

# BIEG RZEŹNIKA ULTRA 105 2019

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

V FESTIWAL BIEGU RZEŹNIKA  
Fundacja Bieg Rzeźnika  
2019-06-20  
Cisna  
106.9 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

| Msc | Zawodnik              | Numer | Klub                                       | Kategoria | Mkat | Cisna<br>11.88km | Maniow<br>35.5km | Orlik1<br>57.9km | Orlik2<br>58km | Smerek<br>74.9km | Smerek<br>74.95km | Roztoki<br>93.5km | Liszna<br>100.8km | Kara/<br>bonifikata | Czas<br>netto<br>106km | Czas<br>brutto<br>106km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|--------------------------------------------|-----------|------|------------------|------------------|------------------|----------------|------------------|-------------------|-------------------|-------------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 1   | ŚCIESZKA<br>Wojciech  | 2195  | 13 ELT KRAKÓW-BALICE                       | M40       | 1    | 01:11:50         | 04:22:07         | 07:16:35         | 07:19:35       | 09:56:35         | 09:58:39          | 12:40:31          | 13:53:56          |                     | 14:44:10.40            | 14:44:12.05             |                      | 8:20            | 7.2<br>(100%)  |
| 2   | POLAK<br>Stanisław    | 2205  | STOWARZYSZENIE BIEGACZY GÓRSKICH 'PODBIEG' | M40       | 2    | 01:20:00         | 04:36:11         | 07:53:22         | 08:04:14       | 10:45:23         | 10:52:09          | 13:59:52          | 15:23:49          |                     | 16:23:27.10            | 16:23:41.00             | +01:39:28<br>(10.1%) | 9:16            | 6.5<br>(90.3%) |
| 3   | GOTFRYD<br>Adam       | 2289  |                                            | M40       | 3    | 01:27:34         | 05:03:45         | 08:39:20         | 08:39:57       | 11:20:28         | 11:25:54          | 14:28:35          | 15:50:45          |                     | 16:49:42.55            | 16:49:45.35             | +02:05:33<br>(12.4%) | 9:31            | 6.3<br>(87.5%) |
| 4   | SNARSKI<br>Dariusz    | 2128  |                                            | M40       | 4    | 01:15:32         | 04:42:41         | 08:11:56         | 08:20:28       | 11:04:47         | 11:09:39          | 14:17:45          | 15:47:29          |                     | 16:51:21.05            | 16:51:26.65             | +02:07:14<br>(12.6%) | 9:32            | 6.3<br>(87.5%) |
| 5   | PRUCNAL<br>Zbigniew   | 2093  | ELKO24.PL                                  | M40       | 5    | 01:27:35         | 05:03:39         | 08:39:21         | 08:40:00       | 11:18:15         | 11:25:52          | 14:18:42          | 15:50:40          |                     | 16:51:49.35            | 16:51:51.55             | +02:07:39<br>(12.6%) | 9:32            | 6.3<br>(87.5%) |
| 6   | SZAŁ Tomasz           | 2161  | ETA UPS TEAM                               | M40       | 6    | 01:25:12         | 05:17:20         | 08:58:58         | 09:19:28       | 12:04:00         | 12:11:16          | 15:13:42          | 16:46:45          |                     | 17:39:51.25            | 17:40:01.75             | +02:55:49<br>(16.6%) | 9:59            | 6<br>(83.3%)   |
| 7   | MOSKALIK<br>Tomasz    | 2041  | TG SOKÓŁ ZAKOPANE                          | M40       | 7    | 01:29:03         | 05:01:33         | 08:31:05         | 08:32:14       | 11:38:50         | 11:44:02          | 15:04:37          | 16:47:33          |                     | 18:05:41.05            | 18:05:45.45             | +03:21:33<br>(18.6%) | 10:14           | 5.9<br>(81.9%) |
| 8   | SZCZYPEK<br>Mariusz   | 2180  | 3.PBOT                                     | M40       | 8    | 01:23:41         | 05:03:38         | 08:30:12         | 08:46:37       | 11:52:05         | 12:01:59          | 15:13:49          | 17:06:52          |                     | 18:23:16.75            | 18:23:20.95             | +03:39:08<br>(19.9%) | 10:24           | 5.8<br>(80.6%) |
| 9   | GÓRAJ Janusz          | 2261  | KOPALNIA MOCY                              | M40       | 9    | 01:38:09         | 05:57:00         | 09:46:33         | 09:59:57       | 12:50:10         | 13:10:37          | 15:57:41          | 17:24:16          |                     | 18:25:43.60            | 18:25:54.95             | +03:41:42<br>(20.0%) | 10:25           | 5.8<br>(80.6%) |
| 10  | MAJEWSKI<br>Arkadiusz | 2263  |                                            | M40       | 10   | 01:27:38         | 05:20:55         | 09:06:47         | 09:24:47       | 12:26:01         | 12:35:21          | 16:10:49          | 18:00:24          |                     | 18:58:11.50            | 18:58:34.20             | +04:14:22<br>(22.3%) | 10:44           | 5.6<br>(77.8%) |
