	6.6 (67.3%)
137	MADEJ Ewa	167	DEUTSCHE BANK MARATHON TEAM	K30	81	02:01:51	04:05:16.80	04:05:16.80	+01:19:54 (32.6%)	9:05	6.6 (67.3%)
138	BARCZEWSKA Agnieszka	831	KOPANICA	K20	33	02:10:03	04:06:01.55	04:06:01.55	+01:20:39 (32.8%)	9:06	6.6 (67.3%)
139	FIGUŁA Wioleta	424		K30	82	02:01:55	04:06:03.15	04:06:03.15	+01:20:41 (32.8%)	9:06	6.6 (67.3%)
140	DZIAŁO Agnieszka	762	ZABIEGANI MIELEC	K30	83	02:08:17	04:06:38.40	04:06:38.40	+01:21:16 (33.0%)	9:08	6.6 (67.3%)
141	NOWOTARSKA Anita	876		K40	24	01:57:39	04:06:56.20	04:06:56.20	+01:21:34 (33.0%)	9:08	6.6 (67.3%)
142	LASOTA Edyta	475	ULTRA TEAM RADOM	K30	84	02:12:42	04:07:15.75	04:07:15.75	+01:21:53 (33.1%)	9:09	6.6 (67.3%)
143	CZECHOSKA Magdalena	373	BOOT CAMP POLSKA	K30	85	02:07:20	04:07:23.05	04:07:23.05	+01:22:00 (33.2%)	9:09	6.5 (66.3%)
144	RÓŻNIAKOWSKA Marta	818	SMASHING PĄPKINS	K20	34	02:07:18	04:07:23.50	04:07:23.50	+01:22:01 (33.2%)	9:09	6.5 (66.3%)
145	CHUDZIK Magda	459	NIGHT RUNNERS PŁOCK	K30	86	01:58:35	04:07:40.80	04:07:40.80	+01:22:18 (33.2%)	9:10	6.5 (66.3%)
146	ZIENTEK Iwona	407	PZU SPORT TEAM	K30	87	02:10:08	04:08:00.60	04:08:00.60	+01:22:38 (33.3%)	9:11	6.5 (66.3%)
147	SYGUŁA Joanna	802	WITC	K30	88	02:17:53	04:08:03.80	04:08:03.80	+01:22:41 (33.3%)	9:11	6.5 (66.3%)
148	CZYŻEWSKA Mariola	353	12TRI. DRUŻYNA WILKA.OLSZTYN	K20	35	02:03:00	04:08:22.75	04:08:22.75	+01:23:00 (33.4%)	9:11	6.5 (66.3%)
149	BRONOWSKA Katarzyna	812		K20	36	02:06:36	04:08:27.25	04:08:27.25	+01:23:05 (33.4%)	9:12	6.5 (66.3%)
150	GRANICA Danuta	349	VIRTUAL RUNNER CLUB	K40	25	02:04:48	04:08:30.50	04:08:30.50	+01:23:08 (33.5%)	9:12	6.5 (66.3%)
151	KRASOWSKA Matylda	433		K20	37	02:04:53	04:08:35.55	04:08:35.55	+01:23:13 (33.5%)	9:12	6.5 (66.3%)
152	BALIŃSKA Maria	804	CISNA	K30	89	02:06:06	04:09:24.20	04:09:24.20	+01:24:02 (33.7%)	9:14	6.5 (66.3%)
153	KARŁOWICZ Anna	410	WOLNA WOLA WARSZAWA	K60	1	02:11:20	04:09:28.00	04:09:28.00	+01:24:05 (33.7%)	9:14	6.5 (66.3%)
154	BIĘNKOWSKA Agnieszka	792	PŁOCK	K30	90	02:10:43	04:10:10.30	04:10:10.30	+01:24:48 (33.9%)	9:15	6.5 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
155	DREWNIK Małgorzata	12	OBOZYBIEGOWE.PL	K30	91	02:06:35	04:11:20.75	04:11:20.75	+01:25:58 (34.2%)	9:18	6.4 (65.3%)
156	KUŁAKOWSKA Monika	370	W POGONI ZA DUCHEM	K30	92	01:57:52	04:12:24.80	04:12:24.80	+01:27:02 (34.5%)	9:20	6.4 (65.3%)
157	BANASZEK Katarzyna	785		K30	93	02:12:41	04:12:39.70	04:12:39.70	+01:27:17 (34.5%)	9:21	6.4 (65.3%)
