

# BIEG ŚNIADANIOWY / KLUBOWE MISTRZOSTWA MORSÓW

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Organizator:** Centrum Kultury Mielno  
**Data:** 2024-02-10  
**Miejsce:** Mielno  
**Dystans:** 5 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>KRYNICKA GRZYB Małgorzata</b>	<b>111</b>	MLUKS	K18	1	<b>00:19:33.55</b>		3:54	15.3 (100%)
2	<b>NOWICKA Alicja</b>	<b>159</b>	TUPTAŃSKO	K18	2	<b>00:20:03.50</b>	+00:00:29 (2.5%)	4:00	15 (98.0%)
3	<b>DOBROŁOWICZ Marta</b>	<b>38</b>	ESKIMO KŁODAWA/GORZÓW WLKP.	K40	1	<b>00:20:49.90</b>	+00:01:16 (6.1%)	4:09	14.4 (94.1%)
4	<b>JANKOWSKA Kamila</b>	<b>73</b>		K40	2	<b>00:21:15.50</b>	+00:01:41 (8.0%)	4:15	14.1 (92.2%)
5	<b>WOJCIECHOWSKA Basia</b>	<b>285</b>		K18	3	<b>00:21:42.25</b>	+00:02:08 (9.9%)	4:20	13.8 (90.2%)
6	<b>SOSNOWSKA Iga</b>	<b>220</b>	LITWIN SPORTS	K18	4	<b>00:22:44.15</b>	+00:03:10 (14.0%)	4:32	13.2 (86.3%)
7	<b>SYSIK Aneta</b>	<b>235</b>	MORSY SIEDLCE	K40	3	<b>00:22:59.60</b>	+00:03:26 (14.9%)	4:35	13.1 (85.6%)
8	<b>BALAS Magdalena</b>	<b>10</b>	MORSY ROSKILDE	K18	5	<b>00:23:43.25</b>	+00:04:09 (17.5%)	4:44	12.6 (82.4%)
9	<b>ADAMOWICZ Anna</b>	<b>2</b>	FIGA PRACOWNIA PROJEKTOWA	K18	6	<b>00:23:51.20</b>	+00:04:17 (18.0%)	4:46	12.6 (82.4%)
10	<b>OSTAPCZUK Odetta</b>	<b>170</b>	MORSY Z JEZIORA KRAKSY	K50	1	<b>00:23:59.90</b>	+00:04:26 (18.5%)	4:47	12.5 (81.7%)
11	<b>BANAŚ Małgorzata</b>	<b>12</b>		K18	7	<b>00:24:05.10</b>	+00:04:31 (18.8%)	4:49	12.5 (81.7%)
12	<b>KUBIAK Katarzyna</b>	<b>113</b>		K40	4	<b>00:24:36.30</b>	+00:05:02 (20.5%)	4:55	12.2 (79.7%)
13	<b>ZAKRZEWSKA Anna</b>	<b>293</b>	STRZEGOMSKA DWUNASTKA	K40	5	<b>00:24:57.50</b>	+00:05:23 (21.6%)	4:59	12 (78.4%)
14	<b>MAJEWSKA Aleksandra</b>	<b>116</b>	MORSY BOLESŁAWIEC	K50	2	<b>00:25:09.90</b>	+00:05:36 (22.3%)	5:01	11.9 (77.8%)
15	<b>YANKEY Anna</b>	<b>290</b>	LEIGHTON FUN RUNNERS	K18	8	<b>00:25:22.35</b>	+00:05:48 (22.9%)	5:04	11.8 (77.1%)
16	<b>SZEWCZYK Monika</b>	<b>238</b>	KKM KALORYFER	K40	6	<b>00:25:28.95</b>	+00:05:55 (23.2%)	5:05	11.8 (77.1%)
