

BIEG RZEŹNICZEK

B4SPORT

Organizator: OTK Rzeźnik
Data: 2015-06-06
Miejsce: Solinka - Cisna
Dystans: 27 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
1	KAROLKIEWICZ Daniel	15	ENTRE.PL TEAM	M20	1	01:12:19	02:37:53.55	02:37:53.55		5:50	10.3 (100%)
2	SKWAREK Piotr	694		M20	2	01:22:58	02:38:00.65	02:38:00.65	+00:00:07 (0.1%)	5:51	10.3 (100%)
3	PIASECKI Marcin	49	AKB MORT	M20	3	01:24:16	02:43:36.80	02:43:36.80	+00:05:43 (3.5%)	6:03	9.9 (96.1%)
4	GRUND Marek	22	MARATONYPOLSKIE.PL TEAM	M20	4	01:22:54	02:45:44.35	02:45:44.35	+00:07:50 (4.7%)	6:08	9.8 (95.1%)
5	CZARNY Tomasz	72	PRZEWORSK	M20	5	01:31:56	02:51:24.10	02:51:24.10	+00:13:30 (7.9%)	6:20	9.5 (92.2%)
6	GNATOWSKI Przemysław	621	AXA RUNNING TEAM	M20	6	01:28:06	02:51:24.30	02:51:24.30	+00:13:30 (7.9%)	6:20	9.5 (92.2%)
7	RYMKIEWICZ Bartosz	16	BIEGANIE.PL	M20	7	01:27:49	02:54:10.10	02:54:10.10	+00:16:16 (9.3%)	6:27	9.3 (90.3%)
8	BURAŚ Bartłomiej	98	WARSZAWA	M20	8	01:32:09	02:54:35.00	02:54:35.00	+00:16:41 (9.6%)	6:27	9.3 (90.3%)
9	TOMASZCZAK Maciej	141	KB SOBÓTKA	M20	9	01:32:38	02:57:10.15	02:57:10.15	+00:19:16 (10.9%)	6:33	9.1 (88.3%)
10	WĘGRZYN Marcin	58	RR RUNNERS	M20	10	01:31:20	02:58:16.00	02:58:16.00	+00:20:22 (11.4%)	6:36	9.1 (88.3%)
11	FARON Dawid	904	SHOWDOWN	M20	11	01:37:58	03:00:28.60	03:00:28.60	+00:22:35 (12.5%)	6:41	9 (87.4%)
12	DREWNIAK Dariusz	638	WARSZAWA	M20	12	01:32:33	03:03:10.55	03:03:10.55	+00:25:17 (13.8%)	6:47	8.8 (85.4%)
13	TABER Konrad	23	STO-NOGI MILANÓWEK	M20	13	01:31:48	03:03:25.70	03:03:25.70	+00:25:32 (13.9%)	6:47	8.8 (85.4%)
14	NOWAKOWSKI Konrad	519	MOTOBIEGACZE	M20	14	01:36:01	03:04:35.75	03:04:35.75	+00:26:42 (14.5%)	6:50	8.8 (85.4%)
15	BULANDA Bartłomiej	730	PAŃSTWOWA STRAŻ POŻARNA W USTRZYKACH DOLNYCH	M20	15	01:31:56	03:09:02.25	03:09:02.25	+00:31:08 (16.5%)	7:00	8.6 (83.5%)
16	ARMACIŃSKI Patrick	729	PAŃSTWOWA STRAŻ POŻARNA W USTRZYKACH DOLNYCH	M20	16	01:32:00	03:09:02.35	03:09:02.35	+00:31:08 (16.5%)	7:00	8.6 (83.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
17	POWALSKI Grzegorz	299	FITBACK.PL	M20	17	01:34:04	03:09:16.00	03:09:16.00	+00:31:22 (16.6%)	7:00	8.6 (83.5%)
18	GAŁASZKIEWICZ Karol	544	INTERSPORT	M20	18	01:41:28	03:11:46.55	03:11:46.55	+00:33:53 (17.7%)	7:06	8.4 (81.6%)