158	MAĆKOWIAK Katarzyna	742	SOLEC KUJAWSKI	K30	94	02:06:01	04:12:49.90	04:12:49.90	+01:27:27 (34.6%)	9:21	6.4 (65.3%)
159	GRESZTA Monika	380	ALBATROSY	K30	95	01:59:49	04:12:59.50	04:12:59.50	+01:27:37 (34.6%)	9:22	6.4 (65.3%)
160	KUJAWSKA Kaja	778	SUCHE KNEDLE	K20	38	01:59:03	04:13:00.15	04:13:00.15	+01:27:38 (34.6%)	9:22	6.4 (65.3%)
161	KOŁOSIONEK Dorota	852	WARSZAWA	K20	39	02:09:35	04:13:06.65	04:13:06.65	+01:27:44 (34.7%)	9:22	6.4 (65.3%)
162	RÓŻOWICZ Eliza	434	SPARTANIE DZIECIOM	K30	96	01:58:32	04:13:13.70	04:13:13.70	+01:27:51 (34.7%)	9:22	6.4 (65.3%)
163	OKAPIEC Aleksandra	810	AXA RUNNING TEAM	K30	97	02:12:12	04:13:15.40	04:13:15.40	+01:27:53 (34.7%)	9:22	6.4 (65.3%)
164	STACHOWICZ Aleksandra	761	USTRZYKI D.	K20	40	02:06:08	04:13:57.10	04:13:57.10	+01:28:35 (34.9%)	9:24	6.4 (65.3%)
165	WARMIŃSKA Anna	835		K30	98	02:08:40	04:14:01.70	04:14:01.70	+01:28:39 (34.9%)	9:24	6.4 (65.3%)
166	PETRICZKO Elżbieta	875		K40	26	02:08:54	04:14:17.30	04:14:17.30	+01:28:55 (35.0%)	9:25	6.4 (65.3%)
167	BYLINIAK Monika	409	ORTOREH TEAM	K30	99	02:04:14	04:14:33.30	04:14:33.30	+01:29:11 (35.0%)	9:25	6.4 (65.3%)
168	SOŁKOWSKA Joanna	285	NIEPOŁOMICE BIEGAJĄ	K30	100	02:03:58	04:14:43.70	04:14:43.70	+01:29:21 (35.1%)	9:26	6.4 (65.3%)
169	WASILEWSKA Joanna	359	WITC	K40	27	02:11:18	04:14:45.90	04:14:45.90	+01:29:23 (35.1%)	9:26	6.4 (65.3%)
170	PAPROCKA Natalia	366		K40	28	02:13:18	04:15:12.70	04:15:12.70	+01:29:50 (35.2%)	9:27	6.3 (64.3%)
171	SUCHOWIECKA Anna	747	OUB	K30	101	02:06:17	04:15:15.05	04:15:15.05	+01:29:52 (35.2%)	9:27	6.3 (64.3%)
172	BRUDNICKA Kamila	830		K20	41	02:06:58	04:15:20.10	04:15:20.10	+01:29:58 (35.2%)	9:27	6.3 (64.3%)
173	KSIAZEK Anna	776		K30	102	02:11:45	04:15:46.75	04:15:46.75	+01:30:24 (35.3%)	9:28	6.3 (64.3%)
174	GAJDA Ewa	383	WARSZAWA	K30	103	02:11:14	04:16:05.05	04:16:05.05	+01:30:42 (35.4%)	9:29	6.3 (64.3%)
175	JARMUŻEK Marta	877	BYDGOSZCZ	K20	42	02:12:15	04:17:12.80	04:17:12.80	+01:31:50 (35.7%)	9:31	6.3 (64.3%)
176	SAKOWSKA Agnieszka	775	WARSZAWA	K20	43	02:03:36	04:18:37.55	04:18:37.55	+01:33:15 (36.1%)	9:34	6.3 (64.3%)
177	SOŁKIEWICZ Marta	377	BIESZCZADZKIE ANIOŁY	K40	29	02:15:33	04:18:54.75	04:18:54.75	+01:33:32 (36.1%)	9:35	6.3 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
178	STASZKIEWICZ Joanna	893	SPORT GURU	K20	44	02:07:48	04:19:10.50	04:19:10.50	+01:33:48 (36.2%)	9:35	6.3 (64.3%)
