



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2021-05-28
Cisna
107.7 km

BIEG RZEŹNIKA ULTRA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Orlik 1 43km	Orlik 2 43.2km	Orlik 3 82.5km	Orlik 4 82.7km	Czas netto 107.7km	Różn	Tempo min/km	Tempo km/h
1	KOT Rafał	1174	LEDLENSER // MUAY RUNNING TEAM	M40	1	05:18:54	05:22:55	11:19:44	11:28:16	15:08:45.05		8:26	7.1 (100%)
2	JÓZWIAK Piotr	1176	KITA TEAM	M40	2	05:19:51	05:25:46	11:32:26	11:38:33	16:02:05.00	+00:53:19 (5.5%)	8:55	6.7 (94.4%)
3	ŚCIESZKA Wojciech	1101	13 ELT KRAKÓW-BALICE	M40	3	05:30:52	05:37:16	12:06:51	12:13:38	16:40:14.55	+01:31:29 (9.1%)	9:17	6.5 (91.5%)
4	KURZAWSKI Tomasz	1122	GB ULTRA PSZCZÓŁKI	M40	4	05:26:15	06:47:35	13:05:33	13:06:10	16:57:04.60	+01:48:19 (10.7%)	9:26	6.4 (90.1%)
5	SZKODA Dariusz	1036	SOCIOS SILESIA	M40	5	05:29:18	05:41:40	12:16:42	12:43:06	17:09:13.35	+02:00:28 (11.7%)	9:33	6.3 (88.7%)
6	ZAGLANICZNY Dominik	1116		M40	6	05:54:02	06:10:51	12:52:46	13:14:22	18:31:56.35	+03:23:11 (18.3%)	10:19	5.8 (81.7%)
7	DANAK Przemek	1050		M40	7	06:29:25	06:41:11	13:40:42	14:01:01	18:40:14.85	+03:31:29 (18.9%)	10:24	5.8 (81.7%)
8	KOWALEWSKI Marcin	1018	CRIIM TEAM	M40	8	06:16:42	06:35:52	13:16:14	13:34:21	18:42:58.85	+03:34:13 (19.1%)	10:25	5.8 (81.7%)
9	LUZAR Rafal	1060		M40	9	06:31:59	06:49:30	14:04:04	14:12:35	19:02:14.80	+03:53:29 (20.4%)	10:36	5.7 (80.3%)
10	ZAJĄC Leszek	1044	SOKÓŁ BUKÓWIEC GÓRNY/L.O.T.A.Z	M40	10	06:24:53	06:39:06	13:42:45	13:58:58	19:07:38.15	+03:58:53 (20.8%)	10:39	5.6 (78.9%)
11	CEGLEWSKI Marcin	1004	HARPGANY RUNNING TEAM	M40	11	06:29:27	06:47:02	14:25:15	14:33:51	19:34:37.40	+04:25:52 (22.6%)	10:54	5.5 (77.5%)
12	SZARAWARA Łukasz	1165	#POLSKA2050 BIEGA	M40	12	06:22:02	06:31:38	13:57:57	14:15:02	19:54:56.35	+04:46:11 (24.0%)	11:05	5.4 (76.1%)
13	RECZEK Sebastian	1114	KS ZIELONO-CZARNI	M40	13	06:34:45	07:08:28	14:44:36	15:12:18	20:19:15.05	+05:10:30 (25.5%)	11:19	5.3 (74.6%)
14	FABISIAK Grzegorz	1143	RONIN CZERWIEŃSK	M40	14	06:34:34	06:50:05	13:56:41	14:12:40	20:28:31.40	+05:19:46 (26.0%)	11:24	5.3 (74.6%)
15	FORGEL Paweł	1144	RONIN CZERWIEŃSK	M40	15	05:57:45	06:20:32	13:57:34	14:12:42	20:28:32.75	+05:19:47 (26.0%)	11:24	5.3 (74.6%)

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						Orlik 1 43km	Orlik 2 43.2km	Orlik 3 82.5km	Orlik 4 82.7km	netto 107.7km	Różn	Tempo min/km	Tempo km/h
16	BODZIACHOWSKI Marcin	1049	ERACENT RUNNING TEAM	M40	16	06:32:00	06:49:31	14:48:03	14:59:54	20:46:10.40	+05:37:25 (27.1%)	11:34	5.2 (73.2%)
17	SEMENIUK Piotr	1162	WESOŁA	M40	17	05:57:17	07:05:00	14:38:05	15:01:33	20:50:31.85	+05:41:46 (27.3%)	11:36	5.2 (73.2%)
18	ŻBIKOWSKI Tomasz	1077	KP S.A.	M40	18	06:58:21	07:24:14	15:00:48	15:36:09	21:07:42.10	+05:58:57 (28.3%)	11:46	5.1 (71.8%)
