



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2022-07-14  
Lądek-Zdrój  
130 km

## BIEG SUPER TRAIL - 130 KM

B4SPORT

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
1	<b>PAWŁOWSKI Marcin</b>	<b>2169</b>		Masters M - 40	1	01:04:27	04:02:41	06:00:02	07:44:09	09:36:18	11:37:31	12:46:35	<b>14:52:30.05</b>	<b>14:52:32.65</b>		6:51	8.7 (100%)
2	<b>MAŁYGA Grzegorz</b>	<b>2120</b>	RMT TEAM PRO	Senior II M - 30	1	01:00:03	03:48:13	05:42:52	07:32:44	09:35:25	11:46:50	13:04:21	<b>15:35:04.95</b>	<b>15:35:08.90</b>	+00:42:36 (4.6%)	7:11	8.3 (95.4%)
3	<b>OLSZEWSKI Piotr</b>	<b>2143</b>	RUNNING TEAM NASTOPY.PL	Senior II M - 30	2	01:07:50	04:08:13	06:10:41	08:06:03	10:06:56	12:22:39	13:50:31	<b>16:10:33.65</b>	<b>16:10:39.60</b>	+01:18:06 (8.0%)	7:27	8 (92.0%)
4	<b>PIOTROWSKI Marek</b>	<b>2128</b>	GÓRAL Z MAZUR RUNNING TEAM	Senior II M - 30	3	01:01:58	04:04:42	06:10:45	08:08:09	10:25:50	12:45:52	14:11:25	<b>16:40:51.90</b>	<b>16:40:55.40</b>	+01:48:22 (10.8%)	7:41	7.8 (89.7%)
5	<b>MATYSIAK Bartłomiej</b>	<b>2133</b>	WILD ULTRA WARRIORS	Masters M - 40	2	01:06:37	04:25:21	06:34:45	08:30:23	10:39:52	12:58:42	14:16:27	<b>16:48:01.75</b>	<b>16:48:09.60</b>	+01:55:36 (11.5%)	7:45	7.7 (88.5%)
6	<b>WINIARSKA Katarzyna</b>	<b>2101</b>	PRZEMYSKI KLUB BIEGACZA/HERCOG RUNNING TEAM	Masters K - 40	1	01:03:39	03:59:30	06:08:14	08:09:33	10:12:41	12:45:16	14:10:55	<b>16:49:43.55</b>	<b>16:49:48.25</b>	+01:57:15 (11.6%)	7:46	7.7 (88.5%)
7	<b>KOMZA Radosław</b>	<b>2142</b>		Masters M - 40	3	01:01:27	04:13:22	06:32:51	08:34:03	10:41:16	13:08:45	14:29:21	<b>16:52:38.45</b>	<b>16:52:43.85</b>	+02:00:11 (11.9%)	7:47	7.7 (88.5%)
8	<b>ROSOLSKI Dawid</b>	<b>2073</b>		Senior II M - 30	4	01:03:17	04:07:43	06:10:46	08:20:04	10:35:02	13:04:44	14:26:30	<b>17:07:59.00</b>	<b>17:08:47.55</b>	+02:16:14 (13.2%)	7:54	7.6 (87.4%)
9	<b>RINK Jan</b>	<b>2153</b>		Masters M - 40	4	01:10:34	04:36:32	06:54:20	09:10:45	11:15:16	13:45:13	15:02:43	<b>17:09:01.65</b>	<b>17:09:09.75</b>	+02:16:37 (13.3%)	7:54	7.6 (87.4%)
10	<b>KUPIŃSKI Cezary</b>	<b>2146</b>	MOCNA GRUPA CEZARA	Weteran I M - 50	1	01:11:17	04:36:06	06:50:43	09:01:17	11:15:51	13:52:01	15:19:07	<b>17:53:59.80</b>	<b>17:54:13.25</b>	+03:01:40 (16.9%)	8:15	7.3 (83.9%)
11	<b>STĘPNIK Paweł</b>	<b>2046</b>		Masters M - 40	5	01:12:02	04:41:56	07:01:16	09:17:36	11:51:05	14:23:17	15:46:28	<b>18:08:48.45</b>	<b>18:09:04.55</b>	+03:16:31 (18.0%)	8:22	7.2 (82.8%)
12	<b>BODANKA Piotr</b>	<b>2214</b>	APAMA ACOUSTIC PROJECT	Masters M - 40	6	01:11:53	04:44:15	07:07:12	09:13:03	12:08:15	14:33:01	15:51:47	<b>18:09:55.35</b>	<b>18:10:08.40</b>	+03:17:35 (18.1%)	8:23	7.2 (82.8%)
13	<b>ZAJĄC Leszek</b>	<b>2187</b>	LESZ NO LIMITS RUNNERS /L.O.T.A.Z	Masters M - 40	7	01:12:14	04:51:13	07:07:41	09:22:08	11:42:31	14:16:57	15:42:17	<b>18:14:45.20</b>	<b>18:15:19.05</b>	+03:22:46 (18.5%)	8:25	7.1 (81.6%)
14	<b>LADENBERGER Mateusz</b>	<b>2019</b>		Senior II M - 30	5	01:23:51	05:19:23	07:45:43	09:58:20	12:10:48	14:37:18	15:54:02	<b>18:21:13.80</b>	<b>18:22:24.15</b>	+03:29:51 (19.0%)	8:28	7.1 (81.6%)
15	<b>MYŚLIWIEC Robert</b>	<b>2082</b>	DZIKI & WOLNY	Masters M - 40	8	01:16:42	04:51:05	07:09:00	09:34:04	11:45:43	14:12:37	15:48:43	<b>18:28:15.10</b>	<b>18:28:48.00</b>	+03:36:15 (19.5%)	8:31	7 (80.5%)
16	<b>RUTKOWSKI Michał</b>	<b>2095</b>		Senior II M - 30	6	01:12:01	04:41:57	07:01:13	09:14:58	11:42:45	14:23:17	15:46:29	<b>18:32:56.35</b>	<b>18:33:12.10</b>	+03:40:39 (19.8%)	8:33	7 (80.5%)
17	<b>GUZERA Justyna</b>	<b>2131</b>	MATNER RUNNING TEAM	Senior II K - 30	1	01:12:26	04:51:15	07:14:46	09:26:30	11:42:35	14:30:54	16:04:16	<b>18:44:06.85</b>	<b>18:44:40.60</b>	+03:52:07 (20.6%)	8:38	6.9 (79.3%)
18	<b>KRYGIER Tomasz</b>	<b>2167</b>	EUROCASH	Senior I M - 20	1	01:12:27	04:51:15	07:14:47	09:26:30	11:42:37	14:30:43	16:04:16	<b>18:44:08.10</b>	<b>18:44:41.95</b>	+03:52:09 (20.6%)	8:38	6.9 (79.3%)
19	<b>ROZCZYPAŁA Karol</b>	<b>2084</b>		Senior II M - 30	7	01:09:08	04:48:15	07:08:59	09:27:13	11:45:00	14:34:28	16:05:07	<b>18:51:57.95</b>	<b>18:52:04.60</b>	+03:59:31 (21.2%)	8:42	6.9 (79.3%)
20	<b>JANKOWSKI Marcin</b>	<b>2127</b>	FU FU FU TEAM	Masters M - 40	9	01:17:20	05:10:11	07:43:57	10:00:00	12:34:28	15:11:45	16:40:52	<b>18:56:36.25</b>	<b>18:56:51.85</b>	+04:04:19 (21.5%)	8:44	6.9 (79.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
21	<b>SUDNIK Krzysztof</b>	<b>2145</b>		Senior II M - 30	8	01:17:59	04:56:48	07:19:35	09:41:12	12:05:56	14:43:44	16:15:45	<b>18:58:27.05</b>	<b>18:59:24.70</b>	+04:06:52 (21.7%)	8:45	6.9 (79.3%)
22	<b>NESTOROWICZ Marek</b>	<b>2113</b>	KB JURUND SZCZYTNO / GÓRAL Z MAZUR RUNNING TEAM	Weteran I M - 50	2	01:12:08	05:21:10	07:49:33	10:06:58	12:19:15	14:56:49	16:26:13	<b>19:00:35.20</b>	<b>19:00:56.25</b>	+04:08:23 (21.8%)	8:46	6.8 (78.2%)
23	<b>KARAMON Marcin</b>	<b>2200</b>		Masters M - 40	10	01:23:07	05:05:30	07:30:31	09:48:58	12:21:32	15:01:41	16:31:58	<b>19:06:33.20</b>	<b>19:07:37.55</b>	+04:15:04 (22.2%)	8:49	6.8 (78.2%)