179	BOCIARSKA Magdalena	352		K30	104	02:09:10	04:19:30.95	04:19:30.95	+01:34:08 (36.3%)	9:36	6.2 (63.3%)
180	WIEWIÓRA Anna	759	BIELSKO-BIAŁA	K40	30	02:11:59	04:19:50.10	04:19:50.10	+01:34:28 (36.4%)	9:37	6.2 (63.3%)
181	KOŚKA Katarzyna	169	PLAMAS	K30	105	02:08:18	04:19:56.10	04:19:56.10	+01:34:34 (36.4%)	9:37	6.2 (63.3%)
182	RĘBISZ Aneta	378	KRAKÓW	K30	106	02:10:36	04:20:15.70	04:20:15.70	+01:34:53 (36.5%)	9:38	6.2 (63.3%)
183	GAŁUSZEK Olga	442	POZNAŃ	K40	31	02:06:50	04:21:00.05	04:21:00.05	+01:35:37 (36.6%)	9:40	6.2 (63.3%)
183	SZTUREMSKA-PRZYBYŁ Agata	822	KRAKÓW	K40	32	02:06:59	04:21:00.05	04:21:00.05	+01:35:37 (36.6%)	9:40	6.2 (63.3%)
185	TOMASZEWSKA Alicja	413	#WERUNTOGETHER	K30	107	02:16:46	04:21:11.70	04:21:11.70	+01:35:49 (36.7%)	9:40	6.2 (63.3%)
186	PACANOWSKA Paula	471	WEŁNICA BIEGA	K20	45	02:09:38	04:21:12.45	04:21:12.45	+01:35:50 (36.7%)	9:40	6.2 (63.3%)
187	TOMCZYK Monika	393	SŁUPIA POD KĘPNEM	K20	46	02:14:19	04:21:18.30	04:21:18.30	+01:35:56 (36.7%)	9:40	6.2 (63.3%)
188	BAUR Żaneta	425		K20	47	02:12:54	04:21:21.25	04:21:21.25	+01:35:59 (36.7%)	9:40	6.2 (63.3%)
189	UCIŃSKA Agnieszka	435		K30	108	02:11:44	04:21:49.10	04:21:49.10	+01:36:27 (36.8%)	9:41	6.2 (63.3%)
190	ROGOWSKA-ROSZCZYK Magdalena	779	OLSZTYŃKIE USTAWKI BIEGOWE	K30	109	02:13:31	04:22:26.00	04:22:26.00	+01:37:03 (37.0%)	9:43	6.2 (63.3%)
191	BARTOSZEWICZ Marta	445	OLSZTYŃSKIE USTAWKI BIEGOWE	K30	110	02:13:28	04:22:26.15	04:22:26.15	+01:37:04 (37.0%)	9:43	6.2 (63.3%)
192	WAGNER Ewa	837		K20	48	02:13:34	04:25:24.15	04:25:24.15	+01:40:02 (37.7%)	9:49	6.1 (62.2%)
193	BEZKOROWAJNY Joanna	866		K20	49	02:11:52	04:25:56.60	04:25:56.60	+01:40:34 (37.8%)	9:50	6.1 (62.2%)
194	KORZENIOWSKA Sylwia	490	YULO RUN TEAM SIEDLCE	K30	111	02:08:43	04:26:18.40	04:26:18.40	+01:40:56 (37.9%)	9:51	6.1 (62.2%)
195	MAJ Anna	740	BIESZCZADZKIE ANIOŁY	K40	33	02:13:20	04:26:31.30	04:26:31.30	+01:41:09 (38.0%)	9:52	6.1 (62.2%)
196	BARTŁOMIEJSKA Urszula	872	ROCHE	K30	112	02:07:35	04:26:54.70	04:26:54.70	+01:41:32 (38.0%)	9:53	6.1 (62.2%)
197	FARBICKA-ŻYWICA Paulina	415	BRZOZA BIEGA	K30	113	02:16:09	04:26:57.60	04:26:57.60	+01:41:35 (38.1%)	9:53	6.1 (62.2%)
198	GŁADYSZ Agnieszka	400	SANOK	K20	50	02:07:06	04:27:14.95	04:27:14.95	+01:41:52 (38.1%)	9:53	6.1 (62.2%)
199	PIANOWSKA Ewa	458	BIURO INŻYNIERII ŚRODOWISKA	K50	2	02:09:45	04:27:26.45	04:27:26.45	+01:42:04 (38.2%)	9:54	6.1 (62.2%)