19	BARTKOWIAK Michał	60	BEZFORMY	M20	19	01:40:25	03:13:35.00	03:13:35.00	+00:35:41 (18.4%)	7:10	8.4 (81.6%)
20	OLEKSZYK Przemysław	99	KW LUBLIN	M20	20	01:38:56	03:13:35.60	03:13:35.60	+00:35:42 (18.4%)	7:10	8.4 (81.6%)
21	WROŻYNA Rafał	727		M20	21	01:38:50	03:15:27.30	03:15:27.30	+00:37:33 (19.2%)	7:14	8.3 (80.6%)
22	WALENDA Mateusz	64	GARWOLIN	M20	22	01:44:35	03:15:54.00	03:15:54.00	+00:38:00 (19.4%)	7:15	8.3 (80.6%)
23	TARNOWSKI Krzysztof	671	KW LUBLIN	M20	23	01:39:49	03:16:01.45	03:16:01.45	+00:38:07 (19.5%)	7:15	8.3 (80.6%)
24	DUBAJ Michał	25	FIZJOPERFEKT.PL	M20	24	01:31:53	03:16:32.50	03:16:32.50	+00:38:38 (19.7%)	7:16	8.2 (79.6%)
25	KRYPSKI Bartosz	52	CROSSFIT SIEDLCE	M20	25	01:41:10	03:17:24.90	03:17:24.90	+00:39:31 (20.0%)	7:18	8.2 (79.6%)
26	MISIAK Mateusz	312	ZABIEGANI ROPCZYCE	M20	26	01:40:30	03:17:53.15	03:17:53.15	+00:39:59 (20.2%)	7:19	8.2 (79.6%)
27	KRUPA Adrian	405	IFON	M20	27	01:38:11	03:18:26.50	03:18:26.50	+00:40:32 (20.4%)	7:20	8.2 (79.6%)
28	DROZDOWSKI Daniel	151	BIEGAMYRAZEM.PL	M20	28	01:36:50	03:19:54.60	03:19:54.60	+00:42:01 (21.0%)	7:24	8.1 (78.6%)
29	PORCZYK Paweł	537	MEDICYCLING TEAM	M20	29	01:40:02	03:20:19.50	03:20:19.50	+00:42:25 (21.2%)	7:25	8.1 (78.6%)
30	GRYCZ Darek	76	TWIERDZA MODLIN	M20	30	01:36:00	03:21:09.85	03:21:09.85	+00:43:16 (21.5%)	7:27	8.1 (78.6%)
31	JASEK Kamil	628		M20	31	01:42:41	03:22:19.00	03:22:19.00	+00:44:25 (22.0%)	7:29	8 (77.7%)
32	SZAMBELAN Szymon	53	WRZEŚNIA	M20	32	01:34:12	03:22:40.20	03:22:40.20	+00:44:46 (22.1%)	7:30	8 (77.7%)
33	WATRAK Łukasz	345	KW LUBLIN	M20	33	01:40:05	03:23:13.55	03:23:13.55	+00:45:20 (22.3%)	7:31	8 (77.7%)
34	MOTYKA Jacek	112	ZABIEGANI ROPCZYCE	M20	34	01:40:55	03:23:35.55	03:23:35.55	+00:45:42 (22.4%)	7:32	8 (77.7%)
35	CHOJNOWSKI Łukasz	107	YES MAN TEAM	M20	35	01:50:06	03:25:40.85	03:25:40.85	+00:47:47 (23.2%)	7:37	7.9 (76.7%)
36	BĄCZKIEWICZ Zbigniew	144	KUJAWIACY	M20	36	01:48:37	03:26:24.60	03:26:24.60	+00:48:31 (23.5%)	7:38	7.8 (75.7%)
37	GROCHOWALSKI Patryk	539	WARSZAWA	M20	37	01:52:14	03:27:51.70	03:27:51.70	+00:49:58 (24.0%)	7:41	7.8 (75.7%)
38	MARCOL Mateusz	827		M20	38	01:42:46	03:28:25.55	03:28:25.55	+00:50:32 (24.2%)	7:43	7.8 (75.7%)
