

BIEG ŚNIADANIOWY / KLUBOWE MISTRZOSTWA MORSÓW

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Organizator: Centrum Kultury Mielno
Data: 2024-02-10
Miejsce: Mielno
Dystans: 5 km



Klasyfikacja: K50

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------------|------------|----------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 1 | OSTAPCZUK Odetta | 170 | MORSY Z JEZIORA KRAKSY | K50 | 1 | 00:23:59.90 | | 4:47 | 12.5 (100%) |
| 2 | MAJEWSKA Aleksandra | 116 | MORSY BOLESŁAWIEC | K50 | 2 | 00:25:09.90 | +00:01:10 (4.6%) | 5:01 | 11.9 (95.2%) |
| 3 | FEDYCZKOWSKA Justyna | 49 | STRZEGOMSKA DWUNASTKA | K50 | 3 | 00:25:31.35 | +00:01:31 (6.0%) | 5:06 | 11.8 (94.4%) |
| 4 | KACZMAREK Lidia | 81 | KLUB SZALONEGO MORSIA SIERAKÓW | K50 | 4 | 00:25:32.75 | +00:01:32 (6.1%) | 5:06 | 11.7 (93.6%) |
| 5 | KĘDZIERSKA Lilianna | 89 | MORSY GŁOGÓW | K50 | 5 | 00:26:09.50 | +00:02:09 (8.3%) | 5:13 | 11.5 (92.0%) |
| 6 | BOGUSŁAWSKA Renata | 19 | KAMERALNE MORSY RASZKÓW | K50 | 6 | 00:26:12.85 | +00:02:12 (8.5%) | 5:14 | 11.5 (92.0%) |
| 7 | MAŚLANKA Iwona | 141 | NORDIC SPORT 2021 | K50 | 7 | 00:26:43.60 | +00:02:43 (10.2%) | 5:20 | 11.2 (89.6%) |
| 8 | WILICKA Elżbieta | 281 | MORSIKI PŁOCK | K50 | 8 | 00:26:57.20 | +00:02:57 (11.0%) | 5:23 | 11.1 (88.8%) |
| 9 | MAJEWSKA Wiola | 136 | STRZEGOMSKA DWUNASTKA | K50 | 9 | 00:26:58.05 | +00:02:58 (11.0%) | 5:23 | 11.1 (88.8%) |
| 10 | MAJERCZYK-GODLEWSKA Jadwiga | 135 | STOWARZYSZENIE WROCŁAWSKIE MORSY | K50 | 10 | 00:28:29.65 | +00:04:29 (15.8%) | 5:41 | 10.5 (84.0%) |
| 11 | WALCZAK Agnieszka | 262 | KLUB SZALONEGO MORSIA SIERAKÓW | K50 | 11 | 00:29:31.05 | +00:05:31 (18.7%) | 5:54 | 10.2 (81.6%) |
| 12 | KRAUZE Mirela | 108 | STOWARZYSZENIE WROCŁAWSKIE MORSY | K50 | 12 | 00:29:37.50 | +00:05:37 (19.0%) | 5:55 | 10.1 (80.8%) |
| 13 | ŚWITAJ Wiesława | 250 | | K50 | 13 | 00:29:54.00 | +00:05:54 (19.7%) | 5:58 | 10 (80.0%) |
| 14 | WIELAND Lidia | 276 | RUDE MORSY | K50 | 14 | 00:30:13.85 | +00:06:13 (20.6%) | 6:02 | 9.9 (79.2%) |
| 15 | SADOWSKA Małgorzata | 211 | BBC KROSNO ODRZAŃSKIE | K50 | 15 | 00:30:24.35 | +00:06:24 (21.1%) | 6:04 | 9.9 (79.2%) |
| 16 | KALICKA Anna | 84 | MORSY SIEDLCE | K50 | 16 | 00:30:46.35 | +00:06:46 (22.0%) | 6:09 | 9.8 (78.4%) |
| 17 | WACHHOLZ Beata | 261 | | K50 | 17 | 00:31:05.20 | +00:07:05 (22.8%) | 6:13 | 9.7 (77.6%) |
| 18 | JANICKA Monika | 72 | BYLE DO ZIMY | K50 | 18 | 00:31:43.95 | +00:07:44 (24.4%) | 6:20 | 9.5 (76.0%) |
| 19 | KOZAK Krystyna | 103 | RUDE MORSY | K50 | 19 | 00:32:14.25 | +00:08:14 (25.6%) | 6:26 | 9.3 (74.4%) |
| 20 | DZIKIEL Beata | 46 | MORSY GŁOGÓW | K50 | 20 | 00:32:21.70 | +00:08:21 (25.8%) | 6:28 | 9.3 (74.4%) |
| 21 | KLEICHMIDT Ania | 310 | | K50 | 21 | 00:32:22.70 | +00:08:22 (25.9%) | 6:28 | 9.3 (74.4%) |
| 22 | SZYMAŃSKA Hanna | 244 | POZYTYWNI BIEGACZE | K50 | 22 | 00:33:26.00 | +00:09:26 (28.2%) | 6:41 | 9 (72.0%) |
| 23 | STACHOWIAK Barbara | 225 | | K50 | 23 | 00:34:46.15 | +00:10:46 (31.0%) | 6:57 | 8.6 (68.8%) |
| 24 | PUDLISZEWSKA Marzena | 198 | RUDE MORSY | K50 | 24 | 00:34:59.00 | +00:10:59 (31.4%) | 6:59 | 8.6 (68.8%) |
| 25 | RATAJCZYK Ewa | 201 | KLIMA MORSY | K50 | 25 | 00:38:28.70 | +00:14:28 (37.6%) | 7:41 | 7.8 (62.4%) |
| 26 | METRYCKA1 Ania | 147 | MORSY ŁÓDZ | K50 | 26 | 00:38:32.90 | +00:14:33 (37.7%) | 7:42 | 7.8 (62.4%) |

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| 27 | MIKOŁAJEWICZ Beata | 151 | RUDE MORSY | K50 | 27 | 00:39:22.45 | +00:15:22 (39.1%) | 7:52 | 7.6 (60.8%) |
| 28 | LEUTNER Grazyna | 124 | | K50 | 28 | 00:44:27.90 | +00:20:28 (46.0%) | 8:53 | 6.7 (53.6%) |
| 29 | KOZICKA Ewa | 104 | MORSY Z JEZIORA KRAKSY | K50 | 29 | 00:44:57.95 | +00:20:58 (46.6%) | 8:59 | 6.7 (53.6%) |
| 30 | KOZIOŁ Ewa | 106 | MORSY Z JEZIORA KRAKSY | K50 | 30 | 00:49:50.70 | +00:25:50 (51.9%) | 9:58 | 6 (48.0%) |

Znaleziono 30 wynik(ów)