| 11  | SZKLARSKI<br>Jacek    | 2308  | ASTRAL BROTHERS                            | M40       | 11   | 01:34:12         | 05:22:22         | 08:59:38         | 09:19:18       | 12:31:24         | 12:53:19          | 16:20:02          | 18:10:01          |                     | 19:08:32.00            | 19:08:51.10             | +04:24:39<br>(23.0%) | 10:50           | 5.5<br>(76.4%) |
| 12  | KOBIERSKI<br>Piotr    | 273 X | HUBI I PIOTREK                             | M40       | 12   | 01:21:54         | 04:58:43         | 08:59:34         | 09:15:11       | 12:45:58         | 12:56:59          | 16:23:11          | 18:06:04          |                     | 19:10:34.05            | 19:10:37.65             | +04:26:25<br>(23.2%) | 10:51           | 5.5<br>(76.4%) |
| 13  | BRYNDZA<br>Krzysztof  | 2055  | HAPPYFIT                                   | M40       | 13   | 01:33:18         | 05:32:31         | 09:18:57         | 09:34:48       | 12:47:51         | 13:01:56          | 16:31:13          | 18:22:13          |                     | 19:31:39.10            | 19:31:45.25             | +04:47:33<br>(24.5%) | 11:03           | 5.4<br>(75.0%) |
| 14  | KOWALCZYK<br>Rafał    | 2300  |                                            | M40       | 14   | 01:21:16         | 05:22:42         | 09:21:19         | 09:30:18       | 12:32:44         | 12:42:04          | 16:23:45          | 18:26:30          |                     | 19:41:49.20            | 19:41:52.40             | +04:57:40<br>(25.2%) | 11:08           | 5.4<br>(75.0%) |
| 15  | LANGE<br>Zbigniew     | 2209  |                                            | M40       | 15   | 01:40:01         | 05:35:50         | 09:21:30         | 09:36:55       | 12:46:24         | 12:58:00          | 16:33:27          | 18:34:46          |                     | 19:50:58.35            | 19:51:12.45             | +05:07:00<br>(25.8%) | 11:14           | 5.3<br>(73.6%) |
| 16  | KOCHAJ<br>Wojciech    | 2286  |                                            | M40       | 16   | 01:31:03         | 05:30:39         | 09:23:10         | 09:44:05       | 12:53:16         | 13:07:27          | 16:55:58          | 18:55:37          |                     | 20:02:27.05            | 20:02:44.60             | +05:18:32<br>(26.5%) | 11:20           | 5.3<br>(73.6%) |
| 17  | SZYMAŁA<br>Marcin     | 2008  | KLUCZBORSKA GRUPA BIEGOWA                  | M40       | 17   | 01:26:29         | 05:36:09         | 09:42:35         | 10:05:58       | 13:18:21         | 13:25:17          | 17:11:01          | 18:57:43          |                     | 20:05:03.90            | 20:05:12.10             | +05:21:00<br>(26.6%) | 11:22           | 5.3<br>(73.6%) |
| 18  | MILEWSKI<br>Maciek    | 2175  | SAMOTNY WILK                               | M40       | 18   | 01:35:00         | 05:36:50         | 09:43:59         | 10:10:12       | 13:25:13         | 13:37:33          | 17:21:26          | 19:12:45          |                     | 20:31:33.85            | 20:31:49.55             | +05:47:37<br>(28.2%) | 11:37           | 5.2<br>(72.2%) |
| 19  | NAGIEL<br>Andrzej     | 2249  | ZABIEGANI CZĘSTOCHOWA                      | M40       | 19   | 01:20:08         | 05:29:05         | 09:47:19         | 10:20:36       | 13:26:00         | 13:37:03          | 17:45:05          | 19:42:38          |                     | 20:47:09.80            | 20:47:16.60             | +06:03:04<br>(29.1%) | 11:45           | 5.1<br>(70.8%) |
| 20  | FRĄCZEK<br>Maciej     | 2279  |                                            | M40       | 20   | 01:33:49         | 05:37:08         | 09:44:30         | 10:11:21       | 13:38:47         | 13:52:26          | 17:57:17          | 19:44:42          |                     | 20:48:32.35            | 20:48:37.60             | +06:04:25<br>(29.2%) | 11:46           | 5.1<br>(70.8%) |
| 21  | JEŻEWSKI<br>Sławomir  | 2214  | GRZMOT KOMORNIKI                           | M40       | 21   | 01:40:02         | 05:53:54         | 09:59:55         | 10:23:18       | 13:46:40         | 13:57:00          | 17:51:37          | 19:45:30          |                     | 21:02:41.60            | 21:02:51.55             | +06:18:39<br>(30.0%) | 11:54           | 5<br>(69.4%)   |
| 22  | MATUSZEWSKI<br>Marek  | 2114  | RUNNER'S POWER                             | M40       | 22   | 01:41:54         | 05:59:37         | 10:07:53         | 10:17:50       | 13:28:31         | 13:35:04          | 17:31:27          | 19:45:19          |                     | 21:03:24.55            | 21:03:34.05             | +06:19:22<br>(30.0%) | 11:55           | 5<br>(69.4%)   |
| 23  | ŁYSIAK Michał         | 2031  | SZWAGRY DWA                                | M40       | 23   | 01:34:13         | 05:48:56         | 09:48:11         | 10:01:15       | 13:24:15         | 13:33:15          | 17:44:53          | 19:46:15          |                     | 21:10:13.70            | 21:10:31.50             | +06:26:19<br>(30.4%) | 11:59           | 5<br>(69.4%)   |

