



BIEG SUMMER ARENA | 5KM NW

B4SPORT

Event: Biegi Summer Arena
Organiser: Fundacja Bieg Rzeźnika
Date: 2022-08-13
Place: Gliwice
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: Kobiety

Place	Participant	Number	Club	Category	MCat	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	MILERT Jolanta	700		K-40	1	00:00:12	00:17:41	00:36:14.70	00:36:27.05		7:14	8.3 (100%)
2	SŁABON Roma	701		K-30	1	00:00:12	00:18:12	00:37:18.25	00:37:30.90	+00:01:03 (2.8%)	7:27	8 (96.4%)
3	NIESTRÓJ Sylwia	707	DYSTANS	K-50	1	00:00:11	00:18:43	00:37:39.90	00:37:51.65	+00:01:25 (3.8%)	7:31	8 (96.4%)
4	BUGLA Weronika	708	DYSTANS CLUB LUBOMIA	K-50	2	00:00:13	00:19:15	00:37:58.25	00:38:11.55	+00:01:43 (4.5%)	7:35	7.9 (95.2%)
5	WIECZOREK Bożena	703	NORDIC WALKING LYSKI	K-50	3	00:00:12	00:18:46	00:38:30.25	00:38:42.90	+00:02:15 (5.9%)	7:42	7.8 (94.0%)
6	MACHNIK Anna	704	NORDIC WALKING LYSKI	K-60	1	00:00:11	00:18:13	00:39:34.85	00:39:46.00	+00:03:20 (8.4%)	7:54	7.6 (91.6%)
7	ZIÓŁKOWSKA Jolanta	709		K-60	2	00:00:13	00:19:39	00:40:06.35	00:40:19.95	+00:03:51 (9.6%)	8:01	7.5 (90.4%)
8	KOBIERSKA-SLADEK Anna	712		K-30	2	00:00:13	00:20:03	00:41:06.20	00:41:20.15	+00:04:51 (11.8%)	8:13	7.3 (88.0%)
9	FLIS Bożena	718		K-50	4	00:00:11	00:20:26	00:43:08.40	00:43:20.15	+00:06:53 (16.0%)	8:37	7 (84.3%)

Total 9 results.