

BIEG SĄSIEDZI ŻELAZNEGO MOSTU - 10KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

III Bieg i Marsz Sąsiedzi Żelaznego Mostu
EVENTS GROUP SP. Z O.O.
2023-07-01
Obiszów
10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	KGHM	Rudna	Grębocice	Polkowice	5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SZCZEPAŃSKI Mateusz	52	KGHM ZG RUN	M-KGHM	1	Tak				00:17:52	00:35:36.15		3:33	16.9 (100%)
2	GARLIŃSKI Łukasz	32	KB KROKUS KWIATKOWICE	OPEN -M	1					00:17:51	00:35:37.75	+00:00:01 (0.1%)	3:33	16.8 (99.4%)
3	TOKARCZYK Mariusz	55	OLAWS ZŁOTORYJA	OPEN -M	2					00:19:00	00:38:03.25	+00:02:27 (6.4%)	3:48	15.8 (93.5%)
4	TORBA Łukasz	56	KOS BIAŁOŁĘKA	M-KGHM	2	Tak				00:23:21	00:38:55.80	+00:03:19 (8.5%)	3:53	15.4 (91.1%)
5	SZKOP Rafał	53	KGHM ZG RUN	OPEN -M	3					00:23:33	00:39:08.00	+00:03:31 (9.0%)	3:54	15.3 (90.5%)
6	AUGUSTYNIAK Krzysztof	67		M-Polkowice	1				Tak	00:19:54	00:40:14.00	+00:04:37 (11.5%)	4:01	14.9 (88.2%)
7	JAGIEŁŁO Szymon	34		OPEN -M	4						00:42:39.00	+00:07:02 (16.5%)	4:15	14.1 (83.4%)
8	FIUK Kacper	31		M-KGHM	3	Tak				00:21:31	00:43:45.70	+00:08:09 (18.6%)	4:22	13.7 (81.1%)
9	ŁAWROWSKI Bartosz	58	ZWIEDZACZ	OPEN -M	5					00:21:39	00:44:05.85	+00:08:29 (19.3%)	4:24	13.6 (80.5%)
10	KONOWALCZUK Tomasz	38	AKS WYBIEGANI POLKOWICE	M-Polkowice	2				Tak	00:21:55	00:44:26.85	+00:08:50 (19.9%)	4:26	13.5 (79.9%)
11	KOSZAŁKA Natalia	65		K-Polkowice	1				Tak	00:21:55	00:44:27.45	+00:08:51 (19.9%)	4:26	13.5 (79.9%)
12	PRUSISZ Karol	61		OPEN -M	6					00:22:30	00:45:22.90	+00:09:46 (21.5%)	4:32	13.2 (78.1%)
13	SLANIA Dawid	51		M-KGHM	4	Tak					00:46:19.00	+00:10:42 (23.1%)	4:37	13 (76.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	KGHM	Rudna	Grębocice	Polkowice	5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
14	DZIUK Kamil	64		OPEN -M	7					00:22:32	00:47:33.50	+00:11:57 (25.1%)	4:45	12.6 (74.6%)
15	MOCHOL Krzysztof	43		OPEN -M	8					00:23:01	00:48:06.25	+00:12:30 (26.0%)	4:48	12.5 (74.0%)
16	RAGAN Pawel	47		M-KGHM	5	Tak				00:23:51	00:49:44.35	+00:14:08 (28.4%)	4:58	12.1 (71.6%)
17	KOSMALA Radosław	39		M-Grębocice	1	Tak	Tak			00:23:40	00:50:08.35	+00:14:32 (29.0%)	5:00	12 (71.0%)
18	ŚWIĄTEK Dominik	62		OPEN -M	9					00:25:16	00:51:05.50	+00:15:29 (30.3%)	5:06	11.7 (69.2%)
19	MAZUR Agnieszka	42	BROSE SITECH	K-Polkowice	2				Tak	00:25:45	00:51:10.05	+00:15:33 (30.4%)	5:07	11.7 (69.2%)
20	ŁOMOĆ Karol	63		M-KGHM	6	Tak			Tak	00:25:16	00:51:28.20	+00:15:52 (30.8%)	5:08	11.7 (69.2%)
21	SZYMAŃSKI Marcel	54		OPEN -M	10					00:27:01	00:51:50.30	+00:16:14 (31.3%)	5:11	11.6 (68.6%)
22	SIMILAK Kuba	50		M-KGHM	7	Tak				00:25:29	00:53:29.40	+00:17:53 (33.4%)	5:20	11.2 (66.3%)
23	KAJDAS Krzysztof	36	CROSS STRACEŃCÓW TEAM	OPEN -M	11					00:26:41	00:54:04.40	+00:18:28 (34.2%)	5:24	11.1 (65.7%)
24	RUMINKIEWICZ Bartosz	48	HML	M-KGHM	8	Tak				00:27:20	00:57:52.70	+00:22:16 (38.5%)	5:47	10.4 (61.5%)
25	DOMAGAŁA Adam	59		OPEN -M	12					00:29:05	00:57:56.90	+00:22:20 (38.6%)	5:47	10.4 (61.5%)
26	GĄSIOROWSKI Hubert	33		M-KGHM	9	Tak				00:29:57	01:01:08.65	+00:25:32 (41.8%)	6:06	9.8 (58.0%)
27	PILAWA-CHMIELEWSKA Agnieszka	46	STOWARZYSZENIE MADNESS	OPEN -K	1					00:30:14	01:02:49.60	+00:27:13 (43.3%)	6:16	9.6 (56.8%)
28	JARZĄBSKA Marta	60		OPEN -K	2					00:30:14	01:02:50.00	+00:27:13 (43.3%)	6:17	9.5 (56.2%)
29	KAJDAS Katarzyna	35	CROSS STRACEŃCÓW TEAM	OPEN -K	3					00:32:10	01:02:57.70	+00:27:21 (43.5%)	6:17	9.5 (56.2%)
30	OLSZEWSKI Michał	44		M-Polkowice	3				Tak	00:32:04	01:03:48.50	+00:28:12 (44.2%)	6:22	9.4 (55.6%)
31	DĄBROWSKA Justyna	66		K-Polkowice	3				Tak	00:22:05		+00:04:13	4:25	13.6 (80.5%)

Znaleziono 31 wynik(ów)