

BIEG ŚNIADANIOWY / KLUBOWE MISTRZOSTWA MORSÓW

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Centrum Kultury Mielno
Data: 2022-02-11
Miejsce: Mielno
Dystans: 5 km



Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	JABŁOŃSKI Tomasz	201	SPOKO SŁAWNO	M40	1	00:21:03.00		4:12	14.3 (100%)
2	ZIELIŃSKI Sławomir	202	MORSY ROSKILDE	M40	2	00:21:12.00	+00:00:09 (0.7%)	4:14	14.2 (99.3%)
3	PICK Tomasz	130	BIEGOLAS KOSZALIN / KORONA SZCZECIN	M40	3	00:21:30.66	+00:00:27 (2.1%)	4:18	14 (97.9%)
4	WIENCEK Artur	179	KAMERALNE MORSY RASZKÓW	M40	4	00:21:59.35	+00:00:56 (4.3%)	4:23	13.6 (95.1%)
5	KRÓLIK Waldemar	76	MOCZYMORDY Z CZATOWA	M40	5	00:22:25.04	+00:01:22 (6.1%)	4:29	13.4 (93.7%)
6	MALEWICZ Grzegorz	102	BE ACTIVE LEŚNA	M40	6	00:22:25.28	+00:01:22 (6.1%)	4:29	13.4 (93.7%)
7	MAZUR Emilusz	105		M40	7	00:23:11.01	+00:02:08 (9.2%)	4:38	12.9 (90.2%)
8	MASZTALER Przemysław	104		M40	8	00:23:19.52	+00:02:16 (9.8%)	4:39	12.9 (90.2%)
9	CIUPAK Rafał	15	BE ACTIVE LEŚNA	M40	9	00:23:30.15	+00:02:27 (10.4%)	4:42	12.8 (89.5%)
10	NAWORYTA Wojciech	116	KKM KALORYFER	M40	10	00:23:31.81	+00:02:28 (10.5%)	4:42	12.8 (89.5%)
11	KRACZYŃSKI Łukasz	73		M40	11	00:23:37.49	+00:02:34 (10.9%)	4:43	12.7 (88.8%)
12	OKUNIEWICZ Wojciech	24	STRZEGOMSKA DWUNASTKA	M40	12	00:23:46.47	+00:02:43 (11.5%)	4:45	12.6 (88.1%)
13	PUSTUŁKA Adam	138		M40	13	00:24:09.96	+00:03:06 (12.9%)	4:49	12.4 (86.7%)
14	PAKOWSKI Robert	125	KS AMBER	M40	14	00:24:17.98	+00:03:14 (13.4%)	4:51	12.4 (86.7%)
15	GUZEK Mariusz	42	BIĄŁE MORSY	M40	15	00:24:40.31	+00:03:37 (14.7%)	4:56	12.2 (85.3%)
16	WOŁSOWICZ Włodzimierz	135	MORSY OPOCZNO	M40	16	00:24:55.97	+00:03:52 (15.6%)	4:59	12 (83.9%)
17	NOWAK Jarosław	118	KKM KALORYFER	M40	17	00:24:56.34	+00:03:53 (15.6%)	4:59	12 (83.9%)
18	SZEREMETA Adam	153	ZGIERZOLUDY	M40	18	00:25:07.35	+00:04:04 (16.2%)	5:01	11.9 (83.2%)
19	BOCHEŃSKI Rafał	10	KKM KALORYFER	M40	19	00:25:13.30	+00:04:10 (16.5%)	5:02	11.9 (83.2%)
20	DUDEK Krzysztof	185	STRZEGOMSKA DWUNASTKA	M40	20	00:25:14.17	+00:04:11 (16.6%)	5:02	11.9 (83.2%)
21	ŻYŁA Daniel	194	BE ACTIVE LEŚNA	M40	21	00:25:25.51	+00:04:22 (17.2%)	5:05	11.8 (82.5%)
22	ADAMUS Daniel	3	STRZEGOMSKA DWUNASTKA	M40	22	00:25:27.72	+00:04:24 (17.3%)	5:05	11.8 (82.5%)
23	GOJŻEWSKI Leszek	33		M40	23	00:26:19.49	+00:05:16 (20.0%)	5:15	11.4 (79.7%)
24	ZIELIŃSKI Michał	190	MORSY GOŁUCHÓW	M40	24	00:26:29.13	+00:05:26 (20.5%)	5:17	11.3 (79.0%)
25	PIOTROWSKI Grzegorz	134	STRZEGOMSKA DWUNASTKA	M40	25	00:26:38.92	+00:05:35 (21.0%)	5:19	11.3 (79.0%)
26	KALETA Krzysztof	59	KAMERALNE MORSY RASZKÓW	M40	26	00:27:00.54	+00:05:57 (22.1%)	5:24	11.1 (77.6%)