24	<b>WARDZYŃSKI Łukasz</b>	<b>2221</b>		Masters M - 40	11	01:18:40	04:54:38	07:19:52	09:49:16	12:18:13	15:00:20	16:32:38	<b>19:14:33.50</b>	<b>19:15:15.40</b>	+04:22:42 (22.7%)	8:52	6.8 (78.2%)
25	<b>KLIMA Dariusz</b>	<b>2137</b>	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Senior II M - 30	9	01:03:47	04:21:39	06:49:36	09:02:16	11:41:33	14:47:15	16:23:11	<b>19:14:53.90</b>	<b>19:15:15.45</b>	+04:22:42 (22.7%)	8:53	6.8 (78.2%)
26	<b>SZAFRANIEC Tomasz</b>	<b>2061</b>	MIĘDZYRZECKIE GAZELE	Masters M - 40	12	01:20:41	05:17:23	07:42:22	10:02:26	12:21:39	15:02:35	16:31:45	<b>19:18:15.20</b>	<b>19:18:56.90</b>	+04:26:24 (23.0%)	8:54	6.7 (77.0%)
27	<b>PAWLIK Filip</b>	<b>2090</b>		Senior II M - 30	10	01:18:08	05:02:07	07:21:09	09:47:48	12:21:12	15:02:07	16:31:18	<b>19:17:49.35</b>	<b>19:18:57.05</b>	+04:26:24 (23.0%)	8:54	6.7 (77.0%)
28	<b>KUBLIK Łukasz</b>	<b>2114</b>		Senior I M - 20	2	01:18:20	05:06:23	07:30:56	09:41:38	12:18:35	14:54:35	16:26:24	<b>19:18:17.05</b>	<b>19:18:59.80</b>	+04:26:27 (23.0%)	8:54	6.7 (77.0%)
29	<b>KOSIOREK Adam</b>	<b>2126</b>	BSAC MOKOBODY	Weteran I M - 50	3	01:35:26	05:48:23	08:22:23	10:44:38	13:11:20	15:40:36	17:08:45	<b>19:34:15.70</b>	<b>19:35:14.95</b>	+04:42:42 (24.1%)	9:01	6.6 (75.9%)
30	<b>GRYNAGIEL Przemysław</b>	<b>2151</b>		Masters M - 40	13	01:13:50	04:41:48	07:07:54	09:22:10	11:48:36	14:50:17	16:44:01	<b>19:46:30.80</b>	<b>19:47:00.65</b>	+04:54:28 (24.8%)	9:07	6.6 (75.9%)
31	<b>SKORCZYK Adrian</b>	<b>2183</b>	SPEED FEET '16	Masters M - 40	14	01:21:01	05:20:12	07:46:12	10:05:05	12:38:26	15:17:57	16:57:11	<b>19:54:48.50</b>	<b>19:55:35.90</b>	+05:03:03 (25.3%)	9:11	6.5 (74.7%)
32	<b>ŚLIŻ Sylwia</b>	<b>2053</b>		Senior II K - 30	2	01:20:39	04:57:55	07:20:39	09:55:00	12:52:58	15:34:06	16:58:53	<b>20:01:59.00</b>	<b>20:02:42.75</b>	+05:10:10 (25.8%)	9:14	6.5 (74.7%)
33	<b>STACHURA Damian</b>	<b>2118</b>	TEAM CEBUL&STACHU	Senior II M - 30	11	01:11:40	05:08:54	07:43:53	10:13:09	12:45:15	15:35:27	17:09:33	<b>20:09:41.00</b>	<b>20:10:15.20</b>	+05:17:42 (26.3%)	9:18	6.4 (73.6%)
34	<b>CEBULA Grzegorz</b>	<b>2117</b>	TEAM CEBUL&STACHU	Weteran I M - 50	4	01:11:40	05:08:57	07:43:53	10:13:09	12:45:37	15:35:43	17:09:25	<b>20:09:42.75</b>	<b>20:10:15.35</b>	+05:17:42 (26.3%)	9:18	6.4 (73.6%)
35	<b>GONCZAR Szymon</b>	<b>2189</b>		Senior II M - 30	12	01:14:45	05:05:36	07:31:09	09:53:58	12:15:52	14:57:20	16:52:31	<b>20:16:40.40</b>	<b>20:17:09.25</b>	+05:24:36 (26.7%)	9:21	6.4 (73.6%)
36	<b>ZAJĄC Sebastian</b>	<b>2155</b>	BIEGOWA ŚWIDNICA	Masters M - 40	15	01:09:40	04:51:05	07:22:43	09:49:33	12:32:30	15:11:45	17:05:02	<b>20:23:24.55</b>	<b>20:23:42.40</b>	+05:31:09 (27.1%)	9:24	6.4 (73.6%)
37	<b>KUCIAK Bartosz</b>	<b>2030</b>		Senior II M - 30	13	01:20:56	05:12:42	07:47:05	10:12:48	13:01:00	15:50:27	17:24:39	<b>20:23:08.10</b>	<b>20:24:09.25</b>	+05:31:36 (27.1%)	9:24	6.4 (73.6%)
38	<b>RATAJCZAK Krystian</b>	<b>2208</b>		Senior II M - 30	14	01:23:29	05:30:32	08:02:56	10:27:08	13:05:42	15:50:39	17:28:50	<b>20:32:48.80</b>	<b>20:33:40.45</b>	+05:41:07 (27.7%)	9:28	6.3 (72.4%)
39	<b>KOWALSKI Łukasz</b>	<b>2045</b>	PHILLIPS MEDISIZE	Masters M - 40	16	01:24:10	05:10:23	07:37:22	09:58:12	12:32:07	15:25:28	17:08:28	<b>20:33:13.50</b>	<b>20:34:26.70</b>	+05:41:54 (27.7%)	9:29	6.3 (72.4%)
40	<b>GULCZYŃSKI Tomasz</b>	<b>2202</b>		Senior II M - 30	15	01:13:08	05:07:49	07:36:36	09:56:07	13:13:36	16:20:46	17:49:05	<b>20:34:52.90</b>	<b>20:35:46.40</b>	+05:43:13 (27.8%)	9:29	6.3 (72.4%)
41	<b>KUJAWA Krzysztof</b>	<b>2002</b>		Masters M - 40	17	01:17:27	05:13:18	07:41:27	10:08:34	13:07:56	16:01:38	17:37:53	<b>20:55:53.85</b>	<b>20:56:34.80</b>	+06:04:02 (29.0%)	9:39	6.2 (71.3%)
42	<b>GAIK Andrzej</b>	<b>2222</b>	PODGÓRZ TORUŃ	Weteran I M - 50	5	01:20:36	05:30:14	08:12:15	10:42:46	13:27:16	16:26:10	18:06:49	<b>21:02:04.65</b>	<b>21:02:40.90</b>	+06:10:08 (29.3%)	9:42	6.2 (71.3%)
43	<b>LOREK Adam</b>	<b>2038</b>	#BIEGAJLESZNO	Masters M - 40	18	01:17:43	05:02:04	07:31:35	09:55:45	12:37:34	15:27:10	17:12:05	<b>21:10:06.60</b>	<b>21:10:52.65</b>	+06:18:20 (29.8%)	9:46	6.1 (70.1%)
44	<b>FOJT Krzysztof</b>	<b>2207</b>	APR69	Masters M - 40	19	01:17:10	05:22:16	08:27:07	10:41:38	13:52:08	16:40:17	18:14:50	<b>21:16:08.20</b>	<b>21:17:10.20</b>	+06:24:37 (30.1%)	9:48	6.1 (70.1%)
45	<b>SADOWSKA Jagoda</b>	<b>2011</b>	#YOLOTEAMKRK	Senior II K - 30	3	01:36:30	05:51:08	08:20:59	10:51:58	13:31:30	16:20:32	18:02:59	<b>21:22:01.35</b>	<b>21:23:25.00</b>	+06:30:52 (30.5%)	9:51	6.1 (70.1%)
46	<b>SMYK Mariusz</b>	<b>2220</b>		Masters M - 40	20	01:26:30	05:17:55	07:46:47	10:08:08	12:53:13	15:55:25	17:44:03	<b>21:22:24.35</b>	<b>21:24:00.05</b>	+06:31:27 (30.5%)	9:51	6.1 (70.1%)
47	<b>KOWALCZYK Marek</b>	<b>2161</b>		Masters M - 40	21	01:10:29	04:45:14	07:16:13	09:46:47	12:39:45	15:55:03	17:49:43	<b>21:27:06.90</b>	<b>21:27:17.85</b>	+06:34:45 (30.7%)	9:54	6.1 (70.1%)