39	STEMPIN Jan	674	CLIMBING SPOT POZNAŃ	M20	39	01:35:26	03:29:09.90	03:29:09.90	+00:51:16 (24.5%)	7:44	7.7 (74.8%)

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40	FABIŃSKI Maciej	28	VIRIVAL RUNNERS CLUB	M20	40	01:55:47	03:29:10.55	03:29:10.55	+00:51:17 (24.5%)	7:44	7.7 (74.8%)
41	PRUSACZYK Michał	115	POWERADE	M20	41	01:54:56	03:30:07.85	03:30:07.85	+00:52:14 (24.9%)	7:46	7.7 (74.8%)
42	KRUPCZYŃSKI Szymon	660	KRUPOLS TEAM	M20	42	01:50:37	03:32:01.20	03:32:01.20	+00:54:07 (25.5%)	7:51	7.6 (73.8%)
43	TAJAK Karol	699	KROSNO	M20	43	01:46:23	03:32:18.10	03:32:18.10	+00:54:24 (25.6%)	7:51	7.6 (73.8%)
44	LEWCZUK Michał	186	TUP TEAM	M20	44	01:44:28	03:32:19.30	03:32:19.30	+00:54:25 (25.6%)	7:51	7.6 (73.8%)
45	ANIOŁ Mateusz	816		M20	45	01:52:20	03:33:25.75	03:33:25.75	+00:55:32 (26.0%)	7:54	7.6 (73.8%)
46	GUTKOWSKI Tomasz	556	YESMEN TEAM	M20	46	01:51:21	03:34:44.80	03:34:44.80	+00:56:51 (26.5%)	7:57	7.5 (72.8%)
47	MALEC Piotr	538		M20	47	02:00:02	03:34:56.65	03:34:56.65	+00:57:03 (26.5%)	7:57	7.5 (72.8%)
48	SZPYNDA Daniel	117	WAŁCZ	M20	48	01:44:40	03:35:25.75	03:35:25.75	+00:57:32 (26.7%)	7:58	7.5 (72.8%)
49	KOCH Michał	238	WARSZAWA	M20	49	01:41:59	03:35:49.10	03:35:49.10	+00:57:55 (26.8%)	7:59	7.5 (72.8%)
50	JAMRÓZ Michał	262	TUP TEAM	M20	50	01:51:49	03:36:48.25	03:36:48.25	+00:58:54 (27.2%)	8:01	7.5 (72.8%)
51	PLUTA Grzegorz	208	GARBATKA	M20	51	01:41:44	03:37:48.70	03:37:48.70	+00:59:55 (27.5%)	8:04	7.4 (71.8%)
52	SKWAREK Marcin	205	SMASHING PĄPKINS	M20	52	01:47:56	03:39:22.30	03:39:22.30	+01:01:28 (28.0%)	8:07	7.4 (71.8%)
53	SZYMANIUK Maciej	659		M20	53	01:44:24	03:40:22.45	03:40:22.45	+01:02:28 (28.4%)	8:09	7.4 (71.8%)
54	BIENIAS Tomasz	510	GARBATKA	M20	54	01:39:56	03:42:12.80	03:42:12.80	+01:04:19 (28.9%)	8:13	7.3 (70.9%)
55	KOWALSKI Paweł	142	WARSZAWA	M20	55	01:40:19	03:42:45.30	03:42:45.30	+01:04:51 (29.1%)	8:15	7.3 (70.9%)
56	SŁOWIK Adam	390	PO LINIE	M20	56	01:48:17	03:42:46.70	03:42:46.70	+01:04:53 (29.1%)	8:15	7.3 (70.9%)
57	KARBOWIAK Daniel	636	TUP TEAM	M20	57	01:51:54	03:43:10.00	03:43:10.00	+01:05:16 (29.2%)	8:15	7.3 (70.9%)
58	KAMIŃSKI Mateusz	649	STROMIEC	M20	58	01:51:53	03:44:43.40	03:44:43.40	+01:06:49 (29.7%)	8:19	7.2 (69.9%)
59	BAKA Mateusz	381	WITMAR	M20	59	01:55:56	03:45:55.90	03:45:55.90	+01:08:02 (30.1%)	8:22	7.2 (69.9%)
