

BIEG ŚNIADANIOWY / KLUBOWE MISTRZOSTWA MORSÓW

B4SPORT
INTELEGENCE ZAWODY SPORTOWE

Organizator: Centrum Kultury Mielno
Data: 2022-02-11
Miejsce: Mielno
Dystans: 5 km



Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	OBARA Żaneta	120	KLIMA MORSY WRZEŚNIA	K40	1	00:23:44.25		4:44	12.6 (100%)
2	NAJMARK Małgorzata	115	POLICKIE MORSY	K40	2	00:25:15.78	+00:01:31 (6.0%)	5:03	11.9 (94.4%)
3	NORKOWSKA Aleksandra	117	ORANGE POLSKA	K40	3	00:26:07.18	+00:02:22 (9.1%)	5:13	11.5 (91.3%)
4	STELZER Lidia	151		K40	4	00:27:39.67	+00:03:55 (14.2%)	5:31	10.8 (85.7%)
5	ŁUKOWICZ Elżbieta	99		K40	5	00:28:02.96	+00:04:18 (15.4%)	5:36	10.7 (84.9%)
6	DOBROCHOWSKA Ilona	20	STRZEGOMSKA DWUNASTKA	K40	6	00:28:32.78	+00:04:48 (16.8%)	5:42	10.5 (83.3%)
7	KWIATKOWSKA Monika	84	KS AMBER	K40	7	00:29:07.14	+00:05:22 (18.5%)	5:49	10.3 (81.7%)
8	JAGŁA Żaneta	49		K40	8	00:29:33.77	+00:05:49 (19.7%)	5:54	10.2 (81.0%)
9	FEDYCZKOWSKA Justyna	27	STRZEGOMSKA DWUNASTKA	K40	9	00:29:33.96	+00:05:49 (19.7%)	5:54	10.2 (81.0%)
10	KARITA Katarzyna	62	MORSJANKI MORSJANIE GDANSK	K40	10	00:29:45.77	+00:06:01 (20.2%)	5:57	10.1 (80.2%)
11	WIŚNIEWSKA Justyna	183	SZARE MORSY	K40	11	00:29:49.55	+00:06:05 (20.4%)	5:57	10.1 (80.2%)
12	WOLIŃSKA Agnieszka	184	BIAŁE MORSY GOSTYNIN KUTNO	K40	12	00:29:58.75	+00:06:14 (20.8%)	5:59	10 (79.4%)
13	WAJCFELD Katarzyna	173	BE ACTIVE LEŚNA	K40	13	00:30:19.07	+00:06:34 (21.7%)	6:03	9.9 (78.6%)
14	ZAŁĘSKA Agnieszka	186	MORS J ANKI & MORS J ANIE	K40	14	00:30:26.39	+00:06:42 (22.0%)	6:05	9.9 (78.6%)
15	KAIM Aldona	57	RADOMSKIE MORSY	K40	15	00:31:10.01	+00:07:25 (23.8%)	6:14	9.6 (76.2%)
16	BAJCAR Beata	6	SZARE MORSY	K40	16	00:31:14.48	+00:07:30 (24.0%)	6:14	9.6 (76.2%)
17	ŁAWNICZAK Justyna	92	JUTROSIŃSKI KLUB MORSÓW	K40	17	00:31:41.80	+00:07:57 (25.1%)	6:20	9.5 (75.4%)
18	MYŚKIEWICZ Monika	114	MORSY SIEDLCE	K40	18	00:31:42.21	+00:07:57 (25.1%)	6:20	9.5 (75.4%)
19	WIELAND Lidia	178	RUN TEAM RYDZYNA	K40	19	00:31:42.49	+00:07:58 (25.1%)	6:20	9.5 (75.4%)
20	WARNIEŁO Adriana	177	MOCZYMORDY Z CZATOWA	K40	20	00:31:49.59	+00:08:05 (25.4%)	6:21	9.4 (74.6%)
21	KRAJEWSKA Magdalena	74		K40	21	00:32:08.61	+00:08:24 (26.2%)	6:25	9.3 (73.8%)
22	ŁOPATKA Olga	97	SKIERNIEWICKI KLUB ZIMORODKA	K40	22	00:32:29.91	+00:08:45 (27.0%)	6:29	9.2 (73.0%)
23	KOWALSKA Edyta	72	STRZEGOMSKA DWUNASTKA	K40	23	00:32:34.46	+00:08:50 (27.1%)	6:30	9.2 (73.0%)
24	GRAFIK Renata	36		K40	24	00:33:04.85	+00:09:20 (28.2%)	6:36	9.1 (72.2%)
25	MAJEROWICZ Honorata	101	KS AMBER	K40	25	00:33:06.42	+00:09:22 (28.3%)	6:37	9.1 (72.2%)
26	SZYMAŃSKA Aleksandra	161	MORSY KLIMA WRZEŚNIA	K40	26	00:33:14.21	+00:09:29 (28.6%)	6:38	9 (71.4%)