| Msc | Zawodnik              | Numer | Klub                                             | Kategoria | Mkat | Cisna<br>11.88km | Maniow<br>35.5km | Orlik1<br>57.9km | Orlik2<br>58km | Smerek<br>74.9km | Smerek<br>74.95km | Roztoki<br>93.5km | Liszna<br>100.8km | Kara/<br>bonifikata | Czas<br>netto<br>106km | Czas<br>brutto<br>106km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|--------------------------------------------------|-----------|------|------------------|------------------|------------------|----------------|------------------|-------------------|-------------------|-------------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 24  | KUBAT Michał          | 2007  | GDÓW PROUD RUNNERS                               | M40       | 24   | 01:39:13         | 05:59:37         | 10:24:53         | 10:58:52       | 14:10:14         |                   | 18:15:10          | 20:09:58          |                     | 21:28:31.25            | 21:28:44.80             | +06:44:32<br>(31.4%) | 12:09           | 4.9<br>(68.1%) |
| 25  | ŻYRA Grzegorz         | 2116  | BEZNAPINY                                        | M40       | 25   | 01:44:02         | 06:10:07         | 10:32:37         | 10:51:40       | 13:55:09         | 14:06:35          | 18:02:49          | 20:08:12          |                     | 21:28:27.30            | 21:28:50.20             | +06:44:38<br>(31.4%) | 12:09           | 4.9<br>(68.1%) |
| 26  | CHWAŁA Artur          | 2073  |                                                  | M40       | 26   | 01:38:20         | 05:42:53         | 09:45:37         | 10:08:39       | 13:52:26         | 14:22:34          | 18:20:43          | 20:31:48          |                     | 21:48:27.05            | 21:48:45.65             | +07:04:33<br>(32.4%) | 12:20           | 4.9<br>(68.1%) |
| 27  | KINCER Rafał          | 2141  | MARVIPOL DEVELOPMENT                             | M40       | 27   | 01:37:12         | 05:58:57         | 10:15:47         | 10:34:35       | 14:16:04         | 14:30:31          | 18:26:20          | 20:22:20          |                     | 21:54:01.10            | 21:54:20.70             | +07:10:08<br>(32.7%) | 12:23           | 4.8<br>(66.7%) |
| 28  | PRZERWA Andrzej       | 2130  | KOCHAM IZE, MAJE I BORYSIAKA SUPER CHŁOPAKA      | M40       | 28   | 01:26:16         | 05:43:07         | 09:59:22         | 10:25:15       | 13:53:34         | 14:03:53          | 18:19:25          | 20:37:21          |                     | 21:55:02.60            | 21:55:04.75             | +07:10:52<br>(32.8%) | 12:24           | 4.8<br>(66.7%) |
| 29  | MORYC Maciej          | 2035  | MAKABI WARSZAWA                                  | M40       | 29   | 01:31:13         | 05:43:45         | 09:51:22         | 10:16:44       | 13:33:39         | 13:51:16          | 17:58:35          | 20:27:34          |                     | 22:01:35.15            | 22:01:41.30             | +07:17:29<br>(33.1%) | 12:28           | 4.8<br>(66.7%) |
| 30  | GARDZIEL Jerzy        | 2276  | WW TEAM / AR WARSZAWA                            | M40       | 30   | 01:20:34         | 05:41:27         | 10:24:11         | 10:58:16       | 14:03:47         | 14:31:52          | 18:08:54          | 20:11:42          | 00:30:00            | 22:01:59.00            | 22:02:02.00             | +07:17:49<br>(33.1%) | 12:11           | 4.9<br>(68.1%) |
| 31  | TRUSZCZYNSKI Maciej   | 2262  |                                                  | M40       | 31   | 01:39:13         | 06:06:14         | 10:15:56         | 10:29:12       | 13:55:03         | 14:14:57          | 18:23:24          | 20:38:25          |                     | 22:02:30.20            | 22:02:40.35             | +07:18:28<br>(33.2%) | 12:28           | 4.8<br>(66.7%) |
| 32  | JANKOWIAK Przemysław  | 2144  |                                                  | M40       | 32   | 01:33:03         | 06:00:51         | 10:27:02         | 10:29:46       | 14:22:21         | 14:41:40          | 18:37:16          | 20:46:05          |                     | 22:03:20.20            | 22:03:26.10             | +07:19:14<br>(33.2%) | 12:29           | 4.8<br>(66.7%) |
| 33  | GANC Marcin           | 2221  |                                                  | M40       | 33   | 01:44:50         | 06:18:26         | 10:43:05         | 11:09:09       | 14:40:36         | 14:56:02          | 18:49:37          | 20:59:08          |                     | 22:20:45.95            | 22:21:08.85             | +07:36:56<br>(34.1%) | 12:38           | 4.7<br>(65.3%) |
| 34  | FURMAŃCZYK Michał     | 2194  | TRAMINEL                                         | M40       | 34   | 01:47:32         | 06:30:57         | 10:50:01         | 11:25:19       | 14:47:13         | 14:56:25          | 19:02:36          | 21:05:19          |                     | 22:21:42.95            | 22:22:01.65             | +07:37:49<br>(34.1%) | 12:39           | 4.7<br>(65.3%) |
