

BIEG ŚNIADANIOWY / KLUBOWE MISTRZOSTWA MORSÓW

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Centrum Kultury Mielno
Data: 2022-02-11
Miejsce: Mielno
Dystans: 5 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	OBARA Żaneta	120	KLIMA MORSY WRZEŚNIA	K40	1	00:23:44.25		4:44	12.6 (100%)
2	SZYMAŃSKA Brygida	160	STRZEGOMSKA DWUNASTKA	K18	1	00:24:19.13	+00:00:34 (2.4%)	4:51	12.3 (97.6%)
3	NAJMARK Małgorzata	115	POLICKIE MORSY	K40	2	00:25:15.78	+00:01:31 (6.0%)	5:03	11.9 (94.4%)
4	NORKOWSKA Aleksandra	117	ORANGE POLSKA	K40	3	00:26:07.18	+00:02:22 (9.1%)	5:13	11.5 (91.3%)
5	SZEWCZYK Monika	158	KKM KALORYFER	K18	2	00:26:31.69	+00:02:47 (10.5%)	5:18	11.3 (89.7%)
6	WIJAS Kinga	180	ŚLĘZAKTEAM	K18	3	00:27:08.32	+00:03:24 (12.5%)	5:25	11.1 (88.1%)
7	GNAŚ Anna	32	SZARE MORSY	K18	4	00:27:26.71	+00:03:42 (13.5%)	5:29	10.9 (86.5%)
8	KOSIBA Anna	71	MORSEX	K18	5	00:27:38.06	+00:03:53 (14.1%)	5:31	10.9 (86.5%)
9	STELZER Lidia	151		K40	4	00:27:39.67	+00:03:55 (14.2%)	5:31	10.8 (85.7%)
10	LABISZAK Ela	85	BE ACTIVE LEŚNA	K18	6	00:27:44.45	+00:04:00 (14.4%)	5:32	10.8 (85.7%)
11	ŁUKOWICZ Elżbieta	99		K40	5	00:28:02.96	+00:04:18 (15.4%)	5:36	10.7 (84.9%)
12	SKURA Ewelina	96	CYNAMONKI	K18	7	00:28:14.07	+00:04:29 (15.9%)	5:38	10.6 (84.1%)
13	DOBROCHOWSKA Ilona	20	STRZEGOMSKA DWUNASTKA	K40	6	00:28:32.78	+00:04:48 (16.8%)	5:42	10.5 (83.3%)
14	MADEJ Gabriela	100		K18	8	00:28:33.06	+00:04:48 (16.9%)	5:42	10.5 (83.3%)
15	KĘDZIERSKA Lilianna	63	BABKI Z KLASĄ	Kluby	2	00:28:51.31	+00:05:07 (17.7%)	5:46	10.4 (82.5%)
16	ULIJASZ Marta	40	WARECKIE MORSY	K18	9	00:28:53.07	+00:05:08 (17.8%)	5:46	10.4 (82.5%)
17	KWIATKOWSKA Monika	84	KS AMBER	K40	7	00:29:07.14	+00:05:22 (18.5%)	5:49	10.3 (81.7%)
18	JANOWICZ Paulina	53	CANNAFLY	K18	10	00:29:19.48	+00:05:35 (19.1%)	5:51	10.2 (81.0%)
19	JAGŁA Żaneta	49		K40	8	00:29:33.77	+00:05:49 (19.7%)	5:54	10.2 (81.0%)
20	FEDYCZKOWSKA Justyna	27	STRZEGOMSKA DWUNASTKA	K40	9	00:29:33.96	+00:05:49 (19.7%)	5:54	10.2 (81.0%)
21	KARITA Katarzyna	62	MORSJANKI MORSJANIE GDANSK	K40	10	00:29:45.77	+00:06:01 (20.2%)	5:57	10.1 (80.2%)
22	WIŚNIEWSKA Justyna	183	SZARE MORSY	K40	11	00:29:49.55	+00:06:05 (20.4%)	5:57	10.1 (80.2%)
23	WOLIŃSKA Agnieszka	184	BIAŁE MORSY GOSTYNIN KUTNO	K40	12	00:29:58.75	+00:06:14 (20.8%)	5:59	10 (79.4%)