17	<b>FEDYCZKOWSKA Justyna</b>	<b>49</b>	STRZEGOMSKA DWUNASTKA	K50	3	<b>00:25:31.35</b>	+00:05:57 (23.4%)	5:06	11.8 (77.1%)
18	<b>KACZMAREK Lidia</b>	<b>81</b>	KLUB SZALONEGO MORMA SIERAKÓW	K50	4	<b>00:25:32.75</b>	+00:05:59 (23.4%)	5:06	11.7 (76.5%)
19	<b>WOLIŃSKA Agnieszka</b>	<b>287</b>	BIĄŁE MORSY GOSTYNIN-KUTNO	K40	7	<b>00:25:33.50</b>	+00:05:59 (23.5%)	5:06	11.7 (76.5%)
20	<b>RZEPECKA Dominika</b>	<b>210</b>	STOWARZYSZENIE WROCŁAWSKIE MORSY	K18	9	<b>00:25:42.20</b>	+00:06:08 (23.9%)	5:08	11.7 (76.5%)
21	<b>GOŁASZEWSKA Marzena</b>	<b>86</b>	MORSY NA JURZE	K40	8	<b>00:26:03.90</b>	+00:06:30 (25.0%)	5:12	11.5 (75.2%)
22	<b>PŁÓCIENNIK Renata</b>	<b>186</b>	KAMERALNE MORSY RASZKÓW	K60+	1	<b>00:26:09.20</b>	+00:06:35 (25.2%)	5:13	11.5 (75.2%)
23	<b>KĘDZIERSKA Lilianna</b>	<b>89</b>	MORSY GŁOGÓW	K50	5	<b>00:26:09.50</b>	+00:06:35 (25.2%)	5:13	11.5 (75.2%)
24	<b>BOGUSŁAWSKA Renata</b>	<b>19</b>	KAMERALNE MORSY RASZKÓW	K50	6	<b>00:26:12.85</b>	+00:06:39 (25.4%)	5:14	11.5 (75.2%)
25	<b>MASTALERZ Katarzyna</b>	<b>140</b>	ŻYRARDOWSKIE MORSY	K40	9	<b>00:26:14.45</b>	+00:06:40 (25.5%)	5:14	11.4 (74.5%)
26	<b>ORŁOWSKA Joanna</b>	<b>168</b>	MORSY Z JEZIORA KRAKSY	K18	10	<b>00:26:28.25</b>	+00:06:54 (26.1%)	5:17	11.3 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 5km	Różn		
27	<b>MICHALSKA Małgorzata</b>	<b>148</b>	MORSY Z JEZIORA KRAKSY	K40	10	<b>00:26:35.60</b>	+00:07:02 (26.5%)	5:19	11.3 (73.9%)
28	<b>CHOŁUJ Małgorzata</b>	<b>31</b>	STOWARZYSZENIE WROCŁAWSKIE MORSY	K60+	2	<b>00:26:36.85</b>	+00:07:03 (26.5%)	5:19	11.3 (73.9%)
29	<b>RAGAN Aneta</b>	<b>200</b>	STRZEGOMSKA DWUNASTKA	K40	11	<b>00:26:41.15</b>	+00:07:07 (26.7%)	5:20	11.2 (73.2%)
30	<b>MAŚLANKA Iwona</b>	<b>141</b>	NORDIC SPORT 2021	K50	7	<b>00:26:43.60</b>	+00:07:10 (26.8%)	5:20	11.2 (73.2%)
31	<b>KWIATKOWSKA Monika</b>	<b>121</b>	KLUB SPORTOWY AMBER	K40	12	<b>00:26:55.75</b>	+00:07:22 (27.4%)	5:23	11.1 (72.5%)
32	<b>WILICKA Elżbieta</b>	<b>281</b>	MORSIKI PŁOCK	K50	8	<b>00:26:57.20</b>	+00:07:23 (27.4%)	5:23	11.1 (72.5%)
33	<b>MAJEWSKA Wiola</b>	<b>136</b>	STRZEGOMSKA DWUNASTKA	K50	9	<b>00:26:58.05</b>	+00:07:24 (27.5%)	5:23	11.1 (72.5%)