60	BIEŃ Jan	116		M20	60	01:51:06	03:46:02.30	03:46:02.30	+01:08:08 (30.1%)	8:22	7.2 (69.9%)
61	POKORNIECKI Tomasz	580		M20	61	01:58:33	03:46:58.10	03:46:58.10	+01:09:04 (30.4%)	8:24	7.1 (68.9%)
62	KRZEMIŃSKI Hubert Szczepan	113	AKS POLONIA WARSZAWA	M20	62	01:53:16	03:47:06.05	03:47:06.05	+01:09:12 (30.5%)	8:24	7.1 (68.9%)

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63	SZYDLIK Grzegorz	269	DŁUGOSIODŁO	M20	63	01:56:17	03:49:36.20	03:49:36.20	+01:11:42 (31.2%)	8:30	7.1 (68.9%)
64	GRĄDZIK Rafał	645	WROCŁAW	M20	64	01:56:26	03:49:40.45	03:49:40.45	+01:11:46 (31.3%)	8:30	7.1 (68.9%)
65	PRZEPIÓRKA Rafał	80	KRABOLUDZIE	M20	65	01:57:56	03:50:13.10	03:50:13.10	+01:12:19 (31.4%)	8:31	7 (68.0%)
66	MIROWSKI Konrad	656	WWW.TELEMAGIC.PL	M20	66	02:00:42	03:52:14.25	03:52:14.25	+01:14:20 (32.0%)	8:36	7 (68.0%)
67	JURKOWSKI Piotr	160		M20	67	01:54:17	03:53:22.05	03:53:22.05	+01:15:28 (32.3%)	8:38	6.9 (67.0%)
68	KOPICZKO Mariusz	695	AUGUSTÓW	M20	68	02:01:01	03:54:28.95	03:54:28.95	+01:16:35 (32.7%)	8:41	6.9 (67.0%)
69	ŁYSAKIEWICZ Paweł	89	NSK PERON	M20	69	01:58:14	03:56:33.50	03:56:33.50	+01:18:39 (33.3%)	8:45	6.8 (66.0%)
70	MALEC Dawid	110	NIGHT RUNNERS	M20	70	01:53:49	03:57:19.40	03:57:19.40	+01:19:25 (33.5%)	8:47	6.8 (66.0%)
71	POŻOGA Marcin	120	KIELECKI BIEGACZ	M20	71	01:54:16	03:58:03.65	03:58:03.65	+01:20:10 (33.7%)	8:49	6.8 (66.0%)
72	FALISZEWSKI Hubert	679	BALIGRÓD	M20	72	01:51:38	04:03:15.80	04:03:15.80	+01:25:22 (35.1%)	9:00	6.7 (65.0%)
73	BRZEZIŃSKI Maciej	683	WITC	M20	73	02:03:17	04:03:17.25	04:03:17.25	+01:25:23 (35.1%)	9:00	6.7 (65.0%)
74	KOJDER Grzegorz	685	PRZEWORSK	M20	74	02:07:37	04:03:47.25	04:03:47.25	+01:25:53 (35.2%)	9:01	6.6 (64.1%)
75	GAWĘDA Arkadiusz	540	CZĘSTOCHOWA	M20	75	02:11:49	04:03:49.90	04:03:49.90	+01:25:56 (35.2%)	9:01	6.6 (64.1%)
76	POWIERŻA Adrian	605		M20	76	01:51:56	04:08:40.05	04:08:40.05	+01:30:46 (36.5%)	9:12	6.5 (63.1%)
77	ZDYBEL Piotr	897	GDĄSK	M20	77	02:06:49	04:12:46.95	04:12:46.95	+01:34:53 (37.5%)	9:21	6.4 (62.1%)
78	PAŻĄDKA-LIPIŃSKI Rafał	713	CALYPSO PIŁA	M20	78	02:12:08	04:15:47.05	04:15:47.05	+01:37:53 (38.3%)	9:28	6.3 (61.2%)
79	KUCHARSKI Piotr	197	AKTYWNA GMINA KONSTANCIN-JEZIORNA	M20	79	02:07:03	04:17:03.15	04:17:03.15	+01:39:09 (38.6%)	9:31	6.3 (61.2%)
