



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2023-07-13
Łądek-Zdrój
130 km

BIEG SUPER TRAIL - 130 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
1	NEHRING Karol	2055		Senior I M - 20	1	01:01:29	03:35:26	05:18:21	07:03:47	08:54:04	11:15:53	12:22:33	14:25:12.60	14:25:14.65		6:39	9 (100%)
2	MAZUR Andrzej	2194	KKS SFORA BOJANO	Masters M - 40	1	01:01:22	03:47:07	05:47:23	07:42:47	09:36:43	11:51:27	13:03:18	15:18:40.70	15:18:44.80	+00:53:30 (5.8%)	7:04	8.5 (94.4%)
3	ADLER Łukasz	2077	LESZ NO LIMITS RUNNERS	Senior II M - 30	1	01:08:51	04:05:28	06:00:52	08:00:25	10:00:34	12:19:02	13:29:10	15:30:35.05	15:30:53.05	+01:05:38 (7.1%)	7:09	8.4 (93.3%)
4	KIEROŃSKI Robert	2181	OBOZY GÓRSKIE	Masters M - 40	2	01:04:06	03:57:32	06:04:19	08:06:08	10:19:47	12:28:04	13:37:46	15:57:54.35	15:58:05.75	+01:32:51 (9.7%)	7:22	8.1 (90.0%)
5	BASISTA Wojciech	2171	WILKI MIEDZYLESIE	Senior II M - 30	2	01:07:57	04:15:58	06:17:09	08:15:19	10:26:54	12:42:58	13:57:29	16:12:37.50	16:12:41.45	+01:47:26 (11.0%)	7:28	8 (88.9%)
6	KOPEĆ Mateusz	2146		Senior II M - 30	3	01:10:31	04:15:25	06:17:54	08:21:42	10:33:48	12:59:30	14:14:35	16:40:21.05	16:40:31.50	+02:15:16 (13.5%)	7:41	7.8 (86.7%)
7	KICZIŃSKI Bartosz	2174	CBR BIEGA	Senior II M - 30	4	01:02:14	03:50:03	06:14:31	08:27:45	10:42:36	13:18:21	14:36:04	16:55:48.60	16:55:52.15	+02:30:37 (14.8%)	7:48	7.7 (85.6%)
8	ŚLEZIAK Jarosław	2163	DANIEL WOSIK TERVEL TEAM	Masters M - 40	3	01:11:16	04:19:30	06:29:18	08:37:58	10:50:29	13:20:21	14:48:23	17:06:05.25	17:06:12.65	+02:40:58 (15.7%)	7:53	7.6 (84.4%)
9	BUCZKOWSKI Krzysztof	2118		Senior I M - 20	2	01:11:15	04:08:30	06:11:02	08:10:37	10:23:34	12:58:50	14:18:18	17:09:54.05	17:09:57.45	+02:44:42 (16.0%)	7:55	7.6 (84.4%)
10	KASZUBIAK Konrad	2107		Masters M - 40	4	01:11:46	04:32:20	06:46:36	08:52:54	11:22:00	13:52:48	15:08:30	17:29:11.95	17:29:14.85	+03:04:00 (17.5%)	8:04	7.4 (82.2%)
11	BODANKA Piotr	2133	APAMA ACOUSTIC PROJECT	Masters M - 40	5	01:13:23	04:25:51	06:33:18	08:48:52	11:29:03	14:03:16	15:22:13	17:44:31.65	17:44:39.25	+03:19:24 (18.7%)	8:11	7.3 (81.1%)
12	EENSAAR Silver	2198	ACE ADVENTURE	Masters M - 40	6	01:14:20	04:44:31	06:59:19	09:14:29	11:34:08	14:08:16	15:23:07	17:47:28.15	17:48:11.65	+03:22:57 (19.0%)	8:12	7.3 (81.1%)
13	GREDEYS Grzegorz	2190		Masters M - 40	7	01:15:25	04:43:24	06:52:58	09:13:20	11:45:06	14:15:17	15:34:55	18:07:56.05	18:08:07.20	+03:42:52 (20.5%)	8:22	7.2 (80.0%)
14	GAŁUSZKA Rafał	2219		Weteran I M - 50	1	01:11:26	04:31:05	06:51:08	09:19:51	11:44:51	14:28:42	15:50:55	18:24:44.85	18:25:06.75	+03:59:52 (21.7%)	8:29	7.1 (78.9%)
15	PIŁKO Marcin	2122	HUSKY TEAM	Masters M - 40	8	01:09:26	04:28:17	06:42:46	08:58:37	11:33:35	14:15:59	15:44:12	18:31:59.40	18:32:26.85	+04:07:12 (22.2%)	8:33	7 (77.8%)
16	WARDZYŃSKI Łukasz	2205		Masters M - 40	9	01:10:18	04:35:46	06:59:39	09:23:38	11:51:22	14:36:14	16:02:28	18:40:30.00	18:42:19.50	+04:17:04 (22.9%)	8:37	7 (77.8%)
17	WEINERT Artur	2060	RUNNER'S POWER	Masters M - 40	10	01:09:47	04:35:12	06:50:41	09:03:43	11:27:10	14:19:38	15:55:40	18:52:34.85	18:53:15.30	+04:28:00 (23.6%)	8:42	6.9 (76.7%)
18	POPIS Tomasz	2155	RUCH IZBICA	Weteran I M - 50	2	01:08:52	04:43:17	06:58:51	09:18:03	11:40:53	14:15:06	15:58:43	19:02:25.30	19:02:29.25	+04:37:14 (24.3%)	8:47	6.8 (75.6%)
19	MACIĄG Grzegorz	2193	RZESZÓW	Masters M - 40	11	01:22:15	05:05:19	07:23:43	09:45:09	12:14:21	14:36:25	16:03:38	19:02:08.85	19:02:40.15	+04:37:25 (24.3%)	8:47	6.8 (75.6%)
20	MAGOCSY Adam	2068		Senior II M - 30	5	01:27:34	05:22:40	07:37:05	09:42:35	12:16:29	15:00:10	16:31:18	19:09:12.45	19:10:49.75	+04:45:35 (24.8%)	8:50	6.8 (75.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km	130km			
21	SURKÓW Adrian	2128	PARKRUN JEZIORO SWARZĘDZKIE	Senior II M - 30	6	01:16:57	04:54:15	07:15:50	09:37:13	12:20:36	15:15:39	16:37:32	19:13:30.90	19:14:20.25	+04:49:05 (25.0%)	8:52	6.8 (75.6%)
22	MAJCHRZAK Jacek	2192	KOŚCIAN TEAM ULTRA	Masters M - 40	12	01:17:31	05:02:42	07:23:36	09:34:39	12:21:06	15:03:58	16:35:35	19:22:35.70	19:23:07.75	+04:57:53 (25.6%)	8:56	6.7 (74.4%)
23	PIWKO Mateusz	2009		Senior II M - 30	7	01:33:53	05:21:37	07:46:04	10:06:42	12:41:26	15:19:37	16:45:33	19:26:55.45	19:28:28.50	+05:03:13 (26.0%)	8:58	6.7 (74.4%)
24	DRAGANEK Ewelina	2161		Masters K - 40	1	01:19:57	05:03:11	07:39:12	10:03:05	12:41:37	15:40:39	16:59:06	19:36:32.90	19:37:14.30	+05:11:59 (26.5%)	9:03	6.6 (73.3%)