200	KRÓL Grażyna	767		K40	34	02:08:39	04:27:50.60	04:27:50.60	+01:42:28 (38.3%)	9:55	6 (61.2%)

						Czas netto 27km	Czas brutto 27km		Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km		Różn		
201	PRZYBYŁO Lucyna	883		K40	35	02:03:30	04:28:13.85	04:28:13.85	+01:42:51 (38.3%)	9:56 6 (61.2%)
202	FRĄCKOWIAK Magdalena	771	POZNAŃ	K30	114	02:14:05	04:28:22.40	04:28:22.40	+01:43:00 (38.4%)	9:56 6 (61.2%)
203	JODKO Magda	307	AKADEMIA BIEGANIA GRUDZIĄDZ	K40	36	02:09:30	04:28:39.10	04:28:39.10	+01:43:17 (38.4%)	9:57 6 (61.2%)
204	SMOLIŃSKA Beata	406	OBOZYBIEGOWE.PL	K50	3	02:18:36	04:29:37.25	04:29:37.25	+01:44:15 (38.7%)	9:59 6 (61.2%)
205	BARTECKA Kalina	3	NORD CITY	K30	115	02:13:32	04:29:57.70	04:29:57.70	+01:44:35 (38.7%)	9:59 6 (61.2%)
206	HORLA Roksana	782	PECNA	K20	51	02:09:57	04:30:13.15	04:30:13.15	+01:44:51 (38.8%)	10:00 6 (61.2%)
207	ZAJĄC Daria	419	RUN EXPERT LEJDIS	K30	116	02:13:18	04:31:08.50	04:31:08.50	+01:45:46 (39.0%)	10:02 6 (61.2%)
208	RYNKOWSKA Magdalena	432	WARSZAWA	K40	37	02:17:10	04:31:09.30	04:31:09.30	+01:45:47 (39.0%)	10:02 6 (61.2%)
209	SEWERYN Barbara	430	KRAKÓW	K20	52	02:22:50	04:31:37.30	04:31:37.30	+01:46:15 (39.1%)	10:03 6 (61.2%)
210	MAĆZKA Krystyna	888	OTK RZEŹNIK	K60	2	02:13:33	04:33:17.30	04:33:17.30	+01:47:55 (39.5%)	10:07 5.9 (60.2%)
211	NITSCH Joanna	738		K40	38	02:13:54	04:33:33.75	04:33:33.75	+01:48:11 (39.6%)	10:07 5.9 (60.2%)
212	RYNKOWSKA Katarzyna	441	WARSZAWA	K40	39	02:15:38	04:33:56.15	04:33:56.15	+01:48:34 (39.6%)	10:08 5.9 (60.2%)
213	KLICH Katarzyna	420	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ	K20	53	02:12:46	04:34:03.40	04:34:03.40	+01:48:41 (39.7%)	10:09 5.9 (60.2%)
214	GŁOWIENKA Katarzyna	351	BIEGUSIEM.PL	K20	54	02:22:50	04:34:03.85	04:34:03.85	+01:48:41 (39.7%)	10:09 5.9 (60.2%)
215	SNARSKA Katarzyna	399	ALBATROSY	K30	117	02:17:45	04:35:11.25	04:35:11.25	+01:49:49 (39.9%)	10:11 5.9 (60.2%)
216	LEŚNIAK Urszula	218	WARSZAWA	K30	118	02:09:54	04:35:17.30	04:35:17.30	+01:49:55 (39.9%)	10:11 5.9 (60.2%)
217	ZHULKOWSKA-SHCHYPA Nataliya	451	WARSZAWA	K30	119	02:14:26	04:35:33.00	04:35:33.00	+01:50:10 (40.0%)	10:12 5.9 (60.2%)
218	MINIUR Małgorzata	736	BIESZCZADZKIE ANIOŁY	K40	40	02:18:11	04:36:06.60	04:36:06.60	+01:50:44 (40.1%)	10:13 5.9 (60.2%)
219	NOSAL Hanna	743	BIESZCZADZKIE ANIOŁY	K30	120	02:18:12	04:36:07.40	04:36:07.40	+01:50:45 (40.1%)	10:13 5.9 (60.2%)