19	SZANDAŁA Jacek	1193	CAŁA OLEŚNICA BIEGA	M40	19	06:59:05	07:08:11	15:03:25	15:17:06	21:17:32.35	+06:08:47 (28.9%)	11:51	5.1 (71.8%)
20	KOZIEŁŁO Bartosz	1089	TUR ZAMIENIE	M40	20	07:00:56	07:42:54	15:20:26	15:23:57	21:20:26.25	+06:11:41 (29.0%)	11:53	5 (70.4%)
21	PAWLUCZUK Tomek	1092	WŚCIEKŁE PIĘŚCI WĘŻA	M40	21	07:25:41	07:49:36	15:58:44	16:14:34	21:36:56.30	+06:28:11 (29.9%)	12:02	5 (70.4%)
22	DADAŚ Janusz	1140	BP RUNNING TEAM GLIWICE	M40	22	06:46:15	06:59:41	15:19:54	15:43:30	21:42:28.10	+06:33:43 (30.2%)	12:05	5 (70.4%)
23	SIELECKI Szymon	1030	100PASS	M40	23	06:31:42	07:14:56	15:31:34	16:20:54	21:44:14.50	+06:35:29 (30.3%)	12:06	5 (70.4%)
24	ŻURAWSKI Sławomir	1047	PGBSPORTOWAPACZKA	M40	24	06:42:11	07:06:36	15:38:35	16:02:46	21:49:51.70	+06:41:06 (30.6%)	12:09	4.9 (69.0%)
25	CIUK Piotr	1139	YULO RUN TEAM SIEDLCE/ FUJITSU POLAND	M40	25	07:17:49	07:38:22	15:35:50	16:23:34	22:01:06.15	+06:52:21 (31.2%)	12:15	4.9 (69.0%)
26	WĄCHAŁA Grzegorz	1168	SPRINTEX TEAM	M40	26	07:00:00	07:22:45	15:54:50	16:19:40	22:14:32.65	+07:05:47 (31.9%)	12:23	4.8 (67.6%)
27	PISINGAS Mariusz	1112	BIEGANIE TO MÓJ TRZEŻWY	M40	27	06:49:11	07:13:12	15:29:59	15:55:14	22:14:50.15	+07:06:05 (31.9%)	12:23	4.8 (67.6%)
28	PAJOR Krzysztof	1026	100PASS	M40	28	06:57:54	07:14:56	15:39:56	16:20:58	22:31:05.75	+07:22:20 (32.7%)	12:32	4.8 (67.6%)
29	WYSOCZAŃSKI Adrian	1043	PIETRZYKOWICE	M40	29	08:15:41	08:38:42	16:16:19	16:32:53	22:35:18.40	+07:26:33 (32.9%)	12:35	4.8 (67.6%)
30	ZIENCINA Marcin	1171		M40	30	07:24:45	07:52:43	16:25:52	16:46:06	22:58:10.00	+07:49:24 (34.1%)	12:47	4.7 (66.2%)
31	PONIEWIERSKI Marek	1159	SGO GDAŃSK	M40	31	07:41:19	08:17:37	16:41:33	16:58:46	23:00:43.65	+07:51:58 (34.2%)	12:49	4.7 (66.2%)
32	KALISZUK Janusz	1088	BIAŁA PODLASKA	M40	32	07:43:31	08:06:48	17:05:59	17:26:15	23:37:40.00	+08:28:54 (35.9%)	13:09	4.6 (64.8%)
33	GAJOWNIK Błażej	1145		M40	33	07:25:18	08:06:05	17:05:56	17:58:28	23:39:57.30	+08:31:12 (36.0%)	13:11	4.6 (64.8%)
34	GŁĄBSKI Paweł	1146	OLD & FAT GG SQUAD	M40	34	07:25:16	08:06:02	17:05:49	17:58:25	23:39:57.75	+08:31:12 (36.0%)	13:11	4.6 (64.8%)
35	GAJ Grzegorz	1009	BORKI TEAM	M40	35	07:17:53	07:57:11	16:27:10	17:14:47	23:46:10.70	+08:37:25 (36.3%)	13:14	4.5 (63.4%)
36	KOSMALA Marcin	1080	KWŚ	M40	36	07:17:56	07:57:12	16:27:10	17:14:53	23:46:17.20	+08:37:32 (36.3%)	13:14	4.5 (63.4%)
37	TKACZYK Paweł	1084	NAVY DOB	M40	37	07:18:28	07:58:40	16:27:16	17:14:57	23:46:19.15	+08:37:34 (36.3%)	13:14	4.5 (63.4%)
38	PAWŁOWSKI Jacek	1093	KS TĘCZA GDYNIA	M40	38	07:00:56	07:17:08	16:09:14	16:43:32	23:55:51.25	+08:47:06 (36.7%)	13:19	4.5 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							
