

# BIEG SĄSIEDZI ŻELAZNEGO MOSTU - NW 5KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** III Bieg i Marsz Sąsiedzi Żelaznego Mostu  
**Organiser:** EVENTS GROUP SP. Z O.O.  
**Date:** 2023-07-01  
**Place:** Obiszów  
**Distance:** 5 km



Classification: OPEN -K

Place	Participant	Number	Club	Category	MCat	KGHM	Rudna	Grębocice	Polkowice	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>MAŁYNIAK-SZCZEPAŃSKA Monika</b>	<b>179</b>	KGHM ZG RUN	OPEN -K	1					<b>00:40:15.10</b>		8:03	7.5 (100%)
2	<b>DĄBROWSKA Sylwia</b>	<b>146</b>		K- Polkowice	1				Tak	<b>00:42:10.95</b>	+00:01:55 (4.6%)	8:26	7.1 (94.7%)
3	<b>KLOCEK Jagoda</b>	<b>165</b>	METRAKO	K16	1					<b>00:42:52.65</b>	+00:02:37 (6.1%)	8:34	7 (93.3%)
4	<b>TOMCZAK-CHRZAN Beata</b>	<b>200</b>		K- Grębocice	1			Tak		<b>00:43:51.70</b>	+00:03:36 (8.2%)	8:46	6.8 (90.7%)
5	<b>LISTWAN Klaudia</b>	<b>176</b>		K14	1			Tak		<b>00:44:00.55</b>	+00:03:45 (8.5%)	8:48	6.8 (90.7%)
6	<b>GIMEL-PIELECH Barbara</b>	<b>152</b>		K-KGHM	1	Tak				<b>00:44:09.65</b>	+00:03:54 (8.9%)	8:49	6.8 (90.7%)
7	<b>SZCZEPAŃSK Oliwia</b>	<b>196</b>	METRAKO	K14	2					<b>00:46:41.60</b>	+00:06:26 (13.8%)	9:20	6.4 (85.3%)
8	<b>JEMIOŁO Angela</b>	<b>161</b>		K- Grębocice	2			Tak		<b>00:47:33.85</b>	+00:07:18 (15.4%)	9:30	6.3 (84.0%)
9	<b>OLEJARCZYK Karolina</b>	<b>206</b>		K-KGHM	2	Tak				<b>00:48:08.55</b>	+00:07:53 (16.4%)	9:37	6.2 (82.7%)
10	<b>KASIŃSKA-MACHAJEK Krystyna</b>	<b>164</b>	STOWARZYSZENIE TRANSPLANTACJI SERCA	K- Polkowice	2				Tak	<b>00:50:16.25</b>	+00:10:01 (19.9%)	10:03	6 (80.0%)
11	<b>SZCZEPAŃSKA Lena</b>	<b>197</b>	METRAKO	OPEN -K	2					<b>00:51:08.60</b>	+00:10:53 (21.3%)	10:13	5.9 (78.7%)
12	<b>SARNOWSKA Aniela</b>	<b>192</b>	METRAKO	K14	3					<b>00:51:30.05</b>	+00:11:14 (21.8%)	10:18	5.8 (77.3%)
13	<b>WOŹNIAK Agnieszka</b>	<b>204</b>		K- Polkowice	3				Tak	<b>00:52:11.95</b>	+00:11:56 (22.9%)	10:26	5.7 (76.0%)

Place	Participant	Number	Club	Category	MCat	KGHM	Rudna	Grębocice	Polkowice	Net time 5km	Gap	Pace min/km	Pace km/h
14	<b>PAŁYS Aleksandra</b>	<b>184</b>	METRAKO	OPEN -K	3					<b>00:52:34.10</b>	+00:12:19 (23.4%)	10:30	5.7 (76.0%)
15	<b>MICHALIK Renata</b>	<b>5</b>		OPEN -K	4					<b>00:53:51.85</b>	+00:13:36 (25.3%)	10:46	5.6 (74.7%)
16	<b>KOLBRUN-KOWALSKA Olga</b>	<b>57</b>		K-KGHM	3	Tak				<b>00:53:53.35</b>	+00:13:38 (25.3%)	10:46	5.6 (74.7%)
17	<b>KUREK Małgorzata</b>	<b>175</b>		OPEN -K	5					<b>00:56:03.75</b>	+00:15:48 (28.2%)	11:12	5.4 (72.0%)
18	<b>KOŁODZIEJ Ewa</b>	<b>166</b>	MIŁKOWICE	OPEN -K	6					<b>00:56:04.35</b>	+00:15:49 (28.2%)	11:12	5.4 (72.0%)
19	<b>JASTRZĘBSKA Małgorzata</b>	<b>160</b>		OPEN -K	7					<b>00:57:18.75</b>	+00:17:03 (29.8%)	11:27	5.2 (69.3%)
20	<b>CZYŻOWICZ Mariola</b>	<b>145</b>	MGOPS PROCHOWICE	OPEN -K	8					<b>01:00:48.60</b>	+00:20:33 (33.8%)	12:09	4.9 (65.3%)
21	<b>PISKOROWSKA-HANYSZ Katarzyna</b>	<b>188</b>	MGOPS PROCHOWICE	OPEN -K	9					<b>01:00:49.55</b>	+00:20:34 (33.8%)	12:09	4.9 (65.3%)
22	<b>RYBA Jolanta</b>	<b>191</b>	MGOPS PROCHOWICE	OPEN -K	10					<b>01:00:50.90</b>	+00:20:35 (33.8%)	12:10	4.9 (65.3%)
23	<b>REJCHAN Agnieszka</b>	<b>190</b>	MGOPS PROCHOWICE	OPEN -K	11					<b>01:00:51.10</b>	+00:20:36 (33.9%)	12:10	4.9 (65.3%)
24	<b>SIKORA Ewa</b>	<b>193</b>	MGOPS PROCHOWICE	OPEN -K	12					<b>01:00:51.35</b>	+00:20:36 (33.9%)	12:10	4.9 (65.3%)
25	<b>BROT Agnieszka</b>	<b>143</b>		K-KGHM	4	Tak			Tak	<b>01:00:54.50</b>	+00:20:39 (33.9%)	12:10	4.9 (65.3%)
26	<b>OLEJARCZYK Katarzyna</b>	<b>183</b>		OPEN -K	13								(0.0%)
27	<b>BOGDANOWICZ Małgorzata</b>	<b>142</b>		K-KGHM	5	Tak							(0.0%)
28	<b>ŁAMEJKO - KRAWCZYK Ewelina</b>	<b>177</b>		OPEN -K	14								(0.0%)
29	<b>KOWALCZYK Beata</b>	<b>132</b>		OPEN -K	15								(0.0%)
30	<b>KOZYRA Bernadetta</b>	<b>201</b>		K-KGHM	6	Tak			Tak				(0.0%)
31	<b>KOWALCZYKOWSKA-RAGAN Natalia</b>	<b>170</b>		OPEN -K	16								(0.0%)
32	<b>HEPPEL Malwina</b>	<b>155</b>		K-Polkowice	4				Tak				(0.0%)

Total 32 results.