48	<b>GARBOWSKA Monika</b>	<b>2107</b>	COMPAÑEROS ASFALT TEAM	Masters K - 40	2	01:29:35	05:49:50	08:28:38	11:02:27	13:59:45	16:53:28	18:39:37	<b>21:34:57.60</b>	<b>21:36:22.85</b>	+06:43:50 (31.2%)	9:57	6 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas		Tempo min/km	Tempo km/h	
						10km	32km	47km	64km	81km	100km	112km	netto	brutto			Różn
49	<b>BUCZYŃSKI Radosław</b>	<b>2051</b>	COMPANEROS ASFALT TEAM	Senior II M - 30	16	01:29:23	05:46:28	08:25:47	11:02:27	13:59:55	16:53:35	18:38:29	<b>21:34:57.70</b>	<b>21:36:23.40</b>	+06:43:50 (31.2%)	9:57	6 (69.0%)
50	<b>HOLC Michał</b>	<b>2130</b>		Senior II M - 30	17	01:24:58	05:12:42	07:41:55	10:03:01	13:10:38	16:04:09	18:14:47	<b>21:38:24.25</b>	<b>21:38:24.25</b>	+06:45:51 (31.3%)	9:59	6 (69.0%)
51	<b>ROGOWSKI Krzysztof</b>	<b>2154</b>		Senior II M - 30	18	01:19:49	05:06:16	07:36:58	09:41:25	12:10:53	15:14:08	17:15:33	<b>21:41:38.15</b>	<b>21:42:10.75</b>	+06:49:38 (31.5%)	10:00	6 (69.0%)
52	<b>KIEZIK Anna</b>	<b>2071</b>	PSZCZÓŁKOWSKI TEAM	Masters K - 40	3	01:20:29	05:33:26	08:21:46	10:45:45	13:37:57	16:36:36	18:22:21	<b>21:44:48.75</b>	<b>21:45:00.30</b>	+06:52:27 (31.6%)	10:02	6 (69.0%)
53	<b>BULIKOWSKI Tomasz</b>	<b>2017</b>		Masters M - 40	22	01:24:44	05:31:39	08:22:30	10:52:13	13:39:07	16:40:42	18:25:16	<b>21:45:33.70</b>	<b>21:46:23.35</b>	+06:53:50 (31.7%)	10:02	6 (69.0%)
54	<b>PLEWA Sylwia</b>	<b>2163</b>	RKS PIŁA PODLASIE	Weteran K - 50	1	01:26:59	05:41:15	08:13:04	10:51:03	13:39:13	16:55:11	18:40:50	<b>21:50:44.40</b>	<b>21:51:50.65</b>	+06:59:18 (32.0%)	10:04	6 (69.0%)
55	<b>WASILEWSKI Marcin</b>	<b>2024</b>		Senior II M - 30	19	01:21:00	05:24:24	08:07:45	10:20:10	13:18:38	16:10:53	17:51:57	<b>21:51:27.60</b>	<b>21:51:53.55</b>	+06:59:20 (32.0%)	10:05	5.9 (67.8%)
56	<b>CIURASZKIEWICZ Andrzej</b>	<b>2057</b>		Masters M - 40	23	01:21:00	05:12:06	07:53:49	10:26:14	13:25:30	16:51:10	18:36:20	<b>21:51:55.40</b>	<b>21:52:22.55</b>	+06:59:49 (32.0%)	10:05	5.9 (67.8%)
57	<b>KURCZYK Tomasz</b>	<b>2112</b>		Masters M - 40	24	01:20:57	05:11:44	07:53:17	10:25:43	13:25:05	16:51:15	18:35:51	<b>21:51:25.95</b>	<b>21:52:24.45</b>	+06:59:51 (32.0%)	10:05	5.9 (67.8%)
58	<b>JAKUBOWSKI Andrzej</b>	<b>2001</b>		Senior II M - 30	20	01:08:37	04:48:00	07:16:11	09:34:25	12:25:28	15:41:29	17:56:12	<b>21:53:22.00</b>	<b>21:53:54.55</b>	+07:01:21 (32.1%)	10:06	5.9 (67.8%)
59	<b>SEKMAN Tomasz</b>	<b>2083</b>		Masters M - 40	25	01:17:04	05:08:55	07:47:08	10:14:33	13:03:24	16:13:08	18:15:18	<b>21:55:57.85</b>	<b>21:56:20.75</b>	+07:03:48 (32.2%)	10:07	5.9 (67.8%)
60	<b>PARSZEWSKA Aleksandra</b>	<b>2035</b>	RESHAPE RUNNERS	Senior II K - 30	4	01:26:37	05:24:13	08:06:42	10:41:43	13:23:33	16:30:55	18:37:10	<b>22:06:15.75</b>	<b>22:06:55.15</b>	+07:14:22 (32.7%)	10:12	5.9 (67.8%)
61	<b>WALCZAK Dariusz</b>	<b>2098</b>	OLKUSZBIEGA	Weteran I M - 50	6	01:23:52	05:37:31	08:25:54	11:01:07	13:39:04	16:42:42	18:31:54	<b>22:06:04.30</b>	<b>22:06:55.95</b>	+07:14:23 (32.7%)	10:12	5.9 (67.8%)
62	<b>FALDZIŃSKI Bartosz</b>	<b>2164</b>	POLACY BIEGAJĄ W NL	Masters M - 40	26	01:23:26	05:32:32	08:14:08	10:52:09	13:48:00	16:55:45	18:49:23	<b>22:11:02.60</b>	<b>22:11:22.35</b>	+07:18:49 (33.0%)	10:14	5.9 (67.8%)
63	<b>BRODA Wojciech</b>	<b>2068</b>	HUTASY RUNNERS TEAM	Weteran I M - 50	7	01:18:36	05:34:20	08:26:47	11:05:56	13:57:07	16:56:33	18:43:43	<b>22:12:35.30</b>	<b>22:12:55.90</b>	+07:20:23 (33.0%)	10:15	5.9 (67.8%)
64	<b>RADZIWOŃ Anna</b>	<b>2064</b>	GRUPA NIENACHALNIE HEROICZNA	Masters K - 40	4	01:32:00	05:45:34	08:32:02	11:12:11	14:00:45	17:13:44	19:04:22	<b>22:14:14.90</b>	<b>22:15:10.35</b>	+07:22:37 (33.2%)	10:15	5.8 (66.7%)
65	<b>ZAMBRZYCKI Maciej</b>	<b>2105</b>	RESHAPE RUNNERS	Masters M - 40	27	01:23:47	05:23:40	08:07:17	10:45:33	13:59:52	17:10:09	18:56:43	<b>22:20:22.95</b>	<b>22:21:36.35</b>	+07:29:03 (33.5%)	10:18	5.8 (66.7%)
66	<b>SZRENIAWA Waldemar</b>	<b>2059</b>	MIRAZ RACE TEAM	Senior II M - 30	21	01:13:58	04:42:40	07:00:32	09:20:20	11:58:30	15:07:18	17:35:28	<b>22:23:31.35</b>	<b>22:23:52.35</b>	+07:31:19 (33.6%)	10:20	5.8 (66.7%)
67	<b>BLASZKE Beata</b>	<b>2150</b>	BIEGAJ Z TRENERAMI	Masters K - 40	5	01:34:10	06:06:34	08:55:17	11:27:58	14:16:12	17:19:15	19:05:12	<b>22:41:02.60</b>	<b>22:42:28.95</b>	+07:49:56 (34.5%)	10:28	5.7 (65.5%)
68	<b>KINCEL Krzysztof</b>	<b>2212</b>		Weteran I M - 50	8	01:34:44	06:04:17	08:56:12	11:40:38	14:24:59	17:29:55	19:21:11	<b>22:41:25.75</b>	<b>22:42:38.15</b>	+07:50:05 (34.5%)	10:28	5.7 (65.5%)
69	<b>TASZAREK Jakub</b>	<b>2210</b>	PROJEKT.JTA JAKUB TASZAREK	Masters M - 40	28	01:21:06	05:35:55	08:25:09	11:06:32	13:57:56	17:28:37	19:18:05	<b>22:46:23.90</b>	<b>22:46:47.70</b>	+07:54:15 (34.7%)	10:30	5.7 (65.5%)
70	<b>SIEPIOŁA Cezary</b>	<b>2149</b>	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	29	01:26:48	05:26:50	08:08:03	10:51:32	13:40:32	17:02:05	19:05:28	<b>22:47:10.15</b>	<b>22:47:37.70</b>	+07:55:05 (34.7%)	10:31	5.7 (65.5%)
71	<b>DOBROŚ Tomasz</b>	<b>2004</b>		Masters M - 40	30	01:20:19	05:20:51	07:47:50	10:09:09	12:43:37	15:54:50	17:49:31	<b>22:51:46.60</b>	<b>22:52:07.95</b>	+07:59:35 (35.0%)	10:33	5.7 (65.5%)