34	<b>KORECKA Joanna</b>	<b>98</b>		K18	11	<b>00:27:01.40</b>	+00:07:27 (27.6%)	5:24	11.1 (72.5%)
35	<b>TWORSKA Magdalena</b>	<b>257</b>		K18	12	<b>00:27:29.30</b>	+00:07:55 (28.8%)	5:29	10.9 (71.2%)
36	<b>SZORCZ Paulina</b>	<b>241</b>	MORSIKI PSARSKIE	K18	13	<b>00:27:45.15</b>	+00:08:11 (29.5%)	5:33	10.8 (70.6%)
37	<b>PODBYLSKA Magdalena</b>	<b>188</b>	ZMĘCZENI NA STARCIE	K40	13	<b>00:27:46.15</b>	+00:08:12 (29.6%)	5:33	10.8 (70.6%)
38	<b>DOBRZAŃSKA Agata</b>	<b>39</b>	ŚREMSKI KLUB MORSÓW MROZIK	K18	14	<b>00:27:59.10</b>	+00:08:25 (30.1%)	5:35	10.7 (69.9%)
39	<b>DUDEK Katarzyna</b>	<b>42</b>	LITWIN SPORTS	K18	15	<b>00:28:05.55</b>	+00:08:32 (30.4%)	5:37	10.7 (69.9%)
40	<b>ŻÓŁĆ Beata</b>	<b>305</b>	DZIKI Z TRÓJMIASTA	K40	14	<b>00:28:14.15</b>	+00:08:40 (30.7%)	5:38	10.6 (69.3%)
41	<b>ŁAZAROWICZ Katarzyna</b>	<b>129</b>		K40	15	<b>00:28:18.25</b>	+00:08:44 (30.9%)	5:39	10.6 (69.3%)
42	<b>MACIOROWSKA Emilia</b>	<b>133</b>	ZIMNOLUBNI ISLANDIA	K40	16	<b>00:28:22.20</b>	+00:08:48 (31.1%)	5:40	10.6 (69.3%)
43	<b>MAJERCZYK-GODLEWSKA Jadwiga</b>	<b>135</b>	STOWARZYSZENIE WROCŁAWSKIE MORSY	K50	10	<b>00:28:29.65</b>	+00:08:56 (31.4%)	5:41	10.5 (68.6%)
44	<b>STACHOWIAK Karolina</b>	<b>223</b>	KAMERALNE MORSY RASZKÓW	K40	17	<b>00:28:30.85</b>	+00:08:57 (31.4%)	5:42	10.5 (68.6%)
45	<b>WARDZIAK Emilia</b>	<b>269</b>	ŻYRARDOWSKIE MORSY	K40	18	<b>00:28:33.80</b>	+00:09:00 (31.5%)	5:42	10.5 (68.6%)
46	<b>CISZEWSKA Kalina</b>	<b>32</b>	STOWARZYSZENIE WROCŁAWSKIE MORSY	K40	19	<b>00:28:39.00</b>	+00:09:05 (31.7%)	5:43	10.5 (68.6%)
47	<b>CELER Wiktoria</b>	<b>28</b>	NIEZRZESZONA	K40	20	<b>00:28:46.90</b>	+00:09:13 (32.0%)	5:45	10.4 (68.0%)
48	<b>OLESIAK Patrycja</b>	<b>167</b>	STOWARZYSZENIE WROCŁAWSKIE MORSY	K40	21	<b>00:28:50.35</b>	+00:09:16 (32.2%)	5:46	10.4 (68.0%)
49	<b>MONDRÓŃ Katarzyna</b>	<b>152</b>	POSEJDON KOSZALIN	K40	22	<b>00:29:05.40</b>	+00:09:31 (32.8%)	5:49	10.3 (67.3%)
50	<b>ŻACZEK Małgorzata</b>	<b>302</b>	ZIMNOLUBNI ISLANDIA	K18	16	<b>00:29:24.30</b>	+00:09:50 (33.5%)	5:52	10.2 (66.7%)
