



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2023-07-13
Łądek-Zdrój
130 km

BIEG SUPER TRAIL - 130 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIET

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
1	DRAGANEK Ewelina	2161		Masters K - 40	1	01:19:57	05:03:11	07:39:12	10:03:05	12:41:37	15:40:39	16:59:06	19:36:32.90	19:37:14.30		9:03	6.6 (100%)
2	KOZŁOWSKA Iwona	2153	LESZNO LIMITS RUNNERS	Weteran K - 50	1	01:23:39	05:19:12	07:47:34	10:07:15	12:38:30	15:34:56	17:02:21	19:49:49.40	19:50:07.80	+00:12:53 (1.1%)	9:09	6.6 (100%)
3	ŚWIĄTEK Anna	2183	ALPIN SPORT TEAM	Senior II K - 30	1	01:21:42	04:57:33	07:21:06	09:39:06	12:17:20	15:21:04	17:09:17	20:29:59.95	20:30:13.80	+00:52:59 (4.3%)	9:27	6.3 (95.5%)
4	STRAMOWSKA-JARCZEWSKA Sandra	2172	SPARTA ULTRA TEAM	Senior II K - 30	2	01:25:08	05:29:17	08:00:01	10:39:06	13:16:56	16:32:57	18:10:49	21:34:01.85	21:34:35.40	+01:57:21 (9.1%)	9:57	6 (90.9%)
5	STALA-KONDRAKIEWICZ Katarzyna	2108	KB HARCOWNIK JELCZ-LASKOWICE	Masters K - 40	2	01:28:21	05:38:51	08:27:31	11:05:13	13:44:30	16:51:11	18:25:25	21:40:59.65	21:41:33.65	+02:04:19 (9.6%)	10:00	6 (90.9%)
6	KINOWSKA Katarzyna	2078	GRUPA BIEGOWA 65	Masters K - 40	3	01:28:51	05:37:17	08:18:57	10:55:26	13:55:56	17:32:26	19:13:31	22:33:01.35	22:33:13.50	+02:55:59 (13.0%)	10:24	5.8 (87.9%)
7	PIASECKA Monika	2180		Masters K - 40	4	01:32:27	06:04:02	08:59:09	11:44:30	14:28:50		19:33:00	22:50:12.00	22:50:57.30	+03:13:43 (14.1%)	10:32	5.7 (86.4%)
8	KWIATKOWSKA Anna	2162	BIEGAJĄCY TCZEW	Masters K - 40	5	01:29:04	05:48:01	08:32:44	11:12:16	14:14:35	17:35:18	19:27:48	23:12:43.00	23:12:55.45	+03:35:41 (15.5%)	10:42	5.6 (84.8%)
9	WODZIŃSKA Danuta	2083	BIEG OPOLSKI/TRAIL IS OUR WAY	Masters K - 40	6	01:21:05	05:21:58	08:03:41	11:11:25	14:00:04	17:50:56	19:34:31	23:19:29.55	23:19:42.15	+03:42:27 (15.9%)	10:45	5.6 (84.8%)
10	LUTOMSKA Dorota	2002	OFIX.PL BIKE TEAM	Masters K - 40	7	01:28:12	05:50:11	08:58:58	11:39:49	14:18:31	17:59:16	20:02:47	24:17:26.90	24:18:08.55	+04:40:54 (19.3%)	11:12	5.4 (81.8%)
11	BEDNARSKA Kaśka	2066	SPELEOKLUB ŚWIĘTOKRZYSKI	Masters K - 40	8	01:36:08	05:57:33	09:01:40	12:02:27	15:23:08	18:47:04	20:47:37	24:20:05.95	24:20:42.90	+04:43:28 (19.4%)	11:13	5.3 (80.3%)
12	MIKOŁAJCZYK-SOWA Monika	2134	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40	9	01:28:29	05:40:29	08:31:05	11:14:51	14:27:36	18:06:39	20:22:37	24:40:30.15	24:40:50.45	+05:03:36 (20.5%)	11:23	5.3 (80.3%)
13	SILSKA Sylwia	2074	ATRAKCYJNE TOWARZYSTWO	Weteran K - 50	2	01:40:14	06:22:47	09:21:18	12:01:45	15:28:12	19:09:44	21:02:19	24:51:36.50	24:52:45.35	+05:15:31 (21.1%)	11:28	5.2 (78.8%)
14	OLEŚ-ZDECHLIK Beata	2195		Senior II K - 30	3	01:45:33	06:39:06	09:46:49	12:37:51	15:46:24	19:24:54	21:22:33	24:58:45.85	24:59:08.70	+05:21:54 (21.5%)	11:31	5.2 (78.8%)
15	ZDANOWICZ Elżbieta	2149	VEGE RUNNERS	Masters K - 40	10	01:41:29	06:18:42	09:21:37	12:20:47	15:29:47	19:20:36	21:12:18	24:59:23.45	25:00:16.70	+05:23:02 (21.5%)	11:32	5.2 (78.8%)
16	HACHOŁ Justyna	2062		Masters K - 40	11	01:28:14	05:51:22	08:18:32	11:22:05	15:16:07	19:03:05	21:20:20	25:07:35.60	25:07:50.25	+05:30:35 (21.9%)	11:35	5.2 (78.8%)
17	PÖPKE Anna	2170		Senior II K - 30	4	01:28:57	06:01:13	09:00:31	11:59:10	15:23:30	19:10:15	21:08:26	25:13:32.60	25:14:00.20	+05:36:45 (22.2%)	11:38	5.2 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km	130km			