24	GROCHOLSKA Wiesława	38		Kluby	7	00:30:03.50	+00:06:19 (21.0%)	6:00	10 (79.4%)
25	WAJCFELD Katarzyna	173	BE ACTIVE LEŚNA	K40	13	00:30:19.07	+00:06:34 (21.7%)	6:03	9.9 (78.6%)
26	ZAŁĘSKA Agnieszka	186	MORS J ANKI & MORS J ANIE	K40	14	00:30:26.39	+00:06:42 (22.0%)	6:05	9.9 (78.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						5km			
27	KOŁODZIEJCZYK Weronika	195	BE ACTIVE LEŚNA	K18	11	00:30:31.66	+00:06:47 (22.2%)	6:06	9.8 (77.8%)
28	OBARZANEK Agnieszka	122	BKM POLAR	K18	12	00:30:32.99	+00:06:48 (22.3%)	6:06	9.8 (77.8%)
29	KUMELSKA Monika	80	BE ACTIVE LEŚNA	K18	13	00:30:53.99	+00:07:09 (23.2%)	6:10	9.7 (77.0%)
30	KAIM Aldona	57	RADOMSKIE MORSY	K40	15	00:31:10.01	+00:07:25 (23.8%)	6:14	9.6 (76.2%)
31	BAJCAR Beata	6	SZARE MORSY	K40	16	00:31:14.48	+00:07:30 (24.0%)	6:14	9.6 (76.2%)
32	ŁAWNICZAK Justyna	92	JUTROSIŃSKI KLUB MORSÓW	K40	17	00:31:41.80	+00:07:57 (25.1%)	6:20	9.5 (75.4%)
33	MYŚKIEWICZ Monika	114	MORSY SIEDLCE	K40	18	00:31:42.21	+00:07:57 (25.1%)	6:20	9.5 (75.4%)
34	WIELAND Lidia	178	RUN TEAM RYDZYNA	K40	19	00:31:42.49	+00:07:58 (25.1%)	6:20	9.5 (75.4%)
35	WARNIEŁŁO Adriana	177	MOCZYMORDY Z CZATOWA	K40	20	00:31:49.59	+00:08:05 (25.4%)	6:21	9.4 (74.6%)
36	KRAJEWSKA Magdalena	74		K40	21	00:32:08.61	+00:08:24 (26.2%)	6:25	9.3 (73.8%)
37	ZBROSZCZYK Natalia	188		K18	14	00:32:12.87	+00:08:28 (26.3%)	6:26	9.3 (73.8%)
38	ŁOPATKA Olga	97	SKIERNIEWICKI KLUB ZIMORODKA	K40	22	00:32:29.91	+00:08:45 (27.0%)	6:29	9.2 (73.0%)
39	RZEPECKA Dominika	140	STOWARZYSZENIE WROCŁAWSKIE MORSY	K18	15	00:32:29.92	+00:08:45 (27.0%)	6:29	9.2 (73.0%)
40	KOWALSKA Edyta	72	STRZEGOMSKA DWUNASTKA	K40	23	00:32:34.46	+00:08:50 (27.1%)	6:30	9.2 (73.0%)
41	KALEMBA Alicja	136	KKM KALORYFER	Kluby	13	00:32:50.09	+00:09:05 (27.7%)	6:34	9.1 (72.2%)
42	JANIAK Ewelina	52	KS AMBER	K18	16	00:32:58.40	+00:09:14 (28.0%)	6:35	9.1 (72.2%)
43	LECHOWICZ Irena	89	SZARE MORSY	Kluby	14	00:33:01.93	+00:09:17 (28.1%)	6:36	9.1 (72.2%)
44	GRAFIK Renata	36		K40	24	00:33:04.85	+00:09:20 (28.2%)	6:36	9.1 (72.2%)
45	MAJEROWICZ Honorata	101	KS AMBER	K40	25	00:33:06.42	+00:09:22 (28.3%)	6:37	9.1 (72.2%)
46	SZYMAŃSKA Aleksandra	161	MORSY KLIMA WRZEŚNIA	K40	26	00:33:14.21	+00:09:29 (28.6%)	6:38	9 (71.4%)
47	DEPTA Kasia	18		K18	17	00:33:25.04	+00:09:40 (29.0%)	6:41	9 (71.4%)