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27	DZIKIEL Beata	127	BABKI Z KLASĄ	K40	27	00:33:25.74	+00:09:41 (29.0%)	6:41	9 (71.4%)
28	ŁAZAROWICZ Katarzyna	93		K40	28	00:33:25.94	+00:09:41 (29.0%)	6:41	9 (71.4%)
29	MONDRON Katarzyna	111	POSEJDON KOSZALIN	K40	29	00:33:40.92	+00:09:56 (29.5%)	6:44	8.9 (70.6%)
30	SKISŁOWSKA Marta	119	KILOMETRY POMOCY	K40	30	00:33:47.10	+00:10:02 (29.7%)	6:45	8.9 (70.6%)
31	DZWONCZYK-CZEMARNIK Iwona	26	KILOMETRY POMOCY I MORS, EX WROCLAW	K40	31	00:33:48.07	+00:10:03 (29.8%)	6:45	8.9 (70.6%)
32	ADAMCZYK Joanna	1	SWIETOKRZYSKI WLOCZYKIJ	K40	32	00:33:58.03	+00:10:13 (30.1%)	6:47	8.8 (69.8%)
33	SEKUŁA Iwona	141	SKIERNIEWICKI KLUB ZIMORODKA	K40	33	00:34:01.67	+00:10:17 (30.2%)	6:48	8.8 (69.8%)
34	KALICKA Anna	60	MORSY SIEDLCE	K40	34	00:34:21.77	+00:10:37 (30.9%)	6:52	8.7 (69.0%)
35	KLAMKA Wioletta	66	ŚWIĘTOKRZYSKI WŁÓCZYKIJ	K40	35	00:34:33.78	+00:10:49 (31.3%)	6:54	8.7 (69.0%)
36	BŁASZAK Monika	9	MORSY KLIMA WRZESNIA NIGHT RUNNERS WRZEŚNIA	K40	36	00:34:53.46	+00:11:09 (32.0%)	6:58	8.6 (68.3%)
37	DZIĘCIELSKA Agnieszka	25		K40	37	00:36:07.04	+00:12:22 (34.3%)	7:13	8.3 (65.9%)
38	WANDYCZ Anna	175	BE ACTIVE LEŚNA	K40	38	00:36:24.41	+00:12:40 (34.8%)	7:16	8.2 (65.1%)
39	CZERNIK Katarzyna	16	KILOMETRY POMOCY	K40	39	00:36:57.47	+00:13:13 (35.8%)	7:23	8.1 (64.3%)
40	MILCZAREK Aneta	108	BIAŁE MORSY GOSTYNIN KUTNO	K40	40	00:37:21.72	+00:13:37 (36.5%)	7:28	8 (63.5%)
41	BOROWSKA Arletta	103	MORSY SIEDLCE	K40	41	00:38:49.76	+00:15:05 (38.9%)	7:45	7.7 (61.1%)
42	SOSNOWA Barbara	146	KILOMETRY POMOCY	K40	42	00:39:11.17	+00:15:26 (39.4%)	7:50	7.7 (61.1%)
43	HOJDA Dorota	46	MORSEX	K40	43	00:39:18.40	+00:15:34 (39.6%)	7:51	7.6 (60.3%)
44	STACHOWIAK Karolina	148		K40	44	00:39:23.62	+00:15:39 (39.7%)	7:52	7.6 (60.3%)
45	ZWOIŃSKA Iwona	191	MORSJANKI & MORSJANIE	K40	45	00:39:27.07	+00:15:42 (39.8%)	7:53	7.6 (60.3%)
46	BORKOWSKA Sylwia	11		K40	46	00:39:28.89	+00:15:44 (39.9%)	7:53	7.6 (60.3%)
47	STRONGOWSKA Patrycja	152	MORSJANKI I MORSJANIE	K40	47	00:39:49.12	+00:16:04 (40.4%)	7:57	7.5 (59.5%)
48	ALCER Anna	4		K40	48	00:39:58.14	+00:16:13 (40.6%)	7:59	7.5 (59.5%)
49	BURIAN Agnieszka	14	KS AMBER	K40	49	00:41:58.28	+00:18:14 (43.4%)	8:23	7.1 (56.3%)
50	ROSMANOWSKA Iwona	139	#STRONGWOMEN	K40	50	00:42:25.73	+00:18:41 (44.1%)	8:29	7.1 (56.3%)
51	ŚLUBOWSKA Katarzyna	166	#STRONGWOMEN	K40	51	00:42:26.95	+00:18:42 (44.1%)	8:29	7.1 (56.3%)
52	ŻABKA Agnieszka	193	#STRONGWOMEN	K40	52	00:42:28.13	+00:18:43 (44.1%)	8:29	7.1 (56.3%)
53	OSIECKA-SAJNOG Katarzyna	124	#STRONGWOMEN	K40	53	00:42:29.74	+00:18:45 (44.1%)	8:29	7.1 (56.3%)
54	MATUSIAK Edyta	199	MORSY PAKOŚĆ	K40	54	00:43:04.46	+00:19:20 (44.9%)	8:36	7 (55.6%)
55	KAMIŃSKA Katarzyna	200	MORSY PAKOŚĆ	K40	55	00:43:05.32	+00:19:21 (44.9%)	8:37	7 (55.6%)
56	SIMINSKA Monika	143		K40	56	00:43:05.38	+00:19:21 (44.9%)	8:37	7 (55.6%)
57	PAŻEWSKA Agnieszka	87	TKKF KOSZALIN	K40	57	00:45:09.82	+00:21:25 (47.4%)	9:01	6.6 (52.4%)
58	DUDA Anna	22		K40	58	00:45:36.29	+00:21:52 (47.9%)	9:07	6.6 (52.4%)
59	FORMALEWICZ Kasia	29	SARBINOWSKIE MORSY /WYCHODZĘ Z KIJAMI	K40	59	00:45:47.50	+00:22:03 (48.2%)	9:09	6.6 (52.4%)
60	HAŁKA Małgorzata	45	KILOMETY POMOCY	K40	60	00:50:19.91	+00:26:35 (52.8%)	10:03	6 (47.6%)

Znaleziono 60 wynik(ów)