72	<b>PACHLA Jacek</b>	<b>2125</b>	KB SZAMOTUŁY	Weteran I M - 50	9	01:12:08	05:11:45	07:58:46	10:59:30	14:18:35	17:26:56	19:37:24	<b>22:54:09.90</b>	<b>22:54:21.65</b>	+08:01:49 (35.1%)	10:34	5.7 (65.5%)
73	<b>SERAFIN Robert</b>	<b>2157</b>		Senior II M - 30	22	01:29:18	06:04:10	08:48:13	11:34:47	14:37:33	17:58:55	19:49:22	<b>22:57:58.95</b>	<b>22:59:14.70</b>	+08:06:42 (35.3%)	10:35	5.7 (65.5%)
74	<b>ISZCZAK Kazimierz</b>	<b>2080</b>		Masters M - 40	31	01:20:04	05:46:30	08:37:10	11:16:39	14:16:11	17:30:29	19:28:28	<b>23:16:29.45</b>	<b>23:16:29.45</b>	+08:23:56 (36.1%)	10:44	5.6 (64.4%)
75	<b>MARZEC Karolina</b>	<b>2009</b>	DZIKIE DZIKI GORZÓW	Masters K - 40	6	01:24:22	05:26:36	08:03:06	10:41:14	13:43:02	17:12:33	19:05:43	<b>23:21:09.90</b>	<b>23:22:20.80</b>	+08:29:48 (36.4%)	10:46	5.6 (64.4%)
76	<b>MOCEK Grzegorz</b>	<b>2152</b>		Weteran I M - 50	10	01:36:14	06:17:25	09:08:49	11:41:43	14:17:41	17:29:49	19:35:08	<b>23:25:47.55</b>	<b>23:27:04.55</b>	+08:34:31 (36.6%)	10:48	5.5 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
77	<b>GURGACZ Tomasz</b>	<b>2066</b>		Masters M - 40	32	01:21:25	05:11:10	07:50:36	10:40:13	13:27:01	16:51:22	19:24:44	<b>23:27:13.15</b>	<b>23:27:48.00</b>	+08:35:15 (36.6%)	10:49	5.5 (63.2%)
78	<b>MAŁYSZA Sławomir</b>	<b>2134</b>		Weteran I M - 50	11	01:46:43	06:36:03	09:26:02	12:01:34	14:52:38	17:57:31	19:56:14	<b>23:27:05.20</b>	<b>23:28:46.30</b>	+08:36:13 (36.6%)	10:49	5.5 (63.2%)
79	<b>LUTY Paweł</b>	<b>2185</b>		Masters M - 40	33	01:17:25	05:25:05	08:05:08	10:44:52	13:46:13	17:16:04	19:19:49	<b>23:35:10.60</b>	<b>23:35:25.15</b>	+08:42:52 (36.9%)	10:53	5.5 (63.2%)
80	<b>SZPECHT Piotr</b>	<b>2178</b>		Senior II M - 30	23	01:28:22	05:40:36	08:25:06	11:11:42	14:11:41	17:47:33	19:46:54	<b>23:33:57.55</b>	<b>23:35:36.10</b>	+08:43:03 (36.9%)	10:52	5.5 (63.2%)
81	<b>GRUSZKA Janusz</b>	<b>2049</b>	KITA TEAM	Senior II M - 30	24	01:12:50	05:17:23	07:42:42	10:27:12	13:47:10	17:02:37	19:13:05	<b>23:40:56.00</b>	<b>23:42:33.15</b>	+08:50:00 (37.3%)	10:55	5.5 (63.2%)
82	<b>ZYGNER Sławomir</b>	<b>2028</b>	LEŚNE DZIKI PGB	Weteran I M - 50	12	01:32:16	06:35:28	09:45:31	12:42:43	15:26:17	18:36:29	20:17:36	<b>23:44:37.25</b>	<b>23:45:38.05</b>	+08:53:05 (37.4%)	10:57	5.5 (63.2%)
83	<b>GAŁKA Jacek</b>	<b>2044</b>	VEGE RUNNERS	Masters M - 40	34	01:34:38	06:24:55	09:29:57	12:12:25	15:12:00	18:40:12	20:34:10	<b>23:53:33.90</b>	<b>23:54:11.35</b>	+09:01:38 (37.8%)	11:01	5.4 (62.1%)
84	<b>SEGIN Marcin</b>	<b>2006</b>	SPRINT ZALEWO	Masters M - 40	35	01:33:26	05:58:41	08:46:54	11:28:14	14:31:14	17:45:31	19:56:10	<b>23:54:55.15</b>	<b>23:55:47.25</b>	+09:03:14 (37.8%)	11:02	5.4 (62.1%)
85	<b>WIŚNIEWSKA Agnieszka</b>	<b>2132</b>		Masters K - 40	7	01:33:50	06:35:02	09:30:45	12:23:23	15:18:48	18:32:15	20:34:28	<b>24:02:17.75</b>	<b>24:02:42.15</b>	+09:10:09 (38.1%)	11:05	5.4 (62.1%)
86	<b>WTOREK-BUGAŃSKA Ilona</b>	<b>2119</b>	CARBON SILESIA SPORT	Senior II K - 30	5	01:25:06	05:36:58	08:32:28	11:24:44	14:19:47	17:57:48	20:10:37	<b>24:01:53.00</b>	<b>24:03:01.45</b>	+09:10:28 (38.1%)	11:05	5.4 (62.1%)
87	<b>SZPONDER Artur</b>	<b>2040</b>	KBKS RADOMSKO	Senior II M - 30	25	01:22:34	06:06:33	08:50:55	11:26:36	14:30:52	17:41:25	19:44:32	<b>24:09:40.55</b>	<b>24:09:44.50</b>	+09:17:11 (38.4%)	11:09	5.4 (62.1%)
88	<b>RADZIWOŃ Krzysztof</b>	<b>2065</b>	GRUPA NIENACHALNIE HEROICZNA	Masters M - 40	36	01:33:54	06:17:41	09:27:45	12:19:20	15:39:36	18:57:41	20:50:38	<b>24:23:04.60</b>	<b>24:24:00.80</b>	+09:31:28 (39.0%)	11:15	5.3 (60.9%)
89	<b>KAPICA Anna</b>	<b>2190</b>	RESOVIA RZESZÓW	Masters K - 40	8	01:28:27	06:22:53	09:20:18		14:34:05	17:46:05	19:56:46	<b>24:23:50.15</b>	<b>24:24:07.50</b>	+09:31:34 (39.0%)	11:15	5.3 (60.9%)
90	<b>BALCERZAK Robert</b>	<b>2050</b>	KLUB BIEGACZA WARTA	Masters M - 40	37	01:24:55	06:18:34	09:22:25	12:30:22	15:35:22	18:54:41	20:59:38	<b>24:25:08.45</b>	<b>24:25:35.40</b>	+09:33:02 (39.1%)	11:16	5.3 (60.9%)
91	<b>ZIOBROWSKI Mateusz</b>	<b>2041</b>	BIEGOSTACJAULTRATEAM	Senior II M - 30	26	01:37:47	06:47:19	09:52:01	12:47:23	15:59:18	19:14:31	21:15:04	<b>24:25:21.65</b>	<b>24:25:47.50</b>	+09:33:14 (39.1%)	11:16	5.3 (60.9%)
92	<b>NOWAK Jarosław</b>	<b>2199</b>		Weteran I M - 50	13	01:39:57	06:26:08	09:10:43	11:58:30	14:58:49	18:24:59	20:35:52	<b>24:24:59.80</b>	<b>24:26:16.35</b>	+09:33:43 (39.1%)	11:16	5.3 (60.9%)
93	<b>PIOTROWSKI Michał</b>	<b>2022</b>	#ŻEBERKATEAM	Masters M - 40	38	01:47:55	07:04:46	10:11:30	13:02:16	16:03:54	19:20:04	21:13:51	<b>24:28:02.35</b>	<b>24:29:26.85</b>	+09:36:54 (39.3%)	11:17	5.3 (60.9%)
94	<b>ZAWADZKI Tomasz</b>	<b>2123</b>		Masters M - 40	39	01:41:25	06:49:00	09:41:42	12:25:19	15:31:44	18:47:55	20:45:53	<b>24:31:02.30</b>	<b>24:32:05.55</b>	+09:39:32 (39.4%)	11:18	5.3 (60.9%)
95	<b>CHUDA Aneta</b>	<b>2018</b>		Masters K - 40	9	01:36:01	06:14:00	09:11:51	11:57:04	14:53:02	18:08:34	20:11:10	<b>24:31:22.50</b>	<b>24:32:09.70</b>	+09:39:37 (39.4%)	11:19	5.3 (60.9%)
