



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2023-07-13  
Łądek-Zdrój  
130 km

## BIEG SUPER TRAIL - 130 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
1	<b>MAZUR Andrzej</b>	<b>2194</b>	KKS SFORA BOJANO	Masters M - 40	1	01:01:22	03:47:07	05:47:23	07:42:47	09:36:43	11:51:27	13:03:18	<b>15:18:40.70</b>	<b>15:18:44.80</b>		7:04	8.5 (100%)
2	<b>KIEROŃSKI Robert</b>	<b>2181</b>	OBOZY GÓRSKIE	Masters M - 40	2	01:04:06	03:57:32	06:04:19	08:06:08	10:19:47	12:28:04	13:37:46	<b>15:57:54.35</b>	<b>15:58:05.75</b>	+00:39:20 (4.1%)	7:22	8.1 (95.3%)
3	<b>ŚLEZIAK Jarosław</b>	<b>2163</b>	DANIEL WOSIK TERVEL TEAM	Masters M - 40	3	01:11:16	04:19:30	06:29:18	08:37:58	10:50:29	13:20:21	14:48:23	<b>17:06:05.25</b>	<b>17:06:12.65</b>	+01:47:27 (10.5%)	7:53	7.6 (89.4%)
4	<b>KASZUBIAK Konrad</b>	<b>2107</b>		Masters M - 40	4	01:11:46	04:32:20	06:46:36	08:52:54	11:22:00	13:52:48	15:08:30	<b>17:29:11.95</b>	<b>17:29:14.85</b>	+02:10:30 (12.4%)	8:04	7.4 (87.1%)
5	<b>BODANKA Piotr</b>	<b>2133</b>	APAMA ACOUSTIC PROJECT	Masters M - 40	5	01:13:23	04:25:51	06:33:18	08:48:52	11:29:03	14:03:16	15:22:13	<b>17:44:31.65</b>	<b>17:44:39.25</b>	+02:25:54 (13.7%)	8:11	7.3 (85.9%)
6	<b>EENSAAR Silver</b>	<b>2198</b>	ACE ADVENTURE	Masters M - 40	6	01:14:20	04:44:31	06:59:19	09:14:29	11:34:08	14:08:16	15:23:07	<b>17:47:28.15</b>	<b>17:48:11.65</b>	+02:29:26 (14.0%)	8:12	7.3 (85.9%)
7	<b>GREDEYS Grzegorz</b>	<b>2190</b>		Masters M - 40	7	01:15:25	04:43:24	06:52:58	09:13:20	11:45:06	14:15:17	15:34:55	<b>18:07:56.05</b>	<b>18:08:07.20</b>	+02:49:22 (15.6%)	8:22	7.2 (84.7%)
8	<b>PIŁKO Marcin</b>	<b>2122</b>	HUSKY TEAM	Masters M - 40	8	01:09:26	04:28:17	06:42:46	08:58:37	11:33:35	14:15:59	15:44:12	<b>18:31:59.40</b>	<b>18:32:26.85</b>	+03:13:42 (17.4%)	8:33	7 (82.4%)
9	<b>WARDZYŃSKI Łukasz</b>	<b>2205</b>		Masters M - 40	9	01:10:18	04:35:46	06:59:39	09:23:38	11:51:22	14:36:14	16:02:28	<b>18:40:30.00</b>	<b>18:42:19.50</b>	+03:23:34 (18.1%)	8:37	7 (82.4%)
10	<b>WEINERT Artur</b>	<b>2060</b>	RUNNER'S POWER	Masters M - 40	10	01:09:47	04:35:12	06:50:41	09:03:43	11:27:10	14:19:38	15:55:40	<b>18:52:34.85</b>	<b>18:53:15.30</b>	+03:34:30 (18.9%)	8:42	6.9 (81.2%)
11	<b>MACIĄG Grzegorz</b>	<b>2193</b>	RZESZÓW	Masters M - 40	11	01:22:15	05:05:19	07:23:43	09:45:09	12:14:21	14:36:25	16:03:38	<b>19:02:08.85</b>	<b>19:02:40.15</b>	+03:43:55 (19.6%)	8:47	6.8 (80.0%)
12	<b>MAJCHRZAK Jacek</b>	<b>2192</b>	KOŚCIAN TEAM ULTRA	Masters M - 40	12	01:17:31	05:02:42	07:23:36	09:34:39	12:21:06	15:03:58	16:35:35	<b>19:22:35.70</b>	<b>19:23:07.75</b>	+04:04:22 (21.0%)	8:56	6.7 (78.8%)