| 35  | KOŹMIŃSKI Piotr       | 2113  | ROZBIEGANE DZIAŁDOWO                             | M40       | 35   | 01:37:21         | 05:56:28         | 10:32:53         | 10:41:41       | 14:10:19         |                   | 18:37:09          | 20:55:50          |                     | 22:21:55.55            | 22:22:05.40             | +07:37:53<br>(34.1%) | 12:39           | 4.7<br>(65.3%) |
| 36  | KWASNIEWSKI Krzysztof | 2187  | ŻYWCEM ZABIEGANI                                 | M40       | 36   | 01:37:08         | 06:01:06         | 10:28:24         | 11:06:15       | 14:24:44         | 14:42:34          | 18:35:59          | 20:58:08          |                     | 22:23:21.65            | 22:23:30.70             | +07:39:18<br>(34.2%) | 12:40           | 4.7<br>(65.3%) |
| 37  | MAGDIJ Krzysztof      | 2002  | MEGKURSY.PL                                      | M40       | 37   | 01:43:27         | 06:07:11         | 10:26:38         | 10:28:20       | 15:00:47         | 15:24:09          | 19:08:17          | 21:13:32          |                     | 22:25:29.85            | 22:25:43.25             | +07:41:31<br>(34.3%) | 12:41           | 4.7<br>(65.3%) |
| 38  | CIUK Piotr            | 2037  | YULO RUN TEAM SIEDLCE                            | M40       | 38   | 01:43:35         | 06:19:53         | 10:42:54         | 11:20:06       | 15:11:41         | 15:21:08          | 19:30:38          | 21:14:47          |                     | 22:25:18.45            | 22:25:47.85             | +07:41:35<br>(34.3%) | 12:41           | 4.7<br>(65.3%) |
| 39  | MORYŃ Piotr           | 2078  |                                                  | M40       | 39   | 01:40:26         | 06:36:15         | 11:05:27         | 11:35:55       | 15:04:54         | 15:22:36          | 19:18:57          | 21:17:05          |                     | 22:28:06.90            | 22:28:25.60             | +07:44:13<br>(34.4%) | 12:43           | 4.7<br>(65.3%) |
| 40  | BALAJEJDER Marcin     | 2293  |                                                  | M40       | 40   | 01:41:17         | 06:28:00         | 10:55:23         | 11:29:59       | 14:56:52         | 15:13:45          | 19:21:28          | 21:23:20          |                     | 22:33:24.65            | 22:33:46.60             | +07:49:34<br>(34.7%) | 12:46           | 4.7<br>(65.3%) |
| 41  | OCHOTA Rafał          | 2047  | STARGARD. JA SIĘ NIE ŚCIGAM.                     | M40       | 41   | 01:42:07         | 06:15:51         | 10:43:45         | 11:08:59       | 14:37:41         | 14:52:11          | 18:55:48          | 21:05:02          |                     | 22:38:27.35            | 22:38:51.15             | +07:54:39<br>(34.9%) | 12:48           | 4.7<br>(65.3%) |
| 42  | WIERZBA Jacek         | 2021  | BIEGACZA SUKCES ŻMIGRÓD                          | M40       | 42   | 01:33:53         | 05:57:00         | 10:24:28         | 11:08:43       | 14:26:21         | 14:48:07          | 18:53:25          | 21:11:41          |                     | 22:42:39.60            | 22:42:54.15             | +07:58:42<br>(35.1%) | 12:51           | 4.7<br>(65.3%) |
| 43  | ENGLERT Grzegorz      | 2084  |                                                  | M40       | 43   | 01:41:54         | 06:27:49         | 10:42:53         | 11:10:41       | 14:26:45         | 14:48:11          | 18:51:45          | 21:22:50          |                     | 22:43:35.40            | 22:43:55.95             | +07:59:43<br>(35.2%) | 12:51           | 4.7<br>(65.3%) |
| 44  | GRINIG Arkadiusz      | 2178  |                                                  | M40       | 44   | 01:44:55         | 06:35:42         | 10:58:24         | 11:23:38       | 14:56:48         | 15:13:19          | 19:21:22          | 21:24:51          |                     | 22:43:33.50            | 22:43:56.80             | +07:59:44<br>(35.2%) | 12:51           | 4.7<br>(65.3%) |
| 45  | ŻMUDKA Bartek         | 2023  | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM             | M40       | 45   | 01:41:49         | 06:24:54         | 10:59:10         | 11:41:24       | 15:05:23         | 15:26:03          | 19:24:47          | 21:25:50          |                     | 22:46:16.55            | 22:46:32.20             | +08:02:20<br>(35.3%) | 12:53           | 4.7<br>(65.3%) |
| 46  | MARCELA Marcin        | 2026  | FAT MAMA'S SPORT CLUB                            | M40       | 46   | 01:39:32         | 06:15:29         | 10:34:22         | 10:49:01       | 14:40:31         | 14:52:05          | 19:10:41          | 21:19:29          |                     | 22:47:08.40            | 22:47:13.35             | +08:03:01<br>(35.3%) | 12:53           | 4.7<br>(65.3%) |
