



BIEG SUMMER ARENA | 5KM

B4SPORT

Wydarzenie: Biegi Summer Arena
Organizator: Fundacja Bieg Rzeźnika
Data: 2022-08-13
Miejsce: Gliwice
Dystans: 5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	URBAŃCZYK Karol	517	DYNAFIT / NON STOP TRAIL	M-30	1	00:00:02	00:08:22	00:17:08.40	00:17:11.00		3:25	17.5 (100%)
2	WRZESIEŃ Dariusz	505	INŻYNIERIA BIEGANIA	M-40	1	00:00:02	00:09:11	00:18:21.40	00:18:24.15	+00:01:13 (6.6%)	3:40	16.3 (93.1%)
3	POŁOMSKI Grzegorz	527	POLOMSCY TEAM	M-40	2	00:00:03	00:09:21	00:19:09.85	00:19:13.80	+00:02:01 (10.6%)	3:49	15.7 (89.7%)
4	STAŃCZYK Przemek	509	ANTONTEAM	M-30	2	00:00:03	00:09:51	00:20:01.75	00:20:04.95	+00:02:53 (14.4%)	4:00	15 (85.7%)
5	LASKOWSKA Katarzyna	525	INŻYNIERIA BIEGANIA TEAM	K-40	1	00:00:03	00:10:09	00:20:26.55	00:20:30.35	+00:03:18 (16.2%)	4:05	14.7 (84.0%)
6	WAWRZAK Ryszard	518	RYSZARD RUN	M-40	3	00:00:02	00:10:11	00:20:44.95	00:20:47.65	+00:03:36 (17.4%)	4:08	14.5 (82.9%)
7	WOJTAS Paweł	522		M-30	3	00:00:02	00:10:08	00:21:09.45	00:21:12.05	+00:04:01 (19.0%)	4:13	14.2 (81.1%)
8	KAMPA Dalia	521		K-30	1	00:00:02	00:10:32	00:21:13.70	00:21:15.95	+00:04:05 (19.3%)	4:14	14.1 (80.6%)
9	ŁACNY Dariusz	507	BIEGATON	M-40	4	00:00:03	00:10:36	00:21:48.10	00:21:51.45	+00:04:39 (21.4%)	4:21	13.8 (78.9%)
10	SLADEK Dawid	528	AMELKA POWER!	M-30	4	00:00:13	00:11:25	00:22:17.35	00:22:31.30	+00:05:08 (23.1%)	4:27	13.5 (77.1%)
11	RUSIN Adam	532	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	M-20	1	00:00:02	00:10:59	00:22:48.25	00:22:50.65	+00:05:39 (24.8%)	4:33	13.2 (75.4%)
12	BIENIECKI Mirek	531	OTK RZEŹNIK	M-40	5	00:00:02	00:10:58	00:22:54.45	00:22:56.90	+00:05:46 (25.2%)	4:34	13.1 (74.9%)
13	RATAJ Barbara	533	JEJKOWICE BIEGAJA	K-30	2	00:00:02	00:11:01	00:22:59.30	00:23:01.75	+00:05:50 (25.4%)	4:35	13.1 (74.9%)
14	POŁOMSKA Edyta	526	POLOMSCY TEAM	K-40	2	00:00:04	00:11:25	00:23:23.95	00:23:28.35	+00:06:15 (26.7%)	4:40	12.8 (73.1%)
15	POPIEL-KRUK Aleksandra	501		K-40	3	00:00:03	00:11:32	00:23:33.95	00:23:37.80	+00:06:25 (27.3%)	4:42	12.7 (72.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
16	DOBROWOLSKI Krzysztof	519		M-30	5	00:00:05	00:11:50	00:24:23.55	00:24:28.95	+00:07:15 (29.7%)	4:52	12.3 (70.3%)
