

# BIEG SĄSIEDZI ŻELAZNEGO MOSTU - 10KM

B4SPORT  
INTELEGENTE ZAWODY SPORTOWE

**Wydarzenie:** II Marsz i Bieg - Sąsiedzi Żelaznego Mostu  
**Organizator:** Stowarzyszenie Aktywni Zagłębia Miedziowego  
**Data:** 2022-09-24  
**Miejsce:** Rudna  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	KGHM	Rudna	Grębocice	Polkowice	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>SZCZEPAŃSKI Mateusz</b>	<b>49</b>	KGHM ZG RUN	M-KGHM	1	Tak				<b>00:37:57.63</b>		1:48	33.2 (100%)
2	<b>KRAWCZYK Piotr</b>	<b>44</b>		OPEN -M	1					<b>00:42:34.16</b>	+00:04:36 (10.8%)	2:01	29.6 (89.2%)
3	<b>DWORNIK Damian</b>	<b>60</b>		OPEN -M	2					<b>00:42:56.30</b>	+00:04:58 (11.6%)	2:02	29.3 (88.3%)
4	<b>CIRKO Arkadiusz</b>	<b>33</b>		M-KGHM	2	Tak				<b>00:43:45.35</b>	+00:05:47 (13.2%)	2:05	28.8 (86.7%)
5	<b>KOZŁOWSKI Jarosław</b>	<b>43</b>		M-Rudna	1		Tak			<b>00:44:12.00</b>	+00:06:14 (14.1%)	2:06	28.5 (85.8%)
6	<b>BOROWSKA Karolina</b>	<b>53</b>	KGHM ZG RUN	K-KGHM	1	Tak				<b>00:44:14.97</b>	+00:06:17 (14.2%)	2:06	28.5 (85.8%)
7	<b>BŁAŻEJEWSKI Łukasz</b>	<b>31</b>		M-KGHM	3	Tak				<b>00:45:10.70</b>	+00:07:13 (16.0%)	2:09	27.9 (84.0%)
8	<b>UPTAS Tomasz</b>	<b>51</b>	CROSS STRACENÓW TEAM	OPEN -M	3					<b>00:45:46.57</b>	+00:07:48 (17.1%)	2:10	27.5 (82.8%)
9	<b>KOMANIECKI Artur</b>	<b>57</b>		OPEN -M	4					<b>00:46:26.44</b>	+00:08:28 (18.3%)	2:12	27.1 (81.6%)
10	<b>RUDYK Wojciech</b>	<b>48</b>		M-KGHM	4	Tak	Tak			<b>00:46:46.33</b>	+00:08:48 (18.8%)	2:13	26.9 (81.0%)
11	<b>RAGAN Paweł</b>	<b>47</b>		M-KGHM	5	Tak				<b>00:47:04.28</b>	+00:09:06 (19.4%)	2:14	26.8 (80.7%)
12	<b>DOMANSKI Bartłomiej</b>	<b>35</b>	F&F TEAM	M-KGHM	6	Tak				<b>00:48:10.89</b>	+00:10:13 (21.2%)	2:17	26.2 (78.9%)
13	<b>GORYŚ Marcin</b>	<b>59</b>		OPEN -M	5					<b>00:49:34.11</b>	+00:11:36 (23.4%)	2:21	25.4 (76.5%)
14	<b>JAKUBISZYN Michał</b>	<b>40</b>		M-KGHM	7	Tak	Tak			<b>00:50:46.87</b>	+00:12:49 (25.2%)	2:25	24.8 (74.7%)
15	<b>KOMANIECKA Elżbieta</b>	<b>58</b>	KOMAN	OPEN -K	1					<b>00:51:28.01</b>	+00:13:30 (26.2%)	2:27	24.5 (73.8%)
16	<b>BORKOWSKI Tomasz</b>	<b>56</b>		M-Polkowice	1			Tak		<b>00:52:30.17</b>	+00:14:32 (27.7%)	2:30	24 (72.3%)
17	<b>KITA Piotr</b>	<b>390</b>		OPEN -M	6					<b>00:52:29.19</b>	+00:14:31 (27.7%)	2:29	24 (72.3%)
18	<b>KOŚCICKI Maciej</b>	<b>42</b>	ZDRADZIECKIE MORDY RUNNERS SQUAD	OPEN -M	7					<b>00:53:15.62</b>	+00:15:17 (28.7%)	2:32	23.7 (71.4%)
19	<b>WIŚNIEWSKI Radek</b>	<b>52</b>		M-KGHM	8	Tak				<b>00:53:18.87</b>	+00:15:21 (28.8%)	2:32	23.6 (71.1%)
20	<b>KOCINCKI Jacek</b>	<b>55</b>		M-KGHM	9	Tak				<b>00:54:01.01</b>	+00:16:03 (29.7%)	2:34	23.3 (70.2%)
21	<b>GRZESIK Ewa</b>	<b>39</b>		K-Polkowice	1			Tak		<b>00:54:15.56</b>	+00:16:17 (30.0%)	2:35	23.2 (69.9%)
22	<b>MAGDA Marcin</b>	<b>45</b>		OPEN -M	8					<b>00:54:51.71</b>	+00:16:54 (30.8%)	2:36	23 (69.3%)
23	<b>GAJEWSKA Katarzyna</b>	<b>38</b>	RCZ LUBIN	OPEN -K	2					<b>00:54:59.90</b>	+00:17:02 (31.0%)	2:37	22.9 (69.0%)
24	<b>BROZINSKI Krzysztof</b>	<b>32</b>	E 10 ZG LUBIN	M-KGHM	10	Tak				<b>00:57:20.31</b>	+00:19:22 (33.8%)	2:43	22 (66.3%)
25	<b>MATYJASZCZYK Leszek</b>	<b>46</b>		M-KGHM	11	Tak				<b>00:58:01.05</b>	+00:20:03 (34.6%)	2:45	21.7 (65.4%)
26	<b>UCINEK Beata</b>	<b>50</b>	TEAM CROSS STRACENÓW	OPEN -K	3					<b>01:01:16.03</b>	+00:23:18 (38.0%)	2:55	20.6 (62.0%)

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27	<b>MAYDUCHOK Yuliya</b>	<b>389</b>		OPEN -K	4					<b>01:02:18.50</b>	+00:24:20 (39.1%)	2:58	20.2 (60.8%)

Znaleziono 27 wynik(ów)