

BIEG SĄSIEDZI ŻELAZNEGO MOSTU - 5KM

B4SPORT
INTELEGENTE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

III Bieg i Marsz Sąsiedzi Żelaznego Mostu
EVENTS GROUP SP. Z O.O.
2023-07-01
Obiszów
5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	KGHM	Rudna	Grębocice	Polkowice	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SZCZEPAŃSKI Mateusz	156	KGHM ZG RUN	M-Polkowice	1	Tak	Tak		Tak	00:18:30.00		3:42	16.2 (100%)
2	GARLIŃSKI Łukasz	83	KB KROKUS KWIATKOWICE	OPEN -M	1					00:18:38.85	+00:00:08 (0.8%)	3:43	16.1 (99.4%)
3	KUBIAK Arkadiusz	130		OPEN -M	2					00:18:58.60	+00:00:28 (2.5%)	3:47	15.8 (97.5%)
4	WALKOWIAK Robert	124	KGHM ZG RUN	M-KGHM	1	Tak				00:19:58.30	+00:01:28 (7.4%)	3:59	15 (92.6%)
5	WACHNIK Marek	123	ZG RUN	M-KGHM	2	Tak				00:20:32.10	+00:02:02 (9.9%)	4:06	14.6 (90.1%)
6	KOSZAŁKO Natalia	69		K-Polkowice	1				Tak	00:22:22.80	+00:03:52 (17.3%)	4:28	13.4 (82.7%)
7	BOGACZ Patrycja	74	WOŁÓW BIEGA	OPEN -K	1					00:22:38.25	+00:04:08 (18.3%)	4:31	13.3 (82.1%)
8	KUREK Krzysztof	102	KS ACTIVEURAN	OPEN -M	3					00:22:51.55	+00:04:21 (19.1%)	4:34	13.1 (80.9%)
9	FOTEREK Krzysztof	82	TEAM HAJDUK	OPEN -M	4					00:23:08.00	+00:04:38 (20.0%)	4:37	13 (80.2%)
10	KITA Katarzyna	98		K-KGHM	1	Tak				00:23:40.95	+00:05:10 (21.9%)	4:44	12.7 (78.4%)
11	PIASECKI Michał	163	GRUBIKO	OPEN -M	5					00:23:54.45	+00:05:24 (22.6%)	4:46	12.6 (77.8%)
12	WALUK Sławomir	125	AS	OPEN -M	6					00:24:00.00	+00:05:30 (22.9%)	4:48	12.5 (77.2%)
13	KOŁODZIEJ Andrzej	100	KS ACTIVE URAN	OPEN -M	7					00:24:02.75	+00:05:32 (23.1%)	4:48	12.5 (77.2%)
14	BABISZ Sławomir	6		OPEN -M	8					00:24:07.00	+00:05:37 (23.3%)	4:49	12.4 (76.5%)
15	LISOVYI Dmytro	104		OPEN -M	9					00:25:20.55	+00:06:50 (27.0%)	5:04	11.8 (72.8%)
16	ADAMEK Kamil	72	ALE URWAŁ!	M-KGHM	3	Tak				00:26:07.10	+00:07:37 (29.2%)	5:13	11.5 (71.0%)
17	BABISZ Aleksandra	250		OPEN -K	2					00:26:18.90	+00:07:48 (29.7%)	16:26	3.7 (22.8%)
18	KĄŻMIERCZAK Krzysztof	96		OPEN -M	10					00:26:28.05	+00:07:58 (30.1%)	5:17	11.3 (69.8%)
19	BŁĄŻEJCZAK Konrad	73		OPEN -M	11					00:26:48.35	+00:08:18 (31.0%)	5:21	11.2 (69.1%)
20	GRZELAK Krzysztof	88		M-Grębocice	1			Tak		00:27:42.15	+00:09:12 (33.2%)	5:32	10.8 (66.7%)
21	CUPIAŁ Sebastian	80		M-Polkowice	2	Tak			Tak	00:27:43.50	+00:09:13 (33.3%)	5:32	10.8 (66.7%)
22	JASIK Joanna	93		OPEN -K	3					00:28:05.85	+00:09:35 (34.2%)	5:37	10.7 (66.0%)
23	SZLACHTER Grzegorz	119	KGHM ZG RUN	M-KGHM	4	Tak				00:28:11.60	+00:09:41 (34.4%)	5:38	10.6 (65.4%)
24	GNIEWOSZ Marcin	84	CROSS STRACENÓW TEAM	M-Rudna	1	Tak	Tak			00:28:28.10	+00:09:58 (35.0%)	5:41	10.5 (64.8%)
25	JAŚLAR Anna	94	GRUBIKO	K-Polkowice	2				Tak	00:28:32.40	+00:10:02 (35.2%)	5:42	10.5 (64.8%)
26	PIASECKA Małgorzata	68	GRUBIKO	OPEN -K	4					00:29:21.40	+00:10:51 (37.0%)	5:52	10.2 (63.0%)