51	<b>WALCZAK Agnieszka</b>	<b>262</b>	KLUB SZALONEGO MORSIA SIERAKÓW	K50	11	<b>00:29:31.05</b>	+00:09:57 (33.7%)	5:54	10.2 (66.7%)
52	<b>KRAUZE Mirela</b>	<b>108</b>	STOWARZYSZENIE WROCŁAWSKIE MORSY	K50	12	<b>00:29:37.50</b>	+00:10:03 (34.0%)	5:55	10.1 (66.0%)
53	<b>ŚWITAJ Wiesława</b>	<b>250</b>		K50	13	<b>00:29:54.00</b>	+00:10:20 (34.6%)	5:58	10 (65.4%)
54	<b>KRYSTEK Agata</b>	<b>112</b>		K18	17	<b>00:30:09.90</b>	+00:10:36 (35.2%)	6:01	10 (65.4%)
55	<b>WIELAND Lidia</b>	<b>276</b>	RUDE MORSY	K50	14	<b>00:30:13.85</b>	+00:10:40 (35.3%)	6:02	9.9 (64.7%)
56	<b>RADAJEWSKA Justyna</b>	<b>226</b>		K40	23	<b>00:30:20.65</b>	+00:10:47 (35.5%)	6:04	9.9 (64.7%)
57	<b>MIKOŁAJCZAK Magdalena</b>	<b>150</b>	ŚREMSKI KLUB MORSÓW MROZIK	K18	18	<b>00:30:23.00</b>	+00:10:49 (35.6%)	6:04	9.9 (64.7%)
58	<b>SADOWSKA Małgorzata</b>	<b>211</b>	BBC KROSNO ODRZAŃSKIE	K50	15	<b>00:30:24.35</b>	+00:10:50 (35.7%)	6:04	9.9 (64.7%)
59	<b>OWCZAREK Izabela</b>	<b>172</b>	ŚREMSKI KLUB MORSÓW MROZIK	K40	24	<b>00:30:25.50</b>	+00:10:51 (35.7%)	6:05	9.9 (64.7%)
60	<b>ZDUNEK Justyna</b>	<b>296</b>	ANANASY Z 3 FAL	K18	19	<b>00:30:40.40</b>	+00:11:06 (36.2%)	6:08	9.8 (64.1%)
61	<b>KACZMARCZYK Edyta</b>	<b>80</b>		K40	25	<b>00:30:42.10</b>	+00:11:08 (36.3%)	6:08	9.8 (64.1%)
62	<b>ANDRZEJCZYK Ewelina</b>	<b>7</b>	ANANASY Z 3 FAL	K18	20	<b>00:30:45.10</b>	+00:11:11 (36.4%)	6:09	9.8 (64.1%)
63	<b>KALICKA Anna</b>	<b>84</b>	MORSY SIEDLCE	K50	16	<b>00:30:46.35</b>	+00:11:12 (36.4%)	6:09	9.8 (64.1%)
64	<b>OKUNIEWICZ Agnieszka</b>	<b>164</b>	STRZEGOMSKA DWUNASTKA	K18	21	<b>00:30:54.85</b>	+00:11:21 (36.7%)	6:10	9.7 (63.4%)
65	<b>RUDZIEWICZ Małgorzata</b>	<b>208</b>	RUDE MORSY	K40	26	<b>00:30:58.20</b>	+00:11:24 (36.8%)	6:11	9.7 (63.4%)
66	<b>PŁÓCIENICZAK Sylwia</b>	<b>184</b>	RUDE MORSY	K40	27	<b>00:30:58.60</b>	+00:11:25 (36.9%)	6:11	9.7 (63.4%)
67	<b>URBAN Ewelina</b>	<b>259</b>	ANANASY Z 3 FAL	K18	22	<b>00:31:00.50</b>	+00:11:26 (36.9%)	6:12	9.7 (63.4%)
68	<b>WACHHOLZ Beata</b>	<b>261</b>		K50	17	<b>00:31:05.20</b>	+00:11:31 (37.1%)	6:13	9.7 (63.4%)
