



BIEG SUMMER ARENA | 5KM

B4SPORT

Event: Biegi Summer Arena
Organiser: Fundacja Bieg Rzeźnika
Date: 2022-08-13
Place: Gliwice
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-40

Place	Participant	Number	Club	Category	MCat	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	WRZESIEŃ Dariusz	505	INŻYNIERIA BIEGANIA	M-40	1	00:00:02	00:09:11	00:18:21.40	00:18:24.15		3:40	16.3 (100%)
2	POŁOMSKI Grzegorz	527	POLOMSCY TEAM	M-40	2	00:00:03	00:09:21	00:19:09.85	00:19:13.80	+00:00:48 (4.2%)	3:49	15.7 (96.3%)
3	WAWRZAK Ryszard	518	RYSZARD RUN	M-40	3	00:00:02	00:10:11	00:20:44.95	00:20:47.65	+00:02:23 (11.5%)	4:08	14.5 (89.0%)
4	ŁACNY Dariusz	507	BIEGATON	M-40	4	00:00:03	00:10:36	00:21:48.10	00:21:51.45	+00:03:26 (15.8%)	4:21	13.8 (84.7%)
5	BIENIECKI Mirek	531	OTK RZEŹNIK	M-40	5	00:00:02	00:10:58	00:22:54.45	00:22:56.90	+00:04:33 (19.9%)	4:34	13.1 (80.4%)
6	SKULSKI Tomasz	508		M-40	6	00:00:09	00:11:58	00:24:32.70	00:24:41.75	+00:06:11 (25.2%)	4:54	12.2 (74.8%)
7	RYŚ Artur	504	STS BIEGATON MIKOŁÓW	M-40	7	00:00:04	00:11:42	00:24:49.30	00:24:54.15	+00:06:27 (26.0%)	4:57	12.1 (74.2%)

Total 7 results.