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27	GNIWOSZ Stanisław	85	CROSS STRACEŃCÓW TEAM	M-Rudna	2		Tak			00:29:29.60	+00:10:59 (37.3%)	5:53	10.2 (63.0%)
28	WSPANIAŁY Leszek	128	TEAM CROSS STRACEŃCÓW	OPEN -M	12					00:29:43.45	+00:11:13 (37.8%)	5:56	10.1 (62.3%)
29	MROZ Adam	107		OPEN -M	13					00:29:58.75	+00:11:28 (38.3%)	5:59	10 (61.7%)
30	SULIMA-HARHAJ Monika	8		OPEN -K	5					00:30:00.50	+00:11:30 (38.4%)	6:00	10 (61.7%)
31	UCINEK Beata	122	CROSS STRACEŃCÓW TEAM	OPEN -K	6					00:30:25.65	+00:11:55 (39.2%)	6:05	9.9 (61.1%)
32	BOGUNIA Grzegorz	75	CROSS STRACEŃCÓW TEAM	OPEN -M	14					00:30:37.50	+00:12:07 (39.6%)	6:07	9.8 (60.5%)
33	GRZELAK Urszula	89		K-Grębocice	1			Tak		00:30:39.10	+00:12:09 (39.6%)	6:07	9.8 (60.5%)
34	WOLNIAK Bartosz	126		M-Rudna	3	Tak	Tak			00:31:24.05	+00:12:54 (41.1%)	6:16	9.6 (59.3%)
35	MICHAŁOWSKA Edyta	106		K-KGHM	2	Tak				00:31:31.65	+00:13:01 (41.3%)	6:18	9.5 (58.6%)
36	KUSOWSKA Helena	103		K-Rudna	1		Tak			00:31:44.35	+00:13:14 (41.7%)	6:20	9.5 (58.6%)
37	WOLNIAK Anna	127		K-Rudna	2	Tak	Tak			00:33:10.00	+00:14:40 (44.2%)	6:38	9 (55.6%)
38	ROŻEWSKA Maria	115		K-Grębocice	2			Tak		00:33:11.70	+00:14:41 (44.3%)	6:38	9 (55.6%)
39	SLANIA Anna	116		OPEN -K	7					00:33:14.15	+00:14:44 (44.3%)	6:38	9 (55.6%)
40	BOJARYN Dorota	76		K-KGHM	3	Tak				00:33:25.75	+00:14:55 (44.7%)	6:41	9 (55.6%)
41	KIEŁCZYŃSKA Katarzyna	97		K-KGHM	4	Tak				00:33:28.35	+00:14:58 (44.7%)	6:41	9 (55.6%)
42	CZUŃ Tomasz	81		M-Rudna	4	Tak	Tak			00:35:05.85	+00:16:35 (47.3%)	7:01	8.6 (53.1%)
43	ADAMEK Aneta	71	AS	OPEN -K	8					00:36:22.45	+00:17:52 (49.1%)	7:16	8.2 (50.6%)
44	RESZETAR Jarosław	114		M-KGHM	5	Tak				00:36:47.45	+00:18:17 (49.7%)	7:21	8.2 (50.6%)
45	GRUSZCZYŃSKI Tomasz	86		OPEN -M	15					00:37:45.85	+00:19:15 (51.0%)	7:33	7.9 (48.8%)
46	REPA GRUSZCZYŃSKA Katarzyna	113		OPEN -K	9					00:37:45.95	+00:19:15 (51.0%)	7:33	7.9 (48.8%)
47	MAZAN Aleksandra	105	BALCERZAK RUN FOR FUN	OPEN -K	10					00:38:54.60	+00:20:24 (52.5%)	7:46	7.7 (47.5%)
48	PACHOLSKA Maja	136		OPEN -K	11					00:39:43.45	+00:21:13 (53.4%)	7:56	7.6 (46.9%)
49	PACHOLSKA Katarzyna	135	SEKCJA BFECKA	OPEN -K	12					00:39:46.15	+00:21:16 (53.5%)	7:57	7.5 (46.3%)
50	BORYSŁAWSKA Krystyna	77		K-Grębocice	3			Tak		00:39:51.00	+00:21:21 (53.6%)	7:58	7.5 (46.3%)
51		134								00:51:34.85	+00:33:04 (64.1%)	10:18	5.8 (35.8%)
52		129								00:51:36.45	+00:33:06 (64.2%)	10:19	5.8 (35.8%)

Znaleziono 52 wynik(ów)