25	KUPCZYK Jacek	2081	MOL RUNERS	Weteran I M - 50	3	01:32:38	05:35:05	08:05:43	10:27:55	12:56:18	15:43:40	17:06:02	19:37:51.65	19:38:40.70	+05:13:26 (26.6%)	9:03	6.6 (73.3%)
26	KLIMEK Mateusz	2090		Masters M - 40	13	01:33:12	05:22:14	07:51:06	10:10:33	12:44:58	15:22:58	16:51:38	19:38:23.85	19:39:47.10	+05:14:32 (26.7%)	9:03	6.6 (73.3%)
27	PRAŻANOWSKI Sergiusz	2024		Senior II M - 30	8	01:20:13	05:00:44	07:23:45	09:46:55	12:29:20	15:26:53	16:59:26	19:45:21.75	19:45:49.15	+05:20:34 (27.0%)	9:07	6.6 (73.3%)
28	PARZONKA Sylwester	2050	KS GEPARD KĘPNO	Weteran I M - 50	4	01:20:46	05:03:48	07:24:47	09:46:39	12:48:26	15:28:56	16:56:53	19:46:23.45	19:46:53.75	+05:21:39 (27.1%)	9:07	6.6 (73.3%)
29	KOZŁOWSKA Iwona	2153	LESZNO LIMITS RUNNERS	Weteran K - 50	1	01:23:39	05:19:12	07:47:34	10:07:15	12:38:30	15:34:56	17:02:21	19:49:49.40	19:50:07.80	+05:24:53 (27.3%)	9:09	6.6 (73.3%)
30	GACA Dominik	2012		Masters M - 40	14	01:17:14	04:55:13	07:19:41	09:39:04	12:22:14	15:15:52	16:45:18	19:56:23.70	19:56:56.80	+05:31:42 (27.7%)	9:12	6.5 (72.2%)
31	MŁYNARSKI Mateusz	2136	TRITOGO	Senior II M - 30	9	01:21:47	04:52:31	07:21:39	09:41:05	12:15:23	15:17:53	16:41:46	19:58:20.80	19:59:24.15	+05:34:09 (27.9%)	9:13	6.5 (72.2%)
32	CYLICH Paweł	2079	DJ NIUTON	Masters M - 40	15	01:32:29	06:39:20	08:53:12	11:05:55	13:51:18	16:24:41	17:59:58	20:23:04.90	20:23:20.75	+05:58:06 (29.3%)	9:24	6.4 (71.1%)
33	WAŃKOWICZ Adrian	2112		Masters M - 40	16	01:21:31	05:16:41	07:54:56	10:29:58	12:56:40	15:54:35	17:23:51	20:26:50.00	20:27:31.75	+06:02:17 (29.5%)	9:26	6.4 (71.1%)
34	MIŚ Mateusz	2030		Masters M - 40	17	01:25:59	05:27:19	08:03:25	10:38:09	13:05:55	15:54:24	17:24:02	20:26:59.70	20:27:31.85	+06:02:17 (29.5%)	9:26	6.4 (71.1%)
35	ŚWIĄTEK Anna	2183	ALPIN SPORT TEAM	Senior II K - 30	1	01:21:42	04:57:33	07:21:06	09:39:06	12:17:20	15:21:04	17:09:17	20:29:59.95	20:30:13.80	+06:04:59 (29.7%)	9:27	6.3 (70.0%)
36	MAGIERA Grzegorz	2144	KGHM ZG RUN HUTA MIEDZI GŁOGÓW	Masters M - 40	18	01:19:14	04:55:34	07:26:11	10:00:03	12:41:20	15:31:44	17:05:58	20:32:11.75	20:33:01.65	+06:07:47 (29.8%)	9:28	6.3 (70.0%)
37	BIADASZ Andrzej Michał	2123	POLITECHNIKA POZNAŃSKA	Masters M - 40	19	01:17:16	04:34:53	06:51:45	09:10:07	11:52:40	15:35:13	17:19:39	20:35:13.25	20:35:26.60	+06:10:11 (30.0%)	9:30	6.3 (70.0%)
38	KUTRZYK Przemysław	2001	ULTRAENDO78	Masters M - 40	20	01:18:02	05:00:38	07:26:13	09:53:54	12:47:25	15:49:13	17:21:07	20:47:59.20	20:48:34.90	+06:23:20 (30.7%)	9:35	6.3 (70.0%)
39	JANKOWIAK Przemysław	2203		Weteran I M - 50	5	01:32:26	05:30:41	08:09:17	10:50:33	13:33:30	16:16:45	17:50:04	20:51:03.60	20:52:17.25	+06:27:02 (30.9%)	9:37	6.2 (68.9%)
40	SZPINDA Sebastian	2027	BIŁGORAJ ULTRA TRAIL	Masters M - 40	21	01:26:08		07:49:35	10:27:45	13:19:18	16:24:35	17:57:29	20:54:49.05	20:55:16.95	+06:30:02 (31.1%)	9:39	6.2 (68.9%)
41	RAMOTOWSKI Marcin	2217		Masters M - 40	22	01:22:32	05:15:48	07:54:41	10:48:49	13:33:39	16:30:46	18:07:24	21:27:25.20	21:28:07.90	+07:02:53 (32.8%)	9:54	6.1 (67.8%)
42	WCISŁO Szymon	2140		Masters M - 40	23	01:42:39	05:36:58	08:00:39	10:37:16	13:18:04	16:35:18	18:13:06	21:29:55.80	21:31:15.95	+07:06:01 (33.0%)	9:55	6 (66.7%)
43	STRAMOWSKA-JARCZEWSKA Sandra	2172	SPARTA ULTRA TEAM	Senior II K - 30	2	01:25:08	05:29:17	08:00:01	10:39:06	13:16:56	16:32:57	18:10:49	21:34:01.85	21:34:35.40	+07:09:20 (33.2%)	9:57	6 (66.7%)
44	JARMUŻEK Paweł	2210		Masters M - 40	24	01:14:05	04:56:09	07:17:42	09:39:16	13:03:00	16:33:02	18:10:01	21:35:13.35	21:35:33.60	+07:10:18 (33.2%)	9:57	6 (66.7%)
45	PIOTROWSKI Mateusz	2019	SZOPA NA NARZĘDZIA	Senior II M - 30	10	01:39:11	05:32:25	07:54:47	10:22:12	13:20:43	16:13:25	17:57:10	21:34:32.85	21:36:15.20	+07:11:00 (33.3%)	9:57	6 (66.7%)
46	SŁOCIAK Rafał	2026	PRZEDWOJEWSKI TEAM	Senior II M - 30	11	01:39:06	05:32:23	07:54:46	10:22:14	13:20:55	16:13:29	17:58:22	21:34:30.55	21:36:15.80	+07:11:01 (33.3%)	9:57	6 (66.7%)
47	PIETRZAK Sławomir	2096		Masters M - 40	25	01:28:50	05:25:08	08:05:25	10:52:28	13:39:05	16:41:53	18:19:41	21:39:56.55	21:40:51.35	+07:15:36 (33.5%)	9:59	6 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
48	STALA-KONDRAKIEWICZ Katarzyna	2108	KB HARCOWNIK JELCZ-LASKOWICE	Masters K - 40	2	01:28:21	05:38:51	08:27:31	11:05:13	13:44:30	16:51:11	18:25:25	21:40:59.65	21:41:33.65	+07:16:19 (33.5%)	10:00	6 (66.7%)
49	WARWAS Radosław	2197		Masters M - 40	26	01:22:09	05:00:49	07:21:31	09:46:57	12:22:34	15:32:33	17:35:07	21:44:41.85	21:45:06.85	+07:19:52 (33.7%)	10:02	6 (66.7%)
50	ZIEBARTH Przemysław	2150		Masters M - 40	27	01:27:31	05:03:51	07:23:58	09:42:37	12:45:40	15:38:11	17:36:22	21:43:57.95	21:45:09.30	+07:19:54 (33.7%)	10:01	6 (66.7%)