96	<b>PAWLAK Paweł</b>	<b>2124</b>	WYGRAŁEM WYŚCIG Z ŻÓŁWIEM	Weteran I M - 50	14	01:45:50	07:23:02	10:13:58	13:08:56	16:01:30	19:14:57	21:12:34	<b>24:32:20.30</b>	<b>24:32:50.10</b>	+09:40:17 (39.4%)	11:19	5.3 (60.9%)
97	<b>KWIATKOWSKI Przemysław</b>	<b>2148</b>	PWSD GNIEZNO	Masters M - 40	40	01:29:44	05:56:38	08:48:37	11:36:30	15:00:00	18:34:05	20:55:00	<b>24:38:55.80</b>	<b>24:40:13.05</b>	+09:47:40 (39.7%)	11:22	5.3 (60.9%)
98	<b>SZYGENDA Sebastian</b>	<b>2147</b>	TIGER TEAM	Masters M - 40	41	01:29:45	05:56:37	08:48:34	11:36:30	15:00:00	18:34:12	20:54:59	<b>24:38:55.05</b>	<b>24:40:13.45</b>	+09:47:40 (39.7%)	11:22	5.3 (60.9%)
99	<b>ŻABIEREK Tomasz</b>	<b>2092</b>		Masters M - 40	42	01:23:54	05:55:52	09:18:14	11:53:03	15:11:02	18:43:51	20:53:53	<b>24:44:43.15</b>	<b>24:45:18.30</b>	+09:52:45 (39.9%)	11:25	5.3 (60.9%)
100	<b>WAWRYKÓW Kuba</b>	<b>2138</b>		Senior I M - 20	3	01:32:56	05:44:28	08:23:03	11:08:54	14:21:07	18:20:33	20:29:37	<b>24:49:24.85</b>	<b>24:50:34.15</b>	+09:58:01 (40.1%)	11:27	5.2 (59.8%)
101	<b>NIEMAS Mariusz</b>	<b>2170</b>		Weteran I M - 50	15	01:29:54	06:19:56	09:07:33	12:08:55	15:27:00	19:08:13	21:09:04	<b>24:54:32.80</b>	<b>24:55:50.75</b>	+10:03:18 (40.3%)	11:29	5.2 (59.8%)
102	<b>SZCZERBAL Agnieszka</b>	<b>2075</b>	TKKF MPK POZNAŃ	Masters K - 40	10	01:33:49	06:27:53	09:29:58	12:35:07	15:41:21	19:08:55	21:17:24	<b>24:55:51.20</b>	<b>24:56:39.35</b>	+10:04:06 (40.4%)	11:30	5.2 (59.8%)
103	<b>PTASZYŃSKA Eliza</b>	<b>2086</b>		Masters K - 40	11	01:45:26	07:10:56	10:06:29	12:48:16	15:40:37	19:28:27	21:27:23	<b>24:55:40.50</b>	<b>24:56:42.70</b>	+10:04:10 (40.4%)	11:30	5.2 (59.8%)
104	<b>JANIK Przemysław</b>	<b>2223</b>		Senior II M - 30	27	01:43:18	07:00:03	10:06:54	12:46:40	15:38:23	18:43:24	20:53:32	<b>24:57:08.75</b>	<b>24:58:34.20</b>	+10:06:01 (40.4%)	11:30	5.2 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
105	<b>WYSOCZAŃSKI Adrian</b>	<b>2099</b>	PIETRZYKOWICE	Masters M - 40	43	01:35:34	06:27:17	09:30:49	12:21:51	15:22:44	18:43:26	20:54:14	<b>25:05:03.15</b>	<b>25:05:45.15</b>	+10:13:12 (40.7%)	11:34	5.2 (59.8%)
106	<b>KOZIOŁ Ewa</b>	<b>2166</b>	KB-SOBÓTKA	Masters K - 40	12	01:35:19	06:26:51	09:30:44	12:21:34	15:22:09	18:43:07	20:54:11	<b>25:05:13.15</b>	<b>25:05:53.95</b>	+10:13:21 (40.7%)	11:34	5.2 (59.8%)
107	<b>SIŃCZUK Patrycja</b>	<b>2205</b>	MIRAZ RACE TEAM	Masters K - 40	13	01:31:57	06:49:17	10:13:11	13:08:44	16:11:41	19:40:18	21:57:46	<b>25:10:32.30</b>	<b>25:10:36.50</b>	+10:18:03 (40.9%)	11:37	5.2 (59.8%)
108	<b>BATOR Monika</b>	<b>2094</b>		Masters K - 40	14	01:33:50	06:51:06	10:07:49	13:09:47	16:11:26	19:39:33	21:57:32	<b>25:10:23.50</b>	<b>25:10:42.95</b>	+10:18:10 (40.9%)	11:37	5.2 (59.8%)
109	<b>TROCHANOWSKI Krystian</b>	<b>2191</b>	RUSYN - LEM	Senior II M - 30	28	01:31:57	05:48:10	08:24:14	11:09:25	14:33:03	18:09:41	20:33:19	<b>25:11:47.00</b>	<b>25:13:11.50</b>	+10:20:38 (41.0%)	11:37	5.2 (59.8%)
110	<b>DEKIERT Agnieszka</b>	<b>2144</b>		Masters K - 40	15	01:35:40	06:35:36	09:48:35	12:45:43	15:52:45	19:13:56	21:21:07	<b>25:14:28.75</b>	<b>25:15:18.15</b>	+10:22:45 (41.1%)	11:38	5.2 (59.8%)
111	<b>CZYŻ Łukasz</b>	<b>2010</b>	ESTEAM	Masters M - 40	44	01:39:47	06:34:51	09:27:30	12:26:38	15:42:00	19:10:30	21:24:43	<b>25:14:16.50</b>	<b>25:15:45.90</b>	+10:23:13 (41.1%)	11:38	5.2 (59.8%)
112	<b>CZUBA Robert</b>	<b>2088</b>	ORANGE POLSKA	Weteran I M - 50	16	01:40:35	06:58:25	10:18:10	13:14:24	16:10:50	19:37:41	21:44:33	<b>25:20:47.45</b>	<b>25:21:47.30</b>	+10:29:14 (41.3%)	11:41	5.1 (58.6%)
113	<b>WALKOWIAK Joanna</b>	<b>2072</b>	MUAY RUNNING TEAM	Senior II K - 30	6	01:38:22	06:52:21	09:54:35	12:34:33	15:35:53	19:10:44	21:31:16	<b>25:21:18.75</b>	<b>25:22:20.05</b>	+10:29:47 (41.4%)	11:42	5.1 (58.6%)
114	<b>SILSKA Sylwia</b>	<b>2109</b>	ATRAKCYJNE TOWARZYSTWO	Weteran K - 50	2	01:36:41	06:50:33	09:55:26	12:42:17	15:52:44	19:34:06	21:38:34	<b>25:21:39.25</b>	<b>25:22:26.45</b>	+10:29:53 (41.4%)	11:42	5.1 (58.6%)
115	<b>ZYZAŃSKI Andrzej</b>	<b>2110</b>	ANATOMIA BIEGANIA	Masters M - 40	45	01:39:25	06:53:17	09:58:07	12:46:45	15:49:33	19:29:55	21:40:21	<b>25:23:23.05</b>	<b>25:24:20.05</b>	+10:31:47 (41.4%)	11:43	5.1 (58.6%)
116	<b>SUDUŁ Jarosław</b>	<b>2116</b>	WIERZBICKI RUNNING PROJECT	Weteran I M - 50	17	01:35:56	06:35:08	09:25:13	12:09:22	15:17:21	19:04:04	21:21:43	<b>25:25:27.30</b>	<b>25:25:49.95</b>	+10:33:17 (41.5%)	11:44	5.1 (58.6%)
117	<b>LIC Janusz</b>	<b>2135</b>		Weteran I M - 50	18	01:36:21	06:28:30	09:32:11	12:34:34	15:44:31	19:28:18	21:38:52	<b>25:28:16.00</b>	<b>25:29:37.95</b>	+10:37:05 (41.6%)	11:45	5.1 (58.6%)
118	<b>PAZIO Jakub</b>	<b>2211</b>	BIEGAM BO LUBIĘ OSTROŁĘKA	Senior I M - 20	4	01:19:36	05:33:53	08:26:38	11:22:03	14:43:29	18:29:06	20:57:00	<b>25:29:26.90</b>	<b>25:29:59.00</b>	+10:37:26 (41.7%)	11:45	5.1 (58.6%)
119	<b>MARCHWICKI Arkadiusz</b>	<b>2179</b>	FEHLAU RUN TEAM	Masters M - 40	46	01:44:22	07:06:28	10:25:21	13:24:21	16:29:56	20:30:11	22:25:03	<b>25:37:42.10</b>	<b>25:39:04.95</b>	+10:46:32 (42.0%)	11:49	5.1 (58.6%)