220	SUCHANEK-KRAWIEC Agnieszka	462		K40	41	02:10:18	04:36:12.90	04:36:12.90	+01:50:50 (40.1%)	10:13 5.9 (60.2%)
221	POPŁAWSKA Katarzyna	455	HALINÓW	K40	42	02:11:45	04:38:04.40	04:38:04.40	+01:52:42 (40.5%)	10:17 5.8 (59.2%)
222	WOŹNIACKA Joanna	5		K20	55	02:12:16	04:38:37.90	04:38:37.90	+01:53:15 (40.6%)	10:19 5.8 (59.2%)
223	LACHTERA Karolina	843	KB SOBÓTKA	K30	121	02:16:45	04:38:48.80	04:38:48.80	+01:53:26 (40.7%)	10:19 5.8 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
224	KUCAB-KLICH Katarzyna	13	REHASPORTIVA	K30	122	02:14:36	04:40:11.40	04:40:11.40	+01:54:49 (41.0%)	10:22	5.8 (59.2%)
225	WÓJTOWICZ Edyta	472	KB DZIK	K40	43	02:18:00	04:40:44.80	04:40:44.80	+01:55:22 (41.1%)	10:23	5.8 (59.2%)
226	POSIŁA Joanna	461	POWERADE	K30	123	02:15:55	04:41:15.25	04:41:15.25	+01:55:53 (41.2%)	10:25	5.8 (59.2%)
227	ŁABĘCKA Iwona	840		K30	124	02:19:15	04:41:30.50	04:41:30.50	+01:56:08 (41.3%)	10:25	5.8 (59.2%)
228	ZARZECZNA Halina	874		K50	4	02:15:43	04:42:21.00	04:42:21.00	+01:56:58 (41.4%)	10:27	5.7 (58.2%)
229	ŁOŚ Anna	454	TURLAM SIĘ TEAM	K30	125	02:20:04	04:42:21.80	04:42:21.80	+01:56:59 (41.4%)	10:27	5.7 (58.2%)
230	CHRULSKA Zuzanna	803	OBOZYBIEGOWE.PL	K30	126	02:20:44	04:43:03.50	04:43:03.50	+01:57:41 (41.6%)	10:29	5.7 (58.2%)
231	KOWNACKA Joanna	758		K30	127	02:23:58	04:43:52.40	04:43:52.40	+01:58:30 (41.7%)	10:30	5.7 (58.2%)
232	BOGUCKA Martyna	869	JACEKBIEGA RUNNING TEAM	K40	44	02:17:36	04:44:31.00	04:44:31.00	+01:59:08 (41.9%)	10:32	5.7 (58.2%)
233	BARTNIK Dominika	849		K20	56	02:19:15	04:44:34.45	04:44:34.45	+01:59:12 (41.9%)	10:32	5.7 (58.2%)
234	POŁOJKO Agnieszka	856	CALYPSO PIŁA	K20	57	02:20:10	04:44:36.25	04:44:36.25	+01:59:14 (41.9%)	10:32	5.7 (58.2%)
235	KASJAN Alicja	829	WARSZAWA	K20	58	02:16:36	04:44:56.55	04:44:56.55	+01:59:34 (42.0%)	10:33	5.7 (58.2%)
236	BROŹEK Teresa	681	WF SPORT RUNTEAM	K20	59	02:25:28	04:45:00.35	04:45:00.35	+01:59:38 (42.0%)	10:33	5.7 (58.2%)
237	ORCZYK Magdalena	476	W POGONI ZA DUCHEM	K30	128	02:25:28	04:45:00.55	04:45:00.55	+01:59:38 (42.0%)	10:33	5.7 (58.2%)
238	NOWAK Anna	474	WARSZAWA	K40	45	02:21:20	04:47:19.10	04:47:19.10	+02:01:57 (42.4%)	10:38	5.6 (57.1%)
239	WARDZALA Anna	867	JACEKBIEGA RUNNING TEAM	K60	3	02:23:52	04:48:06.30	04:48:06.30	+02:02:44 (42.6%)	10:40	5.6 (57.1%)
240	WRÓBLEWSKA Joanna	746	OTK RZEŹNIK	K60	4	02:28:13	04:51:43.95	04:51:43.95	+02:06:21 (43.3%)	10:48	5.6 (57.1%)