51	BILEK Paweł	2185		Weteran II M - 60	1	01:14:31	05:07:48	07:34:59	10:08:15	13:31:33	16:35:56	18:28:05	22:13:49.20	22:14:06.70	+07:48:52 (35.1%)	10:15	5.8 (64.4%)
52	GRZECH Grzegorz	2200		Weteran I M - 50	6	01:39:37	06:06:16	09:02:10	11:31:31	14:07:42	17:12:56	18:57:57	22:12:56.05	22:14:06.75	+07:48:52 (35.1%)	10:15	5.9 (65.6%)
53	ZACHARYASZ Miłosz	2120	#KOCHAMMONICZKE	Senior II M - 30	12	01:39:52	05:58:11	08:39:24	11:07:59	14:12:58	17:24:41	19:00:41	22:17:15.75	22:19:07.60	+07:53:52 (35.4%)	10:17	5.8 (64.4%)
54	STANOWSKI Grzegorz	2167	FOREVER YOUNG	Weteran I M - 50	7	01:19:20	05:10:44	07:54:41	10:32:18	13:19:37	16:47:29	18:33:42	22:24:37.85	22:24:57.35	+07:59:42 (35.7%)	10:20	5.8 (64.4%)
55	WOJNAROWSKI Damian	2073	KS LENIWIEC	Senior I M - 20	3	01:32:36	05:42:15	08:21:48	11:19:33	14:03:28	17:30:05	19:21:31	22:28:41.75	22:29:13.60	+08:03:58 (35.9%)	10:22	5.8 (64.4%)
56	CZERNIACHOWSKI Artur	2043	ULTRA TEAM ZIELONA GÓRA	Masters M - 40	28	01:30:41	05:47:42	08:28:50	11:15:51	14:13:06	17:26:44	19:02:45	22:30:26.15	22:31:09.30	+08:05:54 (36.0%)	10:23	5.8 (64.4%)
57	KINOWSKA Katarzyna	2078	GRUPA BIEGOWA 65	Masters K - 40	3	01:28:51	05:37:17	08:18:57	10:55:26	13:55:56	17:32:26	19:13:31	22:33:01.35	22:33:13.50	+08:07:58 (36.1%)	10:24	5.8 (64.4%)
58	SURDEL Dawid	2132	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	Senior II M - 30	13	01:30:12	05:48:50	08:40:18	11:35:52	14:46:58	18:06:49	19:37:54	22:35:28.95	22:36:45.90	+08:11:31 (36.2%)	10:25	5.8 (64.4%)
59	MANCZENKO Eugeniusz	2135	MARKOWI BIEGACZE	Masters M - 40	29	01:31:24	05:55:15	08:42:08	11:32:41	14:44:22	18:07:43	19:47:42	22:45:24.00	22:46:27.65	+08:21:13 (36.7%)	10:30	5.7 (63.3%)
60	KASZKOWIAK Bogumił	2207	WRONKI	Masters M - 40	30	01:31:44	05:53:43	08:39:09	11:16:34	14:06:38	17:19:27	19:02:56	22:48:22.25	22:48:40.65	+08:23:26 (36.8%)	10:31	5.7 (63.3%)
61	SOBOCIŃSKI Karol	2152	#ZALINIAMETY	Senior II M - 30	14	01:27:51	05:49:16	08:58:04	11:38:55	14:44:25	17:53:07	19:29:52	22:48:26.15	22:50:03.20	+08:24:48 (36.8%)	10:31	5.7 (63.3%)
62	KĘDZIELEWSKI Łukasz	2065	WIECZORNE BIEGANIE W SZCZECINIE	Masters M - 40	31	01:26:49	05:25:01	08:05:11	10:52:16	14:04:31	17:47:58	19:24:22	22:49:03.80	22:50:09.00	+08:24:54 (36.9%)	10:31	5.7 (63.3%)
63	PIASECKA Monika	2180		Masters K - 40	4	01:32:27	06:04:02	08:59:09	11:44:30	14:28:50		19:33:00	22:50:12.00	22:50:57.30	+08:25:42 (36.9%)	10:32	5.7 (63.3%)
64	RADZIWOŃ Krzysztof	2071	GRUPA NIENACHALNIE HEROICZNA	Masters M - 40	32	01:32:51	05:51:11	08:41:19	11:37:17	14:46:08	18:11:37	19:50:26	22:57:56.10	22:58:18.55	+08:33:03 (37.2%)	10:35	5.7 (63.3%)
65	KUMIDAJ Jacek	2020	KS ULTRA TEAM ŁÓDŹ	Weteran II M - 60	2	01:41:00	06:06:25	08:58:00	11:33:52	14:21:22		19:31:46	23:04:38.65	23:05:29.00	+08:40:14 (37.5%)	10:39	5.6 (62.2%)
66	KILIAN Mariusz	2119		Weteran I M - 50	8	01:37:59	06:05:42	08:57:31	11:39:14	14:31:30	17:44:56	19:29:05	23:06:20.35	23:08:07.60	+08:42:52 (37.7%)	10:39	5.6 (62.2%)
67	KWIATKOWSKA Anna	2162	BIEGAJĄCY TCZEW	Masters K - 40	5	01:29:04	05:48:01	08:32:44	11:12:16	14:14:35	17:35:18	19:27:48	23:12:43.00	23:12:55.45	+08:47:40 (37.9%)	10:42	5.6 (62.2%)
68	ŁUKACKI Daniel	2160		Masters M - 40	33	01:15:45	04:54:17	07:18:50	09:43:12	12:53:25	16:27:09	18:24:22	23:12:29.65	23:13:01.70	+08:47:47 (37.9%)	10:42	5.6 (62.2%)
69	LITWIN Michał	2189	LITEWIN	Masters M - 40	34	01:15:23	04:54:17	07:18:51	09:43:11	12:53:24	16:27:06	18:24:17	23:12:29.25	23:13:02.05	+08:47:47 (37.9%)	10:42	5.6 (62.2%)
70	GARSTKA Zbigniew	2105	ULTRA WRONKI	Masters M - 40	35	01:29:08	05:58:18	08:39:04	11:16:07	14:13:47	17:39:14	19:34:30	23:16:28.80	23:16:48.45	+08:51:33 (38.1%)	10:44	5.6 (62.2%)
71	WOJTAL Marcin	2058	#BIEGAJLESZNO	Masters M - 40	36	01:30:06	05:45:27	08:20:54	11:21:10	14:28:58	17:59:47	19:51:30	23:16:14.10	23:17:29.05	+08:52:14 (38.1%)	10:44	5.6 (62.2%)
72	BURA Krystian	2028	#BIEGAJLESZNO	Senior II M - 30	15	01:31:50	05:45:45	08:21:56	11:21:10	14:28:59	18:04:51	19:51:32	23:16:14.50	23:17:29.15	+08:52:14 (38.1%)	10:44	5.6 (62.2%)
73	WODZIŃSKA Danuta	2083	BIEG OPOLSKI/TRAIL IS OUR WAY	Masters K - 40	6	01:21:05	05:21:58	08:03:41	11:11:25	14:00:04	17:50:56	19:34:31	23:19:29.55	23:19:42.15	+08:54:27 (38.2%)	10:45	5.6 (62.2%)
74	GORYNIA Hubert	2015		Senior II M - 30	16	01:38:04	06:09:51	08:55:36	11:33:19	14:27:32	17:53:32	19:33:21	23:18:44.50	23:20:19.45	+08:55:04 (38.2%)	10:45	5.6 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
