



BIEG SUMMER ARENA | 10KM

B4SPORT

Event: Biegi Summer Arena
Organiser: Fundacja Bieg Rzeźnika
Date: 2022-08-13
Place: Gliwice
Distance: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-40

Place	Participant	Number	Club	Category	MCat	Start time	2.5km	5km	7.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	KAUF Damian	58		M-40	1	00:00:02	00:08:41	00:17:46	00:27:08	00:36:31.65	00:36:33.90		3:39	16.4 (100%)
2	CHOMIK Rafał	34	3COACH	M-40	2	00:00:03	00:09:32	00:20:10	00:31:08	00:42:04.60	00:42:08.25	+00:05:32 (13.2%)	4:12	14.3 (87.2%)
3	OLEJNICZAK Tomek	46		M-40	3	00:00:07	00:11:09	00:22:19	00:34:03	00:45:34.05	00:45:41.20	+00:09:02 (19.8%)	4:33	13.2 (80.5%)
4	OWCZAREK Paweł	53		M-40	4	00:00:05	00:11:03	00:22:27	00:34:21	00:45:44.20	00:45:49.90	+00:09:12 (20.1%)	4:34	13.1 (79.9%)
5	GŁADYSZ Leszek	37		M-40	5	00:00:05	00:11:17	00:22:44	00:34:34	00:45:51.30	00:45:56.50	+00:09:19 (20.3%)	4:35	13.1 (79.9%)
6	FRĄC Dariusz	3		M-40	6	00:00:02	00:11:00	00:23:03	00:35:25	00:47:16.00	00:47:18.90	+00:10:44 (22.7%)	4:43	12.7 (77.4%)
7	DUKATA Grzegorz	47	MGGW	M-40	7	00:00:04	00:11:53	00:24:04	00:36:20	00:47:57.05	00:48:01.85	+00:11:25 (23.8%)	4:47	12.5 (76.2%)
8	WILK Piotr	40		M-40	8	00:00:05	00:11:37	00:24:15	00:37:35	00:49:17.65	00:49:22.95	+00:12:46 (25.9%)	4:55	12.2 (74.4%)
9	NIEMIEC Sławek	1	INTERGRAFIK.PL	M-40	9	00:00:07	00:11:12	00:23:55	00:38:12	00:52:51.50	00:52:59.05	+00:16:19 (30.9%)	5:17	11.4 (69.5%)
10	KOPEĆ Tomasz	18		M-40	10	00:00:09	00:12:57	00:26:24	00:39:58	00:53:02.35	00:53:11.55	+00:16:30 (31.1%)	5:18	11.3 (68.9%)
11	PIASNY Paweł	45		M-40	11	00:00:05	00:12:32	00:25:51	00:39:39	00:53:25.50	00:53:30.50	+00:16:53 (31.6%)	5:20	11.2 (68.3%)
12	WILKOŃ Artur	17		M-40	12	00:00:06	00:13:02	00:26:49	00:40:47	00:55:53.30	00:55:59.65	+00:19:21 (34.6%)	5:35	10.7 (65.2%)
13	SIKORA Michał	59		M-40	13	00:00:07	00:13:01	00:28:21	00:43:20	00:57:52.50	00:57:59.85	+00:21:20 (36.9%)	5:47	10.4 (63.4%)

Total 13 results.