| 47  | NIEDZIELA Marcin      | 2030  | FAT MAMA'S SPORT CLUB                            | M40       | 47   | 01:39:36         | 06:41:33         | 10:59:48         | 11:22:43       | 14:56:01         | 15:12:15          | 19:13:16          | 21:19:30          |                     | 22:47:08.20            | 22:47:13.45             | +08:03:01<br>(35.3%) | 12:53           | 4.7<br>(65.3%) |
| 48  | WIDZIAK Piotr         | 2025  | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM             | M40       | 48   | 01:41:50         | 06:25:01         | 10:59:10         | 11:41:25       |                  |                   |                   |                   |                     | 22:46:59.35            | 22:47:15.00             | +08:03:02<br>(35.3%) | 12:53           | 4.7<br>(65.3%) |
| 49  | MILKA Mirosław        | 2258  |                                                  | M40       | 49   | 01:27:32         | 05:33:08         | 10:06:33         | 10:19:05       | 14:16:59         | 14:29:19          | 19:16:11          | 21:24:29          |                     | 23:00:54.80            | 23:00:56.05             | +08:16:44<br>(36.0%) | 13:01           | 4.6<br>(63.9%) |
| 50  | MAMLA Zbigniew        | 2185  | TRUCHT TARCHOMIN TEAM / ULTRA PASTERZE           | M40       | 50   | 01:36:46         | 06:25:01         | 10:59:04         | 11:13:25       | 15:11:57         | 15:21:57          | 19:32:04          | 21:47:24          |                     | 23:04:37.75            | 23:04:51.00             | +08:20:38<br>(36.2%) | 13:03           | 4.6<br>(63.9%) |
| 50  | BIENIAK Krzysztof     | 2288  | KLINIKA STOMATOLOGICZNA SOLDENT BSC TOMASZ DUKAT | M40       | 50   | 01:36:41         | 06:24:58         | 10:58:57         | 11:13:21       | 15:12:00         | 15:21:20          | 19:32:04          | 21:47:20          |                     | 23:04:37.90            | 23:04:51.00             | +08:20:38<br>(36.2%) | 13:03           | 4.6<br>(63.9%) |
| 52  | ŁUKASIAK Sylwester    | 2134  |                                                  | M40       | 52   | 01:36:54         | 05:58:31         | 10:24:39         | 10:27:09       | 14:33:26         | 14:52:14          | 19:03:46          | 21:31:38          |                     | 23:25:47.65            | 23:25:55.65             | +08:41:43<br>(37.1%) | 13:15           | 4.5<br>(62.5%) |
| 53  | SZYMAJDA Adam         | 2052  | EQUINIX                                          | M40       | 53   | 01:39:12         | 06:06:14         | 10:38:57         | 10:58:01       | 14:36:20         |                   | 19:16:51          | 21:52:52          |                     | 23:34:21.85            | 23:34:47.35             | +08:50:35<br>(37.5%) | 13:20           | 4.5<br>(62.5%) |
| 54  | RUTYNA Paweł          | 2273  | CRAZY DRIVER                                     | M40       | 54   | 01:43:44         | 06:19:16         | 10:54:49         | 11:26:04       | 14:56:58         | 15:13:24          | 19:42:22          | 22:09:27          |                     | 23:37:43.05            | 23:38:00.50             | +08:53:48<br>(37.6%) | 13:22           | 4.5<br>(62.5%) |

| Msc                                | Zawodnik               | Numer | Klub                                 | Kategoria | Mkat | Cisna<br>11.88km | Maniow<br>35.5km | Orlik1<br>57.9km | Orlik2<br>58km  | Smerek<br>74.9km | Smerek<br>74.95km | Roztoki<br>93.5km | Liszna<br>100.8km | Kara/<br>bonifikata | Czas<br>netto<br>106km | Czas<br>brutto<br>106km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|------------------------------------|------------------------|-------|--------------------------------------|-----------|------|------------------|------------------|------------------|-----------------|------------------|-------------------|-------------------|-------------------|---------------------|------------------------|-------------------------|----------------------|-----------------|----------------|
| 55                                 | CEGLEWSKI Marcin       | 2106  | HARPAGANY RUNNING TEAM               | M40       | 55   | 01:40:56         | 06:35:38         | 11:09:14         | 11:45:35        | 15:34:22         | 15:50:52          | 19:56:22          | 22:12:30          |                     | 23:38:29.25            | 23:38:45.95             | +08:54:33<br>(37.7%) | 13:22           | 4.5<br>(62.5%) |
| 56                                 | BAJGERT Robert         | 2296  | VOLTAIX.PL                           | M40       | 56   | 01:26:33         | 06:03:39         | 10:38:55         | 11:08:57        | 15:06:59         | 15:20:14          | 19:38:58          | 21:57:58          |                     | 23:39:44.00            | 23:39:45.75             | +08:55:33<br>(37.7%) | 13:23           | 4.5<br>(62.5%) |