75	SKRZYPCZAK Łukasz	2046	WATAHA - ŁĄCZY NAS BIEGANIE	Masters M - 40	37	01:39:00	06:09:51	08:55:33	11:33:18	14:27:32	17:53:30	19:33:18	23:18:43.40	23:20:19.60	+08:55:04 (38.2%)	10:45	5.6 (62.2%)
76	KASPERSKI Tomasz	2031		Masters M - 40	38	01:38:03	06:09:50	08:55:31	11:33:19	14:27:37	17:53:34	19:33:23	23:18:43.85	23:20:19.65	+08:55:05 (38.2%)	10:45	5.6 (62.2%)
77	JAKRZEWSKI Mikołaj	2176		Senior II M - 30	17	01:34:15	05:51:16	08:41:04	11:28:48	14:34:29	18:07:46	19:53:44	23:23:20.90	23:24:23.10	+08:59:08 (38.4%)	10:47	5.6 (62.2%)
78	ŻARNIEWSKI Wojciech	2154	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	39	01:33:02	05:24:16	07:52:14	10:21:47	13:14:13	16:55:31	18:56:31	23:25:42.70	23:27:02.25	+09:01:47 (38.5%)	10:48	5.5 (61.1%)
79	IVANEYCHIK Sergey	2109	RUN4FUN.BY	Masters M - 40	40	01:31:55	05:50:32	08:11:49	10:53:45	14:02:13	17:39:21	19:33:09	23:27:00.35	23:28:38.40	+09:03:23 (38.6%)	10:49	5.5 (61.1%)
80	DEC Mirosław	2178	TRUCHT TEAM OPOLE	Masters M - 40	41	01:41:08	06:08:07	08:51:18	11:38:50	14:48:37	18:19:49	20:03:21	23:32:43.40	23:34:04.05	+09:08:49 (38.8%)	10:52	5.5 (61.1%)
81	KAŁKOWSKI Roman	2145		Senior II M - 30	18	01:32:37	05:49:58	08:17:03	11:07:05	14:12:34	17:13:54	19:31:48	23:34:49.55	23:35:56.75	+09:10:42 (38.9%)	10:52	5.5 (61.1%)
82	WITEK Eryk	2076	QCE SPARTY	Masters M - 40	42	01:22:05	05:39:06	08:12:50	10:56:39	14:18:22	18:15:26	20:07:29	23:36:32.10	23:36:34.05	+09:11:19 (38.9%)	10:53	5.5 (61.1%)
83	RADOMSKI Grzegorz	2051	MOKRE RUN	Masters M - 40	43	01:24:09	05:27:51	08:05:49	10:50:39	13:55:24	17:34:46	19:33:59	23:36:58.25	23:37:20.65	+09:12:06 (39.0%)	10:53	5.5 (61.1%)
84	KOŁODZIEJ Paweł	2061		Masters M - 40	44	01:38:48	06:56:59	09:43:23	12:26:52	15:00:04	17:52:13	19:55:24	23:39:14.40	23:40:45.35	+09:15:30 (39.1%)	10:55	5.5 (61.1%)
85	PECHRA Mateusz	2158	ULTRATURY	Senior II M - 30	19	01:29:10	05:44:38	08:18:52	11:03:49	14:04:36	17:36:34	19:39:54	23:44:25.70	23:45:44.45	+09:20:29 (39.3%)	10:57	5.5 (61.1%)
86	VERSTER Rigardt	2091		Senior II M - 30	20	01:33:40	06:01:41	08:48:54	11:40:08	15:00:20	18:41:56	20:20:55	23:46:45.30	23:48:01.55	+09:22:46 (39.4%)	10:58	5.5 (61.1%)
87	OCHOTA Rafał	2080	BOGDAN & BOGDAN RUNNING TEAM	Masters M - 40	45	01:40:52	06:11:43	09:06:32	12:00:42	14:54:18	18:34:21	20:22:29	23:46:24.15	23:48:07.55	+09:22:52 (39.4%)	10:58	5.5 (61.1%)
88	KRAKOWIAK Łukasz	2084	BOGDAN & BOGDAN RUNING TEAM	Masters M - 40	46	01:40:51	06:11:42	09:06:34	12:00:42	14:54:22	18:34:40	20:22:29	23:46:26.75	23:48:09.05	+09:22:54 (39.4%)	10:58	5.5 (61.1%)
89	DRYMEL Piotr	2130	DESTYLATOR	Masters M - 40	47	01:43:43	06:12:58	09:03:50	11:54:14	14:53:49	18:39:40	20:27:04	23:50:06.80	23:51:44.55	+09:26:29 (39.6%)	11:00	5.5 (61.1%)
90	PATROŃSKI Adam	2110	ŻARŁOKI	Senior I M - 20	4	01:29:43	05:30:57	08:22:30	11:05:48	14:06:02	17:58:15	19:46:36	23:53:08.90	23:53:57.90	+09:28:43 (39.7%)	11:01	5.4 (60.0%)
91	KUREK Dawid	2139		Senior II M - 30	21	01:40:06	06:04:09	08:45:15	11:29:05	14:46:14	18:18:39	20:12:02	23:52:37.00	23:54:25.95	+09:29:11 (39.7%)	11:01	5.4 (60.0%)
92	PUŻNIAK Tomasz	2092		Masters M - 40	48	01:21:29	05:31:50	08:09:40	10:54:56	13:29:14	16:46:01	18:51:20	23:53:34.35	23:54:32.10	+09:29:17 (39.7%)	11:01	5.4 (60.0%)
93	RYBACKI Dariusz	2063		Masters M - 40	49	01:35:24	06:12:29	09:25:52	12:27:41	15:40:26	18:54:19	20:49:09	23:59:13.05	24:00:38.20	+09:35:23 (39.9%)	11:04	5.4 (60.0%)
94	KRUK Jacek	2022	TOTALNIE BIEGNIĘCI	Masters M - 40	50	01:31:22	05:51:09	08:44:20	11:40:28	14:50:28	18:29:50	20:23:12	24:03:27.45	24:04:31.70	+09:39:17 (40.1%)	11:06	5.4 (60.0%)
95	CHORZĘPA Jakub	2213		Masters M - 40	51	01:33:25	06:04:33	08:49:23	11:42:34	14:44:42	18:25:21	20:37:11	24:04:07.35	24:05:45.55	+09:40:30 (40.2%)	11:06	5.4 (60.0%)
96	HOJCZYK Karol	2018	EXPLORADOR & WOLNE ŚLIMAKI	Masters M - 40	52	01:34:05	06:08:56	09:07:41	11:57:44	14:52:05	18:13:11	20:13:19	24:09:22.20	24:10:01.45	+09:44:46 (40.3%)	11:08	5.4 (60.0%)
97	KUŚMIDER Michał	2023	TAŃCZĄCE MUCHOMORKI	Masters M - 40	53	01:27:23	05:40:25	08:32:38	11:40:46	15:09:23	18:47:22	20:33:17	24:14:42.40	24:15:36.05	+09:50:21 (40.6%)	11:11	5.4 (60.0%)
98	LUTOMSKA Dorota	2002	OFIX.PL BIKE TEAM	Masters K - 40	7	01:28:12	05:50:11	08:58:58	11:39:49	14:18:31	17:59:16	20:02:47	24:17:26.90	24:18:08.55	+09:52:53 (40.7%)	11:12	5.4 (60.0%)
99	MUCHA Michał	2209	NOCNY POYEB TEAM	Masters M - 40	54	01:20:05	05:04:51	07:34:51	10:15:31	13:41:02	17:24:30	19:51:19	24:18:43.80	24:18:46.00	+09:53:31 (40.7%)	11:13	5.3 (58.9%)