48	DZIKIEL Beata	127	BABKI Z KLASĄ	K40	27	00:33:25.74	+00:09:41 (29.0%)	6:41	9 (71.4%)
49	ŁAZAROWICZ Katarzyna	93		K40	28	00:33:25.94	+00:09:41 (29.0%)	6:41	9 (71.4%)
50	MIZUŁA Hanna	110	MORSY POŁCZYN-ZDRÓJ	K18	18	00:33:28.96	+00:09:44 (29.1%)	6:41	9 (71.4%)
51	MONDRON Katarzyna	111	POSEJDON KOSZALIN	K40	29	00:33:40.92	+00:09:56 (29.5%)	6:44	8.9 (70.6%)
52	SKISŁOWSKA Marta	119	KILOMETRY POMOCY	K40	30	00:33:47.10	+00:10:02 (29.7%)	6:45	8.9 (70.6%)
53	DZWONCZYK-CZEMARNIK Iwona	26	KILOMETRY POMOCY I MORS_ EX WROCLAW	K40	31	00:33:48.07	+00:10:03 (29.8%)	6:45	8.9 (70.6%)
54	ADAMCZYK Joanna	1	SWIETOKRZYSKI WLOCZYKIJ	K40	32	00:33:58.03	+00:10:13 (30.1%)	6:47	8.8 (69.8%)
55	SEKUŁA Iwona	141	SKIERNIEWICKI KLUB ZIMORODKA	K40	33	00:34:01.67	+00:10:17 (30.2%)	6:48	8.8 (69.8%)
56	KALICKA Anna	60	MORSY SIEDLCE	K40	34	00:34:21.77	+00:10:37 (30.9%)	6:52	8.7 (69.0%)
57	KLAMKA Wioletta	66	ŚWIĘTOKRZYSKI WŁÓCZYKIJ	K40	35	00:34:33.78	+00:10:49 (31.3%)	6:54	8.7 (69.0%)
58	BŁASZAK Monika	9	MORSY KLIMA WRZESNIA NIGHT RUNNERS WRZEŚNIA	K40	36	00:34:53.46	+00:11:09 (32.0%)	6:58	8.6 (68.3%)
59	KRUPSKA Żaneta	77	BE ACTIVE LEŚNA	K18	19	00:35:05.73	+00:11:21 (32.4%)	7:01	8.6 (68.3%)
60	WIJATA Sylwia	181	CYNAMONKI	K18	20	00:35:06.15	+00:11:21 (32.4%)	7:01	8.5 (67.5%)
61	KWATERA Danuta	83	KKM KALORYFER	K18	21	00:35:07.91	+00:11:23 (32.4%)	7:01	8.5 (67.5%)
62	DZIĘCIELSKA Agnieszka	25		K40	37	00:36:07.04	+00:12:22 (34.3%)	7:13	8.3 (65.9%)
63	WANDYCZ Anna	175	BE ACTIVE LEŚNA	K40	38	00:36:24.41	+00:12:40 (34.8%)	7:16	8.2 (65.1%)
64	SZEWCZAK Kamila	156	TEAM DEAF	K18	22	00:36:29.15	+00:12:44 (34.9%)	7:17	8.2 (65.1%)
65	FILIPKOWSKA Honorata	28		K18	23	00:36:38.89	+00:12:54 (35.2%)	7:19	8.2 (65.1%)
66	CZERNIK Katarzyna	16	KILOMETRY POMOCY	K40	39	00:36:57.47	+00:13:13 (35.8%)	7:23	8.1 (64.3%)
67	MILCZAREK Aneta	108	BIAŁE MORSY GOSTYNIN KUTNO	K40	40	00:37:21.72	+00:13:37 (36.5%)	7:28	8 (63.5%)
68	ZAWADZKA Iwona	182		Kluby	19	00:37:22.83	+00:13:38 (36.5%)	7:28	8 (63.5%)
69	ULBIN Jadwiga	171	MORSY GŁOGÓW	Kluby	20	00:38:31.31	+00:14:47 (38.4%)	7:42	7.8 (61.9%)
70	HAJDUK Magdalena	43		K18	24	00:38:42.48	+00:14:58 (38.7%)	7:44	7.8 (61.9%)

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						5km	Różn		