69	<b>MAZUREK Barbara</b>	<b>143</b>		K40	28	<b>00:31:10.30</b>	+00:11:36 (37.3%)	6:14	9.6 (62.7%)
70	<b>JANICKA Monika</b>	<b>72</b>	BYLE DO ZIMY	K50	18	<b>00:31:43.95</b>	+00:12:10 (38.4%)	6:20	9.5 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 5km	Różn		
71	<b>SUDER-MAKSYMOWICZ Monika</b>	<b>231</b>		K40	29	<b>00:31:45.25</b>	+00:12:11 (38.4%)	6:21	9.4 (61.4%)
72	<b>GNIOT Katarzyna</b>	<b>57</b>		K40	30	<b>00:31:49.90</b>	+00:12:16 (38.6%)	6:21	9.4 (61.4%)
73	<b>WITKOWSKA Antonina</b>	<b>283</b>	ŻYRARDOWSKIE MORSY	K40	31	<b>00:32:09.95</b>	+00:12:36 (39.2%)	6:25	9.3 (60.8%)
74	<b>KOZAK Krystyna</b>	<b>103</b>	RUDE MORSY	K50	19	<b>00:32:14.25</b>	+00:12:40 (39.3%)	6:26	9.3 (60.8%)
75	<b>SKONIECZNA Anna</b>	<b>217</b>	MORSY GOŁUCHÓW	K40	32	<b>00:32:14.35</b>	+00:12:40 (39.3%)	6:26	9.3 (60.8%)
76	<b>DZIKIEL Beata</b>	<b>46</b>	MORSY GŁOGÓW	K50	20	<b>00:32:21.70</b>	+00:12:48 (39.6%)	6:28	9.3 (60.8%)
77	<b>KLEICHMIDT Ania</b>	<b>310</b>		K50	21	<b>00:32:22.70</b>	+00:12:49 (39.6%)	6:28	9.3 (60.8%)
78	<b>HAJDUK Magdalena</b>	<b>64</b>	#CZELADZBIEGA#	K40	33	<b>00:32:27.35</b>	+00:12:53 (39.7%)	6:29	9.2 (60.1%)
79	<b>ZADROŻNA Joanna</b>	<b>291</b>	BKM POLAR	K40	34	<b>00:32:47.60</b>	+00:13:14 (40.4%)	6:33	9.2 (60.1%)
80	<b>ULBIN Jadwiga</b>	<b>258</b>		K60+	3	<b>00:33:11.35</b>	+00:13:37 (41.1%)	6:38	9 (58.8%)
81	<b>SZYMAŃSKA Hanna</b>	<b>244</b>	POZYTYWNI BIEGACZE	K50	22	<b>00:33:26.00</b>	+00:13:52 (41.5%)	6:41	9 (58.8%)
82	<b>ŻYWIŃSKA Oliwia</b>	<b>306</b>	KKM KALORYFER	M14	2	<b>00:33:26.70</b>	+00:13:53 (41.5%)	6:41	9 (58.8%)
83	<b>ŚMIGIELSKA Justyna</b>	<b>249</b>	MORSY NA KOKSIE	K40	35	<b>00:33:46.60</b>	+00:14:13 (42.1%)	6:45	8.9 (58.2%)
84	<b>KLECZKOWSKA Ewa</b>	<b>93</b>	MORSY BOLESŁAWIEC	K40	36	<b>00:33:48.00</b>	+00:14:14 (42.1%)	6:45	8.9 (58.2%)
85	<b>BARTKOWIAK Aneta</b>	<b>15</b>	ŚREMSKI KLUB MORSÓW MROZIK	K18	23	<b>00:33:50.15</b>	+00:14:16 (42.2%)	6:46	8.9 (58.2%)
86	<b>BARTKOWIAK Klaudia</b>	<b>14</b>	ŚREMSKI KLUB MORSÓW MROZIK	K18	24	<b>00:33:51.30</b>	+00:14:17 (42.2%)	6:46	8.9 (58.2%)