100	BEDNARSKA Kaśka	2066	SPELEOKLUB ŚWIĘTOKRZYSKI	Masters K - 40	8	01:36:08	05:57:33	09:01:40	12:02:27	15:23:08	18:47:04	20:47:37	24:20:05.95	24:20:42.90	+09:55:28 (40.8%)	11:13	5.3 (58.9%)
101	MALINOWSKI Grzegorz	2014		Masters M - 40	55	01:32:38	05:57:08	08:40:14	11:39:38	14:37:36	18:27:13	20:24:54	24:24:35.15	24:25:02.25	+09:59:47 (40.9%)	11:15	5.3 (58.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km	130km			
102	MIKOŁAJCZYK-SOWA Monika	2134	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40	9	01:28:29	05:40:29	08:31:05	11:14:51	14:27:36	18:06:39	20:22:37	24:40:30.15	24:40:50.45	+10:15:35 (41.6%)	11:23	5.3 (58.9%)
103	SILSKA Sylwia	2074	ATRAKCYJNE TOWARZYSTWO	Weteran K - 50	2	01:40:14	06:22:47	09:21:18	12:01:45	15:28:12	19:09:44	21:02:19	24:51:36.50	24:52:45.35	+10:27:30 (42.0%)	11:28	5.2 (57.8%)
104	OLEŚ-ZDECHLIK Beata	2195		Senior II K - 30	3	01:45:33	06:39:06	09:46:49	12:37:51	15:46:24	19:24:54	21:22:33	24:58:45.85	24:59:08.70	+10:33:54 (42.3%)	11:31	5.2 (57.8%)
105	ZDANOWICZ Elżbieta	2149	VEGE RUNNERS	Masters K - 40	10	01:41:29	06:18:42	09:21:37	12:20:47	15:29:47	19:20:36	21:12:18	24:59:23.45	25:00:16.70	+10:35:02 (42.3%)	11:32	5.2 (57.8%)
106	RUBINOWSKI Jarek	2222		Masters M - 40	56	01:47:15	06:58:46	09:46:17	12:30:19	15:35:05	19:22:59	21:07:02	25:01:43.65	25:03:19.10	+10:38:04 (42.4%)	11:33	5.2 (57.8%)
107	HACHOŁ Justyna	2062		Masters K - 40	11	01:28:14	05:51:22	08:18:32	11:22:05	15:16:07	19:03:05	21:20:20	25:07:35.60	25:07:50.25	+10:42:35 (42.6%)	11:35	5.2 (57.8%)
108	GAJEWSKI Sebastian	2101	KM PSP W SZCZECINIE	Masters M - 40	57	01:39:56	06:37:59	09:38:36	12:36:35	15:54:25	19:24:15	21:08:19	25:11:01.15	25:11:18.85	+10:46:04 (42.7%)	11:37	5.2 (57.8%)
109	ŁABĘDZKI Mariusz	2044		Masters M - 40	58	01:39:16	06:37:58	09:38:34	12:36:35	15:54:25	19:24:13	21:08:26	25:11:01.95	25:11:19.15	+10:46:04 (42.7%)	11:37	5.2 (57.8%)
110	TOKARZ Robert	2142		Weteran I M - 50	9	01:33:40	06:25:41	09:13:18	12:16:01	15:49:13	19:38:34	21:35:24	25:11:16.55	25:12:20.50	+10:47:05 (42.8%)	11:37	5.2 (57.8%)
111	ROLLA Dorian	2111		Masters M - 40	59	01:29:37	06:07:12	09:05:46	12:11:13	14:57:58	18:39:04	20:49:38	25:11:55.20	25:12:35.30	+10:47:20 (42.8%)	11:37	5.2 (57.8%)
112	PÖPKE Anna	2170		Senior II K - 30	4	01:28:57	06:01:13	09:00:31	11:59:10	15:23:30	19:10:15	21:08:26	25:13:32.60	25:14:00.20	+10:48:45 (42.9%)	11:38	5.2 (57.8%)
113	SACEWICZ Adam	2033		Masters M - 40	60	01:42:39	06:22:12	09:30:24	12:24:22	15:21:28	19:03:50	21:08:58	25:12:10.75	25:14:00.30	+10:48:45 (42.9%)	11:37	5.2 (57.8%)
114	RAK Zdzisław	2100	VITA I ANIMAL	Weteran I M - 50	10	01:38:51	06:21:40	09:15:46	12:11:54	15:02:55	18:28:32	20:47:10	25:13:35.45	25:14:17.00	+10:49:02 (42.9%)	11:38	5.2 (57.8%)
115	BIĄŁEK Mirosław	2104	WRONIECKI KLUB BIEGACZA	Senior II M - 30	22	01:28:18	06:01:15	09:04:25	12:09:58	15:25:16	19:18:17	21:22:48	25:20:54.15	25:21:12.25	+10:55:57 (43.1%)	11:41	5.1 (56.7%)
116	ZADROZNY Maciej	2138		Senior II M - 30	23	01:32:36	05:49:58	08:32:15	11:16:14	14:46:26	20:01:12	21:54:54	25:21:45.25	25:22:51.95	+10:57:37 (43.2%)	11:42	5.1 (56.7%)
117	GROCHOWSKI Wojciech	2212	KLUB WYSOKOGÓRSKI WARSZAWA	Masters M - 40	61	01:42:14	07:16:34	10:03:07	13:09:39	16:22:13	20:14:43	22:06:39	25:24:12.25	25:25:48.10	+11:00:33 (43.3%)	11:43	5.1 (56.7%)
118	POŁOMSKI Daniel	2175		Masters M - 40	62	01:25:59	05:49:38	08:55:11	12:08:50	15:15:38	19:12:05	21:19:58	25:25:58.60	25:26:33.65	+11:01:19 (43.3%)	11:44	5.1 (56.7%)
119	NIEMAS Mariusz	2093	OYAMA ONYKS	Weteran I M - 50	11	01:43:50	06:26:37	09:14:59	12:24:46	15:41:14	19:53:10	21:45:38	25:27:45.00	25:27:46.00	+11:02:31 (43.4%)	11:45	5.1 (56.7%)
120	HANSZ Donat	2103	NETBOX BIEGA	Senior I M - 20	5	01:43:18	06:25:27	09:28:53	12:27:40	15:33:33	19:22:53	21:23:28	25:28:08.60	25:29:39.75	+11:04:25 (43.4%)	11:45	5.1 (56.7%)
121	JANIA Przemysław	2045	CZEWKA ULTRA SQUAD	Senior II M - 30	24	01:39:06	06:31:02	09:34:05	12:36:29	16:06:57	20:16:07	22:02:44	25:31:28.95	25:32:14.95	+11:07:00 (43.5%)	11:46	5.1 (56.7%)
121	BARTOSIK Michał	2036		Senior II M - 30	24	01:39:22	06:31:02	09:34:04	12:36:30	16:06:52	20:07:25	21:57:29	25:31:29.75	25:32:14.95	+11:07:00 (43.5%)	11:46	5.1 (56.7%)
123	LUTOWSKI Wojciech	2048		Senior II M - 30	26	01:36:49	06:02:56	08:58:43	12:05:13	15:22:58	19:21:16	21:34:32	25:36:22.10	25:36:43.35	+11:11:28 (43.7%)	11:49	5.1 (56.7%)
124	KACZOR Michał	2099	KLUCZBORSKA GRUPA BIEGOWA	Senior II M - 30	27	01:44:01	06:25:44	09:15:55	12:30:46	16:03:36	20:01:36	21:37:50	25:38:00.30	25:39:11.90	+11:13:57 (43.8%)	11:49	5.1 (56.7%)