| 57                                 | KORECKI Andrzej        | 2217  |                                      | M40       | 57   | 01:40:23         | 06:08:50         | 11:10:55         | 12:07:16        | 15:38:42         | 16:01:38          | 20:04:03          | 22:16:07          |                     | 23:39:34.15            | 23:40:01.20             | +08:55:49<br>(37.7%) | 13:23           | 4.5<br>(62.5%) |
| 58                                 | POLAKOWSKI Tomasz      | 2092  | STREET RUN RADOM                     | M40       | 58   | 01:47:17         | 06:35:50         | 11:10:56         | 11:30:44        | 15:19:03         | 15:38:07          | 19:59:37          | 22:20:21          |                     | 23:48:50.60            | 23:49:18.15             | +09:05:06<br>(38.1%) | 13:28           | 4.5<br>(62.5%) |
| 59                                 | KOCOT Sebastian        | 2013  |                                      | M40       | 59   | 01:34:03         | 05:54:00         | 10:39:57         | 10:58:43        | 15:07:32         | 15:23:59          | 19:44:29          | 22:14:41          |                     | 23:49:25.50            | 23:49:46.25             | +09:05:34<br>(38.2%) | 13:29           | 4.4<br>(61.1%) |
| 60                                 | MISIAGIEWICZ Paweł     | 2240  |                                      | M40       | 60   | 01:41:21         | 06:17:10         | 11:04:18         | 11:45:07        | 15:18:20         | 15:48:41          | 19:56:21          | 22:16:35          |                     | 23:54:31.60            | 23:54:51.85             | +09:10:39<br>(38.4%) | 13:31           | 4.4<br>(61.1%) |
| 61                                 | GAUDYN Hubert          | 2028  | TEAM 4                               | M40       | 61   | 01:39:47         | 06:19:28         | 11:02:56         | 11:52:44        | 15:38:08         | 16:09:11          | 20:20:08          | 22:28:24          |                     | 23:58:36.15            | 23:58:44.05             | +09:14:32<br>(38.5%) | 13:34           | 4.4<br>(61.1%) |
| 62                                 | CYNIAK Marek           | 2181  | EVERRUN                              | M40       | 62   | 01:30:28         | 05:57:40         | 10:29:40         | 11:11:22        | 15:20:39         | 15:42:52          | 20:18:29          | 22:26:52          |                     | 23:58:48.60            | 23:58:55.95             | +09:14:43<br>(38.6%) | 13:34           | 4.4<br>(61.1%) |
| 63                                 | RUBIN Andrzej          | 2014  | TRAIL RUNNERS JAWORZNO               | M40       | 63   | 01:42:30         | 06:30:00         | 10:56:05         | 11:28:35        | 14:58:06         | 15:18:16          | 19:47:32          | 22:29:08          |                     | 24:05:03.15            | 24:05:24.00             | +09:21:11<br>(38.8%) | 13:37           | 4.4<br>(61.1%) |
| 64                                 | CINCIO Robert          | 2147  | TKKF TRIATHLON KOSZALIN              | M40       | 64   | 01:47:19         | 07:10:03         | 11:54:37         | 12:20:02        | 16:14:09         | 16:39:15          | 20:33:52          | 22:39:29          |                     | 24:11:26.30            | 24:11:46.55             | +09:27:34<br>(39.1%) | 13:41           | 4.4<br>(61.1%) |
| 65                                 | OWCZARSKI Marcin       | 2146  | BORYTEAM                             | M40       | 65   | 01:42:38         | 06:28:38         | 11:02:59         | 11:24:42        | 15:38:34         | 15:53:03          | 20:40:50          | 23:00:41          |                     | 24:18:39.10            | 24:18:54.00             | +09:34:41<br>(39.4%) | 13:45           | 4.4<br>(61.1%) |
| Przekroczony limit czasu: 24:30:00 |                        |       |                                      |           |      |                  |                  |                  |                 |                  |                   |                   |                   |                     |                        |                         |                      |                 |                |
| 66                                 | KOLECKI Jakub          | 2042  | PRZELAMANIENOGIARTROZGUBBRZUCH       | M40       | 66   | 02:09:30         | 07:05:34         | 12:00:49         | 12:42:27        | 16:26:39         | 17:07:41          | 21:05:36          | 23:15:10          |                     | 24:30:07.20            | 24:30:37.40             | +09:46:25<br>(39.9%) | 13:52           | 4.3<br>(59.7%) |
| 67                                 | MAKOS Adam             | 2064  |                                      | M40       | 67   | 01:53:12         | 07:23:00         | 12:06:23         | 12:24:03        | 16:10:59         | 16:24:38          | 20:39:06          | 23:22:19          |                     | 25:16:05.20            | 25:16:32.55             | +10:32:20<br>(41.7%) | 14:18           | 4.2<br>(58.3%) |
