



# BIEG SUMMER ARENA | 10KM

B4SPORT

**Wydarzenie:** Biegi Summer Arena  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2022-08-13  
**Miejsce:** Gliwice  
**Dystans:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

| Msc | Zawodnik                | Numer | Klub | Kategoria | Mkat | Czas startu | 2.5km    | 5km      | 7.5km    | Czas netto 10km | Czas brutto 10km | Różn              | Tempo min/km | Tempo km/h   |
|-----|-------------------------|-------|------|-----------|------|-------------|----------|----------|----------|-----------------|------------------|-------------------|--------------|--------------|
| 1   | NIGRINI Beata           | 38    |      | K-40      | 1    | 00:00:06    | 00:11:53 | 00:23:58 | 00:35:59 | 00:47:50.20     | 00:47:57.05      |                   | 4:47         | 12.5 (100%)  |
| 2   | KEMPKIEWICZ Brygida     | 4     |      | K-40      | 2    | 00:00:02    | 00:12:46 | 00:26:07 | 00:39:53 | 00:53:26.40     | 00:53:28.40      | +00:05:36 (10.5%) | 5:20         | 11.2 (89.6%) |
| 3   | SZCZEPANKIEWICZ Justyna | 13    |      | K-40      | 3    | 00:00:07    | 00:13:26 | 00:27:50 | 00:42:47 | 00:57:16.10     | 00:57:23.25      | +00:09:25 (16.5%) | 5:43         | 10.5 (84.0%) |
| 4   | GÓRECKA-WRÓBEL Jolanta  | 8     |      | K-40      | 4    | 00:00:05    | 00:15:15 | 00:33:20 | 00:51:41 | 01:09:25.35     | 01:09:31.20      | +00:21:35 (31.1%) | 6:56         | 8.6 (68.8%)  |
| 5   | BRZOZOWSKA Katarzyna    | 5     |      | K-40      | 5    | 00:00:06    | 00:15:13 | 00:33:19 | 00:51:40 | 01:09:25.55     | 01:09:31.60      | +00:21:35 (31.1%) | 6:56         | 8.6 (68.8%)  |

Znaleziono 5 wynik(ów)