125	BUDKOWSKI Kamil	2186		Masters M - 40	63	01:31:01	06:33:07	09:28:29	12:41:12	15:58:43	20:02:04	21:59:47	25:39:08.25	25:40:28.00	+11:15:13 (43.8%)	11:50	5.1 (56.7%)
126	OLSZAŃSKI Krzysztof	2075	RUNNING FREE	Masters M - 40	64	01:44:24	06:27:49	09:27:51	12:24:08	15:26:07	19:07:09	21:19:21	25:42:16.45	25:43:27.15	+11:18:12 (43.9%)	11:51	5.1 (56.7%)
127	GAŁKA Jacek	2088	VEGE RUNNERS / PURA VIDA TEAM	Masters M - 40	65	01:38:31	06:10:29	09:29:25	12:36:44	15:49:14	19:41:20	21:39:30	25:42:54.40	25:44:06.80	+11:18:52 (44.0%)	11:52	5.1 (56.7%)
128	DAWIDZIAK Jarosław	2127	AMBIT RACING TEAM	Weteran I M - 50	12	01:34:25	06:01:04	09:02:19	12:05:43	15:21:37	19:23:31	21:36:21	25:44:25.35	25:46:03.85	+11:20:49 (44.0%)	11:52	5.1 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km	130km			
129	STROIŃSKI Wojciech	2131	LESZ NO LIMITS RUNNERS	Masters M - 40	66	01:33:32	06:21:34	09:13:09	12:07:15	15:22:18	19:22:17	21:37:07	25:45:06.40	25:46:04.30	+11:20:49 (44.0%)	11:53	5 (55.6%)
130	KWINTA Tomasz	2089	KASIA I TOMEK	Weteran I M - 50	13	01:28:08	05:33:27	08:38:31	12:08:28	15:25:55	19:36:24	21:52:24	25:46:45.35	25:47:04.35	+11:21:49 (44.1%)	11:53	5 (55.6%)
131	VELAYOS LÓPEZ Miguel	2042	TEAM POLLITO	Senior I M - 20	6	01:25:21	05:37:45	08:23:56	11:40:01	16:08:52	20:26:03	22:17:04	25:52:26.65	25:53:24.70	+11:28:10 (44.3%)	11:56	5 (55.6%)
132	WALKOWIAK Joanna	2129	MUAY RUNNING TEAM	Masters K - 40	12	01:36:13	06:44:21	09:32:11	12:27:52	15:56:30	20:00:40	22:06:33	25:52:54.75	25:53:25.40	+11:28:10 (44.3%)	11:56	5 (55.6%)
133	SAJDAK Tomasz	2017		Senior II M - 30	28	01:21:47	05:59:19	08:33:24	11:40:12	15:46:11	19:23:20	21:53:35	26:07:05.00	26:08:05.80	+11:42:51 (44.8%)	12:03	5 (55.6%)
134	PRONOBIS-PROŃSKI Michał	2115		Masters M - 40	67	01:38:10	06:03:15	08:56:43	11:54:06	15:14:07	19:29:05	21:39:40	26:15:24.15	26:16:39.60	+11:51:24 (45.1%)	12:07	5 (55.6%)
134	POBŁOCKI Jan	2097	GRUPA TRÓJMIASTO SPARTANIE DZIECIOM	Weteran II M - 60	3	01:52:19	06:47:24	10:04:26	13:12:03	16:14:12	20:08:17	22:27:27	26:15:05.55	26:16:39.60	+11:51:24 (45.1%)	12:06	5 (55.6%)
136	TOMCZAK Rafał	2039	TAJNE PRZEZ POUFFNE	Masters M - 40	68	01:33:51	06:23:47	09:46:48	12:58:53	16:07:46	20:00:46	22:06:43	26:19:34.80	26:19:56.95	+11:54:42 (45.2%)	12:09	4.9 (54.4%)
137	HAAS Przemysław	2011	BACKPACKING OKAPI TEAM	Masters M - 40	69	01:45:03	06:35:11	09:36:59	12:39:12	15:49:49	19:39:44	22:39:38	26:22:35.40	26:24:11.75	+11:58:57 (45.4%)	12:10	4.9 (54.4%)
138	SZCZUKA Joanna	2013		Senior I K - 20	1	01:46:07	06:52:12	10:32:24	13:34:38	16:37:48	20:34:21	22:40:21	26:27:07.40	26:28:37.95	+12:03:23 (45.5%)	12:12	4.9 (54.4%)
139	PACZUSZKA Anna	2218	KLUB BIEGACZA WARTA	Senior II K - 30	5	01:39:50	06:41:09	10:04:51	13:12:24	16:35:33	20:12:42	22:27:54	26:30:19.30	26:30:55.55	+12:05:40 (45.6%)	12:13	4.9 (54.4%)
140	RYCHŁOWSKA Magdalena	2072	MEGAN "WIEWIÓRA"	Weteran K - 50	3	01:36:18	06:38:52	10:04:37	13:20:18	16:36:48	20:18:22	22:28:15	26:30:40.15	26:30:55.70	+12:05:41 (45.6%)	12:14	4.9 (54.4%)
141	SZEWczyk Mariusz	2124		Weteran I M - 50	14	01:50:53	06:51:04	09:59:24	13:11:06	16:24:09	20:17:46	22:42:49	26:29:53.80	26:31:40.45	+12:06:25 (45.6%)	12:13	4.9 (54.4%)
142	BAR Aleksandra	2201	GMINA STRZELCE OPOLSKIE	Masters K - 40	13	01:43:53	06:39:48	09:44:24	12:58:41	16:41:14	20:35:06	22:49:40	26:41:27.30	26:42:49.00	+12:17:34 (46.0%)	12:19	4.9 (54.4%)
143	WOJTCZAK Małgorzata	2141		Weteran K - 50	4	01:51:40	07:06:23	10:27:45	13:41:01	16:41:08	20:35:38	22:42:42	26:50:33.45	26:51:03.00	+12:25:48 (46.3%)	12:23	4.8 (53.3%)
144	PIOTROWSKI Marek	2184	ECHO TWARDOGÓRA	Masters M - 40	70	01:51:38	07:06:31	10:27:41	13:40:55	16:41:05	20:35:55	22:41:37	26:50:38.85	26:51:09.00	+12:25:54 (46.3%)	12:23	4.8 (53.3%)
145	ŚLIWKIEWICZ Bartłomiej	2053		Senior I M - 20	7	01:30:16	06:03:34	09:14:39	12:33:09	16:01:18	20:22:57	22:38:20	26:54:50.85	26:56:00.00	+12:30:45 (46.5%)	12:25	4.8 (53.3%)
146	GRONOWSKA-KAROLCZAK Agnieszka	2126	MARATOŃCZYK POZNAŃ/BIEGAJĄCE KREJZOLE	Senior II K - 30	6	01:38:18	06:33:05	09:48:10	13:24:35	16:36:09	20:36:45	22:55:37	26:55:53.05	26:56:37.00	+12:31:22 (46.5%)	12:25	4.8 (53.3%)
	BOHDZIEWICZ Izabela	2164		Senior II K - 30		01:43:52 DNF	06:34:48 DNF	10:00:14 DNF	13:10:20 DNF	16:24:42 DNF	20:36:18 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GRZEGORCZYK Szymon	2179		Senior I M - 20		01:11:28 DNF	06:00:12 DNF	10:00:29 DNF	12:50:12 DNF	16:04:11 DNF	20:10:57 DNF	22:29:31 DNF	DNF	DNF	-	-	- (0.0%)