80	DERĘGOWSKI Dawid	281	RZESZÓW	M20	80	02:05:25	04:17:25.45	04:17:25.45	+01:39:31 (38.7%)	9:32	6.3 (61.2%)
81	BIENIAS Krzysztof	595	GARBATKA LETNISKO	M20	81	02:04:57	04:27:02.45	04:27:02.45	+01:49:08 (40.9%)	9:53	6.1 (59.2%)
82	KOWALEWSKI Mateusz	62	CROSSFIT SIEDLCE	M20	82	01:41:12	04:27:02.95	04:27:02.95	+01:49:09 (40.9%)	9:53	6.1 (59.2%)
83	ŻYDEK Karol	158	BIEGUSIEM.PL	M20	83	02:12:52	04:29:35.30	04:29:35.30	+01:51:41 (41.4%)	9:59	6 (58.3%)
84	STACHOWICZ Mateusz	704	WARSZAWA	M20	84	02:09:37	04:33:47.05	04:33:47.05	+01:55:53 (42.3%)	10:08	5.9 (57.3%)
85	SUDOŁ Damian	612	EDC RUNNERS	M20	85	02:02:21	04:39:19.90	04:39:19.90	+02:01:26 (43.5%)	10:20	5.8 (56.3%)

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86	CHACINSKI Marcin	500	SIEDLCE	M20	86	02:12:34	04:41:34.15	04:41:34.15	+02:03:40 (43.9%)	10:25	5.8 (56.3%)
87	GAŁUSZEK Michał	443	POZNAŃ	M20	87	02:09:06	04:41:46.10	04:41:46.10	+02:03:52 (44.0%)	10:26	5.7 (55.3%)
88	ROZMARYNOWSKI Przemysław	707	CALYPSO PIŁA	M20	88	02:20:12	04:44:36.25	04:44:36.25	+02:06:42 (44.5%)	10:32	5.7 (55.3%)
89	OLEWNIK Łukasz	387		M20	89	02:11:07	04:49:05.75	04:49:05.75	+02:11:12 (45.4%)	10:42	5.6 (54.4%)
90	ZAREMBA Andrzej	624	AXA RUNNING TEAM	M20	90	02:17:39	04:53:02.00	04:53:02.00	+02:15:08 (46.1%)	10:51	5.5 (53.4%)
91	KOZERA Marcin	709	CALYPSO PIŁA	M20	91	02:22:34	04:54:05.25	04:54:05.25	+02:16:11 (46.3%)	10:53	5.5 (53.4%)
92	ŁAGUNA Grzegorz	453	#MUSISZSCHUŚĆ	M20	92	02:21:13	04:59:36.70	04:59:36.70	+02:21:43 (47.3%)	11:05	5.4 (52.4%)
93	PIETRANIK Paweł	259	ALBATROSY	M20	93	02:25:58	05:05:52.05	05:05:52.05	+02:27:58 (48.4%)	11:19	5.3 (51.5%)
94	PODLEŚ Rafał	717		M20	94	02:30:59	05:09:19.45	05:09:19.45	+02:31:25 (49.0%)	11:27	5.2 (50.5%)
95	MATRASZEK Jakub	696	VEGE RUNNERS	M20	95	02:18:49	05:15:35.90	05:15:35.90	+02:37:42 (50.0%)	11:41	5.1 (49.5%)
96	MALANOWICZ Bartosz	669		M20	96	02:08:11	05:22:35.70	05:22:35.70	+02:44:42 (51.1%)	11:56	5 (48.5%)
97	SZEWCZYK Kamil	592	THE ANDRZEJS	M20	97	02:39:46	05:25:02.20	05:25:02.20	+02:47:08 (51.4%)	12:02	5 (48.5%)
98	SMOLIŃSKI Jakub	688	TS OUR TEAM	M20	98	02:24:33	05:28:57.20	05:28:57.20	+02:51:03 (52.0%)	12:11	4.9 (47.6%)

Znaleziono 98 wynik(ów)