| 68                                 | ZIEMBA Jeremi          | 2157  | -                                    | M40       | 68   | 01:49:09         | 07:28:15         | 12:30:45         | 12:46:39        | 16:52:10         | 17:06:47          | 21:38:18          | 23:46:26          |                     | 25:27:39.65            | 25:27:51.90             | +10:43:39<br>(42.1%) | 14:24           | 4.2<br>(58.3%) |
| 69                                 | STĘPIEŃ Janusz         | 2216  |                                      | M40       | 69   | 02:04:38         | 07:56:10         | 12:45:18         | 13:25:41        | 17:00:18         | 17:21:52          | 21:43:11          | 23:49:28          |                     | 25:30:38.40            | 25:31:06.90             | +10:46:54<br>(42.3%) | 14:26           | 4.2<br>(58.3%) |
| 70                                 | BURZYŃSKI Tomasz       | 2208  |                                      | M40       | 70   | 01:48:01         | 06:31:33         | 11:30:00         | 11:53:25        | 16:12:49         | 16:53:21          | 22:05:44          |                   |                     | 25:32:08.55            | 25:32:26.95             | +10:48:14<br>(42.3%) | 14:27           | 4.2<br>(58.3%) |
| 71                                 | DOMIŃCZYK Rafał        | 2126  |                                      | M40       | 71   | 01:55:37         | 07:32:41         | 12:59:49         | 13:46:13        | 17:15:12         |                   | 22:10:38          |                   |                     | 26:02:49.95            | 26:03:15.40             | +11:19:03<br>(43.4%) | 14:44           | 4.1<br>(56.9%) |
|                                    | JAWOREK Jacek          | 2139  |                                      | M40       |      | 01:40:11<br>DNF  | 06:26:31<br>DNF  | 11:29:38<br>DNF  | 12:03:37<br>DNF | 15:34:42<br>DNF  | 16:17:16<br>DNF   | 20:53:24<br>DNF   | 23:16:11<br>DNF   |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | KACZYŃSKI Artur        | 2285  |                                      | M40       |      | 01:40:11<br>DNF  | 06:51:59<br>DNF  | 11:49:57<br>DNF  | 12:05:45<br>DNF | 16:14:22<br>DNF  | 16:29:51<br>DNF   | 20:49:08<br>DNF   | 23:28:40<br>DNF   |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | PIETRUCHA Maciej       | 2151  | KARKONOSZ RUNNING TEAM               | M40       |      | 01:24:02<br>DNF  | 05:22:45<br>DNF  | 09:15:12<br>DNF  | 09:36:55<br>DNF | 12:47:48<br>DNF  | 13:12:59<br>DNF   | 17:05:16<br>DNF   | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | MIERZEJEWSKI Sylwester | 2172  | OSNIP WP ACTIVE TEAM                 | M40       |      | 01:38:39<br>DNF  | 06:51:11<br>DNF  | 11:48:05<br>DNF  | 12:23:36<br>DNF | 16:04:56<br>DNF  | 16:24:43<br>DNF   | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | SZABLA Marcin          | 2233  | SAINT-GOBAIN SQUAD                   | M40       |      | 01:52:19<br>DNF  | 07:32:09<br>DNF  | 12:58:55<br>DNF  | 13:46:14<br>DNF | 17:48:12<br>DNF  | 18:01:24<br>DNF   | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | DWORNICKI Tomasz       | 2298  | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | M40       |      | 01:41:50<br>DNF  | 06:25:03<br>DNF  | 10:58:17<br>DNF  | 11:33:05<br>DNF | 16:08:25<br>DNF  | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | KAMIŃSKI Piotr         | 2133  |                                      | M40       |      | 01:39:12<br>DNF  | 06:03:34<br>DNF  | 10:00:14<br>DNF  | 10:32:17<br>DNF | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | SZYDŁOWSKI Jacek       | 2058  |                                      | M40       |      | 01:21:54<br>DNF  | 05:47:42<br>DNF  | 10:07:12<br>DNF  | 10:34:33<br>DNF | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | SOFUŁ Tomasz           | 2112  |                                      | M40       |      | 01:40:41<br>DNF  | 05:59:07<br>DNF  | 10:57:28<br>DNF  | 11:39:44<br>DNF | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | MAZUR Sebastian        | 2236  |                                      | M40       |      | 01:42:12<br>DNF  | DNF              | 08:18:18<br>DNF  | DNF             | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | DUKATA Grzegorz        | 2060  | MGGW                                 | M40       |      | 01:29:21<br>DNF  | 05:11:29<br>DNF  | 08:45:39<br>DNF  | DNF             | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |
|                                    | WILK Daniel            | 2167  | KLUB BIEGACZA AKTYWNI KRZYŻ WLKP     | M40       |      | 01:23:01<br>DNF  | 05:14:20<br>DNF  | 09:18:46<br>DNF  | DNF             | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -                    | -               | (0.0%)         |