						Orlik 1 43km	Orlik 2 43.2km	Orlik 3 82.5km	Orlik 4 82.7km	netto 107.7km	Różn	Tempo min/km	Tempo km/h
39	KOCOT Sebastian	1058		M40	39	07:04:08	07:34:46	16:37:50	16:53:13	23:58:17.00	+08:49:31 (36.8%)	13:21	4.5 (63.4%)
40	SADOWSKI Mieczysław	1161	BIEGAJ RAZEM Z NAMI	M40	40	07:10:12	08:11:56	16:55:55	17:37:15	24:07:11.65	+08:58:26 (37.2%)	13:26	4.5 (63.4%)
41	SUROWIEC Paweł	1164	BIEGAJ RAZEM Z NAMI	M40	41	07:10:14	08:11:58	16:55:57	17:37:20	24:07:14.05	+08:58:29 (37.2%)	13:26	4.5 (63.4%)
42	JĘDRUSZCZAK Robert	1152		M40	42	07:01:30	07:23:07	16:25:13	16:49:12	24:13:09.25	+09:04:24 (37.5%)	13:29	4.4 (62.0%)
43	GŁOGOWSKI Adam	1147	NOA	M40	43	08:14:55	08:37:48	17:41:42	18:01:57	24:21:05.65	+09:12:20 (37.8%)	13:33	4.4 (62.0%)
44	STROJEK Grzegorz	1034		M40	44	07:22:27	07:32:44	16:32:39	16:35:11	24:40:02.90	+09:31:17 (38.6%)	13:44	4.4 (62.0%)
45	MASŁOWSKI Marcin	1156	KKM KOZIENICE	M40	45	07:53:23	08:27:08	17:03:10	17:25:05	24:55:34.00	+09:46:48 (39.2%)	13:53	4.3 (60.6%)
46	JUSZCZAK Marcin	1056		M40	46	08:13:22	08:39:15	17:49:37	18:30:40	25:11:48.20	+10:03:03 (39.9%)	14:02	4.3 (60.6%)
47	TYMOSZUK Michał	1178	KB BIAŁA BIEGA	M40	47	08:07:32	08:39:13	17:49:39	18:30:43	25:11:50.40	+10:03:05 (39.9%)	14:02	4.3 (60.6%)
48	SERKOWSKI Marcin	1099	BIEGAMYRAZEM.PL	M40	48	08:42:20	09:04:59	18:37:24	18:57:04	25:31:52.60	+10:23:07 (40.7%)	14:13	4.2 (59.2%)
49	KRUZEL Tomasz	1121	GRUPA JURA	M40	49	08:22:17	08:44:50	18:16:22	18:57:10	25:33:09.50	+10:24:24 (40.7%)	14:14	4.2 (59.2%)
50	AZAREWICZ Grzegorz	1000		M40	50	07:19:38	07:45:48	17:33:57	18:05:22	25:36:49.05	+10:28:04 (40.9%)	14:16	4.2 (59.2%)
51	BIEL Tomasz	1180	WWW.OLIMPIASPORT.PL ROLKINAUKA.OLIMPIASPORT.PL	M40	51	07:30:53	07:49:03	17:25:18	18:05:20	25:36:54.25	+10:28:09 (40.9%)	14:16	4.2 (59.2%)
52	GNIADY Krzysztof	1052	ICT POLAND KOSTRZYNA NAD ODRA	M40	52	07:40:50	08:13:41	18:11:12	18:41:29	25:39:04.00	+10:30:18 (41.0%)	14:17	4.2 (59.2%)
53	OSTAPIŃSKI Wojtek	1132	OSTRESROKI	M40	53	08:43:54	08:54:20	18:30:08	18:42:54	25:47:16.65	+10:38:31 (41.3%)	14:21	4.2 (59.2%)
54	MAZURCZAK Łukasz	1127	SUPERNOWA	M40	54	08:35:00	08:53:14	18:06:12	18:28:52	25:57:27.10	+10:48:42 (41.7%)	14:27	4.1 (57.7%)
55	SOFUŁ Tomasz	1070		M40	55	08:07:43	08:39:20	18:17:27	19:04:44	26:32:02.15	+11:23:17 (42.9%)	14:46	4.1 (57.7%)
56	TEJWAN Leszek	1102	SPARTAN TRAINING GROUP WARSZAWA	M40	56	08:16:52	08:58:08	19:02:12	19:29:02	26:38:52.80	+11:30:07 (43.2%)	14:50	4 (56.3%)
57	SZELAĞ Piotr	1115	TURBO JEŻE TEAM	M40	57	09:03:15	10:24:53	20:28:22	21:09:31	26:49:37.55	+11:40:52 (43.5%)	14:56	4 (56.3%)
58	KRASIŃSKI Tomasz	1107		M40	58	09:37:52	09:45:47	21:40:52	21:46:37	27:55:38.45	+12:46:53 (45.8%)	15:33	3.9 (54.9%)
	GOLBIAK Wojciech	1012		M40		06:37:39 DNF	06:57:50 DNF	15:41:40 DNF	16:07:41 DNF	DNF	-	-	- (0.0%)