	SZYMczAK Bartłomiej	2025	ŻARY RUNNERS TEAM	Senior II M - 30		DNF	06:03:15 DNF	09:25:34 DNF	12:26:44 DNF	16:30:41 DNF	21:01:22 DNF	22:57:57 DNF	DNF	DNF	-	-	- (0.0%)
	MIĄSEK Ryszard	2202		Masters M - 40		01:52:09 DNF	06:56:10 DNF	10:02:12 DNF	13:16:53 DNF	16:34:04 DNF	20:47:42 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KAROLCZAK Rafał	2125	MARATOŃCZYK POZNAŃ	Senior II M - 30		01:38:18 DNF	06:33:03 DNF	09:48:10 DNF	13:24:32 DNF	16:36:09 DNF	20:52:09 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BURY Marek	2059		Weteran I M - 50		01:41:44 DNF	06:50:02 DNF	10:10:21 DNF	13:31:58 DNF	16:57:41 DNF	21:01:02 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	CZYRNIA Andrzej	2157	ULTRATURY	Masters M - 40		01:30:18 DNF	05:24:08 DNF	07:56:23 DNF	10:28:24 DNF	13:45:00 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PELJAK Mariusz	2208		Masters M - 40		01:31:06 DNF	05:57:13 DNF	08:49:09 DNF	11:40:51 DNF	14:36:14 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	HETMAŃSKI Arkadiusz	2003	LOVELASY	Masters M - 40		01:26:55 DNF	05:39:12 DNF	08:33:47 DNF	11:29:53 DNF	14:52:17 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Czas brutto	Różn	Tempo	Tempo
					10km	32km	47km	64km	81km	100km	112km	130km	130km		min/km	km/h
	JASICKI Krzysztof	2166	RUNHOGS TYCHY	Masters M - 40	01:37:05 DNF	05:58:03 DNF	08:47:17 DNF	11:41:08 DNF	15:05:31 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	NOWAK Natalia	2047	GÓRAL Z MAZUR RUNNING TEAM	Senior II K - 30	01:35:38 DNF	06:07:02 DNF	09:15:25 DNF	12:08:46 DNF	15:09:28 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	RZESZOT Łukasz	2151	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ. #TEAMSZÓSTABE	Senior II M - 30	01:36:09 DNF	05:57:33 DNF	09:01:40 DNF	12:02:23 DNF	15:23:08 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GOCLIK Marcin	2049		Senior II M - 30	01:45:33 DNF	06:39:07 DNF	09:46:50 DNF	12:40:02 DNF	15:55:29 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JAWORSKI Bartomiej	2114	WHO DARES WINS,	Weteran I M - 50	01:24:40 DNF	06:13:33 DNF	09:14:12 DNF	12:42:24 DNF	16:23:13 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ZYDORCZAK Mateusz	2206	REMOVE	Masters M - 40	01:38:39 DNF	06:47:16 DNF	10:18:31 DNF	13:42:48 DNF	16:51:22 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BAKALARZ Emil	2095		Senior II M - 30	01:10:27 DNF	04:31:17 DNF	06:51:37 DNF	09:20:10 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ŚLIŹ Sylwia	2021	RUN TO BE ULTRA	Senior II K - 30	01:16:48 DNF	04:49:42 DNF	07:20:40 DNF	10:11:00 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	TYSZKA Dariusz	2211		Masters M - 40	01:24:33 DNF	05:59:38 DNF	08:42:44 DNF	11:44:04 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JAKUBOWSKI Andrzej	2086		Masters M - 40	01:34:56 DNF	05:54:57 DNF	08:49:13 DNF	11:51:50 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BATOR Michał	2165		Senior II M - 30	01:37:51 DNF	05:54:53 DNF	08:57:25 DNF	12:06:40 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JUSZCZAK Zbigniew	2006	PKB KMP KALISZ	Weteran I M - 50	01:40:49 DNF	06:10:03 DNF	09:16:03 DNF	12:14:55 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KWIECIŃSKA Małgorzata	2159	BRAVEHEARTS LEGIONOWO	Senior II K - 30	01:45:38 DNF	06:30:16 DNF	09:42:00 DNF	12:52:40 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ZIELIŃSKI Tomasz	2056	ULTRAPIOTRKÓW	Masters M - 40	01:51:27 DNF	06:51:06 DNF	10:07:35 DNF	13:21:31 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	TYLUS Rafał	2087	MORSJANKI & MORSJANIE	Masters M - 40	01:43:30 DNF	06:50:41 DNF	10:29:31 DNF	13:33:39 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	NORKOWSKA Aleksandra	2143	ORANGE POLSKA	Masters K - 40	01:42:19 DNF	06:50:51 DNF	10:18:52 DNF	13:40:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KALBARCZYK Beata	2117	ORANGE POLSKA	Weteran K - 50	01:45:45 DNF	06:52:08 DNF	10:18:56 DNF	13:40:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ARMATYS Grzegorz	2113	ORANGE POLSKA	Weteran I M - 50	01:45:29 DNF	06:52:11 DNF	10:18:59 DNF	13:43:26 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOWALSKI Rafał	2116		Weteran I M - 50	01:31:24 DNF	07:13:55 DNF	10:30:17 DNF	13:44:25 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DUBIKOWSKI Andrzej	2223	SPARTA ZIĘBICE	Weteran II M - 60	01:52:17 DNF	07:09:44 DNF	10:29:32 DNF	13:47:15 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZURKOWSKI Michał	2196	GRUNWALD TEAM POZNAŃ	