120	<b>KEPKE Michał</b>	<b>2213</b>		Masters M - 40	47	01:42:44	07:11:22	10:25:29	13:31:21	16:26:52	20:17:23	22:20:53	<b>25:41:32.50</b>	<b>25:43:13.95</b>	+10:50:41 (42.2%)	11:51	5.1 (58.6%)
121	<b>GÓRCZYŃSKI Rafał</b>	<b>2043</b>		Masters M - 40	48	01:37:21	06:50:46	10:17:22	13:14:32	16:32:36	20:18:04	22:21:13	<b>25:42:09.45</b>	<b>25:43:14.15</b>	+10:50:41 (42.2%)	11:51	5.1 (58.6%)
122	<b>BUDNY Aleksandra</b>	<b>2122</b>	KRAŚNIK BIEGA / NO PAIN NO GAIN	Masters K - 40	16	01:33:54	06:35:26	09:31:07	12:37:03	15:57:44	19:52:12	22:07:12	<b>25:44:41.50</b>	<b>25:45:04.85</b>	+10:52:32 (42.2%)	11:52	5 (57.5%)
123	<b>RABSCH Patrycja</b>	<b>2026</b>		Senior II K - 30	7	01:43:17	06:47:39	09:52:30	12:47:42	15:57:37	19:52:02	22:07:05	<b>25:44:34.40</b>	<b>25:45:05.10</b>	+10:52:32 (42.2%)	11:52	5 (57.5%)
124	<b>ŁUGOWSKI Marek</b>	<b>2193</b>	UTM170	Masters M - 40	49	01:42:39	06:36:24	09:31:18	12:34:15	15:57:41	20:13:48	22:20:01	<b>25:44:48.20</b>	<b>25:46:29.80</b>	+10:53:57 (42.3%)	11:52	5 (57.5%)
125	<b>OLESIŃSKI Piotr</b>	<b>2048</b>	DRUŻYNA ORZECHA ŻYRARDÓW	Masters M - 40	50	01:34:20	06:50:09	10:03:08	12:52:02	16:08:19	19:49:40	22:17:42	<b>25:45:24.45</b>	<b>25:47:05.45</b>	+10:54:32 (42.3%)	11:53	5 (57.5%)
126	<b>PÓŁGRABIA Dawid</b>	<b>2031</b>	#ŻEBERKATEAM	Masters M - 40	51	01:47:57	07:04:47	10:11:35	13:02:16	16:07:42	19:45:41	22:09:13	<b>25:49:14.95</b>	<b>25:50:39.45</b>	+10:58:06 (42.4%)	11:55	5 (57.5%)
127	<b>KUPIEC Maciej</b>	<b>2012</b>	#ŻEBERKATEAM	Masters M - 40	52	01:47:54	07:04:47	10:11:42	13:02:19	16:07:41	19:45:34	22:09:17	<b>25:49:48.80</b>	<b>25:51:14.90</b>	+10:58:42 (42.5%)	11:55	5 (57.5%)
128	<b>LOMAGISTRO Pietro</b>	<b>2194</b>	A.S.D. GRUPPO PODISTICO SAN PIO X	Masters M - 40	53	01:42:40	06:36:25	09:31:26	12:34:54	16:10:08	20:15:40	22:22:11	<b>25:52:00.95</b>	<b>25:53:40.55</b>	+11:01:07 (42.6%)	11:56	5 (57.5%)
129	<b>KOPACZYŃSKA Beata</b>	<b>2175</b>	A.S.D. GRUPPO PODISTICO SAN PIO X	Weteran K - 50	3	01:42:37	06:36:23	09:31:18	12:34:53	16:10:20	20:15:38	22:22:25	<b>25:52:01.35</b>	<b>25:53:40.60</b>	+11:01:07 (42.6%)	11:56	5 (57.5%)
130	<b>RYBCZYŃSKI Przemek</b>	<b>2111</b>		Weteran I M - 50	19	01:41:11	06:45:57	09:56:47	13:20:33	16:34:35	20:25:15	22:33:33	<b>25:46:56.80</b>	<b>25:55:02.65</b>	+11:02:30 (42.6%)	11:53	5 (57.5%)
131	<b>GŁADYSZ Robert</b>	<b>2140</b>	SCE24.PL	Masters M - 40	54	01:49:15	06:53:51	10:05:00	13:28:40	16:42:39	20:33:47	22:42:04	<b>25:57:55.75</b>	<b>25:57:58.75</b>	+11:05:26 (42.7%)	11:59	5 (57.5%)

Przekroczony limit czasu: 26:00:00

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
132	<b>MALINOWSKI Grzegorz</b>	<b>2005</b>		Masters M - 40	55	01:29:40	06:22:26	09:22:59	12:21:45	15:47:21	19:45:07	22:10:21	<b>26:04:02.60</b>	<b>26:04:35.50</b>	+11:12:02 (43.0%)	12:01	5 (57.5%)
133	<b>JAWORSKI Bartłomiej</b>	<b>2136</b>	WINS WHO DARES,	Weteran I M - 50	20	01:23:18	06:19:17	09:17:52	12:23:15	15:49:37	19:42:42	22:08:15	<b>26:22:40.50</b>	<b>26:22:57.65</b>	+11:30:25 (43.6%)	12:10	4.9 (56.3%)
134	<b>SZCZUKA Leszek</b>	<b>2089</b>	CROSSELITE	Weteran I M - 50	21	01:35:29	06:18:52	09:37:50	12:55:54	16:16:12	20:35:49	22:40:14	<b>26:50:45.90</b>	<b>26:52:32.00</b>	+11:59:59 (44.6%)	12:23	4.8 (55.2%)
	<b>ADAMCZYK Marcin</b>	<b>2096</b>		Masters M - 40		01:34:28 DNF	06:58:19 DNF	10:12:42 DNF	13:20:50 DNF	16:18:49 DNF	19:50:13 DNF	22:00:44 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BUTKIEWICZ Lukasz</b>	<b>2055</b>	IRRACJONALNIE MASZERUJĄCY	Senior II M - 30		01:35:51 DNF	06:47:42 DNF	10:00:00 DNF	12:53:33 DNF	16:00:44 DNF	19:47:53 DNF	22:16:50 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WIERZOWIECKI Grzegorz</b>	<b>2069</b>	BERFIT ZIELONA GÓRA & STACHOWSCY.EU	Senior II M - 30		01:03:07 DNF	04:04:18 DNF	06:08:34 DNF	08:21:20 DNF	10:47:20 DNF	13:41:33 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>TOKARCZYK Marcin</b>	<b>2003</b>		Masters M - 40		01:21:17 DNF	05:26:52 DNF	08:20:00 DNF	10:58:58 DNF	13:37:07 DNF	17:52:35 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PAJOR Krzysztof</b>	<b>2100</b>	100PASS	Masters M - 40		01:26:11 DNF	05:40:31 DNF	08:34:26 DNF	11:22:12 DNF	14:04:27 DNF	18:25:50 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KARBOWSKI Jarosław</b>	<b>2029</b>	K.S .LENIWIEC	Masters M - 40		01:33:56 DNF	06:32:39 DNF	09:51:42 DNF	12:51:55 DNF	16:08:54 DNF	19:50:24 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>HAMPEL Hubert</b>	<b>2078</b>	BIEGOSTACJAULTRATEAM	Senior I M - 20		01:37:42 DNF	06:47:18 DNF	09:51:57 DNF	12:47:45 DNF	16:01:12 DNF	20:07:14 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BUK Sławomir</b>	<b>2184</b>		Masters M - 40		01:05:40 DNF	04:31:44 DNF	06:50:32 DNF	09:06:40 DNF	11:45:21 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BRODA Dominik</b>	<b>2014</b>		Senior II M - 30		01:20:23 DNF	05:18:06 DNF	08:03:46 DNF	10:45:09 DNF	14:07:52 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>LUTOWSKI Wojciech</b>	