13	<b>KLIMEK Mateusz</b>	<b>2090</b>		Masters M - 40	13	01:33:12	05:22:14	07:51:06	10:10:33	12:44:58	15:22:58	16:51:38	<b>19:38:23.85</b>	<b>19:39:47.10</b>	+04:21:02 (22.1%)	9:03	6.6 (77.6%)
14	<b>GACA Dominik</b>	<b>2012</b>		Masters M - 40	14	01:17:14	04:55:13	07:19:41	09:39:04	12:22:14	15:15:52	16:45:18	<b>19:56:23.70</b>	<b>19:56:56.80</b>	+04:38:12 (23.2%)	9:12	6.5 (76.5%)
15	<b>CYLICH Paweł</b>	<b>2079</b>	DJ NIUTON	Masters M - 40	15	01:32:29	06:39:20	08:53:12	11:05:55	13:51:18	16:24:41	17:59:58	<b>20:23:04.90</b>	<b>20:23:20.75</b>	+05:04:35 (24.9%)	9:24	6.4 (75.3%)
16	<b>WAŃKOWICZ Adrian</b>	<b>2112</b>		Masters M - 40	16	01:21:31	05:16:41	07:54:56	10:29:58	12:56:40	15:54:35	17:23:51	<b>20:26:50.00</b>	<b>20:27:31.75</b>	+05:08:46 (25.2%)	9:26	6.4 (75.3%)
17	<b>MIŚ Mateusz</b>	<b>2030</b>		Masters M - 40	17	01:25:59	05:27:19	08:03:25	10:38:09	13:05:55	15:54:24	17:24:02	<b>20:26:59.70</b>	<b>20:27:31.85</b>	+05:08:47 (25.2%)	9:26	6.4 (75.3%)
18	<b>MAGIERA Grzegorz</b>	<b>2144</b>	KGHM ZG RUN HUTA MIEDZI GŁOGÓW	Masters M - 40	18	01:19:14	04:55:34	07:26:11	10:00:03	12:41:20	15:31:44	17:05:58	<b>20:32:11.75</b>	<b>20:33:01.65</b>	+05:14:16 (25.5%)	9:28	6.3 (74.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km					
19	<b>BIADASZ Andrzej Michał</b>	<b>2123</b>	POLITECHNIKA POZNAŃSKA	Masters M - 40	19	01:17:16	04:34:53	06:51:45	09:10:07	11:52:40	15:35:13	17:19:39	<b>20:35:13.25</b>	<b>20:35:26.60</b>	+05:16:41 (25.6%)	9:30	6.3 (74.1%)
20	<b>KUTRZYK Przemysław</b>	<b>2001</b>	ULTRAENDO78	Masters M - 40	20	01:18:02	05:00:38	07:26:13	09:53:54	12:47:25	15:49:13	17:21:07	<b>20:47:59.20</b>	<b>20:48:34.90</b>	+05:29:50 (26.4%)	9:35	6.3 (74.1%)
21	<b>SZPINDA Sebastian</b>	<b>2027</b>	BIŁGORAJ ULTRA TRAIL	Masters M - 40	21	01:26:08		07:49:35	10:27:45	13:19:18	16:24:35	17:57:29	<b>20:54:49.05</b>	<b>20:55:16.95</b>	+05:36:32 (26.8%)	9:39	6.2 (72.9%)
22	<b>RAMOTOWSKI Marcin</b>	<b>2217</b>		Masters M - 40	22	01:22:32	05:15:48	07:54:41	10:48:49	13:33:39	16:30:46	18:07:24	<b>21:27:25.20</b>	<b>21:28:07.90</b>	+06:09:23 (28.7%)	9:54	6.1 (71.8%)
23	<b>WCISŁO Szymon</b>	<b>2140</b>		Masters M - 40	23	01:42:39	05:36:58	08:00:39	10:37:16	13:18:04	16:35:18	18:13:06	<b>21:29:55.80</b>	<b>21:31:15.95</b>	+06:12:31 (28.8%)	9:55	6 (70.6%)
24	<b>JARMUŻEK Paweł</b>	<b>2210</b>		Masters M - 40	24	01:14:05	04:56:09	07:17:42	09:39:16	13:03:00	16:33:02	18:10:01	<b>21:35:13.35</b>	<b>21:35:33.60</b>	+06:16:48 (29.1%)	9:57	6 (70.6%)
25	<b>PIETRZAK Sławomir</b>	<b>2096</b>		Masters M - 40	25	01:28:50	05:25:08	08:05:25	10:52:28	13:39:05	16:41:53	18:19:41	<b>21:39:56.55</b>	<b>21:40:51.35</b>	+06:22:06 (29.4%)	9:59	6 (70.6%)