Masters M - 40	01:45:25 DNF	07:03:03 DNF	10:38:15 DNF	13:52:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KRUPA Daniel	2041	STARGARD JA SIĘ NIE ŚCIGAM	Masters M - 40	01:47:28 DNF	06:58:49 DNF	10:32:24 DNF	13:56:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	RADOŹYCKI Radek	2094	BEZ KLUBU	Masters M - 40	01:47:26 DNF	06:58:49 DNF	10:32:24 DNF	13:56:40 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GRABCZAK Jarek	2220	ESKY	Senior II M - 30	01:44:22 DNF	07:13:17 DNF	10:49:59 DNF	13:57:07 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WIECZOREK Monika	2173		Masters K - 40	01:49:01 DNF	07:15:45 DNF	10:41:10 DNF	13:58:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CUPIAŁ Dariusz	2035	W POGONI ZA DUCHEM	Weteran I M - 50	01:38:01 DNF	07:06:19 DNF	10:52:21 DNF	14:19:27 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	NOWAK Wojtek	2168	EXPLORADOR	Masters M - 40	01:16:02 DNF	05:03:34 DNF	07:48:21 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
	BOGDANOWICZ Beata	2214		Masters K - 40		01:40:00 DNF	05:57:50 DNF	08:59:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOBIERSKI Radosław	2057	TAŃCZĄCE MUCHOMORKI	Weteran I M - 50		01:38:56 DNF	06:24:23 DNF	09:51:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	IWAŃCZUK Zbigniew	2007		Weteran I M - 50		01:52:02 DNF	07:20:30 DNF	11:12:57 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOWALCZYK Andrzej	2102	PSZCZÓLKOWSKI TEAM	Weteran II M - 60		01:53:28 DNF	07:31:48 DNF	11:13:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DZIURKIEWICZ Jakub	2187		Senior I M - 20		01:45:20 DNF	06:46:37 DNF	11:14:12 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	STANGIERSKI Adam	2215	KORNELCIA TEAM	Masters M - 40		01:32:45 DNF	06:01:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SURDAKCI Piotr	2137		Masters M - 40		01:33:10 DNF	06:09:28 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	UŻAROWSKI Remigiusz	2199	ADAIGAEMI	Masters M - 40		01:29:30 DNF	06:58:29 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PIÓRKOWSKI Marek	2204	BIEGOWA KUŹNIA	Weteran I M - 50		01:38:47 DNF	07:00:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	NESTOROWICZ Marek	2148	GÓRAL Z MAZUR RUNNING TEAM	Weteran I M - 50		01:09:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	TYLIŃSKI Arkadiusz	2188	LESZ NO LIMITS RUNNERS	Weteran I M - 50		01:15:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MIKOŁAJCZYK Tomasz	2169	EXPLORADOR TEAM	Masters M - 40		01:19:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DAUKSZO Maciej	2121		Senior I M - 20		01:19:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	RATAJCZAK Krystian	2182		Senior II M - 30		01:22:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	POŚNIAK Tomasz	2098		Senior II M - 30		01:23:19 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GALVANY Kevin	2040	TEAM POLLITO	Senior II M - 30		01:24:52 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ANDRZEJCZUK Marzena	2032	SAMA SOBIE	Masters K - 40		01:26:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JAROSŁAWSKI Marcin	2147		Masters M - 40		01:28:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZCZYPLIŃSKA Anna	2008	MŁODY VS STARY/SFORA BMK	Masters K - 40		01:28:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	RADZIWOŃ Anna	2064	GRUPA NIENACHALNIE HEROICZNA	Masters K - 40		01:29:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	HALINIAK Marek	2052	NKB CHYŻY NOWY TOMYŚL	Masters M - 40		01:40:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	STEFAŃSKI Marcin	2054		Senior II M - 30		01:40:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MĘKARSKA Małgorzata	2067		Masters K - 40		01:42:29 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KLUZA-HOWIL Lila	2037	BIEGOWE KAIZEN	Masters K - 40		01:47:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	HOWIL Waldemar	2038	BIEGOWE KAIZEN	Masters M - 40		01:47:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOBLAŃSKI Tomasz	2004	GRUPA BIEGOWA FITNESS PIEKARY LEGNICA	Masters M - 40		01:52:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAGOCSY Justyna	2177	ASICS FRONTRUNNER	Senior II K - 30		01:59:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
	BEDNARSKA-KOZIOŁ Danuta	2016	#TEAMSZÓSTABE	Masters K - 40		02:04:39 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZIELIŃSKI Sławek	2010	#TEAMSZÓSTABE	Masters M - 40		02:04:43 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 211 wynik(ów)