17	SKULSKI Tomasz	508		M-40	6	00:00:09	00:11:58	00:24:32.70	00:24:41.75	+00:07:24 (30.2%)	4:54	12.2 (69.7%)
18	BARAN Paulina	523	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	K-20	1	00:00:04	00:12:02	00:24:42.10	00:24:46.25	+00:07:33 (30.6%)	4:56	12.1 (69.1%)
19	RYŚ Artur	504	STS BIEGATON MIKOŁÓW	M-40	7	00:00:04	00:11:42	00:24:49.30	00:24:54.15	+00:07:40 (30.9%)	4:57	12.1 (69.1%)
20	KONIARSKI Jaromir	515	7'TH FLOOR	M-30	6	00:00:05	00:12:05	00:25:19.50	00:25:25.45	+00:08:11 (32.3%)	5:03	11.8 (67.4%)
21	KAPAŁKA Tomasz	514		M-30	7	00:00:08	00:13:32	00:27:04.15	00:27:12.70	+00:09:55 (36.7%)	5:24	11.1 (63.4%)
22	KUCHTA Katarzyna	529	NIGHT RUNNERS	K-30	3	00:00:03	00:13:32	00:27:42.35	00:27:46.30	+00:10:33 (38.1%)	5:32	10.8 (61.7%)
23	GŁADYSZ Aneta	502		K-40	4	00:00:09	00:13:56	00:28:18.00	00:28:27.30	+00:11:09 (39.4%)	5:39	10.6 (60.6%)
24	SZPIŁA Michał	516		M-20	2	00:00:08	00:14:17	00:29:03.45	00:29:12.00	+00:11:55 (41.0%)	5:48	10.3 (58.9%)
25	NIEDŹWIEDŹ Marta	512		K-20	2	00:00:09	00:14:25	00:29:10.80	00:29:20.15	+00:12:02 (41.3%)	5:50	10.3 (58.9%)
26	GRABYSZ Witold	524		M-50	1	00:00:04	00:14:42	00:29:24.75	00:29:29.30	+00:12:16 (41.7%)	5:52	10.2 (58.3%)
27	BARCHANOWSKA Joanna	506		K-30	4	00:00:06	00:13:42	00:29:28.30	00:29:34.85	+00:12:19 (41.8%)	5:53	10.2 (58.3%)
28	PELC Czesław	534	PĘDZIWIATR GLIWICE	M-60	1	00:00:08	00:14:30	00:29:29.20	00:29:37.60	+00:12:20 (41.9%)	5:53	10.2 (58.3%)
29	CHMELIK Katarzyna	510		K-20	3	00:00:09	00:14:27	00:29:44.50	00:29:53.55	+00:12:36 (42.4%)	5:56	10.1 (57.7%)
30	MRZYGLÓD Monika	500		K-30	5	00:00:09	00:14:40	00:29:54.90	00:30:04.65	+00:12:46 (42.7%)	5:58	10 (57.1%)
31	BRZYSKI Kamil	513		M-20	3	00:00:08	00:14:11	00:30:17.40	00:30:26.15	+00:13:09 (43.4%)	6:03	9.9 (56.6%)
32	STEBEL Damian	503		M-30	8	00:00:05	00:14:21	00:30:40.55	00:30:46.30	+00:13:32 (44.1%)	6:08	9.8 (56.0%)
33	WYSOKIŃSKI Arek	520		M-20	4	00:00:07	00:14:15	00:31:42.60	00:31:49.95	+00:14:34 (45.9%)	6:20	9.5 (54.3%)
34	SUSEŁ Aleksander	535		M-30	9	00:00:03	00:16:27	00:32:13.35	00:32:16.40	+00:15:04 (46.8%)	6:26	9.3 (53.1%)
35	BROŻEK Bartosz	57		M-20	5	00:00:05	00:14:36	00:35:08.85	00:35:14.50	+00:18:00 (51.2%)	7:01	8.5 (48.6%)

Znaleziono 35 wynik(ów)