26	<b>WARWAS Radosław</b>	<b>2197</b>		Masters M - 40	26	01:22:09	05:00:49	07:21:31	09:46:57	12:22:34	15:32:33	17:35:07	<b>21:44:41.85</b>	<b>21:45:06.85</b>	+06:26:22 (29.6%)	10:02	6 (70.6%)
27	<b>ZIEBARTH Przemysław</b>	<b>2150</b>		Masters M - 40	27	01:27:31	05:03:51	07:23:58	09:42:37	12:45:40	15:38:11	17:36:22	<b>21:43:57.95</b>	<b>21:45:09.30</b>	+06:26:24 (29.6%)	10:01	6 (70.6%)
28	<b>CZERNIACHOWSKI Artur</b>	<b>2043</b>	ULTRA TEAM ZIELONA GÓRA	Masters M - 40	28	01:30:41	05:47:42	08:28:50	11:15:51	14:13:06	17:26:44	19:02:45	<b>22:30:26.15</b>	<b>22:31:09.30</b>	+07:12:24 (32.0%)	10:23	5.8 (68.2%)
29	<b>MANCZENKO Eugeniusz</b>	<b>2135</b>	MARKOWI BIEGACZE	Masters M - 40	29	01:31:24	05:55:15	08:42:08	11:32:41	14:44:22	18:07:43	19:47:42	<b>22:45:24.00</b>	<b>22:46:27.65</b>	+07:27:42 (32.8%)	10:30	5.7 (67.1%)
30	<b>KASZKOWIAK Bogumił</b>	<b>2207</b>	WRONKI	Masters M - 40	30	01:31:44	05:53:43	08:39:09	11:16:34	14:06:38	17:19:27	19:02:56	<b>22:48:22.25</b>	<b>22:48:40.65</b>	+07:29:55 (32.9%)	10:31	5.7 (67.1%)
31	<b>KĘDZIELEWSKI Łukasz</b>	<b>2065</b>	WIECZORNE BIEGANIE W SZCZECINIE	Masters M - 40	31	01:26:49	05:25:01	08:05:11	10:52:16	14:04:31	17:47:58	19:24:22	<b>22:49:03.80</b>	<b>22:50:09.00</b>	+07:31:24 (32.9%)	10:31	5.7 (67.1%)
32	<b>RADZIWOŃ Krzysztof</b>	<b>2071</b>	GRUPA NIENACHALNIE HEROICZNA	Masters M - 40	32	01:32:51	05:51:11	08:41:19	11:37:17	14:46:08	18:11:37	19:50:26	<b>22:57:56.10</b>	<b>22:58:18.55</b>	+07:39:33 (33.3%)	10:35	5.7 (67.1%)
33	<b>ŁUKACKI Daniel</b>	<b>2160</b>		Masters M - 40	33	01:15:45	04:54:17	07:18:50	09:43:12	12:53:25	16:27:09	18:24:22	<b>23:12:29.65</b>	<b>23:13:01.70</b>	+07:54:16 (34.0%)	10:42	5.6 (65.9%)
34	<b>LITWIN Michał</b>	<b>2189</b>	LITEWIN	Masters M - 40	34	01:15:23	04:54:17	07:18:51	09:43:11	12:53:24	16:27:06	18:24:17	<b>23:12:29.25</b>	<b>23:13:02.05</b>	+07:54:17 (34.0%)	10:42	5.6 (65.9%)
35	<b>GARSTKA Zbigniew</b>	<b>2105</b>	ULTRA WRONKI	Masters M - 40	35	01:29:08	05:58:18	08:39:04	11:16:07	14:13:47	17:39:14	19:34:30	<b>23:16:28.80</b>	<b>23:16:48.45</b>	+07:58:03 (34.2%)	10:44	5.6 (65.9%)
36	<b>WOJTAL Marcin</b>	<b>2058</b>	#BIEGAJLESZNO	Masters M - 40	36	01:30:06	05:45:27	08:20:54	11:21:10	14:28:58	17:59:47	19:51:30	<b>23:16:14.10</b>	<b>23:17:29.05</b>	+07:58:44 (34.3%)	10:44	5.6 (65.9%)
37	<b>SKRZYPCZAK Łukasz</b>	<b>2046</b>	WATAHA - ŁĄCZY NAS BIEGANIE	Masters M - 40	37	01:39:00	06:09:51	08:55:33	11:33:18	14:27:32	17:53:30	19:33:18	<b>23:18:43.40</b>	<b>23:20:19.60</b>	+08:01:34 (34.4%)	10:45	5.6 (65.9%)