	WOJTCZAK Mariusz	1076		M40		06:10:47 DNF	06:18:26 DNF	08:16:24 DNF	DNF	DNF	-	-	- (0.0%)
	KORECKI Andrzej	1183		M40		06:31:59 DNF	07:08:39 DNF	08:54:11 DNF	DNF	DNF	-	-	- (0.0%)

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	FOGT Maciej	1185	CB163	M40		07:47:09 DNF	08:28:02 DNF	16:32:41 DNF	DNF	DNF	-	-	(0.0%)
	KARPOWICZ Bartosz	1078	LEŚNE DUKTY GDYNIA / GDYŃSKI DYWIZJON OKRĘTÓW BOJOWYCH	M40		07:18:29 DNF	07:58:06 DNF	17:11:37 DNF	DNF	DNF	-	-	(0.0%)
	MAŃSKI Robert	1082	RUN-PASSION.PL	M40		07:17:58 DNF	07:57:11 DNF	17:11:39 DNF	DNF	DNF	-	-	(0.0%)
	JANOWSKI Krzysztof	1054	CB163	M40		07:47:13 DNF	08:28:12 DNF	17:14:06 DNF	DNF	DNF	-	-	(0.0%)
	GRZELAKOWSKI Robert	1151	WKURWTEAMPOZNAŃ, GRZELKI4TEM	M40		08:21:14 DNF	09:28:44 DNF	17:42:58 DNF	DNF	DNF	-	-	(0.0%)
	LEMBOWICZ Grzegorz	1155	WKURWTEAMPOZNAŃ,I CO DALEJ ?	M40		08:21:27 DNF	09:28:46 DNF	17:43:00 DNF	DNF	DNF	-	-	(0.0%)
	KOZIOŁ Krzysztof	1184		M40		07:59:50 DNF	08:27:05 DNF	17:54:06 DNF	DNF	DNF	-	-	(0.0%)
	TAUZ Andrzej	1175		M40		07:56:27 DNF	08:12:44 DNF	18:28:38 DNF	DNF	DNF	-	-	(0.0%)
	MOSKAŁA Remigiusz	1091		M40		07:56:23 DNF	08:12:43 DNF	18:28:40 DNF	DNF	DNF	-	-	(0.0%)
	MARKOWICZ Robert	1126		M40		08:22:19 DNF	08:44:50 DNF	18:47:53 DNF	DNF	DNF	-	-	(0.0%)
	GAŁEK Wojciech	1010	NO PAIN NO GAIN	M40		08:15:40 DNF	08:38:30 DNF	19:06:01 DNF	DNF	DNF	-	-	(0.0%)
	SOKOŁOWSKI Artur	1163	TEAM ZABIEGANEDNI	M40		10:22:05 DNF	10:22:55 DNF	21:04:24 DNF	DNF	DNF	-	-	(0.0%)
	HEJNA Łukasz	1016		M40		08:43:57 DNF	09:19:44 DNF	21:45:54 DNF	DNF	DNF	-	-	(0.0%)
	JAŚKIEWICZ Krzysztof	1055	MSPORT	M40		10:13:21 DNF	10:49:24 DNF	25:33:28 DNF	DNF	DNF	-	-	(0.0%)
	ZIEMNICKI Michał	1045		M40		06:46:24 DNF	07:18:48 DNF	DNF	DNF	DNF	-	-	(0.0%)
	RÓG Bartosz	1192	IRON ART RUN & SWIM TEAM	M40		04:35:52 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GROT Tomasz	1015	KRAINA WILKA	M40		05:25:02 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JARMOLIŃSKI Piotr	1189	MARCINŚWIERCTEAM	M40		05:32:31 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KARAŚ Michał	1017	PODHALE NOWY TARG	M40		06:12:52 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KISIELEWSKI Konrad	1190	KROK PO KROKU	M40		06:47:41 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CICHOŃ Maciej	1006	42.195 WEJHEROWO	M40		07:04:04 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MACKOWIAK Tomasz	1061	CB163	M40		07:47:11 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOZAKIEWICZ Tomasz	1059		M40		08:00:42 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

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	ZNAMIEC Marcin	1046	ULTRA KSP	M40		09:34:49 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 85 wynik(ów)