241	GMAJ Karolina	464		K30	129	02:18:41	04:51:57.90	04:51:57.90	+02:06:35 (43.4%)	10:48	5.5 (56.1%)
242	LACHCIK Iwona	9		K30	130	02:09:23	04:52:51.75	04:52:51.75	+02:07:29 (43.5%)	10:50	5.5 (56.1%)
243	PIELACHOWSKA Beata	772	BOSO ALE W OSTROGACH	K50	5	02:12:14	04:52:55.35	04:52:55.35	+02:07:33 (43.5%)	10:50	5.5 (56.1%)
244	RZESZUTKO Aleksandra	320	MBANK	K30	131	02:14:10	04:52:55.60	04:52:55.60	+02:07:33 (43.5%)	10:50	5.5 (56.1%)
245	RATKA-PIOSIK Monika	861	CALYPSO PIŁA	K20	60	02:22:33	04:54:05.05	04:54:05.05	+02:08:42 (43.8%)	10:53	5.5 (56.1%)
246	RATKA Roma	858	CALYPSO PIŁA	K20	61	02:22:34	04:54:05.25	04:54:05.25	+02:08:43 (43.8%)	10:53	5.5 (56.1%)

							Czas netto 27km	Czas brutto 27km		Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km			Różn		
247	DABROWSKA Barbara	846	WĄBRZEŻNO	K40	46	02:19:23	04:54:41.60	04:54:41.60	+02:09:19 (43.9%)	10:54	5.5 (56.1%)
248	SAPEK Magdalena	834	GLIWICE	K40	47	02:17:47	04:56:51.50	04:56:51.50	+02:11:29 (44.3%)	10:59	5.5 (56.1%)
249	BARANOWSKA-KUŹMA Monika	805	YULO RUN TEAM SIEDLCE	K40	48	02:29:23	04:58:17.35	04:58:17.35	+02:12:55 (44.6%)	11:02	5.4 (55.1%)
250	JENDRYSIK Kinga	841	NIGHT RUNNERS GLIWICE	K30	132	02:24:21	05:00:23.50	05:00:23.50	+02:15:01 (44.9%)	11:07	5.4 (55.1%)
251	SKUBIS Barbara	198	NIGHT RUNNERS GLIWICE	K30	133	02:24:13	05:00:23.65	05:00:23.65	+02:15:01 (44.9%)	11:07	5.4 (55.1%)
252	HULANICKA Irina	14	GOGGLE PAE TEAM	K50	6	02:32:33	05:01:19.85	05:01:19.85	+02:15:57 (45.1%)	11:09	5.4 (55.1%)
253	PIOTROWSKA Urszula	797	TRUCHTACZ	K30	134	02:32:16	05:04:05.90	05:04:05.90	+02:18:43 (45.6%)	11:15	5.3 (54.1%)
254	SZYSZKA Monika	449	TRUCHTACZ.PL	K40	49	02:32:18	05:04:05.95	05:04:05.95	+02:18:43 (45.6%)	11:15	5.3 (54.1%)
255	GOS Renata	817	WITC	K30	135	02:36:12	05:04:07.65	05:04:07.65	+02:18:45 (45.6%)	11:15	5.3 (54.1%)
256	WITKOWSKA Marta	483	BĘDZIN	K30	136	02:31:37	05:04:52.65	05:04:52.65	+02:19:30 (45.8%)	11:17	5.3 (54.1%)
257	ZAWAL Patrycja	427	GOLDEN TEAM	K30	137	02:25:56	05:05:41.55	05:05:41.55	+02:20:19 (45.9%)	11:19	5.3 (54.1%)
258	REGULSKA Monika	481	WARSZAWA	K20	62	02:25:21	05:05:51.10	05:05:51.10	+02:20:29 (45.9%)	11:19	5.3 (54.1%)
259	FRĄTCZAK Magdalena	741		K40	50	02:15:37	05:05:51.20	05:05:51.20	+02:20:29 (45.9%)	11:19	5.3 (54.1%)
260	MULTANIAK Aleksandra	753	RACIBÓRZ	K20	63	02:20:28	05:06:49.25	05:06:49.25	+02:21:27 (46.1%)	11:21	5.3 (54.1%)