38	<b>KASPERSKI Tomasz</b>	<b>2031</b>		Masters M - 40	38	01:38:03	06:09:50	08:55:31	11:33:19	14:27:37	17:53:34	19:33:23	<b>23:18:43.85</b>	<b>23:20:19.65</b>	+08:01:34 (34.4%)	10:45	5.6 (65.9%)
39	<b>ŻARNIEWSKI Wojciech</b>	<b>2154</b>	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	39	01:33:02	05:24:16	07:52:14	10:21:47	13:14:13	16:55:31	18:56:31	<b>23:25:42.70</b>	<b>23:27:02.25</b>	+08:08:17 (34.7%)	10:48	5.5 (64.7%)
40	<b>IVANEYCHIK Sergey</b>	<b>2109</b>	RUN4FUN.BY	Masters M - 40	40	01:31:55	05:50:32	08:11:49	10:53:45	14:02:13	17:39:21	19:33:09	<b>23:27:00.35</b>	<b>23:28:38.40</b>	+08:09:53 (34.8%)	10:49	5.5 (64.7%)
41	<b>DEC Mirosław</b>	<b>2178</b>	TRUCHT TEAM OPOLE	Masters M - 40	41	01:41:08	06:08:07	08:51:18	11:38:50	14:48:37	18:19:49	20:03:21	<b>23:32:43.40</b>	<b>23:34:04.05</b>	+08:15:19 (35.0%)	10:52	5.5 (64.7%)
42	<b>WITEK Eryk</b>	<b>2076</b>	QCE SPARTY	Masters M - 40	42	01:22:05	05:39:06	08:12:50	10:56:39	14:18:22	18:15:26	20:07:29	<b>23:36:32.10</b>	<b>23:36:34.05</b>	+08:17:49 (35.1%)	10:53	5.5 (64.7%)
43	<b>RADOMSKI Grzegorz</b>	<b>2051</b>	MOKRE RUN	Masters M - 40	43	01:24:09	05:27:51	08:05:49	10:50:39	13:55:24	17:34:46	19:33:59	<b>23:36:58.25</b>	<b>23:37:20.65</b>	+08:18:35 (35.2%)	10:53	5.5 (64.7%)
44	<b>KOŁODZIEJ Paweł</b>	<b>2061</b>		Masters M - 40	44	01:38:48	06:56:59	09:43:23	12:26:52	15:00:04	17:52:13	19:55:24	<b>23:39:14.40</b>	<b>23:40:45.35</b>	+08:22:00 (35.3%)	10:55	5.5 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km					
45	<b>OCHOTA Rafał</b>	<b>2080</b>	BOGDAN & BOGDAN RUNNING TEAM	Masters M - 40	45	01:40:52	06:11:43	09:06:32	12:00:42	14:54:18	18:34:21	20:22:29	<b>23:46:24.15</b>	<b>23:48:07.55</b>	+08:29:22 (35.7%)	10:58	5.5 (64.7%)
46	<b>KRAKOWIAK Łukasz</b>	<b>2084</b>	BOGDAN & BOGDAN RUNING TEAM	Masters M - 40	46	01:40:51	06:11:42	09:06:34	12:00:42	14:54:22	18:34:40	20:22:29	<b>23:46:26.75</b>	<b>23:48:09.05</b>	+08:29:24 (35.7%)	10:58	5.5 (64.7%)
47	<b>DRYMEL Piotr</b>	<b>2130</b>	DESTYLATOR	Masters M - 40	47	01:43:43	06:12:58	09:03:50	11:54:14	14:53:49	18:39:40	20:27:04	<b>23:50:06.80</b>	<b>23:51:44.55</b>	+08:32:59 (35.8%)	11:00	5.5 (64.7%)
48	<b>PUŻNIAK Tomasz</b>	<b>2092</b>		Masters M - 40	48	01:21:29	05:31:50	08:09:40	10:54:56	13:29:14	16:46:01	18:51:20	<b>23:53:34.35</b>	<b>23:54:32.10</b>	+08:35:47 (36.0%)	11:01	5.4 (63.5%)
49	<b>RYBACKI Dariusz</b>	<b>2063</b>		Masters M - 40	49	01:35:24	06:12:29	09:25:52	12:27:41	15:40:26	18:54:19	20:49:09	<b>23:59:13.05</b>	<b>24:00:38.20</b>	+08:41:53 (36.2%)	11:04	5.4 (63.5%)
