

# BIEG ŚNIADANIOWY / KLUBOWE MISTRZOSTWA MORSÓW

B4SPORT

**Organizator:** Centrum Kultury Mielno  
**Data:** 2023-02-11  
**Miejsce:** Mielno  
**Dystans:** 5 km



Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	JARECKI Ireneusz	79		M50	1	00:18:59.15		3:47	15.8 (100%)
2	PICK Tomasz	176	BIEGOLAS KOSZALIN	M50	2	00:20:11.50	+00:01:12 (6.0%)	4:02	14.9 (94.3%)
3	CHABOWSKI Tomasz	32	MALBORSKIE MORSY	M50	3	00:22:17.55	+00:03:18 (14.8%)	4:27	13.5 (85.4%)
4	MENZEL Stanisław	148	ŚREMSKI KLUB MORSÓW MROZIK	M50	4	00:22:31.85	+00:03:32 (15.7%)	4:30	13.3 (84.2%)
5	KULAWIAK Bogdan	118	BIĄŁYMIŚ	M50	5	00:22:38.55	+00:03:39 (16.1%)	4:31	13.3 (84.2%)
6	MĘKARSKI Sławomir	149	KS AMBER	M50	6	00:23:07.25	+00:04:08 (17.9%)	4:37	13 (82.3%)
7	PLUSKOTA Przemysław	179		M50	7	00:23:08.50	+00:04:09 (18.0%)	4:37	13 (82.3%)
8	FEDYCZKOWSKI Edward	49	STRZEGOMSKA DWUNASTKA	M50	8	00:24:06.25	+00:05:07 (21.2%)	4:49	12.4 (78.5%)
9	OGŁOSZKA Dariusz	163	BIĄŁE MORSY GOSTYNIN-KUTNO	M50	9	00:24:19.50	+00:05:20 (21.9%)	4:51	12.3 (77.8%)
10	PARZYBUT Jan	171	BRACTWO MORSÓW PNIEWY	M50	10	00:24:24.35	+00:05:25 (22.2%)	4:52	12.3 (77.8%)
11	JELEŃ Marek	83	PARKRUN CHRZANÓW	M50	11	00:24:44.05	+00:05:44 (23.2%)	4:56	12.1 (76.6%)
12	KASPRZYK Bogdan	95		M50	12	00:24:56.00	+00:05:56 (23.9%)	4:59	12 (75.9%)
13	JESSA Włodzimierz	85	ŚREMSKI KLUB MORSÓW MROZIK	M50	13	00:25:05.95	+00:06:06 (24.4%)	5:01	12 (75.9%)
14	PIECHOTA Robert	177	POSEJDON- KOSZALIŃSKI KLUB MORSÓW	M50	14	00:25:33.75	+00:06:34 (25.7%)	5:06	11.7 (74.1%)
15	PUDEŁKO Dariusz	193	STELLANTIS ACTIVE TEAM	M50	15	00:26:52.20	+00:07:53 (29.3%)	5:22	11.2 (70.9%)
16	PASOŃ Krzysztof	172	BODY MORS TARNOBRZEG	M50	16	00:27:32.45	+00:08:33 (31.1%)	5:30	10.9 (69.0%)
17	BŁAŻEWSKI Marek	18	SOPEL DOBRODZIEŃ	M50	17	00:27:48.80	+00:08:49 (31.7%)	5:33	10.8 (68.4%)
18	MATLAK Piotr	143	KRÓLEWSKIE MORSY GNIEZNO	M50	18	00:28:01.85	+00:09:02 (32.3%)	5:36	10.7 (67.7%)
19	SERWA Mariusz	200		M50	19	00:28:18.55	+00:09:19 (32.9%)	5:39	10.6 (67.1%)
20	ADAMCZUK Roman	1		M50	20	00:28:32.80	+00:09:33 (33.5%)	5:42	10.5 (66.5%)
21	PISANIAK Dariusz	178	BORGWARNER	M50	21	00:28:37.45	+00:09:38 (33.7%)	5:43	10.5 (66.5%)
22	BOBROWSKI Przemysław	19		M50	22	00:28:53.35	+00:09:54 (34.3%)	5:46	10.4 (65.8%)
23	WALIGORA Irek	257	ŚREMSKI KLUB MORSÓW MROZIK	M50	23	00:29:38.80	+00:10:39 (36.0%)	5:55	10.1 (63.9%)
24	JESSA Grażyna	84	ŚREMSKI KLUB MORSÓW MROZIK	M50	24	00:29:59.55	+00:11:00 (36.7%)	5:59	10 (63.3%)
25	SADOWSKI Dariusz	289		M50	25	00:30:11.55	+00:11:12 (37.1%)	6:02	9.9 (62.7%)
26	GRAFIK Grzegorz	64	JUTROSINSKI KLUB MORSÓW	M50	26	00:30:23.20	+00:11:24 (37.5%)	6:04	9.9 (62.7%)
27	GĘBSKI Sławomir	55	KKM KALORYFER	M50	27	00:31:09.10	+00:12:09 (39.1%)	6:13	9.6 (60.8%)

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28	<b>KACZMAREK Andrzej</b>	<b>89</b>		M50	28	<b>00:31:17.95</b>	+00:12:18 (39.3%)	6:15	9.6 (60.8%)
29	<b>DEMKOWICZ Ireneusz</b>	<b>36</b>	WEGAS	M50	29	<b>00:31:50.50</b>	+00:12:51 (40.4%)	6:22	9.4 (59.5%)
30	<b>SIERPOWSKI Mieczysław</b>	<b>203</b>	JUTROSINSKI KLUB MORSÓW	M50	30	<b>00:31:57.65</b>	+00:12:58 (40.6%)	6:23	9.4 (59.5%)
31	<b>KLAWIKOWSKI Maciej</b>	<b>103</b>	SOPOCKI KLUB MORSÓW	M50	31	<b>00:34:11.70</b>	+00:15:12 (44.5%)	6:50	8.8 (55.7%)
32	<b>WIELAND Przemysław</b>	<b>262</b>	RUDE MORSY	M50	32	<b>00:35:08.05</b>	+00:16:08 (46.0%)	7:01	8.5 (53.8%)
33	<b>GIGOŃ Krzysztof</b>	<b>57</b>	ROCK BALANCING ICE	M50	33	<b>00:37:01.90</b>	+00:18:02 (48.7%)	7:24	8.1 (51.3%)
34	<b>BORYSZEWSKI Dariusz</b>	<b>106</b>		M50	34	<b>00:41:59.40</b>	+00:23:00 (54.8%)	8:23	7.1 (44.9%)
35	<b>LEUTNER Andreas</b>	<b>130</b>	BAWARSKIE MORSY	M50	35	<b>00:43:16.35</b>	+00:24:17 (56.1%)	8:39	6.9 (43.7%)

Znaleziono 35 wynik(ów)