261	KASPRZAK Beata	764	RUN EXPERT LEJDIS	K40	51	02:42:55	05:09:10.85	05:09:10.85	+02:23:48 (46.5%)	11:27	5.2 (53.1%)
262	PRÓCHNIAK Joanna	836	WARSZAWA	K20	64	02:30:56	05:09:19.20	05:09:19.20	+02:23:57 (46.5%)	11:27	5.2 (53.1%)
263	ŁOŚ Jagoda	748	TURLAM SIĘ TEAM	K30	138	02:34:53	05:11:10.30	05:11:10.30	+02:25:48 (46.9%)	11:31	5.2 (53.1%)
264	MOTYL Mirosława	488	NIEPOŁOMICE BIEGAJĄ	K30	139	02:35:02	05:11:33.20	05:11:33.20	+02:26:11 (46.9%)	11:32	5.2 (53.1%)
265	KLISZ Agnieszka	480	LUBLIN	K30	140	02:30:05	05:15:33.60	05:15:33.60	+02:30:11 (47.6%)	11:41	5.1 (52.0%)
266	JAKUBASZEK Anna	850	WARSZAWA	K30	141	02:39:26	05:17:42.25	05:17:42.25	+02:32:20 (47.9%)	11:46	5.1 (52.0%)
267	BEŁKOWSKA VEL KAMIŃSKA Dorota	745		K40	52	02:39:30	05:19:19.90	05:19:19.90	+02:33:57 (48.2%)	11:49	5.1 (52.0%)
268	SZACHNOWSKA Justyna	482	ALBATROSY	K30	142	02:35:39	05:19:38.95	05:19:38.95	+02:34:16 (48.3%)	11:50	5.1 (52.0%)
269	WICIAK Katarzyna	828		K20	65	02:34:43	05:21:20.45	05:21:20.45	+02:35:58 (48.5%)	11:54	5 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
270	MALEC Barbara	502		K50	7	02:30:06	05:24:51.30	05:24:51.30	+02:39:29 (49.1%)	12:01	5 (51.0%)
271	KASPRZAK Magdalena	492	RUN EXPERT LEJDIS	K40	53	02:42:56	05:29:47.45	05:29:47.45	+02:44:25 (49.9%)	12:12	4.9 (50.0%)
272	BEDNARCZYK Agnieszka	440	FORMA MIKOŁÓW	K40	54	02:24:19	05:39:59.05	05:39:59.05	+02:54:36 (51.4%)	12:35	4.8 (49.0%)
273	STANISZEWSKA Ewa	487	BIEGAM BO LUBIĘ KRAKÓW / NORAFTRAIL	K50	8	02:40:16	05:41:01.75	05:41:01.75	+02:55:39 (51.5%)	12:37	4.8 (49.0%)
274	PACANOWSKA Agnieszka	486	WEŁNICA BIEGA	K40	55	02:39:24	05:48:08.20	05:48:08.20	+03:02:46 (52.5%)	12:53	4.7 (48.0%)
274	MICHALSKA PRZYBYLSKA Żaneta	800	GNIEZNO	K40	56	02:39:25	05:48:08.20	05:48:08.20	+03:02:46 (52.5%)	12:53	4.7 (48.0%)
276	SZELEST Alicja	760	RUN VEGAN TEAM	K30	143	02:58:47	06:03:08.95	06:03:08.95	+03:17:46 (54.5%)	13:26	4.5 (45.9%)
277	PŁUCIENNIK Aleksandra	796	WARSZAWA	K30	144	02:56:16	06:23:45.45	06:23:45.45	+03:38:23 (56.9%)	14:12	4.2 (42.9%)
278	WOŁCZAK Sylwia	793	WARSZAWA	K30	145	02:56:13	06:23:45.65	06:23:45.65	+03:38:23 (56.9%)	14:12	4.2 (42.9%)
279	FARON Elżbieta	903	NORAFSPORT	K50	9	03:06:03	06:27:39.50	06:27:39.50	+03:42:17 (57.3%)	14:21	4.2 (42.9%)
	RUTKOWSKA Olga	744	GOLUB-DOBRZYŃ	K20		02:38:08 DNF	DNF	DNF		-	- (0.0%)
	KOZIŃSKA Sonia	863		K20		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 281 wynik(ów)