

# BIEG ŚNIADANIOWY / KLUBOWE MISTRZOSTWA MORSÓW

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Organizator:** Centrum Kultury Mielno  
**Data:** 2024-02-10  
**Miejsce:** Mielno  
**Dystans:** 5 km



Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>DOBROŁOWICZ Marta</b>	<b>38</b>	ESKIMO KŁODAWA/GORZÓW WLKP.	K40	1	<b>00:20:49.90</b>		4:09	14.4 (100%)
2	<b>JANKOWSKA Kamila</b>	<b>73</b>		K40	2	<b>00:21:15.50</b>	+00:00:25 (2.0%)	4:15	14.1 (97.9%)
3	<b>SYSIK Aneta</b>	<b>235</b>	MORSY SIEDLCE	K40	3	<b>00:22:59.60</b>	+00:02:09 (9.4%)	4:35	13.1 (91.0%)
4	<b>KUBIAK Katarzyna</b>	<b>113</b>		K40	4	<b>00:24:36.30</b>	+00:03:46 (15.3%)	4:55	12.2 (84.7%)
5	<b>ZAKRZEWSKA Anna</b>	<b>293</b>	STRZEGOMSKA DWUNASTKA	K40	5	<b>00:24:57.50</b>	+00:04:07 (16.5%)	4:59	12 (83.3%)
6	<b>SZEWCZYK Monika</b>	<b>238</b>	KKM KALORYFER	K40	6	<b>00:25:28.95</b>	+00:04:39 (18.3%)	5:05	11.8 (81.9%)
7	<b>WOLIŃSKA Agnieszka</b>	<b>287</b>	BIAŁE MORSY GOSTYNIN-KUTNO	K40	7	<b>00:25:33.50</b>	+00:04:43 (18.5%)	5:06	11.7 (81.3%)
8	<b>GOŁASZEWSKA Marzena</b>	<b>86</b>	MORSY NA JURZE	K40	8	<b>00:26:03.90</b>	+00:05:14 (20.1%)	5:12	11.5 (79.9%)
9	<b>MASTALERZ Katarzyna</b>	<b>140</b>	ŻYRARDOWSKIE MORSY	K40	9	<b>00:26:14.45</b>	+00:05:24 (20.6%)	5:14	11.4 (79.2%)
10	<b>MICHALSKA Małgorzata</b>	<b>148</b>	MORSY Z JEZIORA KRAKSY	K40	10	<b>00:26:35.60</b>	+00:05:45 (21.7%)	5:19	11.3 (78.5%)
11	<b>RAGAN Aneta</b>	<b>200</b>	STRZEGOMSKA DWUNASTKA	K40	11	<b>00:26:41.15</b>	+00:05:51 (21.9%)	5:20	11.2 (77.8%)
12	<b>KWIATKOWSKA Monika</b>	<b>121</b>	KLUB SPORTOWY AMBER	K40	12	<b>00:26:55.75</b>	+00:06:05 (22.6%)	5:23	11.1 (77.1%)
13	<b>PODBYLSKA Magdalena</b>	<b>188</b>	ZMĘCZENI NA STARCIE	K40	13	<b>00:27:46.15</b>	+00:06:56 (25.0%)	5:33	10.8 (75.0%)
14	<b>ŻÓŁĆ Beata</b>	<b>305</b>	DZIKI Z TRÓJMIASTA	K40	14	<b>00:28:14.15</b>	+00:07:24 (26.2%)	5:38	10.6 (73.6%)
15	<b>ŁAZAROWICZ Katarzyna</b>	<b>129</b>		K40	15	<b>00:28:18.25</b>	+00:07:28 (26.4%)	5:39	10.6 (73.6%)
16	<b>MACIOROWSKA Emilia</b>	<b>133</b>	ZIMNOLUBNI ISLANDIA	K40	16	<b>00:28:22.20</b>	+00:07:32 (26.6%)	5:40	10.6 (73.6%)
17	<b>STACHOWIAK Karolina</b>	<b>223</b>	KAMERALNE MORSY RASZKÓW	K40	17	<b>00:28:30.85</b>	+00:07:40 (26.9%)	5:42	10.5 (72.9%)
18	<b>WARDZIAK Emilia</b>	<b>269</b>	ŻYRARDOWSKIE MORSY	K40	18	<b>00:28:33.80</b>	+00:07:43 (27.1%)	5:42	10.5 (72.9%)
19	<b>CISZEWSKA Kalina</b>	<b>32</b>	STOWARZYSZENIE WROCŁAWSKIE MORSY	K40	19	<b>00:28:39.00</b>	+00:07:49 (27.3%)	5:43	10.5 (72.9%)
20	<b>CELER Wiktoria</b>	<b>28</b>	NIEZRZESZONA	K40	20	<b>00:28:46.90</b>	+00:07:57 (27.6%)	5:45	10.4 (72.2%)
21	<b>OLESIAK Patrycja</b>	<b>167</b>	STOWARZYSZENIE WROCŁAWSKIE MORSY	K40	21	<b>00:28:50.35</b>	+00:08:00 (27.8%)	5:46	10.4 (72.2%)
22	<b>MONDRON Katarzyna</b>	<b>152</b>	POSEJDON KOSZALIN	K40	22	<b>00:29:05.40</b>	+00:08:15 (28.4%)	5:49	10.3 (71.5%)
23	<b>RADAJEWSKA Justyna</b>	<b>226</b>		K40	23	<b>00:30:20.65</b>	+00:09:30 (31.3%)	6:04	9.9 (68.8%)
24	<b>OWCZAREK Izabela</b>	<b>172</b>	ŚREMSKI KLUB MORSÓW MROZIK	K40	24	<b>00:30:25.50</b>	+00:09:35 (31.5%)	6:05	9.9 (68.8%)
25	<b>KACZMARCZYK Edyta</b>	<b>80</b>		K40	25	<b>00:30:42.10</b>	+00:09:52 (32.1%)	6:08	9.8 (68.1%)
26	<b>RUDZIEWICZ Małgorzata</b>	<b>208</b>	RUDE MORSY	K40	26	<b>00:30:58.20</b>	+00:10:08 (32.7%)	6:11	9.7 (67.4%)