87	<b>POROSŁO-ŻYWIŃSKA Joanna</b>	<b>194</b>	KKM KALORYFER	K40	37	<b>00:34:07.90</b>	+00:14:34 (42.7%)	6:49	8.8 (57.5%)
88	<b>KWATERA Danuta</b>	<b>120</b>	KKM KALORYFER	K40	38	<b>00:34:08.45</b>	+00:14:34 (42.7%)	6:49	8.8 (57.5%)
89	<b>PODLASIN Aga</b>	<b>190</b>	BIAŁE MORSY GOSTYNIN-KUTNO	K18	25	<b>00:34:11.85</b>	+00:14:38 (42.8%)	6:50	8.8 (57.5%)
90	<b>GRUSZCZYŃSKA Dorota</b>	<b>60</b>	MORSY ŚRODA ŚLĄSKA	K40	39	<b>00:34:24.80</b>	+00:14:51 (43.2%)	6:52	8.7 (56.9%)
91	<b>STACHOWIAK Barbara</b>	<b>225</b>		K50	23	<b>00:34:46.15</b>	+00:15:12 (43.7%)	6:57	8.6 (56.2%)
92	<b>PUDLISZEWSKA Marzena</b>	<b>198</b>	RUDE MORSY	K50	24	<b>00:34:59.00</b>	+00:15:25 (44.1%)	6:59	8.6 (56.2%)
93	<b>WIENCEK Renata</b>	<b>279</b>	KAMERALNE MORSY RASZKÓW	K40	40	<b>00:35:07.75</b>	+00:15:34 (44.3%)	7:01	8.5 (55.6%)
94	<b>SURMACZ Agata</b>	<b>233</b>	NAGŁE MORSOWANIA BYDGOSZCZ	K40	41	<b>00:38:08.20</b>	+00:18:34 (48.7%)	7:37	7.9 (51.6%)
95	<b>NARKIEWICZ-CZURYLO Agnieszka</b>	<b>155</b>	ZIMNOLUBNI ISLANDIA	K40	42	<b>00:38:14.55</b>	+00:18:41 (48.9%)	7:38	7.8 (51.0%)
96	<b>RATAJCZYK Ewa</b>	<b>201</b>	KLIMA MORSY	K50	25	<b>00:38:28.70</b>	+00:18:55 (49.2%)	7:41	7.8 (51.0%)
97	<b>METRYCKA1 Ania</b>	<b>147</b>	MORSY ŁODZ	K50	26	<b>00:38:32.90</b>	+00:18:59 (49.3%)	7:42	7.8 (51.0%)
98	<b>GAWLE Kinga</b>	<b>55</b>	KKM KALORYFER	K40	43	<b>00:39:17.95</b>	+00:19:44 (50.2%)	7:51	7.6 (49.7%)
99	<b>ŁAKOMA Monika</b>	<b>126</b>		K40	44	<b>00:39:22.15</b>	+00:19:48 (50.3%)	7:52	7.6 (49.7%)
100	<b>MIKOŁAJEWICZ Beata</b>	<b>151</b>	RUDE MORSY	K50	27	<b>00:39:22.45</b>	+00:19:48 (50.3%)	7:52	7.6 (49.7%)
101	<b>BORKOWSKA Arletta</b>	<b>20</b>	MORSY SIEDLCE	K40	45	<b>00:39:29.20</b>	+00:19:55 (50.5%)	7:53	7.6 (49.7%)
102	<b>SZNAR Sylwia</b>	<b>240</b>	MORSY Z JEZIORA KRAKSY	K40	46	<b>00:39:30.75</b>	+00:19:57 (50.5%)	7:54	7.6 (49.7%)
103	<b>BIAŁEK Justyna</b>	<b>17</b>	MORSY Z JEZIORA KRAKSY	K60+	4	<b>00:39:31.40</b>	+00:19:57 (50.5%)	7:54	7.6 (49.7%)
104	<b>DOBACZEWSKA Iwona</b>	<b>37</b>	ŻYRARDOWSKIE MORSY	K40	47	<b>00:40:29.40</b>	+00:20:55 (51.7%)	8:05	7.4 (48.4%)