<b>2102</b>		Senior II M - 30		01:37:10 DNF	06:29:33 DNF	09:21:54 DNF	12:03:03 DNF	15:15:53 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WAWRESZUK Wiktor</b>	<b>2180</b>	BRACTWO BIEGOWE BGK	Weteran I M - 50		01:43:09 DNF	06:32:59 DNF	09:19:16 DNF	12:00:49 DNF	15:28:23 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ZADROŻNY Piotr</b>	<b>2201</b>	BIEGIEM DO 100TKI	Senior II M - 30		01:27:04 DNF	06:12:35 DNF	09:12:40 DNF	12:10:05 DNF	15:36:36 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WERNO Bartłomiej</b>	<b>2062</b>		Senior II M - 30		01:34:16 DNF	06:11:24 DNF	09:08:44 DNF	12:06:03 DNF	15:45:45 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BŁASZKOWSKI Daniel</b>	<b>2032</b>	MAJ.R RAWICZ	Masters M - 40		01:32:15 DNF	06:35:28 DNF	09:45:28 DNF	12:47:04 DNF	16:28:26 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>RUDY Iwona</b>	<b>2093</b>		Senior II K - 30		01:33:50 DNF	06:51:06 DNF	10:07:48 DNF	13:12:38 DNF	16:29:15 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŚLEZIAK Jarosław</b>	<b>2186</b>	DANIEL WOSIK TERVEL TEAM	Masters M - 40		01:03:53 DNF	04:09:47 DNF	06:28:17 DNF	08:37:46 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>NIEDZIÓŁKA Wojciech</b>	<b>2087</b>	CENTRUM SZKOLENIA POLICJI W LEGIONOWIE	Senior II M - 30		01:09:11 DNF	04:48:16 DNF	07:09:02 DNF	09:49:09 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MOSIEK Andrzej</b>	<b>2158</b>		Senior II M - 30		01:34:36 DNF	05:39:54 DNF	08:13:16 DNF	10:50:26 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KURPIEWSKA Anna</b>	<b>2171</b>	GT RAT	Masters K - 40		01:19:18 DNF	05:25:24 DNF	08:16:08 DNF	10:52:28 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SIKORSKI Marcin</b>	<b>2168</b>	TT SZCZECIN	Masters M - 40		01:19:09 DNF	05:25:24 DNF	08:16:08 DNF	10:52:47 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PASTWA Marek</b>	<b>2224</b>	OH!ZUZA.COM/BEAUTYSPORT	Weteran I M - 50		01:34:09 DNF	06:09:17 DNF	08:55:33 DNF	11:46:47 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>CHOŁUJ Jarek</b>	<b>2008</b>	FOR-REST-RUN KOSZALIN	Masters M - 40		01:38:23 DNF	06:49:10 DNF	09:39:13 DNF	12:32:54 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ZGOŁA Przemysław</b>	<b>2074</b>	TARNOWO PODGÓRNE BIEGA	Weteran I M - 50		01:33:52 DNF	06:27:53 DNF	09:29:59 DNF	12:35:56 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KRYSIAK Tomasz</b>	<b>2076</b>	ULTRA RUNNER SZCZECIN- THOM@S FOTO	Senior II M - 30		01:38:34 DNF	06:58:00 DNF	10:11:38 DNF	13:07:34 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Czas brutto	Różn	Tempo	Tempo
						10km	32km	47km	64km	81km	100km	112km	130km	130km		min/km	km/h
	<b>KRZEMIŃSKA Aleksandra</b>	<b>2196</b>	POLDEK TEAM	Masters K - 40		01:41:43 DNF	06:49:57 DNF	10:20:33 DNF	13:23:48 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRZEMIŃSKI Jacek</b>	<b>2181</b>	POLDEK TEAM	Masters M - 40		01:41:51 DNF	06:49:56 DNF	10:20:35 DNF	13:23:48 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SADOWSKI Piotr</b>	<b>2160</b>	SADOSZCZAKI	Senior II M - 30		01:34:36 DNF	07:03:22 DNF	10:11:43 DNF	13:35:00 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GAWRON Bartłomiej</b>	<b>2058</b>		Masters M - 40		01:41:17 DNF	06:50:56 DNF	10:09:13 DNF	13:43:54 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BABIRECKI Krzysztof</b>	<b>2129</b>	FU FU FU TEAM	Masters M - 40		01:21:53 DNF	06:42:55 DNF	09:46:21 DNF	13:54:01 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MUCHA Michał</b>	<b>2219</b>	NOCNY POYEB TEAM	Masters M - 40		01:21:16 DNF	06:44:16 DNF	10:04:33 DNF	14:00:01 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WITEK Eryk</b>	<b>2218</b>	QC SPARTY MONIA GYM QŹNIA TALENTÓW ADAMA	Masters M - 40		01:22:47 DNF	06:44:19 DNF	10:12:27 DNF	14:00:53 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ARMATYS Grzegorz</b>	<b>2176</b>	ORANGE POLSKA	Weteran I M - 50		01:42:21 DNF	07:18:53 DNF	10:51:30 DNF	14:08:05 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NORKOWSKA Aleksandra</b>	<b>2173</b>	ORANGE POLSKA	Masters K - 40		01:42:31 DNF	07:18:54 DNF	10:51:28 DNF	14:08:06 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KALBARCZYK Beata</b>	<b>2172</b>	ORANGE POLSKA	Weteran K - 50		01:42:31 DNF	07:19:21 DNF	10:51:40 DNF	14:08:06 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MIKOŁAJCZYK Mirosław</b>	<b>2216</b>	MIRAZ RACE TEAM	Masters M - 40		01:08:55 DNF	04:31:57 DNF	07:06:56 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SIEMIĄTKOWSKI Arkadiusz</b>	<b>2188</b>	#RÓBSWOJE CREW	Senior II M - 30		01:33:27 DNF	05:58:42 DNF	08:56:37 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MRUGALSKA Magdalena</b>	<b>2141</b>	JW 1223	Senior II K - 30		01:31:15 DNF	06:22:59 DNF	09:50:32 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIĘCZKOWSKI Wojciech</b>	<b>2027</b>		Masters M - 40		01:36:58 DNF	07:09:03 DNF	10:46:02 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SKARŻYŃSKI Wojciech</b>	