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27	<b>PŁÓCIENICZAK Sylwia</b>	<b>184</b>	RUDE MORSY	K40	27	<b>00:30:58.60</b>	+00:10:08 (32.8%)	6:11	9.7 (67.4%)
28	<b>MAZUREK Barbara</b>	<b>143</b>		K40	28	<b>00:31:10.30</b>	+00:10:20 (33.2%)	6:14	9.6 (66.7%)
29	<b>SUDER-MAKSYMOWICZ Monika</b>	<b>231</b>		K40	29	<b>00:31:45.25</b>	+00:10:55 (34.4%)	6:21	9.4 (65.3%)
30	<b>GNIOT Katarzyna</b>	<b>57</b>		K40	30	<b>00:31:49.90</b>	+00:11:00 (34.6%)	6:21	9.4 (65.3%)
31	<b>WITKOWSKA Antonina</b>	<b>283</b>	ŻYRARDOWSKIE MORSY	K40	31	<b>00:32:09.95</b>	+00:11:20 (35.2%)	6:25	9.3 (64.6%)
32	<b>SKONIECZNA Anna</b>	<b>217</b>	MORSY GOŁUCHÓW	K40	32	<b>00:32:14.35</b>	+00:11:24 (35.4%)	6:26	9.3 (64.6%)
33	<b>HAJDUK Magdalena</b>	<b>64</b>	#CZELADZBIEGA#	K40	33	<b>00:32:27.35</b>	+00:11:37 (35.8%)	6:29	9.2 (63.9%)
34	<b>ZADROŻNA Joanna</b>	<b>291</b>	BKM POLAR	K40	34	<b>00:32:47.60</b>	+00:11:57 (36.5%)	6:33	9.2 (63.9%)
35	<b>ŚMIGIELSKA Justyna</b>	<b>249</b>	MORSY NA KOKSIE	K40	35	<b>00:33:46.60</b>	+00:12:56 (38.3%)	6:45	8.9 (61.8%)
36	<b>KLECZKOWSKA Ewa</b>	<b>93</b>	MORSY BOLESŁAWIEC	K40	36	<b>00:33:48.00</b>	+00:12:58 (38.4%)	6:45	8.9 (61.8%)
37	<b>POROSŁO-ŻYWIŃSKA Joanna</b>	<b>194</b>	KKM KALORYFER	K40	37	<b>00:34:07.90</b>	+00:13:18 (39.0%)	6:49	8.8 (61.1%)
38	<b>KWATERA Danuta</b>	<b>120</b>	KKM KALORYFER	K40	38	<b>00:34:08.45</b>	+00:13:18 (39.0%)	6:49	8.8 (61.1%)
39	<b>GRUSZCZYŃSKA Dorota</b>	<b>60</b>	MORSY ŚRODA ŚLĄSKA	K40	39	<b>00:34:24.80</b>	+00:13:34 (39.5%)	6:52	8.7 (60.4%)
40	<b>WIENCEK Renata</b>	<b>279</b>	KAMERALNE MORSY RASZKÓW	K40	40	<b>00:35:07.75</b>	+00:14:17 (40.7%)	7:01	8.5 (59.0%)
41	<b>SURMACZ Agata</b>	<b>233</b>	NAGŁE MORSOWANIA BYDGOSZCZ	K40	41	<b>00:38:08.20</b>	+00:17:18 (45.4%)	7:37	7.9 (54.9%)
42	<b>NARKIEWICZ-CZURYŁO Agnieszka</b>	<b>155</b>	ZIMNOLUBNI ISLANDIA	K40	42	<b>00:38:14.55</b>	+00:17:24 (45.5%)	7:38	7.8 (54.2%)