50	<b>KRUK Jacek</b>	<b>2022</b>	TOTALNIE BIEGNIĘCI	Masters M - 40	50	01:31:22	05:51:09	08:44:20	11:40:28	14:50:28	18:29:50	20:23:12	<b>24:03:27.45</b>	<b>24:04:31.70</b>	+08:45:46 (36.4%)	11:06	5.4 (63.5%)
51	<b>CHORZĘPA Jakub</b>	<b>2213</b>		Masters M - 40	51	01:33:25	06:04:33	08:49:23	11:42:34	14:44:42	18:25:21	20:37:11	<b>24:04:07.35</b>	<b>24:05:45.55</b>	+08:47:00 (36.5%)	11:06	5.4 (63.5%)
52	<b>HOJCZYK Karol</b>	<b>2018</b>	EXPLORADOR & WOLNE ŚLIMAKI	Masters M - 40	52	01:34:05	06:08:56	09:07:41	11:57:44	14:52:05	18:13:11	20:13:19	<b>24:09:22.20</b>	<b>24:10:01.45</b>	+08:51:16 (36.6%)	11:08	5.4 (63.5%)
53	<b>KUŚMIDER Michał</b>	<b>2023</b>	TAŃCZĄCE MUCHOMORKI	Masters M - 40	53	01:27:23	05:40:25	08:32:38	11:40:46	15:09:23	18:47:22	20:33:17	<b>24:14:42.40</b>	<b>24:15:36.05</b>	+08:56:51 (36.9%)	11:11	5.4 (63.5%)
54	<b>MUCHA Michał</b>	<b>2209</b>	NOCNY POYEB TEAM	Masters M - 40	54	01:20:05	05:04:51	07:34:51	10:15:31	13:41:02	17:24:30	19:51:19	<b>24:18:43.80</b>	<b>24:18:46.00</b>	+09:00:01 (37.0%)	11:13	5.3 (62.4%)
55	<b>MALINOWSKI Grzegorz</b>	<b>2014</b>		Masters M - 40	55	01:32:38	05:57:08	08:40:14	11:39:38	14:37:36	18:27:13	20:24:54	<b>24:24:35.15</b>	<b>24:25:02.25</b>	+09:06:17 (37.3%)	11:15	5.3 (62.4%)
56	<b>RUBINOWSKI Jarek</b>	<b>2222</b>		Masters M - 40	56	01:47:15	06:58:46	09:46:17	12:30:19	15:35:05	19:22:59	21:07:02	<b>25:01:43.65</b>	<b>25:03:19.10</b>	+09:44:34 (38.9%)	11:33	5.2 (61.2%)
57	<b>GAJEWSKI Sebastian</b>	<b>2101</b>	KM PSP W SZCZECINIE	Masters M - 40	57	01:39:56	06:37:59	09:38:36	12:36:35	15:54:25	19:24:15	21:08:19	<b>25:11:01.15</b>	<b>25:11:18.85</b>	+09:52:34 (39.2%)	11:37	5.2 (61.2%)
58	<b>ŁABĘDZKI Mariusz</b>	<b>2044</b>		Masters M - 40	58	01:39:16	06:37:58	09:38:34	12:36:35	15:54:25	19:24:13	21:08:26	<b>25:11:01.95</b>	<b>25:11:19.15</b>	+09:52:34 (39.2%)	11:37	5.2 (61.2%)
59	<b>ROLLA Dorian</b>	<b>2111</b>		Masters M - 40	59	01:29:37	06:07:12	09:05:46	12:11:13	14:57:58	18:39:04	20:49:38	<b>25:11:55.20</b>	<b>25:12:35.30</b>	+09:53:50 (39.3%)	11:37	5.2 (61.2%)
60	<b>SACEWICZ Adam</b>	<b>2033</b>		Masters M - 40	60	01:42:39	06:22:12	09:30:24	12:24:22	15:21:28	19:03:50	21:08:58	<b>25:12:10.75</b>	<b>25:14:00.30</b>	+09:55:15 (39.3%)	11:37	5.2 (61.2%)
61	<b>GROCHOWSKI Wojciech</b>	<b>2212</b>	KLUB WYSOKOGÓRSKI WARSZAWA	Masters M - 40	61	01:42:14	07:16:34	10:03:07	13:09:39	16:22:13	20:14:43	22:06:39	<b>25:24:12.25</b>	<b>25:25:48.10</b>	+10:07:03 (39.8%)	11:43	5.1 (60.0%)
62	<b>POŁOMSKI Daniel</b>	<b>2175</b>		Masters M - 40	62	01:25:59	05:49:38	08:55:11	12:08:50	15:15:38	19:12:05	21:19:58	<b>25:25:58.60</b>	<b>25:26:33.65</b>	+10:07:48 (39.8%)	11:44	5.1 (60.0%)
