

BIEG ŚNIADANIOWY / KLUBOWE MISTRZOSTWA MORSÓW

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Centrum Kultury Mielno
Data: 2024-02-10
Miejsce: Mielno
Dystans: 5 km



Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SULKOWSKI Zdzisław	115	TKKFBYDGOSZCZ	M50	1	00:17:50.65		3:34	16.8 (100%)
2	JARECKI Ireneusz	74	STOWARZYSZENIE WROCŁAWSKIE MORSY	M50	2	00:18:25.90	+00:00:35 (3.2%)	3:41	16.3 (97.0%)
3	PICK Tomasz	180	BIEGOLAS KOSZALIN	M50	3	00:19:35.80	+00:01:45 (8.9%)	3:55	15.3 (91.1%)
4	ZAMĘTA Sławomir	295	OTM B	M50	4	00:20:29.55	+00:02:38 (12.9%)	4:05	14.6 (86.9%)
5	CHABOWSKI Tomasz	29	MALBORSKIE MORSY	M50	5	00:20:51.45	+00:03:00 (14.4%)	4:10	14.4 (85.7%)
6	MAŁKOWSKI Tomasz	137	SOPOCKI KLUB MORSÓW	M50	6	00:21:44.30	+00:03:53 (17.9%)	4:20	13.8 (82.1%)
7	SZPITER Tomasz	242	OLAWS ZŁOTORYJA	M50	7	00:22:17.20	+00:04:26 (19.9%)	4:27	13.5 (80.4%)
8	MENZEL Stanisław	146	ŚREMSKI KLUB MORSÓW MROZIK	M50	8	00:22:25.45	+00:04:34 (20.4%)	4:29	13.4 (79.8%)
9	NAWORYTA Wojciech	156	KKM KALORYFER	M50	9	00:22:27.45	+00:04:36 (20.5%)	4:29	13.4 (79.8%)
10	WYCZAŁKOWSKI Witold	289	STOWARZYSZENIE WROCŁAWSKIE MORSY	M50	10	00:22:49.50	+00:04:58 (21.8%)	4:33	13.1 (78.0%)
11	JĘDRYCHA Mariusz	78	LODOŁAMACZ SKIERNIEWICE	M50	11	00:23:40.20	+00:05:49 (24.6%)	4:44	12.7 (75.6%)
12	KASPRZYK Bogdan	88	KS WILKI POMORSKIE	M50	12	00:24:12.25	+00:06:21 (26.3%)	4:50	12.4 (73.8%)
13	KOLAŃSKI Marcin	95	FREESTYLE	M50	13	00:24:31.50	+00:06:40 (27.2%)	4:54	12.2 (72.6%)
14	OGŁOSZKA Dariusz	161	BIAŁE MORSY GOSTYNIN-KUTNO	M50	14	00:24:35.70	+00:06:45 (27.4%)	4:55	12.2 (72.6%)
15	BORYSIONEK Jarosław	21		M50	15	00:24:54.20	+00:07:03 (28.3%)	4:58	12 (71.4%)
16	JESSA Włodek	77	ŚREMSKI KLUB MORSÓW MROZIK	M50	16	00:25:06.40	+00:07:15 (28.9%)	5:01	12 (71.4%)
17	KOSTRZON Maciej	99	PIONKOWSKIE MORSY	M50	17	00:25:18.65	+00:07:28 (29.5%)	5:03	11.9 (70.8%)
18	PIECHOTA Robert	181	POSEJDON KOSZALIN	M50	18	00:25:33.45	+00:07:42 (30.2%)	5:06	11.7 (69.6%)
19	TAŻBIREK Bogusław	251	KKM KALORYFER	M50	19	00:27:27.60	+00:09:36 (35.0%)	5:29	10.9 (64.9%)
20	OKRASA Krzysztof	162	ZGIERZOLUDY	M50	20	00:27:54.60	+00:10:03 (36.1%)	5:34	10.8 (64.3%)
21	SIERPOWSKI Mieczysław	214	KAMERALNE MORSY RASZKÓW	M50	21	00:27:59.25	+00:10:08 (36.2%)	5:35	10.7 (63.7%)
22	KOWAL Grzegorz	100	BYLE DO ZIMY	M50	22	00:28:32.20	+00:10:41 (37.5%)	5:42	10.5 (62.5%)
23	PŁÓCIENICZAK Witold	185	RUDE MORSY	M50	23	00:28:36.35	+00:10:45 (37.6%)	5:43	10.5 (62.5%)
24	STACHOWIAK Rafał	222	KAMERALNE MORSY RASZKÓW	M50	24	00:28:38.75	+00:10:48 (37.7%)	5:43	10.5 (62.5%)
25	LEUTNER Andrzej	123	BAWARSKIE MORSY	M50	25	00:30:22.25	+00:12:31 (41.2%)	6:04	9.9 (58.9%)
26	JANCZEWSKI Jacek	71		M50	26	00:31:10.55	+00:13:19 (42.8%)	6:14	9.6 (57.1%)

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27	ZWONEK Piotr	300	KKM KALORYFER	M50	27	00:31:11.60	+00:13:20 (42.8%)	6:14	9.6 (57.1%)
28	KACZMAREK Andrzej	82	KLUB SZALONEGO MORSA SIERAKÓW	M50	28	00:31:22.05	+00:13:31 (43.1%)	6:16	9.6 (57.1%)
29	PRZYBYŁO Sławek	196	STRZEGOMSKA DWUNASTKA	M50	29	00:31:54.60	+00:14:03 (44.1%)	6:22	9.4 (56.0%)
30	ŁAZAROWICZ Piotr	130		M50	30	00:31:54.65	+00:14:04 (44.1%)	6:22	9.4 (56.0%)
31	ULMAN Bożena Ulman	307	STARE DZUADY	M50	31	00:32:11.90	+00:14:21 (44.6%)	6:26	9.3 (55.4%)
32	WIELAND Przemysław	277	RUDE MORSY	M50	32	00:32:14.35	+00:14:23 (44.7%)	6:26	9.3 (55.4%)
33	SZYMAŃSKI Jacek	246	POZYTYWNI BIEGACZE	M50	33	00:33:26.05	+00:15:35 (46.6%)	6:41	9 (53.6%)
34	HORDYJEWICZ Mirosław	67	MORSY NA KOKSIE	M50	34	00:33:47.55	+00:15:56 (47.2%)	6:45	8.9 (53.0%)
35	MONDRON Paweł	153	POSEJDON KOSZALIN	M50	35	00:37:02.45	+00:19:11 (51.8%)	7:24	8.1 (48.2%)
36	JARZĄBEK Krzysztof	75	RUDE MORSY	M50	36	00:39:22.20	+00:21:31 (54.7%)	7:52	7.6 (45.2%)
37	TURKIEWICZ Radosław	256	RUDE MORSY	M50	37	00:39:22.85	+00:21:32 (54.7%)	7:52	7.6 (45.2%)
38	RATAJCZYK Grzegorz	202	KLIMA MORSY	M50	38	00:41:44.95	+00:23:54 (57.3%)	8:20	7.2 (42.9%)

Znaleziono 38 wynik(ów)