18	WALKOWIAK Joanna	2129	MUAY RUNNING TEAM	Masters K - 40	12	01:36:13	06:44:21	09:32:11	12:27:52	15:56:30	20:00:40	22:06:33	25:52:54.75	25:53:25.40	+06:16:11 (24.2%)	11:56	5 (75.8%)
19	SZCZUKA Joanna	2013		Senior I K - 20	1	01:46:07	06:52:12	10:32:24	13:34:38	16:37:48	20:34:21	22:40:21	26:27:07.40	26:28:37.95	+06:51:23 (25.9%)	12:12	4.9 (74.2%)
20	PACZUSZKA Anna	2218	KLUB BIEGACZA WARTA	Senior II K - 30	5	01:39:50	06:41:09	10:04:51	13:12:24	16:35:33	20:12:42	22:27:54	26:30:19.30	26:30:55.55	+06:53:41 (26.0%)	12:13	4.9 (74.2%)
21	RYCHŁOWSKA Magdalena	2072	MEGAN "WIEWIÓRA"	Weteran K - 50	3	01:36:18	06:38:52	10:04:37	13:20:18	16:36:48	20:18:22	22:28:15	26:30:40.15	26:30:55.70	+06:53:41 (26.0%)	12:14	4.9 (74.2%)
22	BAR Aleksandra	2201	GMINA STRZELCE OPOLSKIE	Masters K - 40	13	01:43:53	06:39:48	09:44:24	12:58:41	16:41:14	20:35:06	22:49:40	26:41:27.30	26:42:49.00	+07:05:34 (26.6%)	12:19	4.9 (74.2%)
23	WOJTCZAK Małgorzata	2141		Weteran K - 50	4	01:51:40	07:06:23	10:27:45	13:41:01	16:41:08	20:35:38	22:42:42	26:50:33.45	26:51:03.00	+07:13:48 (26.9%)	12:23	4.8 (72.7%)
24	GRONOWSKA-KAROLCZAK Agnieszka	2126	MARATOŃCZYK POZNAŃ/BIEGAJĄCE KREJZOLE	Senior II K - 30	6	01:38:18	06:33:05	09:48:10	13:24:35	16:36:09	20:36:45	22:55:37	26:55:53.05	26:56:37.00	+07:19:22 (27.2%)	12:25	4.8 (72.7%)
	BOHDZIEWICZ Izabela	2164		Senior II K - 30		01:43:52 DNF	06:34:48 DNF	10:00:14 DNF	13:10:20 DNF	16:24:42 DNF	20:36:18 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	NOWAK Natalia	2047	GÓRAL Z MAZUR RUNNING TEAM	Senior II K - 30		01:35:38 DNF	06:07:02 DNF	09:15:25 DNF	12:08:46 DNF	15:09:28 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ŚLIŻ Sylwia	2021	RUN TO BE ULTRA	Senior II K - 30		01:16:48 DNF	04:49:42 DNF	07:20:40 DNF	10:11:00 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KWIECIŃSKA Małgorzata	2159	BRAVEHEARTS LEGIONOWO	Senior II K - 30		01:45:38 DNF	06:30:16 DNF	09:42:00 DNF	12:52:40 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	NORKOWSKA Aleksandra	2143	ORANGE POLSKA	Masters K - 40		01:42:19 DNF	06:50:51 DNF	10:18:52 DNF	13:40:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KALBARCZYK Beata	2117	ORANGE POLSKA	Weteran K - 50		01:45:45 DNF	06:52:08 DNF	10:18:56 DNF	13:40:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WIECZOREK Monika	2173		Masters K - 40		01:49:01 DNF	07:15:45 DNF	10:41:10 DNF	13:58:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BOGDANOWICZ Beata	2214		Masters K - 40		01:40:00 DNF	05:57:50 DNF	08:59:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ANDRZEJCZUK Marzena	2032	SAMA SOBIE	Masters K - 40		01:26:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SZCZYPLIŃSKA Anna	2008	MŁODY VS STARY/SFORA BMK	Masters K - 40		01:28:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	RADZIWOŃ Anna	2064	GRUPA NIENACHALNIE HEROICZNA	Masters K - 40		01:29:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MĘKARSKA Małgorzata	2067		Masters K - 40		01:42:29 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KLUZA-HOWIL Liła	2037	BIEGOWE KAIZEN	Masters K - 40		01:47:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MAGOCSY Justyna	2177	ASICS FRONTRUNNER	Senior II K - 30		01:59:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BEDNARSKA-KOZIOŁ Danuta	2016	#TEAMSZÓSTABE	Masters K - 40		02:04:39 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 39 wynik(ów)