63	<b>BUDKOWSKI Kamil</b>	<b>2186</b>		Masters M - 40	63	01:31:01	06:33:07	09:28:29	12:41:12	15:58:43	20:02:04	21:59:47	<b>25:39:08.25</b>	<b>25:40:28.00</b>	+10:21:43 (40.4%)	11:50	5.1 (60.0%)
64	<b>OLSZAŃSKI Krzysztof</b>	<b>2075</b>	RUNNING FREE	Masters M - 40	64	01:44:24	06:27:49	09:27:51	12:24:08	15:26:07	19:07:09	21:19:21	<b>25:42:16.45</b>	<b>25:43:27.15</b>	+10:24:42 (40.5%)	11:51	5.1 (60.0%)
65	<b>GAŁKA Jacek</b>	<b>2088</b>	VEGE RUNNERS / PURA VIDA TEAM	Masters M - 40	65	01:38:31	06:10:29	09:29:25	12:36:44	15:49:14	19:41:20	21:39:30	<b>25:42:54.40</b>	<b>25:44:06.80</b>	+10:25:22 (40.5%)	11:52	5.1 (60.0%)
66	<b>STROIŃSKI Wojciech</b>	<b>2131</b>	LESZ NO LIMITS RUNNERS	Masters M - 40	66	01:33:32	06:21:34	09:13:09	12:07:15	15:22:18	19:22:17	21:37:07	<b>25:45:06.40</b>	<b>25:46:04.30</b>	+10:27:19 (40.6%)	11:53	5 (58.8%)
67	<b>PRONOBIS-PROŃSKI Michał</b>	<b>2115</b>		Masters M - 40	67	01:38:10	06:03:15	08:56:43	11:54:06	15:14:07	19:29:05	21:39:40	<b>26:15:24.15</b>	<b>26:16:39.60</b>	+10:57:54 (41.7%)	12:07	5 (58.8%)
68	<b>TOMCZAK Rafał</b>	<b>2039</b>	TAJNE PRZEZ POUFFNE	Masters M - 40	68	01:33:51	06:23:47	09:46:48	12:58:53	16:07:46	20:00:46	22:06:43	<b>26:19:34.80</b>	<b>26:19:56.95</b>	+11:01:12 (41.8%)	12:09	4.9 (57.6%)
69	<b>HAAS Przemysław</b>	<b>2011</b>	BACKPACKING OKAPI TEAM	Masters M - 40	69	01:45:03	06:35:11	09:36:59	12:39:12	15:49:49	19:39:44	22:39:38	<b>26:22:35.40</b>	<b>26:24:11.75</b>	+11:05:26 (42.0%)	12:10	4.9 (57.6%)
70	<b>PIOTROWSKI Marek</b>	<b>2184</b>	ECHO TWARDOGÓRA	Masters M - 40	70	01:51:38	07:06:31	10:27:41	13:40:55	16:41:05	20:35:55	22:41:37	<b>26:50:38.85</b>	<b>26:51:09.00</b>	+11:32:24 (43.0%)	12:23	4.8 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
	<b>MIĄSEK Ryszard</b>	<b>2202</b>		Masters M - 40		01:52:09 DNF	06:56:10 DNF	10:02:12 DNF	13:16:53 DNF	16:34:04 DNF	20:47:42 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CZYRNIA Andrzej</b>	<b>2157</b>	ULTRATURY	Masters M - 40		01:30:18 DNF	05:24:08 DNF	07:56:23 DNF	10:28:24 DNF	13:45:00 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PELJAK Mariusz</b>	<b>2208</b>		Masters M - 40		01:31:06 DNF	05:57:13 DNF	08:49:09 DNF	11:40:51 DNF	14:36:14 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>HETMAŃSKI Arkadiusz</b>	<b>2003</b>	LOVELASY	Masters M - 40		01:26:55 DNF	05:39:12 DNF	08:33:47 DNF	11:29:53 DNF	14:52:17 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JASICKI Krzysztof</b>	<b>2166</b>	RUNHOGS TYCHY	Masters M - 40		01:37:05 DNF	05:58:03 DNF	08:47:17 DNF	11:41:08 DNF	15:05:31 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZYDORCZAK Mateusz</b>	<b>2206</b>	