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27	LESIAK Paweł	91	MORSY OPOCZNO	M40	27	00:27:05.30	+00:06:02 (22.3%)	5:25	11.1 (77.6%)
28	PIŁAT Daniel	133		M40	28	00:27:29.26	+00:06:26 (23.4%)	5:29	10.9 (76.2%)
29	PIECHOTA Robert	131	POSEJDON KOSZALIN	M40	29	00:27:40.05	+00:06:37 (23.9%)	5:32	10.8 (75.5%)
30	BORKOWSKI Bogdan	12	BE ACTIVE LEŚNA	M40	30	00:28:06.34	+00:07:03 (25.1%)	5:37	10.7 (74.8%)
31	GOŁĘBIEWSKI Kazimierz	34	KEMPER TEAM	M40	31	00:28:17.21	+00:07:14 (25.6%)	5:39	10.6 (74.1%)
32	DUDA Marek	21		M40	32	00:28:24.65	+00:07:21 (25.9%)	5:40	10.6 (74.1%)
33	PASTUCHEWICZ Przemysław	126	BE ACTIVE LEŚNA	M40	33	00:28:36.20	+00:07:33 (26.4%)	5:43	10.5 (73.4%)
34	LAREK Tomasz	86	MORSY GŁOGÓW	M40	34	00:28:44.15	+00:07:41 (26.7%)	5:44	10.4 (72.7%)
35	KMITA Włodzimierz	68	MORSY OPOCZNO	M40	35	00:28:45.96	+00:07:42 (26.8%)	5:45	10.4 (72.7%)
36	KAZIMIERCZAK Ryszard	169	MORSY PAKOŚĆ	M40	36	00:29:36.50	+00:08:33 (28.9%)	5:55	10.1 (70.6%)
37	HORDYJEWICZ Mirosław	47	MORSY NA KOKSIE	M40	37	00:29:45.16	+00:08:42 (29.3%)	5:57	10.1 (70.6%)
38	KRAJEWSKI Tomasz	75		M40	38	00:29:48.43	+00:08:45 (29.4%)	5:57	10.1 (70.6%)
39	MOŃKA Andrzej	112	ZMORSOWANI CZĘSTOCHOWA	M40	39	00:30:05.72	+00:09:02 (30.1%)	6:01	10 (69.9%)
40	PRZYBYŁO Sławek	137	STRZEGOMSKA DWUNASTKA	M40	40	00:31:39.13	+00:10:36 (33.5%)	6:19	9.5 (66.4%)
41	CZERNIK Tomasz	17	KILOMETRY POMOCY	M40	41	00:33:11.06	+00:12:08 (36.6%)	6:38	9 (62.9%)
42	ŁUKOWICZ Ireneusz	98		M40	42	00:33:16.47	+00:12:13 (36.7%)	6:39	9 (62.9%)
43	WARDEGA Damian	176	MORSY LUBIN	M40	43	00:33:24.35	+00:12:21 (37.0%)	6:40	9 (62.9%)
44	MATUSIAK Dariusz	198	MORSY PAKOŚĆ	M40	44	00:33:41.24	+00:12:38 (37.5%)	6:44	8.9 (62.2%)
45	PIETRZAK Dawid	132	KLIMA MORSY WRZEŚNIA	M40	45	00:34:52.67	+00:13:49 (39.6%)	6:58	8.6 (60.1%)
46	STACHURSKI Ireneusz	149	SKIERNIEWICKI KLUB ZIMORODKA	M40	46	00:35:35.11	+00:14:32 (40.8%)	7:07	8.4 (58.7%)
47	ADAMSKI Mariusz	2	KAMERALNE MORSY RASZKÓW	M40	47	00:35:41.65	+00:14:38 (41.0%)	7:08	8.4 (58.7%)
48	SOBOLEWSKI Rafał	145	ZALEWAJKOWE ŚWIRY	M40	48	00:36:39.27	+00:15:36 (42.6%)	7:19	8.2 (57.3%)
49	SZEWCZYK Piotr	159	MORSUJĄCY KŁOBUCK	M40	49	00:37:20.27	+00:16:17 (43.6%)	7:28	8 (55.9%)
50	BULTROWICZ Marcin	13	W2M	M40	50	00:38:07.68	+00:17:04 (44.8%)	7:37	7.9 (55.2%)
51	PEŁKA Tomek	128	KILOMETRY POMOCY	M40	51	00:39:12.77	+00:18:09 (46.3%)	7:50	7.7 (53.8%)
52	STACHOWIAK Rafał	147		M40	52	00:39:23.06	+00:18:20 (46.6%)	7:52	7.6 (53.1%)
53	ŚLEDŹ Janusz	165	SZARE MORSY	M40	53	00:39:41.67	+00:18:38 (47.0%)	7:56	7.6 (53.1%)
54	ALCER Krzysztof	5		M40	54	00:39:52.24	+00:18:49 (47.2%)	7:58	7.5 (52.4%)
55	FIEDUR Zbigniew	167	MORSY PAKOŚĆ	M40	55	00:43:04.57	+00:22:01 (51.1%)	8:36	7 (49.0%)
56	SZYMAŃSKI Radosław	163	MORSY KLIMA WRZEŚNIA	M40	56	00:44:21.26	+00:23:18 (52.5%)	8:52	6.8 (47.6%)
57	MAMROT Artur	67	TKKF KOSZALIN	M40	57	00:45:08.86	+00:24:05 (53.4%)	9:01	6.6 (46.2%)
58	HAŁKA Jan	44	KILOMETRY POMOCY	M40	58	00:50:25.99	+00:29:22 (58.3%)	10:05	6 (42.0%)

Znaleziono 58 wynik(ów)