43	<b>GAWLE Kinga</b>	<b>55</b>	KKM KALORYFER	K40	43	<b>00:39:17.95</b>	+00:18:28 (47.0%)	7:51	7.6 (52.8%)
44	<b>ŁAKOMA Monika</b>	<b>126</b>		K40	44	<b>00:39:22.15</b>	+00:18:32 (47.1%)	7:52	7.6 (52.8%)
45	<b>BORKOWSKA Arletta</b>	<b>20</b>	MORSY SIEDLCE	K40	45	<b>00:39:29.20</b>	+00:18:39 (47.2%)	7:53	7.6 (52.8%)
46	<b>SZNDAR Sylwia</b>	<b>240</b>	MORSY Z JEZIORA KRAKSY	K40	46	<b>00:39:30.75</b>	+00:18:40 (47.3%)	7:54	7.6 (52.8%)
47	<b>DOBACZEWSKA Iwona</b>	<b>37</b>	ŻYRARDOWSKIE MORSY	K40	47	<b>00:40:29.40</b>	+00:19:39 (48.6%)	8:05	7.4 (51.4%)
48	<b>CHMIELECKA Monika</b>	<b>30</b>	ŻYRARDOWSKIE MORSY	K40	48	<b>00:40:29.75</b>	+00:19:39 (48.6%)	8:05	7.4 (51.4%)
49	<b>SIMINSKA Monika</b>	<b>216</b>	MORSY PAKOŚĆ	K40	49	<b>00:41:19.80</b>	+00:20:29 (49.6%)	8:15	7.3 (50.7%)
50	<b>DZIECIELSKA Agnieszka</b>	<b>45</b>		K40	50	<b>00:41:41.05</b>	+00:20:51 (50.0%)	8:20	7.2 (50.0%)
51	<b>POPRAWA Renata</b>	<b>193</b>	MORSY OSTRÓW WIELKOPOLSKI	K40	51	<b>00:41:53.00</b>	+00:21:03 (50.3%)	8:22	7.2 (50.0%)
52	<b>KLOCIŃSKA Monika</b>	<b>94</b>	ŻYRARDOWSKIE MORSY	K40	52	<b>00:44:25.90</b>	+00:23:36 (53.1%)	8:53	6.8 (47.2%)
53	<b>ZYDOŁOWICZ Mirosława</b>	<b>301</b>	BAWARSKIE MORSY	K40	53	<b>00:44:27.25</b>	+00:23:37 (53.1%)	8:53	6.7 (46.5%)
54	<b>SZYMAŃSKA Aleksandra</b>	<b>243</b>	KLIMA MORSY WRZEŚNIA	K40	54	<b>00:44:44.40</b>	+00:23:54 (53.4%)	8:56	6.7 (46.5%)
55	<b>IWAŃSKA Sylwia</b>	<b>68</b>	MORSY Z JEZIORA KRAKSY	K40	55	<b>00:44:57.25</b>	+00:24:07 (53.7%)	8:59	6.7 (46.5%)
56	<b>PERŁOWSKA Justyna</b>	<b>177</b>	ŻYRARDOWSKIE MORSY	K40	56	<b>00:45:43.35</b>	+00:24:53 (54.4%)	9:08	6.6 (45.8%)
57	<b>WALENDOWSKA Monika</b>	<b>265</b>	ŚREMSKI KLUB MORSÓW MROZIK	K40	57	<b>00:47:40.65</b>	+00:26:50 (56.3%)	9:32	6.3 (43.8%)

Znaleziono 57 wynik(ów)