105	<b>CHMIELECKA Monika</b>	<b>30</b>	ŻYRARDOWSKIE MORSY	K40	48	<b>00:40:29.75</b>	+00:20:56 (51.7%)	8:05	7.4 (48.4%)
106	<b>SIMINSKA Monika</b>	<b>216</b>	MORSY PAKOŚĆ	K40	49	<b>00:41:19.80</b>	+00:21:46 (52.7%)	8:15	7.3 (47.7%)
107	<b>DZIECIELSKA Agnieszka</b>	<b>45</b>		K40	50	<b>00:41:41.05</b>	+00:22:07 (53.1%)	8:20	7.2 (47.1%)
108	<b>KUREK Renata</b>	<b>254</b>		K18	26	<b>00:41:42.30</b>	+00:22:08 (53.1%)	8:20	7.2 (47.1%)
109	<b>ADAMSKA Katarzyna</b>	<b>3</b>	KAMERALNE MORSY RASZKÓW	K18	27	<b>00:41:52.35</b>	+00:22:18 (53.3%)	8:22	7.2 (47.1%)
110	<b>POPRAWA Renata</b>	<b>193</b>	MORSY OSTRÓW WIELKOPOLSKI	K40	51	<b>00:41:53.00</b>	+00:22:19 (53.3%)	8:22	7.2 (47.1%)
111	<b>ROGULSKA Ewa</b>	<b>203</b>	ZIMNOLUBNI ISLANDIA	K60+	5	<b>00:42:32.45</b>	+00:22:58 (54.0%)	8:30	7.1 (46.4%)
112	<b>KLOCIŃSKA Monika</b>	<b>94</b>	ŻYRARDOWSKIE MORSY	K40	52	<b>00:44:25.90</b>	+00:24:52 (56.0%)	8:53	6.8 (44.4%)
113	<b>ZYDOŁOWICZ Mirosława</b>	<b>301</b>	BAWARSKIE MORSY	K40	53	<b>00:44:27.25</b>	+00:24:53 (56.0%)	8:53	6.7 (43.8%)
114	<b>LEUTNER Grazyna</b>	<b>124</b>		K50	28	<b>00:44:27.90</b>	+00:24:54 (56.0%)	8:53	6.7 (43.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
115	<b>SZYMAŃSKA Aleksandra</b>	<b>243</b>	KLIMA MORSY WRZEŚNIA	K40	54	<b>00:44:44.40</b>	+00:25:10 (56.3%)	8:56	6.7 (43.8%)
116	<b>IWAŃSKA Sylwia</b>	<b>68</b>	MORSY Z JEZIORA KRAKSY	K40	55	<b>00:44:57.25</b>	+00:25:23 (56.5%)	8:59	6.7 (43.8%)
117	<b>KOZICKA Ewa</b>	<b>104</b>	MORSY Z JEZIORA KRAKSY	K50	29	<b>00:44:57.95</b>	+00:25:24 (56.5%)	8:59	6.7 (43.8%)
118	<b>PERŁOWSKA Justyna</b>	<b>177</b>	ŻYRARDOWSKIE MORSY	K40	56	<b>00:45:43.35</b>	+00:26:09 (57.2%)	9:08	6.6 (43.1%)
119	<b>WALENDOWSKA Monika</b>	<b>265</b>	ŚREMSKI KLUB MORSÓW MROZIK	K40	57	<b>00:47:40.65</b>	+00:28:07 (59.0%)	9:32	6.3 (41.2%)
120	<b>ROZMIAREK Agnieszka</b>	<b>205</b>	ŚREMSKI KLUB MORSÓW MROZIK	K18	28	<b>00:47:40.85</b>	+00:28:07 (59.0%)	9:32	6.3 (41.2%)
121	<b>KOZIOŁ Ewa</b>	<b>106</b>	MORSY Z JEZIORA KRAKSY	K50	30	<b>00:49:50.70</b>	+00:30:17 (60.8%)	9:58	6 (39.2%)

Znaleziono 121 wynik(ów)