



BIEG SUMMER ARENA | 5KM

B4SPORT

Event: Biegi Summer Arena
Organiser: Fundacja Bieg Rzeźnika
Date: 2022-08-13
Place: Gliwice
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: Kobiety

Place	Participant	Number	Club	Category	MCat	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	LASKOWSKA Katarzyna	525	INŻYNIERIA BIEGANIA TEAM	K-40	1	00:00:03	00:10:09	00:20:26.55	00:20:30.35		4:05	14.7 (100%)
2	KAMPA Dalia	521		K-30	1	00:00:02	00:10:32	00:21:13.70	00:21:15.95	+00:00:47 (3.7%)	4:14	14.1 (95.9%)
3	RATAJ Barbara	533	JEJKOWICE BIEGAJA	K-30	2	00:00:02	00:11:01	00:22:59.30	00:23:01.75	+00:02:32 (11.1%)	4:35	13.1 (89.1%)
4	POŁOMSKA Edyta	526	POLOMSCY TEAM	K-40	2	00:00:04	00:11:25	00:23:23.95	00:23:28.35	+00:02:57 (12.6%)	4:40	12.8 (87.1%)
5	POPIEL-KRUK Aleksandra	501		K-40	3	00:00:03	00:11:32	00:23:33.95	00:23:37.80	+00:03:07 (13.3%)	4:42	12.7 (86.4%)
6	BARAN Paulina	523	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	K-20	1	00:00:04	00:12:02	00:24:42.10	00:24:46.25	+00:04:15 (17.2%)	4:56	12.1 (82.3%)
7	KUCHTA Katarzyna	529	NIGHT RUNNERS	K-30	3	00:00:03	00:13:32	00:27:42.35	00:27:46.30	+00:07:15 (26.2%)	5:32	10.8 (73.5%)
8	GŁADYSZ Aneta	502		K-40	4	00:00:09	00:13:56	00:28:18.00	00:28:27.30	+00:07:51 (27.8%)	5:39	10.6 (72.1%)
9	NIEDŹWIEDŹ Marta	512		K-20	2	00:00:09	00:14:25	00:29:10.80	00:29:20.15	+00:08:44 (29.9%)	5:50	10.3 (70.1%)
10	BARCHANOWSKA Joanna	506		K-30	4	00:00:06	00:13:42	00:29:28.30	00:29:34.85	+00:09:01 (30.6%)	5:53	10.2 (69.4%)
11	CHMELIK Katarzyna	510		K-20	3	00:00:09	00:14:27	00:29:44.50	00:29:53.55	+00:09:17 (31.3%)	5:56	10.1 (68.7%)
12	MRZYGŁÓD Monika	500		K-30	5	00:00:09	00:14:40	00:29:54.90	00:30:04.65	+00:09:28 (31.7%)	5:58	10 (68.0%)

Total 12 results.