REMOVE	Masters M - 40		01:38:39 DNF	06:47:16 DNF	10:18:31 DNF	13:42:48 DNF	16:51:22 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TYSZKA Dariusz</b>	<b>2211</b>		Masters M - 40		01:24:33 DNF	05:59:38 DNF	08:42:44 DNF	11:44:04 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JAKUBOWSKI Andrzej</b>	<b>2086</b>		Masters M - 40		01:34:56 DNF	05:54:57 DNF	08:49:13 DNF	11:51:50 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZIELIŃSKI Tomasz</b>	<b>2056</b>	ULTRAPIOTRKÓW	Masters M - 40		01:51:27 DNF	06:51:06 DNF	10:07:35 DNF	13:21:31 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TYLUS Rafał</b>	<b>2087</b>	MORSJANKI & MORSJANIE	Masters M - 40		01:43:30 DNF	06:50:41 DNF	10:29:31 DNF	13:33:39 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZURKOWSKI Michał</b>	<b>2196</b>	GRUNWALD TEAM POZNAŃ	Masters M - 40		01:45:25 DNF	07:03:03 DNF	10:38:15 DNF	13:52:46 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRUPA Daniel</b>	<b>2041</b>	STARGARD JA SIĘ NIE ŚCIGAM	Masters M - 40		01:47:28 DNF	06:58:49 DNF	10:32:24 DNF	13:56:37 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RADOŹYCKI Radek</b>	<b>2094</b>	BEZ KLUBU	Masters M - 40		01:47:26 DNF	06:58:49 DNF	10:32:24 DNF	13:56:40 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NOWAK Wojtek</b>	<b>2168</b>	EXPLORADOR	Masters M - 40		01:16:02 DNF	05:03:34 DNF	07:48:21 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STANGIERSKI Adam</b>	<b>2215</b>	KORNELCIA TEAM	Masters M - 40		01:32:45 DNF	06:01:44 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SURDAKCI Piotr</b>	<b>2137</b>		Masters M - 40		01:33:10 DNF	06:09:28 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>UŻAROWSKI Remigiusz</b>	<b>2199</b>	ADAIGAEMI	Masters M - 40		01:29:30 DNF	06:58:29 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MIKOŁAJCZYK Tomasz</b>	<b>2169</b>	EXPLORADOR TEAM	Masters M - 40		01:19:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JAROSŁAWSKI Marcin</b>	<b>2147</b>		Masters M - 40		01:28:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>HALINIAK Marek</b>	<b>2052</b>	NKB CHYŻY NOWY TOMYŚL	Masters M - 40		01:40:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>HOWIL Waldemar</b>	<b>2038</b>	BIEGOWE KAIZEN	Masters M - 40		01:47:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOBLAŃSKI Tomasz</b>	<b>2004</b>	GRUPA BIEGOWA FITNESS PIEKARY LEGNICA	Masters M - 40		01:52:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZIELIŃSKI Sławek</b>	<b>2010</b>	#TEAMSZÓSTABE	Masters M - 40		02:04:43 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 93 wynik(ów)