| Msc | Zawodnik                  | Numer | Klub                           | Kategoria | Mkat | Cisna<br>11.88km | Maniow<br>35.5km | Orlik1<br>57.9km | Orlik2<br>58km | Smerek<br>74.9km | Smerek<br>74.95km | Roztoki<br>93.5km | Liszna<br>100.8km | Kara/<br>bonifikata | Czas<br>netto<br>106km | Czas<br>brutto<br>106km | Różn | Tempo<br>min/km | Tempo<br>km/h |
|-----|---------------------------|-------|--------------------------------|-----------|------|------------------|------------------|------------------|----------------|------------------|-------------------|-------------------|-------------------|---------------------|------------------------|-------------------------|------|-----------------|---------------|
|     | KRZYŻAN Jakub             | 2184  | KW KRAKÓW                      | M40       |      | 01:29:16<br>DNF  | 05:25:59<br>DNF  | 09:33:22<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | KARNICKI Paweł            | 2111  | NZN                            | M40       |      | 01:24:20<br>DNF  | 05:18:45<br>DNF  | 09:51:12<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | ŚWIDZIŃSKI Tomasz         | 2302  | VEGE RUNNERS HAJIME RUN TEAM   | M40       |      | 01:34:13<br>DNF  | 05:52:36<br>DNF  | 10:17:30<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | SCHWITALLA Adrian         | 2034  | MKS SIECHNICE                  | M40       |      | 01:38:17<br>DNF  | 05:59:15<br>DNF  | 10:37:02<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | GAWLIK Marcin             | 2044  | MKS SIECHNICE                  | M40       |      | 01:38:16<br>DNF  | 05:59:16<br>DNF  | 10:37:03<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | SUDER Michał              | 2115  | BEZNAPINY                      | M40       |      | 01:44:04<br>DNF  | 06:10:11<br>DNF  | 10:48:20<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | JANIK Piotr               | 2238  |                                | M40       |      | 01:36:17<br>DNF  | 05:49:42<br>DNF  | 11:01:24<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | KONIK Tomasz              | 2140  | KOKI TEAM                      | M40       |      | 01:41:16<br>DNF  | 06:26:31<br>DNF  | 11:19:59<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | MAŁECKI Sebastian         | 2160  | KLUB BIEGACZA T2/4             | M40       |      | 01:42:08<br>DNF  | 06:30:36<br>DNF  | 11:29:53<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | WEREMJEWICZ Marcin Wiktor | 2284  | BIEGAMINA                      | M40       |      | 01:55:29<br>DNF  | 07:04:00<br>DNF  | 11:47:37<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | PODCZARSKI Tomek          | 2056  |                                | M40       |      | 01:56:07<br>DNF  | 07:09:19<br>DNF  | 11:50:26<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | Fijałkowski Radosław      | 2283  | ACADEMY GCW                    | M40       |      | 01:38:26<br>DNF  | 06:36:54<br>DNF  | 12:23:05<br>DNF  | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | KOKOCIŃSKI Dariusz        | 2278  |                                | M40       |      | 01:27:18<br>DNF  | 05:02:13<br>DNF  | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | MONICA Mateusz            | 2077  | APARTAMENTY ŁEMKO RUNNING TEAM | M40       |      | 01:41:11<br>DNF  | 06:17:02<br>DNF  | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | FURS Teodor               | 2219  | PIERDZACE ZAJACE               | M40       |      | 01:36:42<br>DNF  | 06:25:59<br>DNF  | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | WOJTCZAK Krzysztof        | 2015  | WKB PIAST WROCŁAW              | M40       |      | 01:39:05<br>DNF  | 06:59:56<br>DNF  | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | UBYCH Marcin              | 2297  |                                | M40       |      | 01:49:06<br>DNF  | 08:07:16<br>DNF  | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | ŻłOBECKI Piotr            | 2156  |                                | M40       |      | 01:30:30<br>DNF  | DNF              | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | MIROCHA Łukasz            | 2199  | WICHRY BESKIDU                 | M40       |      | 01:33:20<br>DNF  | DNF              | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | WYRWAŁ Krzysztof          | 2255  |                                | M40       |      | 01:46:42<br>DNF  | DNF              | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |
|     | SIENICKI Piotr            | 2164  | FOR-REST-RUN                   | M40       |      | 01:47:24<br>DNF  | DNF              | DNF              | DNF            | DNF              | DNF               | DNF               | DNF               |                     | DNF                    | DNF                     | -    | -               | (0.0%)        |

Znaleziono 104 wynik(ów)