<b>2081</b>		Masters M - 40		01:51:30 DNF	07:23:31 DNF	10:57:27 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RYCHŁOWSKA Magdalena</b>	<b>2007</b>		Masters K - 40		01:45:34 DNF	07:18:42 DNF	10:57:40 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZUGAJ Bartosz</b>	<b>2197</b>		Senior II M - 30		01:42:32 DNF	07:20:41 DNF	11:01:34 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CYGAN Anna</b>	<b>2195</b>	ANIA I BLACK HAT ULTRA	Weteran K - 50		01:42:27 DNF	07:20:42 DNF	11:09:30 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZIĘTEK Krzysztof</b>	<b>2139</b>	ADIDAS RUNNERS WARSAW	Masters M - 40		01:45:57 DNF	07:41:48 DNF	11:49:46 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TOKARZ Robert</b>	<b>2159</b>		Weteran I M - 50		01:27:45 DNF	06:12:58 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PAROL Paweł</b>	<b>2097</b>	SZYMANKOWSZCZYŻNA	Masters M - 40		01:26:08 DNF	06:17:43 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STRZYŻEWSKI Paweł</b>	<b>2206</b>	SZCZYT ZA SZCZYTEM	Masters M - 40		01:33:54 DNF	06:52:20 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NOWOSŁAWSKI Krzysztof</b>	<b>2103</b>	IRRACJONALNIE MASZERUJĄCY	Masters M - 40		01:32:06 DNF	06:58:13 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MIKOŁAJCZYK-SOWA Monika</b>	<b>2039</b>	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40		01:49:04 DNF	07:19:26 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOJNO Małgorzata</b>	<b>2025</b>	DROGA DO ULTRA	Senior II K - 30		01:50:23 DNF	07:20:54 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KORNAGA Michał</b>	<b>2106</b>	GÓRY LASY	Senior I M - 20		01:51:50 DNF	07:22:42 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOSZCZAK Zbigniew</b>	<b>2203</b>	STRZELIŃSKI KLUB BIEGACZA GRANIT	Weteran I M - 50		01:39:24 DNF	07:28:14 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOSZCZAK Jolanta</b>	<b>2204</b>	STRZELIŃSKI KLUB BIEGACZA GRANIT	Weteran K - 50		01:39:27 DNF	07:28:16 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
	<b>DĘBEK Piotr</b>	<b>2121</b>	ŚWIDNICKA GRUPA BIEGOWA	Masters M - 40		01:51:01 DNF	07:41:13 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KOZIEŁ Tomasz</b>	<b>2013</b>	#WAWRZYTEAM	Masters M - 40		01:04:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DWORNIK Maciek</b>	<b>2020</b>	WARCZĄCE SZPRYCHY	Masters M - 40		01:07:53 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>LANGE Szymon</b>	<b>2217</b>	WSK-SZYMONIX	Masters M - 40		01:21:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>RECLIK Piotr</b>	<b>2042</b>	ULTRAWARIACI	Senior I M - 20		01:21:38 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>REKIEĆ- KROGULECKA Kaja</b>	<b>2033</b>		Senior I K - 20		01:21:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SZARAPANOWSKI Damian</b>	<b>2156</b>	ULTRA DIABŁY TEAM LUBRZA	Masters M - 40		01:22:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MOŃ Sebastian</b>	<b>2198</b>	CARBON SILESIA SPORT	Senior II M - 30		01:23:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SPECHT Mikołaj</b>	<b>2209</b>		Masters M - 40		01:31:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DRZASZCZ Marek</b>	<b>2182</b>	CROSSELITE	Masters M - 40		01:34:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WOJNO Arkadiusz</b>	<b>2192</b>	DROGA DO ULTRA	Senior II M - 30		01:35:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WRONKA Tymoteusz</b>	<b>2104</b>	IRRACJONALNIE MASZERUJĄCY	Masters M - 40		01:37:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŁABĘDZKI Mariusz</b>	<b>2023</b>		Masters M - 40		01:39:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BONDARCZUK Sylwia</b>	<b>2063</b>	ULTRA BESKID SPORT	Masters K - 40		01:39:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STOLPE Maciej</b>	<b>2036</b>	TKKF MPK POZNAŃ	Weteran I M - 50		01:40:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>RUTKOWSKI Kazimierz</b>	<b>2091</b>	KUSY I SPÓŁKA	Weteran II M - 60		01:41:21 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WODZIŃSKA Danuta</b>	<b>2052</b>	BIEG OPOLSKI TEAM	Masters K - 40		01:42:27 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SILSKI Marek</b>	<b>2108</b>	ATRAKCYJNE TOWARZYSTWO	Weteran I M - 50		01:46:10 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SOKOŁOWSKI Artur</b>	<b>2077</b>	TEAM ZABIEGANEDNI	Masters M - 40		01:50:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>NADOBNIK Beata</b>	<b>2034</b>	SPORTOWY KAŻMIERZ/TARNOWO PODGÓRNE BIEGA	Weteran K - 50		01:51:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SZWARGOT Marta</b>	<b>2085</b>	TARNOWO PODGÓRNE BIEGA / SPORTOWY KAŻMIERZ	Senior II K - 30		01:51:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SZCZUKA Joanna</b>	<b>2037</b>		Senior I K - 20		01:52:26 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>HAMOT Artur</b>	<b>2056</b>	BIEGOWA KUŹNIA	Senior II M - 30		01:53:00 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 209 wynik(ów)