71	SKALSKA Kamila	144		K18	25	00:38:42.93	+00:14:58 (38.7%)	7:44	7.8 (61.9%)
72	BOROWSKA Arletta	103	MORSY SIEDLCE	K40	41	00:38:49.76	+00:15:05 (38.9%)	7:45	7.7 (61.1%)
73	SOSNOWA Barbara	146	KILOMETRY POMOCY	K40	42	00:39:11.17	+00:15:26 (39.4%)	7:50	7.7 (61.1%)
74	ŚLEDŹ Dorota	164	SZARE MORSY	K18	26	00:39:15.85	+00:15:31 (39.5%)	7:51	7.6 (60.3%)
75	HOJDA Dorota	46	MORSEX	K40	43	00:39:18.40	+00:15:34 (39.6%)	7:51	7.6 (60.3%)
76	STACHOWIAK Karolina	148		K40	44	00:39:23.62	+00:15:39 (39.7%)	7:52	7.6 (60.3%)
77	ZWOIŃSKA Iwona	191	MORSJANKI & MORSJANIE	K40	45	00:39:27.07	+00:15:42 (39.8%)	7:53	7.6 (60.3%)
78	BORKOWSKA Sylwia	11		K40	46	00:39:28.89	+00:15:44 (39.9%)	7:53	7.6 (60.3%)
79	LATOS Małgorzata	88	SARBINOWSKIE MORSY/WYCHODZĘ Z KIJAMI	Kluby	21	00:39:34.64	+00:15:50 (40.0%)	7:54	7.6 (60.3%)
80	STRONGOWSKA Patrycja	152	MORSJANKI I MORSJANIE	K40	47	00:39:49.12	+00:16:04 (40.4%)	7:57	7.5 (59.5%)
81	ALCER Anna	4		K40	48	00:39:58.14	+00:16:13 (40.6%)	7:59	7.5 (59.5%)
82	BURIAN Agnieszka	14	KS AMBER	K40	49	00:41:58.28	+00:18:14 (43.4%)	8:23	7.1 (56.3%)
83	ROSMANOWSKA Iwona	139	#STRONGWOMEN	K40	50	00:42:25.73	+00:18:41 (44.1%)	8:29	7.1 (56.3%)
84	KALINOWSKA Klaudia	61	#STRONGWOMEN	K18	27	00:42:25.81	+00:18:41 (44.1%)	8:29	7.1 (56.3%)
85	ŚLUBOWSKA Katarzyna	166	#STRONGWOMEN	K40	51	00:42:26.95	+00:18:42 (44.1%)	8:29	7.1 (56.3%)
86	ŻABKA Agnieszka	193	#STRONGWOMEN	K40	52	00:42:28.13	+00:18:43 (44.1%)	8:29	7.1 (56.3%)
87	OSIECKA-SAJNOG Katarzyna	124	#STRONGWOMEN	K40	53	00:42:29.74	+00:18:45 (44.1%)	8:29	7.1 (56.3%)
88	MATUSIAK Edyta	199	MORSY PAKOŚĆ	K40	54	00:43:04.46	+00:19:20 (44.9%)	8:36	7 (55.6%)
89	KAMIŃSKA Katarzyna	200	MORSY PAKOŚĆ	K40	55	00:43:05.32	+00:19:21 (44.9%)	8:37	7 (55.6%)
90	SIMINSKA Monika	143		K40	56	00:43:05.38	+00:19:21 (44.9%)	8:37	7 (55.6%)
91	PAŻEWSKA Agnieszka	87	TKKF KOSZALIN	K40	57	00:45:09.82	+00:21:25 (47.4%)	9:01	6.6 (52.4%)
92	MIKOŁAJCZYK Lidia	69	TKKF KOSZALIN	K18	28	00:45:10.02	+00:21:25 (47.4%)	9:02	6.6 (52.4%)
93	DUDA Anna	22		K40	58	00:45:36.29	+00:21:52 (47.9%)	9:07	6.6 (52.4%)
94	FORMALEWICZ Kasia	29	SARBINOWSKIE MORSY /WYCHODZĘ Z KIJAMI	K40	59	00:45:47.50	+00:22:03 (48.2%)	9:09	6.6 (52.4%)
95	HAŁKA Małgorzata	45	KILOMETY POMOCY	K40	60	00:50:19.91	+00:26:35 (52.8%)	10:03	6 (47.6%)

Znaleziono 95 wynik(ów)